





The ball drops! The Edmonton Minor Hockey Association set up two inflatable street hockey rinks outside of city hall for a tournament Nov. 22-23. The event was run with other city hall events in conjunction with the Heritage Classic hockey weekend. St. Matthews Wolverines (left) beat Confederation, 10-4.

### McCauley Community Skating Schedule

Family skating night - Monday and Wednesday 6:00 p.m. to 9:00 p.m. Starting Monday, Dec.1". Come out and bring your kids and have a free hot chocolate. No sticks or pucks allowed. I Sponsored by Edmonton City Centre Church Corporation and McCauley Community League.

Adult shinny hockey - every Saturday 2:00 p.m. to 5:00 p.m. Starting Dec. 6. Bring your stick and enjoy some outdoor hockey. Need a stick? We will have some available. Sponsored by Edmonton City Centre Church Corporation

Learn to skate for families - every Saturday morning 9:30 to J 10:30 a.m. Starting Jan. 3rd. Come out and brush up on your skating. Sponsored by the City of Edmonton.

Learn to be a hockey player - every Saturday morning 10:45 to 12:15p.m. Starting Jan. 3rd. Grades 6, 7, 8 and 9. All equipment will be available. Come out and learn the skills on how to play hockey. Sponsored by the City of Edmonton.

Children learn to skate/play hockey - every Tuesday 3:30 | p.m. to 5:30 p.m. Starting Jan. 6th, Grades 4, 5 and 6. Sticks and gloves available. Come out and learn to skate and play hockey. Sponsored by the City of Edmonton.

Skates will be available for all programs. Please call Dan at 424-2870 with any questions.

## Bob McKeon receives his doctor's degree in theology

By Kate Quinn

Over sixty friends gathered at Sacred Heart School on Saturday, Nov. 1sto celebrate with Boh McKeon, a long-time Mc-Cauley resident. Many more sent good wishes. McKeon defended his doctoral thesis on October 16 at St. Michael's College in Toronto. The convocation was on November 1".

Since he couldn't fly back to Toronto for this event, friends organized a celebration here in McCauley.

Completing a doctoral thesis is a major achievement in itself. Many people drop other paid and volunteer work and focus on their studies and writing. They write and defend their theses within three to six years. McKeon worked for fourteen years on his thesis. Many might ask, "What took him so long?"

One answer is that there were too many interesting things happening in the neighbourhood that caught McKeon's attention and passion. In the last fourteen years, he has joined with others to work on community-based initiatives such as the Boyle



Doctor Bob McKeon, here with Sister Marian Garneau, celebrated his convocation with friends at Sacred Heart Church Nov. 1.

McCauley Area Redevelopment Plan and the implementation of the plan. He served as a board member on the Central Edmonton Community Land Trust and the Edmonton Community Loan Fund. He is currently on the Board of Inner City Pastoral Ministry. McKeon lives in one houses and is active on the com- teaching, he makes sure his stu-

work in the community, McK- dents to listen and learn about eon's paid work took him to St. poverty and struggle and about Joseph's College at the Univer- the hopeful work in the neighsity of Alberta and to Newman bourhood. Theological College in St. Al-

of the Inn Roads Housing Coop bert. As well as classroom mittees required to run the coop. dents spend time in Boyle Street In addition to this volunteer and McCauley. He sends stu-

Another reason the thesis tice and oppression."

took so long to complete is that McKeon is a thorough researcher.

He was telling a story as it happened and there were always new insights and facts to include.

McKeon's thesis covers a thirty year period of Canadian history, from the seventies to the nineties.

He documents and describes social justice challenges experienced by Canadians and the responses of the Catholic Church.

He affirms where the Catholic Church has taken leadership and critiques where the church has been silent in the face of injustice.

The last sentence sums up McKeon's vision. "Christian hope within history is at the centre of a new social justice commitment. This hope is rooted in the belief the Holy Spirit is already at work at the centre of human and creation history empowering the powerless and overcoming all forms of injus-

## Responses Feel strongly about a community issue? e-mail your letters to us at: bmcnews@telus.net. or phone us at 425-3475

Welcome to the

## **VOLUNTEER APPRECIATION GALLERY**

appy Holidays Everyone!



I want to thank all the people who give so generously year round to the Boyle McCauley Newspaper. We've had a full year this year, with 22 more people volunteering their time and skills as carriers, writers, photographers and illustrators. Volunteering is not only fun, and generous, it can be a learning process. Some people start by taking photos with the editor supplying the cutline, and then eventually move on to writing full-length stories. Others join the board, or the editorial committee and gain connections and skills and hopefully have a good time in the process

One of our goals at the paper is to get as many people in the neighbourhood involved in the process as possible, to have them meet each other and work/play/learn together. I hope to help build this community with you in the coming year.

Here's hoping you have a happy and safe Holiday Season, and Thanks

again.

Darlene Arseneault Volunteer Co-ordinator The Boyle McCauley Community Newspaper

If you think someone should be the next Volunteer in the Gallery, or you would like to volunteer your time as a carrier, writer or photographer to the Boyle McCauley News, please call Darlene at 425-3475.

### Ask Jaques .

Dear Jacques,

I need dental work done, fillings, teeth cleaning etc. I work full time but at a very low wage and have a hard time making rent money let alone having extra money for my teeth. Are there places that would help out on the cost or do you know anyone who does dental work in their garage.

Worried about being toothless

Dear Worried,

The University of Alberta dental program offers free services to individuals and families once a year in March. They will do teeth cleaning and fillings. Students under supervision of a specialist

They ask that you call them in February to book a time. The number is 492-4145.

Jacques



The Boyle McCauley News is anon-profit newspaper published monthly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of people who live and work in the Boyle Street and McCauley neighbourhoods. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

> Boyle McCauley News Vol. 24, No. 10 December/January 2003

The office of the Boyle McCauley News is located at Room 224 9624 - 108 Ave., Edmonton, AB T5H 1A4. Phone 425-3475 E-Mail: bmcnews@telus.net

For advertising, call Erwin Seeger: 472-2354



from the Boyle McCauley News Staff

Darlene Asenault volunteer coordinator

Kate Werkman layout and design editor



Irwin Seeger ad sales

I would like to thank all of the new writers, artists, and photographers as well as the people who are long time contributors to the Boyle McCauley News. We cannot have a monthly newspaper without you. Volunteers are the backbone of our paper. In addition, thanks to the board who also volunteer their time to ensure that the paper gets out, the block carriers and to the staff I work alongside in the office. And let's not forget the advertisers - thank you

for placing your ads in the BMC News. We have seen some changes in the past year - the office of Boyle McCauley News has moved into Sacred Heart as of November 30, and we have increased the size of the paper from eight pages to 12 pages. I am confident that, with your help, the New Year will bring new challenges and changes.

