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# Boyle McCauley News

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VOLUME 40 ISSUE 3

VOICE OF THE COMMUNITY SINCE 1979

## 40th Anniversary Gala a Success

Boyle McCauley News celebrates a milestone with a community celebration.

PAULA E. KIRMAN • BMC News Staff

Over 200 people gathered at the Santa Maria Goretti Centre on March 9 to celebrate the 40th anniversary of Boyle McCauley News. Attendees included the Honourable Amarjeet Sohi (Minister of Natural Resources), the Honourable Brian Mason, Minister of Transportation (retired), Mayor Don Iveson, representatives from numerous community businesses and organizations, and over 60 of the paper's past and present volunteers.



Top: packed tables at the Santa Maria Goretti Centre.

Leif Gregersen

New EPS Chief Dale McPhee and his wife Leanne were welcomed in a traditional Indigenous ceremony by Dr. Maggie Hodgson and Carola Cunningham, CEO of Ambrose Place. Three long-time volunteers were presented with the Garry Spotowski Volunteer Award: Larry Brockman, John Kolkman, and Phil O'Hara. In addition, three businesses were recognized for advertising with the paper for its full 40 years: the Italian Centre Shop, Market Drugs, and the Italian Bakery.



Middle (L-R): Mayor Don Iveson, the Honourable Amarjeet Sohi, and the Honourable Brian Mason (retired).

Judith Ann Gale

The evening also saw the premiere of a short documentary about the paper's history. Guest speaker Marty Chan had the audience riveted with his talk about media, interwoven with his own personal story.



Bottom (L-R): Dr. Maggie Hodgson and Carola Cunningham (CEO of Ambrose Place) welcome new EPS Chief Dale McPhee and his wife Leanne.

Leif Gregersen

For more gala coverage, see pages seven, ten, eleven, and fourteen.



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### BSCL UPDATE

“ This Spring, every Sunday from 1:30-2:30 p.m. is Open Gym Time at the Boyle Street Plaza.

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# A Newspaper Community



PAULA E. KIRMAN • BMC News Staff

## MCCAULEY MUSINGS

The paper's 40th Anniversary Gala on March 9 was notable for a number of reasons.

Over 200 people were brought together from different cultures and walks of life. In many ways, it was like a mini-version of Boyle Street and McCauley, right there in one room.

We were all there to celebrate one main thing: four decades of *Boyle McCauley News*. The paper's impact on the community was evident in the response from organizations and businesses which sponsored tables, allowing many of our past and present volunteers to attend.

Representatives from all levels of government, including two Ministers (the Honourable Amarjeet Sohi, Minister of Natural Resources and the Honourable Brian Mason, who is now retired) and Mayor Don Iveson, as well as the new Chief of Police were there to show support.

The paper is recognized not only in the area, but throughout the city as being an integral part of the community. Looking at the diverse group that filled the room at the Santa Maria Goretti Centre, I was again reminded about how *Boyle McCauley News* is more than a newspaper - it's a community builder. It creates connection, by giving people in the area a voice in the media. It is a source of important information about community news and programs. It presents the inner city in a positive and unique way to the rest of the city.

Most of all, it brings together our volunteers, who are the backbone of the paper. I am so glad that we could all celebrate together.

## EDITOR'S NOTES

Volume 40, Issue 3 marks a change behind the scenes here at the paper - and in my family, as you will read on page three. I would like to thank Karen Simons for stepping into the role of Proofreader during this difficult time. Karen has been our go-to proofreader during my mother's many hospital stays over the past few years.

Another change is that our amazing Grace Kuipers has moved on from her role as Distribution Manager, getting the papers mailed to Boyle Street and delivered to our block carriers in McCauley. Thank you, Grace, for all of your hard

work. Stepping into that position is Mike Siek, who volunteers with us in a variety of positions: writer, photographer, block carrier, and board member. Thanks Mike!

Remember to visit our website ([bmcnews.org](http://bmcnews.org)) and social media for more community news, event announcements, and extra features: Instagram (@bmcviews), Facebook, and Twitter (@bmcnews in both places).

Want to volunteer as a contributor or block carrier? Contact me at [editor@bmcnews.org](mailto:editor@bmcnews.org).

I hope you enjoy this issue. See you in June!

## OUR NEXT ISSUE . . .

Volume 40, Issue 4 will be published June 15. Articles and photos concerning community news, events, and opinions are welcome. We also accept submissions of poetry, and cartoons. Deadline: May 22, 2019. Send submissions to: [editor@bmcnews.org](mailto:editor@bmcnews.org). Articles should be 400 words or less and accompanied by photographs (JPG, in high resolution) when possible.

## LETTERS TO THE EDITOR

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to [editor@bmcnews.org](mailto:editor@bmcnews.org). Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters for our next issue is May 22.

# Boyle McCauley News

*Boyle McCauley News* is a non-profit newspaper published ten times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in *Boyle McCauley News* are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

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- click on Crime Prevention

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IN MEMORIAM

# Remembering Barbara B. Kirman



*A mother and a proofreader.*

**PAULA E. KIRMAN • BMC News Staff**

On March 15, Barbara B. Kirman passed away following a lengthy series of health problems. She was not only my mother - she was also a long-term volunteer with *Boyle McCauley News* as the paper's proofreader since 2007.

My mother read every issue of the paper. She also used to point out all of the mistakes she would find. One day, I handed her the final proof of the paper and a red pen, and asked if she could find the issue's mistakes before it was too late to do anything about them.

That was the beginning of a volunteer commitment that lasted over a decade. Our designer, Vikki Wiercinski, and I would always refer to that final proof my mom would correct as the "Motherproof." My mother looked forward to proofing every issue, finding the time and strength even when her health was declining. She only took leaves of absence when she was in the hospital.

Although her role was very much in the background, my mother made a lasting impact on every issue of the paper she proofed. My mother also demonstrated how a person can make an important contribution as a volunteer in a community, despite being housebound much of the time.

She had been looking forward to attending the paper's 40th Anniversary Gala on March 9, and finally meeting many of the paper's other volunteers, but her health situation made that impossible.

Barbara's memory will live on in the archive of *Boyle McCauley News*, and in my heart. While I am forever grateful for her contribution to the paper, I will miss my mother most as my mother. Her influence, support, and encouragement helped shape me into who I am today. Thank you, Mom, for everything.

# Signs of Spring



A Merlin photographed in October of 2018. Paula E. Kirman

## NATHAN BINNEMA

### NATHAN'S NATURE NOTES

I saw a pair of magpies working on reconstructing their nest in an elm tree on the boulevard of 107 Avenue as I stepped outside of my front door on March 7, the first day after new moon in the sixth lunar cycle this winter. This was the earliest indication of nest-building activity I have seen this year, and pretty much right on time.

However, I can hear you saying, "Right on time? Didn't we have an interminable winter that seemed to last longer than usual?" Yes, we did - but I account for that with my knowledge of the Blackfoot lunar calendar. Because lunar cycles don't divide evenly into solar cycles, we have an "extra" thirteenth lunar cycle every now and then. Those years are the "leap years" in lunar calendars, and when the thirteenth lunar cycle occurs, it comes in right between the fourth and fifth lunar cycles of winter. This means that everything normally occurring in the fifth lunar cycle of winter happens in a "lunar leap year" during the sixth lunar cycle of winter.

This year was one of our lunar leap years, and our extended cold snap coincided pretty much exactly with the extra lunar cycle. So, the

signs of spring are indeed occurring right on time - for a lunar leap year. To me, observing these phenomena confirms that paying attention to lunar time can help to make sense of ecological and weather phenomena throughout the year.

Calendrical explanations aside, I have continued to notice signs of spring in our neighbourhood throughout this lunar cycle, or the month of March. House sparrows as well as magpies have begun constructing their nests. I hear house finches throughout the neighbourhood, singing to announce their territories, and I saw a group of them feeding on last year's maple seeds in Giovanni Caboto Park on March 21. Red-breasted nuthatches are active - I heard one on March 13, and on March 28 I watched a pair of them feeding on the trunk of the spruce tree in my front yard, which also houses a magpie nest.

The neighbourhood Merlin has returned - I saw and heard it first on March 22, flying over the intersection on 107A Avenue and 95 Street. It landed on a spruce tree on 107 Avenue west of 95 Street, where I have frequently heard it in previous years - perhaps that is close to its home base.

Happy nature-watching, folks!

*Nathan lives in McCauley.*

## MCCAULEY COMMUNITY LEAGUE UPDATE

## Spring At Last

GREG LANE

Well, it looks like the worst of the cold has come to pass and spring is here at last. Doesn't that sound poetic? Your Community League kicked it off in style on March 23 with the second annual Spring Fiesta at the Edmonton Intercultural Centre. Food, performances, and fun for everyone was on the slate for the day. The event has become an annual one, and like last year featured a variety of performers including First Nations Dancers, Métis Jigging, Ogaden Somali Dhaanto, and a performance by young Dante Fecteau. Our elder in residence, Lloyd Cardinal, welcomed all with an introduction to the beauty of the Medicine Wheel and its relationship to the changing seasons, a short prayer, and Honour Song. There were plenty of door prizes and some artwork and crafts by residents Stephanie Lane and Grace Kuipers. Lots of fun for everyone and we always look forward to seeing you out.

The League has noticed a lot more zoning applications and this may be the start of things to come as the city continues to grow. Among them was a study of parking requirements and the applicable bylaws surrounding it. There is more information available on the League website ([www.mccauleycl.com](http://www.mccauleycl.com)) including a copy of the letter, the final report from the City, as well as the option to request to speak at the committee on May 2. If you have opinions you want the City to hear, please review that information and then let us know if you want us to speak on your behalf. While we can't attend every committee or council meeting, we can endeavour to attend those you feel address issues important to you and the larger McCauley Community. Just reach out.

