



INDIGENOUS GARDEN PLANTING PARTY ▲ 6



HEART OF THE CITY CELEBRATES 20 YEARS ▲ 6



WEEKEND OF FUN BREAKS DOWN BARRIERS ▲ 7



HALLOWEEN PARTY WILL CELEBRATE 30 YEARS ▲ 12

# Boyle McCauley News



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CIRCULATION 5000 • AUGUST-SEPTEMBER 2024

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VOL. 45 NO. 4

VOICE OF THE COMMUNITY SINCE 1979

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FREE

## Generational Generosity in Little Italy

*Casa Spinelli supports people waiting for a lung transplant.*

**KATE QUINN**

Frank Spinelli, founder of the original Italian Centre Shop, often said, “When you have more, you don’t build a wall, you build a bigger table.” He and his wife Rina built a beautiful home with a big table across from the Shop. His statue in Giovanni Caboto Park still watches over the community and the Shop.

After Rina died in March 2022, Teresa knew her parents would be pleased for their house to welcome people at challenging times in their lives. Ukrainian families fleeing the war stayed for several months. Then came families needing respite from the Yukon wildfires in 2022. Teresa wondered what more she could do.

A friend knew the Alberta Lung Association wanted to build a house to support people waiting for a lung transplant. Teresa had been at fundraisers for “Breathing Space” but knew it would take several years to build the facility. She approached Leigh Allard, President and CEO, and the “Casa Spinelli” partnership was born and opened to patients in January 2024. Leigh knew “this community would love our people and in turn, they would enjoy the store, the café and the park.” Mike Newberry, Teresa’s husband, is a great supporter. In addition to bringing pizza, pastries, and smiles into



From left: Leigh Allard (Alberta Lung Association), Juanita Murphy (transplant recipient), and Teresa Spinelli (donor of Casa Spinelli). Kate Quinn

Casa Spinelli, he brings Rocky, his golden retriever, realizing people were missing their pets.

Alberta has the highest rate of lung disease in Canada. Edmonton has the second largest of four lung transplant centres in Canada, serving people in B.C., Alberta, Yukon, NWT, Saskatchewan, and Manitoba. Being ill and waiting for a transplant is a time of isolation, fear, and exhaustion from all the medical testing. You still have your everyday bills to pay and you don’t know how long you will have to stay in Edmonton. The Alberta

Lung Association wants to remove the financial barriers so people have a second chance at life.

I met with Teresa, Leigh, and Juanita Murphy around *la tavola* (Italian for “the table”). Juanita is a double-lung transplant recipient. She donated a blanket for a future transplant recipient. “I know the feeling of not being able to breathe, facing dying whether or not you have the transplant. It’s a lonely place, and you’re dealing with God on your own. When you wake up after surgery, you can’t believe that you can take a deep

breath on your own.”

Juanita grew up in McCauley and experienced the generosity of the Spinelli family. She is grateful for Teresa’s donation of her mother’s house. She said to Teresa, “Your mom is touching lives in so many ways; she is giving the gift of life and hope. When she was alive, she and your dad were feeding the neighbourhood. Now, through her house, she is giving a safe, quiet, calm place where you know you are not alone.”

*Kate Quinn has lived in McCauley for 48 years.*



**PORTION OF 101A AVENUE OFFICIALLY RENAMED**

■ **PAGE 5**

**CYCLES OF BEAUTY AND BLOOMING**

“The flowers mark both an ending to a season and a passage of time. Endings are part of life. They make way for new beginnings.

■ **PAGE 3**

**MCL UPDATE**

“The McCauley Community League wishes to thank all the volunteers who have tirelessly volunteered not only for the board, but also at events that we have held.

■ **PAGE 9**

**SUMMER UPDATES AND CONNECTIONS**

“For now, the current parking program will stay as is. I’m confident that the refined program will be much better, thanks to your input!

■ **PAGE 11**





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If only **15%** of the **5000** people who read this paper gave a tiny amount every month, we'd be in great shape!

### Chinatown Stories Map Launches



The storytellers for the Chinatown Stories Map outside of the Edmonton Arts Council Shop & Services, prior to the event launch on June 22nd. These storytellers curated the four tours featured in the self-guided map. From left to right: Lan Chan-Marples (*Lan's Historical Tour of South Chinatown: Then and Now*), Tanika Bur-lie (*Tanika's Black History Tour*), Linda Hoang (*Linda's Food Gems Tour*), and Emily Chu (*Emily's Community Art Tour*). To view the map online and read full descriptions of the locations, visit [www.chinatownstoriesmap.com](http://www.chinatownstoriesmap.com). Caption: Emily Chu. Photo: Andrew Hui.

