

inside this month

Letters to the Editor // 4

A Day in the Life of Your CLC // 6

Letter to Police Chief Boyd // 7

Transit Subsidies Unfair for AISH Clients // 11

Dining Out: Longan Restaurant // 14

Neighbourhood View

• Halloween is coming up! These are some plump plastic pumpkins on display at a home in McCauley.

Boyle McCauley News

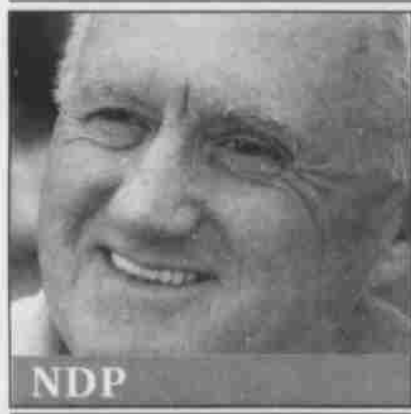
FREE

Circulation 4500 • Since 1979 • www.mccauley.info/bmn

October 2008

Election Time

Canadians head to the polls on October 14. Here is a look at the candidates running in Edmonton East.



NDP

Ray Martin

Ray Martin is the former MLA for Edmonton-Beverly-Clareview. He began his political career in 1982 after being a teacher and guidance counselor. He was first elected in 1982 as an MLA and was leader of the Opposition from 1984 to 1993. Between 1993 and 2004 he took a break from politics and did various things such as being a political newspaper columnist, a political radio commentator, and a financial consultant. He is married with five children and thirteen grandchildren.



CONSERVATIVE

Peter Goldring

Peter Goldring is the incumbent for Edmonton East. He was first elected in 1997. He has been an Opposition Critic for national defense, Foreign Affairs Critic for the Caribbean, and represented the government on a special Foreign Affairs mission to Haiti. Goldring was born in Toronto, served in the Royal Canadian Air Force, and owned an electrical systems manufacturing and distribution company prior to getting involved with politics. He is married with two daughters.



LIBERAL

Stephanie Laskoski

Stephanie Laskoski lives in Riverdale with her husband and two daughters. She is passionate about poverty, immigration issues, and investments in infrastructure and the arts. She received a Bachelor of Arts degree with First Class Honours in Women's Studies from the University of Alberta in 2008. A long time resident of Edmonton, Laskoski is currently the co-owner and operator of a technology consulting firm in the city.



GREEN

Trey Capnerhurst

Trey Capnerhurst has lived in the Edmonton East riding for over fifteen years. She is an activist, professional musician and artist, traditional healer, and entrepreneur. Some of the community work with which she has been involved include the arts, social and environmental activism, and LGBT issues. She works from home as a health consultant and creates organic cosmetics and herbal health preparations. She is married with two young children.

SHINING "STARS"

Festival promotes youth and diversity

The first ever Edmonton Multicultural Stars Festival took place in late August in Giovanni Caboto Park and Boys and Girls Club. It was a free event organized by Action for Healthy Communities and planned by a diverse group of Edmonton youth for other youth and their families. Live music, a free pancake breakfast, sports, arts and crafts, a talent showcase, and other performances were all part of the event. Various youth organizations were also there to provide information.



Action for Healthy Communities youth program coordinator Jennifer Sutherland.



Some of the young performers who entertained.

take a look at...

“Overcoming obstacles in life actually makes us strong, and helps us to appreciate things.”

Learning for Life

Page 10

“Unlike many other neighbourhoods, McCauley has always been a socially minded community, and as such, we have received more than our fair share of the agencies and services designed to address Edmonton's social problems.”

McCauley Community League Update

Page 13

EDITORIAL

Facing Challenges

An obstacle is what you see when you take your eyes off the goal.



Paula E. Kirman • The above is an old saying. Yes, it is inspiring, but like most clichés, while it has an element of truth it is also overly simplistic. In fact, challenges, obstacles, or whatever you want to call them, are a daily reality for many people, regardless of which direction in which one gazes.

I have always admired people who, despite less than ideal circumstances, are able to press onwards and accomplish their goals. For some, it means finishing their education despite a learning disability. For others, it is living independently with a physical or mental challenge. Sometimes, it is simply working really hard to achieve professional success

or that delicate balance between work and family life.

Here in Boyle Street and McCauley I have met people dealing with a wide variety of issues. Some people face financial barriers trying to make ends meet. Others are overcoming addictions or learning to live with a mental illness. However, most of the people I talk to are working through the day to day ups and downs of their jobs, family situations, home maintenance, and a lot of other normal things that regular people deal with all the time -- with a few extra considerations thrown in. I am continually inspired and amazed at all of the creative, intelligent, and co-operative solutions that residents come up with to try to deal with community problems.

Challenges can influence positive changes, whether in an individual life or an entire community. How we face those challenges says a lot about our strength and character. Let's rise to the challenge.

EDITOR'S NOTES

PAULA E. KIRMAN

The leaves have turned colour and are flying off their branches. October is here, and our theme this month is "Overcoming Challenges." Some of the topics our contributors discuss include transit issues, the role of the Arts, and how to buy food affordably.

As October is also the month of Thanksgiving, I want to give thanks to the wonderful people I work with here at *Boyle McCauley News*. This includes my incredible staff, amazing contributors, energetic carriers, mind-blowing Board, and inspiring Editorial Committee. Most of these people are volunteers giving the precious gift of their time, and for this I am very thankful.

LETTERS TO THE EDITOR

Do you have a gripe? A compliment? A question? Share your thoughts with a Letter to the Editor. In two hundred words or less, tell us what made you smile or frown, or what you would do to change something around if you could. Send your letters to: editor@bmcnews.org. Letters may be edited for length or clarity.

COMING UP NEXT MONTH

November's theme is "Preparing for Winter." We would like to know how you are preparing your homes, gardens, and lives for the upcoming winter months. As always, we are also looking for community news, profiles, and anything else pertaining to our neighbourhood. Articles should be no longer than five hundred words. Please include photographs whenever possible. Send submissions to: editor@bmcnews.org. Deadline is October 12. Submissions may be edited for length and clarity. Not everything submitted may be used.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published monthly by the Boyle McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhood. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

CIRCULATION 4500 • SINCE 1979 • www.mccauley.info/bmn

VOL. 29 N^o. 8 OCTOBER 2008

Suite B1, 10826-95 Street, Edmonton AB, T5H 2E3
phone (780) 425-3475 fax (780) 429-4075
email: info@bmcnews.org

BOARD OF DIRECTORS

Christine Chomiak, John Gee, Donna Mackey, Tim Nixon, Deborah Stewart

EDITORIAL COMMITTEE

Linda Dumont, Isabelle Foord, Diana Gray, Nicholas Hermansen, Donna Mackey, Joan MacKinlay, Wesley May, Joanne McNeal, Kylee Nixon, Kate Quinn, Deborah Stewart, Heidi Tabata

OFFICE STAFF

EDITOR • Paula E. Kirman
VOLUNTEER COORDINATORS •
Colleen Chapman & Paula E. Kirman
volunteer@bmcnews.org
LAYOUT AND DESIGN • Vikki Wiercinski
design@bmcnews.org
ADVERTISING • Vikki Wiercinski
ads@bmcnews.org
PROOFREADER • Barbara B. Kirman
ACCOUNTING • Rosalie Gelderman
THANK YOU TO OUR VOLUNTEERS,
WRITERS AND CONTRIBUTORS •
Eric Aasen, Wendy Aasen, Cookie Armstrong,
Nicole Chapdelaine, Colleen Chapman, Linda
Dumont, Isabelle Foord, Ben Henderson,
Paula E. Kirman, JM, Joanne McNeal,
Nicole Schile

BLOCK CARRIERS

Bonnie Barrigan, Marian Brant, Brockman
Family, The Sisters of Charity, Michelle
Cumming, Barry Daniels, John Gee, Rosalie
Gelderman, Michelle Hobbs, Sister Joanne,
Layna Johnson, Maija Korhonen, Carmen
Loiselle, Mackey Family, Wesley May, Shari
Mati, Bob McKeon, Sherry McKibben, Kerrie
& Ryan Miller, Tim Nixon, Phil O'Hara, Kate
Quinn, Kim O'Leary & John Reilly, Henry
Schuurman, Karen & Joe Simons, Garry
Spotowski, Gordon Stamp, Alex Stewart,
Caroline Stuart, John-West Family

Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in Boyle McCauley News are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

Boyle McCauley Crime and Safety Numbers

Report "john" activity and license plate numbers • 421-2656

Report Problem Properties and Derelict Houses • 496-6031

Report Gang Activity • 414-4567

General Crime/Complaints • 423-4567

EPS website • police.edmonton.ab.ca

- click on Crime Prevention
- click on Prostitution Resource Centre

Safedmonton website • www.edmonton.ca/safedmonton

Report A Drug House • 426-8229
reportadrughouse@police.edmonton.ab.ca

VOLUNTEER OF THE MONTH

We Shall Overcome

Colleen Chapman • Overcoming obstacles is the theme of this month's paper, and that gives me the opportunity to recognize the myriad of volunteers who give so much time and energy to this community – by writing for the paper, delivering the papers, taking photos, attending our AGMs, and giving valuable input into the development of our community.

