

A Dangerous Precedent?

Changes may allow liquor stores to be adjacent to community and school parks



Arden's Varimart at 11361 95 Street. The business is trying to open a liquor store across the street from a park. Paula E. Kirman

PAULA E. KIRMAN • BMC News Staff

Liquor stores are not currently allowed to operate within 100 metres of community or recreation activity spaces, public parks, or schools. However, a decision on March 7 by the Subdivision and Developmental Appeal Board (SDAB) may change that.

On that date, the Alberta Avenue Community League attended a SDAB meeting to oppose Arden's Varimart's attempt to open a liquor store within their current convenience store. Arden's Varimart (11361 95 Street) is currently located across the street from a public park frequently used by families within the neighbourhood and which also currently serves the needs of children attending Norwood Child and Family Resource Centre. However, SDAB ruled that Arden's should be granted permission to open and operate a liquor store on that site.

The McCauley Community League has strongly opposed this decision due to its city-wide implications. "Once this change has been made, this will potentially allow developers to open liquor stores within 100 meters of community or recreation spaces, public parks, and schools. This change will affect every community within the City of Edmonton," the MCL said in a statement issued in mid-March.

"All individuals and families within the City of Edmonton are entitled to



This is the park across the street from Arden's Varimart. Paula E. Kirman

park space that is free of alcohol sale establishments," the MCL continues. "Parks, sites of community activities, and school grounds should not be considered appropriate neighbours for liquor stores."

As for reasons why alcohol sales and community parks do not mix, the MCL cites "traffic and consumer considerations specific to liquor stores may endanger the safety of individuals and families using community parks, recreation facilities, and schools."

In addition, the MCL points out that "this ruling is not in keeping with City of Edmonton Bylaw 12800, which clearly states that minor and major alcohol sales should not be permit-

ted within 100 metres of community or recreation activity spaces, public parks, or schools."

Using social media and other forms of contact, the MCL encouraged residents of McCauley and elsewhere to embark on a letter writing campaign to community leagues, City councillors, Public and Catholic school board representatives, and the Minister of Education.

The goal was to try to have pressure put on the SDAB to reverse its decision prior to it being finalized in writing. As of BMC News' press time, the SDAB's decision was scheduled to be put into writing on March 21. We will follow up on this story on our website and social media.

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YOU CAN GET THE LATEST ON YOUR COMMUNITY AT **BMCNEWS.ORG** + FIND US ON  

Caring for the Earth



PAULA E. KIRMAN • BMC News Staff

McCauley Musings

I have to start with a question: who doesn't care about the earth?

Seriously – we all live, breathe, work, raise families, and play on this planet. Environmental issues affect everyone. In fact, if I asked someone if that person cared about the environment, I have no doubt he or she would say yes. Yet words and actions can be two very different things. In Boyle Street and McCauley, caring for the earth is not just lip service. It is a way of life.

In the area consisting of Boyle Street and McCauley, you will find many people who choose to live here because of walkability. Most amenities are within walking distance. A significant number of people also ride bicycles and use

public transportation. A car-free (or almost car-free) existence is not as possible in the suburbs. And, there is talk of new community gardens - it doesn't get greener than that!

Here at *Boyle McCauley News*, we also make an effort to be green. Old issues of the paper are recycled. Although there is a certain amount of driving associated with the distribution of the papers, in the McCauley area residents receive their papers thanks to our volunteer block carriers who deliver with pedestrian power. Such a method encourages fitness, community, and volunteerism. (We deliver via Canada Post to Boyle Street due to the high concentration of apartment buildings in that area.)

Environmentalism is not just for tree-hugging, granola-crunching hippies (though some of us may resemble that remark). Caring for the earth starts with individual actions. Let's make choices that are good for the community and good for the environment.

PAULA E. KIRMAN • BMC News Staff

Editor's Notes

Welcome to the April issue of the paper! We have some important community news to share this month, particularly the front page story concerning Arden's Varimart. We don't often cover news taking place in another neighbourhood. However, the close proximity to our area and the city-wide implications should the SDAB decision stand make this very relevant.

Fortunately, we also have some fun community news, particularly about Family Day and other

events. We also have our columnists who represent different walks of life in the area.

If you have an idea for an article, know about an event we should cover, or want to tell us about someone who is doing something worthy of positive attention, please contact me any time at editor@bmcnews.org.

As well, if you would like to know about our current volunteer opportunities, drop me a line. We are always looking for contributors, block carriers, Editorial Committee members, and casino volunteers.

Our Next Issue. . .

May's theme is "Food." What are your favourite restaurants in the area? Where do you shop locally? Are you into cooking? Favourite recipes? Deadline is April 12. Articles should be around 500 words and accompanied with photos if possible. Send your work to editor@bmcnews.org.

Letters to the Editor

Do you have a gripe? A compliment? A question? Share your thoughts with a Letter to the Editor. In two hundred words or less, tell us what made you smile or frown, or what you would do to change something if you could. Send your letters to editor@bmcnews.org. Letters may be edited for length or clarity and publication is not guaranteed.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhood.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

Advertisements from political parties and politicians are paid for. *Boyle McCauley News* does not support or endorse any political party or viewpoint.

Circulation 5000 • Since 1979 • www.bmcnews.org

Vol. 34 N^o. 3 • APRIL 2013

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community.

The opinions expressed in *Boyle McCauley News* are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

Boyle McCauley Crime and Safety Numbers

Report "john" activity & license plate numbers • (780) 421-2656

Report Problem Properties & Derelict Houses • (780) 496-6031

Report Gang Activity • (780) 414-4567

EPS General Crime/Complaints • (780) 423-4567

EPS website • police.edmonton.ab.ca
- click on Crime Prevention
- click on Prostitution Resource Centre

REACH Edmonton website • www.reachedmonton.ca

Report A Drug House • (780) 426-8229
reportadrughouse@police.edmonton.ab.ca

Introducing Dalyce McElhinney

PAULA E. KIRMAN • BMC News Staff

Our Volunteers



Dalyce McElhinney. Jenna Williams

Some of our block carriers have been with **Boyle McCauley News** for many years. Other routes have had a steady turnaround. We are always happy when new people come forward to take on a volunteer role with the paper. Dalyce McElhinney is not only new to the paper, she is also new to McCauley.

Dalyce moved to McCauley in August of 2012. "I was looking to become part of a community in Edmonton that was friendly, promoted multicultural aware-

ness, and collaborated to create change. I recently joined the Inn Roads Housing Co-op and am enjoying connecting to so many like-minded individuals who are choosing to live in such a collective community," she says.

She became a block carrier with the paper at the suggestion of a friend. "A friend suggested I volunteer when someone who normally delivers was away for a month. I found the experience to be a great opportunity to say hello to people in the community and start up a conversation."

Although she has lived here for less than a year, Dalyce is already enjoying many different aspects of life in McCauley. "I like that McCauley is very much a walking community. There is security in seeing familiar faces out walking around. In late summer I was able to enjoy some of the festivals in Giovanni Caboto Park. I also like the proximity to such a variety of restaurants and grocery options."

By day, Dalyce is a Spanish teacher at Eastglen High School. "After work I enjoy running as a way to relax and clear my head," she says. "If you see me running by with an armful of newspapers, that is what I am doing!"

Slogan Contest Extended to April 30

*Show pride in your
neighbourhood!
Enter NOW!*

It's not too late - get thinking and send your entry in to **BMC News** by April 30. Email your entries to editor@bmcnews.org or drop them off in the office mailbox at B1, 10826 95 Street (inside the green gate).

We have received quite a few slogans but only a few designs to go with them. So here's your last chance, and don't forget there is a prize of \$250 in each category.

Finalists will be selected by a group of McCauley residents, including a graphic designer, and then all residents will get to vote in June on the slogan and design to represent and promote McCauley for the next couple of years.

McCauley Video Project Update

PAULA E. KIRMAN • BMC News Staff

The McCauley Family Life Videography Project is in full swing! Filming officially began in February. Area events are being documented, and around a half dozen interviews with local residents and business owners have taken place.

CURRENTLY, I AM ESPECIALLY SEEKING IMMIGRANT FAMILIES *who live within McCauley's borders, particularly from Africa, Asia, Latin America, or India. I am also interested in speaking with a same-sex couple who is comfortable being interviewed on camera.*

I am aiming for around ten interviews to incorporate with event footage and other scenes depicting life in McCauley. Currently, I am especially seeking immigrant families who live within McCauley's borders, particularly from Africa, Asia, Latin America, or India. I am also interested in speaking with a same-sex couple who is comfortable being interviewed on camera.