## Why is no one talking about FASD?

For more than a decade, the Red Shoe Walk has sparked conversations about FASD.

Fetal Alcohol Spectrum of Disorder (FASD) affects around 4% of Canada's population — with many misdiagnosed because of the stigma. Bissell Centre's Red Shoes Rock Walk seeks to educate people about FASD, reduce the stigma, and demonstrate the strengths and talents of people with FASD.

On September 9, join us for our walk through downtown Edmonton, starting at City Hall Plaza next to Sir Winston Churchill Square, to spark our own conversations about FASD. Follow us on Facebook and Instagram to receive updates about this year's Red Shoes Rock Walk.



@bissellcentre  
[bissellcentre.org](http://bissellcentre.org)



# Cycles of Beauty and Blooming



PAULA E. KIRMAN • BMC News Staff

## MCCAULEY MUSINGS

I have never claimed to have a green thumb, but I do enjoy my annual ritual of placing bedding plants into several planters on the patio at the home where I live. The variety of flowers provide pops of colours that carry us through from spring until the fall frost ends this cycle of life, to be repeated the following spring.

Putting these flowers into potting soil and watering them in is something I do every year, with similar results. The flowers bloom and eventually wither away. Yet for a significant number of weeks the joy brought by seeing the beauty of flowers in full bloom compensates for the moments of melancholy as summer turns to fall on the path to winter.

The flowers mark both an ending to a season and a passage of time. Endings are part of life. They make way for new beginnings. As winter wanes, I begin to long for the colour of flowers and appreciate this cycle of life every year.

We can bear witness to this cycle everywhere. Someone recently commented to me how beautiful Giovanni Caboto Park looked when it became green in the spring. The big, beautiful trees in the area are hard to miss when they are alive with buds and leaves. The scent of lilacs and apple blossoms permeate many yards and gardens in the area.

Then the temperature drops, the snow falls, and we look forward to another season of blooming.

I know there is also beauty in the patterns of frost on windows and bright sunshine on fresh snow. But for now, I will cherish the present moments of colour. The future will take care of itself.

# Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published six times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in Boyle McCauley News are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

## EDITOR'S NOTES

Welcome to the August-September 2024 edition of Boyle McCauley News! June was a whirlwind of a month. There were so many events happening that I had a difficult time keeping up with them. This edition has coverage of many of those events, thanks to the help of our volunteer contributors.

It is impossible to fit everything that happens in the area into the print edition, which is why we also publish exclusives at our website. Visit [bmcnews.org](http://bmcnews.org) to check out these features, including many more photos than we have room to publish in print.

I mentioned that volunteers help with the content of the paper. They also help deliver, proofread and help with a variety of other tasks. If you are interested in volunteering with the paper, contact me at [editor@bmcnews.org](mailto:editor@bmcnews.org) to learn about current volunteer opportunities. In particular, we have a couple of block carrier delivery routes available, and always seek writers and photographers available to cover local events.

It is difficult to believe that as we're putting this edition together in the summer heat of July, that our next issue will greet the fall in October. Until then, I wish you all the best. Thanks for reading.

## OUR NEXT ISSUE. . .

Volume 45, Issue 5 will be published October 1st, 2024. Articles and photos concerning community news, events, and opinions are welcome. We also occasionally accept submissions of poetry and cartoons. Deadline: September 12th, 2024. Send submissions to: [editor@bmcnews.org](mailto:editor@bmcnews.org). Articles should be 400 words or less and accompanied by photographs (JPG format, in high resolution) whenever possible.

## LETTERS TO THE EDITOR

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to [editor@bmcnews.org](mailto:editor@bmcnews.org). Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters for our next print issue is September 12th, 2024.

