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Neighbourhood View

◀ Swinging and playing at Giovanni Caboto Park on a sunny afternoon.

Boyle McCauley News

FREE

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June 2008

Our Stories a Winner



The people involved with the production. Left to right: John Sloan, Susan Wirtanen, Richard Hanes, Andrea Vermeulen, Danielle Francoeur, Pat Houghton, Keogh Charlton, Darlene Arseneault. Not pictured: Brian Bischler.

BMC News Staff • Darlene Arseneault and the *Our Stories* theatrical presentation were recognized as the recipients of the 2008 Play Award presented by Canadian Mental Health Edmonton Region on May 5. This award celebrates the achievements of coaches, organizers, and participants of leisure, sporting, fitness and recreational activities, and the arts within the Edmonton Region as they promote positive mental health of body, mind, and spirit.

Our Stories, facilitated by Darlene Arseneault, was co-written and performed by actors who are also survivors of brain injury. The actors' experiences of surviving a brain injury are translated into iconic scenes. The audience has an opportunity to engage with the actors by asking questions at the end of each half hour production of *Our Stories*. Ms. Arseneault, who lives in McCauley, has been facilitating theatrical performances with brain injury survivors for two and a half years. Each production has been slightly different, as the actors are rotated each year to



Darlene with the award.

give as many people as possible a chance to tell their stories.

The actors who performed in the award winning performance of *Our Stories* at the Meyer Horowitz Theatre at the University of Alberta on February 14, 2008 were: Brian Bischler, Keogh Charlton, Richard Hanes, John Sloan, Susan Wirtanen, and Andrea Vermeulen. Danielle Francoeur and Katrina Bray assisted. This particular performance was requested by Kelvin Jones, a professor at the U of A, for the course Neuroscience and Leisure and Recreation for Special Populations students.

Stolen Sisters Awareness Walk

Inner City march remembers and honours missing and murdered Aboriginal women

On May 10, a group of close to two hundred took to the inner city streets for the Stolen Sisters Awareness Walk. The walk was organized to raise awareness of the disproportionate number of Aboriginal women who are victims of violence. Starting at the Canadian Native Friendship Centre with speakers and songs, the walk went east on 111 Avenue to 95 Street and then headed north to 118 Avenue, before returning to the starting point for more speakers and music.

take a look at...

“As far as we are concerned you can't really beat this free festival with its defiant keep-the-show-going-no-matter-how-small-the-budget-is attitude and gradual immersion into the more established arts and culture scene that our city thrives on.”

Heart of the City Set to Explode!

Page 9

“We can learn a lot from Aboriginal people about respect, the environment, stories and legends, spiritual beliefs, and honouring Mother Earth and all Her creatures.”

Learning for Life

Page 10



Many of the participants were family members or friends of women who have been slain. Peachia Atkinson (left), mother of Nina Courtepatte, and Delia Quinney (center), mother of Rachel Quinney, led the walk.



Participants filled the sidewalks on 111 Avenue.

EDITORIAL

Beginnings and Endings



Paula E. Kirman • Twelve years ago this month, I walked across the stage at the Jubilee Auditorium to signify my graduation from the University of Alberta. Several years prior, I walked across the same stage when I graduated from high school. Both events marked a major ending to a significant time in my life. Simultaneously, they also represented new beginnings. After graduating from high school, I went on to university. After that was finished, I began pursuing a professional career.

My entire life can be documented in beginnings and endings flowing into each other seamlessly. Opportunities have presented themselves at every turn through the revolving doors of education, jobs, relationships, and even interests. The connection between beginnings and endings is something common to the human experience. Even when the ending in question is painful or difficult, such as

a divorce, sometimes the only upshot is that the path is clear for starting over.

Our community has seen a fair share of beginnings and endings over the years. There is a constant ebb and flow of people moving in and out of the area, as well as a healthy proportion of people who have made homes here for decades. Many businesses have opened in the area; others have closed. Churches and social service organizations become established here, while some decide to move on. The revitalization process is no doubt going to be the catalyst for numerous new beginnings in McCauley, as is the Renaissance initiative in Boyle Street.

Transitions signal growth, maturity, and a forward direction that are important as individuals and as a community. While we can't always predict what these beginnings and endings will bring, they mean that change is looming on the horizon and can be both wonderful and exciting despite their uncertainty. Let's look forward to the future of McCauley and Boyle Street with hope and optimism.

Boyle McCauley News

The Boyle McCauley News is a non-profit newspaper published monthly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of people who live and work in the Boyle Street and McCauley neighbourhoods. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in Boyle McCauley News are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

EDITOR'S NOTES

PAULA E. KIRMAN

As I am writing this, birds are singing, the sun is shining, and buds are sprouting on trees and bushes. I'm zipping around the area on my bicycle, and it feels great that warmer weather is finally here. This month, we take a look at some outstanding community citizens and their accomplishments, delve into community news, and get ready for some major events heading our way. Due to our publication schedule, there are a few events that got away from this issue by falling too far outside of our deadline, but rest assured we will have full coverage in July/August. Until then, enjoy this month's paper!

LETTERS TO THE EDITOR

Do you have a gripe? A compliment? A question? Share your thoughts with a Letter to the Editor. In two hundred words or less, tell us what made you smile or frown, or what you would do to change something around if you could. Send your letters to: editor@bmcnews.org. Letters may be edited for length or clarity.

COMING UP NEXT MONTH

Our theme for July/August is "Vacations" – and what better time to start thinking about planning some rest and relaxation. We would love to hear about your most memorable vacation (be it for good or bad reasons), your fantasy getaway, a recent trip or holiday, or what you have planned for your summer vacation whether your plan on going somewhere exotic, or taking advantage of the festivals, bike trails, or other events and attractions here in the city. Please keep your articles to five hundred words or less and include photos whenever possible. Send your work to: editor@bmcnews.org. Deadline is June 12. Submissions may be edited for clarity and length. Not everything submitted may be published.

ARE YOUR NEIGHBOURS RECEIVING BMC NEWS?

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Safedmonton website • www.edmonton.ca/safedmonton

Report A Drug House • 426-8229

reportadrughouse@police.edmonton.ab.ca

VOLUNTEER OF THE MONTH

Shari Mati



Shari has been volunteering with Boyle McCauley News for longer than she can remember! A neighbour of hers got Shari interested in the paper. Shari delivers the paper to McCauley Apartments, going from door to door. "Most of all I like to run up and down the stairs to get exercise," she says. In her spare time she enjoys quiet time by herself and helping others. Shari has been living in McCauley for twenty-four years, and likes her independence.

GOT WORMS?



A robin hops around in what was left of the snow in McCauley in late April.

Boyle McCauley News

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concerning the operations of the paper.

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Come help out your community! You don't
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Report a John to the EPS by using this form

Once you have filled this form out, you can drop it off at your local EPS Community Station.

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Name: _____ Phone #: _____

Take to an Edmonton Police Service Community Station - forward to Vice Section.
Or call 421-2656 to report over the phone.

Disclaimer: Used for information purposes only

Co-op Housing: A Good, Affordable Choice



Ben Henderson

Councillor, Ward 4 • Unhappy with the insecurity and expense of renting, many Canadians have turned to housing co-ops for a secure, affordable home in a community setting. Governments have funded housing co-op programs for good quality, affordable, and stable housing.

As I was door-knocking in last year's election, I found several wonderful examples of co-ops that have been in Ward 4 for over thirty years. I found very warm and friendly communities; I was highly impressed with the well-maintained and strongly interconnected communities with people of all ages and from all walks of life.