If the above describes you and your family, and you would like to be part of the project, please contact me to set up an interview at mccauleycommunity@gmail.com.

Video footage of events, as well as some of the interviews, are already online. The "final product" will be around a half hour of footage documenting family life in McCauley from a variety of perspectives. Links to the videos, and the project's associated social media, can be found at: www.mccauleycommunity.com.

The McCauley Family Life Videography Project is supported by McCauley Revitalization and The Works International Visual Arts Society.

A Fuzzy Flower



A flower with an unusual texture in a bouquet at Zocalo. It is called a Pincushion Protea. Paula E. Kirman

A Story of Survival



CLARA GLADUE

Drum Beats

In spring, the snow melts yet the wind still chills the air around us, sending a shiver down my spine as I prepare for my journey to get to the Addiction Recovery Center. I do like the times when I see the warm sun outside and how it envelops the earth with heat that sometimes is just enough to be so refreshing. Yet the icy streets are very hazardous. I know of a

few people who have had incidents slipping on ice which can be a painful experience. I’ve observed a few accidents as I was getting off a bus - not a pretty sight.

Recently a good friend of mine, Ruth, visited Edmonton from Terrace, British Columbia. On her travels on a Greyhound bus she got into a very death defying accident. When I say “death defying”, I mean it because she actually died for a short while in the snow. It was a very dramatic and fearful experience for her.

Ruth was going to stay overnight at a hotel but decided to continue on her journey, which

was a decision made in haste with undesirable consequences. As the bus continued on its way, and Ruth and the other passengers rested, they did not expect a rude awakening. The bus swerved on black ice and hit a rail and toppled deep down the side of the road. Ruth recalls sailing into the air. The windshield and side windows were smashed out in the crash before Ruth lost consciousness.

She awoke to snow covering her body and smothering her face. She tried to call out for help. The crushing feeling of snow on her chest left her feeling helpless and there was no sign of rescue. The impact of the crash made other passen-

gers topple on her, making it seem like a snow covered coffin with no escape.

Ruth thought that these were the last moments of her life. However, she was found because her hand was sticking out of the snow. What a moment of relief! However, it was also very emotional and had a deep impact on her.

Always make a point to pray to be safe out there if you’re walking or driving because all of a sudden you may be faced with circumstances beyond your control, like my dear friend Ruth. I am so thankful she is alive. Blessings to you all!

Clara lives in McCauley.

My Literacy Garden

NHAN LU

Pacific Notes

In my garden, I dig a hole about three square inches in size during the summer. I deposit tea and coffee grounds, discarded vegetables, squash seeds, as well as the fireplace ashes I collect during the winter, and let them decompose.

These household items are all I tend to use for enriching my garden soil. In the spring when I start preparing the beds for planting, I simply mix the compost in a bucket and spread it around to other vegetable and flower beds around my yard, mixing it into the soil.

I chop fruit and vegetable scraps because it makes them

decompose faster. The soil on top should cover about six inches deep. When one compost hole is full, I make another one. Every summer I have three or four compost holes.

Compost enriches my garden soil by recycling nutrients and organic matter. It allows me to grow any kind of vegetable such as lettuces and mustard greens for salads.

My favourite compost mixture is when I add squash

COMPOST ENRICHES MY GARDEN SOIL

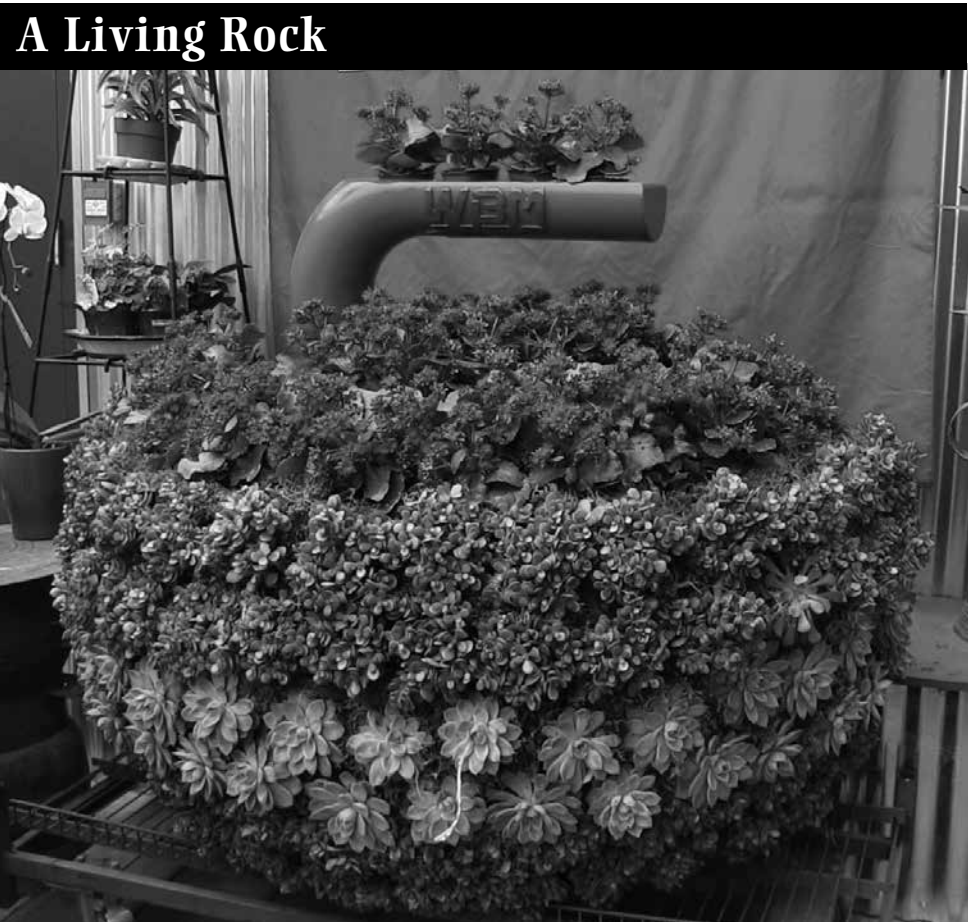
by recycling nutrients and organic matter. It allows me to grow any kind of vegetable such as lettuces and mustard greens for salads.

seeds, especially acorn squash, and food scraps to my compost hole. First, it will enrich the soil with nitrogen. Secondly, I will have young squash vines burst out of the ground within a couple of weeks. I enjoy the young green stalks for stir fry side dishes with my meals.

The squash plants also spread out very quickly to stop weeds from growing.

I love to grow all my basic herbs and flowers that I use for tea and cooking. During summer, my neighbours of all ages stop by and look at the flowers. They ask if they can have a flower, or seeds. I always give them more than they ask for. I feel this is very helpful for children and adults to observe, comment on, and question the things that they see in the world around them – starting with what is growing in my garden. This is why I call it my “literacy garden” that is valuable throughout the year.

Nhan is originally from Vietnam and owns Pacific Cafe and Cooking School at 10874 97 Street.



One of the “living rocks” created by Zocalo for the Tim Hortons Brier which was in Edmonton in early March. Paula E. Kirman

LINTON 10724-97 St.
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SOBER LIVING
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Apartment, Elevator, and Parking Garage Safety



CST. DARREN WASMUTH • EPS CLC

Cop's Corner

EPS receives many calls for service every month regarding people gaining access to apartment buildings and committing criminal acts. Apartment and condominium buildings are typically secure and safe. However, here are some helpful tips to ensure the security and safety of your apartment and apartment building:

- Do not prop exit doors open. These doors are designed to stay closed for security and fire safety. Also, make sure that a door latches properly after you have

exited it.

- Do not hold the door for a stranger to enter. Be wary of strangers who linger around the front door and dash to hold the door open after it has been unlocked.
- Never buzz anyone that you are not expecting into the building. If you have to go to the door to see if you want to let the person in then do so.
- Make sure the locks on all doors leading into your apartment have been changed since the last tenant was living there.
- Apartment doors should all have peephole viewers. If you don't have one, ask your landlord to install one.
- Stay alert when entering your apartment. Don't talk on your cell phone or look preoccupied when walking toward your building. Criminals look for a weak target and are more likely to pass up someone who appears

focused, aware, and strong.