# BOYLE STREET AND MCCAULEY CRIME & SAFETY RESOURCES

- **24/7 Crisis Diversion:** Call #211 + press 3 when you see a person in distress
- **Needle Debris:** public property: 311
- **Needle Debris:** free clean-up on private and public property:  
Boyle Street Ventures: (780) 426-0500
- **Sharps Containers:** free sharps containers:  
Radius 780-422-7333 or Streetworks 780-424-4106
- **Litter/Graffiti:** 311 or [capitalcitycleanup@edmonton.ca](mailto:capitalcitycleanup@edmonton.ca)
- **Problem Properties:** To report a problem property call 311, contact 311 online or use the confidential reporting form at [edmonton.ca/problemproperties](http://edmonton.ca/problemproperties)
- **To report an unsecured vacant property:**  
Call 311 or email: [communitypropertysafetyteam@edmonton.ca](mailto:communitypropertysafetyteam@edmonton.ca)
- **EPS Healthy Streets Operation Centre (HSOC) teams** are regularly and proactively patrolling several downtown neighbourhoods to combat crime and disorder. Citizens are encouraged to speak with officers in person when they are available.
- **EPS Non-Emergency:** (780) 423-4567
- **EPS Non-Emergency mobile access:** #377
- **EPS Emergency:** 911
- **EPS Website:** [edmontonpolice.ca](http://edmontonpolice.ca)
- **EPS Crime Prevention:** Facebook @[epscrimeprevention](https://www.facebook.com/epscrimeprevention)
- **Crime Stoppers:** 1-800-222-8477
- **Report Gang Activity:** (780) 414-GANG (4264)
- **Stay informed & get involved:** [safermccauley.ca](http://safermccauley.ca) and on Facebook @[safermccauley](https://www.facebook.com/safermccauley)

## MLA UPDATE

# Celebrating the Summer

**JANIS IRWIN**

Friends,

How is it already August? We wrapped up a tough session in the legislature in June, and since then I've found it quite restorative to spend as much time as possible with many of you out in the community.

Since I last wrote, the Alberta NDP has elected a new leader, Naheed Nenshi. I've had the chance to spend some time with Naheed over the last few weeks, and I'm excited about what's next. If you have any ideas you'd like me to pass on to him, or questions you'd like answered, please don't hesitate to contact me at the contact information below.

I also want to take this opportunity to invite all of you in Boyle Street and McCauley (and across the other neighbourhoods I'm so proud to represent!) to join me in celebrating the summer at my annual Community BBQ in Borden

Park on August 25th at 1 p.m. I'm so pleased to team up with some of my fellow elected representatives, including MP Blake Desjarlais, Councillor Ashley Salvador, and EPSB Trustee Trisha Estabrooks. We would all love to see you there!

Whether at the Community BBQ or at other opportunities, I'm looking forward to continuing to connect with you and to celebrating all the ways in which our community comes together. As always, I'll keep pushing for much-needed action to build an Alberta for all of us, and I'll keep amplifying your voices at every opportunity. Please reach out at any time.

Take good care of yourselves and each other.

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NEW TO BOYLE STREET OR MCCAULEY?

## Do You Have Your Stadium Parking Permit?

Call 311 or email [RestrictedParkingPermits@edmonton.ca](mailto:RestrictedParkingPermits@edmonton.ca) for annual Stadium parking permits, or [ParkingAssets@edmonton.ca](mailto:ParkingAssets@edmonton.ca) for temporary parking permits. Or, visit [edmonton.ca](http://edmonton.ca) and search "parking permits" to apply online. Save yourself, and your guests, the pain of a very expensive parking ticket and possibility of being towed.

## Get the paper...in your email!

Sign up to our email newsletter and get the latest on your community in your inbox.

[bmcnews.org/newsletter](http://bmcnews.org/newsletter)

## Where to Find Boyle McCauley News

Boyle McCauley News is delivered by our volunteer Block Carriers (in McCauley) and Apartment Ambassadors/Condo Connectors (in Boyle Street) to approximately 2500 homes in the area.

If you do not receive the paper at your home, there are numerous places where you can pick up a copy:

### NEWSPAPER BOX LOCATIONS

10844 95 Street (near Sorrentino's)  
86 Street & Jasper Avenue (by Riverside Towers)  
97 Street & 103 Avenue (by former Farmers Market)  
97 Street & 107 Avenue (near Lucky Supermarket)

### BUSINESSES

We also drop off copies at a number of businesses in and around the area, including:

<b>Sprucewood Library</b> (11555 95 St.)	<b>Tony's Pizza</b> (9605 111 Ave.)
<b>Felice Cafe</b> (10930 84 St.)	<b>Italian Centre</b> (10878 95 St.)
<b>Panini's</b> (8544 Jasper Ave.)	<b>Zocalo</b> (10826 95 St.)
<b>The Moth</b> (9449 Jasper Ave.)	<b>Paper Birch Books</b> (10825 95 St.)
<b>Lucky Supermarket</b> (10725 97 St.)	<b>Van Loc</b> (10648 98 St.)
	<b>Italian Bakery</b> (10644 97 St.)

