



McCauley Soccer Teams Hit the Field!

The Community League has three full teams this year: Under-11, Under-13 and Under-15. And without great coaches, we couldn't have teams!

The League is thankful for the leadership, commitment and soccer training which these community members are providing for children and youth.

Wally Lysz has coached teams for many years. This year, he'll be the U-15 coach.

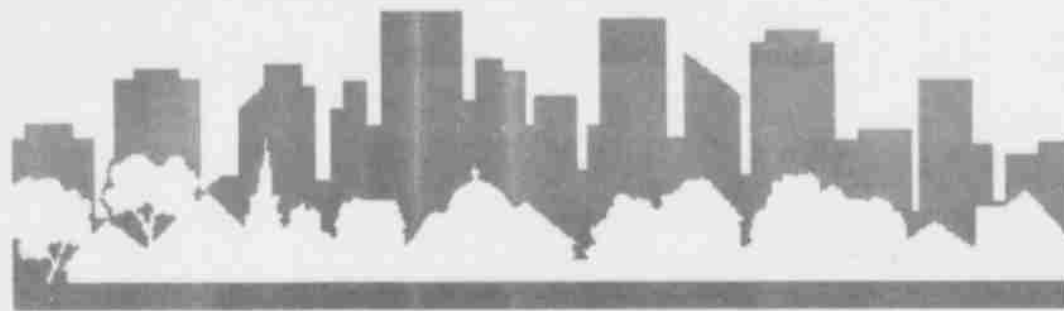
Rob Larmand moved into Boyle Street recently. He brings years of experience playing soccer and is working on his physical education degree. Rob volunteered to coach the U-13 team.

Danny Brusca lived in McCauley as a boy. He has played soccer for years in Edmonton and in several European countries. Recently he moved back to McCauley, read about the soccer teams in the Boyle-

McCauley News and offered to help. Danny is coaching the U-11 team with help from Christopher Willard.

Christopher will do double duty as an assistant coach and a referee. The Community League sponsored Christopher and two young players to take referee courses.

Come to Caboto Park in the evenings and join the fun! Cheer for our teams and coaches!



Boyle McCauley News

FREE (in Boyle-McCauley)

May 1996

Will the beard come off?

How many volunteers does it take to make a paper?

Find out on May 11th!

The Boyle-McCauley News Volunteer Celebration and Beard Campaign

May 11, 1996 4 - 7 pm
at the Sacred Heart School Gym

Community meeting May 16

Medical Centre proposed on 107A Ave.

Special to the BMNews

What do you think about a medical centre being built on the south side of 107A Avenue between 96 and 97 Streets?

You can have your say at an important community meeting on Thursday, May 16 at 7 pm in the McCauley Community Hall, 108 Avenue and 96 Street.

The owners of the run-down houses are proposing to build a medical centre on the site.

Owner Michael Wong, representing several owners, has meet with a community housing committee to discuss the proposal. The planned project would include medical offices, a dental office, pharmacy dispensary,

laboratory and parking lot.

To build a medical centre on this site would require a change in the zoning from residential to commercial.

You can have your say at an...

Important community meeting

Thursday, May 16 at 7 pm
McCauley Community Hall,
(108 Avenue and 96 Street)

"This is a real opportunity to wrestle with what kind of neighbourhood we want," ex-


plained Anna Bubel, McCauley resident and former community planner on the Boyle Street/McCauley Area Redevelopment Plan.

"This isn't just an hypothetical question. We have owners of run-down houses who want to redevelop the site."

Anna strongly encourages everyone to attend the meeting. She feels it's especially important for people who live in rooming houses and walk-up apartments to talk about what the loss of 14 houses would mean to them.

Should the community support the rezoning? Come out and voice your opinion.

(For more "Develop", see P.3)



Avenue of Nations
BUSINESS ASSOCIATION

#201, 10735 - 107 Avenue Phone: (403) 493-8158

Invest in your community

Shop at local stores

By Lorne Pendleton,
Executive Director
Avenue of Nations

The best place to shop is our inner city stores.

Business owners do not expect residents to shop at their store if you must compromise selection, convenience, value or any important benefit. However, if all things are equal, it pays to shop at our local merchants.

The Avenue of Nations Business Association has just released a brochure titled, "Shopping Guide". This will make it easier to shop local.

The new guide contains over 440 businesses in the zone from 95 Street over to 116 Street. The longest list is a choice of 77 restaurants including Chinese, Vietnamese, Italian, Spanish, Ukrainian, Japanese, two African and more.

This does not include the seven bakeries. The most recent bakery to open is the General Bakery on 107 Avenue.

The 40 grocery stores include the best selection of Asian food products in Alberta. The store owners might be from Ethiopia, Philippines, or St. Albert. They try to offer you the selection you value.

In McCauley's Chinatown, herbalists are next door to acupuncture clinics. On three short blocks of 97 Street you will find six.

Planning and preparing for

a wedding is convenient using the guide. In addition to five bridal and 16 fashion stores, the Avenue of Nations has nine gold and jewellery shops plus several photo studios.

Thinking of a honeymoon in exotic Southeast Asia? You can find a travel agent who has lived in Hong Kong, Singapore, or Vietnam and speaks perfect English.

Check out the list of local business and use the handy map. Buying a car or a candy bar, these services are convenient and their success converts into a better community.

Business owners provide jobs and pay taxes. If you do not know where to get your lawn mower blade sharpened or buy a pair of love birds, drop by the Avenue of Nations office 201, 10735 - 107 Avenue weekdays 9-5 for your free shopping guide.

Inside

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on page 2.
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on page 8.

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YVONNE PALAHNIUK, MANAGER

Community Life

with Linda Dumont

Spare Change reborn as OurVoice

by Linda Dumont

April 1, 1996 marked the second anniversary for the Edmonton-based street newspaper *Spare Change*.

It was also the final day for the existence of the paper.

At a press conference attended by news personnel from three tv stations and the *Edmonton Journal*, the paper was officially rechristened *Our Voice*.

Gordon Poschwatta, general manager of the paper, explained that the reason for the name change was to preserve the dignity of the vendors.

Vendors then had a chance to express their feelings about the new name.

Vendors explained that some vendors complained that calling out "Spare Change!" when selling the paper made them sound like panhandlers.

Reaction to the name change on the street varies. Some people are confused by the new name and ask if this is a new publication. They obviously missed the news on April 1.

Others comments such as "It's a better name." and "I like the new name." are frequently heard. One man said he preferred the old name. "It has more punch. *Our Voice* sounds too political."

Most simply buy the paper as usual with no comment. Whether most people even notice the name change is questionable.

As a vendor of long standing, the new name has taken some adjustment. Like one learning a second language, I have to translate *Our Voice* when I think *Spare Change*. I must admit that I was rather partial to the old name.

April 1 saw the end of an era. The paper has grown up.

There have been many changes along the way. The first was the issuing of badges and locations. From

written location papers, we went to location tags, then finally, the *Spare Change* badges were laid aside as we were issued new *Our Voice* badges.

There have also been the price increases (somehow prices never seem to decrease on anything but health care and welfare). It's difficult now to even re-

member buying papers at \$20 per hundred.

We were told that *Our Voice* sales are increasing steadily. That is probably due to the increase in the number of street vendors as individual sales are not on the increase.

There is also a change in vendor attitude. At the start, when there were only a handful of vendors, we all helped one another. The business is becoming increasingly competitive even to the point where some vendors are willing to fight for their rights to a territory.

But even when we went forward reluctantly, each change in the newspaper has been weathered successfully.

Some vendors complained that calling out "Spare Change!" when selling the paper made them sound like panhandlers.

YORK HOTEL FAMILY RESTAURANT

96 Street & 104 Avenue — Easy to find, Hard to leave

HOME-MADE SOUPS

GREAT BURGERS



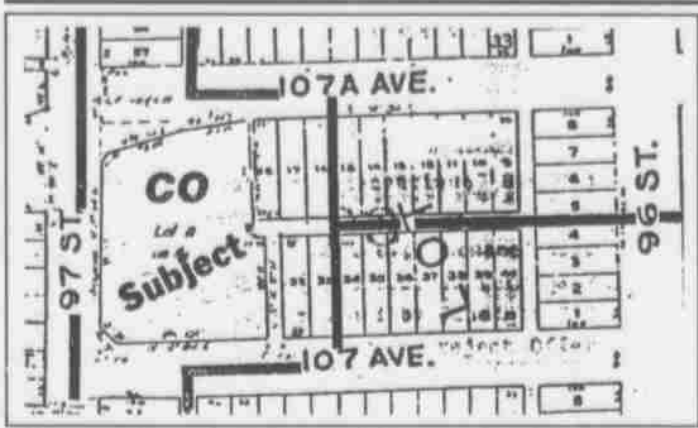
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8 a.m. - 2 p.m. Sunday



Community voices proposals in rezoning for commercial development along the south side of 107A Ave.

Mediate a win-win solution with developer

by Ele Gibson

During the development of the Boyle St. and McCauley Area Redevelopment Plan, one of the main premises that we were guided by was to retain a balance between commercial and residential land uses in this community.

In most cases, the most suitable zoning for both commercial and residential lots was very clear.

However, in a few cases, it was difficult to decide and the best choice was made on the information available at the time.

It was envisioned that because the disputed area on 107A Avenue is on an arterial route, the most suitable housing would be walk-up, high density apartment dwellings that would appeal to single individuals. Subsidized social housing or low-end market housing was thought to be the most likely use.

At the time, it was felt that if we zoned this area commercial, we would risk provoking a flood of rezoning applications from residential to commercial in the area to the south of 97 Street. We didn't think it was good for the

community to lose residential land in this area of South McCauley.

Provision for commercial development was made to the west of 97 Street.