As a person with multiple disabilities I can say that I have nothing but the deepest pride in the people with whom I work as part-time volunteer coordinator. Many of our volunteers also have multiple disabilities – many have mobility challenges, along with emotional and/or mental challenges that most of us cannot imagine dealing with.

There are so many of you who help us – far too many to mention by name. Every year you faithfully go out into the cold to deliver papers, and give support to the staff who need help much of the time – thank you all! You teach us a valuable lesson in overcoming obstacles – number one on the list may well be to just get going! Help wherever you can! And keep on smiling!

THANKING OUR VOLUNTEERS



Volunteers who helped with the Community League Casino and McCauley Clean Up were rewarded with pizza in late August.

Report a John to the EPS by using this form

Once you have filled this form out, you can drop it off at your local EPS Community Station.

Date: _____ Time: _____

Location: _____

OFFENDER VEHICLE INFORMATION

Licence # _____ Colour: _____

Model: _____ Other Info: _____

OFFENDER INFORMATION

Race: _____ Approx. Age: _____

Hair: _____ Glasses: Y N

Identifying Features: _____

What Happened: _____

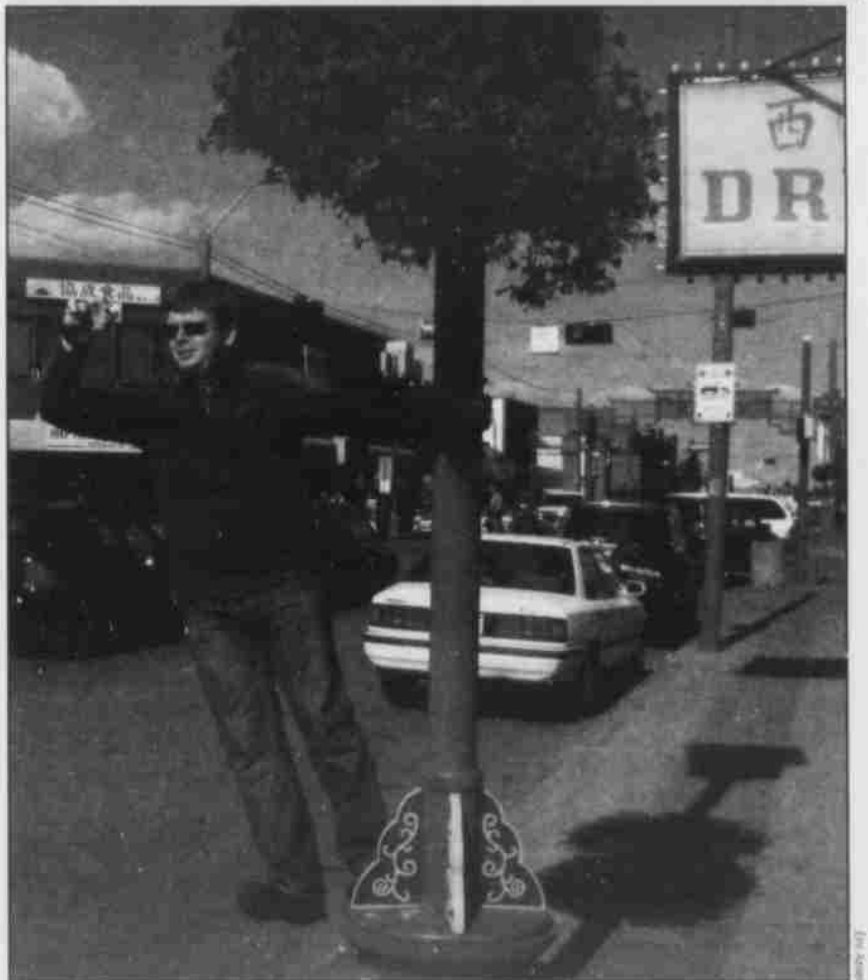
YOUR INFORMATION

Name: _____ Phone #: _____

Take to an Edmonton Police Service Community Station - forward to Vice Section.
Or call 421-2656 to report over the phone.

Disclaimer: Used for information purposes only

GETTING SNAPPY



Rob Stack joins in a fun McCauley Community League walkabout in September, snapping photos of the architecture and streetscapes of McCauley for a League calendar that will highlight the beauty of our neighbourhood.

**VISIT
BOYLE
MCCAULEY
NEWS
ONLINE!**

Did you know that BMC News has a website! Download the latest issue in PDF format, as well as issues that are archived from the past year.

MCCAULEY.INFO/BMN

LETTERS TO THE EDITOR

Can I Have a Sign Too, Please?

I am a long-time resident of McCauley. I love my home and view it as a sanctuary. I've worked hard to create a space that gives me security, peace and privacy.

The City raised property taxes by nearly twenty-five percent for our area. The bureaucrats claimed it's because upkeep on older neighbourhoods is higher than newer ones. (Our "services" cost more, do they? Hm-m-m...)

On a nearly daily basis, I find used condoms, syringes, empty alcohol and/or mouthwash containers, human feces, or people sleeping on or around my property. I see people stupidly drunk and/or stoned, fighting, urinating, defecating, prostituting, going into our garbage cans and ripping open our garbage bags to look for bottles (meanwhile strewing garbage everywhere before shambling away), doing, buying and/or selling drugs, vandalizing property, and "casing" the homes of me and my neighbours. It may not be so bad except that when they are asked to leave or stop, they have the gall to become hostile towards the residents who are just trying to live in peace. Where are my more expensive services then?

One morning, I had to ask three times for a man (in a sleeping bag) to move from in front of my garage door because I was late for work. He yelled at me.

I know people are going to assume that I'm hardhearted and not politically correct but I don't care anymore. I'm tired of seeing people's genitalia as they relieve themselves on the street. I'm tired of drunk, mentally ill, or, simply, violent people fighting beside my back door while I crouch in fear lest the attackers see me and realize that I can identify them to the police. I'm tired of being afraid to open my door even during the day. I'm tired of picking up human feces. I'm tired of having to hear drunks screaming at each other in the middle of the night. I'm tired of seeing people doing drugs on the street and threatening me like I'm the one doing something criminal. I'm just tired.

Father Jim got heat because someone was offended by the graphics on the sign for the park. Ridiculous! Isn't it much more offensive to see those sights (depicted on the signs) live and in 3D? I'd like to get a copy of that sign to put on my fence. I'd like to have video surveillance in this area. I'd like to not be afraid to walk my dog after dark. I'd like a lot of things. Too bad none of the services for which homeowners pay twenty-five percent more include security, privacy, or peace of mind - three of the most important things to most residents.

I support Father Jim and anyone else who is trying to take back the right to a safe and peaceful life for McCauley residents.

Name Withheld by Request

We Need A Solution

As a homeowner with an alley beside and behind, and a street in front--public access on three sides of my property--I have seen lots of senseless damage caused by young kids and others who walk past. The problem is not the residents, but the various people who walk through. I've had my dog leashes stolen right out of my yard, my solar lights stolen, my car broken into twice, graffiti on my new garage, my solar post lights smashed, and even whole plants and flowers pulled up out of my flower beds. One morning at five I was awakened by someone trying to break into my house, so when he couldn't, he rang the doorbell five times and left the screen door hanging open. Crazy. A couple of nights when

walking my dogs late, I have seen men standing out in the street waiting for something--a drug delivery? Some were wild-eyed and half naked--it doesn't make one feel safe, not even to walk the dogs around the block.

I know bad things happen anywhere, but I am doing my darndest to prevent theft and vandalism, and am working with the local police. We need a system of working together to watch out for each other as neighbours. Most of us do that anyway, but it would help if the additional tax money collected could help remedy this situation.

JM



Italian Centre Shop Ltd.

10878 - Via Italia (95 Street),
Edmonton, AB, Canada, T5M 2E4
Ph: (780) 424-4869, Fax: (780) 426-4530

Wish you could vacation in Europe? Love ethnic food, treasure the aromas of Italy? Want to meet new friends, try new things and enjoy different experiences?

Come join our team!

We are looking for energetic people who want to make an income, want to enjoy life and make some friends. Come work at our store, we'd love to have you! Hiring all positions. Apply in person, or drop off a resume.

BAD CREDIT?
WE CAN HELP!
CALL NOW!

