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Boyle McCauley News

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VOICE OF THE COMMUNITY SINCE 1979

Hockey Fans Sponsor Pizzas for the Homeless

Area restaurant prepares weekly pizza lunches for clients of Boyle Street Community Services.

PAULA E. KIRMAN • BMC News Staff

Panini's Italian Cucina, a popular Boyle Street pizza and pasta restaurant, is providing pizzas for weekly pizza lunches for the homeless at Boyle Street Community Services, thanks to generous donations from all over North America and beyond.

The Las Vegas Golden Knights hockey team began treating clients of Boyle Street Community Services to a weekly pizza lunch during the team's time in Edmonton's playoff bubble. Players saw Boyle Street Community Services from their window, and ordered food from Panini's to be delivered there.

After the team was eliminated in the playoffs, Scott Jividen, a Golden Knights fan from Nevada, contacted Tony Caruso, owner of Panini's, to keep the pizza program going. "I saw a couple of news stories about the team donating pizzas over the course of the playoffs, and I wanted to find a way to keep it going. I made a casual mention about continuing it for another week on the Golden Knights forum on Reddit. Other fans of the team were enthusiastic about the idea, so I decided to reach out to Panini's and see if they were interested," Jividen explains.

Caruso designed an online plat-



Kornrawit Chairun, one of the servers at Panini's, volunteers by helping to label and deliver pizzas to Boyle Street Community Services. Supplied

form to handle donation orders from anywhere. The website was used by people around the world during the "Pizzas for Boyle Street" campaign in September. "Initially, the goal was to supply pizzas for one week," says Jividen. "It was meant as a way fans could show appreciation for the Knights, and continue their charitable efforts."

However, the number of donations far exceeded anyone's

expectations. After the campaign ended, 597 pizzas were ordered - enough for 24 pizzas every week for six months. In total, 402 orders came from the United States (308 of them from Nevada), 191 from Canada (158 from Alberta), and four orders from outside Canada and the U.S.

"We were expecting 30 or so donations and the numbers were 20 times that," says Tony. "We

felt a great sense of community that stretched past our borders!"

Caruso, along with his brother and business partner Rob, have been discussing creating a permanent website for the program, with the intention of continuing to share their pizzas with those in need - after they catch up on the 597 pizzas in a few months.

Panini's is located at 8544 Jasper Avenue.



HOTC Artist Profile

DANA WYLIE

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“To say this year has been transitional and full of adjustments is an understatement

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GET TO KNOW THE EDMONTON CDC

“The CDC also serves as a “leader, partner, capacity builder, and innovator.”

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ABILITY & COMMUNITY

“No one should be completely alone. Togetherness and cooperation will help create a better outcome.

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I Tried Making Prison Hooch

Is home brewing as easy as it looks?

LINDSAY BROMMELAND

I Tried . . .

Every fall, I seem to end up with a mountain of apples to deal with. My usual go-tos are fruit leather, apple chips, and breakfast crisps. This year, I was inspired by Netflix prison dramas to try making apple cider from home. If it can be done with a few kitchen scraps in a plastic baggie on TV, surely it can't be that complicated.

Minutes of research taught me that the process can be as complicated as multi-step wine making (such as the time I tried to make wine from my backyard grapes and ended up with a large batch of red wine vinegar) with specialized equipment and chemicals. Or, it can be as easy as apple juice + sugar = booze. In theory, the wild apple skins have enough yeast that they can start fermentation on their own (yeast eats sugar and creates alcohol), so it is recommended that you keep the skins on when crushing your apples for juice. This didn't work for me: after a day of watching



Bottles of hard apple cider. Lindsay Brommeland

my batch calmly doing nothing, I added a pack of brewer's yeast from the Italian Centre. This kicked off fermentation and my cider bubbled away happily for about two weeks.

When the bubbles stop, fermentation is done. At this point, I measured the amount of alcohol with my hydrometer (collecting dust in my basement from the aforementioned wine making fail) to

be 6%, the correct amount for beer and cider. Time to put it in bottles to age, though since the taste was super strong and a little flat, I decided to add a tablespoon of sugar to each one litre bottle (executive decision from a general knowledge of how champagne is made, plus experience with kombucha getting very bubbly after adding sugary fruit). I let the bottles sit for six weeks, then popped one open for a taste test.

The taste had mellowed, and the cider had developed a bit of effervescence. It is somewhere between cider and apple wine, and with a bit more maturing will make a decent fireside drink to force on my family and friends.

The best part? It was almost free, since I used only three ingredients: donated apples, sugar, and yeast. If you decide to try making hooch, let me know how it goes. You can borrow my hydrometer.

Lindsay Brommeland is a McCauley resident of 14 years who will try anything once.

Mercury Opera Turns McCauley Gardens Into Music Venues

Beginning in August, McCauley-based Mercury Opera has produced several series featuring different genres of music, such as the summer "Lemonade" series, featuring jazz and classical. The physically distanced shows were presented at a couple of private homes in the neighbourhood. Mercury Opera continued presenting shows into autumn with the "Fall by the Fireside" series.

Top Photo (from left): Josh McHan on bass (partially blocked), Darcia Parada, Boris Derow, and Chris Evans.

Bottom Photo (from left): Boris Derow, Cara McLeod, and Emilio De Mercato.

Photos supplied.



So Much Gratitude



PAULA E. KIRMAN • BMC News Staff

MCCAULEY MUSINGS

The deadline for our November issue fell on Thanksgiving this year, so when I sat down to write my editorial, gratitude was on my mind.

We have a lot to be thankful for at *Boyle McCauley News*. We have benefitted from the generosity of people in the community and beyond through our Toss Us Your Toonies campaign. Visit bmcnews.org/donate for more information. Thank you for supporting independent community news.