Circumstances have, however, changed. I feel that we must revisit the zoning armed with new information:

Developments west of 97 Street have used up much of the available land.

Financing sources for social housing, which was considered the most likely use of these lots during the development of the plan, have entirely dried up and no change is likely in the foreseeable future.

While there has been some market housing development in other parts of the community, and much renovation of older homes, there has been no interest in developing housing on this block.

This stretch of property along 107A Avenue in one of the busiest routes in the community and is one of the least attractive for market housing of any type.

(More "Mediate" on p. 4)

Negotiate some control over proposed 107A Ave. Redistricting

by John Kolkman

First some facts:

The existing houses on the south side of 107A Avenue east of the Lucky 97 Supermarket are in very bad condition.

Several have been condemned and they are a blight on the neighbourhood. 107A Avenue is a busy arterial roadway, making it less attractive for new, residential development.

Were it to be built, the medical/dental clinic proposed by the developer would be an attractive addition to the community.

Having said all this, I do not believe that a blanket rezoning to a commercial/business district (CB1) is in the best interests of the community for the following reasons:

- there would be no assurance that the medical/dental clinic would be built. With a CB1 zoning the owner could sell the lots for a lot more money than they are worth right now as residential land (the lots are currently for sale). Or, some or all of the houses could be knocked down and rented out for parking. Or, any other type of commercial development allowed under the zoning could be built (anything from gas stations to pawn shops);

- if we allow the south side of 107A Avenue to go commercial, we will have little choice but to allow a similar rezoning on the north side of the avenue resulting in the loss of even more residentially zoned land; and

- the houses have deteriorated under their current owner. If we agree to a commercial redistricting, what kind of message are we sending to absentee property owners: "Let your houses run down and we will

reward you by allowing you to rezone the land to commercial?"

Instead of agreeing to a rezoning to CB1, the community's interests would be better protected by a direct control zoning such as DC5.

A direct control zoning would allow the property owner to build a medical/dental clinic, but would prevent other less desirable commercial developments on this site.

It would also send a message to developers that you can not make a fast buck by buying up cheaper residential land in

our community and then rezone it to commercial.

Let's not throw our bargaining power away by agreeing to a blanket rezoning. Let's negotiate with the developer to ensure that any redevelopment of this site improves the neighbourhood.

(John is a long time McCauley resident and was a member of the Planning Coordinating Committee that developed the Boyle St. and McCauley Area Redevelopment Plan (ARP). He also continues to chair the ARP's Transportation Sub-Committee.)

Don't dismiss loss of housing

by Philip O'Hara

How much is a block of run-down housing really worth to our community?

It may not be worth much to people who have secure housing, but it's worth a lot to people who live in rooming houses and walk-ups - whether they know it or not.

Let me explain.

I'm as thrilled as you probably are that the owners of the run-down houses on the south side of 107A Avenue between 96 and 97 Streets want to build a community medical centre.

The idea of bulldozing those eye-sore houses and putting up a new health facility sounds wonderful. It is wonderful.

But I think the price is too high.

Backing the owners' plans means supporting the rezoning of that block from residential to commercial use. Because the way zoning works, it also means kissing goodbye the houses on the north side of 107A Avenue as well - forever. The price for the community is three-fold:

- loss of about 14 houses forever and ending any future possibility of residential development on the site;
- undermines the much revered four year planning process the first chance we get;
- opens the door for other land owners to lobby for rezoning from residential to commercial.

So what am I proposing? Allowing the houses to deteriorate until they become a safety hazard and must be bulldozed?

(More "Housing Loss" on p. 4)

Support your community league - it supports you!

Become a McCauley Community League Member

Everyone Welcome! McCauley Community League Board Meeting, Monday, May 13 at the Boyle-McCauley Health Centre Community room from 7-9 pm (Ring the outside buzzer)

Free Swims at Eastglen Pool on Sundays from Noon -2:00 pm and 4:30-6:00 pm
You must bring your Community League Membership Card for the Noon swim.

Good News! You and your family members or friends can apply for 'Fee Reduction Cards' from Parks and Rec if you are on a fixed or limited income. You only have to pay 25% of the regular cost for swimming, trips to the Zoo or Fort Edmonton Park and other City facilities. Call 496-7275 or 496-1901 to apply.

JOIN THE McCAULEY COMMUNITY LEAGUE

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If you have concerns about provincial government programs, or need some information, please call my office. We would be happy to hear from you or see you at the office anytime.



The Boyle McCauley News is a non-profit newspaper published monthly by the Boyle Street McCauley Newspaper Society. The Society is made up of people who live and work in the Boyle Street and McCauley neighbourhoods. Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

Board of Directors: Malcolm Archibald, John Gee, Tom Hind, Phil O'Hara, Phil McIntyre-Paul, John Pater, Kate Quinn;

The office of the Boyle McCauley News is located at 10631 - 96 Street, Edmonton, AB T5H 2J1 Phone 424-6117, Fax 424-0796. For advertising 424-6117.

BMNews Notices:

Board Meeting - May , 1996, 7 pm, at 10631 - 96 St.
Monthly writers' meeting - May , 9 am, at Phil's 9517-109 Ave.
May Copy Deadline: Wednesday, May 29, 1996. Please deliver all copy on 3" disks to Phil's 9517 - 109 Ave. Call 426-2514 for details.

Mediate from p.3

It seems very unlikely that housing will be built here for many years to come - if ever. In the meantime, we are faced with a zone of blight.

There is a risk that if we do not permit a change in zoning we will appear to be intransigent, resistant to change and unsupportive of investment in

our community. If we do not support the concept of change due to changing circumstances, the developer may invest elsewhere, bringing prosperity to another community, while we are left with crumbling buildings setting a bad tone to our community.

I feel that the best course of action would be for the League members to meet with the developer in the spirit of community

cooperation, and to develop a solution that is not so restrictive as to discourage his plans, but which will be an enhancement to the community.

(*Ele is a longtime McCauley resident and was a member of the Planning Coordinating Committee that developed the Boyle St. and McCauley Area Redevelopment Plan (ARP). She also chaired ARP's Housing Subcommittee.*)

Housing loss

continued from p. 3

If the question is reduced to - do we want a new medical clinic or rundown housing, the answer is simple.

But maybe we need to explore other options. Granted, the federal government isn't funding any new social housing, but are there other creative partnership we could look at?

I don't have any clever plans to pull out of my pocket. I've just got some questions. I hear people talk about the need to provide quality, low-cost housing in our community and yet here we are prepared to bulldoze 14 houses.

It just doesn't compute with me.

I wish I could be at the community meeting on May 16, but I've got a big date in Toronto on the 16th. That's the day my big sister arrives back from China with her new adopted daughter. Now that's something to be thrilled about!

Big deal you say. The houses are falling apart anyway. True enough, but why are the houses falling apart?

That's a complicated question, but part of the answer is that the owners allowed them to deteriorate. The owners purchased the lots for far more than they

were worth as residential properties. Obviously they hoped that the land would be rezoned business and they would realize a quick profit overnight.

That's the way the system works, and whether it's right or wrong is best left to pondering over a few beers.

Dear Editor:

I was very happy to read the letter from Mrs. Maryanne Hnatyshyn regarding 96 Street. Thank you Maryanne!

That twisted job makes me sick! When do you see children or pensioners walk that street? Do you?

I am a pensioner. I have to cross that STREET on 106 Ave. That change I can not describe the ugliness 96 Street is bearing. I used to walk that STREET to the grocery store on 97 Street. Now I am afraid.

Aesthetically speaking, to use 96 Street anymore, the bulbed islands are a disgrace to look at, but the drunks have

Letters to the Editor

something to fall over.

People walk to Sacred Heart Church only on a Sunday, nothing ever happened before that tastes change! Yes changeability is a way of life, but if there is something to be proud of, do not destroy the beautiful 96 STREET as it was before.

I hope no benches will be installed ever.

Frank (Close resident to 96 Street)

OUR VOLUNTEERS

PRODUCTION:

Editor: Phil O'Hara **Writers:** Veronica Campbell, Remy L. Clericuzio, Gail Campos, Linda Dumont, Ele Gibson, John Kolkman, Phil O'Hara, Lorne Pendleton, Kate Quinn **Photographers:** Kate Quinn, Mary Gullivan **Layout & Design:** Phil McIntyre-Paul **Page-ug:** Momo Avram, Jasenka Avram, Phil McIntyre-Paul, Black Cat Press **Accounting:** Malcolm Archibald **Invoicing:** Gail Campos

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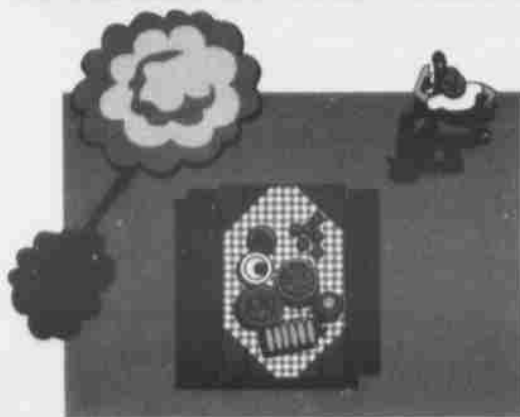
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volunteer
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great work experience

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MICHAEL PHAIR COUNCILLOR WARD FOUR



Your opinions are important to me—please call for assistance with civic issues.

496-8146

Boyle-McCauley Health Centre

Inner city healing through health care

Update

May 1996



Who are we?

The Boyle-McCauley Health Centre (BMHC) is Edmonton's first street front community health centre providing high quality, primary health services to the inner city residents while working to improve the overall health and well-being of the community.

Why are we here?

We provide inner city residents with effective, appropriate and easily accessible health services and promote well-being in the community. We foster health and work to prevent illness through our programs and services. Often effective treatment requires much more than a prescription or simple referral.