### VOLUNTEER TO DELIVER THE PAPER

Would you like to volunteer to help deliver the paper to your block or building?

Contact [editor@bmcnews.org](mailto:editor@bmcnews.org) for more information.

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### Neighbours Clean Up at Litter Blitz



Over 30 neighbours, residents, and other volunteers gathered to pick up small items of litter and recyclables throughout McCauley neighbourhood at the McCauley Litter Blitz on June 22nd. Participants picked up one bag of garbage each, then shared hot dogs, snacks, and drinks while talking about the surrounding neighbourhood with pride and care. Mike Siek

### Portion of 101A Avenue Officially Renamed



Okisikow (Angel) Way has been the honorary name of 101A Avenue between 96th and 97th Streets since 2011. It now has an official street name and civic address: Okisikow Way NW. The renaming was made official on June 1st and celebrated on June 14th, 2024, which was proclaimed Okisikow (Angel) Way Day in Edmonton. Okisikow is the cree word for "Angel." Okisikow (Angel) Way was established to raise awareness of gender-based violence against women, children, and gender-diverse people, which disproportionately affects Indigenous community members. Pictured is Sheri Neapetung (left), sister of the late Gloria Neapetung who designed the artwork on the sign blades, and Karen MacKenzie, a member of the original steering committee to establish Okisikow (Angel) Way in Edmonton. Paula E. Kirman

### MP UPDATE

## Catching Up for the Summer

**BLAKE DESJARLAIS**

Tansi neighbours.

Fresh out of a long spring session, I am so glad to be home for the summer, and I couldn't be more excited to knock on as many doors as I can, attend events in our community, and catch up with all of you!

The spring legislative session saw New Democrats use our power to deliver important programs to help lower costs for Albertans.

I am proud of all the work that our

NDP team has done for everyday Edmontonians. From providing more affordable child care to delivering anti-scab legislation, New Democrats fought hard to help people keep more money in their pockets.

With new programs like dental care and pharmacare, we know every dollar counts. Meanwhile, Danielle Smith and Pierre Poilievre's Conservatives spent their time threatening to cut the expanded health coverage that people rely on.

Just 25 NDP MPs were able to accomplish this. Imagine how much

more we could do for folks if we formed a government that would truly tackle corporate greed and stand up to the ultra-wealthy that are making life so unaffordable.

I'm excited to be out in our neighbourhoods talking to folks about how we can make life better! Below you will find some upcoming community events. I hope you will join us.

**Free community BBQ in Evansdale Park with MLA Sharif Haji:** August 11th, 1 p.m.

**Free community BBQ in Borden Park with MLA Janis Irwin, Councillor Ashley Salvador & EPSB Trustee Trisha Estabrooks:** August 25th, 1 p.m.

I hope to see you around the constituency this summer!

Blake Desjarlais  
Member of Parliament,  
Edmonton Griesbach

**Phone:** 780-495-3261

**Email:** Blake.Desjarlais@parl.gc.ca

### Peace Walk with Elders Unites Communities in Chinatown and Beyond



Members of Indigenous and Chinese communities, as well as members of other communities, walked through Edmonton's Chinatown on June 7th. The Peace Walk with Elders was organized by the Edmonton Chinatown BIA, REACH Edmonton, and Berlin Communications, with support from the Edmonton Chinatown Transformation Collaborative Society, Chinese Benevolent Association, Standing Together, Ambrose Place, and other organizations and communities in the Chinatown area. Paula E. Kirman



# Indigenous Garden Planting Party

*Introducing a hidden gem in Boyle Street.*

**ANITA JENKINS**

On June 8th, several people gathered to plant, celebrate, and support the Indigenous garden just north of the Ociciwan Contemporary Art Centre (10124 96th Street). The garden was started several years ago but is not yet widely known, except to people who live in the area and invite their friends to join them.