As well, in late September we received financial support from the Department of Canadian Heritage's COVID-19 Emergency Support Fund

for Cultural, Heritage, and Sports organizations. This funding will go a long way towards filling the gap until our next casino. We are extremely grateful.

As I mentioned in our previous issue, the paper's Board of Directors had to make some difficult decisions concerning our current budget. In addition to ceasing the Canada Post mail-out to Boyle Street, another decision was to close our office and not have a physical space. We then received a generous offer from the Edmonton Community Development Company to share their office space. We are so thankful that we have a place to work, meet, and store our archives.

At the same time, we want to thank Miranda and Ken at Zocalo for being such wonderful landlords for the last 14 years. If you are looking to lease basement office space in the area, get in touch with them because there is a great opportunity now available.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published eight times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in *Boyle McCauley News* are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

EDITOR'S NOTES

At the time I am writing this, leaves are changing colour and starting to fall off of the trees. By the time you read this, there might even be snow on the ground. However, here's a new issue of *Boyle McCauley News* to enjoy while keeping warm.

Have you visited our website lately? We publish exclusive stories that either don't make it into our print edition, or happen in between issues. Visit us at bmcnews.org. You can also follow us on social media, where we share important community information, share when we publish something new on our website, and sometimes post photos from com-

munity events. We are @bmcnews on Facebook and Twitter, and @bmcviews on Instagram.

We're always looking for volunteers, especially Block Carriers (in McCauley) and Apartment Ambassadors/Condo Connectors (in Boyle Street) to help us get the paper to readers. Contact me for more information (editor@bmcnews.org).

You can also help keep the paper publishing by taking part in our micro-donation campaign. Even as little as \$2 each month can go a long way towards helping the paper remain sustainable. Head to bmcnews.org/donate for more information.

Enjoy the issue and keep well.

OUR NEXT ISSUE. . .

Volume 41, Issue 8 will be published December 15, 2020. Articles and photos concerning community news, events, and opinions are welcome. We also accept submissions of poetry and cartoons. Deadline: November 22. Send submissions to: editor@bmcnews.org. Articles should be 400 words or less and accompanied by photographs (JPG, in high resolution) whenever possible.

LETTERS TO THE EDITOR

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to editor@bmcnews.org. Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters for our next issue is November 22, 2020.

BOYLE STREET AND MCCAULEY CRIME AND SAFETY CONTACTS

24/7 Crisis Diversion: Call #211 + press 3 when you see a person in distress

Needle Debris, Public Property: 311

Needle Debris, Private and Public Property: Boyle Street Ventures - (780) 426-0500

Pick-Up of Illegally Dumped Junk (in McCauley): Gregory.Brandenburg@edmonton.ca

Report a Problem Property: Search: Edmonton Report a Problem Property

EPS McCauley / Quarters Beat Officer: Marsha.Vanderhoek@edmontonpolice.ca

EPS Non-Emergency: (780) 423-4567

EPS Non-Emergency mobile access: #377

EPS Emergency: 911

EPS Website: edmontonpolice.ca

EPS Crime Prevention: Facebook @epscrimeprevention

Crime Stoppers: 1-800-222-8477

Report Gang Activity: (780) 414-GANG (4264)

Litter / Graffiti: 311; capitalcitycleanup@edmonton.ca

MCCAULEY COMMUNITY LEAGUE UPDATE

Post Pandemic = Restructuring

JORDYNN VIS

To say this year has been transitional and full of adjustments is an understatement. We all know how tough this past year has been and how many plans, routines, vacations, and events have had to be adjusted, postponed, or cancelled.

The McCauley Community League has also fallen victim to 2020's villain, the coronavirus. We have had a quiet year with many changes and adjustments. Among these changes have been board members who have either resigned or moved away, leaving us with a few bodies to carry on

the league's existence for the months ahead.

As this may sound all doom and gloom, a quiet year for a community league gives us the opportunity to focus more on the administrative side with financial audits, grant reports, reassessments, and other tasks that need our attention. So, even though it seems like a quiet year on the website, social media, and events, we are simply readjusting, refocusing, and re-evaluating what our future will look like as a community league post-pandemic.

Jordynn Vis is the President of the McCauley Community League.

Anawim Place Food Bank is Open for Business

COLLEEN CHAPMAN • BMC News Staff

I dropped by Anawim Place Food Bank in mid-October to see how they were doing. Very impressive!

Anawim operates every Wednesday from 10 a.m. to 11 a.m. and 1 p.m. to 2 p.m. at 10650 95 Street (the building north of Neumann Plumbing). Sister Estela, Father Jim, and their wonderful, dedicated volunteers greet people and process their food orders. By

the time a client has seen the third person in the process, their order is ready and they can leave with their food.

If you can, please donate to Edmonton's Food Bank, which delivers each week to Anawim. And, if you need help, please go to see them. You will be warmly welcomed.

Colleen is Boyle McCauley News' Volunteer Coordinator. She lives in McCauley.

Safer McCauley: What it Takes to Keep McCauley Clean

MARK DAVIS

Cleanliness is an ongoing challenge in McCauley. Removing litter and illegally dumped junk from the neighbourhood is a big task. But with contributions from an array of people, our community is tackling the challenge. And we're beginning to fully understand what it takes to keep McCauley clean.

McCauley Apartments and E4C are the veterans of neighbourhood clean-up in McCauley. With support from the McCauley Community League (MCL), they have facilitated the Annual McCauley Community Clean-Up that many of us have benefited from for years. More than just a generous free service, the clean-ups have been community-building events. Unfortunately, due to COVID, a traditional event could not take place this year. Adaptations were made to reduce the risk of exposure. The results saw McCauley Apartments, E4C, Boyle Street Ventures (BSV), McCauley Revitalization, and Safer McCauley all playing roles.

