



A FAMILY TRIBUTE AT THE RINK 6 ▲



WORLD FLAVOURS FROM THE EIC 6 ▲



VIRTUAL LUNAR NEW YEAR CELEBRATIONS 7 ▲



HOTC PROFILE: KAZMEGA 12 ▲

# Boyle McCauley News

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VOL. 42 NO. 2

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VOICE OF THE COMMUNITY SINCE 1979

## The Hull Block: A Restored Historic Landmark

Once condemned, the building now houses upscale apartments.

ANITA JENKINS

When Bob Dawe bought the Hull Block in 1999, it had seen better days. The building, at 9664 106 Avenue, had been a major Edmonton landmark since it was constructed in 1914. But after many decades of changes in the city, Dawe says it was “a complete disaster, with a rabbit warren of small rooms on the upper floors.” The city had condemned the residential spaces, but several long-standing businesses were still operating on the main floor.

“You couldn’t believe the mess,” Dawe says. There were many broken windows, which allowed pigeons to move in. He remembers scaring the birds out with a tennis racket. There were mice too. As well, homeless people had been breaking in to spend the night.

“I like historic things,” says Dawe, Assistant Curator, Archaeology, at the Royal Alberta Museum. “Maybe I thought I was a visionary.”

Dawe hired Architect David Murray to lead his restoration and renovation project. Murray, working with HIP Architects, developed a conservation plan consisting of several phases. Murray’s goal was to keep the structure “as authentic as possi-



The Hull Block. David Murray

ble.” But, Murray says, the building had to be changed considerably to meet current building codes and standards. Also, it is extremely costly to replicate the materials and labour/craftsmanship that were used a century ago.

The first step was to restore the

exterior and improve the main-floor retail spaces. The exterior retains the Late Edwardian Commercial style: red brick with numerous ornate details.

Next, the many small rooms were redesigned to create 10 condominium apartments. As originally constructed in 1914, the now upscale apart-

ments consisted of many rooms, with every wall serving as a structural support. To create the open-plan structure that allowed a reconfiguration of the suites, Murray had to find ways to replace all the internal structural walls with a series of beams and columns.

>Continued on page four.



### Dining Out

CUI HUA GUI LIN NOODLE HOUSE

■ PAGE 2

### HEART OF THE CITY AGM UPDATE

“There are so many things cooking in the HOTC kitchen, some we can’t yet reveal.

■ PAGE 4

### RECLAIMING OUR BACK ALLEYS

“Your back alley might be narrow, but its possibilities for transformation are deep and wide.

■ PAGE 7

### BSCL UPDATE

“A focus of this board will be providing partnerships and resources to those who want to get involved.

■ PAGE 11

# A Tour for the Taste Buds

Sweet, spicy, and sour at Cui Hua Gui Lin Noodle House.



Chicken Lo Noodle. Paula E. Kirman

## DINING OUT

### Cui Hua Gui Lin Noodle House

10626 97 Street  
780-938-1868

**PAULA E. KIRMAN • BMC News Staff**

Cui Hua Gui Lin Noodle House is a Chinatown restaurant specializing in – as its name suggests – noodle dishes. The menu consists of a variety of soups (which include noodles), vermicelli dishes, and house specialty noodles. The proteins in most of the dishes include beef, pork, and chicken, as well as lamb in a few of them.

Gui Lin refers to a style of cuisine that is a mixture of Cantonese and Hunanese. It

utilizes sweetness and spices, especially chili. It is also a city in China known for its rice noodles.

Since Gui Lin specializes in noodles, I ordered house noodle dishes for delivery: a Chicken Lo Noodle and a Brisket Lo Noodle, to be precise. The noodles were flat and almost clear, with a slightly chewy texture. They mixed in well with the protein, peanuts, bamboo shoots, and parsley that adorned each bowl.

Each mouthful resonated with notes of sweet, spicy, and sour in different levels of intensity. The flavours were balanced, and as someone who has a low spice tolerance threshold, I was not overwhelmed with heat, but felt my taste buds tingling just enough. While the chicken mostly tasted from the hot and sour flavour soundtrack, the brisket was tender and maintained some of its meaty notes, although it also had the same flavour combination underscoring it. The person who ate the rest of the Brisket Lo Noodle raved about the dish's flavour.

I also ordered one of the restaurant's appetizers, the lemongrass chicken. What looked like the equivalent of two thighs were cut up in bite-sized pieces and cooked in the tangy and mildly spicy lemongrass, served with a sweet and sour dipping sauce. Definitely flavourful and satisfying.

Overall, after finishing my lunch I felt like I had taken a culinary journey, which I hope to explore again.

Most dishes are in the \$15-\$19 range. If you're nearby, take-out is your best option. Delivery is also available via Uber Eats.

## MCCAULEY COMMUNITY LEAGUE UPDATE

# Meet the MCL Board of Directors



**Jordynn Vis**  
MCL Board President

I've lived in McCauley for just over five years. We love the mature neighbourhood, and being just a quick 20 min walk from downtown is really a treat. Prior to the pandemic, we would walk on Saturday mornings to our favourite breakfast spot on Jasper Avenue. You don't get to do that in many of Edmonton's neighbourhoods.