A housing co-op looks just like other homes. Bricks and mortar are not what make a co-op; it is the way the residents share responsibilities and control of their homes. A co-op is different from other housing associations in its ownership structure and its commitment to cooperative principles. These make co-op populations more stable and less transient than

rental accommodation. There is no outside landlord. A stable membership tends toward better property upkeep and stronger ties with the surrounding community than rental accommodation. People have security of tenure in a housing co-op as long as they follow the rules of the co-op and pay their monthly housing charge. Co-

Bricks and mortar are not what make a co-op; it is the way the residents share responsibilities and control of their homes.

ops are more affordable than rental housing because they benefit from less turn-over and also from participation of their members in running the co-op. Co-op housing provides a home on a continual basis, not as an investment.

Most existing co-ops in Edmonton are not accepting applications because of long waiting lists. Today the need is even greater than ever, but without co-op programs, it is difficult. We need more co-ops as a good affordable alternative to rental housing. With new funding coming from the City, Province, and Federal Government, it makes sense to fund new housing cooperatives.

I want to hear from you with your positive suggestions for our city. You can always contact me at ben.henderson@edmonton.ca or phone 496-8146.

McCauley Revitalization: What is Your Vision?

Community input is an integral part of the revitalization process. What is something that you envision for the community? What is missing that you believe the community needs? Tell Revitalization Coordinator Jane Molstad what you would like to see happen in McCauley. Include specific details about your vision – what does it look like? What would it encompass? Where would it be located? Contact Jane at 496-6778 or e-mail her at jane.molstad@edmonton.ca.

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COP'S CORNER



Cst. Nicole Chapdelaine • We all want to make sure our homes are safe. Here are some tips to help you protect your property and loved ones from suspicious persons and activities. These tips were taken from: *Crime Stoppers: Personal Safety and Security Handbook* (September 2003).

At Home:

- Lock your doors/windows whenever you leave your room or residence.
- If you live in an apartment, do not allow unescorted strangers inside.
- Be suspicious of unknown persons loitering in the area of your residence.
- Never leave an exterior door propped open.
- Keep a record of your valuables.

Suspicious Persons:

Suspicious persons and activities should be reported to the police. Act on your intuition because, based on your information, a crime may be prevented.

Suspicious people are people you do not recognize that:

- Enter rooms, offices or labs,

with no apparent business to transact.

- Solicit (includes selling materials, asking for donations, etc.)
- Sleep on chairs, furniture or the floor.
- Carry weapons such as knives or guns.
- Tamper with locks on doors, windows, bicycles and vehicles.
- Force another person into a vehicle.
- Look in windows.
- Carry unwrapped property at unusual hours.
- Carry suspicious items such as crowbars, screwdrivers or bolt cutters.
- Tamper with locked bicycles.
- Are more concerned with who is around them than what they are working on or looking for. Refuse help if you ask to assist them.
- Appear scared, nervous or anxious.

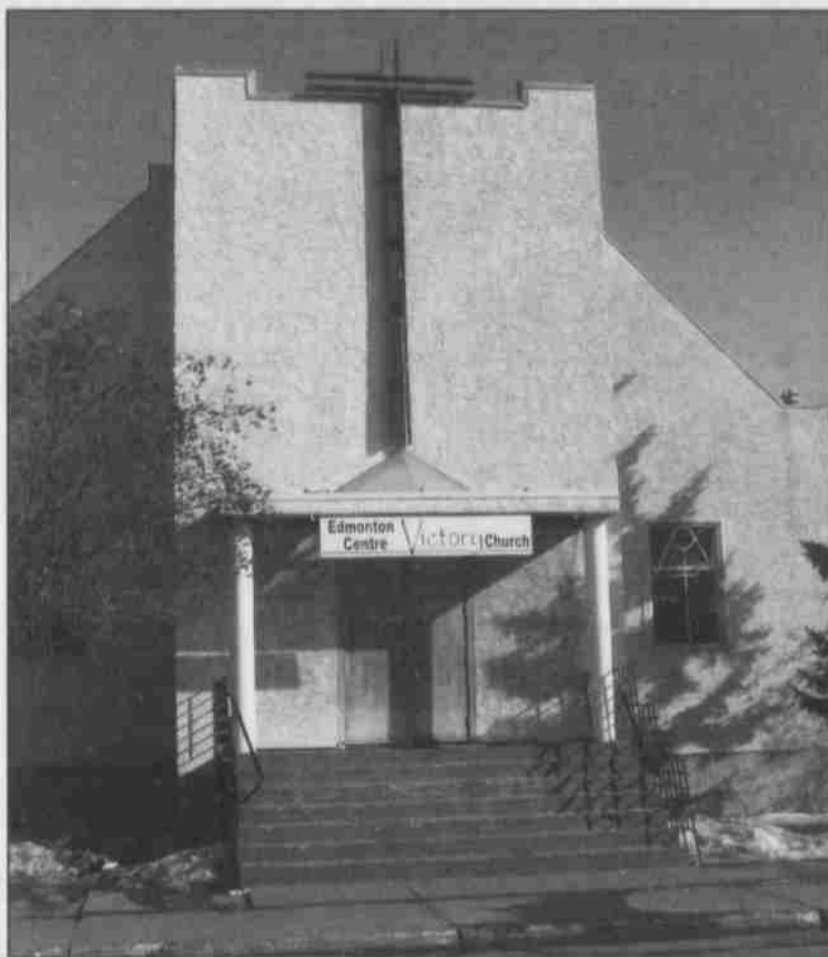
Suspicious Activities:

- The sound of breaking glass.
- Finding a broken window in a residence, vehicle, or office.
- Hearing screams.
- A vehicle continually driving in the same area.
- Groups of people who are intoxicated, causing property damage or rioting.
- Smoke coming from buildings, vehicles, etc.
- Finding syringe or other dangerous items.
- Observing drugs or drug paraphernalia being sold.
- The sound of gunshots
- Any activity that you feel is out of the ordinary.

When reporting suspicious persons and activities, provide personal descriptors, direction of travel, vehicle license plates, number of persons involved, weapon information and/or elapsed time. Do not expose yourself to any danger by approaching or following these persons unless you believe it's safe to do so.

Cst. Chapdelaine is the Community Liaison Constable for McCauley and Boyle Street.

Edmonton Centre Victory Church Closes



Victory Church, located at 106 Avenue and 98 Street, closed in May when its lease expired. Another church has purchased the property. Victory Church fed hundreds of homeless people each week.

CHECKING OUT THE NEIGHBOURHOOD



Frenchman, a recent addition to Joan MacKinlay's home, surveys his new surroundings.

Boyle McCauley News

facebook

JOIN US ONLINE!

If you use the Facebook social networking service, check out the *Boyle McCauley News* group! It features information concerning calls for submissions, volunteer opportunities, and some fun stuff too!

JUST SEARCH FOR "BOYLE MCCAULEY NEWS" UNDER GROUPS.



DINING OUT

Hoa An
9653 97 Street
(780) 425-6021



Paula E. Kirman • With all of the restaurants lining Chinatown serving Vietnamese and Chinese dishes, sometimes meal choices can get pretty predictable. On the other hand, sometimes a restaurant can be discovered that is a notch above the rest.

Hoa An stands out not just

because of the eye-catching green façade on the front, but because the quality and taste of their food is fantastic. The first thing one sees when entering the bright, spacious restaurant is the large fish tank at the front. After being seated, you'll have a chance to peruse the menu while sipping complimentary green tea.