If the 2024 planting party is any indication, that is about to change. This event offered free food and free entertainment: a delicious buffet provided by Double Greeting Won Ton House next door, and a fine performance by Indigenous folk musician Jay Gilday. The organizers even wisely provided a canopy tent to protect attendees from the rain that came and went throughout the day.

Kiona Callihoo Ligtvoet, Ociciwan Project Coordinator, says the garden is inspired by the late Mi'kmaq artist Mike MacDonald's Butterfly and Medicine Gardens (*kamâmak*



Jay Gilday performs at the Indigenous Garden Planting Party on June 8th. Leif Gregersen

*nihtâwikihcikan*). Composed of plants indigenous to the Americas, the garden attracts pollinators such as bees and butterflies, and features plants that Indigenous people use as medicine.

The garden is open 24/7, and visitors are welcome to enjoy lovely plants, which include highbush cranberries, bluebells, brown-eyed Susans, strawberries, sage, and sweetgrass, to name a few.

A key initiative of the Ociciwan Centre is to provide activities in the garden. For example, the space has hosted beading circles, talks by Elders, film nights, and Indigenous artists. "A number of our visitors like to meet outdoors," says Callihoo Ligtvoet. "We want to accommodate people who might not visit exhibitions in the gallery space next door."

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

The garden and the June 8th party were supported in part by the Boyle Street Community League. Ociciwan supports Indigenous contemporary art and advocates for innovative, experimental creative practices and research.

# Heart of the City 2024: An Unforgettable Weekend

*Celebrating 20 years of community and creativity.*

**JACQUELINE DUTTENHOFFER**

A year and a half of dedicated planning came together as the Heart of the City Music and Arts Festival celebrated its 20th anniversary at Giovanni Caboto Park on June 8th and 9th. Central Edmonton was buzzing with excitement that weekend, with the Chinatown celebrations, the midway at Fan Park, the Oilers in the Stanley Cup, the Elks' home opener, and the ongoing construction in McCauley.

Despite the hustle and bustle, Edmontonians showed up in full force to take in Heart of the City's vibrant atmosphere, enjoy the performances, and participate in the many engaging workshops. Community engagement was at the heart of this year's festival, highlighting the importance of coming together to celebrate our shared passions and support local talent.

On Saturday the 8th it rained on and off, but the weather did little to dampen the spirits of festival-goers who came to soak up the festivities. Umbrellas and raincoats were a common sight as people walked around the park, enjoying the music, art displays, and community activities. We even streamed the Oilers game!

By Sunday the 9th, the weather cleared up and the park buzzed with an even bigger crowd. Families, friends, and community members filled the park, creating a lively and welcoming environment. A highlight of Sunday was the Story Slam



Audience members grooving to the tunes of Funk Cove at Heart of the City on June 9th. Paula E. Kirman

competition at the Beat Stage, which was a heartwarming tribute to former board member and friend, James Jarvis. His sister assumed his role as the Story Slam judge, adding a personal touch to the event. The success of the Story Slam was

a testament to the power of storytelling in bringing people together and honoring those who have made a lasting impact.

A huge shout out to the many volunteers who dedicated their time and energy to ensure the festival ran smoothly, rain or shine. Their commitment and hard work were crucial in making the event a seamless and enjoyable experience for all. From setting up stages to guiding attendees and managing booths, their efforts did not go unnoticed.

And a big thank you to the numerous community partners and sponsors whose generous contributions and support were instrumental in bringing this year's festival to life.

The Heart of the City Music & Arts Festival has always been about celebrating community, creativity, and our shared love for music and art. This year's milestone anniversary was a reflection of those grassroots values. As the festival wrapped up, you could feel the sense of accomplishment and joy in the air. Despite the many competing events and unpredictable weather, our community came together to create an unforgettable weekend.

From everyone at Heart of the City: thank you Edmonton!

*Jacqueline Duttonhoffer is the President of the Heart of the City Festival's Board of Directors.*



# Weekend of Fun Breaks Down Barriers

*Van bLoc Party was safe, inclusive, and vibrant.*

## ANITA JENKINS

Just one year after taking over Van Loc Vietnamese Submarines in Chinatown, co-owners Wilson Wong and William Chen got an idea. "Why not organize a block party in front of the shop?" they thought.

This idea, which became a reality on June 8th and 9th, demonstrates what two remarkable young people can do with sufficient vision and chutzpah - and lots of door knocking.

