

One-way bylaw to limit nuisance traffic

Finally, after nearly two years of frustration, the East Central Concerned Citizens Association has succeeded in convincing City Council to amend current Traffic Bylaw No. 5590. A few weeks ago, City Council passed Bylaw No. 9046 to declare a one-way system in the vicinity of 104 Avenue and 95 Street.

The traffic plan was developed in an attempt to reduce the high traffic volume in the vicinity, par-

ticularly during the late evening and early morning hours.

Traffic Bylaw No. 9046 will be implemented on Tuesday, January 31, 1989 and will be put in place for a six month trial period. In August, its effectiveness will be reviewed before making it permanent.

Residents of Boyle Street, especially in the vicinity of 93 Street and 104/105 Avenues have had to put up with this nuisance for

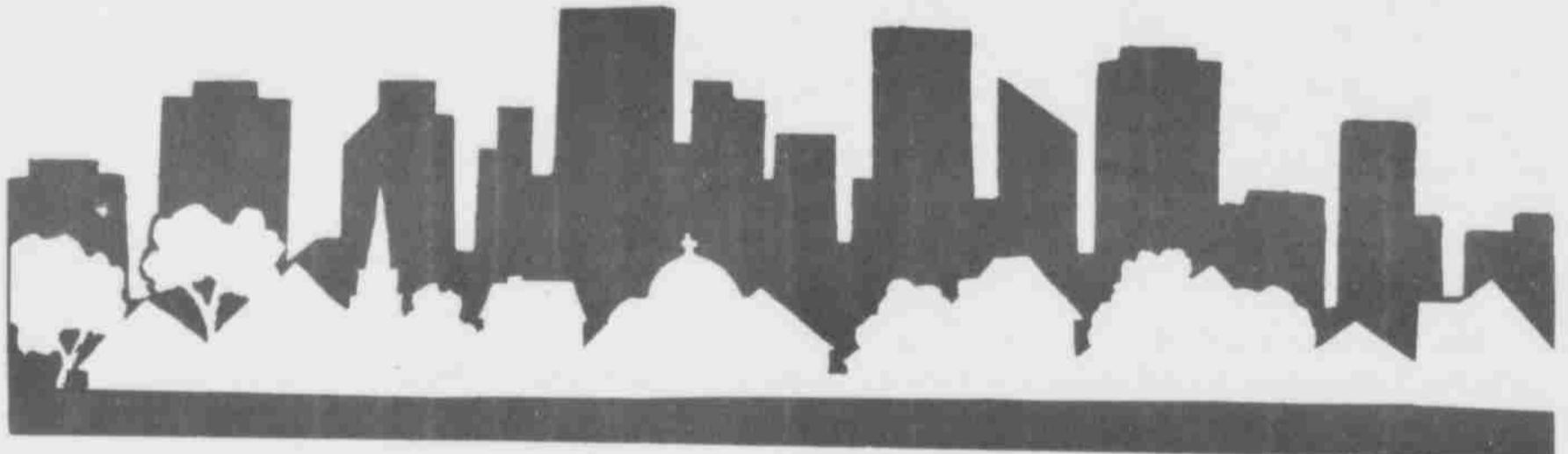
the last two years, and we have been deeply concerned for the safety of the women and especially, for the children who live in our neighborhood. While we acknowledge that the new one-way system probably will not solve all of our problems, we feel that in time, it might send a message to "johns" that we who live here are truly concerned about the quality of life in our district, and that their intrusions are not

desired here.

We are deeply indebted to the hardworking people who gave up many hours of their time to represent us as we fought for this new Bylaw, and we hope that neighborhood residents will not be inconvenienced by the new system which has been designed for the greater good. To sleep well at night is everyone's right!

by Julie Esselmont

see map on page 2



Boyle McCauley News

FEBRUARY
1989
Volume 3
Issue #1

IGA "following Safeway's lead"

Special to the BM News

The Safeway store at the corner of 97 Street and 107A Avenue has changed owners and almost overnight it has become an IGA grocery store. The new owners are quick to point out, though, that their takeover of the store won't affect the services customers have come to expect. They say customers will still be able to cash social assistance cheques and vouchers. They'll also continue to permit grocery carts to be taken off the lot to transport groceries home.

Canada Safeway closed down its Boyle-McCauley store at 6:00 p.m. Saturday, January 7, after operating in this neighbourhood for 26 years. Three days later, at 8:00 a.m. Tuesday, January 10, the signs had been changed, produce and goods had been moved in and out, and the new owners opened the store for business.

Safeway was forced to sell the store by the federal department of Consumer and Corporate affairs. The department ordered the sale of this store and eight others in Alberta, after Safeway bought

Woodward's Food Floors two years ago. Consumer and Corporate Affairs wanted to make sure Safeway didn't get into a monopoly situation in the retail grocery market.

Inside the new IGA store, nothing much has changed. The products are lined up in much the same way, and there were even a few Safeway items left on the shelves at first. About all that has changed are the prices, with some items costing a few cents more, others a few cents less. And Safeway's brand name products are replaced with IGA and Horne & Pitfield name brands.

Keeping things much the same seems to be the intention of the new owners. "We don't intend to do any less than Safeway," says Mel Lindgren, Vice-President of Retail Operations for Horne & Pitfield. Lindgren says their marketing strategy is to keep the same large variety of foods available. That includes the fish section and the different types of fresh vegetables, he says, which caters to the Oriental community in the neighbourhood.

"We'll also be following Safe-



NEW FACE ON 97th STREET

way's lead," says Lindgren, "in processing welfare cheques and vouchers at the store." Safeway had worked out a system, unique to this store, of cashing cheques for those on social assistance. Lindgren says if they do anything different, it'll be to try to process cheques and vouchers in a better manner.

IGA will also continue to allow customers to take the grocery carts off the lot so they can get their groceries home. Lindgren says store officials were a little surprised at first, at the large number of carts that leave the lot each day. He says they won't stop the practice, but he "encourages people to bring the carts

back so other shoppers can use them."

Barry Kinnee, who had been manager of the store when it was with Safeway, says he and the

see IGA page 2

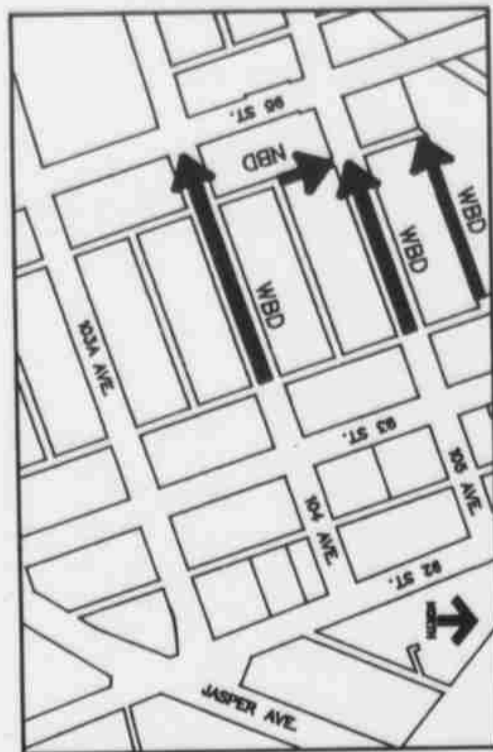
☐ The **Boyle McCauley News** is produced and delivered by volunteers from our community.