How do we operate?

We are governed by a volunteer board; elected and accountable to the community.

- Over 50% of board members either live or work in the communities served by the Centre
- We are a non-profit registered charity

10628-96 Street
Edmonton, Alberta T5H 2J2
Tel: 403-422-7333
Fax: 403-422-7343

Who do we serve?

We serve people who live, work or frequent the neighbourhoods of Boyle, McCauley and Norwood. Senior citizens, children, single people, families and people with special health needs come through our doors.

People first

We recognize people's social, economic, educational, spiritual and cultural backgrounds. We develop supportive, personal and long-term relationships with those who use our service.

Chúng Tôi Là Ai ?

Trung Tâm Y Tế Boyle-McCauley (BMHC) là trung tâm y tế cộng đồng Edmonton đầu tiên ở ngay mặt đường cung cấp các dịch vụ chăm sóc sức khỏe căn bản với phẩm chất cao, đồng thời, hoạt động để tăng triển sức khỏe và hạnh phúc nói chung cho những người cư ngụ trong vùng trung tâm thị xã. Chúng tôi là một hiệp hội bất vụ lợi có đăng ký

Tại Sao Chúng Tôi Ở Đây ?

Chúng tôi cung cấp cho cư dân khu vực trung tâm thị xã các dịch vụ y tế một cách hữu hiệu, dễ dàng, thích hợp và khuyến khích vấn đề phúc lợi trong cộng đồng. Chúng tôi bảo trợ sức khỏe và làm việc để phòng ngừa bệnh tật qua các chương trình và dịch vụ. Thông thường thì một sự điều trị có hiệu quả đòi hỏi nhiều hơn là một đơn thuốc hay một lần giới thiệu đến cơ quan y tế.

Chúng Tôi Phục Vụ Những Ai ?

Chúng tôi phục vụ những người sinh sống, làm việc hay lui tới vùng láng giềng Boyle, McCauley và Norwood. Những người cao niên, trẻ em, người độc thân, các gia đình và những người có vấn đề sức khỏe đặc biệt tìm đến ngưỡng cửa trung tâm chúng tôi.

Con Người Là Trên Hết

Chúng tôi nhìn nhận nguồn gốc văn hóa, tinh thần, căn bản học vấn, kinh tế và xã hội của mọi người. Chúng tôi phát triển một quan hệ hỗ trợ cá nhân lâu bền với những ai sử dụng dịch vụ của chúng tôi.

Translation by THE VIETNAM TIME MAGAZINE

How can we help?

Ask our staff about...

- Blood tests
- Children's health services
- Counselling
- Dental Services
- Flu shots
- Foot clinic
- Hepatitis B vaccinations
- HIV antibody testing
- House calls
- Immunization clinic
- In-home health check-ups for seniors
- Streetworks
- Nutrition counselling
- Programs for pregnant mothers
- TB tests



Your Involvement Makes Us Healthier

Message from the Boyle-McCauley Health Centre President, Phil O'Hara

You may have noticed our ad in the last three issues of the Boyle McCauley News. Big and bold, our ad simply asked "Want to help our community?"

But our ad didn't stop there. It went on to explain that "The Boyle-McCauley Health Centre needs your involvement to better serve people in Boyle, McCauley and Norwood." The truth is, our ad is an unabashed pitch to people who live, work, or own businesses in the community to consider becoming a member of the Health Centre's Board.

Having strong representatives on the board from the community helps to ensure that the programs and services we provide meet the needs of the area's residents. It also helps to make us more accountable to the community.

Like many agency boards in the inner city, we work hard to strike a balance between the necessity of having people on the board with a diversity of skills and the need for representatives from the neighbourhood. We strive to

Please give some serious thought to becoming a member of the board. If you are interested and would like more information, we could meet for a coffee and talk about what the board does and how it operates.

Being a board member isn't the only way to help out at the Health Centre. There are lots of opportunities for volunteers to get involved - call to find out more.

If you've never been inside the Health Centre, a good introduction would be to attend our Annual General Meeting in the early evening on Tuesday, May 28. Our AGM isn't nearly as boring as it might sound. We quickly finish our required business and then get to the fun part: eating and socializing. Everyone from the community is welcome and memberships are only a loonie. Hope to see you there.

ensure that half of our board members either live or work in the community. We feel it's vitally important to preserve this balance. More often than not though, it's a real challenge to achieve this delicate balance. That's where you come in.



Message From The Minister of Health, Shirley McClellan

As a government, we deeply value the work of the Boyle-McCauley Health Centre. By specifically targeting the health needs faced by inner city residents, the Centre is a unique element of our health system.

The health providers who work at the Centre are dedicated professionals, committed to developing unique and innovative strategies for meeting inner city health needs. I commend them for their commitment and dedication to this area of need.

The "store front" method of service delivery is an innovative approach that improves the accessibility of quality health care for inner city residents. In addition to this strategy, the Centre also seeks to provide a

wide-range of comprehensive medical information and services as a "one stop" location for health care. These efforts have proven very effective in meeting the health needs of the inner city.

The Centre also emphasizes illness prevention and health promotion in its services. This emphasis demonstrates the Centre's commitment to the overall well-being of its clients and a better quality of life for the inner city. All Albertans owe the Boyle-McCauley Health Centre a debt of thanks for its work.

On behalf of the Government of Alberta, I wish the Centre all the best in its future endeavours.

Membership form

Yes! I'd like to be a member of the Health Centre. Here's my \$1.00 membership!

Name _____

Address _____

Phone _____

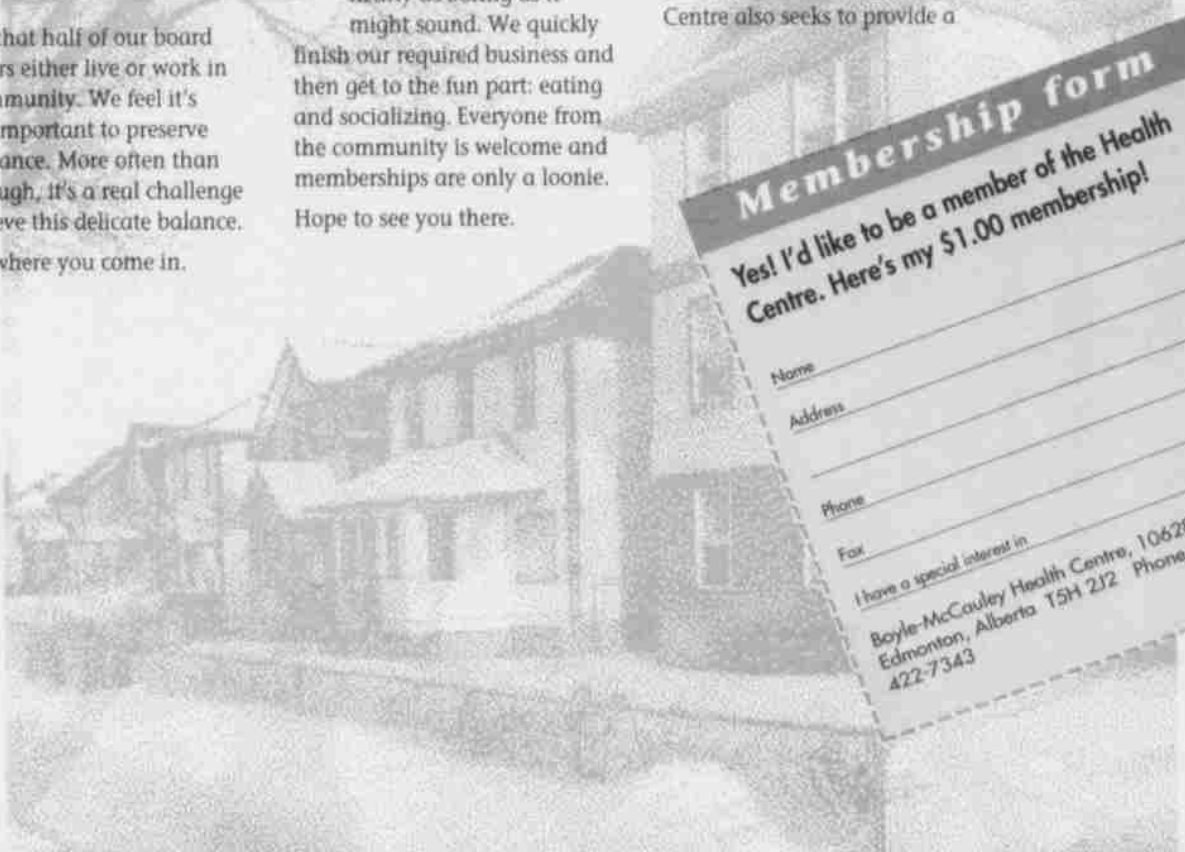
Fax _____

I have a special interest in _____

Boyle-McCauley Health Centre, 10628-96 Street, Edmonton, Alberta T5H 2J2 Phone: 422-7333 Fax: 422-7343

Stress Buster!

Just get some sleep. Your ability to cope with stress may be increased by simply getting enough sleep.



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*not including April 1 to March 31/96



Message from Campbell J. Miller, Chair of Capital Health Authority

In our modern world, a healthy community is a vital resource. There is growing recognition that health is the result of many factors: housing, nutrition, employment, social support, education, lifestyle, as well as health care services.

The Boyle-McCauley Health Centre has been a leader in putting this concept into action.

The Centre has worked with the inner city community not only to provide quality primary care, but also to develop community resources that proactively promote a health community. By working with the community and local agencies, the Health Centre reaches out to people with continuing efforts to improve health.

The Capital Health Authority recognizes the leadership of the

Boyle-McCauley Health Centre in developing a healthy community. The

Centre plays an important role in the region. We hope the Centre and inner city residents will continue their efforts to foster health and independence.