They didn't produce just any block party, but rather a large, safe, inclusive, and vibrant one with 14 sponsors (some major ones such as ReMax, Servus, Qualico, and the Edmonton Community Foundation), 16 vendors, 19 performers, and six food trucks. As well, there were 27 volunteers who had been thoroughly briefed about safety and assisting visitors who might be unfamiliar with the inner city. The volunteers were enthusiastic. "I do it to meet people," one said.

The closed-off space on 98th Street fea-



HDC NAIT (Hip Hop Dance Club at NAIT) performing on June 9th at the Van bLoc Party. Paula E. Kirman

ured a large stage with full audio and video capability, a beer tent, and ambulance access. Wong and Chen worked with the neighbours. They arranged to rent the Ukrainian Federation Hall across the street for performers and volunteers to prepare and rest, and to have

parking space in the Italian Bakery lot.

A wide range of excellent artistic performances included dragon dancing (which makes this reporter cry every time), kung-fu demonstrations, hip-hop dancers, and DJs.

This all came together because Wong and Chen had devoted five months of their busy lives to making it happen. "Everyone deserves a Chinatown," says Wong. They used social media to publicize, and benefited from word-of-mouth communication among businesses, performers, volunteers, and others. And as far as any problems went, their debriefing document (of course, they have debriefing) notes that "zero incidents occurred."

Heartbreakingly, Mother Nature interfered in a major way. The weather was the coldest in the history of Edmonton for that date. As well, there might have been a larger crowd if there hadn't been a Stanley Cup finals game in town that weekend.

Do major challenges defeat these intrepid young entrepreneurs? Not at all. The date for next year's bLoc party is already set.

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

## The Latest Scoop in Chinatown



Little BonBon Ice Cream opened in July in the historic Hull Block at 9660 106th Avenue. Owned by the same folks who own Yelo'd on Whyte Avenue, Little BonBon features a unique assortment of ice cream flavours including Grandpa Wong, a mix of chocolate ice cream and brownies, named after the grandfather of one of the owners. That scoop is pictured here after being turned into a "bonbon" by being rolled in strawberry cookie crumbs. The shop also features a variety of coffee drinks and other beverages. Paula E. Kirman

## More Trees for McCauley




Local gardening group Cultivate McCauley has successfully applied for a City of Edmonton Revitalization grant to propagate and plant trees throughout the neighbourhood.

Trees increase beauty, shade, food, and property value while decreasing pollution, heat, flooding, and crime. Visit CultivateMcCauley.ca to get involved, attend a workshop, or request a tree. Pictured here is a Holowach Horsechestnut (*Aesculus hippocastanum*) grown in a McCauley backyard. Dustin Bajer



# Miyo Pimatsowin "My Good Life" Mental Health Support Project

## Women's Circle




This 12 week program runs every Monday. Sept. 9<sup>th</sup> - Nov. 18<sup>th</sup>. By registering, you understand you will be expected to attend all sessions.

Sharing Circle  
Full Moon Ceremony  
Land Based Teachings  
Equine Horse Therapy  
Wellbriety Support Group

**Time: 7:00 to 9:00 pm**

"My Good Life encourages individuals to find a balance between physical, mental, emotional, social, intellectual, and spiritual well-being."


Funded by  United Way

Registration 15 people max

To register please email: [admin@creatinghopesociety.ca](mailto:admin@creatinghopesociety.ca)  
Facilitated by Facilitator, Psychologist and Knowledge Keeper

# Miyo Pimatsowin "My Good Life" Mental Health Support Project

## Men's Circle




This 12 week program runs every Monday. Sept. 9<sup>th</sup> - Nov. 18<sup>th</sup>. By registering, you understand you will be expected to attend all sessions.

Sharing Circle  
Wellbriety Support Group  
Land Based Teachings  
Equine Horse Therapy

**Time: 7:00 to 9:00 pm**

"My Good Life encourages individuals to find a balance between physical, mental, emotional, social, intellectual, and spiritual well-being."

Funded by  United Way

Registration 15 people max

To register please email: [admin@creatinghopesociety.ca](mailto:admin@creatinghopesociety.ca)  
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EDMONTON INTERCULTURAL CENTRE

# Preserving Filipino Heritage

*Celebrating language and culture in Edmonton.*

The Edmonton Intercultural Centre (EIC) is a community full of love, caring, and support. In this and future articles, we will inform readers of the non-profit organizations operating in the EIC facility in order to bring light to their many good deeds.