## News article/advertisement deadlines

Story ideas and articles for the Boyle McCauley News should be submitted to the editor, Linda Dumont, and/or sent into the newspaper office via mail, fax or e-mail. Writers please call the editor at the office or at 428-0805 with story ideas. All writers and would-be writers welcome! The story and ad deadline for the February 2004 Issue is 9 a.m. Friday, Jan. 16. Advertisements should be submitted through Erwin Seeger, 472-2354. Please adhere to the deadlines. We reserve the right to consider articles or ads arriving after deadline for the nextissue.

Board of Directors: Marion Brant, Deanna Conrad, Larry Brockman, Phil O'Hara, Miranda Ringma, Erwin Seeger,

Garry Spotowski, Gordon Stamp, Bob Whyte

DISTRIBUTION Coordinator Richard Auclair OUR VOLUNTEERS:

Editor: Linda Dumont Penelope Tew, Kate Writers: Darlene Arsen

Quinn, Kate Werkman, Debbie Chaba, Chris LeCluir, Linda Durront, Jucques, Christopher J. Moore, Dan Glugosh, Michael Phair Photography: Darlene Arseneault, Chris LeClair,

inda Dumont, Kate Werkman, Kate Quinn, The Mustard Sced, Debbie Chaba, Wesley May, Dave

**Bustrators:** Cookie Armstrong, Naomi Giroux, Barry McKisnick, Linda Dumont

Layout & Design Kate Werkman Proof-reading: Lance Handsome Accounting: Rosalie Gelderman Advertising: Erwin Seeger

VOLUNTEER COORDINATOR:

EDITORIAL COMMITTEE: Darlene Assessmit. Durata Bubel, Linda Dumont, Philip Jagger, Kate Quinn, Miranda Ringma, Erwin Seeger, Kate Werkman, Paul Vanderham

Block Carriers Albert Natra. alt, Brian Giffin, Dave Grant, Barry Daniels, Jeff Mysliwicc, Bonnie Harrigan, Sandra Barnes, Marion Brant, Daniel Nganga, Garry Spotowski, Kim & John Reilly, Bonnie Watt, John-West family, Brockman family, Gordon Bland, Kathleen Quinn, Rosalie Gelderman, Sr. Christina Marie, Richard Auclair, Walle Deering, Caroline Stuart, Ewen Nelson, Bob McKeon, The Sisters of Charity, Erwin Seeger, Heidi Veluw, Phil O'Hara, Wesley May, Mackey Family, Lionel Wasylishen, Gordon Stamp, Dave Gibson, Michael Serhan and George Sarantis, Trudi Oosterhuis, Henry Schuurman, Dun Glugosh, Michelle Hobbs, John Gee.

## Rews e-mail vour sports, community events to us at: bmcnews@telus.net. or phone us at 425-3475



Joseph Arsenault signed up Nov. 12 as the first vendor to sell the new street newspaper, Edmonton Street News, the day the paper was launched at the Lighthouse Mission.

Arsenault has been living in a small tent in a thickly wooded area along the riverbank for three months. He works full time and sells papers part time. The paper is produced by Natasha Laurence and Linda Dumont, and is sold by vendors.

## welfare debate

Should welfare be a basic human right for those in need or should it be a temporary support between jobs? FEATURING

Lorne Gunter, columnist, Edmonton Journal

Rick Salutin, columnist, Globe and Mail

SPONSORED BY Edmonton Social Planning Council

DATE: Dec. 9/03 TIME: 7:30-9:00pm LOCATION: Sacred

Heart School (new home of ESPC) 9624 - 108 Avenue

Admission: Free (but please RSVP for attendance count) RSVP: 423-2031 paterjc@edmspc.com

Edmonton Social Planning Council is currently seeking a FACILITIES HOST

for events at Sacred Heart School, Must be flexible, reliable, responsible; available weekends, evenings and live close to the school - 9624 -108 Avenue, Please call 423-2031 for more info or email diannehenshaw@edmspc.com

## McCauley School is junk food free

By Linda Dumont

junk food free for a year now with no junk food allowed on school property except on special occasions.

"We stop kids coming from the corner store so they can't bring junk food into the courage parents to send healthy junior high students as well. snacks.

Authority's HEAL program McCauley School has been (Healthy Eating and Active Living) to promote physical activities and healthy eating in the students three years ago.

Jan Kostyk, the public health nurse, spearheaded the program.

Through generous donations last year, the school was able to school," said Bob Mamchur, offerhealthy snacks not only to assistant principal. And we en- elementary students but to the

Now, they have taken an-McCauley School made a otherstep towards encouraging partnership with Capital Health healthy eating by being junk

food free.

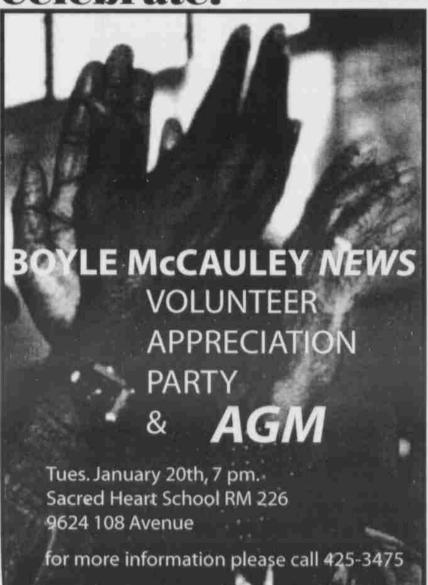
The school store has changed the merchandise offered for sale during the noon hour. Instead of candy, chips and pop. they sell yogurt tubes, orange juice, sandwiches and healthy snacks. And the vending machine, dispense juice instead of pop.

"We allow candy on special days like an award day on completion of a project, or a holiday celebration. Our student council arranged a Junk Food Day for Halloween," said Mamchur.



Danny Quang sells healthy snacks to fellow students Brandon Morris and Cassandra Nymeyer at the school store in McCauley school.