Greg can be reached at [mccauleycommunityleague2014@gmail.com](mailto:mccauleycommunityleague2014@gmail.com)



Hugo Martel performs the Sash Dance, a form of Métis jigging at the MCL's Second Annual Spring Fiesta on March 23. Paula E. Kirman

# Connecting Communities. Creating Action.

Next Safer McCauley Meeting (re: Problem Properties): Tuesday, May 14, 7-9 p.m., Edmonton Intercultural Centre.

MARK DAVIS

## Addressing Priorities

For over a year, McCauley stakeholders have been prioritizing their concerns at Safer McCauley Meetings and online at [safermccauley.ca](http://safermccauley.ca). Problem Properties, Positive Street-Level Activities, and Garbage have been identified as the #1, #2, and #6 priorities, respectively.

It is the goal of REACH Edmonton and its Safer McCauley Convener to create partnerships to discuss innovative solutions to community issues. Its mission is to inspire citizen engagement and coordinated action. And, its vision is a city in which every Edmontonian contributes.

On Tuesday, March 26, a meeting attracted diverse stakeholders to discuss the development of citizen-driven safety initiatives in response to identified priorities. The group included residents, McCauley Community League, McCauley Revitalization, Viva Italia, EPS, and REACH Edmonton. Service agencies were represented by Ambrose Place, Bissell Centre, Boyle McCauley Health Centre, E4C, and the Mustard Seed. City of Edmonton supports included our Bylaw Officer, our Neighbourhood Resource Coordinator (NRC), and the director of Capi-

tal City Clean Up (CCCU).

To begin the meeting, Constable Andrew Melney provided an update on EPS Downtown Division Beats and introduced the group to new Beats Team members, Constables Trisha Vanderhoek and Mitch Clark. The group then split into three and rotated through brainstorming sessions around specific topics, including positive street-level activities and a community clean up collective.

## Positive Street-Level Activities

As a long-term resident and service agency employee recently pointed out, "If you want a space to be safe, use it." McCauley is blessed with individuals with great ideas for using spaces. The Community League Board, Viva Italia, and Revitalization coordinate an array of fantastic events and activities. At the March 26 meeting, members of these groups brainstormed together with community members around additional activities and spaces. Among the nearly one hundred suggestions were active alleys, night markets, corner concerts, walkabouts, street games, and a variety of ideas for pop ups, tours, beautification, do-it-yourself infrastructure, services, horticultural activities, and culinary gatherings. The conversation

will continue at an upcoming meeting.

## Community Clean Up Collective

The effect that garbage has on McCauley's self-image – and in turn, vibrancy and safety – has been identified as the community's number six priority. The Community League partners with E4C each spring to facilitate the McCauley Clean Up, and for several years, Revitalization has facilitated a regular large item pick up. These initiatives have combined to eliminate dozens of truckloads of unwanted and discarded items from the McCauley landscape. On March 26, the meeting group brainstormed around the creation of a community clean up collective to take a hands-on approach to tackling the accumulation of smaller litter in our streets, alleys, and green spaces. The concept was well-received and several partners are committed to further development of the plan as soon as possible. To become involved, contact Mark at the email below.

## Problem Properties

Problem properties are the community's top priority. A Safer McCauley Meeting around the topic will take place on May 14 from 7 to 9 p.m. at Edmonton Intercultural Centre. The meeting will host a panel from the Resi-

dential Living Governance Committee (RLGC) – a multi-agency committee including leadership and frontline staff from Alberta Health Services (AHS), EPS, Government of Alberta, and City of Edmonton.

## Coffee with the Cops

A positive direct relationship with EPS can contribute to the well-being of our community. One way to develop and maintain this relationship is through the Coffee with a Cop program. Discussions with EPS and Zocalo about establishing the program in McCauley are well underway. Watch out for news about the time.

Please consider getting involved. Attend a Safer McCauley Meeting, a community clean up activity, or meet your local EPS Beat officer for a coffee. Visit [safermccauley.ca](http://safermccauley.ca) and Safer McCauley on Facebook to share your thoughts and connect with others who share your interest in McCauley well-being. And, don't hesitate to share your ideas with me directly.

A connected community is a safer community.

Mark is the REACH McCauley Community Convener. He can be contacted at [mark.davis@reachedmonton.ca](mailto:mark.davis@reachedmonton.ca)



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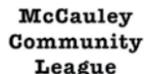

**Saturday, June 15th**  
**IN OPERATION: 10:00 AM to 4:00**

It's time for the annual clean-up in McCauley! You can have your trash picked up for FREE on June 15th if you book with us. (Please NO Hazardous Waste\*, Appliances, or Electronics wastes. \*Call: 780-424-2870 for details). Spots are limited, so reserve your pick-up early! You can also drive through and get rid of trash at our disposal bin site (McCauley Apartments 9541 108A Ave in the back-alley north entrance)

**Clean Up Volunteers Needed!**  
Schedule your pick up!: 780-424-2870  
Email: thashimoto@e4calberta.org **Contact us to Register!**

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COMING TOGETHER (INTERCULTURAL MULTILOGUES) & BOYLE STREET COMMUNITY LEAGUE PRESENT A SPECIAL

*Mother's Day Lunch*

Sunday, May 12th, 1:00-4:00  
Boyle Street Plaza, 9538 103A Ave

Music, Food, Childcare on site, and an arts based workshop for moms - TBA!  
Please RSVP via email [intercultural@mfrsedmonton.org](mailto:intercultural@mfrsedmonton.org)  
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# Asparagus Season

YOVELLA M.

Spring is finally here, and a change in season means a change in readily available, fresh produce. In Western Canada, May to June is the season for vegetables such as asparagus, broccoli, bok choy, swiss chard, orange yams (aka sweet potatoes), spinach, mushrooms, and field lettuce (Source: Sobey's).

Asparagus is in season from March until June, and can be enjoyed roasted, boiled, sautéed, or raw. This low-calorie food is also a good source of vitamin K, folate (important during pregnancy), and vitamin A.

Asparagus pairs well as a side dish with steak, lamb, and salmon. This vegetable is quick and easy to cook, and can be prepared with simple ingredients like salt and pepper and butter.

This easy recipe can be eaten with the previously mentioned foods and can also be mixed into already prepared quinoa, couscous, and bulgur for those who are vegetarian.

This is a side dish best eaten right away while still warm, and unfortunately is not ideal as a leftover.

*Yovella is a former resident of McCauley who still works and volunteers in the area.*

## SKILLET BALSAMIC VINEGAR ASPARAGUS AND TOMATO

### Ingredients

1lb asparagus (usually amounts to one bundle)  
2 Cups cherry tomatoes (cut in half)  
2 tablespoons balsamic vinegar  
Salt and pepper to taste  
2 teaspoons extra virgin olive oil  
1-2 teaspoons minced garlic  
Crumbled goat cheese or feta cheese

Rinse the asparagus clean. Trim the tough ends off the bottom of the asparagus. Cut asparagus diagonally into 2-inch pieces.

Next, cook the asparagus in boiling water for 2 minutes or until tender, yet crisp.

Drain the asparagus in a colander and run cold water over the asparagus to cool it down. Allow the water to drain fully.

Once the asparagus is drained, heat olive oil in skillet on medium heat. Add garlic and cook for 1 minute, stir so as not to burn the garlic.

Then, add tomatoes, cook until they are soft or approximately 2-3 minutes.

Next, add the asparagus along with some salt and pepper, and stir. Follow with balsamic vinegar. Stir, then cover the skillet for 3 minutes on medium-low temperature.

Once you transfer the food from a skillet to a dish or serving bowl, crumbled goat cheese or feta cheese can be added lightly on top.

# Forgiveness

MANON AUBRY

## BOYLEBITS: A VIEW FROM BOYLE STREET

By the time you read this, we will have just passed Easter, which is my favourite holiday. Christians believe it is the day when Jesus died on the cross to absolve us of our sins.

This brings to mind the issue of forgiveness. As another component in the happiness project, forgiveness plays a large role. It's been shown that people who have forgiven those who wronged them are happier and healthier. There's also the Christian concept that God will forgive us our trespasses as we forgive those who trespass against us. Part of the healing that this forgiveness brings is based on the fact that we are not dwelling on the wrongs that we've experienced. Also our hearts and minds become relieved of the anger and resentment we might harbour.

I'm not exactly sure what forgiveness is, but I have an idea that it means being at peace with the person who wronged us. It could also mean not seeking any justice or revenge, trusting that justice will come from the Universe, God, the Creator. Emerson's essay on compensation states that we will receive good to make up for ills done upon us. By not seeking revenge, we leave it to God or the Universe to avenge or compensate us.

I've been severely wronged by a handful of people. Some I've forgiven and others I have not. When I cross paths with those I have not forgiven, my heart hardens and my whole body becomes tense, my blood pressure rises, and I can feel the anger in my mind and in my heart. This isn't good for me and I know it would be better to let go of these feelings. I'm really just harming myself. And, of

course, I'd like to be forgiven of my sins, the great and little ones by the people I have harmed. On a daily basis my sins are small. They are mainly the result of my impatience with people who delay me, as though somehow those few minutes of wasted time are of great value, more valuable than peace of mind.