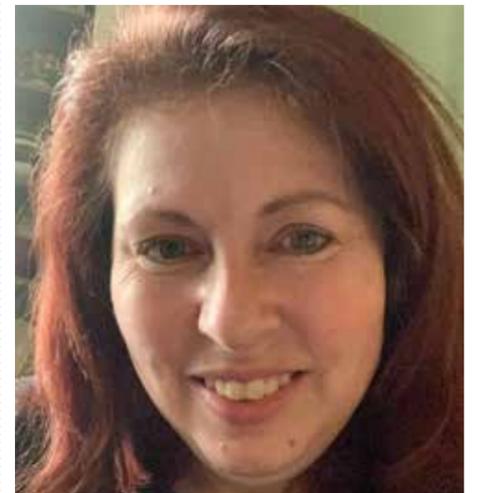
I first got involved with McCauley events during the community garage sale. I realized I wanted to do more. I joined the MCL Board because I wanted to advocate for my block, and joining my community league was the first step. I'm looking forward to working closely with others in the community and to making a difference.

I am a kitchen designer and love all things kitchen stylings, home organization, and tiny space planning.

after one another. Now, 30+ years later, my two daughters (Tiffany and Danica) and I enjoy playing ball hockey in the Stadium parking lot, sledding down what's known to neighbours as "Happy Hill," skating at our local rink, and spending time at Giovanni Caboto Park.

I'm a member of the Boilermakers Local 146 working in the oil, gas, and power plant industry. I can often be found walking my dog Roxy, rollerblading and cycling with my kids, and trying to keep our neighbourhood clean and safe by picking up litter, blowing snow off sidewalks, or watching for suspicious activities.

I'm proud to live in such a wonderful, diverse community where we can meet people from different generations and from all corners of the world. I look forward to meeting more neighbours and to helping the community stay connected, informed, and grow to its full potential.



**Grace Kuipers**  
MCL Board Secretary

I've lived in McCauley since 1989 when I went to King's College, which used to be kitty-corner to Lucky 97, which used to be a Safeway.

I moved to the south side for a year, but came back because I love the variety of culture and old neighbourhood feel about McCauley. I lived in the Inn Roads Housing Cooperative for a few years, and have been at the house on 109A Avenue since 2000.

I was the EMSA North soccer director for McCauley from 2006-2015, when our U14s won Provincials. I have been on the board on and off since about 2003. I have always been big on sports and programming in McCauley.

Currently, I would like to bring back the McCauley adult art class, which we ran for about seven years here. I work as a florist, and I love gardening and anything artistic.

>Continued on page 11.



**Kevin Jones**  
MCL Board Vice President

I moved to McCauley as a first-time homeowner in 2005, drawn to the area by the large elm trees that line the streets of 1900s-era homes.

I grew up in a small Northern Ontario town playing ball hockey, sledding at a nearby park, and beating the heat at the local pond in the summer. Everyone seemed to know each other and looked

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# Bingo Cards and Reflections



PAULA E. KIRMAN • BMC News Staff

## MCCAULEY MUSINGS

A year ago, life changed for all of us. Speaking for myself, the changes were sudden and unexpected. A worldwide pandemic was not on my "Things to Go Wrong in 2020" bingo card.

Yet here we are a year later, with an end seemingly both in sight and elusive. Vaccines have been developed but are taking more time than originally anticipated to reach people. Economic closings and re-openings seem more in the interest of businesses than the common good. For example, at the time I am writing this, I can go to a restaurant or work out in a gym with a trainer, but I can't go into a library to check out a book.

To make matters even more complicated, we now have COVID variants that have taken hold in the general community. The effects remain to be seen, but some medical professionals have predicted a third wave coming soon.

In the meantime, I have friends I haven't seen in person for almost a year, places I would like to go, and things I would like to do that are currently out of reach for reasons of safety and health restrictions. But all of my gripes seem trivial when I think of people on the front lines risking their lives to keep others safe and healthy. I am talking not only of medical professionals, but also grocery workers, delivery people, first responders, and teachers, to name only a handful of people who provide essential services.

For now, I am going to try to look forward to longer, sunnier, warmer days. I will reflect on the past year as a time of personal testing and growth. And it's time for me to get a new bingo card.

## EDITOR'S NOTES

Welcome to our April issue! Despite the cover date indicating that it is almost spring, we're actually working on this issue during February's polar vortex. Hopefully by the time you read this, the temperatures will be above zero.

We are still looking for Block Carriers (in McCauley) and Apartment Ambassadors/Condo Connectors (in Boyle Street) to help us get the paper to readers. It's a great way to volunteer and connect with your community. Contact me for more information at [editor@bmcnews.org](mailto:editor@bmcnews.org).

Here is another reminder that you

can find our current issue, archives, and exclusive stories at our website ([bmcnews.org](http://bmcnews.org)), especially about news that happens between print issues.

If you use social media and you're not already following us, you should. We post new content and photos, as well as related news from other sources. Follow us @bmcnews on Facebook and Twitter, and @bmcviews on Instagram.

Finally, help keep the paper sustainable by donating to "Toss Us Your Toonies." This is our micro-donation campaign which allows you to donate as little as \$2 each month. Head to [bmcnews.org/donate](http://bmcnews.org/donate) for more information.

## OUR NEXT ISSUE . . .

Volume 42, Issue 3 will be published May 1, 2021. Articles and photos concerning community news, events, and opinions are welcome. We also accept submissions of poetry and cartoons. Deadline: April 12, 2021. Send submissions to: [editor@bmcnews.org](mailto:editor@bmcnews.org). Articles should be 400 words or less and accompanied by photographs (JPG, in high resolution) whenever possible.