McCauley Clean-Ups took place in both June and September this year, promoted via social media, email, and flyers. Forty-two large truckloads of illegally dumped junk and unwanted large items were removed from households and businesses free of charge.

To arrange for the removal of illegally dumped junk from your property throughout the year, please contact McCauley Revitalization Coordinator, Greg Brandenburg at gregory.brandenburg@edmonton.ca.



Volunteers at the September 19th Litter Blitz. Mark Davis

Neighbourhood volunteers play a huge role in keeping McCauley clean. Over the past two years, neighbours have come together for one-hour Litter Blitzes, with Litter Kits provided by the City of Edmonton's Capital City Clean Up (CCCU). This year, three socially-distanced events took place between April and September.

September 19th's Litter Blitz coincided with both World Cleanup Day and Community League Day. Thirty volunteers included MLA Janis Irwin and representation from the Sacred

Heart Justice and Peace Committee, McCauley Apartments, Better Environments, and the Edmonton John Howard Society. Over the past six events, 120 people have cleaned up 98 bags of litter. And with 96 Litter Kits finding their way into households, individuals are frequently seen cleaning up wherever and whenever they choose.

If your household or business requires a free Litter Kit and/or sharps container, please contact Mark Davis at Mark.Davis@reached-

monton.ca. Social enterprises are playing an increasingly important role in the promotion of cleanliness in McCauley. Through a recent agreement with CCCU, McCauley Revitalization, and the Chinatown and Area Business Association, Mustard SeedWorks is currently providing 42 hours/week of litter and needle clean-up in Chinatown and broader McCauley. Over the past four months, SeedWorks has removed 331 bags of litter and 995 stray needles from our streets, alleys, and green spaces.

Boyle Street Ventures (BSV) is being contracted to remove large items from McCauley - both throughout the year and as part of McCauley Clean-Ups. This social enterprise also offers other services, such as regular sweeps of McCauley alleys for litter and needles, and pressure washing in the Chinatown BIA. It is also the first organization to offer clean-up of needle debris on both public and private property throughout Edmonton.

To report stray needles on public property, call 311. To request free clean-up of needles on private and/or public property, call BSV at 780-426-0500.

McCauley is visibly better off. Efforts are being tracked closely, and a clearer picture of the extra resources it takes to keep McCauley clean is emerging.

Mark is REACH Edmonton's Neighbourhoods Convener. He can be contacted at mark.davis@reachedmonton.ca.



MCCAULEY REVITALIZATION STEERING COMMITTEE UPDATES



Photo: David Hitesman



Photo: Louisa Bruinsma



Photo: Maurice Fritz

26 PORCH CONCERTS IN MCCAULEY: MAGIC ON 107 AVE.

Not long after the pandemic began, after the snow had melted, Ann Vriend and Allan Suarez Arce, both accomplished musicians in their own right, could not constrain the irrepressible urge to “gift music to an audience”. Living on 107 ave just down the way from Lucky 97, they decided to organize a porch concert at their house. Originally they had just a few other friends and neighbours stepping up to offer equipment but in the end music and food lovers started to bubble out of the neighbourhood.

One concert led to 2, 2 led to 5, 12 led to 26 with the last one happening on Thanksgiving Sunday. As can happen in these situations - the untold assets of untold neighbours started to appear - organizers, sound technicians, singer-songwriters, caterers, schleppers and helpers.

“I need to point out we put on the porch concerts as much for myself and other musicians wanting to be able to continue giving music to a live audience as much we did it for anyone else. The amazing thing about giving music as a musician is that you get just as much—if not more—back; the energy is not a one way street, but a circle.

And that is true whether it is via a concert on my front porch in McCauley, or via a huge famous theatre stage in Munich—which was the location of what ended up being my last pre-pandemic show. What I’m very grateful and happy about is that with so much neighborhood cooperation and creativity here in McCauley we were able to deliver music and this circle

of giving and receiving, for 26 concerts, despite the challenges of the COVID pandemic—and my fans in other countries repeatedly wrote on social media that they wished they could live here to be here, based on what they saw and heard.

One thing that has been underlined in my observations over and over again during the past 6 months is that people are people before they are all their other adjectives—and one strong indication of that is the universal joyful response and need for connection in music and art; it is the same to a man driving to a porch concert in a BMW as it is to the person driving a shopping cart. Every Sunday that musical connection and energy was a great equalizer.

While at the same time the long list of McCauley members who gave of their time and energy to put on the weekly shows got a chance to be another adjective that maybe the rest of us hadn’t known about before—and the audience members thereby got the same chance, too—the local audience as well as the one abroad.”

Many other people were positively impacted by the porch concert series. Neighbour Leonard who is a father, cook working 2 weeks on then off in a camp near Fort McMurray and caterer called Neighborhood Food Express. Leonard was so pleased after living in McCauley for 5 years, 11 years in Canada, that the concerts “made everyone happy” whether living on the block or passing by.

“The concerts brought people together and helped neighbours get to know each other” Leonard said. Ann had asked him if

he would be willing to cook for neighbours for the Sept. 27 concert and he was only happy to do so with delicious vegetable and meat brochettes and other specialities. (Leonard is pictured in red with his wife and son).

Neighbour Tony, stage name “Anthony Hoono”, also greatly appreciated the porch concert series and contributed as a DJ and emcee. Ann originally made a connection with him when he was singing in his backyard and complimented him on his great voice. Later Ann bumped into Tony again at a pharmacy and invited him to come help out for the concerts and he did just that.