Oddly enough, my greatest and worst sins have been committed upon people that I loved the most. I dearly crave that I be forgiven by people I have hurt. I dream of having the relationship we could have had if we had been more mindful of hurting the other rather than feeling our own hurt at a careless word or deed. While I might not be strong enough right now to forgive everyone, I will strive to not create any more breaks in my relationships. I will strive to understand what caused someone to hurt me, understanding what their thoughts, motives, and sometimes just oblivion might have been. I've also noticed that if I refuse to forgive someone, there is a good chance that I will commit the same injury upon someone else, and I end up seeing how easy it is to make that error. Knowing that makes it possible to forgive those who have harmed me. Likewise, if I carelessly hurt someone, it's likely that the same unfortunate thing will be done to me, so that I can feel how I've hurt someone else.

My goal is to free myself from the anger I hold against some people so that my heart can soar, rather than being burdened by a black stone. So that's my next step towards happiness - to start by forgiving one person at a time. Where would you start?'

*Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.*

## Outdoor Way of the Cross



The 39th Annual Good Friday Outdoor Way of the Cross took place on April 19. Around 200 people followed the cross as it was carried to locations around Boyle Street and McCauley, where speakers delivered reflections about different aspects of faith and social justice. Paula E. Kirman



**Boyle McCauley News**  
FROM THE ARCHIVES: MAY 2018

# Thank You to Our Gala Sponsors

Boyle McCauley News would like to thank the following businesses, organizations, and individuals for their sponsorship of our 40th Anniversary Gala on March 9. Because of their generosity, over 60 volunteers were able to attend the event.

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EDMONTON

## Very Special Thanks

Our 40th Anniversary Gala was the result of many people coming together to plan the event, particularly members of the paper's Board of Directors, our staff, and a number of our volunteers.

However, the event would not have been the huge success it was without the contributions of three very spe-

cial people: Todd Janes, our Master of Ceremonies, and Councillor Scott McKeen and Ron Wai of Mint Health + Drugs, our Gala co-chairs. These three men worked consistently for an entire year to help us with details large and small. We are so thankful for their support. In our next issue of the paper, we will introduce them personally to you!



From left: Todd Janes, Scott McKeen, and Ron Wai at the Gala on March 9. Leif Gregersen

## Silent Auction and Door Prize Sponsors

Thank you to the following businesses and individuals who donated door prizes and silent auction items for our 40th Anniversary Gala on March 9. We raised close to \$3000 in the silent auction!

**Anonymous**

*(So many of you! Thank you!)*

**Betti Brockman/Fifth Avenue  
Collection**

**Buddha Belly Yoga & Wellness Inc.**

**Rose Carmichael**

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# Be Part of the Art at Kinistinâw Park

ANITA JENKINS

The Edmonton Arts Council has announced its choice of public art to be installed at the new Kinistinâw Park, on 96 Street (the Armature) between 102A and 103A Avenues. Two "lion figures" created from layers of clear, see-through acrylic will display cast models of objects contributed by community members.

Called the *Invisible Gate*, the artwork is intended to represent the lions from the dismantled Harbin Gate on 97 Street. It also represents the layers of civilization found in an archaeological site. The project's goals include preserving the history of the area and its inhabitants, engaging the community in a meaningful way, and enhancing a public space.

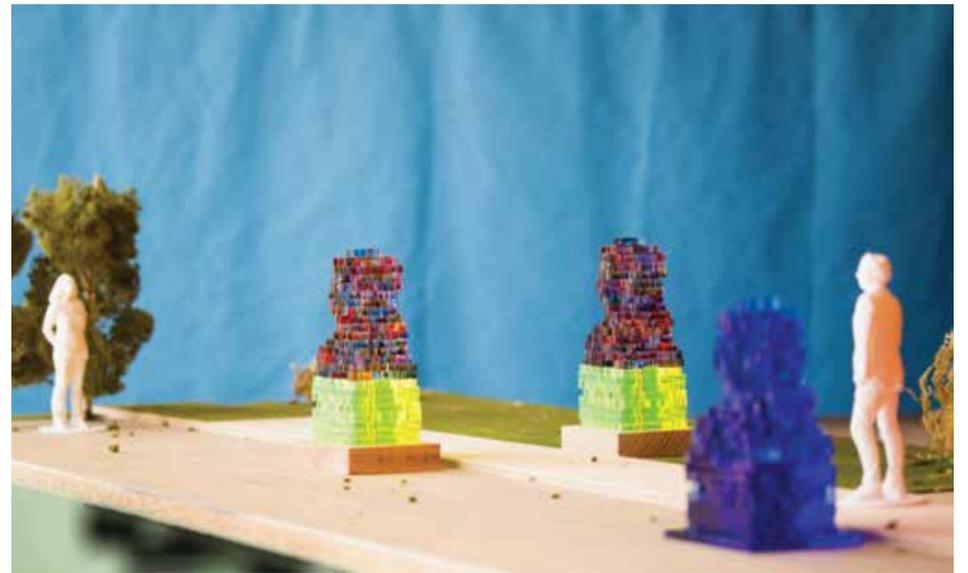
The commissioned artists, Mitchell F. Chan and Brad Hindson of Studio F Minus, a Toronto-based collective, have contracted Shawn Tse, a local artist and one of the founding members of *aiya!*, as their community collaborator. He will meet with community members and ask them to share a meaningful object. Tse will take a three-dimensional scan of your object on the spot and return it to you.

And there is no need to worry about whether your treasure is important enough to be included, says Chan. "The item doesn't have to be brilliant, as in a Margaret Atwood story," he says. He mentions pocket lint as a possible humble offering!

Chan provides an example of a scan that he and Tse have already acquired: it is of a trinket that a grandfather bought from a vending machine to keep his grandchildren amused at the dim sum that the family attended every weekend. "The contributor, a member of a local benevolent association, has in this way shared a memory of the hundreds of times his family went to dim sum," Chan says. A memory of family, small children, and participating in a cultural activity.

The artists are also asking contributors to tell them something about their object in order to create an archive of stories.

Do you have an object you would like to see included in the *Invisible Gate* project? If so, contact Shawn Tse, [invisiblegateyeg@gmail.com](mailto:invisiblegateyeg@gmail.com). Tse will meet you in the Chinatown area to scan



A photo showing the concept of the art. The final art may differ. Studio F Minus

your object and interview you. He and/or Mitchell are also visiting the Chinese Elders Mansion, Boyle Street Plaza, and other locations in and around the area.

**Note:** The Edmonton Arts Council is planning a community event to support this project, probably in late May. Details will be provided on the *Boyle McCauley News* website.

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

## CITY OF EDMONTON'S PUBLIC ART POLICY

The Percent for Art Program allocates 1% of the eligible construction budget of publicly accessible municipal projects for the acquisition of art.

The Edmonton Arts Council directs the program and stewards the City of Edmonton Public Art Collection.

Where the language of love is great food



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**Boyle McCauley News**  
FROM THE ARCHIVES: JUNE 2016

## GLOW-ing in Outer Space



One of the unique lanterns created for the annual GLOW Lantern that took place on March 23. It began at Alex Taylor School and went throughout Boyle Street. The event was organized by The Quarters Arts Society. For more photos, visit our website: [bmcnews.org](http://bmcnews.org). Paula E. Kirman

# Biking to Save Lives

How you can help.



Cyclists taking part in Minds over Mountains in 2018. Supplied by CASA

## GARY GARRISON

In 2011, I wrote an article for the *Boyle McCauley News* entitled "How My Bicycle Saved My Life." This summer I will ride my bike to save the lives of young people in our community who struggle with mental health problems. But I need your help. (For details go to: [www.mindsovermountains.org](http://www.mindsovermountains.org).)

The Minds over Mountains bike tour begins on June 15 in Jasper and ends in Haida Gwaii on June 23. I will be one of 50 cyclists pedaling over 900 kilometers to support the CASA Foundation. CASA has been a leader in providing family-centered treatment and support for children for over 25 years. One of CASA's major initiatives focuses on Indigenous youth and the high rate of suicide in their communities.

I am most familiar with CASA's traumatic attachment group program (TAG), which I have two chapters about in my book, *Raising Grandkids*.

TAG addresses the mental health of children separated from their parents by addiction, war, and other causes. TAG gives caregivers the tools to help their children develop new parental attachments, which will become the foundation for healthy future relationships and success in life.

TAG, like other CASA programs, is based on research into the most effective ways to address mental health issues in young people. As a TAG participant, I was amazed to learn that caregivers - and in fact, all parents - affect the development and health of their children's brains, not only in developing neural circuitry in the brain, but down to the molecular level! We do this by hugging, engaging in play with them, and in virtually everything we do.

If you are able to make a donation to support this work, please go to the website above, click on the Donate tab, and search for Gary Garrison.

*Gary lives in McCauley.*

# Victoria Day

IAN YOUNG

## ABILITY AND COMMUNITY

*"Weekends are sacred for me. They're the perfect time to relax and spend time with family and friends." Marcus Samuelsson (Ethiopian Swedish chef)*

The Victoria Day long weekend is often referred to as the beginning of the summer season here in Canada. The holiday has been observed since 1845, and is a distinctly Canadian observance.

Victoria Day is named after Queen Victoria (Queen of the United Kingdom of Great Britain and Ireland), who had a very long reign as the queen - over 63 years. She was surpassed by

her great-great-granddaughter, our current Queen Elizabeth II, who has reigned for 67 years.

Two Canadian cities (Victoria and Regina) are named after Queen Victoria, as is the Victoria Cross, the highest honour bestowed for bravery.

Queen Victoria was an avid writer and philanthropist. She donated a large sum of her own money to aid the Great Irish Potato Famine of 1845 and was patron of the charity that fund-raised for it.

She also gave us the recognition of her birthday as the May long weekend! So, whatever you plan to do the third weekend of May, enjoy yourself, try to get outdoors (weather permitting), and explore our community - and know summer is approaching!

# HOTC 2019: Momentum

NOAH GARVER

Heart of the City grows and changes with the community every year. This year, our theme is "Momentum," keeping in mind both the momentum of the festival and the culture of the community.