Allstar
CREDIT SERVICES
A DIVISION OF SATURN SOUTH

BAD CREDIT?
WE CAN HELP!
CALL NOW!



NEED a TRUCK?
a CAR? a SUV?

APPLY ONLINE AT

www.allstarcredit.ca

ALLSTAR CAN GET YOU THE VEHICLE YOU WANT! CHOOSE FROM A WIDE SELECTION OF CARS, TRUCKS, SUV'S AND VANS

we approve people with good credit, bad credit, and even no credit



99.9% APPROVED OAC

** 0% FINANCING **

** we deliver **

** zero cash down **



CALL BRANDI OR JESSE FOR A 1 MINUTE CREDIT APPROVAL!

469-9012

10150 34TH AVE.

EDMONTON, AB

T6E 6G7

Noise Graffiti



Ben Henderson

Councillor, Ward 4 • The most common complaint I have had this past summer has been about the intrusive noise of excessively loud mufflers on both motorbikes and cars. What makes this kind of noise particularly frustrating is that it is completely unnecessary. Any mechanical advantage gained by loud mufflers would be negligible in legal city driving conditions. There has been a lot of attention paid recently to the problems of littering and graffiti. In my mind the invasiveness of loud mufflers on the enjoyment of others is no different.

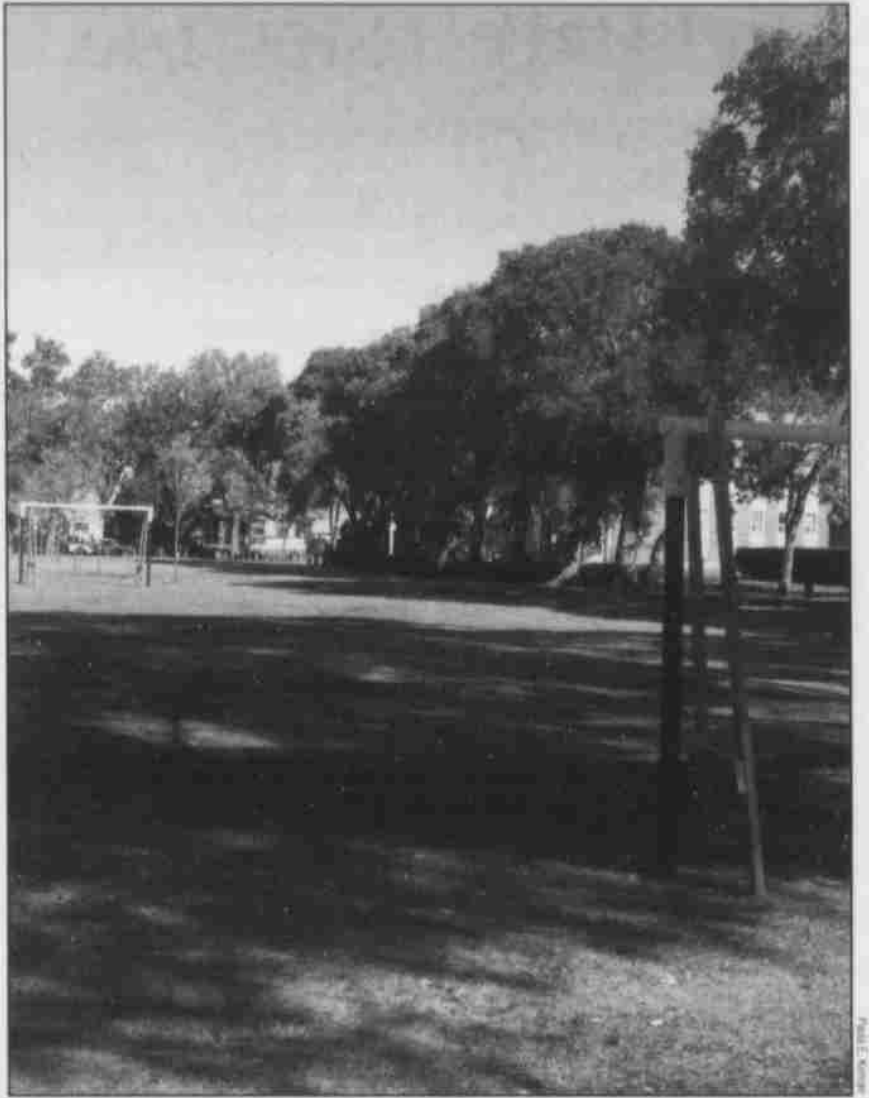
It is part of the challenge of a large city that we must find ways as individuals to coexist with our neighbours and fellow citizens. Some clash is inevitable and unavoidable. But loud mufflers and car stereos, which essentially do little more

than say "look at me" at the expense of another's ability to enjoy peace and quiet, go well beyond the bounds of common courtesy. I believe it is essentially the equivalent of running into a stranger's back yard or onto their balcony or into their living room, interrupting and yelling at them, "look at me I'm riding my motorcycle." Most people would never dream of doing that to a friend, let alone a stranger, and yet that is what is happening every time a loud bike or car drives up or down a street. It is particularly problematic late at night.

On paper the city has bylaws to control this kind of behaviour, yet currently we have been very unsuccessful in actually curtailing the sonic invasion. In response to the numerous calls and emails I have had on the subject, I have asked our administration to bring back a report on what we are currently doing, what tools we have to deal with the issue, what the limitations are of those tools, what other cities are doing, and what changes could we make to more effectively deal with the problem.

We are expecting to deal with the report sometime this fall. If any of you have any thoughts on the matter or would like to present to us on the issue please let me know. You can always contact me at ben.henderson@edmonton.ca or phone 496-8146.

NEW SOCCER GOAL POSTS



The City put in new goal posts for the U-6 and U-8 field in Giovanni Caboto Park at the end of August.

Boyle McCauley News ANNUAL GENERAL MEETING

COME MEET AND MINGLE WITH THE PEOPLE INVOLVED WITH THE NEWSPAPER. CONSIDER VOLUNTEERING FOR THE BOARD, EDITORIAL COMMITTEE, OR IN A NUMBER OF OTHER CAPACITIES. WE LOOK FORWARD TO MEETING YOU!



**WEDNESDAY,
NOVEMBER 19, 2008
6:00 P.M.**

**PARISH HALL OF SACRED HEART CHURCH
(10826-96 STREET)**

THE AGM IS OPEN TO ALL COMMUNITY MEMBERS.

The Finest European Quality

Open 7 a.m. to 7 p.m. Monday to Saturday
Closed Sunday; considered a family day by Italian Bakery

**ITALIAN
BAKERY
LTD.**

We specialize in European breads, pastries, torta, rye, sour dough/white sour dough bread, crusty buns and offer a full line of fresh Italian meats and cheeses.



ITALIAN BREAD
10 loaves
White or Brown Sliced
\$13.99

DELI
Great Selection
Cheeses &
Coldcuts

**Italian Sandwiches \$2 and up
Made Fresh Daily - Fast and tasty**

4118-118 Ave.
474-2229

10644-97 St.
424-4830

WE OFFER WHOLESALE PRICES DAILY

COP'S CORNER

A Day in the Life of Me, Your District Two CLC



Cst. Nicole Chapdelaine •

So you want to know what a typical day for me looks like? I would have to say that other than getting up in the morning and going to bed at night, my days are never that typical. That's the one great thing about my job as a police officer and even more now as the CLC for District Two. Every day is different from the last so that keeps me hopping and ready to go for anything.

I get up at around 5:30 a.m. (4:45 a.m. when I get a run in before coming to work, but

now it is getting too dark to be up that early! I am currently training to run the Royal Victoria Marathon on October 12). After my run or just waking I have to have a cup of coffee or two. Then I'm ready to prepare for my day. I usually get to work around 7:30 a.m. and make my way to my desk to check my emails and phone messages. Every morning at 8:30 a.m. we have a meeting with all the Divisions in the City to go over the last highlights from the previous day and night. This is done via a conference call and is a great way for us to share information city wide.

After this meeting my day can go many different ways. I can attend meetings with community stakeholders, give presentations to different groups in the district, try to catch up on paper work, ride the bike with the district Beat members, or drive around the district and hit all the "needs attention" areas.

When I am out in the district I am able to see first hand what is going on at all the locations that have been brought to my

attention from all of the community members or businesses. I can also stop by impromptu to see these same businesses or stakeholders just to visit and say hi.

My days go by so very quickly and in some ways that is good but most days I find that I am short of time and can always use more to keep up with the demands of the job and the demands I put on myself to serve the district and keep up with the concerns brought forward.