Tony admits that he made some mistakes earlier in life and is now passionate about making sure teens and young adults don’t have to go through what he went through. To that end Tony, also a dad, has been building a sound studio where youth will be able to come and connect around making new music.

Yet another big find from the porch concerts was unearthing a significant talent in Lenny Howell just 2 doors down. Lenny had toured with artists such as Valdy and delivered a silky smooth 45 minute set at the finale. He pulled some of his CDs out for sale for any new fans.

The four singers in the top left photo are, from left to right, Crystal Eyo, Julien Constantin, Johwanna Alleyne, and Ann Vriend. The 107 ave porch concerts went a long way to expose many of the human assets and treasures that exist on every other street in McCauley.

Get to Know the Edmonton CDC

The Edmonton Community Development Company is developing McCauley through community engagement.

PAULA E. KIRMAN • BMC News Staff

The Edmonton Community Development Company (CDC) has been active in McCauley for a couple of years, but the organization seems like the neighbourhood's best-kept secret. Many have still never heard of the CDC. Even those who are aware of the CDC are unsure of what the organization does.

The Edmonton CDC is a small organization of four staff. Its core funders include the City of Edmonton, Edmonton Community Foundation, United Way, and Homeward Trust. The City has also committed \$10 million of land to the CDC.

"The idea of a community development corporation or company has been discussed on and off for at least 30 years, but never got legs until the Mayor's Task Force to End Poverty saw community development as a way to address low income in neighbourhoods," says Mark Holmgren, Executive Director of CDC.

A former McCauley resident, Holmgren's background includes serving as the CEO of Bissell Centre, a senior staff at United Way, and as the Executive Director of Operation Friendship back when its current multi-purpose centre was built.

The CDC develops housing and commercial properties, either on land assets transferred to the CDC by the City, or acquired on its own.

"We try to address neighbourhood aspirations and 'community pain' through engagement and then by developments that a neighbourhood can actively support. We don't con-

sult with neighbourhoods because we have to - we do it because it's the right thing to do," Holmgren explains.

Last year, in tandem with the McCauley community, the CDC helped residents create an investment co-op, raise \$1.1 million from more than 100 local investors in order to purchase The Piazza on 95th Street, a long-time source of community pain. "It's a classic example of resident-led community development that resulted in a major neighbourhood asset being owned by the community," says Holmgren.

In addition to its recent purchase of Wyser Manor, the CDC has acquired two derelict properties on 93rd Street, which it will develop into three units of family housing on each site. It plans on purchasing eight more of these problem properties and developing them into just below market housing. "The CDC is prepared to invest approximately \$6 million to redevelop these 10 properties, and we hope to leverage our work into more of the same from the City and other developers," Holmgren adds.

Major projects in McCauley currently include being in the "late stages of community engagement to identify what to build on what is called the Paskin lands on 95 Street and 106 Avenue," says Holmgren.

The lands provided to the CDC by the city involve contracts that allow the CDC to take possession when the organization is ready to develop. "Until we take possession, those lands are still the responsibility of the city," Holmgren explains. "The reason why we wait is so we can avoid the costs of owning vacant land (property taxes,

land maintenance, insurance, fencing, etc.)."

The CDC also serves as a "leader, partner, capacity builder, and innovator." Holmgren cites examples as:

- Buying and redeveloping derelict properties while working with the city and others to co-create a long-term strategy to increase efforts.
- Offering a Social Enterprise Bootcamp once or twice a year that helps social entrepreneurs from all walks of life move forward with their social purpose business intentions.
- Working with builders, designers, planners, and the city to identify innovations that reduce construction costs, streamline city processes, enable alternative financing, promote authentic engagement, and create partnerships that benefit local residents.

Holmgren emphasizes that the Edmonton CDC will not build what neighbourhoods don't support.

"Our relationships with, and understanding of, urban core neighbourhoods have made it clear that residents do not want more permanent supportive or subsidized housing because they have far more of such housing than do other neighbourhoods," he says. "Our focus is on acquiring or building near market or just below market homes for sale or rent in order to attract more families into the area."

"While we support efforts to house the homeless and attack housing insecurity through subsidized housing, neighbourhoods also need market housing and local businesses to foster an inclusive, healthy so-

cio-economic economy. There has to be a balance and for too long urban core neighbourhoods have been seen as the place to locate social programs and social and non-market housing. We believe we have a role to play in creating that balance."



Mark Holmgren, Executive Director of the Edmonton CDC. Supplied



10741 93 Street, a derelict property the CDC is developing into family housing. Supplied

"Still in Chinatown" Presents Culture and History



Wai-Ling Lennon. 謝兆龍

"Still in Chinatown" took place at Co*Lab on September 12th. It featured a variety of performances, including music, dance, and spoken word. Presented by the Aiya Collective, "Still in Chinatown" was curated and hosted by Wai-Ling Lennon.



Hong De Cultural & Athletic Association, led by Master Yong, leading community members in Warrior Drumming. Stewart Burdett



Dance group TANG (Towards A New Generation) from ASSIST Community Services Centre. Stewart Burdett

“Love Me and I Will Return The Love”

A visit to a McCauley childhood home builds connections.

DARCIA PARADA

When we transformed drab 9320 into Casa Rosso, we had no idea what magic would be conjured.

In August, we began presenting a “Lemonade Series” of outdoor concerts in the backyard of friends and on our own deck turned stage. The grand finale was a weekend of Drive-In Movies at Bonnie Doon Mall.

Boris was laying bricks outside while I, bagged from the Drive-In event the night before, consumed my first coffee of the morning. “Darcia, come outside, we have visitors.”