## LETTERS TO THE EDITOR

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to [editor@bmcnews.org](mailto:editor@bmcnews.org). Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters for our next issue is February 20, 2021.

# Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published eight times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in Boyle McCauley News are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

# BOYLE STREET AND MCCAULEY CRIME AND SAFETY RESOURCES

- **24/7 Crisis Diversion:** Call #211 + press 3 when you see a person in distress
- **Needle Debris - public property:** 311
- **Needle Debris - free clean-up on private and public property:**  
Boyle Street Ventures: (780) 426-0500
- **Free sharps container and/or litter clean-up kit:** [mark.davis@reachedmonton.ca](mailto:mark.davis@reachedmonton.ca)
- **Illegally dumped junk - free pick up (in McCauley only):**  
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- **Litter/Graffiti:** 311; [capitalcitycleanup@edmonton.ca](mailto:capitalcitycleanup@edmonton.ca)
- **Report a Problem Property - search:** Edmonton Report a Problem Property
- **EPS McCauley / Quarters Beat Officers:**  
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- **For persistent issues at specific locations:**  
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- **EPS Non-Emergency:** (780) 423-4567
- **EPS Non-Emergency mobile access:** #377
- **EPS Emergency:** 911
- **EPS website:** [edmontonpolice.ca](http://edmontonpolice.ca)
- **EPS Crime Prevention:** Facebook @epscrimeprevention
- **Crime Stoppers:** 1-800-222-8477
- **Report Gang Activity:** (780) 414-GANG (4264)

## The Hull Block



Historic photo of the Hull Block. Photo courtesy of the Glenbow Archives - McDermid Studio Fonds.

>Continued from page one.

The last phase of construction was parking lot development and rooftop amenities: a deck with a hot tub, change area, large TV, and washrooms. As well, the 40-foot flagpole, removed in 1939, was reinstated. "The flag can be seen for miles," Dawe says.

Murray, who specializes in historic buildings, enjoyed the job. "Every building has a story," he says, "and it is fun to explore those stories. It was a tremendous opportunity to work on this beautifully appointed structure."

"I am happy I did it," Dawe says. But he also mentions his disappointment with what he describes as the city's lack of progress. On the streets around the building, there are significant drug

problems and other social issues. "I had hoped for a more family-friendly environment," he says.

### Watch The Hull Block on YouTube

For more details about the history and architectural style of the building, see the YouTube video, *The Hull Block*. Go to YouTube.com and search "The Hull Block."

### Who Constructed the Hull Block?

The Hull Block was constructed by William Roper Hull, a Calgary businessman who built Calgary's Grain Exchange, Alberta Block, Albion Block, and Opera House. The Hull Block has both municipal and provincial historical resource designations.

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

# Heart of the City AGM Report

CORINE DEMAS

Heart of the City Festival Society would like to fill you in on our Annual General Meeting in January and what happened with HOTC in 2020.

We had quite a year in 2020. The whole world was shaken up! Edmonton is known as "Festival City." But 2020 was hard on all of us who plan and organize the festivals that make this city so vibrant and welcoming. Heart of the City decided to pull up our sleeves and pivot. We held an online festival in 2020. We hosted youth live streams run by the students of CreArt Edmonton. We hosted music live streams with Donna Durand and HOTC veteran Rebecca Lappa! We also hosted free writing workshops with Kaz Mega, Lady Vanessa Cardona, Kat Clarke, and Zach Dafoe.

At our AGM on January 17th, we elected a new board and voted in our executive team. New to the board this year are: Brad Boyd, Mike Chenoweth, K'alii Luuyaltkw, and Stef Andrews. Returning to the

board are Mike Siek, Corine Demas (me), Elizabeth McEwan, Val Squires, Sebastian Barrera, Fay Goble, and Derek Dallorto.

For our 2021 executive, we have me (Corine Demas) as President, Val Squires as Vice President, Mike Siek as Secretary, and Derek Dallorto as our Treasurer.

We are excited to share some news with you, our neighbours. We will be providing free admissions to writing workshops with Lady Vanessa Cardona and a professional development workshop on editing with Edmonton's Poet Laureate Nisha Patel. There are so many things cooking in the HOTC kitchen, some we can't yet reveal. Keep an eye open, as we will let you know about our fun plans to celebrate the arts and music of downtown Edmonton in 2021 in future editions of the paper!

*Corine Demas serves as volunteer President and Spoken Word Director of the Heart of the City Festival Society of Edmonton. She lives in McCauley.*

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## Where to Find Boyle McCauley News

Boyle McCauley News is delivered by our volunteer Block Carriers (in McCauley) and Apartment Ambassadors/Condo Connectors (in Boyle Street) to approximately 2500 homes in the area.

If you do not receive the paper at your home, there are numerous places where you can pick up a copy.