Headlining the festival is Josh Sahunta, who provides an honest, breezy look into modern relationships. Festival-goers can also look forward to hearing from Lia Cole, who brings a striking and soulful sound to the main stage, as well as Baby Boy Blue, who is bringing trap influences into modern dark, almost creepy, pop. Among many others in the jam-packed weekend, another act to watch out for is Jenesia, a genre-bending pop group, who have deceptively deep lyrics and light-hearted melodies.

Another festival favourite is our youth stage, put on by our friends at CreArt, which is an organization that focuses on building arts and community among the city's youth.

The festival is also pleased to be bringing back art workshops, in-

cluding an introduction to working with clay. Another important aspect of Heart of the City is the spoken word stage, combining dynamic and engaging poetry, as well as a family-friendly story slam.

Heart of the City also includes an intercultural gathering space, in part acknowledging the traditional owners of the land on which the festival takes place, but also recognizing that our city is made great by the combination of cultures that make up its core.

In addition to the momentum of the soul, the momentum of our bodies will be satisfied by dance with Mile Zero Dance.

The weekend is an incredible way to fill your heart with culture, food, and an amazing time, but it wouldn't be possible without our wonderful volunteers. If you would like to get involved, please visit: [heartcityfest.com](http://heartcityfest.com).

*Noah is the Marketing and Communications Manager with Heart of the City.*

## ITALY RAFFLE TICKETS! GET YOURS NOW!

**THERE IS STILL TIME TO GET RAFFLE TICKETS TO WIN  
A TRIP FOR TWO TO ITALY!**

**THE DRAW DATE FOR BOYLE MCCAULEY NEWS'  
FUNDRAISING RAFFLE IS AUGUST 25, 2019 AT 6 P.M.  
OUTSIDE OF THE ITALIAN CENTRE (10878 95 STREET).**

Tickets are \$10 each. Contact [editor@bmcnews.org](mailto:editor@bmcnews.org) or call (780) 668-3194 to find out how to purchase yours.

Full rules and information are also on our website at [bmcnews.org](http://bmcnews.org).



# Boyle McCauley News

PHOTOS BY JUDITH

*A look at the memorable evening of March 9 when the community...*



**TOP ROW** McCauley Community League President Greg Lane (left) and wife Stephanie Lane. Boyle McCauley Health Centre sponsors and guests. Joanne McNeal  
**MIDDLE ROW** Editor Paula Kirman and Volunteer Coordinator Colleen Chapman present the Honourable Brian Mason with a retirement gift. More guests invited by Mint Health +  
**BOTTOM ROW** Award recipients for volunteerism and long-term advertising, with board and staff members. Boyle Street Community League President Candace



# 40th Anniversary Gala

EDITH ANN GALE

Community came together to celebrate this milestone.



Guests look at silent auction items. Fr. Jim Holland (top, third from left) and guests. Long-term volunteers and long-term advertiser Market Drugs. Mint Health + Drugs with guests. Market Drugs. Sponsors from EPCOR and some of our volunteers. Niginan Housing Ventures. Guests sponsored by REACH and the Boyle McCauley Health Centre. Guest speaker Marty Chan. Edith Ann Dorsey (centre) with Timothy Anderson (left) and Anita Jenkins. Volunteers and guests sponsored by Pangman Development Corp. Guests sponsored by Cidex Group.

# Updates from ICRWP



Adrian Soosay. Rebecca Kaiser

## REBECCA KAISER & MIKE SIEK

### INNER CITY RECREATION & WELLNESS PROGRAM

#### Lady Flower Garden

This season, the Lady Flower Garden program will run on Wednesday mornings! This program will transport inner city dwellers northeast to the Horsehill District where Lady Flower Gardens will offer people the opportunity to harvest produce for Edmonton's Food Bank and for themselves. The van to the garden will be departing from Bissell Centre at 9:30 a.m. and from Boyle Street Community Services at 10:00 a.m. on Wednesday mornings starting in May.

#### Sluggers

The Inner City Sluggers Slo-Pitch team is composed of community members who access the services offered by the Bissell Centre, The Mustard Seed, and Boyle Street Community Services. The team will be practicing Monday afternoons and playing Tuesday nights at Diamond Park #1 just off of Rossdale Road between the Low Level and James McDonald Bridges.

#### Street Prints

The Art from the Heart event at the McCauley Intercultural Centre last month included a number of members of the Street Prints Artist Collective. This amazing event was full of local artists showing off their work which embodied a vast array of styles and mediums. If you missed out on this event, don't worry, because many of the artists have been generously offered a great opportunity to display their art at the Boyle Street Plaza (YMCA) lobby in the coming months. We look forward to seeing that space come alive with art!

#### Floor Hockey Sportsmanship Award

This month, the Floor Hockey Sportsmanship Award, provided by support from the Edmonton Sport and Social Club, was awarded to Adrian Soosay. Adrian recently began attending the program and is developing as a player and as a teammate. We hope to continue to see him around.

**Rebecca Kaiser and Mike Siek are Program Coordinators with ICRWP.**

# e4c May/June Updates

**TARO HASHIMOTO**

ies and Freon appliances

The 2019 Annual McCauley Neighbourhood Community Clean Up is Saturday, June 15 (10 a.m. to 4 p.m.)

Spring has come and the cleaning has produced a lot of junk! Have no fear! The McCauley Neighbourhood Community Clean Up is here! Sign up to have your junk\* and non-hazardous materials picked up and disposed of for free on Saturday, June 15!

Register early as spots are limited (see contact info below).

Calling all volunteers and supporters too! Join together with awesome friends and neighbours to make this event happen. Loaders, Pickers, Drivers, Sweepers, early set up crew, late wrap up folks . . . you are needed!

For Volunteer Sign Up and Pick Up Registration:

Facebook: @e4cwellness

E-mail: thashimoto@e4calberta.org

Phone: (780) 424-2870 or (780)-271-5995

Supported By: McCauley Community League, e4c Alberta, City of Edmonton, Edmonton Host Lions Club, 310-DUMP, Enterprise Car Rentals.

\*We do not accept hazardous materials: i.e. electronics, chemicals, batter-

## School for Indigenous Teachings - Closing Ceremony/Feast

The e4c School for Indigenous Teachings Winter Term Classes have come to a close. With two classes (Language and Cultural Studies & Teachings From the Elders) and a variety of workshop sessions delivered by knowledge keepers and cultural leaders/practitioners over the course of 10 weeks (January-April), the S.I.T. has completed another term with great impact on those who participated. Students have received certificates and shared in a feast.

The School for Indigenous Teachings would like to thank our instructors:

- Wil Campbell (NCSC), Teachings from the Elders Class
- Reuben Quinn (CFRAC), Nehiyaw Language and Cultural Studies
- Joanne Pompana (Red Road Healing Society)
- Russell Auger (WJS)

Âyihay! For more information:

Facebook: @schoolforindigenousteachings

Email/Phone: thashimoto@e4calberta.org / (780) 271-5995

For more e4c Wellness Programs see: @e4cwellness

**Taro is the e4c Community Development Officer.**

## OFSS Celebrates 50 Years



Karen Maruszczyka, President of the Board of Directors of the Operation Friendship Senior Society, speaks at the organization's 50th Anniversary Celebration at City Hall on March 20. Natalie Czuczman/The Lumen Series: hellolumenseries.com



Greg Brandenburg

### The McCauley Neighbourhood Revitalization Steering Committee would like to welcome Greg Brandenburg to McCauley as the new City of Edmonton McCauley Revitalization Coordinator.

Greg only joined the City in January 2019 as he came over from the non-profit sector working in community development (CD), most recently with Action for Healthy Communities. Greg has specialized in CD that is asset-based, place-based and participatory. He has also worked in conflict resolution and community economic development/micro-financing aspects of CD - both in Canada and abroad. Part of his international residential CD work included 7 years in West Africa. Greg also has worked with Abundant Community Edmonton (ACE) since its inception.

Greg is married to a great woman and they have 3 young adult kids in 3 different Edmonton universities. For 26 years they have lived in Virginia Park - just 2 blocks from Concordia University. Virginia Park is just east of Cromdale. He has been very involved with his neighbourhood for years. Greg is very happy to be working in McCauley as he has passed through, usually on bike, the neighbourhood almost every day he has lived in Edmonton. His favourite restaurants are in McCauley, his favourite gym is here, they buy a lot of groceries in McCauley and says their kids know that getting their family Christmas gifts from McCauley vendors is always a great idea, convenient and appreciated.

The Revitalization Steering Committee is excited to be able to work with Greg in our neighbourhood and Greg asks that anybody who would like to connect with him, by email, phone or in person, should please do so. He will buy you coffee if you want to visit in person. His email is [gregory.brandenburg@edmonton.ca](mailto:gregory.brandenburg@edmonton.ca). His office phone is 780.496.4178. His work cell is 780.914.7450. Please join us in welcoming Greg with our famous McCauley hospitality.

## SAFETY AND SECURITY

### REACH and Revite: A New Way of Working

Given there was so much overlap in our work around safety and security, McCauley Revitalization (Revite) Safety Council has joined forces with the Safer McCauley initiative, facilitated by REACH Edmonton. The Revite Safety Council Chair Elisa Zenari, Revite Steering Committee Chair Todd Janes and the McCauley Revite Coordinator Greg Brandenburg agreed that amalgamating with REACH Edmonton where Mark Davis is the Community Convenor in McCauley, would be more effective and efficient in seeing more positive outcomes in McCauley around safety and security. Mark is committed not just to support a solid understanding of what McCauley residents think are the most critical issues but also to leverage partnerships and people to effective action.