“Oh great,” I thought, dressed glamorously in fleece pajamas, an old sweater, and Crocs.

Nella Bruni had taken a drive down memory lane with her husband. Struck by the sight of the house she’d grown up in, they stopped. “Can we look around?” she asked.

“Sure,” we responded.

Amid tears of nostalgia, photographs were snapped echoing a shot of Nella on the same front porch as a young girl. Tales of happy times and the home’s history of sheltering new Italian immigrants were shared. Her parents Giuseppe and Rosaria Bruni had worked so hard to earn the money to buy what we’ve affec-

tionately dubbed “Casa Rosso.” They were the true heart of the home that gave many a leg up so that they could eventually afford a place of their own.

Later, Nella’s friend Anna - a friend of Allen Jacobson who plays with Mercury Five, our jazz ensemble - texted a photo of us with Nella. “Do you know these people? They’re musicians.” We laughed at how the universe finds a way to bring magic, joy, relationship, and life-affirming events into our days.

We’ve kept the Casa Rosso concerts going this autumn and notice that when the music begins, our audience expands beyond the house and yard. Neighbours appear on rooftops and porches, and passers-by stop to listen. On the night when Nella, Anna, and their husbands occupied a front row seat, we told the heartwarming story of how we’d met.

Before then, how would I have ever known when choosing colours and preparing surfaces for paint, that turquoise had been a dominant colour, or, that the red picnic table in Nella’s old photo would be the exact shade of red picked for Casa Rosso? It’s as if this old house has a soul and was murmuring, “love me, and I will return the love.” It’s magic.

Darcia lives in McCauley.



Nella Bruni as a child in front of her home in McCauley. Supplied



Nella today, in front of the same house. Darcia Parada

A New Mural Brings Beauty to Boyle Street Community Services

REBECCA KAISER

INNER CITY RECREATION & WELLNESS PROGRAM

October marked the completion of a large and colourful mural painted in honour of the Indigenous women who make up our community. Titled “Connected,” this beautiful painting takes up three large panels on the west fence in the courtyard attached to Boyle Street Community Services.

The mural displays six portraits of community members and was created by Tristen Jenni, an Indigenous artist from Chakastaypasin Band in Saskatchewan who is Plains and Woodland Cree. She currently lives and creates art in Edmonton. To see more of Tristen’s work, follow @tristen.jenni.art on Instagram.

The mural was supported by ICWRP and was part of a series of projects focused on removing



“Connected,” the new mural at Boyle Street Community Services by Tristen Jenni. Dan Zimmerman

barriers to recreation and wellness activities for marginalized Indigenous females experiencing houselessness in Edmonton. It was completed with funding from the Congregation of the Sisters of St. Joseph.

The mural not only has female community members as a focal point, but it also acts as a beautification of the community to which the mural is home. So much effort

goes into beautifying the downtown area for people who come here to work, dine, watch games and concerts, attend events, or play in the area. However, there is considerably less for those who access services and live in the community. The courtyard beside Boyle Street Community Services acted as a refuge for activities held outside of the building. Those activities simultaneously maintained safety and fostered community

during the summer months of the pandemic.

Although the cooling weather might drive us indoors a little more often, this mural will act as a ray of sunshine, a reminder of the leadership and strength of Indigenous women and the presence of the Indigenous community in the inner city.

Rebecca Kaiser, Program Coordinator
rkaiser@boylestreet.org

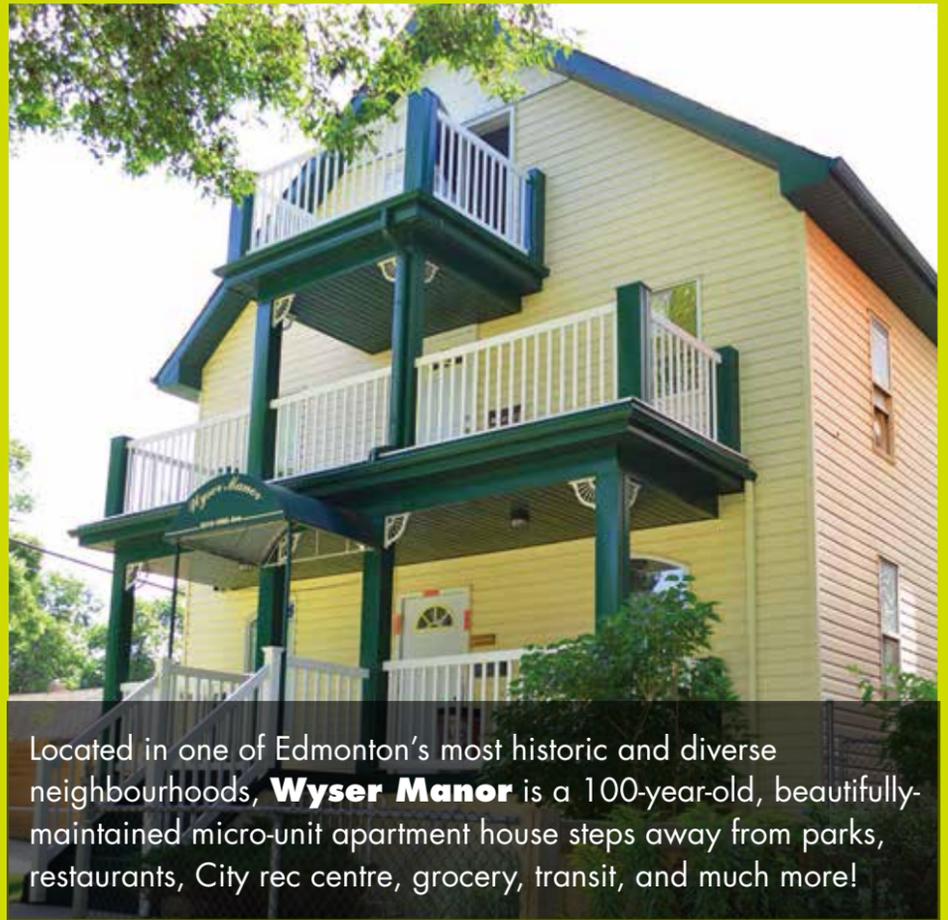
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BOYLE STREET
COMMUNITY LEAGUE

VOLUNTEERS NEEDED

Join the Boyle Street Community League in making our great neighbourhood even better!

