

Boyle McCauley News

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November,
1990
Vol. 4, #9



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Bissell celebrates 80th birthday

Bissell Centre has come a long way and has made a lot of changes in the kinds of services it provides since it began in 1910. At that time its main focus was to help Ukrainian immigrants feel less isolated with in the Edmonton community. Language instruction and support groups

poverty to many people living in Edmonton. These people tended to be concentrated in the area surrounding the All People's Mission. Soup Kitchens were established and the focus of many of the programs that were offered was support for unemployed males. This group was also

mission started by the Reverend Pike.

Community needs changed over the years and during the 1920's. The All People's Mission as it was called then, served mainly as a church with many family support programs.

It served many ethnic groups. The 1930's or Depression Years brought



Celebrants at Bissell 80th Anniversary service

served in the 40's, 50's, 60's, 70's, 80's and even is still today.

In 1950 the mission was able to move out of the blacksmith's shop it had been occupying and move into a new brick building, made possible by the generosity of T.E. Bissell, a farm implements manufacturer. It was

renamed Bissell Centre in his honour. The agency occupied this building till 1989.

Although the group Bissell serves has changed little since the 1930's, the focus of the programs it offers have been much modified to meet a changing demand from its service users.

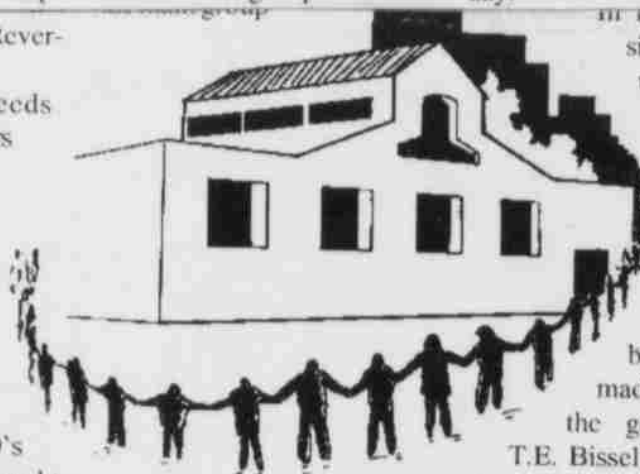
It has moved away from the charity "hand-out" model and concentrates more on encouraging and helping service users to achieve the greatest degree of self sufficiency possible for each individual.

On Sunday November 4th,

a service was held in the Bissell Centre. About 150 people listened to a message delivered by Rev. Suzanne Cowles, to Scripture Readings by Gloria Poitras, Larry Derkach and Dexter Leavens and to music by Jim Spinelli, Mark Holmgren and Dorothy Hennefeld.

With Bissell Centre becoming busier every day, it seems likely that the theme of the celebration "Let the Circle Be Unbroken for Another Eighty Years" will become a reality.

by Ele Gibson



NEW SKATING RINK FOR McCauley

Alderman Lance White working on McCauley Community League's new skating rink by Sacred Heart School. Alderman White got it going and he and the Mayfield Rotary Club and Adults for Kids all worked on the rink. The grand opening of the rink is December 1.

Judge sentences johns to community service work

Recently our community received some nocturnal visitors who tried to purchase sexual services from streetwalkers.

The streetwalkers in this case turned out to be members of the Londonderry Station of the Edmonton Police Department.

As a result, the unwelcome visitors had to make an appearance before Judge P.G. Ketchum on October 17. Judge Ketchum sentenced those who appeared in person and were physically fit to probation and

community service work, preferably in the Boyle-McCauley area.

The others, who included a senior citizen and a husband whose wife didn't know about his arrest, were fined \$300.

Pleading guilty to communication for the purpose of prostitution were Said Karim Dabbach, Dennis Richard Despas, Elmer Emanuel Habekost, Larry Joel Herman, Leslie Walter Kuffner, Cheuk Yin Mak, Steven Douglas Schall, and Roger Joseph Youngchief.

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Grim reminder at 96th & 107A

Disposable lighters lethal weapons in the hands of young children

The Edmonton Board of Health and Edmonton Fire Services are advising parents to keep disposable cigarette lighters out of reach of young children.

"Fires started by cigarette lighters cause twice as many injuries and deaths among children than fires started with matches," notes Tim Vanderbrink of the Fire Prevention Branch. "We can't say for sure why disposable cigarette lighters present such a threat, but it may be because they produce a stronger, more intense flame."

"Some parents think their children are too young to use a lighter, but in fact they fit comfortably into their hands and are easy to use with both

hands," adds Dr. Wahieh Yacoub, Child Safety Officer with the board of health. "Some parents even use lighters as pacifiers, establishing the lighter as a toy."

Both agencies recommend parents keep disposable lighters out of reach of young children, never use them as a pacifier or toy and teach basic safety rules: if a child finds a lighter or matches give them to an adult right away, and school age children can practise safe handling of fire by lighting a candle with a match, always under adult supervision.