### Why Safety and Security are Important as a Key Neighbourhood Function

Two well known community development authors, John McKnight and Cormac Russell, coming to Edmonton May 28-30 for the Tamarack Conference entitled Healthy Neighbourhoods, Healthy Cities, recently wrote about seven foundational democratic [neighbourhood] functions:

1. Enabling Health
2. Assuring Security
3. Stewarding Ecology
4. Shaping Local Economies
5. Contributing to Local Food Production
6. Raising our Children
7. Co-Creating Care

About item #2 above 'Assuring Security' McKnight and Russell say, "Whether we are safe and secure is largely within our domain. Many studies show that there are 2 major determinants of our local safety. One is how many neighbours we know by name, and the second is how often we are present and associated in public - outside our houses."

"Police activity" they continue, "is a secondary protection compared to these 2 community actions. Therefore, most informed police leaders advocate for block watch and community policing. They know their limits and call to our community development movement."

(J. McKnight and C. Russell, The Four Essential Elements of an Asset-Based Community Development Process, 2018).

### Spring Safety Steps

As a case in point around effective partnerships, the recent March 26 Safer McCauley community meeting that REACH convened brought together a wide swath of resourceful people from McCauley neighbourhood and City of Edmonton partners.

- At the meeting it was a pleasure to meet the 2 new Beats Team Members to McCauley from the Edmonton Police Service (EPS), Cst. Mitch Clark and Cst. Marsha Vanderhoeck. Cst. Andrew Melney explained how EPS has restructured to do better Beats work. He had worked in McCauley for some time. Part of that restructuring means that they will dedicate officers to McCauley who will be consistently circulating either on foot or bike with the 2 constables above being the core. Be sure to greet them and introduce yourselves and your household. We need to see them as important partners in securing a stronger and safer neighbourhood.

- Remember if you see criminal activity call EPS and if you see nuisance problems on public or private property do not hesitate to call 311. Don't give up reporting. It is helpful on several fronts that we more accurately track what type of issues are happening where in McCauley. And resources follow tracking. Let's emphasize that - resources follow tracking and tracking is a result of reporting.

- Reporting license plate numbers involved in suspicious activity is a safe and useful way to assist the police. You can call EPS Complaint Line at 780-423-4567 where their automatic triage system will get you to the right person or at the very least, the right email address.

### Zero Tolerance to Back Alley Junk

Another step we want to take this spring and onward is having a Zero Tolerance approach to excessive back alley garbage.

Our new Municipal Enforcement Officer (MEO) Marko Skendzic is keen to support McCauley residents. Here is his recent email:

Our [enforcement staff] is able to enforce the removal of nuisance conditions that are located on private properties, and this includes large items. We always appreciate information anyone can send us in regards to private property nuisance conditions, as we are able to start notice periods, orders, or remedial actions to

correct the conditions.

Information can be communicated to me via complaints submitted to 311 with the use of email, phone, and app (best method of creating a file). Additionally, people can send me emails directly with information, addresses, and photographs.

With remedial actions, we generally issue the property owners a ticket fine for the violation and the costs associated with the remedial action are passed onto the property owners where there is no compliance with Municipal Government Act 545 Order."

### How to Report a Problem Private Property - How to Contact our new MEO Marko Skendzic

To get the App (downloadable digital application) Officer Marko Skendzic speaks of you need to go to the City of Edmonton website with your smartphone or computer if you have one and search for Edmonton 311 App Download or use this link: [https://www.edmonton.ca/programs\\_services/edmonton-311-app.aspx](https://www.edmonton.ca/programs_services/edmonton-311-app.aspx).

Officer Marko Skendzic's email is [marko.skendzic@edmonton.ca](mailto:marko.skendzic@edmonton.ca).

If you do not have a smartphone or a computer you can either call 311 or go to the Public Library who can assist you use the App as well. Once in the 311 App choose "litter". In other situations you may want to choose "unsightly property" or "graffiti" or other complaint area.

### Junk Dumping Problems

Another issue we are facing is that big items are being dumped onto unsuspecting neighbourhoods back alley properties. If you as an owner or tenant are a victim of this crime please contact Officer Skendzic within 24 hours of the illegal dumping and he will take it from there. We will be cooperating with him to know how to best handle this situation. Part of the process will be some police investigation as to who is doing this illegal practice. Let's keep an eye out, especially at night, when small trucks and vans may be trying to dump landfill items in our back alleys.

To be clear Municipal Enforcement Officers (MEOs) deal with issues on private property and Peace Officers (POs) deal with nuisance issues on public property.

### Other Highlights from the Safer McCauley Community Meeting

Another highlight and key purpose of the Safer McCauley community meeting was having us move as groups through 3 different stations that addresses previously identified potential community safety initiatives: community safety signage; community clean up collective; and positive street-level activities. All the groups were able to brainstorm many great ideas for how both residents can make McCauley safer but also how we can accomplish this in partnership with other City and private resources.

To see all the proceedings, important updates and the many great ideas that came forward from the meeting please go to the REACH website for the report. We will be working together to implement some of the best ideas in the very new future including some just mentioned above. We want to thank Mark Davis at REACH for convening such a practical, useful and informative meeting.

### Spring and Summer Needle Pickup Partnership

Another partnership that will start up again in May is a matched grant arrangement between McCauley Community League, Safer McCauley (convened by REACH), Revite and Mustard Seed to pick up needles throughout McCauley. We are pleased to partner with Mustard Seed because most, if not all, workers employed in the weekly program are McCauley residents. We are matching their \$5000 with our \$5000 to have needle pick up teams go out 3 days a week till September covering at least 2 routes across McCauley.

Workers receive ongoing training and support to enable them to move closer to healthy interdependence. Mustard Seed reports that approximately 80% of the people attending their 96 street location day programs and/or evening meal are either present or past McCauley residents. Mustard Seed will not use the matching grant to clean up needles and garbage on their own site - that is their own cost we agree. There are 5 other Mustard Seed sites spread out through Edmonton each trying to offer programs/resources that will move local vulnerable residents closer to a better place in their goals.

### Scheduled McCauley Safety and Clean Up Dates

May 4/5: There was a City of Edmonton Big Bin Event happening at the Commonwealth Stadium on Saturday, May 4 and Sunday, May 5. Together McCauley Community League, Safer McCauley and Revite sponsored a dedicated truck to pick up excess garbage from back alleys that had front-of-the-line access to dump their load so it could return quickly to clear more alleys.

**Tuesday, May 14; 7 - 9 PM**

**Safer McCauley Community Meeting**  
Edmonton Intercultural Centre (9538-107 Ave)

**Topic: Problem Properties**

Guest Panel: Residential Living Governance Committee (RLGC); A multi-agency committee including leadership and frontline staff from Alberta Health Services (AHS), EPS, Government of Alberta and City of Edmonton

**Saturday, June 15: Annual E4C McCauley Cleanup**

E4C will be working together with McCauley residents to help clean up our beautiful neighbourhood. Litter pick up supplies for adults, kids and all households will be available.

Remember you can always pick up free Litter Pick Up Supplies at most Recreation Centres including Commonwealth Community Recreation Centre.

## MONTHLY REVITE FOCUS CONVERSATIONS AND ACTION PLANNING

The McCauley Revite (Revitalization) Steering Committee would like to host focused discussions in 2 different areas per month leading into very do-able actions.

### May Focus

1. Neighbourhood Clean Up
2. Youth Input to an Even Better McCauley

### Neighbourhood Clean Up

Since Revite is joining forces with Safer McCauley around safety and security matters we will join the REACH organized focused discussion on problem properties. It will be on Tuesday, May 14 at the Edmonton Intercultural Centre (EIC) at 9538 - 107 ave at 7 pm. Always great snacks. Given there will be some outstanding resource people for the evening we look forward to taking significant practical steps to deal with problem properties

### Important Input from School Youth to Make an 'Even Better McCauley'

McCauley teens have lots to offer McCauley. Teens have great and unique ideas and skills about what things will make an 'Even Better McCauley'. Revite would like to hear from you teens how you can shape your neighbourhood. To make sure its worth your while we're having a relaxed party with good food, good music and other teens from your neighbourhood. Feel free to bring a friend and show them how great McCauley is.

Maybe you want to do some art, make a mural, make some music, plan a trip somewhere, do a McCauley amazing race, invite in some elders, cook together, who knows?

**Who: Junior high age kids from McCauley or junior high kids coming with a McCauley junior high age friend. Skilled youth leaders will be present.**

**When and Where: Friday, May 24 at 6:00 pm at Allegro Italian Kitchen (restaurant) 10895 - 95 st.**

**Limit: 30**

**RSVP: Let us know you're coming by emailing:**

[McCauleyYouth2019@gmail.com](mailto:McCauleyYouth2019@gmail.com)

**Who: Senior high school age kids from McCauley up to 20 years old or senior high age kid coming with a McCauley senior high age friend. Skilled youth leaders will be present.**

**When and Where: Saturday, May 25 at 6:00 pm at Abyssinia Restaurant 10810 - 95 st. (Vegetarian/vegan food available)**

**Limit: 30**

**RSVP: Let us know you're coming by emailing [McCauleyYouth2019@gmail.com](mailto:McCauleyYouth2019@gmail.com)**

### June Focus

1. Getting into our Gardens
2. McCauley Park/Green Spaces - More of them and Using them Better

### Getting into McCauley Gardens

For this spring and summer Dustin Bajer will again be leading the popular Garden Crawls every second Tuesday starting in June. Dustin will soon circulate the Cultivate McCauley Newsletter online about other gardening and education opportunities and possibilities.