By 5:30 p.m. I am hopefully out the door and on my way home for the night where I like to kick back and relax after a great dinner (and after we walk the dogs - Charlie and Mini). In the fall I help out with the University of Alberta Pandas Soccer team as an assistant coach. So from now until November I make my way directly from work to soccer and these can be long days. Once I am home I'm ready to eat, go to bed, and prepare for the next day.

Cst. Chapdelaine is the Community Liaison Constable for Boyle Street and McCauley.

STORIES WANTED

Do you have a story idea? Know someone in the community who has done something outstanding? Aware of some community news? Have an event to share information about? Contact us!

(780) 425-3475 or
info@bmcnews.org

KEEP OUR ALLEYS CLEAN



Many McCauley residents are getting fed up with finding garbage and cigarette butts in their back alleys. Betti Brockman took matters into her own hands and swept the alley near her home.

ARE YOUR NEIGHBOURS RECEIVING BMC NEWS?

If you or your neighbours are experiencing problems receiving BMC News, please contact our office at (780) 425-3475 or send us an e-mail at: info@bmcnews.org. Please be sure to include your address.

Myros Pharmacy

10646 - 101 Street
Phone 426-3839



Monday - Friday
8:30am - 5:30pm
Saturday
9am - 2pm



MEDICATION PLUS

free blood pressure monitoring
free home consultation with prescription delivery
free health videos to view or loan
free blister packs

Myros for all your health needs!

--postage stamps--

GROUNDS ESPRESSO BAR

From McCauley to the EPS

This letter from the McCauley Community League Executive was sent to EPS Chief Boyd. The League welcomes community feedback on it and the issue that it raises. Send your feedback to: info@mccauley.info.

Dear Police Chief Boyd,

The executive of the McCauley Community League wishes to extend its hearty thanks and appreciation for the two-week trial initiative of increased police presence that occurred at the end of May. We have been impressed by the very enthusiastic feedback we have received from our community members on the dramatic and immediate change that even this short lived trial had on the quality of life for the residents of McCauley.

In many areas of McCauley the residents have largely lost the capacity to self-police. We are overrun by the impact of the social burden we have been unfairly and irresponsibly forced to carry. There are needles, garbage, drunks, drug dealing, and drug use in our public and private spaces. Many residents are scared and exhausted and large numbers are unwilling and unable to come out of their homes and re-take the streets. As a result, our live-ability and quality of life are dramatically affected, our homes and businesses suffer from disinvestment, and our capacity as a sustainable community is grossly undermined.

Prior to the police sweep, these conditions dominated but within a few days of increased presence we found our streets quieting and our public spaces emptying of our problems. As the two-week period went on we experienced, for the first time in many years, our neighbours coming out into the streets to socialize and care for the area. Many people, both owners and tenants, came out and planted flowers, weeded their yards, cleaned their fences and homes. Our alleys became clearer of garbage and our neighbourhood took a necessary and refreshing breath. The crushing pressure that has become our daily existence here was briefly and blessedly lifted.

However, seemingly within days of the end of this trial period we experienced the chaos close in upon us again. Predictably, as the dealers, thugs, and bullies came back onto our streets our residents were forced to make a hasty retreat. In some areas the

temporary increase in policing allowed handfuls of committed residents to hold the space and their continued efforts, supported by our beat officers, have kept these areas much more liveable throughout the summer.

We understand that the EPS is suffering from resource scarcity and that your manpower is under extreme pressure. As a result, we recognize that we cannot expect the large and continuous investment in policing that would have us quickly become capable of self-policing. Even so, any investment in our community that can be made will be greatly appreciated. A strategy of sporadic crackdowns and random but regular sweeps will allow us to gradually organize and empower our residents in a block by block manner.

Additionally, we implore that the EPS take a leadership role in criticizing the lack of forethought and planning that has resulted in the concentration of agencies, services, and non-market housing that is undermining the safety of our city. A rational and distributed social policy must be promoted to prevent ghettoization and the proliferation of social disorder. It must be understood that many of the people served by such agencies have impaired judgement due to drugs, alcohol, and mental health issues and, therefore, their concentration cannot create a supportive and safe community. Although well meaning, the resources put into supporting the current model of band-aid solutions are misdirected. We believe that taxpayers' money is better spent in rehabilitation, re-training, re-integration, and institutionalization when absolutely necessary. Our ultimate goal as a neighbourhood is to no longer be a burden on your force but, instead, a model of vibrancy and sustainable high quality urban life for everyone.


We look forward to your future efforts in helping us achieve a brighter and healthier future.

Sincerely,
The McCauley Community League
McCauley: Edmonton's Multicultural Urban Village, a gem within the city.


GRAND RE-OPENING



Brew for Less on 107 Avenue and 95 Street recently celebrated its grand re-opening with free hot dogs.



**EDMONTON EAST CONSERVATIVE
MEMBER OF PARLIAMENT**




**PETER
GOLDRING**
Member of Parliament
Edmonton East

**Strong Leadership
for a Better Canada**

Our Conservative government has been working to clean up politics in Ottawa and restore Canadians trust in their federal institutions. We have worked to give provinces the resources they need and families the tax relief they deserve. We have worked to improve the quality of life for all Canadians and have worked successfully to enhance this country's reputation in the world. Above all we have given Canadians a government they can be proud of. Vote Conservative — Canada benefits from strong leadership

**Principled
and
Committed**



Canada Benefits from
Conservative
Strong Leadership
www.conservative.ca

Re-Elect

For information call: 780-478-6565

Authorized by Official Agent for Edmonton East

Beating High Food Prices

Isabelle Foord • In Edmonton, food is expensive. The WECAN Food Basket Society believes that everyone has the right to affordable, nutritious food. For twelve dollars per month, members get a meat order consisting of several kilos of meat. A produce order is eight dollars a month. Memberships are five dollars a year and anyone can join.

The food is distributed through a network of twenty food depots. The city center depot is located at McCauley Apartments (9425-109A Avenue). The society was founded in

1995 and has approximately five hundred members. The society is member driven and largely run by volunteers. Seven percent of food order revenues is directed toward administrative costs. The food is bought directly from a distributor and monthly buying meetings decide what will go into the orders. Members are invited to participate in all levels of operation of the society.

Rising food prices have been offset by a rise in membership. WECAN food items can be as much as fifty percent cheaper than buying the same items

in a grocery store. For further information about the WECAN Food Society, call (780) 413-4325.

A community garden is another way to beat high food prices. A community garden takes vacant land and makes it productive. Gardening provides gentle exercise, fresh air, and fresh produce.

In Boyle Street, there is the Alex Taylor Community Garden at 9321 Jasper Avenue, on the east side of Alex Taylor School. It has eleven plots and a variety of gardeners from all skill levels take part. The

Boyle Street Community Garden is near 96 Street and 103A Avenue, and also features a variety of plots and growing opportunities. To learn more, contact the Community Garden Network of Edmonton and Area at (780) 221-1128 or (780) 447-9600.

A community garden project is seeking vacant land in McCauley. If you have vacant land that could be put to good use, contact Jane Molstad at (780) 496-6887.

Isabelle is a writer in McCauley.



Everyone For Edmonton



The very first Everyone for Edmonton took place at the Shaw Conference Centre in late August. It was like a trade show for non-profit and volunteer organizations. Exhibitors had the opportunity to network and learn about each other, while visitors learned about Edmonton's multitude of volunteer opportunities. Numerous organizations from Boyle Street and McCauley took part in this free event.

Colleen Chapman • When I was a child I was musically gifted. Very quickly I learned to play the violin and then viola, progressing to being a full time member of the Richmond Symphony Orchestra by the age of fourteen.

Many years later (1993) I suffered severe, life-threatening complications of surgery. I went into a coma and acquired a brain injury. Several years after the injury, while I was a student in university, I had tests run to check to see what damage had been done. I suffered severe injury, but it was not extremely obvious except perhaps to those closest to me – my family.

Eventually, the doctor who was interviewing me after the tests discovered my connection with music and surmised that it was the fact that I was a professional musician at a very young age that had, literally, saved my life. Musicians learn to use both sides of their brains for virtually everything. The entire right side of my brain does not work, and several other things are scrambled (okay folks – yes, many who know me today say “uh, duh!” to that!) – but I am able to walk, talk, work, and succeed because of the music in my early life! That is what made it possible for me to overcome the obstacle of a severe disability.

Why Music Is Important



Colleen working in the Chilean pavilion at this past summer's Heritage Festival.

Annual EDLC Barbeque for the Unemployed

The Edmonton District Labour Council held their annual Barbeque for the Unemployed on Labour Day Weekend. Hundreds of people lined up in Giovanni Caboto Park to enjoy some free food and entertainment.



Mary Rankin entertains the crowd on the Teamsters stage.



People lining up for the food.