Kim jesteśmy?

Przychodnia zdrowia Boyle-McCauley jest pierwszą, w Edmontonic środowiskową przychodnią zdrowia, zapewniającą wysokiej jakości podstawową opiekę lekarską mieszkańcom najuboższej części miasta pracującą nad poprawą ogólnego stanu ich zdrowia i samopoczucia. Jesteśmy zarejestrowanym stowarzyszeniem dobroczynnym (nie obliczonym na zysk).

Dlaczego jesteśmy tutaj?

Zapewniamy mieszkańcom najuboższej części miasta efektywne, właściwe i łatwo dostępne usługi zdrowotne i krzewimy dobre samopoczucie i dobro w środowisku. Sprzyjamy zdrowiu i pracujemy nad zapobieganiem chorobom przez nasze programy i serwisy. Często efektywne leczenie wymaga dużo więcej niż recepty lub prostego skierowania do specjalisty.

Komu służymy?

Służymy ludziom którzy żyją, pracują w albo korzystają z dzielnic jak Boyle, McCauley i Norwood. Przez naszą klinikę przewijają się obywatele w starszym wieku, dzieci, osoby samotnie, rodziny oraz ludzie ze specjalnymi problemami zdrowotnymi.

Ludzie na pierwszym miejscu.

Uznajemy w ludziach ich przeszłość socjalną, ekonomiczną oraz w dziedzinie edukacji, rozwoju duchowego i kultury. Rozwijamy wspomagające, osobiste i długotrwałe związki, z tymi którzy korzystają z naszych usług.

Dzwońcie lub złóżcie nam wizytę.
Nasze usługi są dla was.

Healthy People and Healthy Communities...

This issue of the UPDATE is meant to give you, the reader, a snapshot of things that help to make this community healthy.

Each day, literally hundreds of people add to the health of the community in very real ways.

Helping a neighbour carry their groceries, handing out food and clothing to those who need it, providing support for a woman who is in an abusive situation, providing much needed medical treatment, working with a special population around specific health issues, hosting a community supper, working on a committee to encourage neighbourhood safety, or a nursing student visiting a new mom. All of these acts of kindness and caring support a growing, healthy community spirit.

As you read through the Update, you may recognize some of the people involved; in fact, you might even recognize yourself as an advocate for health. We say HOORAY for you! Keep on doing what you are doing! What you do on a daily basis makes a difference!

...are Built One Day at a Time

HOURS OF OPERATION

Boyle-McCauley Health Centre
10628 - 96 Street
422-7333

Medical Clinic
Dental Clinic 421-7333

Appointments or walk-ins
Monday to Wednesday,
and Friday 9:00 am to 4:30 pm
Thursday 10:00 am to 4:30 pm
Open 1 pm to 4:30 pm on the last
Thursday of every month.

Medical Clinic only open Saturday 9 am to noon

Footcare Clinic

Wednesdays 1 to 3:00 pm

**Immunization &
Well-Child Clinic**

Mondays 1 to 3:00 pm

Laboratory (LAB)

Monday to Friday 9:00 am to 5:00 pm
Saturday 9:00 to noon

Community Nursing Station
Herb Jamieson Centre 423-3434
10014 - 105A Avenue

No appointments necessary
Monday to Wednesday 8:30 am to 4:30 pm
Thursday 10:00 am to 4:30 pm
Open 1 pm to 4:30 pm on the last
Thursday of every month
Friday 8:30 am to 4:30 pm
Closed noon to 1 pm

Streetworks
Four fixed sites

Boyle Street Co-op

Monday to Thursday 8:30 am to 4:30 pm
Friday 8:30 am to 4:00 pm

Boyle-McCauley Health Centre

See above listing for clinic hours
van hours call 422-7333

Eastwood Health Centre

7919-118 Avenue,
Tuesday and Thursday 1:00 to 4:00 pm

AIDS Network

Suite 201, 11456 Jasper Avenue
Monday to Thursday 9:00 am to 5:00 pm
Friday 9:00 am to 1:00 pm

Kindred House 424-4091

Tuesday to Friday 11:00 am to 11:00 pm
Saturday 3:30 pm to 11:00 pm,

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Coutu, Dr. & Mrs. R. T.
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Curry, Stuart
Dacks, Gordon and B.
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Foster, Colin
Foster, Daryl
Fries, Vivian
Frolik, Suzanne
Furman, Goldie

Programs & Services

responding to people's needs

TB Follow-up

- TB patients visit twice a week for a year to receive medication and follow-up treatment.
- this program is provided in cooperation with Capital Health Authority, Public Health Services, and Edmonton TB Clinic

Maternal/Childcare

- pre-natal check-ups, individual counselling, and home visits during pregnancy
- "Health for Two" program provides free milk coupons for pregnant women
- parenting education

Counselling Programs

- mental health therapist on site
- these services are in cooperation with Alberta Mental Health Services and Provincial Mental Health Board

Home Visits

- regular home visits provide primary care, assessment, examinations and education
- the chronically ill, shut-ins, the elderly, and women who are part of the maternal/child care program receive regular visits
- services offered at: Bissell Centre, Our Place, George Spady Centre, Herb Jamieson Centre, Women's Emergency Accommodation Centre (WEAC), Edmonton People in Need Shelter

Society (PIN), Kindred House, Urban Manor, Salvation Army, Operation Friendship and Hutton Place

Footcare Clinic

- one of our most popular services - held Wednesday afternoons at the Centre. Held Tuesday mornings at Urban Manor for residents only

Streetworks

- streetworks is a harm reduction program which aims to reduce the rate of HIV infection among injection drug users and sex trade workers
- registered nurses and community workers are part of the Streetworks staff; they are actively involved in health promotion and disease prevention
- a needle exchange is provided including free condoms, bleach kits, vitamins, hepatitis vaccines as well as, counselling and information on HIV and other health related issues
- needle exchange sites are located at the Boyle Street Co-op, AIDS Network, Boyle-McCauley Health Centre and Eastwood Health Centre
- an outreach van serves the neighbourhood



- carrying supplies in their knapsacks, Streetworks' staff go out into the community on foot on Wednesday, Thursday and Friday afternoons

- nursing and health care needs for local residents, residents of the hostel, George Spady Centre, and WEAC
- accept referrals from hospitals, inner city agencies, and social services (some restrictions apply)

Immunization & Well-Child Clinic

- community Health Nurses assess infants and pre-schoolers on developmental (mental, physical, and social) growth and provide necessary immunization. Mondays 1 - 3:00 pm

Dental Clinic

- operates on a flexible fee-for-service basis
- teeth cleaning available
- children and adults welcome
- emergency services available

Community Nursing Station

- multi-service nursing unit located at Herb Jamieson Centre, 10014-105A Avenue
- 127 bed inner city hostel for men
- 29 bed sick-bay for short term care



The concept of "earning your wings" is nothing new. Here at the Health Centre, we consider our members and donors to be angelic. Your support enables our staff (a feathery flock of do-gooders!) to give their utmost to the communities they serve. A few helpful angels, like yourself, can make a tremendous difference. Please consider becoming a member, or making a donation to the Health Centre: you'd be an angel in our eyes!



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Kuziak, Louise
Kwang, S.

Twenty Five Years

The Community Nursing Station

Three women sit together in the chapel of an Edmonton funeral home, listening to the softly spoken words of a young minister, portraying the life of an elderly man whose deceased body now lies at peace, in a long grey plain coffin before them.

Tears well in their eyes and roll slowly down their cheeks, as each, in their own silence, realizes that the little known facts they had been able to piece together, did not tell the true story of this proud man.

The three women, Shirley, Rea, and Mary are nurses, at the Community Nursing Station, located within the provincially-run Single Men's Hostel, situated in the Inner City of Edmonton (now re-named the Herb Jamieson Centre).

Carl had walked into the Nursing Station one mid-summer day, approximately six months before his death. He had sought help when he could no longer earn enough money from bottle collections to pay for his room at another hostel.

He was a tall, stately, very thin man, with long grey hair and beard, and kind, sad blue eyes. He was seventy-five years of age, did not know he was entitled to a pension and had never applied. His cough was bad and his breathing restricted, yet he apologized for being ill.

Originally, from Saskatchewan, he had been in Edmonton several months; he had no health care coverage and had never seen a doctor while in Canada.

As a young man, Carl had immigrated from Germany with his parents and two siblings. Shortly after their arrival in Canada, his parents died. He then separated from his brother and sister, working on various farms across the country,

basically and nearly always, only for his room and board.

The nurses knew, even from the first day, that his health was

difference.

March 15th, 1996, marks the twenty-fifth anniversary of the Community Nursing Station



not good. Following initial examination he was admitted to the Station's sick bay and during the following days, with both local doctors' and specialists' examinations and tests, he became their friend and they his family, along with all the staff at the hostel. He was no longer alone; he had a home and together they shared his last months of life with inoperable cancer of the lungs.



With Carl's consent, they set about trying to locate any remaining family and apply for his old age pension. Rosalie from Operation Friendship helped and diligently tracked down all the necessary documents needed. Finding relatives was not an easy task. Finally, one morning they received a telephone call from a niece living in Vancouver.

Three nieces, daughters of Carl's brother who had recently passed away, made the trip to see him and wrote to him until his death. His pension cheque arrived the week he died - he never cashed it.

I like to believe we, as nurses and his friends, made a

and Carl's story is one of the many that has touched our lives and will always be remembered.

Since its opening, the Nursing Station has practised a multi-team approach to holistic, individualized health care delivery and promotion of good health for the residents of the hostel and inner city community. The Nursing Station works cooperatively with all other inner city help agencies, hospitals, private doctors, social services and in particular the management and staff of the Herb Jamieson Centre.