☐ Each edition costs about \$750.

☐ We need your help to pay for the newspaper.

☐ See page 3 for details on where to send your donation.

Thank you for your support.



New one-way system in East Boyle Street starts on January 31.

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LETTER

To the editor:

Anawim Place, the new Food Bank outlet in McCauley (10650-95 Street) is proving to be much very needed. The need was especially apparent before and after Christmas. To families and singles, Anawim was a blessing. Quite a number of them did not receive their Social Assistance cheques on time. When contacting their social worker, some were told to go to the churches. They were also told not to complain, since they were not the only ones without their cheques. Unemployment Insurance and Old Age Security cheques were also held up in the mail.

You tell me how that puts food on the table for the family, especially at Christmas-time? And how can that be a consolation when the kitchen cupboard is empty and the children are hungry?

Many folks have told us how happy they were to hear or read that Anawim Place came to be in November. They could not understand how the closing in July of the Sacred Heart Church food program, the most frequented food program in the city, could be justified.

Happy New Year to all.
Sister Rose

JOIN THE NEWS

You are invited to participate in the **Boyle McCauley News**. It is written, produced, and distributed by neighbourhood people, and all are volunteers.

Depending on your interests, you could:

-tell us what's going on in the neighbourhood so it can be reported. If you live in the Boyle-McCauley area, you know what should be in the paper.

-write news, stories about individuals, letters to the editor, articles on local issues.

-join the layout team.

-sell advertising.

-deliver the newspaper to one block, once a month. A few blocks in east Boyle Street especially need carriers.

-typeset on a computer. We will train you.

We have excellent resource people if you want to learn something new. The newspaper is a good way to meet people. For more information call Mary at 424-4395 evenings.

POOL TOURNAMENT

The McCauley Seniors' Drop In challenge seniors in the inner city to come out on Thursday, February 9th at 10 a.m. for a pool tournament.

The pool table was kindly donated by Brian Thompson and Don Bossert of West Edmonton Rotary Club.

IGA (continued from page 1)

managers before him had tried to meet the unique needs and wants of the people in this neighbourhood. He says they made sure the new owners were aware of the special concessions they had made.

Is Safeway sorry to be leaving this neighbourhood after having been here since December 1962? Kinnee says it was hard to deal with the large number of transients that frequented the store. He says it's been tough on everybody who worked at the store. At the same time he says he had a soft spot for the older people he served.

Of the staff of 50 who worked at Safeway, 40 of them chose to leave and were transferred to other Safeway stores. Kinnee himself was transferred to Spruce Grove.

How do the new owners feel about their new surroundings after having been here for a few weeks now? Lindgren (of Horne & Pit-

field) says one of the first things they've noticed is that a lot of people shop at the store, but they don't buy in the large quantities seen at other city stores. "Traffic is heavy," he says, "but each purchase is light." "There's also the requirement for certain ethnic foods," says Lindgren, "which is something we haven't experienced before."

This store joins over a hundred other IGA stores in Alberta. Lindgren says this store rates with the largest of those stores. He says Horne & Pitfield hopes to sell this store as a franchise to an independent retailer. Lindgren says that's how most of their IGA stores are run -- by independent owner-operators, "entrepreneurs", who get their supplies from Horne & Pitfield.

FORGOTTEN (continued from page 11)

ship have come up with about 30 recommendations, several of which are aimed at making it easier for seniors to live on their own. Despite poor living conditions, inner city seniors value their independence and will put up with almost anything to avoid being put in an institution. They will resist any kind of help which involves control over their lives. As one put it, "Independent or dead!"

by Malcolm Archibald

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Cooking wine warning

The drinking of Chinese cooking wine is being blamed for some deaths in the inner city. "There have been serious health problems and at least two deaths," says Dr. Hubert Kammerer of the Boyle-McCauley Health Centre.

Kammerer says Chinese cooking wine is cheap, has a high alcohol content, and is easily available. He says a typical bottle of the cooking wine costs only 3 (three) dollars, and is sold, not in liquor stores, but in grocery stores. The reason for that, he says, is because it contains one to two per cent salt and is supposed to be used solely in cooking. At the same time, though, cooking wine contains anywhere from 8 (eight) to 38 (thirty-eight) per cent alcohol. A bottle of liquor with the same alcohol content would cost fifteen to eighteen dollars at the liquor store.

Kammerer says the salt in the cooking wine contributes to health problems. He says when large quantities of the cooking wine is consumed, the salt intake results in high blood pressure, fluid in the lungs, swelling of ankles and face, and strain on the heart.

Kammerer also questions the high a-



Students at Sacred Heart Community School are not letting winter weather keep them inside. In December, they went on a hay ride at Hawrelak Park. Their outing also included doing crafts, going on a nature walk, and a visit from Santa. In January, the students spent two days down-hill skiing at Rabbit Hill. They are proving that winter can be fun!

mount of alcohol in the cooking wine. He says when it is used in cooking, most of the alcohol is lost to evaporation.

"I'm planning to write the Alberta Liquor Control Board," he says. Kammerer would like to see legislation which would limit the percentage of alcohol in cooking wine. He wants it lowered to the point where it would no longer be attractive to alcoholics.

by Richard Auclair

From the Boyle McCauley Health Centre

CONDOMS

Condoms--also called rubbers or safes--have been in the news recently because of AIDS. Health experts say they are a good way to protect people from catching AIDS or other, sexually-transmitted diseases; they also reduce the chances of unwanted pregnancy.

However, condoms must be used correctly to work. Anyone can buy them without a prescription from the doctor. Check in any drug store. There are many kinds of condoms. Look for the words "lubricated, latex" on the box; this kind gives the most protection.

Never carry condoms in your wallet or a pocket next to your body. The heat from your body can damage them. Carry them in a shirt or jacket pocket or in a purse. After a year, get new ones, since they are less effective over time.

Put the condom on before you begin any sexual activity. If you think using the condom is too dry, use KY jelly (you can get this at a drug store also) or a spermicide cream. NEVER USE VASELINE, MINERAL OIL OR COOKING OIL to lubricate the condom. These destroy the condom.

Use a condom only once. Change condoms each time you have sex. If you have questions about condoms, AIDS or other sexually-transmitted diseases, talk to the people at the Public Health Clinic (425-6351) or your doctor or nurse.