Statistics based on informal information gathering between November 1987 and January 1989 showed that 55

children (87% boys) set fires in residences. About **one third** of these fires were set using cigarette lighters.

In 1988, the damage resulting from children playing with fire in Edmonton increased by almost 40% compared to 1987. In that year (1988), children playing with fire sources including lighters and matches set 54 blazes causing over \$600,000 in damage. In 1988, 14 injuries occurred, fortunately none fatal. This was a better record than in 1987: fires set by children in that year resulted in 15 people injured and three killed.

In 1989, one person was killed and 13 injured in 27 home fires.

Traffic fatality

On the afternoon of September 21, 1990 a retired gentleman, Andrew Mellec, was making a walk from I.G.A.

He was returning after fetching some bones for his companion dog who lived with him on the upper floor of an inner city house at 9538 107A Ave.

Mr Mellec was a long

time resident of this inner city house.

He was struck by a car turning left at a lit crosswalk at the junction of 96 St. and 107A Ave. Mr Mellec was taken to the Royal Alexandra hospital where he clung to life till the 8th of October, when he passed away.

His brother is now looking after his dog.

Mr Mellec was a retired C.N. worker who lived alone. He had never married and had no children.

The motorist, aged 35 years, was charged with failing to yield to a pedestrian at a lighted crosswalk.

He was fined \$50 for this offence when his case was heard in court.

by Randy Glynn

Rooming house fire

At three a.m. on October 5th a fire broke out in suite #10 at 10556 97 Street.

The gentleman in suite #10 said that his gas stove flared up and caused the blaze which gutted number #10 and caused considerable damage

to eight other suites.

The Fire Department is still investigating the cause of the fire which caused damage estimated at between \$100,000 and \$200,000 of damage.

Fortunately the caretaker

was able to evacuate the residents safely.

The only injury was to the gentleman in suite #10 who is suffering from a burn on his knee.

by Randy Glynn

Hit & run!

On Tuesday, November 6, a spectacular accident occurred in front of the offices of the **BM News** on 96 Street.

At about 8:00 p.m., a parked car owned by **BM News** staffer Tuggy Curran was struck by a northbound station wagon. Tuggy's car was knocked about 50 feet while the station wagon came to rest in front of the Mustard Seed Church, after demolishing a stop sign.

The driver of the the station wagon, a young man in a parka and jeans with long, black hair, staggered from the vehicle and requested an ambulance.

According to one eye witness, he appeared to be bleeding from the neck. However, by the time the ambulance arrived, he had fled the scene.

He was pursued by a resident who lives next to the church. The resident had to give up the pursuit when the

driver began jumping fences.

Constable Schoening then arrived on the scene and summoned a tracking unit with a dog. The dog picked up the trail but lost it around 92nd Street and the CN tracks.

Tuggy's car was a total write-off and damage to the station wagon, owned by Jean D. Snipes, was also extensive. According to police sources, the station wagon was being driven by a friend of Ms. Snipes.



Constitutional Reform Task Force

Step One — Roundtable Meetings

The Government of Alberta has established a Constitutional Reform Task Force to examine our future in Confederation. The Task Force will seek the full participation of Albertans in the process.

As a first step, the Task Force is holding **roundtable discussions** with constitutional experts on the changing nature of federalism.

The meetings are open to the public and taped broadcasts will be aired on cable television across the province. Check your local papers for information or call 422-1510 through your RITE operator for further information.

As a second step, a **discussion paper** based on the roundtable meetings will be presented to Albertans.

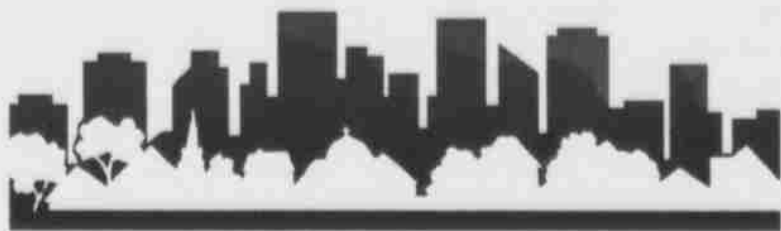
Third, **public hearings** will be held throughout Alberta in order to develop an Alberta position on constitutional reform.

Finally, **recommendations** will be submitted to the Legislature for full public debate by all parties.

The first roundtable meetings were held October 26 and November 2. The final two roundtables will be held in Calgary, November 23, 9:00 a.m. - 12:30 p.m., McDougall Centre, 455 - 6 Street S.W. and in Edmonton, November 30, 9:00 a.m. - 12:30 p.m., Room 512, Legislature Building.

For more information contact:
Communications, Alberta Federal and Intergovernmental Affairs, Edmonton
Phone 422-1510 Fax 423-6654

Alberta
GOVERNMENT OF ALBERTA



VOLUNTEER OF THE MONTH

**BM News carrier
"loves to be busy"**

by our staff

Don Ridley is a "Winter Buster"! Winter Busters are usually the best kind of people to hang around with because most of them are happy, busy and caring, and also give generously of their time.