The Nursing Station continues to maintain this approach, now proudly under Boyle-McCauley Health Centre.

From Rea and me, to all the residents of the inner city, our own residents here in the Herb Jamieson Centre, Women's Emergency Accommodation Centre and George Spady Centre, all our working colleagues, Inner City Agency workers, past and present, and to the Department of Health and Social Services who hired me 25 years ago to enter a world I have grown to love and a nursing experience beyond all others, thank you.

Shirley Babad, RN

Our Dental Clinic

By now, most of you know of the Dental Clinic in the Boyle-McCauley Health Centre. We opened in October 1993 to address the dental problems in the community: it was noticed that people with little or no income or dental coverage are seriously limited when it comes to getting care. We provide dentistry for a reduced fee, and we suspect that for many who come to see us, we are their last resort.

The work that we do is varied - from pulling teeth to bridges, splints, root canals, dentures and partials. We do our best to avoid pulling teeth. Many dental plans we work with cover so few preventative services that our job at times is really hard. If someone has pain in the only lower molar on their left side, we will try to do everything to save it: from limited payment plan to income-based reduced rates.

We work with a receptionist who really is the office manager. As well as answering the phone she does our referrals, checks coverage and advocates, along with the dentist, on our patients' behalf.

One dentist runs two to three chairs with two assistants. One assistant specializes in sterilizing all instruments after each use and wiping down the work area; the other assists the dentist, takes x-rays, and polishes teeth.

Volunteer dentists donate their valuable skills and time to the Clinic which helps us tremendously. (Bless their great big hearts!)

One really exciting aspect of working in this dental clinic are the people we meet including immigrants, seniors, children - people from every walk of life. Many are so friendly and nice that they bring sunshine in to our basement clinic; there rarely is a dull moment.

OUR LAB

Did you know that you can use the lab at Boyle-McCauley Health Centre whether you see a doctor at the Health Centre or any doctor in the city?

For Your Funny Bone... Humorous "Medical Terms"

ARTERY - the study of fine paintings.
 DILATE - to live long.
 FASTER - quicker.
 HANGNAIL - a coat hook.
 MEDICAL STAFF - a doctor's cane.
 NITRATE - lower than the day rate.
 OUTPATIENT - a person who has fainted.
 PROTEIN - in favor of young people.
 TABLET - a small table.
 TUMOR - an extra pair.
 URINE - opposite of you're out.
 VARICOSE VEINS - veins which are very close together.

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 Lamb, Dr. Peter
 Lamson, Mrs. Jeanne
 Lamont, Lorne
 Lambert, Lisa
 Laycock, Kerrie
 Ledwith, Aunie
 Lee, Tzu and Judith
 Les Filles De Jesus
 Les Soeurs de l'Assomption de la
 Sainte Vierge de l'Alberta
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 Oundew, Vincent
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 Pilon, Dr. Thomas J.

Vignettes From **Kindred House**

Kindred House is a safe, supportive drop-in centre for women who work on the street. The staff and volunteers believe in a non-judgemental atmosphere which results in growth, learning and healing.

Here are some of the things that people have said about Kindred House...

"Tonight, as with lots of nights, I had several calls; one from a mother wondering if her daughter was alive and well, one from a woman in jail who needed someone to talk to, and others who call for support, or to talk about their worries."

"Today, I had an asthma attack. The Boyle McCauley Health Centre nurse came to see me. She saw that it was more serious than I thought so we went to the hospital. The pharmacist came to Kindred House and brought me the inhalers I needed. They were a new kind so he showed me how they work."

"One of the women had to go to court. She is someone who has no one. She was so happy when she saw us. It's good to have someone in your 'corner'."

She calls regularly just to talk, to have a familiar connection with someone she feels safe with."

"On Thursday afternoons, the STD nurse comes.

She takes you to the clinic or sees you here to test for STD's, infections, etc. She visits us when we're in the Remand

Centre. She's a good person to talk with."

Women who work on the street, staff members and volunteers sit around the kitchen table every week to talk about, hours of the house, who should be allowed in, what kinds of condoms work, bad dates, AIDS and other health concerns. We learn about how to respond helpfully to the women.

"Coming to Kindred House is a haven for rest, food and sleep. It's a place to go when you have nowhere else to go."



A Day In The Life Of **Streetworks**

Streetworks is a harm reduction program which aims to reduce the rate of HIV infection among injection drug users and sex trade workers. From information, condoms, needles, and vitamins to counselling, Streetworks is actively involved in health promotion and disease prevention.

At Boyle-McCauley Health Centre, Darlene opens the Streetworks' needle exchange. Many users drop by to talk to Darlene about their lives and she provides quiet support and counselling. In between exchanges, she orders supplies, works on the Streetworks' newsletter, or mails out letters to city pharmacies regarding the Streetworks' pharmacy program.

Like Darlene, Sandy works at the Boyle Street Co-op exchange. Between exchanges, Sandy works with a nursing student, planning a coffee night for the Streetworks' service users. She also organizes client interviews for a provincial government study, and arranges teaching sessions on HIV/AIDS for inmates at the Maximum Security Prison. She spends an hour helping a service user get into a treatment program they feel ready for.

Marliss changes a dressing on a client's arm. She does a few exchanges and gives two Hepatitis B immunization shots. She and a student nurse meet about improving prenatal care for high-risk women in the northeast area of the city. Later, she catches up on paperwork, and spends a couple of hours at Kindred House.

Danny comes in at 3 pm to start his day. He and Sandy put on backpacks and walk around the Boyle-McCauley area on foot, providing outreach for two hours. They visit with people where they live and work, either creating new relationships or cementing old ones.

In the evening, he stocks the van and meets one of the agency representatives he is taking out as a "ride-along". The van follows its usual route and receives three calls on the cellular phone. Danny gives 3 Hepatitis B immunization shots and catches up with a number of people with whom Streetworks has been working. He hands out dozens of condoms and exchanges many needles in his shift which ends at 12:30 am.

For more information on the Streetworks program, please contact any team member at the Boyle-McCauley Health Centre (422-7333) or the Boyle Street Co-op (424-4106).



Partners in healing - Funders and Donors 95-96*

Patrick, Roberto
Patterson, Ralph & Alida
Paulettes of St. Paul's United Church
Pawlyshyn, Joana
Pearce, William G.
Perevessoff, Dr. Charles
Phair, Michael
Pikni, Dr. Henry
Plura Alberta
Poco Hoffmann & Lee
Pruitt, Denise and Guy
Fruitt, Dr. Laura
Princeton Theatre
Princeton Developments Ltd
Pruitt, Gerry, Nemo and Adam

Propaganda Beauty Salon
Psychiatry Clinics Fund
Rafter, M.
Rapats, Wil & Ursula
Rapid Med Plus
Redemptorist Province Of Edmonton
Redmond, Vivian
Rejcek, Joyce
Renewo, Brenda
Reid, Charles & Elizabeth
Reid, Richard W. & Barbara J.
Rathbun, Joan M.
Reinhart, Ken
Reisinger, James
Reminsky, Ruth

Rennie, Gordon & Ivy
Robbins, Margaret
Robbins, Peggy
Roberson-Wesley United Church
Rodgers, Wendy
Rozych, Mr. Steve
Roth, Camie
Rust, The
Royal Alexandra Adult Hospital,
Intensive Care Unit, Nurses
Royal Alexandra Hospital, Employee
Charitable Donations Fund
Royal, Peter J. QC
Royal-Cooking Supplies Inc.
Rubbick, Dr. Tracey

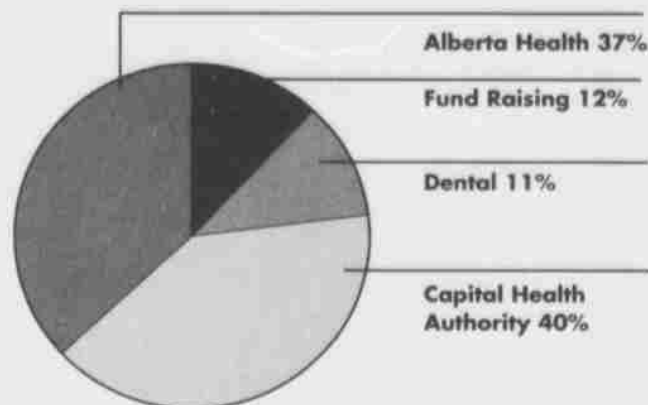
Rudowicz, Dr. Eric A.
Russell, Dr. Kelvin J.
Sulopsek, Dr. Thomas G.
Sulterio, Mr. Steven
Samuel and Sadye Bronfman Family
Foundation
Sutrycia, Dwayne
Sera, Judy
Serra, Mark
Saville Systems Canada
Shackler, Miriam
Scheppinsky, Alexander
Schloss, Dr. Eric
Schmidt, Dr. Kenneth L.
Schmidt, Max

Schwab, Ruth
Schwartz, Margot
Schwarzman, Dr. Niam
Schymanski, Herta
Scheidt, Geoff
Shopko, Dr. Anil B.
Shank, Gordon W.
Sharon, Dr. W. J.
Shih, Lyndie & David
Short, Patricia
Shortland, Lori
Shupenski, Mae
Sinclair, James & Diane
Sirochin, Justice William & Elizabeth
Singer, Mildred

Sisters of Charity
Sisters of Charity of Providence
Sisters of Holy Cross
Sisters of Our Lady Of The Cross
Sisters of St. Joseph of Alberta
Sisters Servants Of Mary Immaculate
Slauer, Irene
Smith, Carol
Smith, Dr. William F.
Smith, Harold A.
Smith Brosse Barnders & Solicitors
Smith, Karen
Smith, Sheila
SNC Lavalin
Sorenhan, Derrick

South Edmonton Lions Club
Southworth, Danna, Dick and Scott
St. Peter's Catholic Women's League
St. Joseph's Basilian Catholic
Women's League
St. Basil's Church
Stod, Herman & Mariette
Stodnyk, Sophia
Stephens, Dr. W. Roger
Stodtner, Dr. Howard J.
Stolley, Dr. D. E.
Stroan, Bill
Stuel, Sarah
Stroppel, Richard
Swallow, Dr. Robert J.