**What: Garden Crawl**

**Tuesday, June 11 from 6:30 - 8:30.**

**Where: We will meet at Giovanni Caboto Park by the seated bronze statue (Mr. Spinelli).**

### Increasing Parks/Green Space in McCauley

We will also discuss how to better use the parks and green spaces we already have. Revite will invite a subject matter 'expert' to help inform our discussion.

**When and Where: Wednesday, June 5 at 7 pm at the Sacred Heart Church Board Room**

Remember always good things to eat at these events.

## COMING UP

### June

**Heart in the Park Festival**

**Saturday, June 1 and Sunday June 2**

### September and October

Monthly focus conversations

Good Neighbour Agreements

Starting micro/small businesses and Co-housing/co-op housing Options.

BOYLE STREET COMMUNITY LEAGUE UPDATE

# A New Program and Seeking Volunteers

The Boyle Street Community League (BSCL) board has been hard at work this spring planning programming and events for 2019 and volunteering at our casino. A special thank you to every person who came out to support us in filling all the volunteer casino shifts. We could not have done it without you!

**New Sunday program.** This spring, every Sunday from 1:30-2:30 p.m. is Open Gym Time at the Boyle Street Plaza. Families and people of all ages are invited to enjoy the facilities free of charge. Please come over to run around, connect with your neighbours and spend at least part of the weekend playing.

**Looking for volunteers.** We would love to have more people helping us to bring awesome programming to the community. Have you been wanting to meet new people or get out of the house more? How about using some of your great skills and passions to help others?

unteer sign-up sheet on our Boyle Street Community League Facebook page.

For regular updates about BSCL activities and news about the community, follow our Facebook page, [www.facebook.com/boylestreetcommunityleague](http://www.facebook.com/boylestreetcommunityleague)

Let us know you want to be a part of the league by completing the vol-

- Your BSCL Board

## Building an Intercultural Community of Support

The Multicultural Family Resource Society (MFRS) is proud to be a part of McCauley, with our office located in the Edmonton Intercultural Centre. Our programs span the city, helping families make connections and build community in their new home of Edmonton.

In 2018, our Emergency Support Fund provided \$21,571.42 in support to 23 families working through crises that put their housing security at risk. This covered costs such as rent, groceries, and medication. Our Family Support Office served 248 families and 1488 individuals through the programs it offers. Our parenting program served 2950 individuals. Now we're up to a lot of new things, including a new Coaching, Advisory, and Research social enterprise.

MFRS is committed to improving the well-being of immigrant and refugee children, youth, and families. We believe in family-driven and participatory programming; equitable access to opportunities, programs, and resources for immigrant and refugee families; and ongoing reflection and evaluation to ensure our programs are building participants' full potential to be a part of our community.

Want to learn more? We invite you to join us at our Annual General Meeting on Monday, May 6 at 3:30 p.m. It will take place at the Edmonton Intercultural Centre, 9538 - 107 Avenue. All are welcome to attend. We would love to meet some more of our neighbours in McCauley.

Here is how our staff describe our work:

Later this year, we will have more events to invite you to, and we encourage you to check our website - [mfrsedmonton.org](http://mfrsedmonton.org) - and community listings for more information later this year.

*Our programs provide a place for participants to belong, to voice their concerns and share hopes and dreams. It is a place where they can feel safe and connected when they have no or limited English language skills and have cultural barriers to overcome. They can get information and resources, learn new knowledge and skills, and share their experiences and challenges with others who are supportive and will seek solutions together.*

Please stay in touch with us, and we hope to see you May 6 and later this year.

Information submitted by the MFRS.

## Generational Healing and a Space at EPL

SHARON PASULA

### "Indigenous Space" at EPL

#### From Generational Trauma to Generational Healing

The Edmonton Public Library (EPL) held the last of several public consultations for "Indigenous Space" being proposed for the renovated Stanley Milner Library downtown.

While visiting a cousin recently, I discovered that two of his three sons were taught by a relative who teaches at Prince Charles elementary school\*. "Wow, that's cool," I said. He further informed me that his youngest son currently attends Prince Charles and in a few years will also be taught by our relative. So, we have had two generations at Prince Charles: one who has been through university and possibly three more who may choose to do likewise. "This is good news and a great story that needs to be told," I said to my cousin. "People more frequently hear the generational trauma stories and not how our community is prospering and healing." My cousin agreed.

A handful of mostly Indigenous people met at the Strathcona branch on April 11 to answer several questions. Two of them were, "What does indigenous space mean to you?" and "Is it the same as a decolonized space?" The event included a smudge, and participants were given a tobacco pouch as a cultural protocol appreciation.

It is not too late to give your thoughts about the subject. Contact Jed Johns, Senior Advisor Indigenous Relations, EPL at [jed.johns@epl.ca](mailto:jed.johns@epl.ca).

\*Indigenous/*neheyaw*. Prince Charles School has a Cree language program and many Indigenous students.

*Sharon Pasula is an Indigenous spiritual and cultural resource person who lives in Boyle Street.*

# Congratulations to Our Award Recipients

Boyle McCauley News would like to extend congratulations to our volunteers and advertisers who received awards at our 40th Anniversary Gala on March 9.

The latest recipients of the Garry Spotowski Award for Outstanding Volunteer Service are John Kolkman, Phil O'Hara, and Larry Brockman. They were joined by previous award recipients Rosalie Gelderman and Bob McKeon. Kate Quinn is also a previous recipient, but was not able to attend.

Long-term advertisers The Italian Centre Shop (represented by Teresa Spinelli), Market Drugs (represented by Lorraine Ferbey), and the Italian Bakery were also recognized. See the photo at the bottom of page 10.

# Creating Hope Society

*Some background, and upcoming events.*

Creating Hope Society (CHS) is a non-profit charitable society established by Aboriginal people to recognize that the Sixties and Seventies Child Welfare Scoop of Aboriginal children is a continuation of the Residential School era. We believe that it is time to halt the cycle of Aboriginal children being separated from their families and communities.

CHS programming addresses the spiritual, physical, mental, and emotional aspects of a person's life, their family, and their community. We provide Aboriginal people with real opportunities to learn, to grow, and to make positive choices for themselves and their families. This is accomplished by providing people with a safe, supportive community where they can explore alternative life choices, test out new ways of approaching issues, and succeed in mainstream society.

Everyone is welcome to join Creating Hope Society's exciting events that engage in bringing the commu-

nity together to celebrate life. Every round dance event is about taking the time to meet old friends and make new ones. A round dance is for everyone: children, parents, Elders, and lovers. Without drummers and singers, there wouldn't be round dances. If you don't know how to round dance, it's pretty easy. The individuals who want to dance join hands and make a chain that moves in circular motion. The dance is to move to their left with a side-shuffle step to reflect the beat of the drum.

A big thank you to our partners Kookom Kisewatisiwin Society and sponsorship by the City of Edmonton.

## **The Heart of the Community Kookom, Moshum, and Children's Round Dance**

**May 5, 2019**

Bannock contest and Entertainment 3:00 to 5:00 p.m.

Feast 5:00 p.m.

Round Dance begins at 6:00 p.m.

Abbotsfield Recreation Center - 3006-118 Avenue

## **Family Spirit Martial Arts Fundraiser**

**June 1, 2019**

Doors open 5:30 p.m.

Events begins 6:00 p.m.

Edmonton Intercultural Centre  
9538 107 Avenue

Family Spirit Martial Arts operates on a limited budget, and we invite you to attend the fundraising that can provide the money necessary to hold classes, events, and sessions throughout the year. This event is to build a dream for these children and youth who want to attend the Martial Arts competition in Calgary. The second reason for the fundraising event is to purchase a Martial Arts outfit for all the children and youth. We all hope to see you at the Family Spirit Martial Arts fundraiser. Building our children and youth makes a stronger community. A big thank you to the Edmonton Intercultural Centre, Lil Ninjas, and Youth Divers Programs and our silent partner Creating Hope Society for their in-kind contribution.

## **"Once you are a DAD, you are a DAD for life"**

It's time to dust off those golf clubs and join us for our fifth Annual "Dads Matter Too!" Charity Golf Tournament taking place on June 13 at The Ranch Golf and Country Club! We are looking forward to enjoying another successful and exciting day. Please feel free to share this with your friends, coworkers and family.

Team Registration and Sponsorship Package is available at our website [creatinghopesociety.ca](http://creatinghopesociety.ca), where you can also pay online via PayPal. The cost is \$650/team.

If you have any questions about the tournament, or you would like to become a corporate sponsor please call (780) 668-9071 or email [dckachur@shaw.ca](mailto:dckachur@shaw.ca). We hope to see you there!

*Information provided by the Creating Hope Society.*

# Podcast Features Newcomer Youth

*Project of the Centre for Race and Culture is giving young immigrants and refugees a voice.*



The Unheard Youth podcast is featuring the voices of newcomer youth from all across Canada! Created at the Centre for Race and Culture, lo-

cated at the Edmonton Intercultural Centre, the goal of the podcast is for listeners to hear the stories of immigrant and refugee youth.

In March of 2018, Rose-Eva Forgues-Jenkins was hired as Podcast Production Coordinator, and ever since then she has traveled to three other cities in Canada to record conversations with youth. In the podcast, we hear from newcomers in Fort St. John, BC; Edmonton, AB; Toronto, ON; and Montreal, QC. The themes of the podcast are identity, migration, and belonging. Youth were encouraged to write their own questions relating to these themes and have conversations with their peers about them.

The Centre for Race and Culture has been operating for over 20 years with the goal of addressing racism. This project gives an opportunity for the wider community to listen to and reflect on the voices and experiences of newcomer youth. We also want to provide youth with the tools and hands-on experience required to promote their own voices.