- Report bad lighting or overgrown shrubbery to your landlord. You are never being too picky when it comes to your safety.
- Inventory the description, serial number, and cost of your valuables. Keep a copy of your records online, in a fireproof locked box or in a safety deposit box in a bank. Take pictures of your most valuable items and attach those to your receipts to make any insurance claims run as smoothly as possible.
- Keep a broom handle or other long stick in the track of sliding glass doors. This may deter a break in.

Elevator Safety:

- Look to see who is in the elevator before entering. Do not ride with a stranger.
- When in the elevator stand beside the control panel and know

where the emergency alarm button is.

- If a suspicious person enters the elevator, exit before the door closes.
- DO NOT enter the elevator if you do not feel comfortable. Wait for the next one.

Parking Garage Safety:

- Pay attention to your surroundings especially as you enter or exit the garage whether on foot or in your vehicle.
- Lock your car after entering and when leaving it.
- Remove all valuables, even small amounts of change.
- Watch for people who use the ramp to enter the garage on foot once you have cleared the opening or vehicles "shadowing" behind you to enter. Make sure they are residents and belong there.

Cst. Wasmuth can be reached at darren.wasmuth@edmontonpolice.ca.

Gearing Up for HOTC's 10th Anniversary

DAVID PRODAN

Heart of the City volunteers have been super busy planning really exciting things leading up to our 10th anniversary festival on Saturday June 1 and Sunday June 2 at Giovanni Caboto Park.

There have been three solid packed Heart of Open Mic Night coffeehouses at Pacific Café in December, January, and February, showcasing some of the finest talents in the area! A few of the musicians at these coffeehouses were even offered an opportunity to record songs at CJSR! Some of these songs will be featured on the 10th Anniversary HOTC Compilation! We also received many fantastic mp3, wav, and CD submissions from local artists. Our Music Committee is meeting regularly to curate which of these many excellent songs will be released on our compilation! Many thanks to Nhan Lu, owner of Pacific Café, a truly gracious

hostess who has helped the local music community grow a lot this last year. And kudos to all the musicians who hooked us up with tunes! It's been great listening, and we anticipate a solid compilation release.

If you didn't get a chance to play one of our coffeehouses or to submit to the compilation, there are still ways to be involved with our 10th anniversary! Musicians who want to play at the festival are invited to join us for auditions at Pacific Café (10874 97 Street) on Thursday April 4 and Saturday April 6. Auditions were originally advertised to take place at the McCauley Boys

and Girls Club, but we decided to change venues so we didn't get in the way of their cool new renovations! To register for an audition, please contact heartcitymusic@gmail.com.

OUR FUNDRAISING TEAM IS PULLING TOGETHER

an exciting silent auction and live music fundraiser at the Artery on Thursday, April 25. The Artery is a fantastic independent venue and festival sponsor.

Visual artists are invited to apply for free vending tables at the Heart of the City. Each year we host over 30 visual artists who sell paintings, drawings, photos, sculpture, found art, zines, graffiti, clothes, jewelry, and much more in our vendor's market! HOTC covers the cost of the permit to sell art in the park, and many of the artists are also involved as workshop facilitators. If you'd like

to sell your work, or run an arts workshop at the festival, please contact heartcityart@gmail.com.

Our fundraising team is pulling together an exciting silent auction and live music fundraiser at the Artery on Thursday, April 25. The Artery is a fantastic independent venue and festival sponsor located at 9535 Jasper Avenue. Featured performers at the fundraiser include Marlaena Moore, Andrew Scott, and the Eville Turntable Choir. The event will feature a silent auction including one-of-a-kind homemade and painted instruments, works by local visual artists, and our usual crop of awesome local swag. Doors open at 7:00 p.m. for the April 25 fundraiser. Tickets are \$10 at the door.

Stay tuned to our website for more festival details: www.heartcityfest.com.



Boyle McCauley News

STEP Stopped

The Student Temporary Employment Program (STEP) is a casualty of the Provincial government's new budget. STEP provided funding for summer employment for programs such as playground green shacks.

Our area's community leagues are justifiably concerned about the cut. "The cancellation of the Summer Temporary Employment Program will be devastat-

ing to many community leagues throughout the City of Edmonton and will have negative effects for many post-secondary students seeking employment for the summer of 2013," said the McCauley Community League in a statement to **BMC News**.

"The McCauley Community League remains committed to offering a variety of sport and recreation opportunities to fami-

lies and individuals and will be looking for ways to ensure sustainability of the Green Shack in Giovanni Caboto Park for the summer of 2013 and beyond."

The Boyle Street Community League was equally concerned. "The Green Shack program will definitely be affected as the two staff people will be out of jobs and therefore the kids will be left without supervision dur-

ing the summer months in the playgrounds," says Thim Choy, President of the BSCL.

"It's a city-wide community league problem. Where will the kids will go when their parents are at work? That is why community leagues rely on the funding to enhance and ensure the safety of the kids in the playgrounds with this program."

Edmonton Sexual Exploitation Awareness Week Event

Paying for Sex: The Community Impact

Date: April 24

Time: 7 - 9 p.m.

Place: Santa Maria Goretti Hall (9110 110 Avenue)

Hosted by: The Sexual Exploitation Working Group in cooperation with Neighbourhood Revitalization Initiatives

The Sexual Exploitation Working Group is a city-wide group consist-

ing of community, government, and police representatives working together to increase awareness and action to reduce the harmful impact of sexual exploitation activities in our communities. Our Edmonton Awareness Week is part of the National Victims of Crime Awareness Week, April 22-27, 2013. Theme: We All Have a Role. For more information, contact Kate Quinn at director@ceasenow.org or (780) 471-6143.

New Room at Daycare

TRACY THOMPSON

McCauley Community Daycare is proud and excited to announce the opening of our new Tots room at our downtown site in Sacred Heart School on March 1, 2013. We even held a ribbon-cutting ceremony!

After 30 years of operating, we can now offer care for children from 12 months to 12 years old. Everyone is welcome to come on down and tour our facility.

Please call (780) 424-9367 if you require more information.

Swimming Is Back On!

The Commonwealth Community Recreation Centre aquatic area reopened on March 11, following the completion of required warranty maintenance work.

As part of the construction process, a warranty shutdown was required to ensure that all mechanical, filtration, and chemical systems were working as intended in the aquatics area. The maintenance work was successfully completed.

Community league members get free access to all Rec Centre amenities on Saturdays from 5-7 p.m.

Crime Council Update

MIKE VAN BOOM

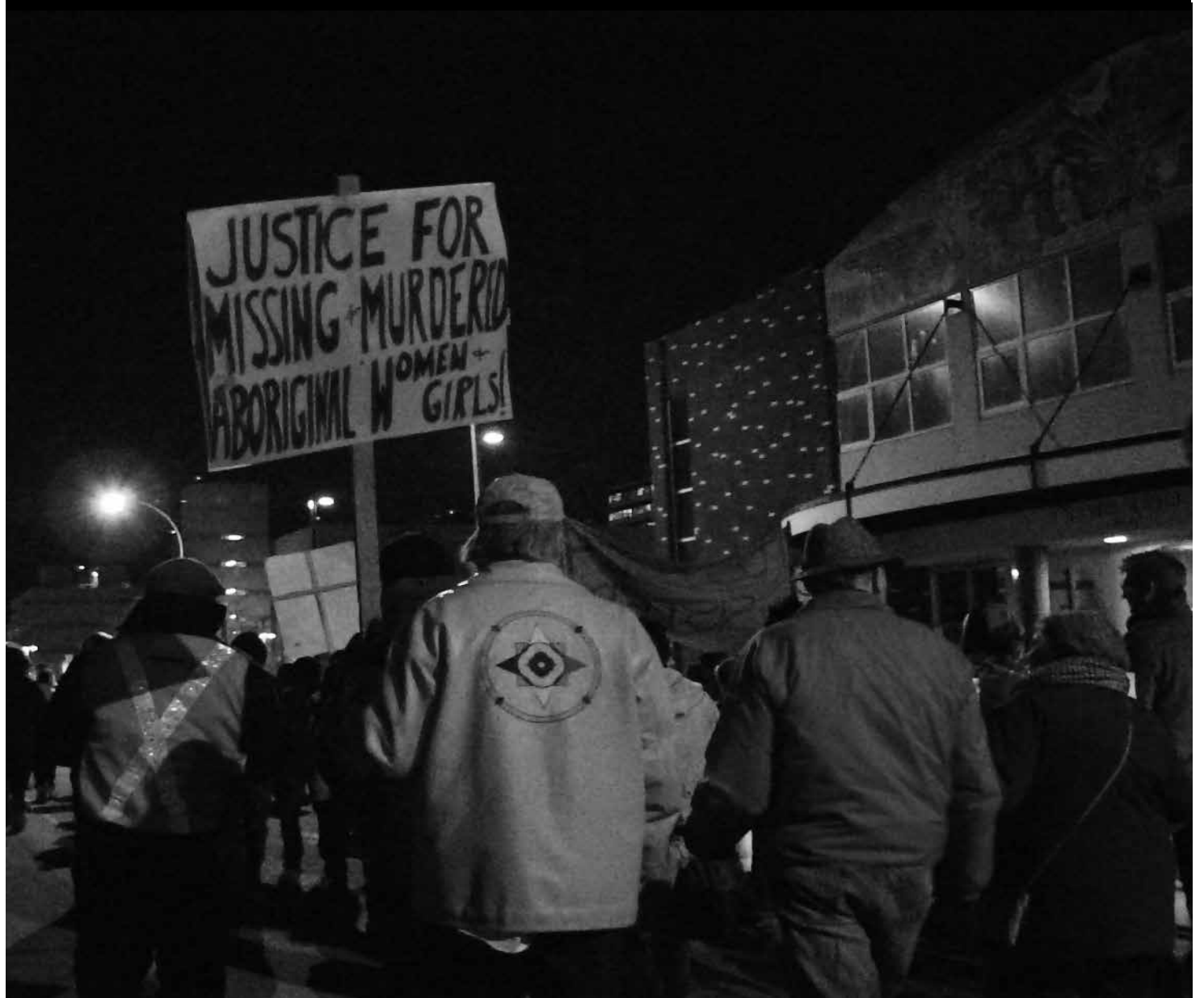
Over the last few months, the Crime Council has been gearing up to begin a mapping project in McCauley, and we are excited to report that we are ready to roll!