Pho, Vietnamese noodle soup, is Hoa An's specialty. The meat and chicken used in the various selections is extremely fresh and flavourful. There is something about the flavour of the broth, as well as the quality of the ingredients, that surpasses many other versions of the dish in other establish-

Hoa An stands out not just because of the eye-catching green façade on the front, but because the quality and taste of their food is fantastic.

ments. My personal mainstays are the chicken noodle soup, as well as the well-done flank and brisket.

When Colleen and I headed over to Hoa An, we decided to order different items off the menu other than soup, which we already knew was excel-

lent. We shared a barbecue beef noodle bowl, and a chicken in satay sauce. We were not surprised that the quality was as high as with the soups. The beef was lean and tender, and the chicken was smothered in a rich peanut sauce that had a zip to it, but wasn't too strong. It was served with plentiful cooked onions, which were sweet and a good complement for the sauce.

Hoa An also has a variety of rice dishes, as well as other meals featuring chicken, beef, pork, and seafood. Prices are very reasonable, and two people can easily eat for under \$30, including beverages. Service is quick and efficient – your soup will often arrive within minutes of ordering.

Located right across the street to the south of Lucky 97, Hoa An is recommended to anyone who enjoys Vietnamese and Chinese cuisine and is in the mood for something different.

Ben Henderson
Councillor, Ward 4
BEN.HENDERSON@EDMONTON.CA
PHONE 496-8146
FAX 496-8113

Please contact me
on Civic Issues

BUSINESS BUZZ



New Businesses

Longan is the newest restaurant in the area. It opened on May 9 at 10582 100 Street. This is a noodle house featuring Vietnamese cuisine. Phone: (780) 425-2406.

A couple of other recent business openings:

Tra Amici Closed

Tra Amici closed its doors in mid-April. As reported in the February issue of *BMC News*, the space is going to be used by the Italian Centre. It is going to be a coffee shop, with fresh cakes and pastries available from the Italian Centre's bakery, located in the south side location. There is no estimated time of opening, but owner Teresa Spinelli hopes everything will be up and running by December.

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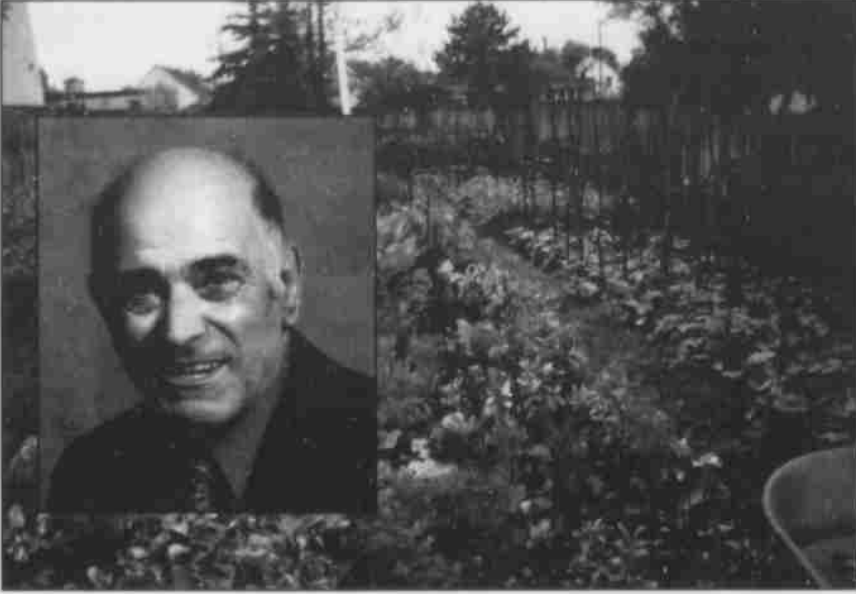
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TERESA SPINELLI
President

Cell (780) 993-4869
E-mail: Teresa.Spinelli@ItalianCentre.ca

COMMUNITY PROFILE

Salvatore 'Sam' Tropea: Life, Work, and Family



Joanne McNeal • Sam grew up in Conzeza, Italy and completed five years of school before he came to Canada at the age of fourteen in 1951. His brother, who was eighteen, also came at that time. Their father had come three years earlier and worked as a chef/cook for CN on the trains. When the boys arrived they had no place to stay so their father took

a job with CN in Flin Flon, Manitoba, where they all lived in a bunkhouse. Their mother and sisters stayed in Italy for a while longer. Sam's brother began to work as a dishwasher, and later Sam became a water boy, and then a dishwasher and bus boy for CN trains. They worked the route that went from Toronto to Edmonton and back via Winnipeg. Sam

worked as a dishwasher for six years and then became second cook, working with his father, who taught him how to cook, and he worked at that position for twenty-one years.

One day in 1978, when the train arrived in Edmonton, Sam was laid off. He contacted some Italian friends here, and before long Sam went to work for the Beverly Bakery. Sam soon met an Irish Canadian lady with three children and they became friends. He helped her out, buying the kids a few clothes and shoes, and he grew to love the kids and they loved him. Sam later took all the family to Thunder Bay where his mother and sisters met and liked his new family. After a year and a half Betty Morris and Sam married. They settled back in Edmonton in McCauley, and Sam took responsibility for the three children. A year later young Salvatore was born. He said he treated all the kids as his own with love and respect in his heart, and the kids loved and respected him back. Sam went to work for ESSO doing factory work as a Steam Operator, a member of CN Union Local 77. Sam worked at ESSO for twenty-

seven years and retired in 2003.

Sam says the kids loved him as a father; they were respectful and listened to what he said. The kids all went to McCauley School, and later graduated from Victoria Composite High School. The family always planted the backyard garden full of vegetables and he is still doing that today. He is proud of all the children, and loves being a father. Sam says Betty was a wonderful woman who took loving care of her family, until she got sick. She had diabetes and then cancer, and one day she fell and was in hospital for three months until she died in July 2005. That was a hard time for Sam and the children.

Sam has four grandchildren, ranging in age from two and a half to eighteen. He says because he now lives on a pension, he can't help the kids as much as he'd like. Looking back on his life, Sam says, "I was never unemployed and I'm proud of that; I always had work. I had a beautiful life in Edmonton, good jobs, good family, lots of good friends, and good neighbours here in McCauley."



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BEGINNINGS AND ENDINGS

Ele Gibson Moving On

Long-Time McCauley Resident Heading to Victoria



Kate Quinn • Ele Gibson, a long-time McCauley resident, has resigned her post at the Bissell Centre after twenty years of dedicated work in the area of resource development. She was a volunteer for a couple of years and then gained a staff position. She and her husband, Rainer, are moving to Victoria in hopes of less snow and warmer weather.

Ele has lived in McCauley since 1987. She originally hails from Edinborough, Scotland. A friend encouraged her to move into his rental property, and then she bought it. She moved in when the neighbourhood was facing many challenges, such as drug and street prostitution activity, exploitation of children, and derelict houses.

During her early years in the community, she was a volunteer with *Boyle McCauley News* for almost ten years. Ele laughingly remembers one crisis where she and Jim Spinelli did everything: wrote all the articles, took all the photos, and did the layout just to make sure that the newspaper was published and delivered. She also served as President of the McCauley Community League and was on the Steering committee of the Boyle-McCauley ARP (Area Re-Development Plan) in the early nineties. John Kolkman served with her on the Community League board and the ARP. "I'll miss her," he said. "You could always count on Ele to pitch in, come up with good ideas, and be a good team player."