BSCL volunteers work together to build a more vibrant, connected community. As a community league we rely on the time, talents, and community spirit of our neighborhood residents to make this vision a reality. No contribution is too small!

Go to boylestreetcl.com and click on the 'volunteer' link or send us an email at info@boylestreetcl.com.

VISIT US ONLINE AT BOYLESTREETCL.COM
EMAIL US INFO@BOYLESTREETCL.COM

/boylestreetcommunityleague @boylestreetcl

Enjoying pictures of your neighbourhood?

Loving stories about your community?

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If only 15% of the 5000 people who read this paper gave a tiny amount every month, we'd be in great shape!



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Bridging the Divide

MANON AUBRY

BOYLEBITS: A VIEW FROM BOYLE STREET

I came to Boyle Street 10 years ago, full of hope and optimism. My old friends in Oliver told me I was moving to skid row. I begged to differ. I told them that the homeless people they were referring to were just the same as the rest of us, just less fortunate. I expounded that the people living under these unfortunate conditions had every right to share the neighbourhood. If they were treated with respect, they would in turn treat others with respect.

When I first moved here I ran into many people who were eager to be helpful. Instead of asking for a handout like the homeless in Oliver, these people were asking if I had work for them. If I was raking leaves, they would ask if they could do it for me. When I struggled with the lawnmower, the men from Urban Manor stopped to help. I was thoroughly enchanted with the spirit of the area.

But over the years I've had several large pieces taken from my porch: statues, chairs, art, and other things of sentimental value. How does someone justify taking something that isn't

theirs? When the brother of someone who did odd jobs for me defrauded me out of a substantial amount of money, he told someone, "It's okay, she's got a lot of money." NOT.

Maybe some people think they got the short end of the stick, that they have the right to make up for it by taking from those they think have some to spare. The trouble is that a person can never know the struggle of others when those misfortunes are not evident.

How did things change in the neighbourhood I call home? When did the gulf between the "haves" and the "have-nots" become so wide? How do we reverse the trend? I'm aware that people who used to congregate in the Ice District have been forced out of that area. We now have more of the homeless in our neighbourhood. How do we convince our new neighbours to treat all of us with a little respect? I always thought that kindness would bring kindness in response. Is there something that we're not doing as a community that would bridge the divide?

Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.

Keep Informed and Strong

IAN YOUNG

ABILITY AND COMMUNITY

"Unity is strength . . . when there is teamwork and collaboration, wonderful things can be achieved."- Mattie J.T. Stepanek (July 17, 1990 - June 22, 2004), who published seven best-selling books of poetry and peace essays before his death at the age of 13.

We live in unusual times. How things will turn out, we don't know. Under these circumstances, it is common to have a barrage of feelings, including confusion.

I have been reading articles about mass outbreaks of war, famine, and disasters. During such tragedies, the strength of community can be found in people helping each other.

Our community has a long history of people helping people, from businesses opening and being supported, to events bringing us together. These

things make me feel lucky to live here.

The sizes of gatherings need to be limited during the pandemic. However, a quick call, internet chat, or physically-distanced greeting can help. I take precautions when I am out, but I try to stay positive.

Confusion, anxiety, and depression are not characteristics of being weak. Being informed can make you strong. We can all get overwhelmed. If you feel the need, you can contact the Canadian Mental Health Association Edmonton's 24/7 Crisis Line at 780-482-4357. They are there to listen, advise, and care.

Things are changing daily, so keeping informed helps. No one should be completely alone. Togetherness and cooperation will help create a better outcome. We are resilient!

Stay safe and well, and think good thoughts.

Ian is a columnist with the paper. He lives in the area.



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PLEASE NOTE: THE PROGRAMS AND SERVICES LISTED ON THIS PAGE MAY BE AFFECTED BY HEALTH REGULATIONS CONCERNING COVID-19.
PLEASE CONTACT THE SPECIFIC ORGANIZATION/AGENCY IN ADVANCE TO CONFIRM.

CHURCH AND AGENCY SERVICES

BISSELL CENTRE

780-423-2285
Community Space: Mon.-Fri. 8 a.m. to 2 p.m.
Child Care Centre: Mon.-Fri. 9 a.m. to 4:15 p.m. (reservations preferred)
Health For Two: Book an appointment with a Family Support Worker
Parenting: Rhymes That Bind is from 9:30 a.m. to 10:30 a.m. Parenting Plus starts at 11 a.m.-2 p.m. on Mondays. No classes during July and August.