By Sharon Grant

WOMEN HELPING WOMEN

Special to the BM News

A support group to help women over 50 years of age is being organized. Organizers say it comes as a shock to discover that once you've lived half a century (50 years) no one wants to hire you because you're too old, but you are still years away from getting a pension. This is especially true for single women and divorced women. It isn't as if they don't need food, shelter, clothing, a bus pass or gasoline and maybe a little fun. After all you aren't dead at fifty; you still have to survive.

For wives or common-law spouses of mates over 65 the waiting time is shorter if their mate receives the Guaranteed Income

Supplement along with their pension; these women can receive an allowance at age 60.

But if you are single or divorced such help is not available. There are people and organizations who believe this is not only unjust but is discrimination under the Canadian Constitution. They are prepared to go to the Supreme Court to fight it. However, that will take years.

Gloria Hartwig wants to do something right now. She wants to create a group of Women Helping Women in this age group. This group will help women between 50 - 64 years who live below the poverty line. Please call 424-2539 for information.

Tribute to a friend

I will never forget him. I could write a book about him. Not only was he a business man, he helped everybody that came his way in the past 50 years.

His name is Paul Cebuliak. He owned



Paul Cebuliak (left) with Sergio Sbrissa in 1985.

and operated Uncle Paul's Stop & Shop at the corner of 95th Street and 103A Avenue. Uncle Paul, as everyone called him, was born in the Ukraine in 1905. He came to Canada in the early 1920's and worked as a foreman for the Canadian National Railroad. In the 1950's, he opened up the grocery store.

I've known Paul for over 20 years. The first time I walked into his store he told me to help myself to a cup of coffee. "Because I trust you," he said, "you look like an honest man. And he helped many more other people. People in downtown Edmonton knew that if you needed something -- a free coffee, a free sandwich -- "go to Uncle Paul" they would say.

He died at the end of May 1988. With his departure an era is ended. Downtown will never be the same. How many books can be written about Paul Cebuliak? Ask around!

by Sergio Sbrissa, the Italian painter

I enjoy receiving the **Boyle McCauley News**. I enclose a donation towards producing the newspaper.

\$5 \$20 \$50 \$100 \$Other

Receipts will be issued.

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Editorial

INNER CITY RESIDENTS DISENFRANCHISED

As both a resident and worker in the inner city, I was amazed at how little attention was paid to our area by the candidates during the recent election campaign. I couldn't help but wonder if we had become forgotten people whose votes were considered too insignificant to be of importance to those people who wished to represent us in Ottawa.

I didn't really appreciate the extent of the problem until I realized that my own "respectable" apartment building had not been visited by any of the candidates. In fact, it had only been visited by one campaign worker who merely pushed a pamphlet under my door (I was home at the time). I wonder if this campaign worker extended the same courtesy to the residents of the rooming houses on the strip.

Where were the candidates? Where was the information on the issues? Are our votes so unimportant? Can you imagine the number of voters who were ignored if this was the case in all of the cities of Canada? The powerless people in our society, the poor, the homeless, the handicapped and the less-educated, are often placated with the pretense of the opportunity to improve their state in life with the power given to them by the democratic process. Now, even that small token has been taken away.

Making this situation worse is the sad fact that not very many of

Volunteers of the month

This issue we pay tribute to a volunteer team. Those readers who live on 92nd or 93rd Street, between 105 and 106 Avenue, will recognize Barbara and Anne-Marie Johnson. Barbara has been a volunteer delivering the Boyle-McCauley News since May, 1988. Then in June, Anne-Marie added her energy. Now, both Barbara and Anne-Marie work as a team on their South-East McCauley route.

The Johnsons moved to Edmonton about four and a half years ago from Ontario. Barbara admits the move from Ontario was difficult at the time. However, it did not take long for her, along with her husband Gerry and her daughter, Anne-Marie, to call McCauley home. "The McCauley community provides a lot for the people - lots of programs and help", Barbara observed.

Anne-Marie is quite certain McCauley is where she wants to

stay. She has a lot of friends and a lot of memories. Anne-Marie is presently in grade 1 at McCauley School, where she says she likes the teachers and the learning. Her favourite subjects are math and art and swimming in Physical Education. But she also admits, she really likes recess and



JOHNSON FAMILY

breaks.

As well as school, Anne-Marie also finds herself active in other areas. She has been involved in the Boys and Girls Club programs, attended the Bissell day-care, was a student in the Elves Headstart program, and even found time for a year at the McCauley Kindergarten before grade 1. With so much learning experience, it's not surprising Anne-Marie hopes to become a teacher. She also describes herself as being a "real active" person who likes the outdoors. She is a country music fan, a water fanatic, and an animal lover (with 5 cats to prove it).

Barbara has been very involved in the community. Volunteering with the Boyle-McCauley News is only part of her story. Barbara has worked as a Kindergarten Teacher's Assistant with the Elves program. She has been a volunteer at the Food Bank's main branch. Last year, she volunteered with the McCauley School library. And this winter, Barbara helped out with the city's First Night Festival. She has also participated in the Boyle-McCauley Newspaper's rummage sale. Barbara is presently studying. She is a student with the Prospects Learning Program.

Barbara describes herself as a music-loving Elvis fan. When she's not studying or helping out in the community, you might find her listening to records with her husband, Gerry. Or you might find her working on her beading loom. Barbara is a self-taught hobbyist with beads.

Who could disagree that Barbara and Anne-Marie share in their energetic and active community involvement? To both Barbara and Anne-Marie, all the Boyle-McCauley News volunteers join in saying, thank you. Your teamwork is a great gift to the newspaper and the community!

small token has been taken away.

Making this situation worse is the sad fact that not very many of the local residents were enumerated. Very few, if any, of the rooming houses around the neighborhood were visited by the enumerators. Entire neighborhoods were missed. To make matters more confusing, if you happened to be one of those lucky enough to be enumerated, it was probably for the wrong election. (Full marks for inappropriateness must be given to the Provincial government for the timing chosen for the Provincial enumeration.) Hundreds of people in the city thought they had been enumerated for the Federal election only to be turned away at the polls.

We cannot let this situation

continue. The powerless in our society must be given the opportunity to have a voice. Our political parties must make the extra effort necessary to get information into the hands of these people. Our politicians must be willing to meet these people and to listen to them. Our governments must ensure that there is a fair and complete enumeration process and that the right to vote extends to everyone. We must return the right to vote to the inner city.

by Jim Spinelli
Community Worker, Bissell Centre

(P.S.: I want to note that one of our local candidates did make some appearances in the neighborhood and in fact it was his party's brochure which I did receive. He is our new M.P., Ross Harvey. Maybe there is a lesson to be learned here by other hopeful politicians.)

OUR VOLUNTEERS

WRITING: Terri Schneider, Doris Oleniuk, Bonnie Austen, Jim Spinelli, Harvey Voogd, Rose Roshau, James Duong, Philip MacIntyre-Paul, John Pater, Malcolm Archibald, Richard Auclair, Julie Esselmont, Sergio Sbrisa, Gloria Hartwig, Louise Tse, Antoinette Grenier, Sharon Grant.