Learning for Life

with JOANNE McNEAL



When life challenges us, we learn what we are capable of, and we grow. So challenges in life are really a blessing! Now I can hear you say, "You think troubles are a blessing?" In many cases, the answer is "Yes", but let me explain.

Often when we are going through a trauma or difficulty of some kind, everything looks dark and impossible, we can't see the light at the end of the tunnel, and we wallow in misery. After we work through the challenge and find a solution, we look back and see that some good came of it, some change or growth in ourselves or our family or our careers. So there's hope! Overcoming obstacles in life actually makes us strong, and helps us to appreciate things.

The Gift of Challenges

The following are some examples from the experience of myself and friends.

I was diagnosed with cancer a few years ago, and I was stunned and scared. I thought, "What if they tell me I have six weeks to live?" I worried about how I would tell my young daughters that I would not be there for them. I thought about what I would do differently, what I would finish, what I would leave. Cancer gave me a new awareness of my priorities. When the cancer was removed and I was given a clean bill of health, I looked back and realized that the diagnosis of cancer was a gift. It made me think about what was most important in my life. Every day now is a gift. I try to live every day to the fullest, in love and respect for my family, friends and community, and to help others.

Kathy is a beautiful, intelligent, and caring woman who has a good career. She built her dream home on eight acres with horses, and is also a musician with many good friends. But she had two abusive relationships with

men that destroyed her self-confidence. She said she had not felt joy for a long time, and began drinking heavily to deaden the pain she felt. Finally she realized what she was doing to herself, and she checked into a treatment program. They helped her deal with the impact of the choices she had made, and she gained new respect for herself. Now she is recovering and finally is beginning to feel joy once more. Her challenges helped her see her own value, and she is helping others.

Mark was one of five boys whose mother deserted the family when they were toddlers. His father worked in the mines so the boys grew up in foster homes where they were abused. For a while they were all pretty angry, and one boy died. Now they are grown up, and with the help of First Nations Elders, they have learned to be proud of their heritage, and to celebrate their strength. The brothers are doing very well, and they now use their experience to help others. Mark helps his family, and works with homeless kids in another big city.

When I first moved to Edmonton, I bought an old house near McCauley, and soon discovered that everything needed work. I was a single parent of two young daughters, and didn't even have a job, but I needed to create a good home for myself and my girls. On our first day there washing walls, I fell and broke my arm, and I wondered if the whole world was against me. But I found a job, and then another and ended up working four jobs (one full-time and three part-time) to pay for all the repairs. I sanded the maple floors even with my broken arm, the roof was re-done, the plumbing was completely re-done, the electrical wiring was upgraded, and the outside and inside got painted eventually. The need to create a home for my girls, motivated me to find jobs and do some of the work. I found I was strong and resourceful and could learn things about renovating an old house. It was a good life lesson, and taught me what I was capable of. I don't fear challenges anymore, I embrace them!

Joanne is a retired college professor and administrator living in McCauley.



BISSELL CENTRE'S THRIFT SHOPPE

8818-118 Ave 9232 - 34 Ave
471-6644 440 - 1883

Your community store!!

Gently used and new
products arrive daily,
all priced to suit your budget.
Come in and take a look!!

Hours of Operation

Monday - Saturday 9:00 A.M. to 6:00 P.M.
Sunday (north store only) 10:00 A.M. to 4:00 P.M.



TRANSIT

Transit Subsidies Unfair for AISH Clients

Isabelle Foord • My adult son has disabilities. He gets AISH and is confined to a wheelchair. It's hard for him to get around town. He has two modes of transportation: DATS and low floor buses. For years, I have wondered why AISH clients get a transit subsidy while AISH clients who take DATS, don't. This is a significant difference.

I attended the transit hearings at City Hall on July 3. I asked about DATS fares. City Council informed me that the disparity is designed to "encourage" people with disabilities to take the low floor buses.

My son doesn't need encouragement to take these buses. He loves them. However, he needs an escort to ride them. An escort isn't always available. He can travel on DATS by himself. There are two other wheelchair clients in my son's group home. There are three more wheelchair users next door. None of them can ride a low floor bus alone.

For a person in a wheelchair, taking a low floor bus in winter presents problems. Icy sidewalks are a barrier to wheelchairs. Many bus shelters are not wheelchair accessible. Equipment can fail in frigid temperatures. One February evening, my son's motor wheelchair seized up outside the Jubilee Auditorium. I couldn't move it. We were completely helpless until a very strong man dragged the chair inside. On another winter day, a low floor bus arrived but the wheelchair ramp failed to deploy. Some time ago, a woman in a wheelchair was deposited at her front

door. She dropped her keys and couldn't get inside. She froze to death.

If DATS is delayed, they're only a phone call away. If a low floor bus doesn't come, you're stuck. Taxi companies now provide wheelchair service, but the cost is prohibitive.

My son lives near Northgate Centre. He likes to go to Kingsway Mall. The number nine provides quick, direct service but he prefers the meandering number twelve. It's less crowded. On low floor buses, wheelchairs must compete for space with walkers, strollers, people with canes, the very aged, guide dogs, and shopping carts. DATS provided 865,000 rides in 2007. If all of these riders were willing and able to use low floor buses, it's unlikely an already over-burdened system could absorb them.

Several years ago, DATS riders were subjected to a grueling re-application and re-assessment process. Anyone who can use a low floor bus would have been identified at that time and "encouraged" to leave the DATS system. The survivors of the DATS re-evaluation are the most severely handicapped. For years, they have been paying more than double the subsidized rate for bus passes. Why? Why is there so much antipathy to this population?

Apart from pure and simple prejudice, there's no reason for DATS passengers to be denied a transit subsidy. DATS riders must contact their City Councillors and tell them so.



FAMILY DRUGS

OPEN: 8:30 - 5:30 Monday - Saturday

10233 97th Street

426-7007 426-6976



Visit
Our Store
Today for A FREE
BLOOD PRESSURE CHECK
"We care about your health."



Italian Centre Shop Ltd.

10878 - Via Italia (95 Street),
Edmonton, AB, Canada, T5H 2E4
Ph: (780) 424-4869, Fax: (780) 426-4530

5028-104A Street,
Edmonton, AB, Canada, T6H 6A2
Ph: (780) 989-4869, Fax: (780) 430-0276

Web: www.ItalianCentre.ca

TERESA SPINELLI
President

Cell (780) 993-4869
E-mail: Teresa.Spinelli@ItalianCentre.ca

Boyle McCauley News

facebook

JOIN US ONLINE!

If you use the Facebook social networking service, check out the Boyle McCauley News group! It features information concerning calls for submissions, volunteer opportunities, and some fun stuff too!

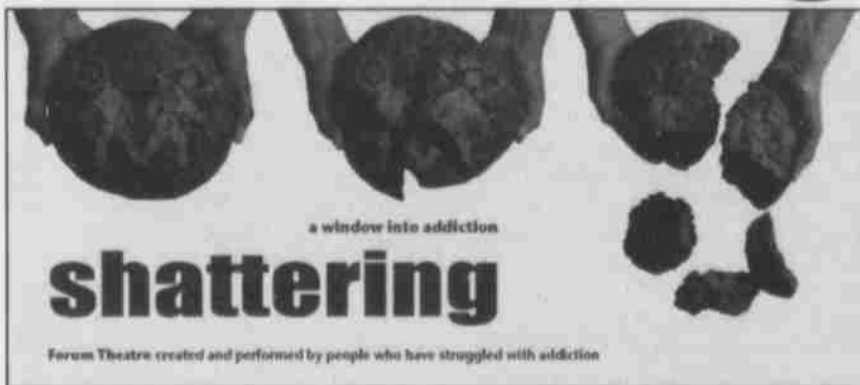
JUST SEARCH FOR "BOYLE MCCAULEY NEWS" UNDER GROUPS.

*Something
Funny*
with Isabelle Foord

There might be an up side to global warming. Maybe all my body fat will melt.

Does your mattress sure insomnia? If someone dropped the mattress on top of you, that might put you to sleep. Other than that, I'm skeptical.

Shattering



Shattering begins with the premise that addicts come from somewhere: our communities. It is also within our communities that solutions dwell. By combining the very real issue of addiction with Forum Theatre, *Shattering* engages our collective creativity. Audience members are invited to stop the action of the play, and replace characters onstage, providing an opportunity to initiate community dialogue in search of grassroots solutions. The play asks difficult questions that dig beneath the symptoms to get at the root causes of addiction, and also provides a safe place to explore approaches to complex situations.

Shattering is Directed by David Diamond and performed by

Betsy Ludwig, Kayla Cardinal, Sophie Merasty, Cody Gray, Herb Varley, Jordan Fields and audience participants. It is co-presented in Edmonton by the Inner City Youth Development Association, iHuman Youth Society, the University of Alberta Faculty of Education, the Neighbourhood Empowerment Team (Edmonton Police Service), and the Edmonton Small Press Association (ESPA).