Boyle-McCauley Health Centre Income 95/96



Ongoing funding for Boyle-McCauley Health Centre is provided by Alberta Health, and Capital Health Authority. Additional funding for 1995-96 has been provided by Edmonton Community Foundation, and Alberta Family and Social Services. We receive funding on behalf of a number of community based health projects. Funders include The Samuel and Saidye Bronfman Family Foundation, The Muttart Foundation, The Clifford E. Lee Foundation, Health Canada, Heritage Canada, and Plura Alberta.

BMHC

What We've Been Up To...

PARTNERS WITH AADAC - We are partnering with AADAC (Alberta Alcohol and Drug Abuse Commission) to address addiction problems in the inner city. The staff and the people using the Health Centre participated in a survey that asked how each person defined "success" in relation to addictions. For some, success might be going a day without a drink, for others success could mean never drinking again.

EDMONTON WOMEN'S HEALTH NETWORK (EWHN)

- Have you ever wondered what other women in the inner city, and the rest of Edmonton have to say about health? Why not come and join us at our next meeting? We're interested in knowing what you think about how women can stay healthy.

**FLASH: The EWHN will open an office at the Health Centre in May. Drop in for a coffee or phone and see what's going on.*

You Said - We Listened

In a survey conducted last August, many of you told us that overall the Boyle-McCauley Health Centre was well regarded and appreciated in the community. Some of the things you liked were:

You liked us, the staff. Many of you spoke of the approach and attitude of the staff as being our greatest strength.

Our location - the fact that it is located within the community makes it more accessible.

The outreach component of our services - homecare visits, etc.

However, you also told us that we need to improve how we deliver these services - you asked us to look at our appointment system and find ways to shorten waiting room waits.

So this is what we did:

Extended our hours of operation by opening at 9:00 am.

Tried to achieve a better balance between walk-ins and appointments so that we always have someone available to see people in emergencies or who "can't wait".

Made changes as to how we schedule by trying to ensure that one of our three physicians and three nurse practitioners is also available to see walk-ins and emergencies.

Fast tracking everyone we can. (ie. dressing changes, flu shots, etc.)

These are just some of the changes we are trying as a result of your opinion -and it's not over yet. We are still looking at different ways to make our system more user friendly for you, the people we serve.

When you come to the Centre, please let our staff know if we can improve the way we do business. Your opinion really does matter to us.

WE COLLABORATE WITH THE FOLLOWING AGENCIES:

AIDS Network of Edmonton Society
 Alberta Alcohol and Drug Abuse Commission (AADAC)
 Canadian Home Friendship Centre
 Capital Health Authority
 Capital Health Authority - Home Care
 Community Support
 Educational Institutions
 Federal Medical Service Branch
 HIV Outpatient Program, University of Alberta
 Local Schools
 Provincial Mental Health Board
 Royal Alexandra Hospital
 Sexually Transmitted Disease Clinic
 University of Alberta, Faculty of Nursing & Faculty of Medicine
 Urban Core Support Network (UCSN)

WE WORK WITH AND PROVIDE SERVICES AT THE FOLLOWING LOCATIONS:

Bissell Centre
 Boyle Street Community Services Co-op
 Edmonton People in Need Shelter Society
 George Spady Centre
 Herb Jamieson Centre
 Kindred House
 Operation Friendship
 Our Place
 Salvation Army
 Urban Manor
 Sparring Lodge
 Women's Emergency Accommodation Centre (WEAC)

New Smoke Alarm Program Aims to Save Lives

The Community Smoke Alarm Program is giving away smoke alarms with a "snooze button" which people can press when they know that the smoke alarm is reacting only to steam or cigarette smoke. Often regular smoke alarms are disconnected by people because the alarm sounds off when the person cooks, smokes or boils water in a small space.

Through concerns raised in the community, backed by statistics gathered by Safe Housing Inspectors, it was clear the traditional smoke alarm wasn't effective in the rooming house environment.

To apply for a smoke alarm a person must:

- live in the area designated for the pilot program, 82 Street to 124 Street, 118 Avenue to the river;
- reside in a rooming house; and
- have battery-operated smoke alarm provided in the suite, that cannot be reset.

For further information on how to apply, contact the Public Safety and Education Branch at 496-3850 or drop by the Boyle-McCauley Health Centre.

Partners in healing - Funders and Donors 95-96 *

Swanson, Dr. William
 Tai, Dr. & Mrs. Chao
 Tchr, Richard
 Tedeschini, Veniece
 Terlesky, Fernie
 Thomas, Gary B. & Karen A.
 Thoms, Wendy
 Thupson, Sharon
 Tierney, Dr. Anne J.
 Tomita, Dr.
 Townsend, Jim
 Truchard, Dr. Lucie
 Truch Bruchet, Ms. Heather L.
 Truchard, Dr. Louis
 Young, Jovan

Turner, Dr. Robert & Mrs. Joan
 Turner, Mrs. Sydney
 Universal Dental Laboratories Ltd.
 Vargas, Oscar
 Vosses, Dr. David
 Vernet, Claire
 Verviot, Brother Dominus
 Vetch, Dr. Elizabeth
 Viner, Shirley
 Von Hagen, Dr. Garth
 Von Hohenhausen, Dr.
 Voogt, Barry & Cindy
 Voogt, Fred and Irene
 Voogt, Wes & Carmen
 Voys, Arnold John

Vriend, Richard
 W. I. Page & Associates Ltd.
 Wakefield, Mr. Kimberley D.
 Walker, Darrell
 Walker, Larry and Pui
 Walker, Margaret
 Wallace, John
 Wawanesa Mutual Insurance Co.
 The
 Watson, W. Roy & Mary E.
 WE Associates
 Weary & Company
 Wey, Dr. N. W.
 Weasel, Dr. Ivan
 Weston Hotel, The

Weyerhoeuser Canada
 Whittam, David J.
 White, Frank
 Wichtman, Monika
 Wiebe, Rudy & Tena
 Wilkins Investments Ltd.
 Williams, Dr. Ramsell G.
 Williams, Dr. Mary E.
 Wim, Dr. Norbert J.
 Witten, Ralph & Lu
 Wong, Willy
 Wooding, Dr. Peter
 Woods, Charles
 Workman, Lynda and Bill
 Workman, Paul or Martina

World Water Park
 Woywika, Frances A.
 Wygers, Judy
 Yaremka, J.
 Yarnikowich, Martha & John
 Yursh, Irene
 Young, Mr. Daniel
 Young, Beth
 Yu, Dr. Henry C.
 YWCA Y-Kitt
 Zisk, Gail and Henry
 Zerp, Don

THANKS!

STAFF

Shirley Babad, Registered Nurse
 Marian Bens, Acting Finance and Administration Officer
 Margaret Biernacki, Infection Control Assistant
 Ronda Blasco, Finance and Administration Officer
 Ray Buryj, Repairman
 Wendy Cheung, Dentist
 Anne Coons, Receptionist
 Ruth Cossever, Nurse Practitioner
 Veronica Crossley, Clinic Secretary
 Leonor Estradas, Janitor
 Shirley Hall, Clinic Coordinator
 Dr. Terry Heisler, Physician
 Lois Jack, Nurse Practitioner
 Julie Jackson, Dental Receptionist
 Dr. Martha Knopp, Dentist
 Dr. Anola Kutash, Physician
 Jean Lindsay, Resource Development Coordinator
 Margo Marton, Clinic Nurse
 Darlene Morrison, Clinic Nurse
 Danny Pasichnyk, Nurse Educator
 Michelle Parisien, Receptionist
 Pat Odell, Nurse Practitioner
 Donna Sears, Executive Assistant
 Marilyn Strain, Dental Assistant
 Marliss Taylor, Nurse Educator
 Sharon Thurston, Executive Director

PART-TIME STAFF



Peter Akai, Physician
 Kim Colpitts, Dental Reception - Relief
 Kim Koch, RDAI Chairsides/Reception Relief
 Edwina Madill, Registered Nurse
 Rea Malcolm, Registered Nurse
 Wendi Monahan, Clinic Nurse
 Wanda Mulloy, Clinic Nurse
 Dr. Marty Warren, Dentist

AFFILIATED STAFF

Gordon Cowie, Clinical Social Worker, Provincial Mental Health Board
 Connie Ferguson, Public Health Nurse (Capital Health Authority, Eastwood Health Centre)
 Elaine Frankiw, Health Aide, (Capital Health Authority, Eastwood Health Centre)
 Marcy Golling, Laboratory Technician

(Dynacare Kasper Medical Laboratories)
 Mariela Morales, Regional Health Assistant (Capital Health Authority, Eastwood Health Centre)
 Darlene Musaskapoe, AIDS Prevention Worker
 Jenny Peacock, Laboratory Technician (Dynacare Kasper Medical Laboratories)
 Debbie Priebe, Laboratory Technician (Dynacare Kasper Medical Laboratories)
 Diane Reiser, Public Health Nurse (Capital Health Authority, Eastwood Health Centre)
 Lisa Sereda, Infant and Preschool Nurse (Capital Health Authority, Eastwood Health Centre)
 Judy Somshor, STD Clinic, Registered Nurse

LOCUMS AND RESIDENTS

Dr. Limor Alima
 Dr. Sandy Block
 Dr. Mike Hamilton
 Dr. Meredith McKague
 Dr. Sherry Samuels
 Dr. Donna Sorenson

STUDENTS, BACHELOR OF SCIENCE IN NURSING

Lynn Anderson
 Susan Radke

Our Annual Meetings Are Interesting - Join Us!