The Filipino Language and Culture School of Edmonton was established in 1983 under the leadership and sponsorship of the Filipino-Canadian Saranay Association of Alberta. The school is proudly affiliated with the International and Heritage Language Association (IHLA), located in the Edmonton Intercultural Centre. The school gained accreditation from Alberta Education for Grade 4 to Grade 12 in 2016.

In addition to core language courses, the Filipino Language and Culture School of Edmonton plays a crucial role in nurturing Filipino heritage through a comprehensive curriculum offered from kindergarten to Grade 12 on Sundays, with adult classes held weeknights at the Edmonton Intercultural Centre.

Moreover, the school enriches its offerings with opportunities in Rondalla (string orchestra), traditional and contemporary dances, and choral singing. These activities are pivotal in preserving and promoting Filipino cultural identity among diverse age groups, from preschoolers to young adults and the broader adult senior population.

## Upcoming Events with Filipino Language and Culture School of Edmonton & IHLA

### Edmonton Heritage Festival

Saturday, August 3  
 Sunday, August 4  
 Monday, August 5  
 Information and hours: [www.heritagefest.ca](http://www.heritagefest.ca)  
 Edmonton Exhibition Lands and Borden Park

### San Juan Festival

Thursday, August 15  
 Time TBA  
 San Juan, La Union, Philippines

### Edmonton Filipino Fiesta

Saturday, September 14  
 10:00 a.m. - 6:00 p.m.  
 Borden Park (7507 Borden Park Road NW)

All enthusiasts of Filipino heritage and culture are invited to attend these enriching events. Whether you're interested in language classes, performing arts, or simply wish to connect with the community, there's something for everyone at the Filipino Language and Culture School of Edmonton.

For more information, you can email [filcan.saranay@gmail.com](mailto:filcan.saranay@gmail.com) and visit: [filcansaranayassociation.com](http://filcansaranayassociation.com).

*Information provided by the Edmonton Intercultural Centre, which is located at 9538 107th Avenue.*

MCCAULEY COMMUNITY LEAGUE UPDATE

# Welcoming New and Returning Board Members

## CORINE DEMAS

The McCauley Community League wishes to thank all the volunteers who have tirelessly volunteered not only for the board, but also at events that we have held.

We held our AGM on June 23rd, 2024. We had the AGM at the Hull Block building in Chinatown because we want to build bridges between Little Italy and Chinatown North, which are both part of McCauley. We had food catered by the Italian Bakery and Kim Fat Market. I gave the address about our past and future events.

Kat Luu from the Edmonton Chinatown BIA and the Chinatown Transformation Collaborative Society joined the board as an associate member. We are pleased to have her joining us and networking with folks from Chinatown North.

Members of the board who are

-serving their second term are me, Corine Demas (President); John Gee (Treasurer); Christa Ferland (Events Coordinator); Ruth Sorochan (who is in charge of communications and co-chair of the building committee); Regan Gee (who returned to the board as our Memberships Director); and Imai Welch (Contracts Supervisor). New to the board is Allan Suarez, who joined us midway through the year and has been serving as the Vice President. We also had two more new people sign up for the board this year: Jo Neville and Eugene Thomas Joseph. Returning to the board is David Williamson.

If you don't have a membership to the McCauley Community League, it's easy to get a free membership online. You'll find a link to sign up for membership at [www.mccauleycl.com](http://www.mccauleycl.com).

*Corine Demas is the President of the McCauley Community League.*

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# Community Classifieds

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## CHURCH AND AGENCY SERVICES

### ANSGAR DANISH LUTHERAN CHURCH

9554 - 108A Avenue  
Pastor Lasse Hultberg  
Sunday Service in English: 10:30 a.m.  
Join us for worship and fellowship. Pastoral services available on request.  
Tel: 780-422-8777

### BISSELL CENTRE

780-423-2285 x 111 (General Inquiries)  
**Community Space:** Closed to support operations at the Edmonton Convention Centre.  
**Bissell Centre Early Childhood Development Program**  
9331-105 Avenue Edmonton Alberta T5H 4E4  
780-429-4126  
Operating Hours: Monday to Friday full-time care 7:00 a.m. – 6:00 p.m.  
Lunch provided by parents; centre provides a.m. and p.m. snacks  
FREE Drop-in/respite spaces available Monday to Friday from 8:00 a.m. – 5:00 p.m.  
Spaces are limited, please call ahead to reserve a space for your child.