PHOTOGRAPHY: Judy Mills.

DISTRIBUTION: McCauley Coordinator: Harvey Voogd. Boyle Street Coordinator: Kathy McCurrach. Bundling & Mailing: Lynn Maes (coordinator). Bundle Delivery: Nick Zwaagstra. Block Carriers: Block Carriers: Paul-ette Folet, Teilya Freed, Collin Peck, Alice Rodrigue, Lelana Knoppers, Lorraine Maschmeyer, Carolyn Desch, Antoinette Grenier, Olga Loga, Teresa Arac, Kathryn Papuha, Kathleen Quinn,

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TYPESETTING & LAYOUT: Black Cat Press, Doris Oleniuk, Sr. Celerina Estacio, Kathy McCurrach, Julie Esselmont, Roslyn Putland.

EDITORS: John Pater, Doris Oleniuk,

Mary Amerongen, Carol Holmes, Philip McIntyre-Paul.

AD SALES: Bonnie Austen, Doris Oleniuk.

TYPING: Lorrie Mastin.

Many thanks to Sacred Heart Community School for office space.

The Boyle McCauley News is a non-profit newspaper published monthly by the Boyle Street McCauley Newspaper Society. The Society is made up of people who live and work in the Boyle and McCauley neighbourhoods. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

BOARD OF DIRECTORS: Mary Amerongen, Alice Hanson, Doris Oleniuk, Bruce Voogd, Sr. Rose Roshau, Terri Schneider, Kathy McCurrach.

The office of the **BOYLE McCAULEY NEWS** is located in Room 120, 9624-108 Street, Edmonton, T5H 1A4. Phone 424-6117 (any time) or 424-4395 (evenings).

Deadlines for the **March** issue are:
--for articles, February 16
--for the Community Calendar, February 21
--for editing and typing, February 18-23
--for layout, February 24-26
--for printing, February 27
--for delivery to carriers, February 28
--for block delivery, February 28 - March 4

Lighting McCauley's dark alleys

The problem of unlit, dark back lanes in the McCauley area is closer to being solved. All it will take to introduce lighting in alleyways is work by a number of volunteers and homeowners willing to pay a small extra

charge each year.

The city will install back alley lights on every block which is able to gather the signatures of 67% of the homeowners on that block. These petitions have been pre-

pared and are issued free of charge by Edmonton Utilities. They are very easy to read and use. IF the required number of signatures are collected a charge of approximately \$8.00 per year per house would be added to the existing taxes of all houses on the block. The lights would be installed on existing poles.

There are benefits of back alley lighting. Bright lights are a deterrent to many types of crime such as thefts from garages, cars and yards, vandalism, and could also deter prostitution-related activities. Driving is also safer in a well-lit back lane since many in our area are very narrow and have unexpected turns.

Each block must have a volunteer that will gather the required signatures for the petition for their particular block. If you have dark lanes on your block and would like to collect the signatures required, you can phone Terri at 426-1336 for more information. Petitions must be completed by April 15. That will give lots of time to complete them, but will ensure the lights will be installed by summer.

by Terri Schneider

YEAR OF THE SNAKE

The year of 1989 in the Chinese Lunar Calendar is the year of the snake. All over the world, Chinese communities celebrate New Year's Day, which happens this year on February 6.

What is the year of the Snake and what does it mean for us? According to the tradi-

tional Chinese saying, the snake is the astrological companion to the Dragon, the "Yin" to the Dragon's "Yang". However, while sharing many of the Dragon's exotic qualities, the snake is more restrained and more refined; insinuating rather than extrovert. Indeed, in matters of taste and style, the snake admires subtlety, preferring elegance of line to boldness of colour.

Snake personalities often make their way to the top but they are by no means pushy, using others to get them there. They are in the right place at the right time.

The Chinese New Year has been celebrated in China for more than 3,000 years, and people often travel hundreds of miles to be home for this festival. During the Holiday, we dress in special costumes, visit relatives and friends, exchange greetings, New Year's cards and good. Children are often given money tucked into red envelopes (lucky money). The Chinese community in Edmonton observes this occasion by many special activities. Song and dance performances are to be organized by the Edmonton Chinatown Multicultural Centre and the Chinese Community Services Centre every year for promoting awareness and appreciation of the Chinese heritage culture. Thousands of students from Edmonton schools join with us to share the diversity of culture. In celebration of the seasonal festival, may we all have a happy Chinese New Year and good luck in the Year of the Snake.

Mrs. Lucy Tse, Program Co-ordinator
Chinese Community Services Centre
9540-102 Avenue
424-7837

CHINESE NEW YEAR OF SNAKE PROGRAM

at

Edmonton Chinatown MultiCultural Centre
9540 - 102 Avenue

NEW YEAR PERFORMANCES

February 6, 7
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1:00 p.m. - 3:00 p.m.

Lion's Dance, Tai Chi (Chinese Martial Art), Chinese Concert, Songs & Dances, Chinese Music, Instruments, Chinese Calligraphy, Film
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February 8 - 28
9:30 a.m. - 11:30 a.m.
1:00 p.m. - 3:00 p.m.

Chinese New Year, Traditional Festivals, Great Wall, Giant Panda, other interesting items
Tour of Chinatown Gate if required.

Contact Lucy Tse at 424-7837 for more information.

McCAULEY COMMUNITY LEAGUE SKATING RINK SCHEDULE

McCauley Community Skating Rink is located at 96 Street & 107A Avenue
Skating Rink Operation Hours: every day from 12 to 8 p.m.

Monday to Friday 12 - 3 p.m. booked for Sacred Heart & McCauley Schools
Saturday & Sunday 10 - 12 a.m. booked for public skating. **No hockey sticks or pucks.**

SNOWFEST CELEBRATIONS

Saturday, February 11, 1989

Volunteers are needed for the 1989 Snowfest Celebrations. If you are interested, please call Wendell at 423-1206 or Mary at 424-4395.

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MAKING A WAY OF LIFE

Lisa Kline grew up in the small town of Willow Bunch, Saskatchewan. Her mother was French and her dad German.

Lisa had a happy childhood. She attended school with her sister and brothers at a convent. Her dad worked on the ranch. Her mother took care of the family and was known throughout the community for being a good seamstress.

With the schooling from the Nuns and help from her mother, Lisa got interested in dressmaking. At first she helped her mother with the sewing, but Lisa mastered the sewing machine so well that she too decided that sewing would be her profession.

As she progressed with her sewing, turning yards of material into lovely garments, Lisa became one of the finest seamstresses in the area. She worked from her parents home and had people come to her from miles around. Or they'd meet Sunday after mass with bundles of material and measurements with instructions as to what sewing they wanted done. Then a week

later at church again they'd pick up the finished garments.