Don fits easily into this category, and luckily for us, he lives in Boyle Street. He is one of the **Boyle McCauley News** volunteer delivery people.

Now, Winter Busters are folks who find ways to help make the long, cold winter days seem to go by faster. Don figures the best way to do this is to keep busy, and he "loves to be busy".

Besides delivering the **Boyle McCauley News** once a month, he combines his love of jazz and blues by volunteering his services at the Yardbird Suite, a southside jazz club, at least once a week.

The Yardbird Suite, as the **Boyle McCauley News**, relies almost completely on volunteers to stay open. Don is also very involved just now in trying to save the Yardbird Suite.

It's the only club of its kind in the city, attracting great musicians from within Edmonton and from all over Canada.

Unfortunately, developers are eyeing the land the club sits on, and its existence is threatened by the "old wrecking ball".

Among his other volunteer services is the city's summer jazz festival. Don acts as a hospitality host. This is a huge event every summer that attracts musicians from all over the world. Thousands of music lov-

ers attend the concerts that are held.

When he's not volunteering his time, he earns his living working full time as a pharmacy technician at the Charles Camshell Hospital in West Edmonton. Even here he can't help volunteering his time! He is on the hospital social committee.

If that is not enough, he even serves as a volunteer on the social committee of the Scattered Leaves Condo where he lives.

Don grew up in the country at Big Valley, near Stettler. This might explain his generous nature in part.

In his free time he likes to travel. Don has been to the Dominican Republic, Columbia, California and Venezuela.

He went on his first major trip when he was only eighteen. He took his elderly grandmother on a month long trip to the Orkney Isles in Scotland. She had not returned to her homeland since she left it as a young girl more than sixty years before.

Being a volunteer seems to be deeprooted in Don Ridley. Not many eighteen year olds would have undertaken such a venture.

Like most Albertans, he likes hockey and figure skating. He also enjoys going out for dinner. (Do you suppose he was hinting at this writer to invite him out for a bite to eat, or is he just your typical single who hates to cook for himself?)

The next time your **Boyle McCauley News** is delivered, say a big "Hi" to Don. You can't miss him. He's slight of build, has a blond kinda crew cut and always has a marvellous big smile on his happy face.

**ASG targets
family violence**

Alberta's Solicitor General has introduced initiatives to help enhance police practices in stopping family violence and spousal abuse.

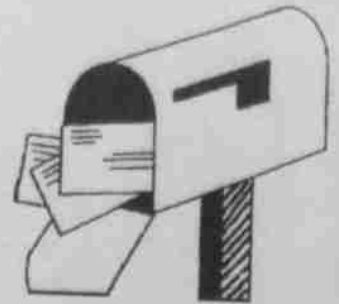
The efforts taken include steps aimed educating the public towards the knowledge that family abuse is a criminal activity, not a social or personal problem. Police officers will also be undergoing increased training that will better enable them to handle cases of abuse and provide assistance to families.

As people who suffer abuse are

often unaware where to turn or what to do, the police will in the future provide them with information about their options along with telephone numbers of agencies that can help them. They will also be given information on how to approach the courts to get a restraining order or peace bond aimed at preventing any further abuse.

No one needs to be the target of violence. If you are being abused or know of someone else who is, please contact the police.

**Parking
woes**



To: Doug McNally, Chief of Police

Re: Parking east of 95th St between 108 and 108A Ave

Since the opening of a small strip mall across the lane from my house at 9423 108A Ave., there has been a persistent problem of lane parking on the west side of the lane.

In my attempts to deal with this problem, I have communicated with the planning department,

Bylaw Enforcement, the McCauley Neighbourhood Foot Patrol and the Police Complaint Line. None of these interventions have met with satisfactory results.

Of over a dozen complaints I have phoned in to the complaint line, I have never seen a single ticket issued.

The City Bylaw is very explicit about its prohibition of lane parking.

The most common behaviour that

I have noticed is that a police cruiser in response to the complaint drives by the offending vehicles and is never seen again.

The second most common behaviour is for a cruiser to stop, one officer leaves the vehicle and enters an unleased unit in the strip mall, and the offending drivers amble out to

move their vehicles. Neither of these responses have deterred drivers from



parking in the lane.

As a home owner, tax payer and resident of the City of Edmonton, I am appalled at the refusal of the Edmonton Police Service to uphold the Bylaws of the city, and in so doing show such disregard for the legitimate complaints of residents.

It is no wonder that the general public has such limited regard for the Police Service and its members.

Larry Brockman

OUR VOLUNTEERS

WRITING: Ele Gibson, Davis Sheremata, Randy Glynn, Jim Spinelli, Richard Auclair, Malcolm Archibald, Kathy Curran, Harry Holt, Rossi Cameron, Wes Armstrong, Larry Brockman.