When asked what she'll miss about McCauley, Ele immediately responded, "The people, the sense of community. After leaving Edinborough, I re-found community in McCauley." She talked about a time when a neighbour's parrot flew the coop, and the whole block was out searching for the parrot. Another time, they were redoing their deck and people stopped by to comment, give advice, or ask for some of the old lumber. "You don't get that in Riverbend," she added. She's looking forward to volunteer opportunities in Victoria, maybe with a drop-in centre like Bissell.

Hope Hunter Honoured

Inner City Advocate Awarded by ESPC

Kate Quinn • Hope Hunter is moving on from her work as Executive Director of Boyle Street Community Services, where she has worked for the past twenty years. Before coming to the Boyle, Hope worked at the Edmonton Social Planning Council in the late seventies and early eighties.

The Social Planning Council celebrated Hope's work by choosing her as a recipient of their Award of Merit on May 6.

Her long-term commitment and advocacy work on homelessness, poverty, and social inclusion were deciding factors. This past January, Mayor Mandel appointed Hope to the Leadership Committee of Edmonton's Committee to End Homelessness.

Hope's leadership has helped to build a strong community among all who find a welcome within the doors and programs of the Co-op, as it is sometimes

called. She said, "It's been a joy to work at the Boyle." She leaves a community that has developed a strong commitment to people and to outreach, harm reduction, and prevention.

"Hope combines a sophisticated understanding of the complex issues surrounding poverty and marginalization with a sustained commitment to the population that experiences those problems. She also has an exceptional level of the political insight and skill which has been essential in order to advance the agenda of the poor in the Alberta political environment," said Dr. Stan Houston, Professor of Medicine and Public Health, and Director of the Northern Alberta HIV Program.

STORIES WANTED

Do you have a story idea? Know someone in the community who has done something outstanding? Aware of some community news? Have an event to share information about? Contact us!

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Prescription Drugs

Fifth Annual Heart of the City Festival Set to Explode!

Kris Hodgson and Lorinda Peel • This is the fifth year for the Heart of the City Festival. The mandate is to promote local, grassroots artists and musicians who have a connection to the core of our city. The festival is an all day, family event that features all genres, levels of talent, and ages in our musical line-up. We aim to promote those artists who are just emerging into the music and arts scene, but we also have many established and amazingly talented veterans who are sharing the stages and tents. We run rain or shine, and even have room in the stage tents to cover the crowd if some wet weather does happen. Heart of the City is run entirely by volunteers and primarily supported by community organizations. Each year our crowd increases and our diamond in the rough festival gets more popular-- bringing us to approximately one thousand people walking through the park last year throughout the day, even with some stormy weather!

As far as we are concerned you can't really beat this free festival with its defiant keep-the-show-going-no-matter-how-small-the-budget-is attitude and gradual immersion into the more established arts and culture scene that our city thrives on. We have tons of great music, local artwork, and kid's activities to entertain and amuse. And most importantly, we promote the talent that sometimes gets missed in the competition and fast-paced attitude of our city's art scene.

Some musicians that will be featured in the festival are:

Mary Rankin / Netti Spaghetti: She's a truck driving, guitar playing, song writing, nose honking kind of a gal. She loves to sing and dance and hang out with little kids and folks who like good tunes, good smiles, and good times.

Sharon Pasula plays acoustic guitar and a variety of percussion instruments. Her favourite music is gospel, blues, and contemporary Aboriginal Christian music. Sharon is also a storyteller and a writer.

iHuman is a non-profit, charitable organization whose mission is to work with high-risk youth and to promote their reintegration into the community through a program involving crisis intervention, arts mentorship, and life skills development programs.

Locution Revolution is a hip hop group for the people and of the people. Khiry Tafari and iD are the two MC's that started the Revolution but it is growing and will continue to do so.

Jonek's brand of hip hop is easygoing, fun, and yet relevant and hard hitting as his music relates to today's youth on a level that only a kid could pull off.

Teddy (Well Put) is a rapper/instrumental-maker/aspiring Bossa Nova musician. Many local shows and a few local and American festivals have happened. Many new beats and songs and ideas are in the works.



5th Annual

Heart of the City Festival

Saturday, June 7

Giovanni Caboto Park

108 Avenue and 95 Street

11:00 a.m. - 10:00 p.m.

A free full-day festival celebrating downtown Edmonton's music and art.

Featuring an interactive kids tent, artist tents and live music from two Edmonton Folk Fest stages!

www.hotcmf.com

Brittany Ayotte has been singing since the age of five and learning piano since the age of seven, but her musical calling did not occur until the summer of the eighth grade, when the whole world suddenly burst into life with Queen's "Somebody To Love."

Mike Ehlers grew up in a house filled with music. His style ranges from mellow-groove, to eco-rap, to melodies born in the depths of a quieted gratitude.

Alexia Melnychuk found herself profoundly drawn to music at an early age, as well as the songs and songwriters and the paper and pen. She has stayed true to this first great love of songwriting and folk music.

Lara Yule Singh's sincere, profound music is subtly unconventional. Her meaningful lyrics and quirky style are delicate, refreshing, avante-folk poetry.

Rat Creek Cats' songs speak about the community, the city, and the nature of some of the social issues.

Other artists scheduled to perform this year include:

- Paula Eve Kirman (your friendly neighbourhood newspaper editor is also a singer/songwriter)
- Heart Rhythms Drum Ensemble (a group of women percussionists)
- Asante (African Dance Troupe)
- Michelle Boudreau
- People's Poets (hip hop with a social conscience)
- Martin Kerr
- Quinn
- Maracatu Mudança (Brazilian Drumming Group)
- Dubious Monkeys
- Mikey Maybe
- Painting With Ella
- Stephan Krims
- Josh Klassen (a DJ with graffiti artist)
- Norwood Wind Ensemble
- Aroot's Bazaar
- Anna Sewell
- Royal Tease
- Danny Coady

Kris and Lorinda are Heart of the City Board members.

Learning for Life

with JOANNE McNEAL

Aboriginal Cultures: Celebrating Wisdom of the Land

Joanne C. McNeal • Aboriginal people traditionally lived close to the land. They called it "the source of life," and their cultures embodied (and still do) great knowledge of their environment. They were the original recyclers—an idea which many of us are now learning, and they wasted nothing. The animals they traditionally hunted and ate came from the land, which also provided clothing, tools, and building materials such as wood poles and ice/snow for houses. In this way, the landscape inhabited by different Aboriginal people helped to shape their traditional cultural practices.

Aboriginal people, although originally nomadic, had a territory they protected and/or shared. The Indian or First Nations people, traditionally lived in the forests and woodlands, or on the Prairies. Animals they hunted (such as bears, beavers, or moose) provided food, hides, tools, and building materials, which all came from the land around them. Wood nearby was used for fires to cook and keep warm. The prairie tipi was originally made from wood poles and animal hides. The cultural traditions of today, including drum songs and arts, celebrate their close relationship with the land.

The Eskimo or Inuit people traditionally hunted along the

Arctic coast, above the tree line where the land is permanently frozen. The animals they hunted came from the coast and sea (like seals, whales, and polar bears) and their building materials came from nearby ice, snow, stone, and tundra. They used seal-oil for warmth and cooking in their snow houses, and in the summer they made a kind of tent out of whale bones and hides. They also now celebrate their continuing close relationship to the land in their songs and artwork, although they now live in communities along the Arctic Coast. One Inuit belief is that the animals of the land, like humans, have a spirit. They are believed to have great powers and are the source of life.