## Celebrate!



## Arts

and entertainment -mail your ideas to us at: bmcnews@telus.net. or phone us at 425-3475

## Cold snap concert raises money for the homeless

By Linda Dumon

A coalition of agencies held a fund-raising concert to establish a winter emergency crisis fund for homeless people.

"When it gets really cold," says Debbie Saidman, executive director of the Edmonton Housing Trust Fund, "many shelters reach their capacity and have to turn people away.

Extra money is needed to provide short-term solutions such as warming centres where people can come in from the cold."

To help develop the fund, the Edmonton Coalition on Housing and Homelessness (ECOHH) staged an afternoon of music from nine local folk acts, as well as a children's activity centre.

Known as "Homefest 2003" this family event took place Sunday, Nov. 30 at St. Faith's Anglican Church (11725-93 Street).

"Every dollar that was contributed by concerned community members will allow existing resources to go toward long-term solutions so that hopefully next winter will be better for people," said Jim Gurnett of ECOHH.

The Edmonton Housing Trust Fund will administer the new emergency fund.

The line-up of musicians included: Terry McDade, Maria Dunn, Karla Anderson, Bob Jahrig, Dale Ladouceur, Laura Vinson, Down to the Wood, Lionel Rault, and Rob Heath.

They were followed by an open stage.

267 children

1,213

2000 People

concert people
people
phoneless
homeless

NO
alternatives
total of 1,915

homeless

Homelessness in this city continues to grow.

The homeless count taken in fall of 2002, a by-annual street count of homeless people, listed 1,213 people as absolutely homeless with no alternatives and 702 as sheltered homeless with some form of agency accommodations, for a total of 1,915 homeless. Of the total homeless there were 118 families that included 267 children under the age of 15.

In the winter of 2002-2003, 184 temporary spaces in public places (LRT stations) were provided because of extreme winter conditions. The economic boom has accelerated the homelessness and affordable housing crisis. There is a lack of affordable rental housing. The mayor's task force said there is an immediate need for 5,000 units plus 700 units per year to keep pace with the growing need. This lack of housing is putting pressure on the facilities providing emergency, transitional and long-term supportive housing. Existing emergency and transitional facilities are housing people for increasingly longer periods. With shelter space at a premium, more people are resorting to sleeping in abandoned/derelict housing, vehicles, warehouses, and garages or wandering the streets at night and sleeping at drop-in centres, malls and parkades during the day.





Best wishes for a peaceful holiday season and a happy, healthy new year! from the Board & Staff of the

Boyle McCauley Health Centre

10628-96 street

Phone: (780) 422-7333

THANKS TO ALL FOR YOUR CONTINUED SUPPORT

## Schmitz Denture Centre 10538 - 97 Street

"Our Impression Will Keep You Smiling"



All Dental Plans Accepted Centrally Located with Main Floor Access Ample Free Parking

No Extra Billing for Social Assistance, Indian Affairs & Veterans Affairs (some restrictions apply)



Phone: 428-8483 VISA INTERAC

2nd location Shirley Bachand Morinville, AB 939-3190



A participant in Meet the Street experiences what it feels like to be served at The Mustard Seed's food depot.

## Meet the Street fundraiser a success

By Linda Dumont

The Mustard Seed's fourth annual Meet the Street fundraiser attracted 80 participants to change places with someone who uses the services of the street church. Les Westwood, director of operations for The Mustard Seed, said the event was very successful in raising more than \$9,000 in pledges.

He said participants enjoyed the changes to the fundraiser this year. In the past, they spent the whole night on the street, but this year they attended a "mock food bank" where they went through the intake process at the food depot, then joined the line-up outside to get their supper. After the meal, people from the community joined groups of participants as tour guides.

The Herb Jamieson Centre permitted groups to come inside to learn more about the shelter, and some participants even stopped by the community round dance sponsored by the Bissell Centre.

Kathy Reith, who participated in Meet the Street four times, said it is a new experience every time.

## Theatre Review -

By Darlene Arseneault

Peter Shaffer's Amadeus opened on Thursday, October 13, at the Citadel.

Amadeus means, literally, loved by God. But Amadeus Mozart was hated by Salieri, a contemporary of Mozart's.

Salieri was a success in his own time, where Mozart was not, largely due to Salieri's machinations. And this envy was the crucible that Shaffer used to fire the exploration of the nature of God.

Which was not what we thought we were going to see. In the film, we saw a Mozart that was an unlovable boor, blessed with a huge talent, and a bitter-and justly so-Salieri plotting Mozart's downfall.

Interestingly enough Morris Panych teased us to recall the film, by using filmic credits to introduce the cast and crew.

The opening shot, if you will, was stunning.

We saw a white stage, with a white baby grand down centre, and a small child in a white tuxedo, Harris Wang, played a Mozart sonata with virtuoso precision. Little rectangular windows of soft light shone out at us.

The lights dimmed and we saw the piano being rolled off quickly in shadow, as the aforementioned credits appeared on the white screen up centre in black with white lettering.

Characters walked, sauntered and rushed across the stage, fixing their cuffs. A great event was about to unfold.

Upstage centre opened up

horizontally to reveal a gallery of bewigged men and women of fashion, who clapped in staccato rhythm as two figures took left and right stage.

"I don't believe it. I don't believe it!" they cried.

The two men began a rhythmic call and response conversation punctuated at times with claps as the gallery behind them whispered "Salieri" and a voice behind them roared "Mozart!"

If this sounds busy, it wasn't.
The effects all had their place
and complemented each other,
as a well thought out piece of
music should - beautiful opening composition from director
Morris Panych.

Then we saw where the roars came from. An aged obviously bitter Salieri, played by David Storch, rolled his wheel-chair down centre and began to tell the story of the fight of his life.

The sense of emptiness surrounding this man was palpable, indicated by the bitterness of the text, yes, but somehow viscerally as the upstage centre wall slowly opened to reveal a simple blackness behind him.

The film credits at the top of the show indicated that Ken MacDonald had designed the set.

I'd seen some Panych/Mac-Donald productions in Vancouver and had been suitably impressed. Panych lovingly juxtaposed MacDonald's richly coloured spare set, Nancy Bryant's subtle gradations of costume colour and texture and his blocking to create stage pictures that read like paintings. And Paul Mathiesen's captivating light art illuminated the spiral of Salieri's envy frame by frame.