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EDITORS: Doris Oleniuk, Mary Amerongen, Kathy Curran, Ele Gibson.

AD SALES: Doris Oleniuk

PHOTOS: Mary Amerongen, Ele Gibson, Jim Spinelli

The **Boyle McCauley News** is a non-profit newspaper published monthly by the Boyle Street McCauley Newspaper Society. The Society is made up of people who live and work in the Boyle Street and McCauley neighbourhoods. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

Board of Directors: Mary Amerongen, Julie Doyle, Davis Sheremata, Richard Auclair, Antoinette Grenier, Ele Gibson, Brent McDonogh, Kathy Curran, Rossi Cameron, Malcolm Archibald

The office of the **Boyle McCauley News** is located at 10631 - 96 Street, Edmonton, AB, T5H 2J1. Phone 424-6117.

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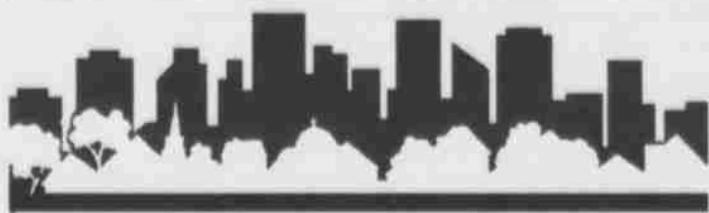
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Return to Corner Lunch

BM News holds AGM

The Annual General Meeting of the Boyle McCauley Newspaper Society was held on October 29th at Bissell Centre. A much larger number of people than had been anticipated attended.

This reflects the growing support that our paper has within the community.

Alice Hansen, former Board President, was the guest speaker. With her help we went through a revisioning process for our newspaper. We were trying to see if the focus of the paper was what we all intended.

The exercise reinforced our belief that we were, indeed, going in the right direction, and that there was agreement among interested parties about the purpose of the newspaper.

Following our revision-

ing we elected Board members for the coming year. Tuggy Curran, Brent McDonough, Ele Gibson, Richard Auclair and Antoinette Grenier will remain on the board next year to complete their two year term.

Mary Amerongen was re-elected for a further two years, and Davis Sheremata, Rossi Cameron, Julie Doyle and Malcolm Archibald were elected as new board members.

We are hopeful that the team we have put together to guide policy and produce the newspaper are interested in representing all sectors of the community.

We look forward to an even better Boyle McCauley News in 1991.

by Ele Gibson

The Corner Lunch on the corner of 95th St. and 111th Ave. was a well know "watering hole" in the Boyle McCauley area for many years. Cliff and Rita, the owners, were famous for high quality and very reasonably priced lunches, breakfasts and dinners. It was also home of the 25c cup of coffee.

This all changed when they sold last February and other people began running the restaurant. It was totally renovated, and although this improved the ambience of the restaurant, there was no doubt that the food and value were not the same.

We had a pleasant surprise when a few of us went for lunch last week at the new Eva's Kitchen. Cliff and Rita were back. This time not as owners, but as helpers to the new owner, Eva.

It seemed like a "deja vu", everything was as it has been before; Cliff rushing about serving at the tables, Rita assisting in the kitchen, and the restaurant crowded to capacity. The food was back to the

"old days" style as well; the house special for \$4.95. This may not seem great value till you consider that it consisted of home made soup, roast chicken with home made sauce (more on that later), vegetables and bread pudding with cream.

We were so impressed that we went again the next day. Alas, Cliff and Rita were busy elsewhere. Eva had help today from another lady. It transpired that she had come in to eat lunch and had ended up serving tables and looking after the dishes. All part of the family atmosphere!

Eva, who now owns the restaurant runs a small catering business. Her cooking is delicious and everything is made from scratch. She sells some of her produce in the restaurant. We bought a jar of her bar-b-cue sauce for \$5.00.

This is not so much a new business in the area and the revival of an old and sorely missed one. We hope that we will be able come and have lunch there for many years. I'm sure that this sentiment is echoed by many of the old "Corner Lunch" customers.
by Ele Gibson



Eva, Rita, and Cliff in Eva's Kitchen

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WELCOME

UCSN sponsors self-employment workshop

On October 30 the Urban Core Support Network held a workshop about self-employment as a labour market (employment) strategy. This workshop was held in cooperation with the Toronto non-profit organization Self Employment Development Initiatives (SEDI). Peter Nares and Bob Wilson from SEDI spoke about microenterprises (small businesses) as an employment option.

With funding from the Canada Employment and Immigration's Innovations program, SEDI has established Women's Self-Employment Centres in Elliot Lake, Kingston and Newmarket which provide training, counselling and a supportive environment for the development and ongoing support of women's businesses. SEDI is also involved in co-sponsoring self-employment programs for dislocated workers in Brantford, social assistance recipients in North Bay and disadvantaged women and men in Cornwall. The two speakers outlined their experiences with these

programs.