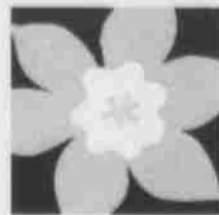
Dates and Times:

Friday, Oct. 24 at 7:00 p.m. and
Monday, Oct. 27 at 1:00 p.m.

Location: Inner City High,
9515 104 Ave.

Admission is Sliding Scale (\$5-\$15 suggested donation; free to low-income). Doors open one hour before performance. Reservations recommended. Call (780) 434-9236 to reserve your seats.

The Canadian Cancer Society in Your Community



Canadian Cancer Society **Société canadienne du cancer**

Nicole Schile • Canadian Cancer Society volunteers will soon be in the Norwood/North Central community with an exciting new approach to health promotion!

What is "health promotion"? Health promotion is an approach to improving health by providing individuals, families, and communities with the tools they need to make informed decisions about their well-being. Starting in the fall of 2008, Canadian Cancer Society volunteers will be active in your area. By partnering with community members and organizations, we will focus on community based solutions and programs that will improve the ability for people to eat well, be active, and generally live a healthier lifestyle – all of these things can help to reduce the risk for cancer and other chronic diseases.

We want to hear from you! If you are passionate about your community and healthy living, and you are interested in becoming involved as a volunteer, please call Nicole Schile at (780) 437-8404 or email nicoles@cancer.ab.ca.

The Canadian Cancer Society is a national community-based organization of volunteers and staff whose mission is to eradicate cancer and to enhance the quality of life of people living with cancer. When you want to know more about cancer, visit our website www.cancer.ca or call our toll-free, bilingual Cancer Information Service at 1-888-939-3333.

Nicole is the Community Services Coordinator for the Canadian Cancer Society in Edmonton.

MCCAULEY REVITALIZATION OPEN PUBLIC MEETING

Thursday, November 13
7:00 to 9:00 p.m.

Boys and Girls Club
9425 – 108A Avenue

Please contact Jane Molstad for more detail at
(780) 496-6887

Schmitz Denture Centre

Under New Management
Chad Hiob DD.
Denture Specialist

**SENIORS FREE
CONSULTATION
& UPGRADE**

LIMITED TIME OFFER,
CALL FOR DETAILS.

10538-97 ST. Free Parking Behind **428-8483**

LINTON 10724-97 St.
(Across from Lucky 97)
DRUGS 424-6577
Prescription Drugs

MCCAULEY COMMUNITY LEAGUE

Working Towards a Healthy Community



Wendy Aasen • As with many neighbourhoods across the city, we have experienced negative impacts as the result of rising street culture and brazen disregard for the law. Some of these negative impacts include increases in: threatening behaviour on our streets; public urination and defecation; theft and random acts of vandalism and violence; drug dealing, pimping and prostitution; illegal rooming and drug houses that disrupt entire blocks; the accumulation of "rough looking" characters gathered on public and private property engaging in open drinking and drug use; and, many problems too numerous to list.

Unlike many other neighbourhoods, McCauley has always been a socially minded community, and as such, we have received more than our fair share of the agencies and services designed to address Edmonton's social problems. The impact of the concentration of social facilities and services has created an environment that is now intolerable especially near the Mustard Seed Church and Boyle McCauley Health Centre. Further concentration of social support services can only make matters worse.

Yet no one seems to be willing or able to do anything about it, despite the fact that the conditions we find in our community are the result of decisions made by REAL people, not simply conditions that have evolved on their own. Who is responsible? Seemingly no one. Who can fix it? Seemingly no one.

If ever there was a time for strong, decisive, pro-active leadership from the City this is it.

As residents, our primary goal ought to be to ensure that McCauley becomes a revitalized, healthy, mixed, and vibrant community. To that end, the League Executive and many community members support the future development of mixed market housing, housing for families with children, and housing for seniors. We support affordable housing developments that provide opportunities for the working poor to invest as owners in our community.

That being said, we will oppose developments in McCauley that will further ghettoize our community (single room occupancy accommodations, group homes, "hard to house" buildings, feeding programs, shelters, and other forms of social housing and services). It is not that we are "bad people" against those suffering from despair - these folks need help - but we must be cognizant of the sustainability of our community and the physical safety and mental health of *all* who live here. We are a residential community!

What the League seeks is three-fold. First, we ask for acknowledgment from City Hall, all levels of government, and the funding trusts, that we have more than our fair share of the City's social services. Secondly, we ask for policy development aimed at a moratorium on further such developments in McCauley. Thirdly, we seek policy and action to reduce the agencies presently operating in our community, so that we may attract a mix of residents.

We need to clearly state, again, that we are *not* against the vulnerable in our society nor are we against providing services to help those with chronic difficulties. We just have too much already in McCauley and want to restore balance. In fact, a healthy community is the best environment in which to provide services. Everybody wants, deserves, and needs a safe community.

This is true social justice.

Wendy is the President of the McCauley Community League.

BOYLE STREET COMMUNITY LEAGUE



Joe Cloutier • There is a lot of activity around the Boyle Street Community League these days. We have been host-

ing the Boyle Street Renaissance Committee meetings and doing our best to meet the needs of the young people who come to our programs. The committee meetings are important for the future of our community. The development holds a lot of potential. But there is still a great need to provide programming for the youth in our programs.

We will have registered over one hundred youth during September. That's about a twenty-five percent increase over last year. Registration is continuous. Youth register any time throughout the

year but September, October, and February are our busiest months.

Registration at Inner City High School is advertised by word of mouth among community youth. They know the school is a safe place where they will find understanding staff that treat them with respect. Most of the youth have stories of unsuccessful experiences in school but still want to "get an education." It is important that the school and our other youth programming neither loses its character nor changes into something that no longer meets the needs of our youth. That is one of our main concerns as the Boyle Street Renaissance Project develops.

Joe is the President of the Boyle Street Community League and Principal of Inner City High.



Let's organize McCauley Days!!
...a neighbourhood extravaganza that celebrates our heritage.
If you are interested let us know!

The McCauley League is building upon the growing vision of a healthy and vibrant neighbourhood that is a gem within the city. From public meetings to advocacy, from guitar lessons to beautification, the common denominator is people coming out to participate. Please join us in our efforts and get to know your neighbours. The only requirement is a desire to build a great future for McCauley, Edmonton's multicultural urban village.

McCauley Community League

info@mccauley.info 429-5332



ORGANIZATIONS AT THE BOYLE RENAISSANCE

Inner City High

Paula E. Kirman • For years now, Inner City High has provided important programs for at-risk inner city youths. Housing is an issue for many of these students.

"The youth in our programs are not criminals, drunks, or drug addicts. They are young people who are naturally intelligent, have lived through some difficult experiences in their lives and want to make changes and develop skills that will enable them to complete an education program and get a good job," says Joe Cloutier, Principal of Inner City High.

Without a home, it is difficult for these youths to make the changes necessary to put their lives in the right direction. With the help of the Edmonton Oilers, Inner City High began work on a new building for inner city programming with a residential component.

This new building has become part of the Boyle Renaissance plan. It is intended to house Inner City Youth Development Association programming, and in addition to the residence it will include Inner City High School, Inner City Youth Support Programs, and Inner City Drama.

Each issue of BMC News will feature one of the community organizations participating in the proposed Boyle Renaissance housing project.



DINING OUT

Longan Restaurant

10582 100 Street
(780) 425-2406

Paula E. Kirman • Longan is one of the newest restaurants in Chinatown. It is a family owned and operated business serving Vietnamese dishes, as well as some Chinese and Thai favourites.

Nestled away down 100 street, the inside of Longan is larger than its outside appearance suggests. The atmosphere is bright and warm, and the service very friendly. Some of the younger members of the family waited on us and were very polite and helpful.

Colleen and I started off our meal with an appetizer of vegetarian salad rolls. Four large rolls arrived containing rice noodles, lettuce, and a large strip of crispy, fried tofu. The tofu was a surprise – most of the time, veggie salad rolls simply have the lettuce and noodles, and nothing else. However, the fried tofu added both flavour and texture. We also were given individual dishes of peanut dipping sauce.

For my main dish, I ordered a bowl of pho (Vietnamese noodle soup in beef broth) with well-done brisket. Pho is my favourite Vietnamese dish and I always try it first – a good bowl of pho to me is indicative of a good restaurant. I was not disappointed. A huge bowl of broth, beef, and noodles was placed in front of me. The meat was reasonably lean and fresh, and the fragrant seasonings were perfect.

Colleen opted for a rice noodle soup in a vegetable broth. The portion was also quite ample, and full of thick noodles and lots of different kinds of veggies. The broth was very mild and perfect for someone who prefers something that is not spicy. However, Colleen prefers food with a little more zest, which was easily remedied by adding some of the chili sauce provided on the table.