Directed by Morris Panych

Written by Peter Shaffer

Surprisingly the starkness of the set did not undermine the connections between the actors as it so often can, but highlighted the naturalistic, almost homey style of the acting.

Storch was doing his technical best, wrestling with the beats of the story as only he can, discovering and finally inhabiting Salieri as the play progressed. Matthew Edison was an incredibly genuine Mozart.

It was a different kind of pleasure watching the two actors.

Storch played chess with his character, the text and us, until what he/Salieri discerns is impeccably clear to us.

Edison was his character with no apparent strategy. He was the foppish, crude, childlike and surprisingly loveable Amadeus Mozart.

It was interesting to have these actors' styles mirror their characters'. And the script was beautiful, and beautifully worked with.

Panych said, "I wanted to do something that was true to what Shaffer was getting at...that mendon't really understand the nature of God." All the art presented, combined on the stage of the Citadel that night led me to a pinpoint in time where I began to understand that I didn't understand the true nature of God.

Masterful.



IS DRINKING A
PROBLEM?
A.A. HAS THE
ANSWER FOR
SOBER LIVING!

424-5900

THE ONLY
REQUIREMENT FOR
MEMBERSHIP IS A
DESIRE TO
STOP DRINKING.



MINH PHARMACY 1 10804 - 107 Avenue Phone: 429-9097

Fax: 429-9096

Mon. - Frl.: 9:50 a.m. - 8:00 p.m.
Saturday: 10:00 a.m. - 0:00 p.m.
Sun. & Bolldays: closed

MINH PHARMACY 2 10659A - 97 Street Phone: 428-8186

Fax: 429-9096 on. - Frt.: 10:00 a.m. - 7:00 p.m. saturday: 10:00 a.m. - 5:00 p.m. Sunday: 12 noon - 3 p.m.

"Serving Edmonton & Area Since 1986"

- · Free Prescription Pick-up & Delivery ·
- Free Dosett & Blister Pack Services •
- \* Free Health Videos to View or Loan \*

## REGENT OPTICAL CENTRE

FREE\* EYE EXAMINATION
BY EXPERIENCED OPTOMETRIST

We provide excellent service for: - family vision care - contact lens therapy Optical Division
- eye glass dispensing in 1
hour service
- Social Service, Senior
Heatth, Indian &
Veteran Affairs claims
welcomed



TWO LOCATIONS 10628 - 97 Street 426-0688 10007 - 106 Avenue 428-0388

FREE ANTI-SCRATCH COATING

\*IN ORDER TO RECEIVE A FREE EYE EXAMINATION, CUSTOMER MUST BUY A COMPLETE SET OF EYE GLASSES FREE LENS TINTING, PLUS U.V. PRO-TECTION COATING

WITH COUPON & PURCHASE OF A PAIR OF EYE GLASSES

## Our Winter wonderland



Zachery and Destiny May dressed up for the Bissell Centre Halloween Party.

## McCauley skating rink offers more programs for 2003/04

By Dan Glugosh

Staring Dec. 1 (weather permitting)the McCauley Community Skating Rink will be open for another exciting year of skating. Thanks to McCauley Community League that has once again committed money to hire a professional rink maintenance company (Shovel Works), and the other costs that it takes to run skating rink, we will be able to enjoy McCauley's best winter sport with more programming and activities than ever before.

Once again Edmonton City Centre Church Corporation (EC-

McCauley League to run family skating nights with an extra evening this year. Myros Pharmacy we will have free hot chocolate for family munity agencies involved. skating nights.

temoons and ECCCC will run the ice for programs. this program. The City of Edand learn to be a hockey play- 424-2870. er for students. All equipment will be available. For chil- available for all the programs.

CCC) will be teaming up with dren's learn to skate/play hock-Community ey, sticks and gloves will be available.

> The city's programs start the Thanks to beginning of Jan.

> > We will also be getting com-

Inner City Children's Project Also, shinny adult hockey Society and Bissell Centre will be back on Saturday af- Youth Program will be using

If your agency is interested monton will be offering learn in ice time or anyone wants to to skate programs for families, book time, please call Dan at

Please note that skates are

# The meaning of the candy cane

would be a witness, so he

de the Christmas indy cane. He several used symbols for the birth, ministry and death of Jesus Christ.

He began with a stick of pure white candy - white to symbolize the virgin birth and the sinless nature of Jesus Christ

The candy was hard to symbolize the Solid Rock, the foundation of the church and the firmness of God's promises.

The candy was made in the form of a I to represent the those who can see it.

A candymaker in Indiana name of Jesus. When turned the wanted to make a candy that other way, it also represents the staff of the Good

Shepherd.

Thinking the candy was somewhat plain; the candymaker stained it with red stripes.

He used three small stripes to show the stripes of the scourging Jesus received. The large red stripe was for the blood shed on the cross.

The candy became known as the candy cane, a decoration seen at Christmas time, but it's meaning is still there for



## Take Me Back to the Land of the Wild Rose

Painting and poem by Christopher J. Moore

You don't know what you've got 'till it's gone ... just like the song says;

So it was with me when I was young;

When I lived in the East... at night I would close

My heart would carry me back to the land of my birth... swallowed up in endless skies;

Where the Peregrine Falcon flies ... and soaring on wings on high Was the Golden Eagle with her wild cry: "soar like me!" I had to go back to the land of the Wild Rose;

So, take me back to the land of the Wild Rose...

To the northern range of the cowboy... to the last stand of the Buffaloes;

Your heart will fear upon grass plains, where wild fires rage...the elders all love to talk of another age;

A land of Tribal dances and Barn dances... where the clowns all risk their lives, dancing with Bulls:

While the Great Horned Owl in his scolice stands guard... watching our backs from the treetops!

I had to go back to the land of the Wild Rose!

So take me back to the land of the Wild Rose...

To the southern range of the Snowy Owl ... in her wintry silhouette repose;

You'll hear nature's fury when storm fronts collide ... where the Horseman, the cow, and the oil derrick all work side by side;

And up in the mountains the Cougar is King... from his hilltop perch he surveys everything! Under a Moonlit, starry, Auraborealis painted sky... well you can hear his Mountain lion's

"Be free like me!"... I had to go back to the land of the Wild Rose!

Well yes, I finally made it back to the land of the advancing Primrose... And well... goodness knows;

Now when I look up and see the Eagles and falcons soar on high...