They listed a number of steps involved in a successful self-employment support program. These steps are:

- 1) A community skills assessment - "What interests and abilities do the people in the community have?"
- 2) Finding people to participate, about 90% of the people in their programs were sent by their friends.
- 3) A self-assessment selection process.
- 4) The business plan development.
- 5) An ongoing support and information system.

Problems they outlined include getting start-up money which in Ontario was provided by the Ministry of Community and Social Services. They also described current welfare policies as discouraging initiative and income creation.

In the second half of the afternoon session they described Canada Employment and Immigration (CEI) plans to create self employment programs.

This aspect of CEI's job creation strategy is being expanded with a budget of \$75 million annually. It will likely be implemented through community agencies and may be one of the programs which will be developed by the UCSN community economic development program.

by S.A. McKibben



Jim Spinelli, Dorothy Henneveld, and Mark Holmgren provide musical accompaniment for the Bissell Centre 80th anniversary celebration.



Gloria Poitras, a member of the Bissell Centre Board of Governors, reads the traditional version of Psalm 23 and Linda Stoginger, a Bissell volunteer, reads the native translation. Rev. Suzanne Cowles, Pastor of the Inner City Pastoral Ministry, is in the foreground of the picture.

Sacred Heart Brownies

will be holding a

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December 1/90

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Bissell Centre

There is a dance on November 23 from 8 pm to 11 pm at the Bissell Centre at 10527 - 96 Street. There will be a silver collection taken at the door.

Boyle Street Community League

Bingo is held on Saturday and Sunday at 1 pm at the Boyle Street Community Hall, 9515 - 104 Avenue. Escalating jackpot.

Central Health Centre

Influenza vaccine for seniors and the chronically ill is still available through November. Call the Central Health Centre at 425-6351 for an appointment. It's free.

McCauley Afterschool Care

McCauley Afterschool Care is now accepting registration for children aged 5 to 12 years of age. The hours are 7 am to 6 pm, Monday to Friday. Subsidy available. Phone 424-9367.

Hope Mission

There will be a Christmas turkey dinner on December 10th at 6:30 pm. Everyone welcome. It's free. Hope Mission is at 9908 - 106 Avenue.

Sacred Heart Community School

The Brownies will be having a bake and tea sale, December 1 from 1 to 4 pm in the Sacred Heart gymnasium. Tickets are 50 cents at the door.

The Mission

We have nightly bible studies, Monday to Saturday at 10:30 pm. We also have a drop in centre, Monday to Saturday from 8 pm to midnight at 10304 - 96 Street. Telephone 428-6451.

Commonwealth Stadium

Weight training and individual weight



training available. For information call 428-5555. Weight training programs for ladies, Tuesday November 13 from 6:30 to 8 pm. Cost \$30. Aerobics drop-in \$3 per class. Monday thru Thursday 5:30 to 6:30 pm.

Operation Friendship

There is a movie every Thursday in November at 1 pm.

Edmonton Convention Centre

November 22 to 25 Festival of Trees. November 23 to 25 Indian Arts and Crafts Sale. December 1 to 9 Cameo Christmas Craft Sale.

Attonement Home

The Attonement Home Multicultural Day Care Centre, located at 11035 - 92 Street, has recently expanded its program. It has openings for preschool children, two and a half to five years old. For more information, call 422-7263.

Boyle McCauley Health Centre

There is a free needle exchange program operating daily from 10 am to 4:30 pm, Monday to Friday.

Nurse practitioners are available for home visits to monitor health concerns, and to do health teaching with the elderly, pregnant women and people with long term illnesses in the Boyle McCauley areas. If you have health concerns or questions, call Ruth, Pat or Lois, the nurse practitioners, at the Boyle McCauley Health Centre, at 422-7333 from 10 am to 4:30 pm. In an emergency go to the Emergency Department at your nearest hospital.

Boyle Street Co-op

The new hours for the youth drop-in are Friday 6 to 9:30 pm, and Saturday 8 to 11:30 pm. The computer hours have changed - Monday to Friday 1 to 4 pm, and Monday to Thursday 4:30 to 6 pm.

Talent Show! Come and meet our stars at the Boyle Street Co-op, 9720 - 102 Avenue, Wednesday, November 24, at 1 pm. Registrations available at the Co-op. Cash prizes, refreshments, every-

one welcome.

Moose Calling Contest. Sign up at the Boyle Street Co-op. For more information phone Louise at 424-4106.

McCauley Community League

Saturday, December 1 is the date of the grand opening of the skating rink at 96 Street and 108 Avenue in McCauley. Open at 11 am. All members of the community invited!

Mustart Seed Church

We have Friday night coffee house from 6 to 11 pm. We also have special events. Everyone welcome.

Edmonton Police Service

Volunteers are needed for the McCauley Foot Patrol Office. If you are interested call 424-7248 pager 9168 or 421-2135.