After a number of interviews, we have decided to welcome Brenda St. Germain to our team! Brenda has tremendous experience in social research, and will be hitting the pavement soon, joining in conversation with people from the many different communities that call McCauley home.

The Crime Council will be doing a lot of learning through this project over the next year, and we hope to host evening conversations periodically to report on our findings. If you have any questions or ideas for the Crime Council, please feel free to contact me at mvanboom@hotmail.com.

Mike Van Boom is the Chair of the United McCauley Crime Council.

Annual Memorial March



The annual Memorial March for All of the Missing and Murdered Women of Edmonton took place on February 14. The march began and ended at Sacred Heart Church. Participants marched throughout the area and around City Hall. Paula E. Kirman

Putting Fun Into Dance

MARIAH NIXON

Dancing has always been a major part of my life, from the feeling it gives me, as well as the ever apparent physical fitness aspect.

From the moment I commenced this dance program I was unsure of what to expect. Were there going to be any students? Would they enjoy the styles of dance I teach? These questions and many more were running through my head. Ever since I was three years old I had grown up in a very strict dance environment where technique was always the main objective over having fun. So, I wanted my students to experience more than this. I wanted their focus to be on having fun and the technique in dance would follow.

This, of course, was easier said than done. From a slow start the program grew to have students consistently returning each week, to parents jokingly requesting an adult dance class. I grew to always look forward to planning and teaching classes to the point that it became the highlight of my week. This was something I never originally



Mariah leading the Kids' Dance Class. Paula E. Kirman

thought would be possible for someone my age.

I have found that dance has many possibilities to offer from

physical fitness, musicality, group work, as well as learning to become independent and confident in one's own capabilities. I can only hope this pro-

gram can continue to expand and make the students grow to have the same passions and positive attitude towards dance as I do.

Protesting Violence Against Women



A rally protesting violence against women was held outside the Brownlee Building on the corner of 104 Avenue and 96 Street on March 1. Although the rally raised awareness of violence against women in general, it was organized by people outraged about the alleged treatment of a young Aboriginal woman who, reports said, was arrested on a warrant and held at the Remand Centre for days after the EPS responded to a call from her mother that the woman had been assaulted. A major concern addressed at the rally was victims of violence now being afraid to access help for fear of being re-victimized. Paula E. Kirman

Spring Sidewalks

My feet are wet.
The sidewalks are full of melted snow.
Water.

My butt is wet.
There's ice under the water
on the sidewalks.

It must be springtime in Edmonton.

- Keri Breckenridge

Boyle McCauley News



WE'RE ON
TWITTER
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BIG GARDEN EVENT
McCauley Community Primavera
Come and buy your plants!

Sunday, May 26, 2013
10 am – 3 pm
Ital Canadian
Seniors Association
9111-110 Ave NW,
Edmonton, AB

Garden plants, artisans,
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tomato plants, roses,
Perennial exchange,
and pots galore.

All you need to get your
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Brunch and lattes.
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Spring Cleaning

Everyone Needs To Lend A Hand

Spring may seem like it is yet to come to McCauley, but it truly is around the corner. Every community has that look of dust, sand and dirt that has been frozen into the snow for the past six months. It would be so nice to walk in the spring and not have all the litter and other items making it so unpleasant. Here is how you help to improve the look of the community.

In order to support the community with much of the garbage and other unsightly items, there are a number of services available to those who live in McCauley only. Every contact you make helps to make a difference in the neighbourhood so everyone can enjoy a walk to take in the fresh spring air.

Residents and business owners can take advantage of services to clean up the area when you spot items that require removal. Take a look at what you can do as a spotter of undesirable items in the area:

1. General large items in lanes or on vacated lots: Pick it up project (780) 496-6887 or email jane.molstad@edmonton.ca.
2. Garbage in back alleys and specific areas that need weeding: Clean and Green will be coordinated through the Bissell centre – contact Jane Molstad at (780) 496-6887 for now.
3. Syringes: Downtown Proud at (780) 423-3122
4. Litter and graffiti: Capital City Clean up (780) 944-5470
5. Bylaw enforcement: Cindy Bidulock - 311
6. Big Bin events: sponsored by Capital City Clean up in May and Sept. - (780) 944-5470
7. Community Clean Up: sponsored by E4C - contact David Prodan at (780) 424-2870

THIS PAGE IS A PAID ADVERTISEMENT

Gardens Galore in McCauley

In 2013 you will see a difference in the community gardens that start to appear in the neighbourhood as there are a number that are moving forward. How do you describe a great garden? Does it have to grow vegetables to be a value in the community or can it just be for pleasure and have a bounty of flowers? Should it be a garden that gives to others and has extra rows of peas for children to pick? This season will bring about a number of different types of gardens to please everyone in the community. If you have an interest in any one of the opportunities, please contact Jane Molstad at jane.molstad@edmonton.ca for more information as to how to get involved with your neighbours coordinating a wide range of community projects.

• **MCCAULEY COMMUNITY GARDEN AT MCCAULEY SCHOOL:** A group of residents working together to build raised beds at the school location. The beds will be located next to the playground and growing will start this year. Much of the wood has been recycled from the Peas be with you garden. Contact David Prodan at (780) 424-2870.

• **VACANT LOT GARDENS:** In an effort to work with absentee landlords, McCauley community residents have connected with land owners to establish agreements for growing on vacant lots as opposed to having weeds or undesirable activities happening on the sites. Two garden sites are currently being negotiated for 2013. Contact jane.molstad@edmonton.ca for more information.

• **HUSKY SITE REMEDIATION IN PROGRESS:** Many residents will remember that Husky Oil station located at 97 Street and 108A Ave. which has been vacant for the past two years or so. The Steering Committee has been successful in the negotiation of this site to have it developed as a raised flower bed garden. There are local residents willing to toil the site but more residents are needed. Contact jane.molstad@edmonton.ca for the contact people on this site.

• **ORCHARD GARDEN SITE:** How would you like to have an apple orchard in the McCauley community? We have a number of community minded people who believe this would be a true enhancement to the area. If you are interested in working towards a plan that would create a new development for McCauley, please contact Todd Janes at todd.janes@latitude53.org.

two Topics one Venue

Wednesday, April 3 • 7-9 pm

Santa Maria Goretti Centre • 11050 - 90 Street

CHURCH STREET

A summary of the public consultation to date on Church Street will be on display for comment and feedback. If you are interested to review and provide some thoughts on priorities, please feel free to attend the open house at Santa Maria Goretti Centre on April 3, between 7-9 pm.