A tear will form down in the corner of my eye;

I'll Eastward across the expanse of bald prairie and endless blue sky;

And well you can hear this freed man's grateful heart cry... in a whisper: "Soar - like - me."



Sergei Antonets, Nhichal Sopiarz and Joseph Sopiarz work together to shovel the snow from their back lane.

## Short breaks loosen winter's grip

By Penelope Tew

Now that the weather is wintry and unpredictable it's a pleasure to have someone else do the driving. You can take the Greyhound bus to Hinton for \$89.35 return, and take along a companion for an additional \$32,10 return. Once in Hinton, you can visit the Way of Holiness Retreat Centre for about \$50 percouple pernight, which includes meals.

This spiritual retreat leaves you ready to face the world again. The retreat centre has a fireplace, a firepit, and peace and serenity in a wooded area with hiking trails.

Call (780) 865-4055 to book a few night at the retreat. It has limited space, so book early. The bus company needs at least three days notice to get the special companion fare, and

some dates at Christmas and New Years are not available -Dec. 23,24, 30, 31 and Jan. 3rd and 4th.

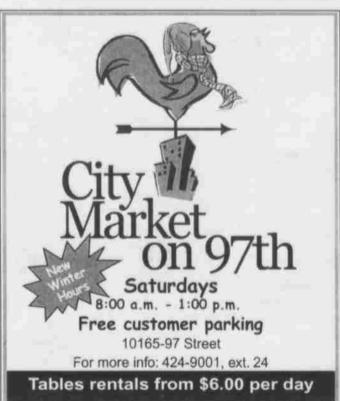
If you have a lot more time, you can take the Greyhound bus anywhere in mainland United States and most of western Canada for only \$200 return as long as your trip is completed within 14 days. This go-anywhere special would allow you to go to Tijuana, Miami, Los Angeles and any other location, with no GST if you go to the U.S.A.

It's a three-day trip to Miami and you stay with the bus all the way. No stopovers are allowed so take along a blanket, a pillow, a Walkman and a teddy bear. Get out at almost every stop and stretch and walk around. You could see Atlanta, Chicago, Fargo, Nashville and many other cities on the way. Miami is a very mixed city, but fasci-

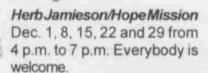
You can find cheap rooms in Miami by checking the Internet. The Youth hostel is only \$25 for a year membership.







Christmas and VewYear's Dinners



### **Boyle Street Community** Cooperative

Dec. 7, 12 noon to 3 p.m. for children. For more information call Velvet Hill at 424-416.

#### The Mustard Seed

Dec. 7, 5 p.m. Everybody welcome.

### Operation Friendship

Dec. 10, 17 and 19 at 12 noon. For seniors over 55.

#### Sacred Heart Church

Dec. 20. For children 0 to 16. Parents have to register so contact Kathleen, Jack or Pauline at 422-3052.

#### Sacred Heart Church

Dec. 25, 11 a.m. to 1 p.m. put on by the Boyle Street Christmas Dinner Committee. Requirements: a smile!

#### Victory Christian Centre

Dec. 25 at the Shaw Conference Centre

#### Bissell Centre

Jan. 1 at 12 noon. For information call Elle at 423-2285.

Have you been in Canada less than 3 years? Have you taken an English assessement test? If so, did you score at Level 3 or better? If the answer is YES you are invited to attend our

MAKING CHANGES PROGRAM.



It is an 8 week pre-employment program (Saturdays) with an English component. (free childcare) Classes start Jan.31/04 - March 20/04. For more info call Blythe (780) 421-0175 or come to

CHANGING TOGETHER... A Centre for Immigrant Women

#103, 10010-107A Ave Edmonton



Warmest wishes for the holidays and for health and happiness throughout the year

12304 - 107 Avenue NW Edmonton, AB T5M 1Z1 www.AnneMcLellan.ca

telephone: 495-3122 facsimile: 495-2598

e-mail: McLellan.A@parl.gc.ca

Anne McLellan, M.P.

Member of Parliament for Edmonton West

## Best Wishes for the Holiday Season

Councillor Jane Batty Ward Four

Please contact my office if there are any issues you wish to discuss or if you require any assistance. Please call 496-8140 or email jane.batty@edmonton.ca



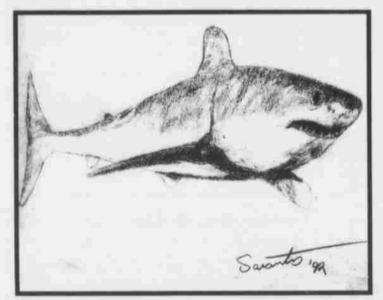
and entertainment -mail your ideas to us at: bmcnews@telus.net. or phone us at 425-3475

Featuring \_\_\_\_

## Local artist **George Sarantis**

George Sarantis started drawing in elementary school when he was about 7 or 8 years old. His dad was an artist and he figures that's where he got the knack for drawing. His dad wouldn't buy him colouring books. He said "Draw the pictures yourself, and then colour them." So he did.

Sarantis uses different hard and soft leaded pencils for his drawings. You can see his more of his work and others' at http// mik-a-low.com, a site dedicated to Artists with Brain Injury.





## What to do in Edmonton this winter

By Penelope Tew

The legislature buildings and gardens are very well kept and look like a fairyland when the ground is covered with snow. Book a tour at the tour office low income. and have a closer look at our 45 minutes and are free.

Muttart Conservatory has a summer feel that makes for a great escape from winter grey-

\$1.12 if you have the Edmonton Recreation Pass (free from the city community department).

Using the public library is only \$12 annually or free if you have a

You can access hundreds of history. Tours take about 30 to books and movies, enjoy quiet reading spaces and Internet ac-

Go to Borden Park and have a barbecue - collect cardboard and ness. Admission is \$6.50 or wood before you go to have a thatarctos50@yahoo.com.

cookout in the snow. This is a no cost activity that lights up the spirit. Don't forget the marshmallows.

Revisit Candy Cane Lane. You can get there by bus or there are a few free tours (the Mustard Seed Bright Lights Tour) that are fun for everyone. Take a donation to the food bank if you can.

For more ideas, email



Penelope Tew with fellow Boyle McCauley News volunteers, cartoonist Bobbie Dale Calen and artist/ poet Chris Moore, enjoy a pizza night at Santos in appreciation for their contributions to the paper.