We decided to finish our meals with some Vietnamese iced coffee. I ended up giving Colleen a tutorial in how to prepare the drink, waiting for it to drink and then mixing it in with the condensed milk before pouring it over ice. Like bubble tea at another time, she had never indulged in this ethnic beverage. It was robust and refreshing, and quite strong – exactly the way it should be.

The menu is quite varied, with a number of vegetarian options available. Read the menu carefully, as many of the vegetarian items, including appetizers, are listed in separate sections from the rest. Some dinner items are also only available during the week in the evening hours. Prices are very reasonable, and one person can easily get away with a lunch for under \$15.00, including something to drink.

ROLLING ALONG



Cyclists taking part in Critical Mass head towards 97 Street. Critical Mass takes place the last Friday of each month at 5:30 p.m., starting in front of City Hall. Participants take up an entire lane to send a message that bicycles are vehicles also.



Scully

Do you have a funny, heartfelt, or interesting story to share about your pet? Submit them to *Pet Tales*! Please include a photo of your pet. Send your stories to: editor@bmcnews.org

JM • Scully was found wandering and lost in Edmonton and was eventually picked up and taken to the Edmonton Humane Society. He was very skinny, with his backbone sticking up out of his long fur. He was hungry too, but full of energy and wiggles, with lots of love to give, and was thought to be about a year old. Nobody came to claim him, so he was put up for adoption.

My friend had just had her last dear little dog die of cancer, so after waiting a few months, she and her son went to see what dogs the Humane Society had available. They fell in love with Scully and took him home, after signing all the adoption papers. Scully was a handful and seemed to have some bad habits (who doesn't?), and they worried



they had made a mistake. So, they took him to obedience classes at PetSmart (classes are also available from the Humane Society) where he learned quickly to be much better behaved. Scully got used to other dogs, and after eight Saturday mornings, he passed the Beginners course! This is his graduation photo—what a cutie!

Scully is now enrolled in the Intermediate class and continues to improve and is a good learner. Sometimes because of past unknown history, a shelter dog can have a few problems, but Scully is proof that anyone can adopt a dog from a shelter and make it work. Help is available, so with patience these discarded dogs (and cats and other animals) can learn to be wonderful and loving companions.

Homefest

2008

"HOMES FOR ALL"

"RAISING AWARENESS ON AFFORDABLE HOUSING ISSUES IN EDMONTON"

www.homefest.ca

A full day of... Music, Stories, Art, Food, Children's Activities, Games, Crafts, Information, and more.

2 - 7 pm, Sunday, Nov. 2nd
Transalta Arts Barns

Only \$10.00

for info, call 780 266 8111

Sponsored by:

Education Coalition on Housing and Homelessness



Is drinking a problem? A.A. HAS THE ANSWER FOR SOBER LIVING
424-5900

Around The Neighbourhood

CHURCH AND AGENCY SERVICES

BISSELL CENTRE

(780) 423-2285
Adult Cooking Classes:
Thursday afternoons
Beadwork class:
Monday mornings
Wednesdays at noon
Hep C Peer Support:
Wednesday nights at 6:30 p.m.
Movie Night:
Wednesdays at 7:00 p.m. (drop in)
Women's Health Group & Lunch: Thursdays at 2:30 p.m.
Coffee House Dinner, music and open stage: 3rd Tuesday 6:30

BOYLE MCCAULEY HEALTH CENTRE

10628 - 96 Street
Monday - Thursday 9 a.m. - 12:30 p.m.
Friday 9 a.m. - 12:30 p.m.
Women's Health Promotion Evening Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m., preceded by yoga class at 3:30 p.m. for one hour.
Foot Clinic - Wednesday 1-3 p.m. Dental and Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES

10116 - 105 Avenue
(780) 424-4106
Monday - Friday 8:30 a.m. - 4:30 p.m.
Youth Drop-in, Wed. 4-7 p.m.
Adult Drop-in, Thurs. 4-8 p.m.
Community Soup Line
Monday-Friday at noon. Housing Workshop, every second Wednesday. Income Taxes March 7 - April 25th. Tuesdays 10 a.m. - 4 p.m.

COMMUNITY OF EMMANUEL

Worship Services and Sunday School. Sunday 11 a.m. at Bissell Centre. Lunch follows.

EDMONTON INNER CITY VICTORY CHURCH

10665 - 98 Street
(780) 424-4803
Worship Service Sunday at noon.
Praise & Prayer Tuesday 6:30 p.m.
Men's Bible Study Wednesday 6:30 p.m.
Where It's At Coffee House Friday 7-10 p.m.

ST. PETER'S LUTHERAN CHURCH

9606 - 110 Avenue
(780) 426-1122
The Rock Community Breakfast Tuesday to Thursday 7 - 9 a.m.
Kid's Club. Monday 6 - 7:30 p.m.

SALVATION ARMY

9611 - 102 Avenue
(780) 429-4274
Men's Residence, Anchorage Addiction & Rehabilitation Chapel

EDMONTON CENTRAL COMMUNITY CHURCH

11661 - 95 Street
Monday to Friday 8:30 - 8:45 a.m.
Sunday 6 p.m. Soup Line, Wed. 2:30 - 3:30 p.m.

WECAN (CITY CENTRE) FOOD CO-OP

CALL ALLAN AT (780) 424-2870
\$12/meat order
\$8/produce order
Deadline is 1st Friday of month
Annual Co-op membership: \$5.

WOMEN'S HEALTH CLINIC

Located in the Women's Emergency. Accommodation Centre, the clinic is open Monday to Friday from 2:00 - 4:00 p.m.

THE MUSTARD SEED

10635 - 96 Street
780-426-5600
Sunday Worship Service (Sun. 3-4 p.m.)
Evening Meals (Mon. to Fri. 7-8 p.m., Sat. 5-6 p.m.)
Personal Assistance Centre (Mon. and Fri. afternoons 1 - 4 p.m., Tues. and Thurs. evenings 8-9 p.m.; evening are for students and day workers only, please. Food Depot (Tues. and Thurs. afternoons 1 - 4 p.m., Wed. evenings 8-9 p.m.; evening times are for students and day workers only please). Drop In Coffee (Mon. - Fri. afternoons 1-4 p.m.), closed the last Wednesday of the month.
Community Activities:
Wed. afternoons 1-3 p.m. and every evening following the meal.
Regual Recreation Activities include: Movie Night - Fri. 8-11 p.m. Hockey Night in Canada, Sat. 6-11 p.m. Get involved. The Mustard Seed is always looking for volunteers. For more information call The Mustard Seed, at 780-426-5600 or visit: www.mustard.ab.ca

NICOTINE ANONYMOUS

RICK (780) 474-5593
GWYNN (780) 443-3020
Support for smokers who are trying to quit. Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed below.
Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m.
Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. WhiteStone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

WOULD YOU LIKE TO BECOME MORE CONNECTED TO YOUR COMMUNITY?

If you can spare 45-60 minutes a week during school hours to spend playing games, reading books, doing sports, laughing and talking, building, baking, or making crafts, you could become a mentor to a child at Norwood School. Mentors say it's the best part of their week! To join in the fun please call Leigh Roy at (780) 477-1002, ext. 314 or e-mail: leigh.roy@epsb.ca. Our volunteers are valued members of our Norwood Family!

AISH NETWORK OF ALBERTA SOCIETY

780-482-8921
Need sponsors and members. (AISH recipients pay NO membership fee.)

NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302 or e-mail: Darlène.Arseneault@telus.net, Volunteer Coordinator at da.nac@telus.net.

THE LEARNING CENTRE

Do you know an adult who wants to improve their reading, writing or math skills? Please tell them about The Learning Centre. We offer free tutoring and small group learning at Boyle Street Community Services. Call (780) 429-0675 for information.

PROJECT ADULT LITERACY SOCIETY SEEKS VOLUNTEERS

P.A.L.S. is recruiting new volunteers to work with the Literacy Program, English as a Second Language Program, and Math Literacy Program. Trained volunteers work with students one-on-one or in a small group setting. Volunteers are required to provide three references, complete a Police Check, complete an interview, and attend training prior to being matched with a student in a program. For more information, call (780) 424-5514.

COMMUNITY EVENTS AND ACTIVITIES

Free Guitar Lessons every Monday evening (Except Statutory Holidays)

Beginners from 6 to 7:30 p.m.
Intermediate from 7:30 to 9 p.m.
Sacred Heart School Basement
9624 108 Ave. Space is limited so register soon.

Free Latin and Brazilian drumming workshops

Every Tuesday from 7 to 9 p.m.
Sacred Heart School Basement
9624 108 Ave.
No experience necessary, limited space so register soon.
For information or to register call Allan at (780) 424-2870.