BOYLE MCCAULEY HEALTH CENTRE

10628 - 96 Street
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES

10116 - 105 Avenue
(780) 424-4106
Monday - Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day - 8.30 - 4.30 . Lunch: Monday-Friday at 11.30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

INNER CITY

PASTORAL MINISTRY

10527-96 St. NW
(780) 424-7652
Pastor Quinn Strikwerda
Pastoral Assistants: Jim Gurnett & Michelle Nieviadomy
Sunday Service: 11 a.m. - noon
Take-away snack bags Sunday at noon.
Visits and other pastoral services on request.
info@icpmedmonton.ca

THE ROCK OUTREACH

11004 - 96 Street NW
Phone (780) 426-1122
Breakfasts: Tuesday to Thursday 7-9 a.m.
Kids Club: Third Monday of the Month

THE SALVATION ARMY

ADDICTIONS & RESIDENTIAL CENTRE

9611 -102 Avenue
(780) 429-4274
Men's Transitional Housing, Transformations Addiction Recovery Program, Community Support Services, Chapel Service, Volunteer Opportunities.

WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

THE MUSTARD SEED

10635 - 96 Street
(780) 426-5600
The Mustard Seed Church Food Bank Depot is open Tuesday and Thursday, 1:00- p.m. to 2:30 p.m. The drop-in is permanently closed.
For more information, call The Mustard Seed at (780) 426-5600 or visit: www.theseed.ca

HOPE MISSION 9908 106 Avenue (780) 422-2018

HOPE MISSION MEALS:

Monday - Friday
Breakfast 7:30 - 8:15 a.m.
Lunch 12:00 - 12:45 p.m.
Supper 5:00 - 5:45 p.m.
Weekends & Holidays
Brunch 10:45 am - 11:30 a.m.
Supper 4:15 - 5:00 p.m.

HOPE MISSION SHELTER:

Men, Women, Youth
Doors open 8:30 p.m. - 12:00 p.m.

HOPE MISSION COMMUNITY CHURCH:

Sunday
2:00 p.m. Hope Mission Centre - 9908 106 Avenue
7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

HOPE MISSION HEALTH CLINIC:

Hope Mission Health Centre
Family Doctor Monday to Friday
Walk-in: 9:00-3:00 p.m.
Psychiatrist Monday to Friday
by Appointment only - call 780-422-2018 Ext. 278

NICOTINE ANONYMOUS

RICK (780) 474-5593
GWYNN (780) 443-3020
Support for smokers who are trying to quit.
Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES

Address: 10821-96 Street NW, Edmonton, Alberta, T5H 2J8, and Tel: (780) 422-3052 Daily Mass is held at 9 a.m. from Monday to Saturday and on Sundays at 10 a.m., 11:30 a.m., 4 p.m. at Sacred Heart School Gymnasium and 7 p.m. Mass is held at Santa Maria Goretti Catholic Church. Currently, we are allowed to have 50 participants for the Sunday Masses and we request the people to register before they arrive.
Monthly Baptism preparation class is available to prepare parents for their child's Baptism, First Communion and Confirmations. Due to COVID-19, the following programs are on hold until further notice: Traditional Native Wakes in First Nations, Métis, and Inuit traditions; AA; and Edmonton Inner City Children's Project Society.

THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall.
Contact: Denis Lapierre, Coordinator
780-429-0675 or
email:dl.learningcentre@shaw.ca

NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

FRESH ROUTES MOBILE GROCERY STORE

Thursdays from 3:00 p.m. - 5:00 p.m.
YMCA Boyle Street Plaza, 9538-103A Ave.
Healthy affordable food including veggies, fruit, bread.
Cash, credit, and debit accepted.
Bring your own bags.
Open to all community members.

FREE COMPUTER LITERACY, DIGITAL SKILLS, AND INTERNET SAFETY WORKSHOPS

Drop-in sessions, Thursdays 4-7 p.m.
YMCA Boyle Street Plaza
9538-103A Avenue
For information call: 780-426-9265

BOYLE STREET PLAZA/YMCA FAMILY RESOURCE CENTRE WEEKLY COLLECTIVE KITCHEN CLASSES

Tues. 1-3 p.m.
Wed. 10 a.m.-noon and 1-3 p.m.
Thurs. 11:30 a.m.-1:30 p.m.
Cost \$3/portion
U/G Parking \$1/hr - access on 104 Avenue between 95 Street and 96 Street
For information and registration call Jody at 780-429-5701

COMMUNITY EVENTS AND ACTIVITIES

HANDS ON LTD. CONTRACTED SERVICES

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DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my

garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND!! (780) 566-2871 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

WECAN FOOD CO-OP

WECAN Food Co-op is a great way to stretch your food budget. The City Centre depot currently runs out of the McCauley Apartments office: Suite B08, 9541-108A Avenue. To place an order, call Kathryn at 780-964-3444.

EDMONTON INTERCULTURAL CENTRE

EIC (9538 107 Avenue) has reopened its doors to activities under strict precautions against COVID-19. The building is now open from 8:30 a.m. to 7:00 p.m. on a regular basis, with additional hours until 10:30 p.m. based on the specific needs of community groups using our facility. EIC has started accepting reservations for bookings. Masks are required in the building for all activities other than sports. We require groups to adhere to the 2 metre physical distancing rule, so we can only accommodate bookings for up to 50 people at this time. We have implemented strict sanitizing protocols that include sanitizing each shared space between usage by different groups.

COMICS WANTED

Disabled adult looking for unwanted comic book/graphic novel collections. In exchange will donate to a children's charity in your name and provide receipt. Some comics will also be donated where needed. (587) 920-8272.



Hello! It is good to be back in the McCauley Apartments office, building community in person (mostly) again. I look forward to seeing you soon. Want to chat? Call me (Kathryn) at 780-964-3444 or email me at krambow@e4calberta.org

Wellness Wednesdays: Every Wednesday at 1:00 p.m. - weather permitting - we gather in a safe, physically distanced way on the patio of e4c's McCauley Apartments office (9541-108A Avenue). We do all kinds of wellness activities, enjoy each other's company, and have a safe, healthy snack.