### NEWSPAPER BOX LOCATIONS

- 10844 95 Street (near Sorrentino's)
- 95 Street & Jasper Avenue (North by the CIDEX Hat at Five Corners)
- 86 Street & Jasper Avenue (by Riverside Towers)
- 90 Street & Jasper Avenue (bus stop by Highlands building)
- Boyle Street Plaza (by main entrance)
- 97 Street & 103 Avenue (near Farmers Market)
- 97 Street & 107 Avenue (near Lucky 97)

### BUSINESSES

We also drop off copies at a number of businesses in and around the area, including:

- Lucky 97 (10725 97 Street)
- Italian Centre (10878 95 Street)
- Zocalo (10826 95 Street)

**THIS LIST IS USUALLY LONGER, BUT A NUMBER OF PLACES WE NORMALLY DROP PAPERS OFF AT ARE CLOSED DUE TO COVID-19. WE WILL UPDATE THIS LIST AS THINGS CHANGE.**

### WOULD YOU LIKE TO HAVE THE PAPER IN YOUR BUSINESS?

If you have a business in (or near) the area and would like papers dropped off, contact us at [editor@bmcnews.org](mailto:editor@bmcnews.org).

### VOLUNTEER TO DELIVER THE PAPER

Would you like to volunteer to help deliver the paper to your block or building? Contact [editor@bmcnews.org](mailto:editor@bmcnews.org) for more information.

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**Stay up to date with the McCauley safety and well-being updates that matter most to you.**

McCauley neighbours, your new **'Who to Call'** guide is now available. To access the Chinatown and McCauley Safety & Cleanliness Resource Booklet, please visit **SaferMcCauley.ca** and click on "Resources and Contacts." **Follow Safer McCauley's Facebook for regular updates.**

And, if you have any safety and vibrancy resources you would like to share, let us know at [SaferMcCauley.ca](http://SaferMcCauley.ca), or by contacting **mark.davis@reachedmonton.ca**



**Like us on Facebook for the most up to date resources!**

# A Family Tribute at the McCauley Rink

DAN GLUGOSH

Since 2013, every year on January 17th the Mannarino and Pagnotta family pay a memorial tribute to Albert Pagnotta. Albert, one of the builders of the original McCauley Community Rink, grew up and lived in McCauley for all of his 47 years. Albert was the chef at our community's Santa Maria Goretti Centre, and was most generous in feeding and employing our homeless citizens.

This year, his family gathered to put together care packages that included masks, toques, gloves, and socks. These were delivered to me (Dan Glugosh) at our community rink for distribution. Also, a large cash donation was given to the rink, for repairs and upgrades. Those in our community who help people here make the Boyle Street/McCauley area special.

*Dan Glugosh lives in McCauley and coordinates the McCauley Rink.*



The Mannarino/Pagnotta Family. Dan Glugosh

## World Flavours Brought to Your Screen by the Edmonton Intercultural Centre

Most of the in-person social activities at the Edmonton Intercultural Centre (the old McCauley School) have been on hold due to COVID-19 restrictions since last spring. EIC was getting ready to start a community movie night right before the March 2020 closures but had to cancel most of its programming or move the events online in order to meet the AHS guidelines.

In February of 2021, EIC launched a new online event series called Cultural Fusion: World Flavours, to introduce Edmontonians to the many different cuisines that enrich our city. The series started on February 4th with Ethiopian/Eritrean Cuisine, also as a way to recognize and celebrate Black History Month. On February 11th, Vietnamese Cuisine was highlighted just before the Lunar New Year. In total, there will be 14 different volunteers teaching how to make dishes from 14 different cuisines.

The event is moderated by EIC Executive Director Sim Senol, so it is beyond a simple cooking class. Sim asks the volunteer chefs about their cultural traditions, common ingredients used in their cuisine, and just about



Ethiopian/Eritrean Cuisine that was showcased by volunteer chef Tigist Dafla in EIC's first Cultural Fusion event on February 4th. Farai Chikowore

anything else the participants are curious about. So far 125 people have signed up for this free event series, and over 80 people attended the 3 online events held in the first 3 weeks.

If you hadn't heard about the series before, you can still tune in and watch the recordings of the events or sign up for the upcoming events available after the publication of this article.

More information about the Cultural Fusion: World Flavours series can be found on the EIC website at [www.edmontoninterculturalcentre.ca/programs](http://www.edmontoninterculturalcentre.ca/programs). The same page has a link for registration and will take you to further information about each cuisine.

EIC hopes to continue the series as an in-person activity once the pandemic restrictions are lifted and we can all safely gather at the cultural centre again. If you haven't already done so you can follow @yegintrcltrctr on Twitter or Instagram, or follow the Edmonton Intercultural Centre page on Facebook for more information.

*Article submitted by the Edmonton Intercultural Centre.*

# Reclaiming Our Back Alleys

*From property crime magnets to vibrant public spaces.*

**JOELLE REINIGER**

Your back alley might be narrow, but its possibilities for transformation are deep and wide. This is what representatives of Edmonton's Neighbourhood Empowerment Team (NET) suggested at a virtual information session on crime prevention held on February 16th.

NET is a crime prevention network run by the City of Edmonton, EPS, Family Centre, and the United Way of Alberta. Its February 18th session focused on back alleys behind single family homes.

"We need to transform our alleys. We need to think of alleys differently," said Courage Fon, NET Community Liaison. "That's where placemaking comes in."

From glow-in-the-dark planters to back alley block parties, there are many ways to animate the often neglected spaces behind our inner city homes and garages. It's all part of crime prevention through environmental design, workshop participants heard.

In addition to regular maintenance, such as trimming shrubbery to maintain clear sightlines, residents can experiment with ways to use alleys differently.

"Take care of your alley the same way you take care of your front yard," Fon said.

Creative lighting, gardening, and garage door art are some of the methods that signal to would-be offenders that an alley is cared for and monitored.

Beyond beautification, the benefit of this approach encourages more foot traffic and fosters relationships between neighbours.