It gave Lisa great pleasure to be able to turn a piece of material into a suit, dress, skirt or a fancy lace wedding gown.

There were occasions when she would tackle the job of sewing for the whole wedding party; and she just loved it.

With the passing away of her grandparents and her parents, the family sold the home. Lisa and a brother came to Edmonton where they met another brother who was married and had started a business, the "Flamingo Restaurant".

The two brothers worked together while Lisa did "Home Care".

Some five years later, Lisa decided to open up her sewing machine again. Soon after she had a number of office girls bring in their sewing. Then their friends came; soon Lisa had a nice list of customers. Once again she was turning the yards of material into lovely garments.

Lisa was always able to support herself. When everyone was hit hard by the depression years, Lisa could depend on her sewing machine and her ability to sew. Even if it only was doing alterations, she always had work.

For relaxation she enjoyed music and dancing. On Saturday nights Lisa and a group of friends would go out to a dance hall where there would be lively music and



Lisa Kline

square dancing. It was a wonderful way to get limbered up from stiff joints after sitting so much doing sewing.

Sundays was a day of rest. Lisa would go to church in the morning and in the afternoon she would go to the park with a picnic lunch or drive out into the country.

RETIREMENT

She likes to travel now and takes trips to British Columbia or Saskatchewan.

With the onset of some arthritis, Lisa has learned to slow down but she still does alterations for family or friends.

Her home is spotless. She enjoys being with people. The tea kettle is always ready for a cup of tea with a friend.

She also enjoys pulling out her photo albums with the pictures of her many friends and customers. As she turns the pages each photo seems to have a story behind it.
by Doris Oleniuk

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(2) Arthritis Association of Edmonton

412 McLeod Building
10036-100 Street
Edmonton, Alberta T5J 0P1
Phone: 425-8792

Provides emotional support to those with arthritis. Offers education about arthritis through pamphlets, monthly newsletter, monthly meetings and speakers. Hours are 10-1p.m., Monday through Friday.

(3) Canadian Cancer Society

Edmonton District
11810 Kingsway Avenue
Edmonton, Alberta T5G 0X5
Phone: 455-7181

Provides patient and public education about cancer. Sponsors cancer research.

(4) Travel Discounts

Various discounts are available to all older people in Alberta when proof of age is shown.

Airline Discounts: All reservations confirmed effective for flights in Canada only). Airlines providing discounts in fares are:

Air Canada

Canadian Airlines International

Via Rail Canada provides a 33 percent discount.

Greyhound Bus provides a 10 percent discount on regular fares, not excursion fares.

Red Arrow Express Bus provides 10 percent discount except on Friday and Sunday. This bus travels between Calgary, Red Deer, Edmonton and Fort McMurray.

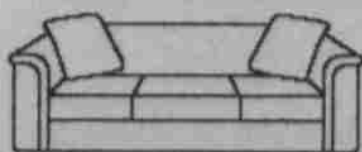


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The Birds of Boyle-McCauley

Life in Boyle-McCauley is a constant struggle for many of us. We have, by trial and error, mastered a number of ways to utilize our resources. It is for this reason that an awareness of the wild creatures all around us is so important! By taking a little time to learn more about them as they, in common with us, go about the business of survival in a harsh climate, and by helping them in the process, we stand to enrich our lives considerably. We will then be able to prove--if only to ourselves as individuals--that we are in tune with the earth, and that we really do matter! As our environment continues to



Downy Woodpecker

deteriorate at an alarming rate, each of us must do what we can to confront the negative influence of the powerful corporate interests which appear hell-bent upon the further violation of the planet we call home.

Two factors have combined to make Boyle-McCauley an attractive neighbourhood for birds; our proximity to the river valley, and the majestic trees along our historic streets.

Birds seen in winter

A few days ago, while walking on 107 Avenue near McCauley School, I noticed some children excitedly pointing to a "mouse" climbing an old elm tree. I was able to tell them that their "little mouse" was a White-Breasted Nuthatch (*Sitta carolinensis*), a tiny woodland bird with a prefer-

ence for deciduous trees. It has white cheeks, breast and belly; steel-blue wings, back, and tail; a thin line through its beady little eye, and a jaunty black cap. Its strong legs and large toes help it to grip the rough



Nuthatch

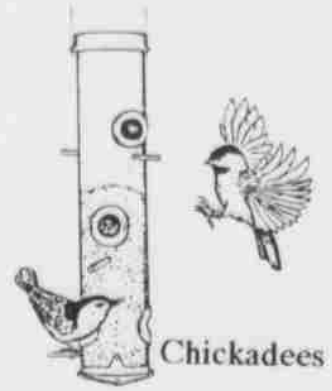
bark tightly as it scans every nook and cranny for grubs and insect eggs. It is also our only bird that runs down a tree head-first! It flies to a nearby feeder and returns in a flash with a prized sunflower seed, which it pounds into the bark with its long bill. Nuthatches are not common birds, and you won't find them in newer districts. Because they forage mainly on the upper branches of our stately boulevard trees, they're seldom seen from the sidewalk; however, their distinctive nasal "quank-quank" call will reward you with a sighting if you watch carefully!

I have observed Downy Woodpeckers (*Dendrocopos pubescens*) on my outings. They are the smallest members of the woodpecker family. A couple of good places to spot them are Commonwealth Stadium Park, or the east side of Caboto Park. In Boyle Street, I've seen them in the woods behind Alex Taylor School; near the top of the 92 Street stairs, and along Jasper Avenue above the river. Watch them as they spiral up a tree to probe every crack and niche in the bark for spider eggs or moth pupae with their long sticky tongues! Their short, strong bills to chisel into old or rotting wood for beetle grubs and carpenter ants, and their stiff tail feathers double as a brace. They're attracted to suet and sunflower



Blue Jay

seeds, too! Downies are mainly black and white, with white breast and a white stripe down the back. Males have a red patch on the back of the head. Their busy "pink-pink" call, and the tapping sounds they make as they search for food are welcome in the



Chickadees

bleakness of winter.

A bird introduced to North America is the House Sparrow (*Passer domesticus*). A member of the European Weaver Finch family, it is not related to our native sparrows. The female has a streaked back, brown breast and a bold eye-stripe. The male has white cheeks, and a handsome black bib and bill. These pesky birds arrived in the mid-19th Century as imports, and 100 years later, they threaten many of our native birds, including Bluebirds, Chipping Sparrows and Martins. Intelligent and adaptable, they'll eat almost anything. You can't escape them--they live here all the time!