A summary of the public consultation can also be found at www.edmonton.ca/churchstreet if you are unable to attend.

OPEN HOUSE

Revitalization Focused Urban Design plan

The City of Edmonton's Urban Design Section, Sustainable Development, would like to continue the discussion with the community and all those stakeholders who are interested in McCauley's future.



THE CITY OF
Edmonton

A Successful Season at the Rink

DAN GLUGOSH

Around the Rink

It's hard to believe the skating program is coming to a close for the season. I will miss hearing the hoots and howls of kids who have just scored a goal or the laughter during a rousing game of "man-hunt". February was busy at this "gem" we call the McCauley skating rink. 601 people came out in February to skate and this doesn't include Family Day. The rink was closed for six days and it was all due to weather conditions. The numbers for the 2012/13 skating season were remarkable and our community should be very proud of how well this facility has been run and operated. Thanks to the KIDS (Kids Inner City Development Society) for their support throughout the season. KIDS is a newly formed society, led by Al Hamilton and Father Jim Holland, formed especially for the rink. It has also been the group that has been fundraising, repairing the rink and paying the majority of operating costs at the rink.

On February 2, members from the KIDS committee met with the President of the McCauley Community League, Rob Stack, and Secretary, Meredith Porter. The purpose of the meeting was for the two groups to sit down and work together on future endeavors with regards to the skating rink, the land, and the future building. In getting the permit for the trailer, the MCL signed an agreement with the City to ensure a building would happen within five years, and the KIDS group is willing to make this happen. The MCL invited the KIDS committee to attend their next board meeting on February 21 to do a presentation. Unfortunately, this meeting was cancelled and will not happen until after the MCL AGM in March. At that point, the KIDS group will get a chance to do a presentation and clear up any misconceptions that the MCL expressed in the March issue of *BMC News*.

Another new improvement to the rink is the addition of an outdoor sound system. On March 4, AXE music came out to the rink and installed the music system. It means we can listen to Oilers hockey games or music while we skate. What a wonderful addition and a long time dream come true. A big thanks goes out to E4C McCauley Apartments and its program manager, David Prodan, for applying for and receiving this wonderful grant. Also, an-



Dan Glugosh (right) with BMC News volunteer Wesley May. Paula E. Kirman



A sleigh ride through Church Street. Paula E. Kirman



A marshmallow roast at the bonfire. Paula E. Kirman



Lots of action on the ice. Paula E. Kirman

other big thanks to McCauley Revitalization for the grant money. I can't forget to thank the KIDS Society for purchasing the am/fm receiver and the cordless microphone system.

I saved the best for last: our annual Family Day skating rink party. What a day! Over two hundred folks came out on a chilly day to spend their Family Day in McCauley. There were plenty of hot-dogs, hamburgers, hot chocolate, marshmallows and many other treats to go around. The bonfire was a needed source this year not only to roast marshmallows, but also to stay warm. I know the community is very grateful for the trailer that has been donated by Northgate Trailers but we have definitely outgrown it. The trailer was busting at the seams with kids and families looking for a place to sit down and tie their skates or munch on a burger. I look at this as a good problem for our community, one that can be fixed by building a larger, permanent structure. After all the success of the rink this year I couldn't imagine anything better than a new beautiful building to host our Family Day event, as well as our skating program and other events year round.

Another Family Day hit was the sleigh rides. The sleigh was packed all day long with kids and families. Hearing the horses trotting down the streets of McCauley with kids laughing, warms the heart, in spite of the cold. Thank you to Longriders for the great service. Also a big thank you to Game-On Sports for the wonderful gift bags for the kids that included an Oilers T-shirt, pictures, and other fun stuff. Thanks to David Prodan from E4C McCauley Apartments, who came out and took care of the music, and for all his hard work promoting the event. This was a huge event and it was wonderful to see all the kids and families out having fun.

More big thanks to the following people for making the day a success: The Edmonton host Lions Club and the City of Champions Lions Club for not only donating all the hotdogs and hamburgers but also for cooking it all up; McCauley Community League; the KIDS Society; Kirk Kozakewich, owner of Nameo Sobeys, for coffee and donuts; Al Hamilton; Father Jim Holland; Ted Green; Grace Kuipers; and, Lyle Kulchisky (Sparky) and his wonderful team of workers. We couldn't make this event so successful without all of you. I would also like to thank everyone who came out to this event and helped make it so much fun.

Reduce, Reuse, Recycle - Respect!



IAN YOUNG

Ability and Community

We do not inherit the earth from our ancestors; we borrow it from our children.

- Native American Proverb.

First recognized as an annual celebration and appreciation of our beautiful planet in 1970, every April 22 marks Earth Day.

Over 192 nations recognize this day, which also raises awareness of the need for protection of our planet.

You have likely heard the phrase "reduce, reuse, recycle" - personally, I am very fond of the "re" prefix as I **re**habilitate daily and it **re**news my mental and physical state!

A lot of importance must be taken towards being environmentally responsible so that we can leave this beautiful earth for the future generations. In my housing co-op, recycling is encouraged and

we have a separate bin to discard recyclable items. We even have an area in our back parking area where, for a small fee, members can put out larger items that are taken to the Eco Station.

The City of Edmonton's website has great information for "what goes where" to guide you to the proper disposal of items. Visit the City's website at www.edmonton.ca and type in "recycling" as a search term.

Also, they say "one person's junk is another person's treasure." So, I find shopping at second hand

and thrift stores to be not only an adventure, but a great way to support a charity and reduce carbon footprint! In Boyle Street and McCauley I often see signs for garage and yard sales - explore and enjoy!

It also never hurts to use trash receptacles set up around the city to discard your "pocket trash" and personally I get a great feeling when I pick up and discard trash.

Mother Earth is a beautiful planet. Let us show her **respect** not just on Earth Day, but every day!

Planning for Dilemmas: Personal Directives



SHERRY MCKIBBEN

Catch 66

Over the Christmas holidays we visited with my in-laws. We had previously discussed with them the need for a personal directive and we did again on this trip. A personal directive is a legal document which ensures that in the event of ill health your wishes for treatment are written and known. A personal directive lets you choose another person, usually your spouse, sibling, or child, to act on your behalf when you are unable to make decisions for yourself. A health crisis for seniors is typically an event such as a stroke or heart attack.

In a bygone era, when medical interventions were limited, the need for individual and personal decisions about medical intervening

was perhaps less important. In that bygone era, there was little to be done but to make the critically ill comfortable. Now with new aggressive medical intervention, having a personal directive is very important.

Bless doctors, for they do miracles sometimes. Their training and professional ethics require them to do everything possible to sustain life. Heart doctors are particularly aggressive in their treatment because they are now able to perform miracles unheard of previously. They push boundaries. I am thankful for that because they gave my 62 year old cousin several bypasses which saved his life. I did not want the same for my 92 year old mother (and nor did she). Thus it is necessary to have a personal directive so we (my sister and I) could limit her treatments as she wished.

Everyone, no matter their age, should have a signed personal directive in place. We can never know when an accident is going to occur. We can never know when

we are going to slip on the ice or be hit by a speeding car and suffer head injury rendering us unable to make decisions, as happened recently with the son of a friend of mine. We cannot predict these issues. For seniors, it is even more important: bouts of ill health are inevitable and during these episodes the individual may or may not be conscious enough to direct their medical care.

If others are to be able to make decisions then a personal directive is a must. A personal directive gives them authority to act. In other words, it gives them the authority to say yes or no to interventions which may or may not save a life and which may cause other issues. Most of us do not want to live if we cannot have a good quality of life.

As with my father-in-law, avoiding talking about declining health and potential life threatening issues is not always easy. But failure to plan and get a directive in place means the medical decisions made may not be the desired de-

cisions. Having the right documents in place means our family or friends can direct the decisions we want.

A personal directive is not a document which gives anyone permission to tell us what to do when we are healthy and alert. It also does not have anything to do with money: it is about our life. A doctor or other health care provider has to declare us incompetent before anyone can make decisions about us. But when we are injured and not aware, this document gives someone you trust permission to make critical decisions with the doctors.

If you don't have a personal directive in place, call the office of the Public Guardian at 1-877-427-4525. Discuss your wishes with someone you trust.

Happily, my in-laws did get a personal directive signed. Once my father-in-law understood the need for a personal directive he was able to overcome his fears. We are grateful just as your family will be when you have one in place.