"We need to reclaim our back alleys as public spaces," Fon said.

*Joelle lives in Boyle Street.*

### Property Safety Tips

- Trim hedges and shrubs along alleys for clear sightlines.
- Report burnt out street lights by calling 311.
- Ensure all loose items are stored indoors overnight.
- Empty the mailbox every evening and double check all home and vehicle locks.
- Never store spare keys in a vehicle.
- Install high-quality locks on garage doors.
- Use hedges or low-level fencing to indicate the boundary between public and private space.
- Ensure all front access points are well lit and can be seen from the street.

*For more information on how to keep your home, garage, and yard safe, visit [edmonton.ca/net](http://edmonton.ca/net)*

## Virtual Lunar New Year Celebrations



Lunar New Year celebrations for the Year of the Ox streamed online on February 6th and 7th. The virtual event was organized by the Edmonton Chinese Bilingual Education Association and the Chinese Graduates Association of Alberta, with sponsorship from Kingsway Mall. These screen captures feature performances of a lion dance from the Hung Mon Athletic Club (top) and music from the Edmonton Chinese Philharmonica Association (bottom). Over \$8,000 was raised during the weekend, with proceeds going to the Edmonton Chinatown Care Centre and the Edmonton Chinese Seniors Lodge. Both facilities have been heavily affected by COVID-19 outbreaks. *Paula E. Kirman*

## A Northwest Skyline



A view of St. Josaphat's Ukrainian Cathedral and beyond, from above. *Leif Gregersen*

## New Boxes for Boyle McCauley News



Boyle McCauley News has four new boxes in the Boyle Street area. Many thanks to board members Alan Schietszch and Mike Siek for getting the boxes ready, and to Mike for getting them on the street. The box pictured here is at 97th Street and 103 Avenue, near Downtown Farmers Market. For a full list of where you can find all of the boxes, see page four. *Photo by Mike Siek*



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BOYLE STREET  
COMMUNITY LEAGUE

## **VOLUNTEERS NEEDED**

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connected community. As a community league we  
rely on the time, talents, and community spirit of our  
neighborhood residents to make this vision a reality. No  
contribution is too small!*

**Go to [boylestreetcl.com](http://boylestreetcl.com) and click on the  
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# The Long Road to Healing

KATE QUINN

**February 19th, 2021:** Almost 10 years after her death, the Edmonton Law Courts was the scene of some measures of justice for Cindy Gladue and her family. Bradley Barton was found guilty of manslaughter. Language used to describe Cindy Gladue was respectful, not discriminatory. No body parts were brought into the courtroom. Fuller details were brought forward for the Jury to consider.

**February 17th, 2021:** The City of Edmonton introduced a report called "City of Edmonton Indigenous Framework." This framework guides the City and City staff in building positive and respectful relationships with Indigenous Peoples. The Framework references the 94 Calls to Action from the Truth and Reconciliation Commission and the 231 Calls to Justice from the Inquiry into Missing and Murdered Indigenous Women and Girls. The United Nations Declaration on the Rights of Indigenous People is also a foundational piece of this Framework.

**February 14th, 2020:** The 30th year for the Women's Memorial March was held in Vancouver's Downtown Eastside. While volunteers in Edmonton have organized a Memorial March since 2006, the pandemic made that too challenging this year.

**December 31st, 2020:** The Alberta Avenue Community League announced steps to name a park as a memorial for missing and murdered Indigenous Women

and Girls. Liz John-West, spokeswoman for the working group, said the process will take several years. The group wants to meet with Elders to discern the name for the park. The City process requires public engagement and approvals.

**December 4th, 2020:** Kathy King was honoured with a Stars of Alberta Award for her advocacy work on behalf of her daughter, and all missing and murdered women and girls. She is also working on the park memorial project. Her daughter Cara was last seen along 118 Avenue in 1997. Her body was recovered later from a farmer's field. Her murder has never been solved.

**December 7th, 2020:** The City approved a bylaw change for ward boundaries and Indigenous Ward names. This was the final step in the political process after Indigenous Elders and community leaders approached City Council. Seventeen women on the committee of Indigenous matriarchs, *iyiniw iskwewak wihtwawin*, gave traditional names to the City's naming committee. Boyle Street and McCauley is in O-day'min, an Anishinaabe word meaning strawberry or heart-berry, "the heart through which the North Saskatchewan river runs."

If you know of recent initiatives in our community that were missed or are underway, please contact Boyle McCauley News.

Kate Quinn is the Executive Director of the Centre to End All Sexual Exploitation (CEASE).

## Learning About Ward O-day'min

IAN YOUNG

ABILITY AND  
COMMUNITY

*"There is an extraordinary collaborative spirit when you are learning and growing." - Robbie Robertson (Canadian musician of Mohawk descent)*

We are approaching a municipal election in October 2021. We will be voting for a new city councillor for our ward, and a new mayor for the City of Edmonton, as both Councillor Scott McKeen and Mayor Don Iveson have chosen not to seek re-election. I thank both of them for their service and wish them well.

Another change is the name of the ward in which we reside. Effective October 18, 2021 (election day) our ward boundaries and name will be changing. To honour the first occupants of the land upon which we reside and the sacred places in Edmonton where Indigenous Peoples have gathered for thousands of years, the wards will have Indigenous names. At the City of Edmonton website (edmonton.ca), you can find maps of the new boundaries, as well as pronunciations and information about what the names mean and how they were chosen.

ations and information about what the names mean and how they were chosen.