When European explorers, whalers, and colonists came in contact with traditional Aboriginal cultures, they brought new materials, beliefs, and practices. Guns provided additional help with hunting; calico cotton gave the women new materials for parka covers. Both Indian and Eskimo people traded furs for glass beads. Residential schools interrupted family life and traditional hunting on the land.

Even as Aboriginal people today move to urban centres, their cultures still include many beliefs and social practices based on being close to the land. Many groups now struggle to keep cultural



traditions through language, artwork, story-telling, and education of their people. We can learn a lot from Aboriginal people about respect, the environment, stories and legends, spiritual beliefs, and honouring Mother Earth and all Her creatures.

Joanne McNeal is a McCauley resident, and a retired college professor and administrator.

Exhibit of Aboriginal Artwork at Glenrose



There will be many celebrations of Aboriginal cultures June 15-20 in our city. The Glenrose Rehabilitation Hospital is having week-long celebrations, including an exhibit of artwork by Aboriginal women, on display in its glass cases and galleries. It will include beadwork, tufting, slippers and mukluks, clothing, and modern paintings, Inuit stencil prints, and stone sculpture. These amazing and beautiful works show the resourcefulness of Aboriginal people, how adept they are at using and re-using the resources of the land, and keeping the balance of honour for the earth. Anyone can visit the exhibit and there is no cost.

Something Funny

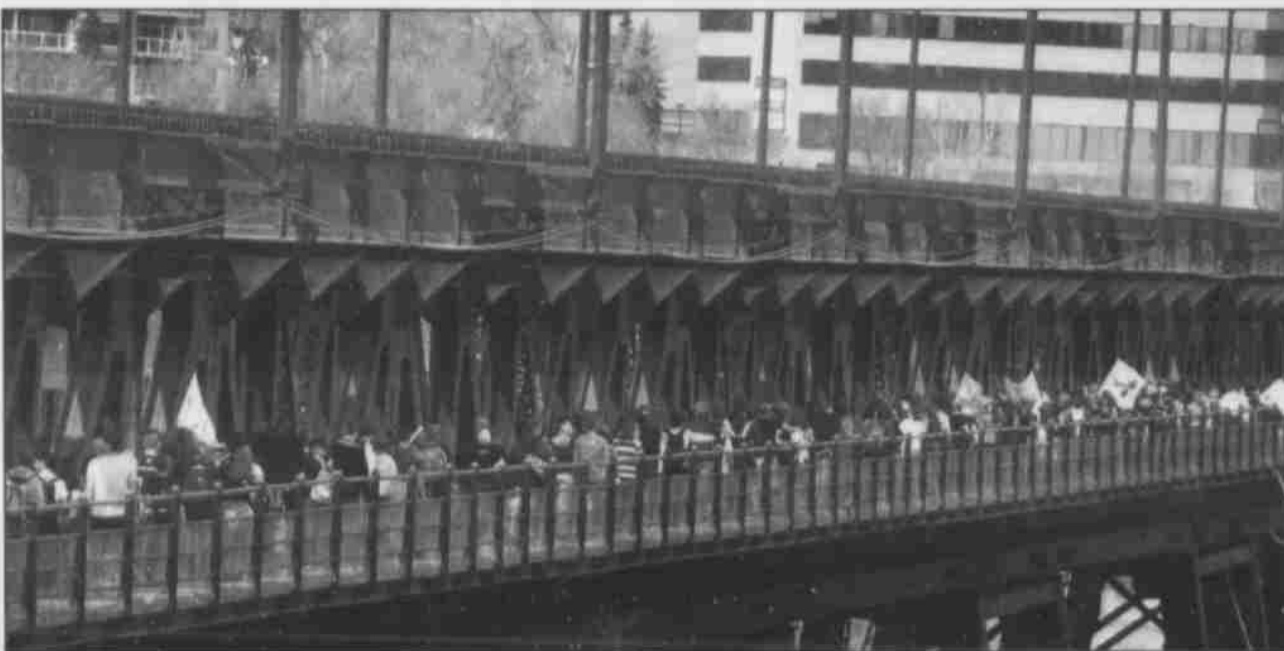
with Isabelle Foord

There's a new Swiss army knife. It weights three pounds and has eighty-five different tools. When you're out in the wilderness, you can build a mall.

Text messaging eliminates vowels. Eventually, we will have language without vowels.

Isabelle is a retired writer who lives in McCauley

WALK FOR DARFUR



Walkers fill the High Level Bridge heading downtown during the Walk for Darfur on May 4. University students walked from Calgary to Edmonton, finishing at Grant MacEwan College, in order to raise awareness of the genocide going on in the Darfur region of the Sudan.



Cody



Do you have a funny, heartfelt, or interesting story to share about your pet? Submit them to Pet Tales! Please include a photo of your pet. Send your stories to: editor@bmcnews.org

JM • Cody was found chained to the fence of an animal shelter when he was about five months old. His original owners kept him for five more months because he seemed to be such a nice dog and had a sweet temperament. He was shepherd and part chow (he had a spotted tongue). He was full of energy and enthusiasm, and just wanted a home. I adopted him and we became

fast friends. He didn't want to let me out of his sight. He loved to run, so I built a chain-link fence around my yard so he would be safe outside while I was at work. We had three wonderful years together and he went with me everywhere. Around Easter someone left the gate open and he ran out, and he was hit and killed by a car. I was devastated to lose my faithful friend.

AT THE THEATRE



Fire

By Paul Ledoux and David Young
Directed by James MacDonald

Starring Ted Dykstra with Rick Roberts

Wesley May • *Fire* takes place in the 1950s. It is about two friends who are split apart through their goals. One wanted to follow his dream of being a big rock star. The other wanted to stay with the church and become a preacher.

It was very clear that the play was based on the lives of real-life cousins Jerry Lee Lewis and Jimmy Swaggert. One of them (Lewis) became a rock star and the other (Swaggert) became a TV evangelist.

The play was wonderful and extremely funny. The dialogue was full of hilarious one-liners as well some good comebacks. Ted Dykstra is an outstanding actor as well a great piano player. All of the cast were excellent.

I really think that Directors Paul Ledoux and David Young had their hand full with this production and did an outstanding job. I would recommend this play to anyone but with one warning: it will give you a gut ache because you will be laughing so much.

Wesley is a carrier for BMC News.

REMEMBER!

You must leash your dog at all times outside your yard, and clean up after any messes they make. It is the law in Edmonton! You can be fined \$500 for not doing so. For more information go to City of Edmonton website (www.edmonton.ca) under Bylaws.



Boyle McCauley Health Centre
10628-96 street
Edmonton
Phone: (780) 422-7333

The Boyle McCauley Health Centre is a community health center whose role is to promote health and prevent disease by providing primary health care and health promotion programs for the communities of Boyle Street, McCauley, and Norwood.

Our agency is currently recruiting volunteer Board Members who have skills and expertise in the area such as: law, health care, community development, board governance, and fundraising.

Please submit your resume and covering letter detailing your area of interest by June 15, 2008.

Cecilia Blasetti, Executive Director

10628-96 Street

Edmonton, AB T5H 2J2

Fax: 425-8515 or email: cblasett@cha.ab.ca

Councillor Jane Batty



Wishing you a safe and happy summer!

2nd Floor City Hall
1 Sir Winston Churchill Square
Edmonton, Alberta T5J 2R7
Phone: 496-8140
Fax: 496-8113
Ward Four

Email: jane.batty@edmonton.ca

Celebrate National Aboriginal Day (NAD)



The Men's Traditional Warrior Dance is performed at the Canadian Native Friendship Centre as part of the Stolen Sisters Awareness March on May 10.