Take out your calendars and circle May 28, 1996 as an event you don't want to miss. It's our ...

Annual General Meeting Boyle McCauley Health Centre

It's a chance to meet and greet your neighbours, as well as the new members of the Board of Directors; it's an opportunity for you to take an active role in the Health Centre by taking out a membership for only \$1.00 per year. It's an occasion for us to say "thank you" to all of our volunteers and outgoing Board members.

Besides electing our new Board, we will also have a guest speaker (T.B.A.) and a light meal (hot dogs & watermelon).

Watch for more detailed announcements at the beginning of May or call the Boyle-McCauley Health Centre (422-7333) for more information. See you there!

VOLUNTEERS

Robert Alook, Fund Raising
 Catherine Anischenko, Fund Raising
 Giuliano Blasco, Photography
 Albert Bougerolle, Fund Raising
 Anna Bubel, Fund Raising
 Doris Calliou, Fund Raising
 Shelley Cloutier, Foot Clinic
 Donna Cole, Foot Clinic
 Kandace Doig, Dental Hygienist
 Dr. Corbin Dowty, Dentist
 Tracy Duncan, Fund Raising
 Mark Dutton, Graphic Design
 Eunice Edgington, Dental Hygienist
 Dr. Keith Ellis, Dentist
 Elves Centre East (Adult Program)
 Dr. John Evans, Dentist
 Sr. Louise Fortin, Foot Clinic
 Lynda Fraser, Fund Raising
 Carol Gervais, Dental Hygienist
 Peggie Graham, Fund Raising
 Laurel Halkier, Graphic Design

Heather Halpenny Crocker, Strategic Planning
 Dianne Hilton, Dental Hygienist
 Dr. Gregory Jansen, Fund Raising
 Irma Kerr, Statistics
 Linda Lo, Fund Raising
 Lisa Maltby, Fund Raising
 Cheryl-Ann McDonald, Fund Raising
 Bob McKeon, Fund Raising
 David McQueen, Fund Raising
 Paavo Montandon, Fund Raising
 Roberta Mullin, Foot Clinic
 Donna Peters, Dental Hygienist
 Rhoda Pon, Foot Clinic
 Nora Prokop, Fund Raising
 Rosaline Quail, Foot Clinic
 Kate Quinn, Fund Raising
 Liz Reid, Foot Clinic
 Carol Slomp, Statistician
 Donna Southworth, Fund Raising
 Michelle Stepanik, Dental Hygienist
 Dr. Garth Van Hagen, Dentist
 Elise Waskahat, Fund Raising

update

May 1996

As an insert to the Boyle McCauley News, this newsletter is being distributed to over 5000 residents living in the Norwood, Boyle and McCauley neighbourhoods. Our goal is to produce an insert two or three times a year to feature information about health and health related issues.

We have many wonderful volunteers, staff and Board and Executive Members who contribute money, time, goods and services, expertise, warmth and humour to the Health Centre. We appreciate their contributions, and offer them our sincere thanks.

Members of our Board of Directors include: Phil O'Hara (President), Ewen Nelson (Vice-President), Monika Wichman (Secretary), Tara Jones (Treasurer), Peggy Robbins (Member-at-Large), Ping Chen, Lynda Fraser, Zedingle Ghebremusse, Mark Holmgren, Josephine Plashka, and Sharon Thurston (Executive Director). Board Members who participated for a portion of a term include Leslie Benecki and Cynthia Lowe.

Special thanks to the contributors of this May 1996 UPDATE. They are: Shirley Babad, Margaret Biernacki, Giuliano Blasco, Ruth Cossever, Mark Dutton, Laurel Halkier, Holy Rosary Church, Martha Knopp, Jean Lindsay, Thanh Nguyen, Phil O'Hara, Kate Quinn, Marliss Taylor, Sharon Thurston, and Vietnam Time Magazine.

If you are age 65 or older, you should be vaccinated against pneumonia. Ask your doctor.

Men, age 40 or older, should have a regular exam with their yearly check-up to test for possible prostate cancer.

Medicine prescribed for an adult should never be given to a child.

Habitat breaks ground for house on 92 Street

Excitement is building along 92 Street in McCauley as the ground is prepared for a duplex built by Habitat For Humanity volunteers.

"Habitat is a Christian organization which works to provide decent, affordable housing for families," says Paul Eastwood, Executive Director. "We've built homes for 13 families in the past four years in the Norwood area."

This is the first duplex in the McCauley area. The blitz build is scheduled for May 13-18 and the Open House will be held May 25 at 2:00 p.m.

Drop by the site at 10745 92 St. to watch the construction and offer encouragement.



Ground is broken for Habitat's new McCauley duplex.



Students explore their creativity during a special conference for young authors at Sacred Heart School last month.

Young writers learn storytelling from professionals

by Reny L. Clericuzio,
Principal, St. Michael School

Writing is a very important tool for learning and communicating. It allows for self-expression and creativity.

Every year the Inner City Schools from the Edmonton Catholic School District host a Young Authors Conference. The educational objective of the conference is to give talented upper elementary students the opportunity to meet and work with professionals in a variety of fields related to writing.

Students from 10 schools gathered on Saturday, April 27 at Sacred Heart School to participate in a day planned to enrich their literacy experience.

Fifteen students from each of the participating schools took part in three 55 minute presentations. The presenters were very vibrant and enthusiastic group of individuals who talked with children about their experience with writing.

The presenters included cartoonist Jerry Rasmussen, artist Adele Knowler, puppeteer Noreen Crone-Findley, author and storyteller Peter Eyvindson, author and kindergarten teacher Carol Vaage, musicians Kim Brophy, Laurie Dunnigan and Mark Edwards, storyteller Amie Williamsom and news reporter Kathy Spenrath.

Congratulations to all the children who took part in this wonderful conference. Best

wishes in all your literacy endeavours.

A special thank-you goes out to Mrs. Charolette Player, Principal of Sacred Heart School and her dynamic staff members for all their hard work in organizing such an exciting experience for children.

Correction

The BMNews sincerely apologizes for wrongly identifying writer, Samuel Ngai (What is my purpose here? April, 1996), as a student at Sacred Heart School. Samuel is a proud grade 8 student at McCauley Elementary-Junior High School. Sorry about that Samuel. How about another story?

Poet's Corner

My Name

by Veronica Campbell

As I stood outside, inhaling the morning breeze, he came and held me.

Why are you standing outside my darling?, come inside and sit, are you not cold?

I turned, and saw his straight handsome face, and then I replied, not yet, for I must feel the air so fresh and sweet.

He held me close, and we embraced, then he whispered, my Rose, oh sweet Rose, come along my dear.

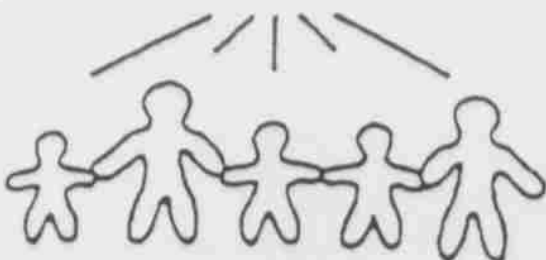
I went with him, for I was afraid, afraid to lose his embrace, wanting to hear my name, sweet Rose.

The End

ST. MICHAEL CATHOLIC ELEMENTARY SCHOOL

10545 - 92 ST. Edmonton, AB PH: 429-2556

A SCHOOL FOR ALL



Your Child - Our Gift

Now accepting registrations for Kindergarten for September 1996. If your child is 5 before March 1, 1997 you are eligible for Kindergarten.

For more information contact Reny Clericuzio at 429-2556.

SACRED HEART KINDERGARTEN



Where the future begins . . . Where the fun begins . . .
We are now accepting registrations for our 1996-97 classes.
Come to our Kindergarten Open House and Registration
on or before Thursday, May 9th, 1996.

Sacred Heart offers a dynamic, stimulating program which develops life skills and prepares children for future schooling.
We look forward to meeting you and your child on our ORIENTATION evening.
Babysitting will be available.
Further information for older children in Grades 1 to 6 will also be available.
Please call Sacred Heart School at 422-3652 for more information
or drop by and visit us at 9624 - 108th Avenue.

Sacred Heart School
9624 - 108th Avenue
Edmonton, AB T5H 1A4
422-3652
EDMONTON CATHOLIC SCHOOLS



Happy reading in Reading Challenge

by **Reny L. Clericuzio,**
Principal, St. Michael School

Who are the greatest readers of them all? Students at Sacred Heart or St. Michael School?

Students at the two schools accepted a Reading Challenge which began on Monday, April 15.

According to the rules, students are to spend some time each evening reading their favourite storybook, poetry book, or novel. Each day the number of minutes each student reads will be tallied up.

The challenge will last five weeks, ending on Friday, May 17.

To kick off the contest, each principal from the two schools exchanged a "Secret Challenge" envelop which will be opened on the last day of the challenge.

To kick off the contest, each principal from the two schools exchanged a "Secret Challenge" envelop which will be opened on the last day of the challenge.

The educational objective of the event is to promote reading and literacy at school and at home. The School Council from St. Michael School commented that this challenge has helped to motivate children in school to the reading process.

We will keep readers of the *Boyle McCauley News* informed on the

Reading Challenge Update. Happy reading to students in both schools!



Vietnamese Alliance Church Thanks the MCL

Pastor Thanh Le presents McCauley Community League Board member Kate Quinn with a plaque from his church community.

The congregation needed a home while their church building was under renovation. Thanh Le lives with his family in McCauley. He had been to the Hall for soccer and community events and asked if he could rent the Hall for Sunday services. Many church members live in McCauley and Central McDougall. They will dedicate their building on June 30.