The podcast was officially released at Speak Out, an event hosted by the Centre for Race and Culture's on March 22. The podcast is now available to listen to at [unheardyouth.ca](http://unheardyouth.ca)! So make sure to visit the website to hear all 13 episodes. There are also two French language episodes from when we visited Montreal. We have English translations available on the website for those episodes, and English and French language transcriptions for other episodes as well.

There are also listening booklets available with pictures, a glossary, and a timeline. Please send us an email at [info@cfrac.com](mailto:info@cfrac.com) if you would like to pick up a copy!

The podcast is also being broadcast every second Thursday on CJSR 88.5FM, so make sure to tune in! Happy listening!

*Information provided by the Centre for Race and Culture.*

### Marching to Demand Climate Action



A March for the Climate took place on March 30. It was organized by Extinction Rebellion Edmonton and made its way through downtown, including part of Boyle Street. Paula E. Kirman

### Spring Concert Features Ukrainian Embroidery



The annual spring event of the Ukrainian Women's Organization of Canada - Edmonton Branch took place on April 13 and 14 at the Ukrainian Federation Hall on 106 Avenue and 98 Street. It featured workshops, entertainment, food, and an exhibit of Ukrainian embroidery from various private collections. Paula E. Kirman

# South Chinatown Mall Demolition

*Not a celebration for everyone.*



A last look at the South Chinatown Mall shortly before it was demolished. Paula E. Kirman

## ANITA JENKINS

Members of the Chinese community are saddened by the loss of the Chinatown Mall (reported in the February 2019 issue of *Boyle McCauley News*). Lan Chan-Marple and Grace Law, members of *aiya!*, an artist collective addressing cultural erasure in South Chinatown, recognize that the mall had become derelict and could not be saved. However, they are disappointed that an atmosphere of celebration accompanied its demise.

"It was hurtful for me, as a child of Chinese immigrants," says Law. "I would have hoped for more sensitivity and respect. I

have fond memories of Mirama restaurant. I spent much of my childhood weekends there celebrating over food with my family. Growing up in Edmonton, I did not always feel my culture was understood and accepted."

Chan-Marple says the exceptionally large size of Mirama provided a place for Chinese people from all over Edmonton and beyond to gather for weddings and parties, and for weekend dim sum. "It was always packed, with people lining up outside to get in," Chan-Marple says.

The Chinatown Mall had bold yellow and red architectural features. "It was iconic,"

Chan-Marple says. Inside the mall, Mirama restaurant had traditional Chinese interior decorations. There was also a stage for speeches and performances. The strip mall at the east side was a big draw as well. It included a barber shop, grocery store, jewelry shop, specialty gift store, and herbalist.

Chan-Marple and Law hope new development will recognize Chinatown's current presence in the neighbourhood, and that it will have design connections with the Chinese buildings nearby – the seniors lodges, multicultural centre, and Chinese associations. Chan-Marple notes that the area is Edmonton's second

Chinatown community. The first was displaced by Canada Place. More than 100 years ago, Edmonton's Chinese community began with laundries opened by men who had helped build the railroad and with residences for Chinese people.

*aiya!* wants to work with the community and developers to honour the history of the place and the presence of the current community. "I want to keep our cultural safe spaces alive," Law says, "so that diverse groups of people have a sense of belonging. When it is time to say goodbye, let's come together to remember the full memory of the place."

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and learn about exciting, exclusive content  
on our website and social media.**

To subscribe, visit [bmcnews.org](http://bmcnews.org)!



# McCauley Community League

mccauleycommunityleague2014@gmail.com  
facebook.com/mccauleycommunityleague

## MONDAY NIGHT GUITAR PROGRAM

### WITH STEVE JOHNSON

Monday Nights at the Boys & Girls Club  
8:00 - 9:30pm

All levels welcome. Come and learn something new or trade some licks. Cost is Free.

## Comics and Cartooning!



**FREE** Lessons with James Grasdal

**Every Thursday  
Starting at 1PM**

For more info and registration  
please call or text, **780 200 8681**  
or email, **LILY@VIPHALAY.COM**  
**St Teresa School** (9008-105A Ave)

## ART CLASSES

### Thursdays

We have Art Classes running Thursdays from 12:00 until 3:30 p.m. at St. Teresa's.

## GOT AN IDEA FOR PROGRAMMING YOU'D LIKE TO SEE IN THE COMMUNITY?

The McCauley Community League Board meets the first Tuesday of every month from 7-9pm in the Boardroom at the Boys and Girls Club, 95th street entrance. Everyone is welcome to attend the regular meetings and we're happy to hear from you always.



The Boyle Street Community League is proud to partner on programs and events that enrich our community.

### UPCOMING EVENTS

## Boyle Street Walking Map Launch SATURDAY, MAY 4 2PM TO 4PM

BOYLE STREET COMMUNITY PLAZA, EVERGREEN ROOM  
Celebrate landmarks and discover hidden gems at the community walking map launch. Join neighbours for a walk through Boyle Street followed by refreshments and conversation on the community centre patio. All are welcome!

## Mothers Day Lunch

SATURDAY, MAY 12TH, 1PM - 4PM

Boyle Street Community Plaza, Willow Room

### SAVE THE DATE

## Boyle Street Community League Annual General Meeting

MAY 28, 6 PM

SUNDAYS	MONDAYS	TUESDAYS	THURSDAY NIGHTS
Badminton	Piu	Native	Hip Hop
Time: 11-1	Yum	Drumming	Rapping
Location: Gym	Recreation Club	Time:	Location:
Open Family Gym	Time:	7-9 PM	Willow Room
Time: 1:30-2:30	12-5	Location:	+
Location: Gym	Location:	Evergreen Room	Outside during the summer
	Willow Room		

LIKE OUR FACEBOOK PAGE  
FB.COM/BOYLESTREETCOMMUNITYLEAGUE  
TO STAY UP-TO DATE!



TONY'S PIZZA PALACE AND ITALIAN RESTAURANT  
9605 111 AVENUE • (780) 424-8777 • TONYSPIZZAPALACE.COM

**LINTON 10724-97 St.**  
(Across from Lucky 97)  
**DRUGS 424-6577**

Prescription Drugs

# Community Classifieds

**NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL FIVE LINES OR LESS TO EDITOR@BMCNEWS.ORG**

**NOTE: WE FIT AS MANY ADS HERE AS WE CAN. FOR MORE CLASSIFIEDS, VISIT OUR WEBSITE AT BMCNEWS.ORG.**

## CHURCH AND AGENCY SERVICES

### BISSELL CENTRE

(780) 423-2285  
Drop-in Centre: Monday – Friday 7 a.m. – 4:30 p.m. /Saturdays: 12 p.m. – 4 p.m.  
Child Care Centre: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred)  
Women's Lunch: Tuesdays and Thursday at noon  
Health for Two: Tuesdays at 12 p.m.  
Parenting Classes: Mondays at 11 a.m.  
Free Tax Workshops: Wednesdays 12:30 p.m. – 4 p.m.  
Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:15, first come first serve)

### BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street  
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.  
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.  
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

### BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue  
(780) 424-4106  
Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day – 8.30 – 4.30 . Lunch: Monday-Friday at 11.30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

### INNER CITY PASTORAL MINISTRY

10527-96 St. NW  
(780) 424-7652  
Pastor Rick Chapman  
Pastoral Assistant: Michelle Nieviadomy  
Sunday Service: 11 a.m. - noon  
Sunday Lunch: Noon - 1 p.m.

### THE ROCK OUTREACH

11004 – 96 Street NW  
Phone (780) 426-1122  
Breakfasts: Tuesday to Thursday 7-9 a.m.

Kids Club: Third Monday of the Month

### THE SALVATION ARMY ADDICTIONS & RESIDENTIAL CENTRE

9611-102 Avenue  
(780) 429-4274  
Men's Transitional Housing, Transformations Addiction Recovery Program, Community Support Services, Chapel Service, Volunteer Opportunities.

### WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

### THE MUSTARD SEED

10635 – 96 Street  
(780) 426-5600  
Evening Meals: Mon.-Fri. 7:00-8:00 p.m.  
Sat. 5:00-6:00 p.m.  
Food Depot: Tues. and Thurs. afternoons 1:00-3:00 p.m., Wed. evenings 8:00-9:00 p.m.

Drop-In Coffee: Monday - Friday afternoons 3:00-6:00 p.m.

Evening Drop-In: Saturday 6-10 p.m.  
Personal Assistance Centre (PAC, clothing ministry) 10568-114 Street, side door  
Mon: 1:00 - 3:30 p.m.  
Wed.: 5:00 - 7:30 p.m.  
Thurs: 1:00 - 3:30 p.m.  
For more information call The Mustard Seed, at (780) 426-5600 or visit: [www.theseed.ca](http://www.theseed.ca)

**HOPE MISSION** 9908 106 Avenue (780) 422-2018

### HOPE MISSION MEALS:

Monday - Friday  
Breakfast 7:30 - 8:15 a.m.  
Lunch 12:00 - 12:45 p.m.  
Supper 5:00 - 5:45 p.m.  
Weekends & Holidays  
Brunch 10:45 am - 11:30 a.m.  
Supper 4:15 - 5:00 p.m.

### HOPE MISSION SHELTER:

Men, Women, Youth  
Doors open 8:30 p.m. - 12:00 p.m.  
**HOPE MISSION COMMUNITY CHURCH:**  
Sunday  
2:00 p.m. Hope Mission Centre - 9908 106 Avenue  
7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

### HOPE MISSION HEALTH CLINIC:

Family Doctor Tuesday and Thursday  
Walk in: 8:00 a.m. - 4:00 p.m.  
Family Doctor (Male Patients) Monday - Friday  
Walk in: 2:00 p.m. - 10:00 p.m.  
Psychiatrist Monday - Friday  
Appointment only - call (780) 244-2018 Ext. 278

### NICOTINE ANONYMOUS

RICK (780) 474-5593  
GWYNN (780) 443-3020  
Support for smokers who are trying to quit.  
Call Nicotine Anonymous.

### SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed here. Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

### THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbotsfield Mall.

Contact: Denis Lapierre, Coordinator  
780-429-0675 or  
email: [dl.learningcentre@shaw.ca](mailto:dl.learningcentre@shaw.ca)

### NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

### NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

### P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

### BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

## COMMUNITY EVENTS AND ACTIVITIES

### NEIGHBOURHOOD PAINTING

Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/ Breakfast Club. To contact me, please leave a message at (780) 426-1122.

### WIRELESS NETWORKING

Are you tired of your street using your wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevan at (780) 983-5343.

### HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

### COMMONWEALTH COMMUNITY REC CENTRE ACCESS

All Amenities, Sundays 1-3 p.m.  
FREE for MCL and BSCL members.

### FREE KIDS COMPETITIVE SWIM PROGRAM

For kids ages 6 to 14 at Commonwealth Pool. Must be able to swim 25m unassisted. Must live within the McCauley boundary.  
Mondays, Wednesdays, and Fridays from 4 p.m. to 5 p.m. Contact Corrine @ (780) 421-1189 or [corrinecoffey@shaw.ca](mailto:corrinecoffey@shaw.ca).

### PIU YUM RECREATION CLUB

Dancing, Exercise, and Singing Everyone is welcome, free admission. Every Monday from 1:00 to 5:30 p.m. Boyle Street Plaza 9538 – 103A Avenue.

### FREE COUNSELLING

Free counselling intended for personal growth from a professional counsellor with a Christian perspective. Experience freedom from or learn to cope with: Depressive and Anxious Thoughts, Loneliness, Low Self-Esteem, Low Self-Confidence, Fear of the Future, Trauma, Loss and Grief, Addictions, Personality Issues, Relationship Issues, or Fear of Harm. Regardless of your Christian Denomination, Religion, or lack of Religion, if you have reached 18 years of age, you are very welcome for individual or group counselling. Strictly no money or donation involved. The main objective of this Christian outreach service is to reach out to those who are hurting and, if they choose, to help them transform their lives through Christ and the Church community. Please feel free to email for an appointment: Rev. Dr. Davis P. Tharayil, PhD [churchoftheresurrection.accc@gmail.com](mailto:churchoftheresurrection.accc@gmail.com)

### MAJESTIC INK

Willing to do snow shoveling. Call with 24 hours' notice. Seniors and residential area. Negotiable flat rate. Call Mo: 780-616-3941.

### DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND!! (780) 566-2871 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

### MATH TUTORING

Offering math tutoring from junior high to undergraduate levels. Rate: \$30/hour, Phone Nathan Binnema: (587) 337-4189, email: [ernienathan@protonmail.com](mailto:ernienathan@protonmail.com). Willing to make house calls for residents of Boyle Street and McCauley. Contact for availability.

### CHILD CAREGIVER WANTED IN MCCAULEY

Salary \$13.60 to \$14.00/hour, 40 hour week. As soon as possible.  
Kindergarten age (4 - 5 years), 2 years. Employer's home. Optional accommodation available at no charge on a live-in basis. Note: This is NOT a condition of employment. Apply: [marizel73@hotmail.com](mailto:marizel73@hotmail.com) or (780) 474-7076 4 p.m.-9 p.m. Weekdays.

### Requirements:

Maintain a safe and healthy environment in the home. Bathe, dress, and feed infants and children. Discipline children according to the methods requested by the parents. Organize activities such as games and outings for children. Prepare and serve nutritious meals. Supervise and care for children.

### ART LESSONS

Create beautiful paintings in ink. No experience necessary. In the heart of McCauley. For more info, email [wilderthanthewindcreations@gmail.com](mailto:wilderthanthewindcreations@gmail.com).

### DROP IN YOGA

Boyle Street Plaza/YMCA Family Resource Centre 9538-103A Ave 780-426-9265  
Drop In YOGA  
Tues./Thurs. 5 p.m.-6 p.m. Thurs. 10am-11am  
Cost \$10/class  
U/G Parking \$1/hr - access on 104 Ave between 95 St. and 96 St.



### FREE MONDAY EVENING GUITAR LESSONS

**Instructor: Steven Johnson**

Drop in guitar lessons for all ages and skill levels.

(Children under 12 must be accompanied by an adult.)

Everyone welcome. Guitars available to use. Every Monday evening - 8:15 p.m. – 9:30 p.m.

Location: McCauley Boys & Girls Club, (9425 109A Avenue).

To sign up for guitar lessons or for more info call (780) 424-2870 or (780) 271-5995 Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church.

### WECAN FOOD BASKET

**Make Your Monthly Grocery Supply More Complete for Less!**

Monthly Food Basket \$15/meat order, \$10/produce order – Annual Membership is \$5.

Upcoming deadlines for payment are: May 3 & June 7. Payment can be at McCauley Boys & Girls Club, during business hours, Monday – Friday 9 a.m.-4 p.m.

Next depot dates (for food pick up): May 16 & June 20, 10 a.m. – 2 p.m. at McCauley Boys & Girls Club (9425 109A Avenue).

For more info please contact (780) 424-2870 or (780)-413-4525.

Website info: [www.wecanfood.com](http://www.wecanfood.com)

### STREET PRINTS ARTIST COLLECTIVE (e4c/ICRP)

**Creating opportunities for independent artists to market and sell.**

Artists volunteering together to market and sell their works and prints at community events.

Sale Materials Include: Original Paintings and Art, Prints, Cards, Calendars, and more! For more info please contact (780) 424-2870 or (780) 271-5995

Facebook page: [@streetprintscollective](https://www.facebook.com/streetprintscollective)  
E-mail: [streetprintscollective@gmail.com](mailto:streetprintscollective@gmail.com) / [thashimoto@e4calberta.org](mailto:thashimoto@e4calberta.org)

### DROP IN SOCCER RECREATIONAL PLAY Weekly Recreational Soccer Fun! (Hosted by ICRW/e4c)

Come alone or with friends to join in drop-in recreational soccer! Everyone is welcome and we play to have fun and to everyone's ability. Developed through community partnership with e4c and Inner City Recreation Program.

OUTDOOR Throughout Summer months (May/June-September)

INDOOR Throughout Winter months (October-April)

Time/Date: Tuesdays 1p.m.-3 p.m.

Indoor Location: Boyle Street Community YMCA Gym 10350 95 Street. For more info, please contact (780) 271-5995 or (587) 337-9860

Outdoor Location: Sacred Heart Church Park (9541 108 Ave), Edmonton

Weather and availability may affect locations. Please call or text if unsure: (780) 271-5995 or (587) 337-9860

### WELLNESS WEDNESDAYS

**Fun Workshops and Activities which help in our wellness!**

Hosted at McCauley apartments with neighbours and community members. Featuring guest presenters and facilitators, outings and social engagements. Join in the fun!

Time/Date: Wednesdays 1 p.m. to 3 p.m.

Location: McCauley Apartments (9541 108A Ave, Unit B)

For more info please contact e4c McCauley Office Staff (780) 424-2870

## Help us confirm the open space elements of the updated **Boyle Renaissance Master Plan**

**MAY 09 2019**

Thursday  
4:00 - 7:00 p.m.  
Boyle Street Plaza  
9538 103A Ave., Edmonton

REFINE



Phase I and II of the **Boyle Renaissance Master Plan** are complete, and City staff want to share the progress made on Phase III of the master plan. In line with the Boyle Renaissance Advisory Committee Report, the City would like to confirm the changes and updates to Phase III of the master plan with you.

Learn more by going to:  
[edmonton.ca/boylerenaissance](http://edmonton.ca/boylerenaissance)

**SHARE YOUR VOICE**  
**SHAPE OUR CITY**

Edmonton

that **Bloomin'**  
garden show  
& art sale

**Saturday, May 11 2019**  
10:00 am - 4:00 pm

Alberta Avenue Community Centre  
93 st-118 avenue

[www.albertaave.org](http://www.albertaave.org)

"Faith in Dreams" by L.Shulba

PLANTS ARTISAN GIFTS COMPOST SALE ACTIVITIES RAFFLE

PRODUCED BY MILE ZERO DANCE | CURATED BY BEAU COLEMAN | CO-PRESENTED BY DC3 ART PROJECTS AND LATITUDE 53

## INTERNATIONAL PERFORMANCE ART FESTIVAL 2019

**MAY 16-19**

<b>CINDY BAKER</b> CANADA	<b>HECTOR CANONGE</b> ARGENTINA-UNITED STATES
<b>BEAU COLEMAN</b> CANADA	<b>DAGMAR I. GLAUSNITZER-SMITH</b> GERMANY
<b>FRANCESCO KIAIS</b> ITALY-GREECE	<b>MATHIEU LÉGER</b> CANADA
<b>IRENE LOUGHLIN</b> CANADA	<b>CARLOS MARTIEL</b> CUBA
<b>FELIX ROADKILL</b> GERMANY	<b>PASHIAS</b> CYPRUS
	<b>ALEXANDRA ZIERLE</b> GERMANY-UNITED KINGDOM

**AND MORE TO COME...**

[MILEZERODANCE.COM](http://MILEZERODANCE.COM)

Join the Invisible gate artists and the Edmonton Arts Council for a free community event celebrating the Kinistinâw Park public art

**June 8, 2019**  
**2:00-4:30 pm**  
Boyle Street Plaza • 9538 103a Avenue

edmonton arts council