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Handle With Care

KERI BRECKENRIDGE

Keri's Corner

It's an uncomplicated concept. Treating our environment with respect is being respectful of humanity. We are part of this world and our ongoing health is dependent on its continued well being. It should therefore be a priority of all of us to take care of our world.

The simple, short fact of it is that we've been sold out to corporate interests.

The industrial revolution brought with it many technological advances meant to further the goals of humanity. We were suddenly capable of accomplishing more than we possibly could with our physical bodies alone. We could travel further, move great masses, and build high into the sky. While these advances worked in some ways to our advantage they simultaneously worked against us.

One of the most elusive yet severe side effects of the industrial revolution was to remove us from our natural surroundings. We gained control over nature. We heat or cool our

homes if the temperature outside is disagreeable. We buy fruits and vegetables if our gardens fail. We create indoor surroundings so elaborate that we don't feel the need to go outside. We stopped paying attention to the rhythms and tempo of our natural world. We've been so distracted that we've allowed it to become abused to an intolerable extent.

Once the industrial revolution brought about mass production and mass consumption, a never before seen profit margin was realized. Never was such wealth fulfilled in the history of humankind. Wealth became the goal itself. While the economy thrived, something else was happening: our environment was changing. Vegetation outside of coal mines was dying, while streams and rivers became muddied. We thought it was a small price to pay for all the conveniences that we inherited. We were unaware of the cumulative effect that these activities would inflict upon our world.

It eventually did enter our collective conscious how great the dissonance had become between our economy and our environment. Scientists started talking about the ozone layer

and the ice caps. Our natural environment suddenly became threatening to us. So we trusted our political and business leaders to act in our best interests and put in place regulations that would stop the degeneration of our environment.

This trust was ill-founded. We failed to take into account the riches that were created by the frenzy of industrialization. With this wealth came influence and power. Regulation and accountability would cut into the profit margin. If profit margins decreased, businesses would threaten the stability of jobs and our economy. Corporations are in command of our natural world. They control our resources and pollute our air. They have no stake in our environment as they are not human and do not require a healthy world to live in.

We do. The best thing we can do for our world is to take control from those interests that have no involvement in the functioning of our world. It is our world and we have to live in it.

Keri lives in Boyle Street.



ISABELLE FOORD

Something Funny

Life of Pi scored big at the Oscars. I always thought the book was about the circumference of a circle.

I bought some environmentally-friendly tissues. They're soft as pine cones.

Isabelle is a writer who was a long-time resident of McCauley.

Ukrainian Petrekivski Folk Art Exhibit

Come experience displays of Petrekivski folk art from private collections. As well, you can listen to performances by local Ukrainian and Polish youth groups; shop at the sale of Ukrainian items and our famous Easter breads (*paska* and *babka*), and take in some Easter-themed mini workshops. A light lunch will be offered at Marusia's Kitchen.

When: Saturday, April 13, 10-5 p.m. and Sunday, April 14, noon-4 p.m. Concert both days from 1-4 p.m.

Location: Ukrainian National Federation Hall, 10629 - 98 Street.

Admission: Donations. We will also be collecting signatures in support of Petrekivski folk art in Ukraine through UNESCO.

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A Super Lunch Deal

Dining Out

PAULA E. KIRMAN

The Wokkery
Chinese
10969 98 Street
(780) 424-6546

The Wokkery is a small Chinese restaurant just far enough away from the main drag of Chinatown, that unless you are very familiar with the area, you may overlook it. I know I have. Colleen pointed the place out to me for the first time this afternoon. Small and rather nondescript from the outside, the inside is quite warm and inviting. It's small but clean, and the staff is very friendly.

We got there just after the lunch rush but in enough time to still order a lunch special. A number of combination plates are available for \$6.95, featuring chicken fried rice, beef and vegetables, and a choice of Szechuan beef, sweet and sour pork, almond chicken, and the like. The soup of the day is also included.



A hearty lunch plate at The Wokkery. Paula E. Kirman

I opted for a combination plate with sweet and sour chicken balls, while Colleen had the Szechuan beef. First came our soup - vegetable soup was the bowl *du jour*, which consisted of a soy-based broth and some over-cooked vegetables. It wasn't bad but it wasn't great.

Our plates came shortly thereafter. The first thing we noticed was the excellent value for the price. You won't find a better deal on Chinese food, even in a food court.

Plus, the quality was much better. The rice was fluffy and flavourful, while the beef and vegetables were tender and plentiful. My plate had four large chicken balls. The chicken was also tender within its deep-fried coating. Definitely not a dish for the health-conscious, but absolutely delicious and filling.

Colleen was similarly happy with her rice and beef and veggies. She also gave rave reviews to the Szechuan beef. I tried a

piece and concur. It was lean, crispy without being too hard, and not overly spicy. I could see myself coming back for it.

If you would rather order plates to share, there is a large selection of rice, meat, seafood, and noodle dishes also in the \$7 price range. Meals also come with tea. Including my co-worker's pop, the bill came to less than \$20 including the tip. The Wokkery could very well be the best lunch dining value in the area.

A Majestic Centrepiece



A majestic elm at the heart of Giovanni Caboto Park. Paula E. Kirman

McCauley Community League Update

April Action

ROB STACK • President

April promises to be another action packed month. Our bi-annual casino is April 19 and 20 and we could still use a few more volunteers (if even for back-ups). Almost all of our programming is via casino funding so if you participate in soccer, use our rink, practice guitar with Steve, dance, or anything else please consider volunteering for a few hours. Casino volunteering is fun, social, and low pressure. Email, call, or message us on Facebook for more information.

We held our Annual General Meeting in late March and I'm sure there are changes and new board members to share but that will be for next month's article. For those not in the know, the deadline for **Boyle McCauley News** is the 12th of the previous month. More current information and updates can be found at our webpage (McCauley.info) or on Facebook at McCauley Community League.

Summer programming is getting organized in April. The Green Shack Program will be returning to Caboto Park.

The STEP grant program traditionally used by Community Leagues to fund Green Shacks was cut in the Provincial budget but we remain committed to finding money to pay for this important collaboration with the City. Our annual soccer program is swinging into action but we can always use more volunteers and support. New for this year will be our first ever Annual McCauley Family Fair occurring on the Labour Day long weekend. We'll be looking for volunteers, participants, and ideas to make this event awesome.

Block to Block will be busily knocking on doors and meeting neighbours again as the weather warms up. Look for more Block based communication, training, and consultation strategies and several Block to Block neighbour events throughout the summer.

From a Planning and Zoning viewpoint, the proposed Performing Arts Center in Chinatown is extremely exciting. At the time of writing we know very few details and have had no contact

with the proponents. Though the project is potentially wonderful we should all be concerned, once again, that no conversation with the neighbourhood's League has occurred. Win-wins can easily be created but the conversations need to start early.

Also potentially exciting was the Revitalization associated Urban Plan that was presented at the end of February. I encourage everyone to view the presentation and give your comments. The presentation is linked from the online version of this article at the **BMC News** website. I was disappointed with what was presented and found it lacked innovation and forward thinking. In many ways, it seemed like planning for the present rather than the future. We'll be linking the presentation and will likely have

ongoing discussions on our Facebook page.

Of concern for many, a liquor store was approved on 95 street and 114 Avenue kitty corner to a park and playground. Within our Zoning Bylaw there are specific provisions preventing Liquor Sales within 100 metres of parks and schools and

requiring new stores to be more than 500 metres apart. These rules were created as a result of years of work by central Edmonton Community Leagues and have been previously used to stop many more liquor stores in the general area. Though opposed by the local Leagues, many neighbours, and even the City's planning department, this liquor store was approved at a Subdivision and Developmental Appeal Board (SDAB) hearing on March 7. At the time of writing we do not have the written decision so have no explanation of the rationale (or that it is a final decision). You can check out the zoning bylaw provision concerning liquor sales at the City's website via a link from the online version of this update at the **BMC News** website.

Help your neighbours make your neighbourhood a greater place to live, work, and play. Join the League and volunteer. Visit us at McCauley.info or on Facebook at McCauley Community League. Contact us at mccauleycommunityleague@gmail.com, or (780) 428-5332. We would love to meet you!

Boyle Street Community League Update

Programming & AGM

Upcoming Youth Programs:

Design Studio (4 weeks)

Mixed Media

Wednesdays

4 - 6 p.m.