Boyle Street and McCauley will now be in the ward O-day'min, (pronounced Oh-DAY-min). Here is information about the name, taken from the City of Edmonton website:

*O-day'min, the strawberry, or heart berry, represents the heart of Edmonton, amiskwaciwâskahikan. The stem of the heart represents the North Saskatchewan River, the vessels are the waterways, while the veins make up the blood (people). The roots (veins) of the strawberry represent the different cultures that now make up the city.*

*The O-day'min is a traditional medicine that guided the Anishinaabe (people with the shared culture and language of the Algonquian tribes) understanding of the deep connection between mind, body, spirit and emotions.*

I found this description very interesting, and I will be practicing pronouncing my new ward name so I can proudly say, "I reside in O-day'min."

Ian is a columnist with the paper. He lives in the area.

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WE FIT AS MANY ADS HERE AS WE CAN. FOR MORE CLASSIFIEDS, VISIT OUR WEBSITE AT BMCNEWS.ORG.

PLEASE NOTE: THE PROGRAMS AND SERVICES LISTED ON THIS PAGE MAY BE AFFECTED BY HEALTH REGULATIONS CONCERNING COVID-19.  
PLEASE CONTACT THE SPECIFIC ORGANIZATION/AGENCY IN ADVANCE TO CONFIRM.

## CHURCH AND AGENCY SERVICES

### BISSELL CENTRE

780-423-2285 x 111 (General Inquiries)

**Community Space:** Closed to support operations at the Edmonton Convention Centre.

### Bissell Centre Early Childhood Development Program

9331-105 Avenue Edmonton Alberta T5H 4E4

780-429-4126

Operating Hours: Monday to Friday full-time care 7:00 a.m. – 6:00 p.m.

Lunch provided by parents; centre provides a.m. and p.m. snacks

FREE Drop-in/respite spaces available Monday to Friday from 8:00 a.m. – 5:00 p.m.

Spaces are limited, please call ahead to reserve a space for your child.

### BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street

Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.

Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.

Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

### BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue

(780) 424-4106

Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day – 8:30 – 4:30 . Lunch: Monday-Friday at 11:30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

### INNER CITY

#### PASTORAL MINISTRY

10527-96 St. NW

(780) 424-7652

Pastor Quinn Strikwerda

Pastoral Assistants: Jim Gurnett & Michelle Nieviadomy

Sunday Service: 11 a.m. - noon

Take-away snack bags Sunday at noon.

Visits and other pastoral services on request.

info@icpmedmonton.ca

### THE ROCK OUTREACH

11004 – 96 Street NW

Phone (780) 426-1122

Breakfasts: Tuesday to Thursday 7-9 a.m.

Kids Club: Third Monday of the Month

### THE SALVATION ARMY

#### ADDICTIONS &

#### RESIDENTIAL CENTRE

9611 -102 Avenue

(780) 429-4274

Men's Transitional Housing, Transformations Addiction Recovery Program, Community Support Services, Chapel Service, Volunteer Opportunities.

### WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

### THE MUSTARD SEED

10635 – 96 Street

(780) 426-5600

The Mustard Seed Church Food Bank Depot is open Tuesday and Thursday, 1:00 p.m. to 2:30 p.m. The drop-in is permanently closed.

For more information, call The Mustard Seed at (780) 426-5600 or visit: www.theseed.ca

**HOPE MISSION** 9908 106 Avenue (780) 422-2018

#### HOPE MISSION MEALS:

Monday - Friday

Breakfast 7:30 - 8:15 a.m.

Lunch 12:00 - 12:45 p.m.

Supper 5:00 - 5:45 p.m.

Weekends & Holidays

Brunch 10:45 am - 11:30 a.m.

Supper 4:15 - 5:00 p.m.

#### HOPE MISSION SHELTER:

Men, Women, Youth

Doors open 8:30 p.m. - 12:00 p.m.

#### HOPE MISSION COMMUNITY CHURCH:

Sunday: 2:00 p.m. Hope Mission Centre - 9908 106 Avenue

7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

#### HOPE MISSION HEALTH CLINIC:

Hope Mission Health Centre

Family Doctor Monday to Friday

Walk-in: 9:00-3:00 p.m.

Psychiatrist Monday to Friday

by Appointment only - call 780-422-2018 Ext. 278

#### NICOTINE ANONYMOUS

RICK (780) 474-5593

GWYNN (780) 443-3020

Support for smokers who are trying to quit.

Call Nicotine Anonymous.

#### SACRED HEART CHURCH OF THE FIRST PEOPLES

Address: 10821-96 Street NW, Edmonton, Alberta, T5H 2J8,

and Tel: (780) 422-3052. Daily Mass is held at 9 a.m. from

Monday to Saturday and on Sundays at 10 a.m., 11:30 a.m.,

4 p.m. at Sacred Heart School Gymnasium and 7 p.m. Mass

is held at Santa Maria Goretti Catholic Church. Currently, we

are allowed to have 85 participants for the Sunday Masses

and we request that people to register before they arrive.

Monthly Baptism preparation class is available to prepare

parents for their child's Baptism, First Communion, and

Confirmations. Due to COVID-19, the following programs

are on hold until further notice: Traditional Native Wakes and

Funerals in First Nations, Métis, and Inuit traditions; AA; and

Edmonton Inner City Children's Project Society. (Our Sacred

Heart Church is under renovation.)

#### THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading,

writing and/or math skills. Volunteers participate in group

learning, tutor one-to-one, or assist drop-in learners. Skills

and Experience: High school level reading, writing and/or

math skills. Openness to tutor and learn with adults with

various life experiences, including living with homelessness.

Two locations: Boyle Street Community Services and

Abbottsfeld Mall.

Contact: Denis Lapierre, Coordinator

780-429-0675 or email: dl.learningcentre@shaw.ca

#### NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Net-

works Activity Centre provides adults with brain injury a

program that promotes an active lifestyle through opportu-

nities for social interaction, physical activity, and community

involvement. Volunteering with Networks Activity Centre is a

wonderful way to enrich your life and touch the lives of those

we serve. If you are interested in joining our volunteer team

please call 780-474-3363 ext. 302.

#### NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs

that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri.,

& from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

#### P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

#### BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

#### FRESH ROUTES MOBILE GROCERY STORE

Thursdays from 3:00 p.m. – 5:00 p.m.

YMCA Boyle Street Plaza, 9538-103A Ave.

Healthy affordable food including veggies, fruit, bread.

Cash, credit, and debit accepted.

Bring your own bags.

Open to all community members.

#### FREE COMPUTER LITERACY, DIGITAL SKILLS, AND INTERNET SAFETY WORKSHOPS

Drop-in sessions, Thursdays 4-7 p.m.

YMCA Boyle Street Plaza

9538-103A Avenue

For information call: 780-426-9265

#### BOYLE STREET PLAZA/YMCA FAMILY RESOURCE CENTRE WEEKLY COLLECTIVE KITCHEN CLASSES

Tues. 1-3 p.m.

Wed. 10 a.m.-noon and 1-3 p.m.

Thurs. 11:30 a.m.-1:30 p.m.

Cost \$3/portion

U/G Parking \$1/hr - access on 104 Avenue between 95

Street and 96 Street

For information and registration call Jody at 780-429-5701

## COMMUNITY EVENTS AND ACTIVITIES

#### HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

#### DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING

is my small business and I can detail your vehicles

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or out of my garage in the west end. Prices are

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and I'm a lot more picky and thorough than they are

because I do it the old fashioned hotrod way...BY

HAND!! (780) 566-2871 anytime...NINJATEC DETAIL-

ING - Make sure you check out my Facebook page!

#### WECAN FOOD CO-OP

WECAN Food Co-op is a great way to stretch your

food budget. The City Centre depot currently runs

out of the McCauley Apartments office: Suite B08,

9541-108A Avenue. To place an order,

call Kathryn at 780-964-3444.

#### EDMONTON INTERCULTURAL CENTRE

EIC (9538 107 Avenue) strictly follows Government

of Alberta guidelines for its operations. Our building

is currently open for essential services only. Build-

ing hours are 8:30 a.m. to 8:00 p.m. on weekdays.

EIC accepts gym bookings only for one-on-one training

with professional trainers and low-intensity training

as of March 1st. Building hours may be extended

for gym use under Stage 2 restrictions. Masks are

required in the building. We have implemented strict

sanitizing protocols that include sanitizing each

shared space between usage by different groups.

Contact us if you are in need of space for low-intensity

fitness space.

#### COMICS WANTED

Disabled adult looking for unwanted comic book/

graphic novel collections. In exchange will donate

to a children's charity in your name and provide

receipt. Some comics will also be donated

where needed. (587) 920-8272.



#### e4c Community Development and Wellness:

Programs are going online!

Please visit our Facebook page

@e4cwellness for a full schedule of ses-

sions and groups. We also have resources

for mental health, links to local activities, and

information on food resources and other

supports.

#### Women's Wellness Party

Online gathering for mental health, selfcare,

crafts, and connection, facilitated by Sissy

Thiessen Kootenayoo. Mondays 4-6 p.m.

on Zoom: weekly link available on the

@e4cwellness Facebook page.

#### COVID Support

You do not have to be alone during the pan-

demic. Please visit our Facebook page @

e4cwellness, or contact Kathryn at the e4c

McCauley office at 780-424-2870. Email

krambow@e4calberta.org.

#### Lonely? Bored? Check out the Wellness

Network: online courses are always being

added, or meet in person with a wellness

navigator to help you map out your wellness

journey, FREE! 780-699-3253 or

wellnessnetworkedmonton.com

#### WECAN Food Co-operative is still run-

ning! Purchase inexpensive meat and

produce for pickup once per month at

McCauley Apartments. Visit wecanfood.

com or call the e4c McCauley Office at

780-424-2870 for help to order.

#### GARDENERS: Alex Taylor School Com-

munity Garden has lots of plots available

for the 2021 season, starting in early

May. Book now! Call Kathryn at 780-964-

3444 or krambow@e4calberta.org

## BOYLE STREET COMMUNITY LEAGUE UPDATE

# Boyle Street 2021

Thank you to everyone who was able to join us for our virtual AGM on December 2nd, 2020. Thanks as well to those who joined us on January 12th, 2021 for an open conversation with Councillor Scott McKeen about the past, present, and future of Boyle Street.