## The Finest European Quality

Open 7 a.m to 7 p.m Monday to Saturday Closed Sunday; considered a family day by Italian Bakery

ITALIAN BAKERY

We specialize in European breads, pastries, torta, rye, sour dough/white sour dough bread, crusty buns and offer a full line of fresh Italian meats and cheeses.

#### **ITALIAN BREAD**

10 loaves White or Brown Sliced \$8.90

Great Selection Cheeses & Coldcuts

Italian Sandwiches \$2 and up Made Fresh Daily - Fast and tasty

4118-118 Ave. 474-2229

7910-118 Ave. 474-9891

10644-97 St. 424-4830

WE OFFER WHOLESALE PRICES DAILY

Italian Centre Shop Ltd. 10878-95STREET

424-4620



424-4869

COMPLETELINE OF PIZZA SUPPLIES

Olive Oil Salad Oil Cheese Macaroni Salami Tomatoes

IMPORTERS, PACKERS& DISTRIBUTORS OF ITALIAN FOODS

TERESA SPINELLI......424-4620

## Nyan Lu created an oasis in McCauley

By Debbie Chaba

As winter starts to set in, my mind can't help but wander to warm and tropical destinations far from here that offer the promise of a brief reprieve from the cold and snow and our stark northern landscape.

So it came as a welcome surprise to discover Nhan Lu's oasis in the middle of McCauley.

Her place offers just the affordable and welcome escape from winter that my soul needs.

Nhan is a year round urban gardener, and a quick glance in her restaurant windows facing onto 97th Street provides ample proof of her green thumb and keen interest in plants.

Not only does she grow food and herbs including Vietnamese leeks, ginger, Indian spinach, tarot root and corriandersome of which make their way into the creative Asian food served in her Pacific Café - but she also enjoys growing such challenging ornamental plants as orchids, jasmine and bougainvillea. Her space is a feast for the eyes. Nhan Lu has lived in McCauley for four years now. She moved here from Millwoods to be closer to her work, leaving behind a large yard and outdoor pond filled with lilies and fish.

It was hard to trade her garden in for a two-storey building in the middle of the city, yet it didn't take long for this knowledgeable gardener to create a growing space amidst the concrete and "bring nature to the city". Anyone who walked by the Pacific Café in the summer would have been treated to a colourful display of flowers and vegetables prospering in plastic barrels on the street and guarded over by two playful larger-than-life paper mache cranes built by Nhan.

Yet this was only part of her ambitious garden. Nhan also grew tomatoes in pots behind herbuilding, and flowers, green mustard, lilacs and grapes on the roof of her building. While the sun up there was great for plants, water was not so plentiful. To keep her parched plants happy, every night Nhan hooked up a hose to her kitchen sink on the main floor and snaked it through two floors before to reach her plants. Her family's complaints that it cost them more to grow the plants than to purchase the produce in a store didn't deter her in the

Back on the ground floor,



Nyan Lu grew plants on the street and made a crane to "help slow down the city".

Nhan worked hard to encourage her neighbours to also grow plants on the street. Her hope is that every house and store on 97th Street with grow flowers or hanging baskets next year. Her theory is that "when people see a garden and flowers, they don't feel hurried. It helps to slow down the city."

Pacific Café is located at 10879–97 Street. It is open for lunch from 11–1 and dinner is by reservation. The telephone number is 462-1270.





# CONTRACTOR - P-

### Dr. C. W. Ho - OPTOMETRIST

Complete Service

- \* Family Vision Care
- \* Contact Lens Therapy (Standard -Disposable Speciality)

Office hours: Mon. to Fri. 10 am - 6 pm

Saturday 10 am - 6 pm Sun. & Hol. 11:30 am - 5 pm

425-3322 10638 - 97 ST

\*Eye exam is provided with purchase of eye-glasses

### Optical Division

- ★ Eye Glass dispensing
- \* On-Site lab.
- \* Student & Senior Discounts
- \* Social Service, Seniors Health & Indian & Veterans Affairs claims welcomed.

-LENSES TINTED
- ULTRAVIOLET
PROTECTION COATING
-SCRATCH RESISTANT
COATING

with coupon and purchase of a pair of eye-glasses.



#### The Christmas Season : Help The Needy to Independent Living

As the Christmas season arrives and the cold winter sets in, our thoughts naturally turn to family, religious reflections and to those less fortunate. This year, it seems that we again come up short, despite 20 million of taxpayer dollars spent in Edmonton alone, to supposedly help the homeless. The overcrowded George Spady Centre is once again turning dozens of people awayeach night, and the Herb Jamieson again has its industrial trailer set up to sleep 30. Many will recall the emergency measures that the city took last winter in providing Red Cross blankets for 40 people to sleep on a cold concrete LRT station floor, at a cost of \$4,000 per night.

Obviously, more should have been done over the past three years. The solution for homeless people is obvious: homeless people need modest, private, independent living homes, that most can pay for themselves, rather than \$1500, per month, taxpayer paid, shelter beds. With an adult shelter population of 500, \$20 million properly spent could have helped build 1,000 independent living affordable homes. As we become immersed in this season of good will towards others remember the less fortunate by volunteering and contributing this Christmas, then ask your elected officials of all levels to do better in the New Year and beyond to help the most in need with a hand up to independent living.

Please join us for our Christmas Open House 9111-118 Ave Thurs, Dec 11th 3-7pm

495-3261 www.petergoldring.ca



After renovating, Sedrick Vassell opened the Shepherd Inn Apartment at 10719-96 Street in August and within four days all 10 suites were rented to low income tenants. Each suite is self-contained but they share common bathrooms. A unit rents for \$350 to \$400 per month. Linda Dumont painted the sign above the door of the apartment. For more info call 995-5997.



"Looking forward to 2004 and beyond,



the Board, Staff and Members of the Edmonton Inner City
Housing Society

wish you and yours a safe and happy New Year."

Edmonton Inner City Housing Society #209, 10010 - 107A Avenue Edmonton, AB T5H 4H8 Telephone: 423-1339 Fax: 423-1166

## What should the City's priorities be?



By Councillor Michael Phair, Ward 4

City council is reviewing the proposed City Budget for 2004.

As any householder knows, budget time can be a time for decision making, or for changing plans due to a lack of money – not too many of us can change plans because of an excess of money!