PARENT TALK, A PROGRAM OF BOYS' AND GIRLS' CLUBS OF EDMONTON

Weekly peer support group offers you the support, tools, and information to more effectively parent your children. Drop in, no cost; light meal and child-care provided. Transportation assistance available. McCauley Youth Centre, 9425 - 109A Avenue, Tuesday evenings 6-8 p.m.. Call (780) 481-1292 for more information.

2008 EDMONTON ANARCHIST BOOKFAIR

October 3rd - social evening (specific events TBA) October 4th-5th (bookfair component) Ukrainian Centre, 11018 97 Street
<http://edmontonanarchistbookfair.blogspot.com>

BOARD MEMBERS NEEDED

Networks Activity Centre Society of Alberta is in need of individuals who are interested in sitting on the Board of Directors. Networks Activity Centre is a recreation and leisure program for adult survivors of Brain Injury. The Board especially welcomes persons with marketing and fundraising experience. For more info please call Darlene at (780) 474-3363 or Kathy at (780) 995-0817.

LEARNING TOGETHER

Not your average preschool program! Learning Together is a FREE preschool for children and their parents. Parents and children attend all sessions that take place 2 times per week Sept. 16/08 - June 09. Subsidy for transportation and babysitting available. In partnership with the Centre for Family Literacy and St. Gerard School Location: St. Gerard School 12415 -85 Street Call (780) 421-7323

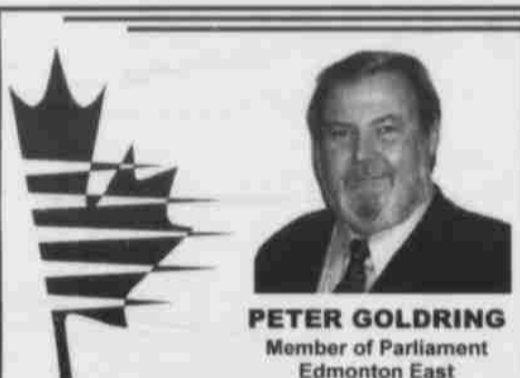
LEARN HOW TO SAVE \$\$\$ ON TAX. Call Boris @ (780) 242-5879.

FREE DROP-IN ADULT ART CLASS

Taught by Harcourt House artist Heather Shillinglaw. 7 p.m.-9 p.m. every Thursday evening in the basement of Sacred Heart Centre. Contact Grace at (780) 421-4363.

PEACE MARCH October 18,

1:00 p.m. starting at the Legislature. Marching to Churchill Square for speakers and music. National Day of Action to end the War in Afghanistan. Organized by the Edmonton Coalition Against War and Racism. For more information: www.ecawar.org.



PETER GOLDRING
Member of Parliament
Edmonton East

A TAX GRAB BY ANOTHER NAME

Hold on to your wallet, because Liberal leader Stéphane Dion wants to reach in and take some of your hard earned cash with his so-called "Green Shift" carbon tax, which is more or less a tax on everything.

I would have expected Mr. Dion, a former environment minister, to come up with a better environmental policy than just adding to the tax burdens of Canadian voters.

Mr. Dion has been travelling the country, promising more money to various special interest groups. That money will have to come from somewhere. It looks to me like the "Green Shift" is just a new way for the Liberals to tax and spend.

The last thing Canadians need or want is more taxes. As a former Cabinet Minister you would think Mr. Dion would understand that.

The Conservative environment plan takes into account the needs of our planet and the needs of Canadians. Prime Minister Stephen Harper has been taking a leadership role at home, in the Commonwealth and at the G-8 to deal with the greenhouse gas emissions issue.

Canada's position on global action on climate change has been clear. Any agreement on fighting climate change must include targets for everyone, especially the big emitters like China, India and the United States.

We want an agreement that includes all countries, especially the major emitters, because everyone must do their part to reduce greenhouse gases. Our Government will continue to take real action and deliver real results.

When Stéphane Dion was environment minister, greenhouse gas emissions in Canada rose 33% above our Kyoto Accord targets. I think he's very good at talking about the environment - but it is a Conservative government you can count on to get things done and protect our environment for future generations. What do you think?

780-478-6565 Authorized by Official Agent

RESIDENTS GET FREE CLASSIFIED ADS!

Area residents can get a FREE listing on this page. Promote a community event, sell something, report a missing pet - send your notice (five lines or less) to info@bmcnews.org and we'll let you know if we can get it in. Classifieds are subject to approval based on appropriateness and available space.

HOMEFEST 2008

Musicians play for housing awareness

An exciting concert to draw attention to the desperate need for more affordable housing and the eradication of homelessness will be returning to Edmonton this fall.

Bill Werthmann, of Northern Lights Folk Club and music coordinator for Homefest, says the line-up for this sixth concert, hosted by the Edmonton Coalition on Housing and Homelessness (ECOHH), includes some of Edmonton and area's best-known folk performers. Out of town artists will include Albertans like John Wort Hannam and popular BC performers Shari Ulrich, Tom Taylor, and Barney Bentall.

A new feature this year will be the "Sound Bites" room that will offer information to complement the entertainment on the stages, with presentations from such organizations as Homeward Trust, Canadian Mental Health Association, Edmonton Social Planning Council and Edmonton Mennonite Centre for Newcomers. "The more informed people are about the issues of housing security, the more able they are to advocate for change and a better deal for people," says ECOHH chair Keith Harding. "On a typical night more than 2600 people are homeless in our city," explains ECOHH spokesperson Jim Gurnett. "There is a shortage of 6000 units of low-income affordable housing and waiting lists for available units are years long. Needs range from emergency shelter to special supported housing to low-income rental units. It is vital for more people

to understand this and speak up in support of action."

"The money raised at Homefest supplements existing resources to help those being hurt by the affordable housing crisis," says Werthmann. "Our goal is to ensure low-income, affordable housing is available to all. We have seen the sad evidence over recent months that much more needs to be done. In Edmonton's strong economy a growing number of people are in danger of becoming homeless. All orders of government must hear from people about the need for more funding. We hope those attending Homefest will deliver this message to the politicians," adds Gurnett.

The tremendous support of many volunteers, including experts from the Edmonton Folk Music Festival, makes it possible for the concert to be presented with minimal expenses.

The concert will be Sunday, November 2, from 2 to 7 p.m. at Transalta Arts Barns in Old Strathcona (10330 - 84 Avenue). A children's activity centre, art and information displays, and an acoustic song circle will complement the three music stages.

Tickets are available for ten dollars at:
Earth's General Store (10832 Whyte Ave)
Myhre's Music (8715-118 Ave)
Tix on the Square (3 Winston Churchill Square)
Grant MacEwan College Bookstores

Children under twelve attend for free.

Free Programs and Activities for Adults and Youth

Girl Zone

3:30 p.m. Thursdays, September 25 - December 19, 2008
O.K. girls - get ready to have fun! Participate in fashion, cooking, arts and crafts, music, fitness, drama, team building, and leadership development!

Sing, Sign, Laugh and Learn

10:30 a.m. Tuesdays, October 21 - November 25, 2008
Spend time cuddling, reading, signing, playing, laughing, and learning. Parents will learn strategies to engage their child and enhance their communication and development.

Making Aboriginal Storysacks

1:30 p.m. Fridays, September 29 to December 12, 2008
Share and preserve your stories by making a storysack. Join others as they sew bags, assemble items, and collect books for their storysacks. Supplies are provided.

Café Anglais - English Conversation Club for Newcomers

6:30 p.m. Mondays, September 22 - December 8, 2008
Learning English? Join us at Café Anglais to chat in English, meet new friends and browse library resources.

SPRUCEWOOD LIBRARY

Edmonton Public Library

connecting the people of Edmonton to the knowledge and culture of the world

11555-95 Street NW
Edmonton, AB T5G 1L5
Phone: 780-496-7099
www.epl.ca



MARKET DRUGS MEDICAL

Celebrating our 40th Anniversary

Products for Health
and Wellness

10203 - 97 Street

Across from the Winspear Centre
Edmonton

www.marketdrugsmedical.com

422-1397



MINH



PHARMACY


10659A - 97 STREET
PHONE 428-8186

MON-FRI 10-7

SATURDAY 10-3 SUNDAY 12-3
HOLIDAYS CLOSED

"Serving Edmonton & Area Since 1986"

- Free Prescription Pick-up & Delivery •
- Free Dosett & Blister Pack Services •



Boyle McCauley Denture Clinic

KEVIN C. W. CHO, DD DENTURIST
JOANNA CHO, DD INTERN DENTURIST

10815A-95 STREET, EDMONTON • T5H 2E2
(780) 425-8471