Part 2 on birds in winter next month.
by Julie Esselmont

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(5) The Senior Citizens Secretariat has a paper outlining the differences between Power of Attorney, Guardianship, and Trusteeship. This is available free of charge. Contact: 10030-107 Street Edmonton, Alberta T5J 3E4 Phone: 427-7876

(6) Alberta Women's Secretariat provides the following booklets:
(1) Laws for Albertans
(2) Wills and Estates for Albertans

(3) A Guide to Probate Procedure
For copies of these free booklets, contact: The Alberta Women's Secretariat 8th Floor, Kensington Place 10011-109 Street Edmonton, Alberta T5J 3S8

(7) Insurance Bureau of Canada #1105:10080 Jasper Avenue Edmonton, Alberta T5J 1V9 Phone: 423-2212 Provides consumers with general information about insurance (automobile, property, casualty). Advises consumers of their rights and responsibilities related to insurance.

by Doris Oleniuk



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Sunday School age 8 and up	9:30 AM
age 3 to 8	10:30 AM

for further information phone Ralph Witten, 476-7951

COMMUNITY CALENDAR

FEBRUARY 1989

There is always something to do in the Boyle-McCauley community! Check the calendar of events below for a listing of times and locations. Please note that any program which takes place every week has full information the first week of the month and the following weeks only the name of the program will be printed.

Wednesday, February 1

Rambling Seniors Dance at McCauley Seniors Drop-In. Open to all seniors. Free of Charge. 1:00 p.m. 9526 - 106 Avenue. Call Lynne for info at 424-2398.

Children's Drama Program at Boys & Girls Club. Children 6-12 years old. Free. 7:00-8:00 p.m. Provided by Inner City Drama Project. **Every Wednesday.** 9425-109A Avenue. For info call Judith 484-9606.

Thursday, February 2

Bissell Movie Night at Bissell Centre. Open to all adults, free of charge, 7:00 p.m. 9560-103A Avenue. 423-2285. **Every Thursday.**

Youth Drop In at Boyle Street Co-op. All teens (12-19 years) welcome. No charge. 6:30 - 9:00 p.m. 9720 - 102 Avenue. **Every Thursday and Friday.** Call Howard or Irene at 424-4106.

Playtime for Pre-Schoolers at Central Health Centre. For native or immigrant children 2-3 years. Free. Mothers welcome to stay. Program runs **every Thursday.** 10050 103A Avenue. Call Diane at 425-6351 to confirm times.

Friday, February 3

Friday Afternoon Movies at Boyle Street Co-op. Adults. Free of charge. **Every Friday.** 1:30 p.m. 9720 102 Avenue. 424-4106.

Youth Drop In at Boyle Street Co-op. All teens (12-19 years) welcome. No charge. 6:30 - 9:00 p.m.

9720 102 Avenue. **Every Thursday and Friday.**

9720 102 Avenue. **Every Thursday and Friday.** Call Howard or Irene at 424-4106.

Friday, February 3 - Sunday, February 5

Travel Trade Show '89 at Edmonton Convention Centre. Tickets \$5 adults, \$4 youth/seniors. Call Convention Centre at 421-9797.

Sunday, February 5

Winterlude outdoor Festival at Rundle Park. All ages welcome. Free of charge. 12:00 noon - 4:00 p.m. 29th Street & 112th Avenue. For more info call Parks/Rec at 428-3033.

Bissell Drop In at Bissell Centre. Open to all adults. Free. 7:00 p.m. Table Games, Cards, Coffee. **Every Sunday.** 9560 103A Avenue.

Monday, February 6

Teen Drama at Eastwood School. For teens only. No charge. 3:30 - 4:30 p.m. 12023 81 Street. **Every Monday.** For information call Judith at 484-9606. Provided by Inner City Drama Project.

Tuesday, February 7

Children's Drama at Alex Taylor School. Children 6-12 years old. Free. 3:30 - 4:30 p.m. Provided by Inner City Drama Project. **Every Tuesday.** 9321 Jasper Avenue. For info call Judith at 484-9606.

Wednesday, February 8

Children's Drama at Boys & Girls Club. 7:00 p.m.

Thursday, February 9

Bissell Movie Night at Bissell Centre, 7:00 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m. **Playtime** at Central Health Centre.

Friday, February 10

Friday Afternoon Movies at Boyle Street Co-op. 1:30 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m.

Saturday, February 11

Caribbean Party at Edmonton Convention Centre. Tickets at BASS or Convention Centre, 421-9797. Doors open at 7:00 p.m. Three bands.

Sunday, February 12

See and Try Snowshoe at Goldbar Park. Free. Pre-register by calling 428-3033. 1:00 p.m.

Entertainment on Ice at Rundle Park. Celebrate the Valentine's Theme early at an outdoor event. For more information call Parks & Rec at 428-3033.

Bissell Drop In for adults, at Bissell Centre. 7:00 p.m.

Monday, February 13

Teen Drama at Eastwood School. 3:30 p.m.

Tuesday, February 14

Children's Drama at Alex Taylor School, 3:30 p.m.

Wednesday, February 15

Children's Drama at Boys & Girls Club, 7:00 p.m.

Thursday, February 16

Bissell Movie Night at Bissell Centre, 7:00 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m. **Playtime** at Central Health Centre.

Friday, February 17

Friday Afternoon Movies at Boyle Street Co-op. 1:30 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m.

Sunday, February 19

See and Try Snowshoe at Goldbar Park. Free. Pre-register by calling 428-3033. **Bissell Drop In** at Bissell Centre, 7:00 p.m.

Monday, February 20

Teen Drama at Eastwood School, 3:30 p.m.

Tuesday, February 21

Children's Drama at Alex Taylor School, 3:30 p.m.

Wednesday, February 22

Moonlight Snowshoe at Goldbar Park. \$5 for each adult/child pair. 7-8:30 p.m. For info or to register call Parks/Rec at 428-3033.

Children's Drama at Boys & Girls Club, 7:00 p.m.

Thursday, February 23

Bissell Movie Night at Bissell Centre, 7:00 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m. **Playtime** at Central Health Centre.

Friday, February 24

Friday Afternoon Movies at Boyle Street Co-op. 1:30 p.m. **Youth Drop In** at Boyle Street Co-op, 6:30 p.m.

Sunday, February 26

See and Try Snowshoe at Goldbar Park, 1:00 p.m. **Bissell Drop In** at Bissell Centre, 7:00 p.m.

Monday, February 27

Teen Drama at Eastwood School, 3:30 p.m.

Tuesday, February 28

Children's Drama at Alex Taylor School, 3:30 p.m.

If you have events you would like to put in this community calendar, the deadline is February 15th for the March issue. Please call Carol at 428-8553.

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Federal pen part of neighbourhood history

A federal prison once occupied a sizeable part of the east end of the McCauley neighborhood. It was known as the Alberta Penitentiary, and was opened in 1903. It faced what was then called Government Avenue (now known as 92 Street) just south of the CN tracks.

There were 21 cells for male convicts, 7 for female convicts, 7 for prisoners awaiting trial, 7 for punishment and for "lunatics". Soon thereafter, cells for prisoners awaiting trial were not needed so that section was converted into a hospital ward.