In June, city council instructed the administration to prepare the 2004 budget based on a maximum of a 4% tax increase plus a maximum of an additional 1% tax increase to cover 50 million of borrowing for capital projects.

During 2003, council authorized a number of surveys and polls among citizens and in general found that priorities for Edmontonians were for safety (police, fire, ambulance) and good transportation systems (roads, transit, LRT).

Also, citizens wanted to make sure that the current quality of life in the city remained or improved.

The proposed 2004 budget will not maintain this quality – there will be some crosion and virtually no initiatives to deal with improving quality of life or growth.

Certain departments will have fewer workers – for instance, custodial services will have to do with fewer full time positions, and, more importantly, service reductions would happen in areas that keep our city beautiful and easy to live in. As examples, there will be decreased spending in asphalt sidewalk repairs, street light pole painting, tree maintenance, and also the possible closure of a medium sized library.

Budget decisions can be difficult ones to make.

The needs of the community must be balanced with the ability to keep costs at a certain level.

The decisions made will affect the city for many years to come.

If council lets just the idea of costs influence decision making, then the important qualities that enhance a community can be lost in the shuffle.

If you have any questions, you can contact me at my office, 496-8146, or e-mail me at michael.phair@edmonton.ca



#### Next Issue

Stories and photos about Family

Deadline for next issue - January 16

We want your stories, photographs, drawings and poetry We all have a family somewhere - big or small, here or far away.

Do you know an interesting family? What does family mean to you? And what other types of families are there? Cat families, street families, extended families, small families, single parent families, estranged families, same sex families, mixed families, blended families, odd families, gifted families, families of words, plant and animal families and more families.

Call or email editor Linda Dumont Boyle McCauley News

Room 224 9624 - 108 Ave., Edmonton, AB T5H 1A4. Phone 425-3475

E-Mail: bmcnews@telus.net

## Bissell Centre's THRIFT SHOPPES

8818-118 Ave 471-6644

9232-34 Ave 440-1883

We are 100% non-profit and locally owned ALL PROFITS SUPPORT THE PROGRAMS AND SERVICES OF BISSELL CENTRE IN EDMONTON'S INNER CITY

# New and Gently Used Fashions PLUS

furniture home goods jewellery collectibles antiques

## BEST QUALITY LOWEST PRICES

No GST Ever Open 7 days a week



# LINTON

(Across from Lucky 97)

10724-97 Street

424-6577

Prescription Drugs



The Alexis Singers sang and drummed for a round dance "to bring the community together" Oct. 24. The event was sponsored by the Bissell Centre.

## Round dance held October 24

By Darlene Arseneault

First Nations people from Boyle McCauley feasted, the Alexis Singers from Stony Plains Reserve sang, there was a fifty-fifty draw, and at the end of the evening there was a give-away. The event was a round dance sponsored by the Bissell Centre at the Ukranian Centre Friday, Oct. 24.

First, the pipe ceremony was held where elders gathered in the centre of the room, blessed the occasion and all those attending, and gave thanks to the Creator. The feast consisted of fresh moose meat stew from Enoch cooked up by Scott at the Boyle St. Co-op, with bannock and berries and cream for desert.

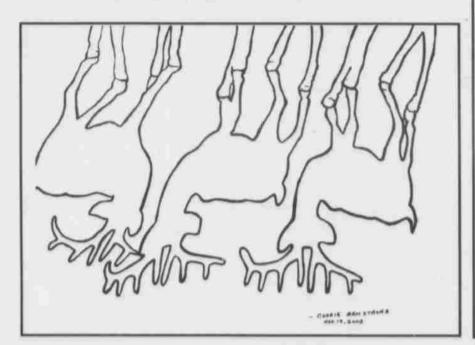
The young people served the elders first as a gesture of respect, then everyone else was free to eat. Caroline Cush, who co-ordinated the round dance, said this was the second annual round dance. Pow wows are held in the summer outside but once it starts getting cold the round dance is held indoors.

The purpose of the round dance is usually to celebrate an event: a birthday, an anniversary, or to honour someone, but this one was simply to build community. People came to visit, get re-acquainted with old friends, to dance and share stories.

Mike Smith, who helped organize the round dance, has been working at the Bissell Centre for three years. Before that he studied to become a Native traditional counsellor at the Nechi (Friendship in Cree) Centre in St. Albert. The night of the round dance was his last day as a counsellor at the Bissell, as he was on his way to a job in Red Deer.

But it's been a long road for him. Smith says he's the product of the residential school system, drug and alcohol abuse, and about 27 years of jail. He's been 16 years clean and that is a direct result of him finding his culture.

"Now I'm able to help my people," he said with a smile.





### Advertise in the Boyle-McCauley NEWS

The newspaper is published 10 times a year. It is published at the beginning of each month (except lanuary and August)

> Call Erwin Seeger 472-2354 or the office at 425-3475 email: bmcnews@telus.net

Be a part of the community news.

## MICHAEL PHAIR

COUNCILLOR WARD FOUR



Your opinions are important to me please contact me for assistance with civic issues

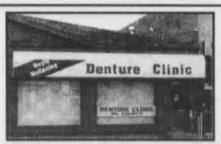
496-8146

email: michael.phair@edmonton.ca



## Boyle McCauley Denture Clinic

Kevin C.W. Cho
CDM Certified Denturist



Full denture service, partial dentures, relines
 & repairs

All Dental Plans Accepted

- . No extra billing for social assistance
- · Weekend & evening appointments available
- We welcome new patients

FOR A FREE CONSULTATION



425-8471

10815A - 95 Street, EDMONTON

## COMMUNITY CLASSIFIED

#### AGENCIES & SERVICES

#### Bissell Centre

423-2285. Adult Cooking Classes: Thur. afternoon. Beadwork class: Mon. mornings and Wed. nights @ 6:30. Movie Night drop in: Wed. 7 p.m.. Women's Health Group & Lunch: Wed. at 12. Hep C Peer Support: Thur. 2:30 p.m. Coffee House (dinner & music, open stage): 3rd Tues. 6:30 p.m. in the Drop.-In.

Boyle McCauley Health Centre

10628 - 96 St. Mon-Thur 9 a.m. - 9 p.m. Fri. 9 a.m. - 4:30 p.m. Children's Immunization: Mon. 1-3 p.m. Foot Clinic: Wed. 1-3 p.m. Dental and Streetworks during clinic hours.