Lonely? Bored? Check out the Wellness Network: online courses are always being added, or meet in person with a wellness navigator to help you map out your wellness journey, FREE! 780-699-3253 or wellnessnetworkedmonton.com

BOYLE STREET COMMUNITY LEAGUE UPDATE

CO*LAB: Connecting, Creating, Collaborating

JONATHAN LAWRENCE

For those who have not yet had the opportunity to connect with the Quarters Arts Society (QAS), their new CO*LAB space and exhibitions are reasons to make the walk, bike, or drive. The Boyle Street non-profit recently opened a vibrant space at 9641 102A Avenue to encourage artistic expression and engage people with inclusive, accessible, citizen-led projects honouring the heritage and diversity of our community.

The first art exhibit opened just days after final touches were made to the new building. Titled "Riding Horses with White Men," artist Jae Sterling was chosen to show at the gallery from October 2nd to October 7th. The exhibit was a cross-cultural, multimedia body of work examining race, sexuality, violence, and art's ability to retell and

heal histories.

If you missed the first show, we encourage you to look at upcoming shows, performances, and programming, on the QAS events page at quartersarts.org/events or on social media: @colabyeg on Instagram and Facebook. The citizen-led, community-run CO*LAB facility connects our community, offers an opportunity to share knowledge and ideas, and is a space to collaborate, create, and celebrate in Boyle Street.

You can also connect with Quarters Arts on Facebook and Instagram: @QuartersArts.

Jonathan Lawrence (Twitter:@Jonathanlaw) is a Boyle Street Community Member and serves on the BSCL Executive Team.



CO*LAB's back courtyard during the opening night of "Riding Horses with White Men." Manda Brownrigg

RECIPE

Easy Baked Acorn Squash

YOVELLA M.

Fall produce is known for its variety of winter squash such as pumpkin, butternut, acorn, zucchini, and spaghetti. To choose quality squash, it should be heavy for its size, have a stem that is firm and dry, and its rind thick.

I'm more likely to cook butternut or spaghetti squash, but this year I'll be adding more baked acorn squash to my meals. One cup of cooked acorn has approximately: 9g of fibre, 37% of daily vitamin C, 22% of daily magnesium, 20% daily B6 requirement, and 2.3g of protein (Source: LiveStrong.com).

Here is a simple, quick, and easy way to bake acorn squash.

You will know it is ready when the flesh of the acorn can be easily pierced with a fork.

If you'd like an extra sweet taste, once the acorns are finished baking, you can also add a drizzle of maple syrup before serving.

Yovella is a former resident of McCauley who still works and volunteers in the area.

Easy Baked Acorn Squash

- 1 acorn squash
- 1 tbsp soft butter
- 1 tbsp brown sugar
- ¼ tsp cinnamon (optional)

Directions

Preheat oven to 400F.

Cut stem off acorn.

Keeping the skin on, slice acorn in half (lengthwise). Next, scoop out the seeds and pulp from inside the acorn.

Place acorn on a baking sheet pan, cut (acorn flesh) side facing up. Rub insides of acorn and the rims with butter, cinnamon, and brown sugar.

Next, sprinkle with salt and pepper to taste.

Bake in the oven for 50-60 minutes depending on the size of the acorn.

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HEART OF THE CITY FESTIVAL SOCIETY ARTIST PROFILE SERIES

Dana Wylie: "Music has always been my language."

CORINE DEMAS

Dana Wylie, a former music director on the board of Heart of the City Festival, recently became a McCauley resident. Music has defined her life's path. "I did musical theatre straight out of high school for a few years professionally," she says. "And then I started writing songs. I went to university in my 30s and studied music history and musicology. Music has always been my language. It's like my first language!"

Dana had this to say about living in McCauley: "I love living in McCauley because it really does feel like the heart of the city. Every day I come into contact with people from different backgrounds and different walks of life, doing life in such a huge variety of ways. And I like living in a neighbourhood where I can't hide from the fact that we live in a city and a society that fails so many of its people every day. I haven't lived here long, but I believe this is the kind of neighbourhood where people do their best to look after one another."

Dana told me that she has two projects on the go. She just finished recording a new album called *How Much Muscle*. Dana says, "It lives in the world of womanhood and coming into a really feminine kind of power, the kind of power that tends to get recognized as irrationality and hysteria. It is about women and femmes asserting that it is power and not just craziness."



Dana Wylie. Leroy Schulz

She goes on to say, "I've also written a show. It's a theatrical song cycle or a music theatre hybrid piece that has my songs interspersed with text that explores my relationship to my ancestry and sometimes the lack of connection I feel to my ancestry. It's about trying to get back to my roots or figure out what they are. The show is going to be produced at the SkirtsA-Fire Festival in March."

Dana is also an activist and recently led a rally for the Basic Income movement. She explains, "The reason I've become interested enough to get involved with Basic Income is because of the way that I felt after I started get-

ting CERB. The stress of worrying about money fell off me. I felt more creative. I felt more like I could define the course of my life and it made me think: what would people do if they weren't spending all of their time scrambling around to make money? What amazing projects would people take on? What amazing art would people make? What really important activism would people do? I'm sure people would feed themselves better. People would support more local businesses and go to farmers markets to buy their vegetables. This could be so exciting if the average person had all that stress

taken off of them."

When I asked Dana how people could get involved in the Basic Income movement, she encouraged people to go to this website and sign up for the newsletter: www.basicincomecanada.org

You can follow Dana Wylie on Instagram at @danawyliemusic.

Corine Demas serves as volunteer Vice President and Spoken Word Director of the Heart of the City Festival Society of Edmonton. Corine is passionate about poetry, storytelling, and her city, Edmonton.



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