We are very excited to have a new board with a huge variety of skills, gifts and abilities as well as dreams for the neighbourhood. The current BSCL Board of directors is:

- Madeline Lawrence (President)
- Kris Partington (Vice-President)
- Dara Barnhardt (Secretary)
- Karen Jackson (Treasurer)
- Joanna Wong
- Jonathan Lawrence
- Aaron Barnhardt

It is an exciting time for Boyle Street and there has never been a better time to become involved. Stadium Yards and the adjacent Stadium LRT station renewal are quickly transforming the north edge of Boyle Street and we look forward to welcoming new residents, businesses, and visitors to the area.

The board and our City partners would also like to thank all the folks who responded to the Boyle Street Re-

newal online survey. The upcoming City-driven renewal will focus on residential roads, replacement of street lights, sidewalks, curbs, and gutters, and examine opportunities to improve how people walk, bike, drive, and gather in Boyle Street. While we are early in the process we invite residents, business owners, and others with an interest in co-creating a vibrant Boyle Street to participate in the concept, design, and building phases.

While the board will be focused on a range of initiatives, we want to continue to encourage all residents to bring their interests and skills to the common spaces of the neighbourhood. A focus of this board will be providing partnerships and resources to those who want to get involved. One of the best tools for us to stay connected to our friends and neighbours is through the Next Door App which is easy to use and functions as a communication platform for the neighbourhood. Download the app and get connected today.

The board is thrilled to be serving you and we look forward to connecting, dreaming, and co-creating the future of Boyle Street in 2021.

*Article submitted by the BSCL Board of Directors.*

## Meet the MCL Board of Directors

>Continued from page two.



**Adam Snider**  
MCL Board Director

I moved to McCauley with my family in 2016. I love being within walking distance from two grocery stores and the many great restaurants in Chinatown and Little Italy. You'll often find me stopping at the Italian Centre on my way home from work or hanging out in Giovanni Caboto Park. I joined the board to take a more active role in my community and help make McCauley an even better place to live.



**David Williamson**  
MCL Board Director

Our family made McCauley our home 11 years ago this spring. It's a vibrant and colourful community which makes for a wonderful space - close to recreation facilities, transit,

parks, and unique businesses.

We're grateful to have connected with neighbours and broadened our circle of friends, and we look forward to many decades of life into the future here in our wonderful community.



**Alice Kos**  
MCL Board Director

I became a resident of McCauley 11 years ago, when I moved in with my now-husband (who also happens to be Mark Davis of REACH Edmonton/Safer McCauley). Having grown up in the community of Beverly, the overall vibe of the neighbourhood felt familiar to me and I quickly fell in love with many neighbourhood gems in Little Italy and Chinatown.

Mark and I have two kids - a 2.5 year-old girl and a 5 year-old boy - and my relationship with McCauley is one wherein I feel increasingly committed to stay. The strong sense of connectedness I feel with my neighbours and fellow community members has come to mean a lot to me.

I joined the MCL Board because I want to engage with the community on a deeper level. I'm interested in helping to strengthen community partnerships, to take action toward tangible outcomes, and to help further McCauley as the kind of community our kids love growing up in.

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HEART OF THE CITY FESTIVAL SOCIETY ARTIST PROFILE SERIES

# KazMega: “My art is my well of water.”

CORINE DEMAS

KazMega is an arts educator and organizer living in downtown Edmonton. He performs poetry, composes music, emcees, and is a visual artist.

The artist has a “deep history” with Heart of the City. He is the director of Hip Hop in the Park, an organization that has worked with Heart of the City for many years. KazMega has hosted and participated with the Beat Stage since its founding. He says, “It’s one of those things where I don’t remember not doing it, so there’s definitely history.”

I asked KazMega what hip hop means to him. “Hip hop, historically in its genesis, has always been a community-based culture and has to do with interacting with members of the community through art,” he says. “A lot of people understand hip hop as a genre of music, but I understand it as a way of living. So for me, it helps govern how I operate my day-to-day life, and how I make decisions, and where my values lie, so it’s pretty important to me.”

KazMega told me a little bit about working in different mediums of art. “The visual arts, emceeing and composing, those are all art forms that I switch between. They are super im-



KazMega. Lady Vanessa Cardona

portant to me, how I express myself. I also think it’s how I don’t burn out. My art is my well of water. When I feel like I’m burning, it’s like I’m on fire and ready to burn out. I head to my art forms which sort of extinguishes that fire when it would have

been a burnout. It’s life force to me. It means everything.”

He has been working on a project called “W.A.T.A.”

“It’s a documentation of the last

four years and the pieces all kind of all fit together. They all have a theme of water. W.A.T.A spells Water. It’s almost entirely about my relationship to water, our relationship with water, and the relationship that Alberta has to water specifically,” KazMega explains.

“I learned that there are places in Alberta that have undrinkable water. I learned this four years ago. This is old news to me. This needs to be something that’s in the mainstream media now. At the time people were talking about Michigan having unclean water and undrinkable water, but not talking about Alberta having undrinkable water. The project is four years of documenting my relationship to Alberta, Alberta’s relationship to water, the world’s relationship to water, the world’s relationship to Alberta, and Edmonton’s relationship to Alberta.”

You can check out KazMega’s work, including W.A.T.A., at [KazMega.com](http://KazMega.com).

*Corine Demas serves as volunteer President and Spoken Word Director of the Heart of the City Festival Society of Edmonton. Corine is passionate about poetry, storytelling, and her city, Edmonton. She lives in McCauley.*



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**Janis Irwin, MLA**  
Edmonton-Highlands-Norwood

JanisIrwin

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