By 1906, construction on an Industrial Building was started. Prisoners' accommodation was to total 108 cells. In the south end of the building, there was a kitchen. Upstairs was a prison chapel where Sunday services were held, and scholastic instruction was given 1 hour daily during the week.

All the work was done by prison inmates, including excavation, manufacture of brick and concrete blocks and the erection of walls. The prison yard had to contain a brickyard and a concrete block plant. Instructors in



photo courtesy of Glenbow Archives

masonry, carpentry, blacksmithing, shoemaking and tailoring were employed.

In 1907 an extension was added to provide a bakery in the basement, a hospital ward on the first floor, plus a female chapel and hospital ward. Once all was completed, the penitentiary housed 700 prisoners. At this point a prison farm was added as well.

The Warden's residence was south of the tracks. The warden was Matthew McCauley who later became Mayor of Edmonton. 1909 marked a very sad event;

Richard H. Stedman, Deputy Warden, was murdered by a convict.

The penitentiary was a hive of industry. A shaft was sunk into the ground and coal was mined inside the prison walls. In 1910, the coal mine was operative and the penitentiary had the distinction of being the only penitentiary in Canada to own and operate a coal mine.

Over the next 20 years, though, the prisoners were moved to other institutions. In 1929, the Federal Department of the Interior transferred the Peni-

teniary property to the City of Edmonton. Twenty-five acres were designated as athletic grounds, the remainder was divided into lots and sold.

In 1934 the Warden's residence was purchased by the Ladies Orange Benevolent Association. They housed orphaned and underprivileged children.

Years later, the residence was demolished. The site is presently occupied by an apartment building.

by Antoinette Grenier

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Renters deserve a break

If you rent an apartment, or house, or basement suite, etc., you probably felt cheated when the Alberta Government took away your Renter's Tax credit in 1987. You have good reason to feel that way. It is just another way for this Conservative Government to save millions of dollars at the expense of those who can least afford it.

Taxes are passed on to all of you tenants through the rent you pay. In Alberta you are offered very little protection in exchange for your tax dollars.

There are no controls on rental costs. Your damage deposits are not protected. Maintenance of rental housing is often very poor.

New Democrats believe that good, affordable housing is a basic right. As your MLA



Pam Barrett, M.L.A.
Edmonton Highlands

I will continue to fight to:

- 1) Get back your Renter's Tax Credit
- 2) Set up a trust fund system to protect damage deposits
- 3) Set up a Landlord/Tenant Board that has the power to protect tenant's rights.

SEARCHING FOR CHERYL

I have a story I want to share about being re-united with a daughter I had given up for adoption years ago. The story begins on February 9, 1964. At 9:05 pm on that day, at the Edmonton General Hospital, my daughter was born. I remember naming her Christine Barbara; she was to be known as Cheryl. Because of personal circumstances, I gave her up for adoption shortly after birth.

As the years went by, I thought about my baby. I wondered what kind of family adopted her and if she was treated right. Eventually, I told a social worker about Cheryl. She suggested that I write to Social Services for my surrender documents and history on the family. I started my search in October of 1982. I guess during all the other years I wasn't ready for that yet. I joined a group called the Birthparent and Relative group, and registered with Social Services. I also called Parent Finders asking if they had anybody that called in matching the birth date. They told me a girl had called in say-

ing her birthday was on the 9th of February 1964. She had left her name and phone number plus her address. Parent Finders told me they would get in touch with Cheryl and would call me back if she actually was my daughter. Soon after I received a call informing me the girl was my daughter. She lived in Grande Prairie. I was told I was also a grandmother. They had a picture of Cheryl. As soon as I saw the picture I knew it was my daughter. I was told to wait for awhile until the time was right to make contact. I finally got the courage to phone Cheryl and talk to her on the phone. She told me that she was coming to Edmonton with her boyfriend to do some shopping and she would like to meet me. Well, the day finally arrived. I got up that morning thinking to myself that finally, the time was right for me to be reunited with the child I gave away 21 years ago. I was nervous and excited at

The Other Welfare Manual

Are you one of thousands of Albertans trying to survive on welfare? **The Other Welfare Manual** lists ways of dealing with the welfare system. It explains your rights and your responsibilities under the system.

Some chapter titles are: **Why Me? Who Gets Welfare? How Much will I get on Welfare? Special Needs, and Emergencies.**

Three places you can pick up your free copy are: Boyle Street Co-op, 9720-102 Avenue; Bissell Centre, 9560 - 103A Avenue; and at The Edmonton Highlands Constituency Office (Pam Barrett, M.L.A.), 10767-97 Street.

The Other Welfare Manual was published by the Edmonton Social Planning Council.

the same time -- wondering what she would have to say and look like. But at last my wish come true! My daughter and I were reunited on August 16, 1986. Today, my daughter and I phone each other and exchange gifts. I really have a love for my daughter and grand daughter, but it's a special kind of love. I know I could never replace a mother's love.

I hope this story will touch the heart of every birth mother or birth father or a sibling searching for a loved one that was given away.

If you don't know how to go about searching, please don't try to do it alone. Consult someone that will be willing to give you guidance and explain the steps involved in searching.

We oldsters sure get away with a lot, just because we managed to keep breathing longer than most folks.

I've just celebrated my 80th birthday and I have got it made.

If you forget someones name or an appointment, or what you said yesterday, just explain that you're 80 and you will be forgiven.

If you spill soup on your blouse or forget to comb half of your hair or take another lady's purse by mistake or promise to mail a letter and carry it around for a week, just say, "I am 80 you know" and no one will say a thing. You have a perfect alibi for everything when you're 80.

If you act silly, you're in your second childhood. Being 80 is better than 70.

At 70, people are mad at you for everything. But, if you can make it to 80, you can talk back, argue, disagree and insist on having your own way, because everybody thinks you are getting soft in the head.

They say life begins at 40, not true. If you ask me, life begins at 80. Thank you.

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Edmonton Highlands

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Hours: 11:30 a.m. to 4:30 p.m. Ph: 424-1091

Edmonton East office open

I am absolutely delighted to report that the Edmonton East Community Office is now open. From 9:00 a.m. to 12:00, 1:00 to 4:00, Monday through Friday, the Community Office is there to serve you.

If you've got a problem with the government, give us a call or drop by. If you're not being treated fairly, let us know. If you need someone in your corner, remember, we're here to help.

Both Irma Eckert and Deb Bowers are working in the office full time. Both women live in the constituency. Both are experienced at helping people get through red tape and both are committed to giving you the very best service they can.

I will be working out of the Community Office, too, and I would be happy to meet you there. Just call to set up an appointment.

Some people aren't certain just what it is we can do. So let me give you a couple of examples:

A woman who was getting sick leave benefits from unemployment insurance was suddenly told her benefits had ended. We checked into the matter, found where the problem was, and got her benefits rein-

stated.