McCauley Boys and Girls Club

November 21 is parents information night from 6:30 to 7:30 pm. This evening is planned to help parents find out all about the Boys and Girls Club at 9425 - 109A Avenue. Phone 429-2807. Registration will also take place for the 1990-92 year. Cost is \$5 per child or \$10 per family. Free coffee and doughnuts. The club hours are Monday to Friday, 3:30 to 5:30 pm and 6 to 9 pm and Saturday from noon till 4 pm.

Bissell Economy Store

When you are planning for your Christmas shopping think of the Bissell Economy Store. We have a large selection of toys and gifts at very low prices. Shopping hours from 9:30 to 4:30 Monday to Saturday at 10922 - 97 Street. We will be having special celebrations at the Store from December 10th to 16th.

by Richard Auclair

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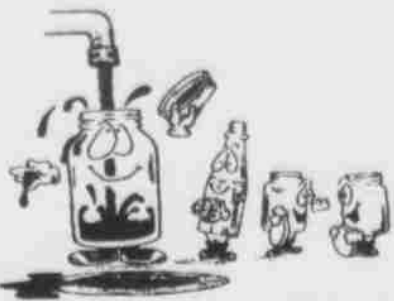
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Recycling makes sense for our community. It creates jobs and means a cleaner environment for everyone.

You can help by getting involved in Edmonton's War on Waste. Use your Blue Box for glass, newspaper, metal, cardboard and milk cartons. Always buy products which are lightly packaged. For example, buy bulk foods instead of food in large packages.

If we all make a few changes it will mean a big improvement to our environment.

Hello, again, to all you folks out there in T.V. land. It's time to review a "golden oldie", a blast from the past, a real gem of a program which has returned to the small screen. **WOULD YOU BELIEVE** that its a program made with a million dollar budget? No! Well then, **WOULD YOU BELIEVE** that this show had a cast of thousands of big name stars? No! Well, **WOULD YOU BELIEVE** that it's one of the funniest sit-coms ever produced? That you should believe because it's true...

The program, in case you haven't

guessed or have never watched, is called "Get Smart". This comedy series made in the early 60's is directed by none other than the great Mel Brooks ("Blazing Saddles", "The Producers", & "Young Frankenstein" are a few of the films he directed).

It stars Don Adams, Barbara Feldon and Edward Platt, three actors who never did anything else of merit in their acting careers but who shone with brilliance in this series.

Made at the time when spy movies were all the rage, it pokes fun at them all from "007" to "Our Man Flint", as well as satirizing just about every T.V. show of the time. Maxwell Smart is Agent 86, head spy from "CONTROL", who battles the forces of evil represented by "CHAOS".

If you watch the show for a while you might get to see Sigfried, Max's counterpart with "CHAOS". If you do, you might recognize Bernie Kopell who went on to later fame as the ship's doctor on "Love Boat".

I think this is my all time favourite T.V. show and I saw every epi-



sode when it originally aired. So, for a real treat tune in to Channel 23 at 6:30 PM, Monday through Friday. If you miss it, the same episode is rebroadcast at 1:00 AM. (Sorry to all you folks without Cable who can't watch it.)

Well, that's the story for this month. By the way, I can't leave without a comment on "The Simpsons". I managed to get through a whole ten minutes of the program a few weeks ago. !!! YEECH !!! I can't believe that television networks could stoop so low.

Till next month, we remain...
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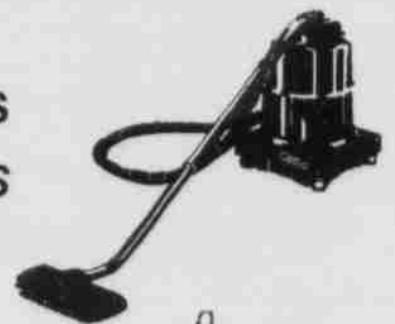
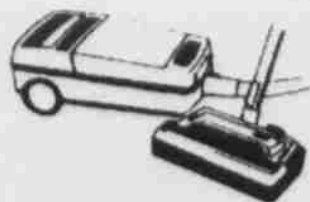
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News from Sacred Heart School

This month the staff and students at Sacred Heart School have been very busy. To kick off our reading celebrations, we invited a group of celebrity readers to our school.

Each guest was to bring a book of their choice and read it to a certain grade. Both students and guests enjoyed this afternoon. We would like to thank our guests for the energy and time spent helping us celebrate our reading project.

Two weeks ago the Edmonton Fire Department Prevention Branch visited Sacred Heart Community School. They brought the Safe House with them. The Safe House is a model of a house, which shows students fire hazards, escape routes, and safety tips to be used in their own homes. The students listened to a firefighter and then got to go into the Safe House.

Upon exiting the Safe House from a window, one student was heard to exclaim, "There was real smoke and

it got scary." The firefighters use theatrical smoke to stress the fact that smoke, not fire, is the major contributor to death when your house goes up in flames.