Boyle St. Community Services Co-op 10116 - 105 Avenue, 424 - 4106 Mon-Fri. 8:30-4:30 p.m. Youth Drop-in Wed. 4-7 p.m. Community Soup Line Mon-Fri. 12 Noon; Food Not Bombs Veg. Lunch Sat. 1-2 p.m.

Community of Emmanuel

Worship Services and Sunday School Sunday 11 a.m. at Bissell Centre, Lunch follows.

Edmonton Family Worship Centre 10605 - 96 St., 422-6422. Sun. service: 10:30 a.m. Youth: every 2nd and 4th Fri. 7:30 p.m. (manse). Care Group Thur. 7 p.m. (manse). Prayer Meetings Tues. Noon (manse). Tue 7 p.m. (church).

Edmonton Inner City Victory Church 10665 - 98 St., 424-4803. Worship Service: Sun 12 Noon. Praise & Prayer: Tues. 6:30 p.m. Men's Bible study: Wed. 6:30 p.m. Where It's At Coffee House: Fri 7-10 p.m.

#### Manic Depressive (Bi-polar) Support Group

Royal Alexandra Hospital, Rm. 4429 Mondays 7-9 p.m. Confidential.

St. Peter's Lutheran Church 9606 - 110 Ave., 426-1122. The Rock Community Breakfast: Tue.-Thur. 7-9 a.m. Kid's Club: Mon. 6-7-30 p.m.

Salvation Army

9611 - 102 Ave., 429-4274, Men's Residence, Anchorage Addiction & Rehab. Chapel, Mon-Fri. 8:30 - 8:45 a.m., Sun 6 p.m. at Edm. Central Community Church (11661-95 St.), Soup Line: Wed. 2:30-3:30 p.m.

Singles Collective Kitchen 11035 - 92 St., 464-5444 (Trish). 1st Sat. of month 10 a.m.-2 p.m. \$3 for 4 meals.

Society for Metis Literacy Helpline 10865 - 96 St., 444-1234. Assists individuals and families with referrals and resources. Planning and action circles on Aboriginal/Metis/Inuit issues Thur 7 p.m.

Wecan (City Centre) Food Co-op 424-2870 (Dan). \$12 / meat order, \$8 / produce order. Deadline is 1st Fri of month. Annual Co-op membership: \$5.

Women's Health Clinic Thur 5 PM at Boyle McCauley Health Centre. Supper and guest speakers.

The Learning Centre
For help with reading, writing or math call
the Learning Centre (10116 - 105 Ave.) at
429-0675.

#### McCauley Community League

Meetings 7:30 p.m. 2nd Tues, of every month at 10863 - 96 Street. Open to all interested people.

#### Mustard Seed

Hot Lunch: Mon-Fri. 12-1 p.m. Daily Drop-in Mon-Fri. 1-4 p.m. Evening Meals: Thur & Fri 7-8 p.m. Sat-Sun 5-6 p.m. Chapel Service Sun. 3-4 p.m. Movie Night Fri. 8:30 p.m. Hockey Nights Sat. 6 p.m. FoodDepot: Tue. & Thur. 1 p.m Wed.7 p.m.

Operation Friendship

9526 - 106 Ave. McCauley Seniors Drop-in: Mon.-Fri. 9 a.m. - 6:30 p.m.; Sat. & Sun. 10:30 a.m. - 6:30 p.m.

Prosper Place Clubhouse at 10584 - 107 Street invites you to join and contribute to a community with members who suffer from a mental illness. Phone 426-7861

Edmonton Mennonite Centre for Newcomers #204, 10010 - 107 A Ave.

Improve your English conversational skills! Join our ESL conversation classes, Monday through Thursday morning, afternoon, or evening, For

### NOTICES

#### Report Prostitution

To report prostitution activity: www.police@edmonton.ab.ca/Community/ Prostitution in Edmonton Resource Centre.

#### FOR SALE

Watch for Boyle Street and McCauley resident's ads here next issue!

WANTED: Your ads to fill this spot.! FREE for all Boyle Street and McCauley residents.

#### TRADES

#### NEED HELP WITH HOMEMAKING?

Personal care or a ride to medical appointments, airport and shopping. \$12 min. charge. Call: 709-8009. Experienced Caregiver.

ACCOUNTING, INCOME TAX, GST Service for Incorporated & Self employed businesses. Low Rate, reliable & accurate. Phone 425-7769

### **RECREATION & CLASSES**

Community Games Event

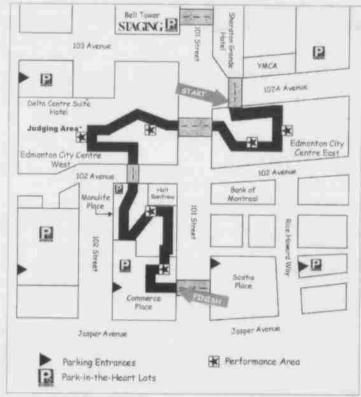
Every Sun 1-4 p.m. at 10863 - 96 St. Free coffee and snacks, Sponsored by McCauley Community League and McCauley Apartments (ECCCC).

Free Guitar Lessons. Friday, 7 p.m. and every second Friday thereafter, 10863 - 96 St. Sponsored by McCauley Community League & Edmonton City Centre Church Corporation. Call Dan for more info at 424-2870.

Free Adult Art Classes Wednesdays, 7:00 p.m. 10863 - 96 St. Mixed Media. Sponsored by McCauley Community League. Call Grace 421-4363.



Indoor Santa Claus Parade Route Map Sunday, December 7, 2003 10:30 a.m. - 12:30 p.m.





If you are a resident
of Boyle Street or
McCauley,
your three-line
classified ad is
FREE in the
Boyle McCauley News.

Send your three-line ad
(approximately 30 characters
per line) by mail, e-mail or foot
by the 15° of the month! Your
ad must include a contact phone
number.
E-mail: bmcnews@telus.net.

E-mail: bmcnews@lelus net.
Drop off or mail to
Boyle McCauley News
Room 224, Sacred Heart School
9624-108 Avenue,
Edmonton, AB T5H 1A4
Sorry, Boyle McCauley News is
unable to take classified ads by
telephone.



#### Welcome

to new readers in Boyle:

McCauley Waterworks - Epcor 10932 82 Street Richland Apts. Merle Manor Royal Canadian Legion Norwood Branch #178 10916 82 Street Luxor Manor Hughes Poxy's