A man who had applied for a job with a government agency needed a security clearance from the Canadian Security and Intelligence Service (CSIS) to get the job, and he had to have that clearance in time to meet a rapidly approaching deadline. Unfortunately, CSIS procedures required more time than was available. But after a couple of phone calls, we managed to cut through the normal procedures and get the man his clearance.

Maybe you're having a problem with your pension. We'll see what we can do. Maybe you're having trouble getting permission for a family member to join you here in Canada. We'll look into it and help any way we can.

So, if you've got a problem we can help with, or if you just want to talk, phone us at 495-6688, or drop around to 11809-66 Street (it's just about smack dab in the exact centre of the constituency).

And keep your eyes peeled for more information about our upcoming Town Hall meeting.

The national Parliament begins meeting in Ottawa again on March 6, so, before that, we will have a big meeting to which you can



come and let me know in person what you think the national government should be doing.

What about pensions? Immigration? Job creation? The environment? Come out and let me know your views and concerns.

That will be on Thursday, March 2, at 7:30 p.m. At the time of this writing, we hadn't yet booked a hall for the meeting. As soon as we have a hall booked, we'll let people know. And, if it gets to be March 1 and you still haven't heard where the Town Hall meeting is, give us a call at 495-6688. I hope to see you all at the meeting.

by Ross Harvey, M.P. Edmonton East

FORGOTTEN PIONEERS

FORGOTTEN PIONEERS: A Needs Assessment of Inner City Seniors, by Gordie LaRocque, Cathy Reininger, Mark Holmgren, and Jonathan Murphy. Available from Operation Friendship, 9526-106 Avenue, Edmonton, \$20.00.

Five thousand seniors live in the inner city. Life is hard in the inner city, but for seniors, it is especially hard.

Forgotten Pioneers is a timely report on the living conditions of seniors in the Boyle-McCauley area based on interviews with 100 residents aged 55 and over. Written by staff members of Operation Friendship, a social agency for inner city seniors, the report paints a grim picture of growing old in the Boyle-McCauley neighborhood.

The authors of **Forgotten Pioneers** could have taken the easy way, common to most surveys of this type, and gathered all their information from other experts (or "key informants" as the report calls them). Instead they made a valiant effort to talk directly with seniors about their needs.

But in trying to carry out interviews using a list of standard questions, the researchers found they were unable to accept many of the answers at face value. Rather they had to fall back on their extensive personal

knowledge of the people being interviewed.

For example, only 17% of the seniors interviewed complained about their housing arrangements. However, a more detailed investigation revealed that a much larger percentage live in "accommodations falling below legal or morally acceptable standards."

Similarly, 30 of the respondents told the interviewer their health was "good" or "excellent", despite evidence that over half of them were in poor health. Forty per cent felt their incomes were at least "adequate"; in fact, only nine out of 100 in the survey group have incomes above \$801/month, the Statistics Canada poverty line.

According to the report, these responses indicate inner city seniors are "resigned to the fact they will have to withstand much more in the way of physical discomfort and social adversity than society's mainstream." So much for growing old gracefully.

Some of the findings about inner city seniors:

--They depend on people other than family and friends for help. Forty per cent of

the survey group never had children.

--Half of them don't have telephones. Many don't have stoves or fridges and most don't have a private bathroom.

--Most were unskilled manual labourers during working lives which most often ended with crippling injuries.

--Reading and writing skills are often lacking which makes it difficult for this group to get to many of the services available to them. (Among those with reading skills, the **BM News** is apparently a favorite source of information.)

The report points to the lack of the type of social and cultural life which makes poverty bearable in other settings. Indeed the report documents the way inner city seniors are cut off from the rest of society; lacking families, they also lack a community. Many had trouble understanding the concept of "community": most said they lived alone, although in fact most live in rooming houses. Almost none belonged to ethnic or religious organizations.

The researchers from Operation Friendship see **FORGOTTEN** page 2

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Eating out on a shoestring

CHECKER SPECIAL

This is one of a series of articles reviewing eating spots in Boyle Street/McCauley. The aim is to find places in our area serving food where one can eat for around \$5.00 or less. It is possible!!

Checker Lunch
9460 Jasper Avenue
422-7561

Eating at Checker Lunch is like

taking a step back into the 1950's. The only thing missing is the music box in the corner. However, for those on a definite shoestring, this is the place for you!

Checker Lunch could almost be considered a historic site. It has graced the corner of 95 Street and Jasper Avenue for many years. Judging from the well-worn counter and floors, Checker Lunch has seen a lot of customers.

It was a rather mild winter day

when my two senior friends and I pulled into the parking lot to the east of Checker Lunch. After visiting a variety of restaurants in McCauley, we felt it was time to give Boyle Street a chance. I had heard that Checker Lunch offered great food. Now was the time to find out.

Checker Lunch is not intimate dining. One sits at the counter with the rest of the customers. The menu is boldly displayed on the wall. One can have breakfast there all day. Other menu items are of a grilled-type nature, centering around hamburgers and chips.

The waitress was expecting us and had hot coffee ready as we perched on our stools. It did not take us long to choose our lunch. The menu is not that long. My friend ordered an omelette which came with hash browns and toast (\$2.55). The other senior

decided on a grilled cheese sandwich (\$1.75). I opted for the Denver sandwich (\$2.45), with a side order of French fries (good-bye New Year's diet!!). The food arrived in short order and was terrific.

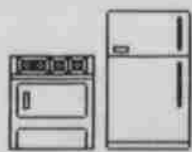
The biggest bargain of all is the **Checker Special**. Here one gets 2 eggs, potatoes, toast, coffee with refills for \$2.50. Hamburgers are \$1.75 and eggs with sausages \$3.10. As we filed out of Checker Lunch, we marveled at the fact that the three of us had lunch, including coffee for \$8.05. Next time I return it will be for breakfast and I will try that Checker Special.

Checker Lunch is open Mondays-Fridays, 7:00 a.m. to 5:30 p.m. It is closed on the weekends. No reservations are required.

by Bonnie Austen

KING APPLIANCES

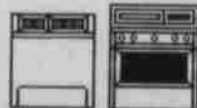
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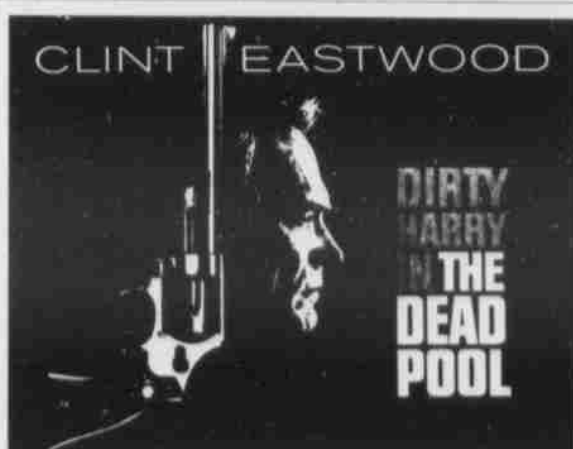
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