The students and staff of Sacred Heart School are thankful for the lessons the Fire Department taught us. Thanks again for coming to our school.

We finished the month of October off in a Spooktacular way. On October 31st, McCauley Afterschool Care treated the students to a haunted house. Thanks Gang! It was a great job.

That same afternoon the school was full of ghosts and witches parading their costumes from room to room. As I watched the witches and ghosts parade by I noticed some of the ghosts were five feet tall. A big hand to all the teachers who dressed up.

by Wes Armstrong

Fighting the common cold

Now that November is here, the days are getting shorter, people are getting nice rosy cheeks, and colds seem to be appearing all around. I must admit that no one I know enjoys a cold. Everyone wants to get rid of them, and fast!

However, despite many medical miracles, researchers have been unable to find a cure for the common cold. Relief is available for some of the symptoms such as sore throat, a stuffed-up nose and a cough.

Supposing you have got all of the symptoms present. What should you do? For a sore throat, it is important to keep the throat moist to prevent additional aggravation. Drinking warm liquids, gargling salt water, and sucking on throat lozenges all help to soothe the throat irritation. Humidifying the air can also help to relieve discomfort.

To treat nasal congestion, commonly two types of decongestants are available. These are oral and topical. Oral decongestants such as pseudoephedrine are the most popular and act to constrict blood vessels in the nose. This effect reduces swelling and makes breathing a lot easier.

Some people, however, are unable to use oral decongestants. If you have

heart disease, high blood pressure, diabetes mellitus, thyroid disease or difficulties in urination due to an enlarged prostate gland, you should not use oral decongestants.

Topical decongestants act in the same manner as oral decongestants but they are not absorbed into the blood because they are sprayed into the nose. These decongestants may be safer to use if you have one of the diseases previously mentioned.

Coughs often are a result of the common cold. Various cough products are available and determining which one is best suited to you depends upon the type of cough you have. A dry, hacking cough is usually treated with a cough suppressant such as dextromethorphan (DM). Expectorant cough products are for productive coughs and help the body loosen phlegm and mucus.

Many other remedies are available but because there are so many different ones, it is very easy to get confused and know which treatment is best for you. Ask your pharmacist for assistance. Along with plenty of rest, a good diet, and sound advice, you will be well on the way to a healthier you.

by Alexander Dubyk

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War on Waste!

The City of Edmonton has declared a war on waste. We are facing a serious garbage crisis. The Aurum proposal was rejected by the Board of Health, and now the City must find a new site. Siting a landfill is a very difficult task. No one wants the city's garbage in their area, and that is very understandable. First of all, we must find a site that is environmentally safe, not only now, but also in the long-term.

It may seem strange to say it, but I think the crisis may be good for Edmonton. We are learning to reduce the amount of waste going to the landfill; that is an important part of our long term strategy. It not only reduces the need for landfill space, it also helps to conserve our natural resources and reduce pollution of the environment.

I am happy to report that in the first ten months of 1990, Edmontonians reduced the amount of garbage going to the dump by 15%. In other cities the amount is increasing by about 3% a year. We are beginning to win the war against waste.

Every person can play a part in our war on waste. If you live in a house, use your blue box. Make sure

that everything that is recyclable goes into the blue box. If you have questions about what you can recycle, call 496 5678, for more information. Perhaps you want to learn simple ways to compost grass clippings and household wastes? Call the same number, or speak to one of the expert composters in your own neighbourhood.

Businesses are being asked to develop waste reduction plans as well. You can encourage the places where you buy things to join the war on waste. Less packaging and more reusable items are a good start.

As Edmonton's Mayor, I am working with the towns and counties in our area to find a good, long-term solution. Even if we find another landfill site, we will continue to work for waste reduction.

The city is developing new city-wide programs to reduce waste. But the best place to start is right at home. On behalf of the City of Edmonton, I say "thank you" to everyone who is helping us to fight unnecessary waste. I am asking everyone to consider what else they can do to help us win the war on waste.

by Mayor Jan Reimer

Christmas is coming!



When your making up your Christmas List and doing your Christmas Shopping think of the Bissell Economy Store.

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Who is minding the store?

Canada's chief accountant issued his annual report last week on how well your tax dollars are spent. The 58 page report by the auditor general was bad news for the environment and Canadians who want a fair tax system.

Canadians opposed to the GST will find no comfort in the fact that at least \$10 billion of nation-wide economic activity goes untaxed.

The losses to the federal treasury amount to an estimated \$1.3 billion. Only one in 55 corporations are covered by tax enforcement - down from one in 30 just ten years ago. That finding, combined with tax laws which already favour big business, is bad news for Canadians facing the GST.

The auditor general also says that Canada's environment could suffer even more serious damage because the government is failing to monitor and enforce its own laws. Commenting on the federal government's lack of direction and control, the report asks plaintively - "Who's minding the store? Is anyone in charge of Canada's environmental well-being?"