COMMUNITY CALENDAR

MUSTARD SEED CHURCH

96 Street & 106A Avenue
Coffee Houses - Wed/Fri. 7-10 pm;
Sun. 2-5 pm
Food Bank - Tues. - Fri. 10-noon; 1-3 pm
Worship Service - Sun. 2-5 pm

MCCAULEY COMMUNITY LEAGUE

Board Meeting - Mon. May 13, 7 pm at the Boyle-McCauley Health Centre 10628 96 Street

BISELL CENTRE

10527 96 Street
Women's Self-Defense - Mon. 1:30 pm
Native Circle - Wed. 7 pm
Movie Night - Thurs. 7 pm
Women's Lunch - Fri. Noon-1 pm
BOYLE STREET COMMUNITY LEAGUE
9515 - 104 Avenue
Bingo - Sat. & Sun. doors open 11 am; starts 1 pm

Get ready to dust your brooms Community Clean Up

Saturday, June 15

Joint project of Boyle Street, McCauley, Avenue of Nations, Queen Mary Park and Central McDougall.
Stay tuned for details.

HOPE MISSION

9908 - 106 Avenue Women & Family Centre
Evening Services - Sun.- Fri. 7 pm
Coffee House - Sat. 7 pm
10014 - 105A Avenue Herb Jamieson Centre
Chapel Service - Sun. 9 am
Video Night - Wed. 6:30 pm
Coffee House - Thurs. 8:30 pm

BOYLE-MCCAULEY HEALTH CENTRE

10628 96 Street
Clinic Hours - Mon. to Fri. 9-4:30 pm; Sat. 9-noon
Immunization Clinic for Children - Mon. 1-3 pm
Foot Clinic, Dental Clinic & Streetworks Program - open during Clinic Hours

CHILDREN AND COMMUNITY PROJECT

9624 108 Ave. All events in McCauley Community Hall
Open House - Sun. May 26 1-3 pm
Native Crafts - Every Wed. 6-7:30 pm
Cost: \$1 Everyone welcome. Supplies provided
Saturday Gym Sports - Sat. May 4, 11 & 25 2:30-4 pm Cost: \$1 Children/youth welcome.
For more info, call 424-3291.

OPERATION FRIENDSHIP


9526 - 106 Avenue. McCauley Senior's Drop-In - Mon. to Fri.

FAMILY WORSHIP CENTRE

96 Street & 106 Avenue
Sunday Worship - 10 am & 7 pm
Intercessory Prayer - Tues. & Fri. 6-8 am
Bible School - Weds. 7 pm
Singles Group - 2nd & 4th Fri. 7:30 pm
Call for more info at 424-6422

NORWOOD POLICE

9422 - 111 Avenue
Hours: Mon. to Sat. 9-9 pm; Sun. 10-6 pm
-register bikes; engraving tools to identify your valuables; alarm applications
Call 496-8510



MINH PHARMACY


Three locations to serve you better.

QUEEN MARY DRUGS
10707 - 107 Avenue
Phone: 424-6622
Mon. - Fri.: 9:30 a.m. - 7:30 p.m.
Saturday: 10:00 a.m. - 4:00 p.m.

MINH PHARMACY 2
10659A - 97 Street
Phone: 428-8186
Mon. - Fri.: 10:00 a.m. - 7:00 p.m.
Sat.: 10:00 a.m. - 4:00 p.m.
Sun. & Holidays: 12 noon - 4 p.m.

MINH PHARMACY 1
10804 - 107 Avenue
Phone: 429-9097 • Fax: 429-9096
Mon. - Fri.: 9:30 a.m. - 8:00 p.m.
Saturday: 10 a.m. - 7 p.m.

- Free Prescription Pick-up & Delivery •
- Free Dosett & Blister Pack Services •
- Free Blood Pressure Monitoring •



Habitat for Humanity Needs Volunteers

Habitat for Humanity Edmonton is building a duplex housing unit in Boyle-McCauley in spring 1996.

April 21-27: pre-building foundation, basement walls, sub-floor
May 13-18: blitz build of the duplex

Habitat houses are built mainly with volunteer labour. If you are interested in helping with this project, call the Habitat office for a volunteer application form.

479-3566

3 Lines Free

Community Unclassifieds

(You get 3 lines, absolutely free. Send your ads our way. Call 426-2514.)

McCauley 3 rm bsmt suite, furnished (retro 50's), prvt. entrance, No smokers, children, pets. 429-1231

Free: share a garden plot. Plant, weed, harvest, clean-up. Will supply tools. 429-1231

Second Chance Household Goods 10620 - 95 Street
Call Mrs. Hut 428-6197, 9-4 pm

Phil's Last Paper
Great working with you.
Happy Trails to you, Kathy & Ben

Thanks Jim!

by Phillip O'Hara

McCauley lost one of its biggest boosters recently when community activist Jim Spinelli relocated to B.C. Nine years living in McCauley certainly left his mark.

"Jim's big thing was trying to improve cooperation between different parts of the community," explained his partner Ele Gibson.

"He worked hard to bring together the different groups in the community - businesses, residents, and the agencies to work as partners."

A good example is Jim's work developing what became the Boyle Street/McCauley Area Redevelopment Plan (ARP) proposal.

The original proposal dated back to 1988 when Jim and former city councillor and head of the Boyle-McCauley Health Centre, Sherry McKibben, spearheaded the idea.

"Jim was always incredibly enthusiastic," McKibben recalled. "If there was work to be done, Jim would get his piece done."

After a huge amount of work and lobbying, the city finally funded the ARP and community planner Anna Bubel was hired in the fall of 1991.

What made this plan unique was that it integrated social, economic, housing and recreational issues, among others, with the land use (zoning) issues. The plan was eventually passed by city council in 1994.

Jim was the chair of the community organization that guided the planning process and worked on promoting community economic development.

"Jim always had really good connections," McKibben explained with a laugh.

"He was especially good at bringing business people to the planning process and building bridges to the various different players in the community."

As a Bissell Centre staff member for six years, one of Jim's focuses was on improving the working relationships between the community and area social agencies.

He worked on the Banking and Money Management Project to help people who had no secure place for their money to open

bank accounts. Jim was also a member of the Non-Beverage Alcohol Committee which fought to have the liquor store on 96 Street open earlier so people would have an alternative to consuming Lysol.

Originally from New York City, Jim was also an accomplished musician. He enlivened many personal parties and community gatherings with his spirited singing and guitar playing. Jim was also a long time volunteer and board member of the Edmonton Folk Festival.

Happy Trails Jim and a big hug of thanks from the community!



Happy trails to Jim Spinelli.



10802-6 - 93 St.

425-6310

O.A.B.F. CHURCH

Hopston Samuels

PASTOR

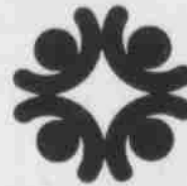
COME WORSHIP WITH US

*Every Sunday: Sunday School 9:45 am - 10:45 am
Divine Worship Service 11:00 a.m.*

Tuesday: Prayer Service, 7:00 p.m.

Wednesday: Bible Study & Practice, 7:00 p.m.

Friday: Youth Night, 7:00 p.m.



Boyle-McCauley Health Centre

10628 - 96 Street
Edmonton, Alberta T5H 2J2
Tel: (403) 422-7333
Fax: (403) 422-7343

Want to help our community?

The Boyle-McCauley Health Centre needs your involvement to better serve people in Boyle Street and McCauley.

Community residents, people who work in the area, or own businesses are needed for the Health Centre's Board.

Please call 422-7333 for more information.

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Wecan Food Coop stretches your food budget



McCauley resident, Richard Auclair, sorts groceries on the third Friday. (Richard also coordinates the bundling and delivery of the BMNews.)

by Gail Campos

The last week of the month can be a long one when the fridge is empty.

For members of the Wecan Food Coop, that week is a little different now. By putting their monthly together, the

members are able to buy good groceries at lower prices.

Here's how it works.

Members pay for their food order (\$15.00) at the end of the month around cheque day. As one member says, "It's in my budget, right after my rent!"

On the third Friday of every month, members get together to pack and sort the food orders.

"It's in a good time zone, just when you're running low," says McCauley resident Richard Cotton.

"And I'm very pleased with the food."

Fifteen dollars in the Food Coop works out to about \$25 worth of food.

The food order, made up of fresh fruits and vegetables, meat and chicken, and a starch (bread, potatoes, or spaghetti), makes a real difference in the last days of the month.

Volunteers pack the food, collect money, work on newsletters and even give cooking classes!

It's a really good way to make your dollars stretch to the end of the month.

If you don't like everything in the order, you may be able to trade with another member.

One woman who is allergic to bread and spaghetti, always goes home with extra fruits and vegetables.

If you want more information about the Food Co-op, call Gail at 423-1355 or Tracy at 424-4106.

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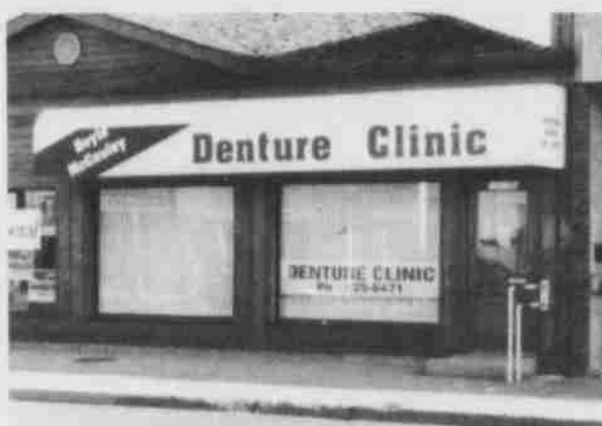
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