June 21 is National Aboriginal Day (NAD). The date was chosen because of the cultural significance of the summer solstice (first day of summer and longest day of the year) and because many Aboriginal groups mark this day as a time to celebrate their heritage. Setting aside a day for Aboriginal Peoples is part of the wider recognition of Aboriginal People's important place within the fabric of Canada and their ongoing contributions as First People.

National Indian Brotherhood (now the Assembly of First Nations) first called for the creation of June 21 as National Aboriginal Solidarity Day in 1982. Then, in 1995, The Sacred Assembly, a national conference of Aboriginal and non-Aboriginal people chaired by Elijah Harper, called again for a national holiday to celebrate the contributions of Aboriginal people. On June 13, 1996, Former Governor General Roméo LeBlanc, declared June 21 as National Aboriginal Day.

(Source: Indian and Northern Affairs website: www.aicn-inac.gc.ca)

Edmonton Events

Friday, June 20, 2008

NAD Opening Ceremony
Opening ceremony poster
Canada Place
9700 Jasper Avenue
11:30 a.m. Opening Ceremonies
9:00 a.m. - 3:00 p.m. Arts and crafts, exhibitors, youth activities

Saturday, June 21, 2008

Weekend Festival day 1
Provincial Legislature Ground
Noon - 6:00 p.m.
Main stage: traditional and modern entertainers
Displays and activities: Tipi Village, Métis Village, Inuit information booth, children's activities and crafts, exhibitors, and Career Fair

Saturday, June 21, 2008

Art Gallery of Alberta
Face the Nation: A Round Table on Contemporary Aboriginal Aesthetics
1:00 - 4:00 p.m.
4:30 p.m. - Performances
Art Gallery of Alberta - Atrium
Enterprise Square, 100-10230
Jasper Ave
780-422-6223

**VISIT
BOYLE
MCCAULEY
NEWS
ONLINE!**

Did you know that BMC News has a website! Download the latest issue in PDF format, as well as issues that are archived from the past year.

MCCAULEY.INFO/BMN



Iron Man

Robert Downey Jr., Terrence Howard, Jeff Bridges, Gwyneth Paltrow, Leslie Bibb

Mairin Berezan • *Iron Man* is based on the popular superhero from Marvel Comics. He was originally part of the Avengers and has also had various comic books on his own. I have never been much of a comic book fan nor have even heard of the character, so I'm not sure how the movie compares to the comic books. However, I thought the movie was terrific.

Robert Downey Jr. stars as Tony Stark, the tycoon for his deceased father's multi-billion dollar weapon manufacturing company Stark Industries. After being kidnapped by a terrorist group he is forced to reconstruct their deadli-

est weapon, the Jericho missile. With the help of another captive, Yinsen, they manage to build a suit of iron to ensure their escape. Upon returning, Tony has an epiphany about the misuse and danger of his life's work and decides to undo the damage he has inflicted by creating the ultimate weapon.

Iron Man is not only able to accomplish being action packed, fast paced, and entertaining but also full of wit, humour, and substance.

Mairin is thirteen and lives with her family in McCauley.

MCCAULEY COMMUNITY LEAGUE



Joan MacKinlay • With a Community Seed Exchange and a Community Clean Up in May, Heart of the City Festival in June, and the first ever live Italian opera production of *I Pagliacci (The Actors)* in Giovanni Caboto Park on August 12, hope springs eternal in McCauley, and this is good.

By the time you read this, the League and other community representatives will have met with the Mayor regarding our concerns about the Boyle Renaissance Project. Also, a new League executive will have been elected at the Annual General Meeting.

One very unfortunate and sad note is that our soccer teams will not be playing in the Edmonton North Zone Soccer League this summer. I apologize to the players, parents, coaches, assistant coaches, and other helpers for not catching a problem in

time to do anything about it. We did try. Special thanks to Bernard, Jody, and Tony for help with soccer registration. All fees paid will be returned. A brainstorming meeting will have been held on May 28 to see if an alternative soccer program for this summer could be arranged. More information will follow in the next issue.

Special thanks also to Bernard, Don, and Russell for producing the McCauley e-News, an effective way for the League to communicate with people who have e-mail. If you would like to be added to this list, contact bernard.soberg@yahoo.ca and put "add me" in the subject field. If you do not have e-mail, and would like to get a hard copy of McCauley e-News, leave your name, address, and phone number on our office voice mail at 428-5332. The new executive will arrange for this to happen.

Thank you for the opportunity to serve such a committed and worthwhile community. I also extend thanks to my colleagues on the board for their hard work and dedication to the community.

Joan is the President of the McCauley Community League.

MCCAULEY COMMUNITY LEAGUE

Suite B1 10826-95 Street
428-5332

Opera in the Park

Mercury Opera which now has its homebase in the McCauley neighbourhood will be presenting *Pagliacci* inside a tent in Giovanni Caboto Park the evening of August 12, 2008. The production will then move across the river to Old Strathcona for Edmonton's Fringe Festival from August 14-22.

Mercury Opera will be hosting a Fundraiser Dinner with Silent Auction in support of the production on Friday, June 13 from 5-9 p.m. at St. John's Cultural Centre 10611-110 Avenue. Tickets are \$16 and may be purchased in advance by calling (780) 6375829.

For more information and advertising, sponsorship, or volunteer opportunities, please call (780) 637-5829 or log on to www.mercuryopera.com or www.mercuryopera.org

BOYLE STREET COMMUNITY LEAGUE

Get Ready for the Renaissance

Joe Cloutier • According to the most recent announcements from the City of Edmonton, a new Inner City High School for up to one hundred and eighty youth and a residence for up to seventy-five homeless youth will be one of the first buildings out of the ground and part of the first phase of the Boyle Street Renaissance. The Edmonton Oilers Community Foundation has made a long-standing commitment to building the school and residence and supporting the Inner City Youth Development Association (ICYDA) in their programming for Edmonton's urban youth.

The YMCA Welcome Village will provide "safe housing that welcomes couples, families, and groups and supports them while settling into our community." It will be a vital part of the first phase of the Boyle Street Renaissance according to Franco Savoia, Chief Executive Officer, Association Services, YMCA.



Inner City High School, other ICYDA youth programs, and the residence, together with the YMCA Welcome Center, and a new community recreation center make up the first projects of the Boyle Renaissance

There are future plans for an Aboriginal center, three park areas, and transitional and supportive housing with medical services and facilities.

This is most definitely a unique project and promises to be an island of support and development for many people who are traditionally pushed to the fringes of most development projects.

Joe is the President of the Boyle Street Community League and Principal of Inner City High.

PBAD and Other Post-University Tales

Vikki Wiercinski • A friend of mine has a theory about that time in life after university, but before being a "grown-up." Due to our dedicated immersion in our studies we emerged from university blinking and a little dazed. "What," we cry out over potlucks in our small student apartments, "are we do now that our entire life isn't writing papers and attending lectures? Surely life after university isn't only a gray cubicle and pressure to buy a house! There must be more!" Ah, yes, Post B.A. Depression (PBAD) has wrapped its tentacles around us. Figuring out how to make it let go is quite the process.

After finding that university actually did very little to prepare us for the realities of the real world (really, what does one do after that nine to five shift is over? We used to go home and do homework!), we sit back, stunned. We stretch our summer jobs into fall. We save some money, read books for lesiure, and get used to having more time to waste away. And slowly, one person at first, then a couple more, point their compasses in some wildly chosen direction ("I'm young and reckless!", they

shout) and we all go travelling. It seems the first answer when you don't know what to do in life is, well, avoid the question for as long as you can.