Last year, Environment Canada obtained only three convictions un-

der the Environmental Protection Act. The Report finds that less than 10% of Environment Canada's activities are evaluated and those completed were not satisfactory. Canadians are still waiting for a comprehensive and coordinated approach to environmental issues and the auditor general agrees that one is needed.

Other findings in the report include:

- * Ocean dumping off Canada's coasts is permitted without knowing the environmental impact.

- * Only dioxins and furans are regulated out of 44 toxic substances on the government's Priority Substances list.

- * The Environment Minister has still not reported to Parliament on the enforcement of the Environmental Protection Act which is now more than two years old.

- * The Canadian Forces is not adequately prepared to provide medical care to Canadian Forces personnel in the event of wide scale conflict.

- * Corporate tax loopholes still allow companies to "double dip" through foreign subsidiaries by twice deducting interest costs for taxes.

waste discharges from mines has dropped to 45% from 85% in just six years.

This government goes to great lengths and expense to tell Canadians how committed they are to the environment or to promote their version of "tax reform". However, unless laws are enforced they are not worth much.

The big polluters or the powerful and wealthy are influential enough to look after their own interests. We need a government that will try to help Canadian families make ends meet.

Ever since they were elected the Mulroney Government has been following a corporate agenda by putting in place policies which favour big business.

Jean Chretien has been silent on the report. Brian Mulroney is trying to avoid it. We need a real alternative to take a stand on the difficult issues like fair taxes and making polluters pay.

If you have any questions or comments about fair taxes or the environment, please write to me at House of Commons, Ottawa, Ontario, K1A 0A6.

by Ross Harvey, M.P.

Helpful Hints

1. When a seam is necessary in laying carpet or sheet vinyl, to get a perfect fit the edges of the adjacent sheet should be overlapped. Using a sharp utility knife and a straight edge, cut through both pieces.

Resulting fit will have to be perfect.

2. How long should a shelf be? With 3/8" plywood, limit the span to 26" for normal loads, 16" for heavy loads; with 3/4" plywood, 46" and 29".

Solid wood 3/4" thick can safely hold normal loads on a 48" span, heavy loads on a 30" span. With lumber 1-11/8" thick, spans may increase to 66" and 42".

3. For longer lasting bathtub caulking, fill the tub with water before caulking or re-caulking with flexible silicone caulk. The extra weight of the water will open the space between tub and tile to make a better bond.

4. Save your string onion bags. Fill them with suet or fat drippings mixed with bird seed. Hang them on a birch tree and watch for the arrival of downy or hairy woodpeckers, nuthatches, chickadees or even the hungry old starling.

by John Poppitt
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Boyle Street construction planned

Edmonton construction firm McJane Development Ltd. is currently proposing two condominium developments for our area in 1991.

The first, at 93 Street and 104 Avenue is an 11 storey high rise with 105 condominium units. The bottom floor may wind up being used for commercial purposes.

The second project, known as

Scarborough Place, is to be erected at 93 Street and 102A Avenue. Scarborough Place will be composed of twin 11-storey towers, all residential condominiums that are currently being pre-sold.

Construction for these two projects is slated for 1991, when final approval to begin is granted by the City.



JIM AND ELE'S DINING ADVENTURES

La Salsa! A taste of Central America

I've been getting complaints that I've been straying too far from the Boyle McCauley area. This was because I was trying to introduce some variety and there have been no new restaurants opening in the area that we



found we were able to recommend. This month, however, we had lunch at a very interesting new restaurant.

La Salsa has been open since mid October and offers exciting and very reasonably priced food from Mexico and El Salvador. You can lunch very easily for under five dollars, but if you wish to eat well they have main courses that cost a little more (maximum \$10). We tried their Seafood Soup (\$5.00) followed by Tostadas (\$5.50). Either of these would have been sufficient for a lunch on their own. We also tried the house beverage of the day. It was freshly prepared juice from an exotic tropical fruit whose name I have forgot-

ten. It was, however, delicious.

Snacks or starters are priced between \$1.00 and \$3.00. Some examples are; Tamales (corn husks stuffed with chicken and vegetables), Enchilada (tortilla with beef, refried beans, cheese and salad), and salad "salsa style".

The service was excellent and the proprietor, Hector Monge, very friendly. The facility has been completely renovated and redecorated. We had a very enjoyable lunch hour.

La Salsa Restaurant is located in McCauley at 10824 97 Street. You can phone ahead for reservations at 424 2406.

by Ele Gibson

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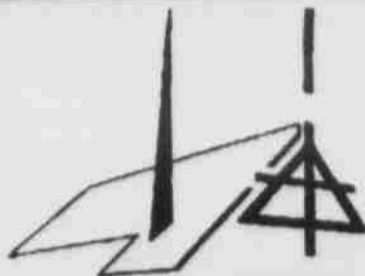
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