April 17 & 24 / May 1 & 8

Fit To Live (4 weeks)

Mindful Living

Saturdays

1 - 3 p.m.

May 25 / June 1, 8, 15

\$40 - non-members

\$10 - league members

Drop In Basketball:

Monday - Thursday

3 - 5 p.m.

FREE for Community League Members

Yoga:

Registered/drop-in yoga classes to begin mid-April.

Open to all levels and

experience. More information coming soon.

Pilates:

6 week registered class

Thursdays

Noon - 1 p.m.

April 25 - May 30

Artist Mentorship Program:

TBA

Summer Youth Program:

Broadway Bound

theatre program

TWO WEEKS

August 6-9 &

August 12-16

9 - 4 p.m. each day

Must be 8-12 years old

** Fee to be determined

Events/Workshops:

Personal Safety Lecture

Presented by Edmonton Police Service

In Partnership with the YMCA and BSCL

Boyle Street Plaza

Date: TBA

Time: 5:30 - 7:00 p.m.

** FREE **

Community League

Memberships can be purchased for \$5 at the Boyle Street Plaza.

AGM Report:

The AGM was held on March 11 at our new facility. It was a great event with around 90 people from the community.

Here are the results of the election of the Board of Directors:

President:

Thim Choy

Vice-President:

Bob Vandergrift

Secretary:

Remains open

Directors:

Raymond Cheng

Linda Dumont

Nancy Chan

Norman Vesala

Information submitted by

Melissa Milakovic (Program and Membership Administrator) and Tooba Reaz (Facility Coordinator).



Casino Volunteers Needed!

April 19th and 20th.

It's fun, social, and a great cause.

Email, phone, or Facebook to get involved.

We would love to meet you!

McCauley Community League

mccauleycommunityleague@gmail.com

780-428-5332



Poultry for Peace: Now That’s Clucktastic!

KODY THOMPSON

It’s getting to be that time again where, bit by bit the snow is melting and each day grows incrementally longer than the one before. The upcoming gardening season isn’t far off and its time once again for all the green thumbs and backyard farmers to think about their sprouting picks and perhaps even “hatch” a few new plans for the upcoming growing season.

In a growing world of energy insecurity, it can be somewhat disconcerting imagining what future might lie ahead. But rest assured, even in the bleakest of circumstances, even if the world fell into a worst-case scenario of chaos where all systems fell into ruin thus ushering in a new post apocalyptic state of primitive survival - a world built upon independent food survival and cunning alone - there is one

magical item that converts energy into food and waste into much needed nitrogen, while also dissolving and eliminating all other unwanted organic matter and crop pests. Regardless of what’s in store for the world, it wouldn’t be a bad idea to pick this item up anyway, which is none other than the common chicken -arguably the single greatest bastion of backyard fertility for any gardener or urban farmer.

While I am fully aware that Edmonton’s current city bylaws prohibit the owning of backyard chickens, there are local Edmontonians and chicken advocate groups such as River City Chickens that are awaiting the day for this rule to pass - and for good reason. In the last few years, a great deal of study and activism has gone into the growing movement of backyard chicken raising. And it seems that Edmonton is lagging behind the rest of the

flock: so far, Victoria, Guelph, Niagara, and many other urban centers across North America have either undergone or are in the process of making a shift to implementing urban livestock as part of a plan for growing food sustainability. In fact, according to *Rodale Magazine*, one city in Belgium is “giving three laying hens to 2000 homes in an effort to reduce landfill costs. City officials expect to recover a significant portion of the \$600,000 a year the city spends on dealing with this type of household ‘trash’.”

And the famous artisanal farmer Joel Salatin agrees, arguing that the backyard chicken is a crucial ingredient to solving a looming industrial food crisis. He argues that if every home owned one backyard chicken this would be one of the greatest advantages to home energy conversion as he states that: “Eating grass-fed

beef or food-scrap-fed chicken is actually one of the most healing things you can do for the planet.” This is probably because the usual ratio of petrochemical energy it takes to bring food from the store to your dinner is about 10:1 for every unit of calorie gained. In other words, the math just doesn’t add up. However, having just one chicken in the backyard is the equivalent of having a machine that runs on waste (table scraps and backyards pests - everything from slugs to pesky weed seeds) - while also providing food every day in the form of eggs (and occasionally meat) along with a much needed chemical boost via nitrogen for hardier crops.

So, here’s to hoping that the city bylaw changes soon, and then we can focus on saving the world - one cluck at a time.

Kody lives in McCauley.

Reality Shows and Real Estate

Local author and talk show host seeks to inspire others

PAULA E. KIRMAN • BMC News Staff

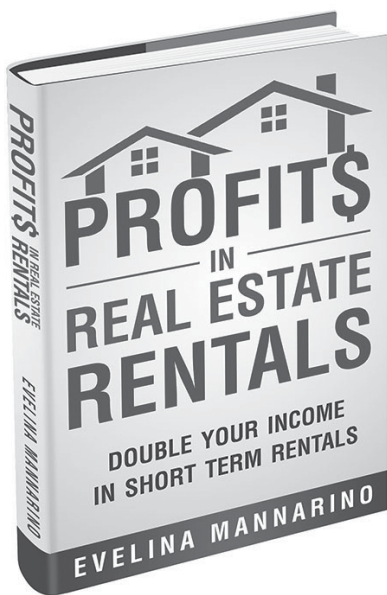
If you have not yet met Evelina Mannarino, chances are you will hear of her in the near future.

First of all, the McCauley-based author has written and published a book about real estate investments. Evelina has a wealth of experience in the topic both professionally and personally. She hopes to share her knowledge through *Profits in Real Estate Rentals: Double Your Income in Short Term Rentals*. Available on Amazon and other online retailers, she explains the process of purchasing, preparing, and renting properties.

Born in Poland, Evelina had been living in Vancouver. She moved to McCauley in the summer of 2011 after marrying someone from here. “I have always wanted to write a book about real estate. Since there were no other books on the market that are specific to short term rentals, I thought that I should fill that gap,” she explains.

Her marriage was also an inspiration. “My husband didn’t think I could write a book. That alone would probably be my biggest motivator - to prove him wrong! I always use people’s negative comments for something positive!”

Written in an inviting, personable style, the book is not just hard facts and legal advice. “I hope readers are able to laugh at the funny stories. I also hope that they plan their retire-



Evelina's book

ment better by not counting only on the government to take care of them during their retirement years. I hope that I can inspire people to save for their retirement so that they can enjoy those years fully.”

Evelina is also currently in the production stage of working on her own online talk show. *The Evelina Show* will deal with inspirational and motivational topics.

Evelina lives in and owns several properties on 96 Street. She hopes to use her skills to improve that part of McCauley. She also wants to inspire others to pursue their dreams. “I hope that I can further motivate, inspire, and push people to go after their dreams and live the life of their dreams, whatever that dream may be.”



Evelina Mannarino. Catherine Paloma

Community Classifieds

NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL 5 LINES OR LESS TO EDITOR@BMCNEWS.ORG



WECAN FOOD COOP
\$15/meat order, \$10/produce order. Annual Membership is \$5. Upcoming deadline for payment is Friday, April 5. Call David at (780) 424-2870 for more info. Next depot date is Thursday, April 18, 10 a.m. - 2 p.m. at the McCauley Boys & Girls Club (9425 109A Ave.)

FREE GUITAR LESSONS
Instructor – Steven Johnson
Drop in lessons for all ages and skill levels. Everyone welcome.
Monday April 8, 15, 22, 29
Location: McCauley Boys & Girls Club, (9425 109A Avenue)
Time: 8:00 p.m. – 9:30 p.m.
Cost: FREE
To sign up for guitar lessons or for more info call (780) 424-2870.
Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church

MCCAULEY COMMUNITY GARDEN GROUP
Join us for a meeting to choose a design for McCauley's brand new community garden!
When: Tuesday April 16, 5:00 p.m.
Location: McCauley School, 9538 107 Avenue
The new garden is located at McCauley School. Raised beds will be built in May 2013.
For more info call (780) 424-2870.

START WRITING
E4C is seeking volunteers to help out with the annual community clean up! We need drivers, folks to pick up litter and general volunteers to collect large item pick-ups up and down McCauley's alleys.
This year's clean up is scheduled for Saturday June 15, 10:00 a.m. till 5:00 p.m., in the parking lot behind McCauley Apartments (9541 108A Avenue).
To volunteer, or for more information, call (780) 424-2870

START WRITING
Instructor – Dyan Semple
Introduce yourself to creative writing!
When: Tuesdays in April, 6:00 p.m.
Location: Sprucewood Library
Cost: FREE
For more info call (780) 424-2870.