We come back home, slowly, and penniless. About a year does it for most afflicted with PBAD. We trickle back into our parents' basements with our newly acquired tattoos and trip debts and independence and memories. "What," we cry out over the glare of the TV in our cramped basements, "are we do now that our entire life isn't traveling and having a good time? Surely life after the adventure of a lifetime isn't only a gray cubicle and pressure to move out of the basement again! There must be more!"

I've since moved out of the basement (thanks for putting me up, Dad) but I do get the feeling that my five years at university were like the trip I took last year, just longer. Perhaps finding a path in life takes more time than my impatient generation would want. I know I'm beginning to feel like it's time for another trip! I'll keep you posted if I do ever find the remedy for PBAD - I do suspect it involves a whole life's worth of time.

The Olympics: To Protest, or Promote Peace?



Controversy surrounds the 2008 Summer Olympics in Beijing because of human rights issues in Tibet, as expressed at this rally in late March.

HD • For some reason the progress of the Olympic Torch, which in other years has pre-occupied me as much as the growth of grass, has this year become front and centre to me. I think it has something to do with the story about the soldiers during the Second World War who came out and sang Christmas hymns together on Christmas Eve. Or how families who don't really speak suddenly get re-acquainted with the birth of a new baby. How the body still pumps oxygen to cancerous limbs. How all of Edmonton turns

out, year after year after year, to Heritage Days and Folk Fest and Jazz Fest. It doesn't mean winter won't come but it means we will be able to hack it a little better when it does.

So I wonder what it means when the Olympics, which is about tracing the best in us through history and through geography, becomes the venue for protest. I wonder if we mightn't be able to safeguard the philosophical Olympic Torch better by maintaining its status

as a connective thread. The Olympics during the Cold War was the way out for many defectors. The Olympics now may be the way in for cameras and connections and solidarity with those

working for peace under much more difficult circumstances than ours.

HD is a writer in McCauley.

NEED CASUAL LABOUR?

HOURLY RATES STARTING AT \$10

- Minimum 4/hrs a day - cash paid daily.
- Workers available 7 days a week 24/hrs a day
- Bookings taken Monday - Thursday 7AM-2PM
Friday 7AM - 11AM (closed during lunch)

NEED SOMEONE TO HELP WITH...

- Yard Work/Snow Removal
- Manufacturing
- Loading/Unloading
- Cleaning - domestic/industrial
- Decorating - internal/external
- General Labour



BISSELL CENTRE
424-4385

Employment Services in partnership with Elizabeth Fry Society

Is drinking a problem?

A.A. HAS THE ANSWER FOR SOBER LIVING
424-5900

Boyle McCauley Denture Clinic
KEVIN C. W. CHO, DD DENTURIST
JOANNA CHO, DD INTERN DENTURIST
 10815A-95 STREET, EDMONTON • T5H 2E2
 (780) 425-8471

Around The Neighbourhood

CHURCH AND AGENCY SERVICES

BISSELL CENTRE 423-2285
Adult Cooking Classes:
Thursday afternoons
Beadwork class:
Monday mornings
Wednesdays at noon
Hep C Peer Support:
Wednesday nights at 6:30 p.m.
Movie Night:
Wednesdays at 7:00 p.m. (drop in)
Women's Health Group & Lunch: Thursdays at 2:30 p.m.
Coffee House Dinner, music and open stage: 3rd Tuesday 6:30

BOYLE MCCAULEY HEALTH CENTRE 10628 - 96 Street
Monday - Thursday 9a.m. - 9p.m.
Friday 9a.m. - 12:30 p.m.
Women's Health Promotion Evening Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m., preceded by yoga class at 3:30 p.m. for one hour. Foot Clinic - Wednesday 1-3 p.m. Dental and Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES
10116 - 105 Avenue
424-4106

Monday - Friday 8:30 a.m. - 4:30 p.m.
Youth Drop-In, Wed. 4-7 p.m.
Adult Drop-In, Thurs. 4-8 p.m.
Community Soup Line
Monday-Friday at noon. Housing Workshop, every second Wednesday. Income Taxes March 7 - April 25th. Tuesdays 10 a.m. - 4 p.m.

COMMUNITY OF EMMANUEL
Worship Services and Sunday School. Sunday 11 a.m. at Bissell Centre. Lunch follows.

EDMONTON INNER CITY VICTORY CHURCH
10665 - 98 Street 424-4803
Worship Service Sunday at noon. Praise & Prayer Tuesday 6:30 p.m. Men's Bible Study Wednesday 6:30 p.m. Where It's At Coffee House Friday 7-10 p.m.

ST. PETER'S LUTHERAN CHURCH
9606 - 110 Avenue
426-1122
The Rock Community Breakfast Tuesday to Thursday 7 - 9 a.m.
Kid's Club. Monday 6 - 7:30 p.m.

SALVATION ARMY
9611 - 102 Avenue
429-4274
Men's Residence, Anchorage Addiction & Rehabilitation Chapel

EDMONTON CENTRAL COMMUNITY CHURCH
11661 - 95 Street
Monday to Friday 8:30 - 8:45 a.m. Sunday 6 p.m. Soup Line, Wed. 2:30 - 3:30 p.m.

WECAN (CITY CENTRE) FOOD CO-OP
CALL ALLAN AT 424-2870
\$12/meat order
\$8/produce order
Deadline is 1st Friday of month
Annual Co-op membership: \$5.

WOMEN'S HEALTH CLINIC
Located in the Women's Emergency. Accommodation Centre, the clinic is open Monday to Friday from 2:00 - 4:00 p.m.

THE MUSTARD SEED
10635 - 96 Street
780-426-5600
Sunday Worship Service (Sun. 3-4 p.m.) Evening Meals (Mon. to Fri. 7-8 p.m., Sat. 5-6 p.m.) Personal Assistance Centre (Mon. and Fri. afternoons 1 - 4 p.m., Tues. and Thurs. evenings 8-9 p.m.; evening are for students and day workers only, please. Food Depot (Tues. and Thurs. afternoons 1 - 4 p.m., Wed. evenings 8-9 p.m.; evening times are for students and day workers only please). Drop In Coffee (Mon. - Fri. afternoons 1-4 p.m., closed the last Wednesday of the month. Community Activities Wed. afternoons 1-3 p.m. and every evening following the meal). Regal Recreation Activities include: Movie Night - Fri. 8-11 p.m. Hockey Night in Canada, Sat. 6-11 p.m. Get involved. The Mustard Seed is always looking for volunteers. For more information call The Mustard Seed, at 780-426-5600 or visit: www.mustard.ab.ca

NICOTINE ANONYMOUS
RICK 474-5593
GWYNN 443-3020
Support for smokers who are trying to quit. Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES
422-3052 for further info on anything listed below.
Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. WhiteStone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

WOULD YOU LIKE TO BECOME MORE CONNECTED TO YOUR COMMUNITY? If you can spare 45-60 minutes a week during school hours to spend playing games, reading books, doing sports, laughing and talking, building, baking, or making crafts, you could become a mentor to a child at Norwood School. Mentors say it's the best part of their week! To join in the fun please call Leigh Roy at 477-1002, ext. 314 or e-mail: leigh.roy@epsb.ca. Our volunteers are valued members of our Norwood Family!

AISH NETWORK OF ALBERTA SOCIETY
780-482-8921
Need sponsors and members. (AISH recipients pay NO membership fee.)
Please contact us at 482-8921.

BOARD GAMES WANTED:
Call 424-2870.