CHURCH AND AGENCY SERVICES

BISSELL CENTRE
(780) 423-2285
Adult Cooking Classes: First 3 Wednesdays of the month January – June 11:30 a.m. – 2 p.m.
Movie Night: First 3 Wednesdays of the month 5 – 7 p.m.
Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:30, first come first serve)
Victorian Order of Nurses: Thursdays 11:30 a.m. to 3 p.m.
Early Childhood Intervention: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred) Drop-In: Monday – Friday 7 a.m. – 3 p.m.
Women's Lunch: Tuesdays and Thursday at noon
Parenting Classes: Mondays at 11 a.m.

BOYLE MCCAULEY HEALTH CENTRE 10628 – 96 Street
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES
10116 – 105 Avenue
(780) 424-4106
Monday – Friday 8:30 a.m.-4:30 p.m. Youth Drop-In, Wed. 4-7 p.m. Adult Drop-In, Thurs. 4-8 p.m. Lunch: Monday-Friday at noon. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.

INNER CITY PASTORAL MINISTRY
10527-96 St. NW
(780) 424-7652
Pastor Rick Chapman
Pastoral Associates: Sr. Marion Garneau, Linda Winski
Sunday Service: 11 a.m. - noon
Sunday Lunch: Noon - 1 p.m.

ST. PETER'S LUTHERAN CHURCH
9606 – 110 Avenue
(780) 426-1122
The Rock Community Breakfast
Tuesday to Thursday 7 – 9 a.m.
Kid's Club. Monday 6 – 7:30 p.m.

SALVATION ARMY
9611 – 102 Avenue
(780) 429-4274
Men's Residence, Anchorage Addiction & Rehabilitation Chapel.

WOMEN'S HEALTH CLINIC
Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

THE MUSTARD SEED
10635 – 96 Street
(780) 426-5600
Evening Meals (Mon. – Fri. 7-8 p.m., Sat 5-6 p.m.)
Food Depot (Tues. and Thurs. afternoons 1-3 p.m., Wed. evenings 8-9 p.m.).
Drop In Coffee: Mon, Tues, Thurs, and Fri afternoons 3:30-6:00 p.m.
Evening Drop In (Mon-Fri: 8-10 p.m., Sat: 8-11 p.m.)
Community Support Centre (PAC) (10568-114 Street) Mon.: 9 a.m.-5 p.m.
Tues.: 5 p.m.-8 p.m.
Closed Wednesday
Thurs.: 1 p.m.-5 p.m.
Closed for lunch: 12-12:30 p.m.
For more information call The Mustard Seed, at (780) 426-5600 or visit: www.theseed.ca

NICOTINE ANONYMOUS
RICK (780) 474-5593
GWYNN (780) 443-3020
Support for smokers who are trying to quit. Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES
(780) 422-3052 for further info on anything listed here. Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

THE LEARNING CENTRE LITERACY ASSOCIATION is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall. Contact: Denis Lapierre, Coordinator 780-429-0675 or email: dl.learningcentre@shaw.ca

VOLUNTEER DRIVERS NEEDED
SATs is recruiting volunteer drivers to take low to middle income walking elders, age 75 and older, to important appointments. Call (780) 732-1221 or email info@satsofedmonton.org for more information.

NETWORKS ACTIVITY CENTRE
780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an

active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

PARENT TALK, A PROGRAM OF BOYS' AND GIRLS' CLUBS OF EDMONTON Weekly peer support group offers you the support, tools, and information to more effectively parent your children. Drop in, no cost; light meal and child-care provided. Transportation assistance available. McCauley Youth Centre, 9425 – 109A Avenue, Tuesday evenings 6-8 p.m.. Call (780) 481-1292 for more information.

P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

COMMUNITY EVENTS AND ACTIVITIES

NEIGHBOURHOOD PAINTING
Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/ Breakfast Club. To contact me, please leave a message at (780) 426-1122.

WIRELESS NETWORKING
Are you tired of your street using you wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevan at (780) 983-5343.

HANDS ON LTD. CONTRACTED SERVICES
Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

NEW BOOK
Secrets Kept, Secrets Told is an inspiring story of survival and resilience, and a must read for anyone that has experienced trauma/abuse and is seeking healing. Signed (by author) copies available for \$20. Free S&H for Boyle Street and McCauley residents. klondikecanuck@hotmail.com or text (780) 695-7274.

SEEKING VOLUNTEERS AND BOARD MEMBERS
The WildeFyre Foundation is a local humanitarian organization focusing on social issues affecting the health and welfare of Canadians. We are currently seeking volunteers for the Board of Directors and other activities. For more information, please contact executivedir@wildefyrefoundation.ca or visit our website at www.wildefyrefoundation.org.

HEART OF THE CITY FESTIVAL AUDITIONS
Change in venue to Pacific Café!!!
Located at 10874 97 Street. Auditions will be scheduled for the following days:

Thursday April 4, 6:00 p.m. – 9:00 p.m.
Saturday April 6, 10:00 a.m. – 6:00 p.m.

If you are interested in performing at the 10th anniversary Heart of the City Festival please contact: heartcitymusic@gmail.com
If you are interested in selling artwork: heartcityart@gmail.com

Heart of the City Music and Arts Festival will take place on Saturday June 1 & Sunday June 2 in Giovanni Caboto Park. For more information: www.heartcityfest.com

MCCAULEY COMMUNITY LEAGUE
(780) 428-5332
MCCAULEYCOMMUNITYLEAGUE@GMAIL.COM
WWW.MCCAULEY.INFO

COMMONWEALTH COMMUNITY REC CENTRE ACCESS
All Amenities, Saturdays 5-7 p.m., FREE for members.

CASINO FUNDRAISER
April 19-20, 2013: volunteers needed.



PETER GOLDRING
Member of Parliament
Edmonton East

DISTURBING EUTHANASIA LEGISLATION

The Quebec government is proposing legislation legalizing euthanasia. This legislation is disturbing and should not be supported anywhere in Canada.

The proposed legislation would infringe upon the Federal jurisdiction of the *Constitution of Canada Article 91.27* of the *Canadian Criminal Code* by calling euthanasia a medical act, and thus putting it under provincial jurisdiction. This would allow a doctor, at their own discretion, to aid a person who is suffering from a terminal illness and has given their consent to die.

It sounds noble: ending suffering and supposedly giving the right of a person to decide themselves to die with dignity. The reality is, once society starts deciding who is to live and who is to die, compassionate reasons can readily be replaced with convenient expediency by criminal greed. The bill would serve to make the elderly even more of a target by the creative opportunists, some of whom are their very own caring children.

Many elderly people, on medications or not, have difficulty deciding on issues, have times of depression and are susceptible to being influenced by others. This legislation does not take into account the subtle and not so subtle abusive coercion that could cause a confused senior to agree to euthanasia as an escape, for example, rather than face the shame of reporting close family members' abuses, financial or otherwise.

This path could also lead down a slippery slope towards Belgium-style euthanasia problems. Despite them having similar safeguards in place, it is reported that upwards of 32 percent of euthanasia deaths in Belgium occur without a patient's request.

I think proposing euthanasia legislation must be challenged across Canada. We need better, stronger laws to protect the elderly and susceptible, many times from their own families, and not laws that put the elderly at greater risk. What do you think?

780-495-3261 www.petergoldring.ca

Year of the Serpent Celebrated in Chinatown



The Lunar New Year was celebrated on February 16 in Chinatown. Paula E. Kirman



BRIAN MASON, MLA

Your voice in Edmonton
Highlands-Norwood

Connect with Brian Online
Facebook.com/BrianMasonLeader
Twitter.com/BMasonNDP
E-mail: Edmonton.HighlandsNorwood@assembly.ab.ca
Website: www.BrianMason.ca

**BRIAN MASON, MLA, Edmonton Highlands-Norwood
Leader of Alberta's NDP**
Constituency Office: 6519 - 112 Ave
Phone: 780-414-0682

Councillor Jane Batty



WARD 6

"I look forward to continuing to work with you this year. Please don't hesitate to contact me with any questions or concerns."

E: jane.batty@edmonton.ca P: (780) 496-8140



MYROS PHARMACY

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We have been providing Specialized Pharmacy Services that meet the needs of complex patients for over 50 years.

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