NETWORKS ACTIVITY CENTRE 780-474-3363, EXT. 302. Volunteer!
JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302 or e-mail: Darlène.Arsenault,VolunteerCoordinator@da.nac@telus.net.

THE LEARNING CENTRE
Do you know an adult who wants to improve their reading, writing or math skills? Please tell them about The Learning Centre. We offer free tutoring and small group learning at Boyle Street Community Services. Call 429-0675 for information.

PROJECT ADULT LITERACY SOCIETY SEEKS VOLUNTEERS
P.A.L.S. is recruiting new volunteers to work with the Literacy Program, English as a Second Language Program, and Math Literacy Program. Trained volunteers work with students one-on-one or in a small group setting. Volunteers are required to provide three references, complete a Police Check, complete an interview, and attend training prior to being matched with a student in a program. For more information, call 424-5514.

FREE GUITAR LESSONS!
Every second Monday 7 - 9 p.m. 10821 - 96 Street, Sacred Heart Church Basement. Sponsored by McCauley Community League & Edmonton City Centre Church Corp. All ages, styles, and skill levels. Call Allan for info at 424-2870.

PARENT TALK, A PROGRAM OF BOYS' AND GIRLS' CLUBS OF EDMONTON Weekly peer support group offers you the support, tools, and information to more effectively parent your children. Drop in, no cost; light meal and child-care provided. Transportation assistance available. McCauley Youth Centre, 9425 - 109A Avenue, Tuesday evenings 6-8 p.m. Call 481-1292 for more information.

COMMUNITY EVENTS AND ACTIVITIES

YOGA INSTRUCTORS' TRAINING COURSE Wednesdays 6 to 9 p.m. at 9533-106 A Avenue. Drop in yoga class: 6 to 7:30 p.m. Wednesdays, 9533-106A Avenue. Call Linda at 428-0805 for more information.

BOARD MEMBERS NEEDED Networks Activity Centre Society of Alberta is in need of individuals who are interested in sitting on the Board of Directors. Networks Activity Centre is a recreation and leisure program for adult survivors of Brain Injury. The Board especially welcomes persons with marketing and fundraising experience. For more info please call Darlene at 474-3363 or Kathy at 995-0817.

PRESCHOOL SOCCER (INDOOR) AGES: 2 - 12 Years - Girls & Boys DATES: Saturdays, November 24, 2007 - June 7, 2008 TIME: 9:30 a.m. - 12:00 Noon. Learn Basic Soccer Skills LOCATION: Sacred Heart Centre Gym (96 St. 108 Ave.) For more information contact Tony 420-0760. Renowned FIFA Soccer Coach.



PETER GOLDRING
Member of Parliament
Edmonton East

It Is Always A Good Idea To Be Prepared

The recent television images of flooding in New Brunswick bring home once again how important it is to be prepared for disaster before it strikes. Dealing with an emergency is a lot easier if that situation has been anticipated and prepared for.

National Emergency Preparedness Week is just past, but it is not too late for you and your family to prepare for the unexpected. You can get a lot of useful information from the Public Safety Canada's website: www.getprepared.ca.

The first task is to know the risks. Edmonton residents have no reason to prepare for a tsunami - the city is just too far from the ocean. But there is a risk here of tornadoes, or of severe weather conditions, for example, that could cause power outages. What do you do if the electricity is off for a week?

Once you know the risks, you need an emergency plan, something that every Canadian household should have. The plan should include, among other things, emergency exits from your home, a designated meeting place should you become separated from family or roommates, and include a diagram showing the location of your fire extinguisher, electrical box, water valve, gas valve and floor drain. Then, if an emergency happens you won't have to rely on your memory when you're under stress.

It is also important to have an emergency kit - both for your home and your vehicle. A basic emergency kit could contain (but not be limited to) bottled water, some canned food (and a manual can opener), first aid supplies, a flashlight and batteries and a battery powered radio. Pack your kit in something easy to carry, such as a backpack, in case you need to change locations quickly.

Being prepared for potential emergencies makes good sense to me. What do you think?

495-3261 www.petergoldring.ca

RESIDENTS GET FREE CLASSIFIED ADS!

Area residents can get a FREE listing on this page. Promote a community event, sell something, report a missing pet - send your notice (five lines or less) to info@bmcnews.org and we'll let you know if we can get it in. Classifieds are subject to approval based on appropriateness and available space.

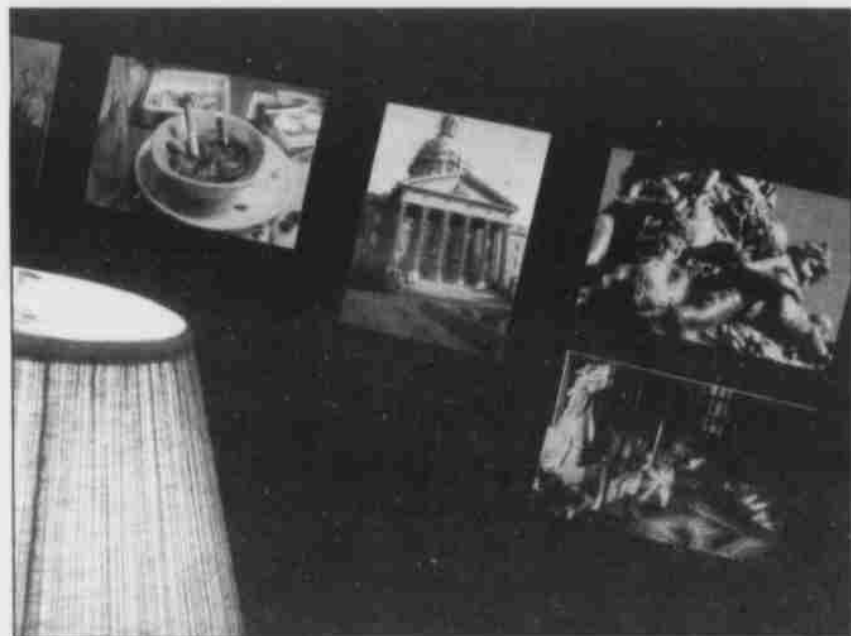
HEART OF THE CITY FUNDRAISE

The Art of the City

Vikki Wiercinski • The Artery played host to an animated crowd on May 15 in support of the the Heart of the City Festival. Martin Kerr, The Revtones, and Pre/Post played their hearts out against a blue sequin backdrop at the local venue. Along with the quality musical acts there was also an enticing silent art auction and 3D entertainment on the walls courtesy of the Artery's current art exhibition by Tim Rechner and Fish Griwkowsky. Heart of the City hopes to see you on June 7 - see page nine for more details!



The Revtones play a set.



3D photographs lined the walls.



Mike Tulley keeps the sound jiving throughout the night.

Free Programs and Activities for Adults and Youth

Calling All Homeschoolers 2:00 p.m. June 10
Looking for a fun outing at the Library? Join us for an hour of books, activities, games and crafts.

Summer Reading Club - Opening 2:00 p.m. June 21
Between June 21 and August 23, sign up for the TD Summer Reading Club 2008 - Laugh Out Loud. Join us for a comedy for all ages - Scoop and his puppet crew return for an encore performance of "Not Exactly a Love Story".

Summer Reading Club - Crack Me Up 2:00 p.m. June 28
Bring your best wisecracks and practical jokes to this program!

Stories from the Heart of the City 1:30 p.m. June 19
Do you live in Norwood or Boyle-McCauley? For story-lovers of all ages, share your tale about the neighborhood with writer Linda Goyette.

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