### RADIUS COMMUNITY HEALTH AND HEALING (Formerly Boyle McCauley Health Centre)

10628 – 96 Street  
Monday - Thursday 8:00 a.m. to 8:00 p.m.  
Friday 8:00 a.m. to 4:00 p.m.  
Saturday 9:00 a.m. to 12:30 p.m.  
Dental: Monday - Friday 9:00 a.m. to 4:30 p.m.  
Streetworks during clinic hours.

### INNER CITY PASTORAL MINISTRY

10527-96 St. NW  
(780) 424-7652  
Pastor: Quinn Strikwerda  
Pastoral Assistant: Jim Gurnett  
Sunday Service: 9:15 a.m.  
Take-away snack bags Sunday at 10 a.m.  
Visits and other pastoral services on request.  
Contact us for information about conversation groups, Bible study, and individual support at info@icpm Edmonton.ca or (780) 424-7652

### THE ROCK OUTREACH

11004 – 96 Street NW  
Phone (780) 426-1122  
Breakfasts: Tuesday to Thursday 7-9 a.m.  
Kids Club: Fourth Monday of the Month

### THE SALVATION ARMY

**Edmonton Centre of Hope**  
12520 140 Avenue  
(780) 244-2962  
Transitional Housing, Addictions Recovery, Stabilization, and Supported Housing.  
**Transitional Housing for Downtown**  
9304 103A Avenue  
(780) 428-4405  
For more information: www.salvationarmyedmonton.org

### THE MUSTARD SEED

10635 – 96 Street  
(780) 426-5600  
The Mustard Seed Church Food Bank Depot is open Tuesday and Thursday, 1:00 p.m. to 2:30 p.m. The drop-in is permanently closed. For more information, call The Mustard Seed at (780) 426-5600 or visit: www.theseed.ca

### HOPE MISSION

9908 106 Avenue  
(780) 422-2018  
**HOPE MISSION MEALS:**  
Monday - Friday  
Breakfast 7:30 - 8:15 a.m.  
Lunch 12:00 - 12:45 p.m.  
Supper 5:00 - 5:45 p.m.  
Weekends & Holidays  
Brunch 10:45 am - 11:30 a.m.  
Supper 4:15 - 5:00 p.m.

### HOPE MISSION SHELTER:

Men, Women, Youth  
Doors open 8:30 p.m. - 12:00 p.m.

### HOPE MISSION COMMUNITY CHURCH:

Sunday: 2:00 p.m. Hope Mission Centre - 9908 106 Avenue  
7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

### HOPE MISSION HEALTH CLINIC:

Hope Mission Health Centre  
Family Doctor Monday to Friday  
Walk-in: 9:00-3:00 p.m.  
Psychiatrist Monday to Friday  
by Appointment only - call 780-422-2018 Ext. 278

### NICOTINE ANONYMOUS

RICK (780) 474-5593  
GWYNN (780) 443-3020  
Support for smokers who are trying to quit.  
Call Nicotine Anonymous.

### SACRED HEART CHURCH OF THE FIRST PEOPLES

Address: 10821-96 Street NW, Edmonton, Alberta, T5H 2J8, and Tel: (780) 422-3052.

### Daily Mass:

Monday to Thursday and Saturday: 9 a.m. at Sacred Heart Church of the First Peoples.  
Friday evening at 7 p.m. Holy Mass and Adoration

### Sunday Masses:

Sunday: 10 a.m., 11:30 a.m., and 7:00 p.m. at Sacred Heart Church of the First Peoples. All are welcome.  
For more information, please view our weekly bulletin, our webpage, and our Sacred Heart Facebook.

### THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing, and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness.  
For more information: <https://tlcla.org/get-involved-3/>  
Call: 780-429-0675

### NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

### NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited to join after-school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

### P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

### BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

### BOYLE STREET PLAZA/YMCA FAMILY RESOURCE CENTRE WEEKLY COLLECTIVE KITCHEN CLASSES

Tues. 1-3 p.m.  
Wed. 10 a.m.-noon  
Thurs. 10 a.m.-noon  
Fri.: 10 a.m.-noon  
Cost \$4/portion  
U/G Parking \$1/hr up to a maximum of four hours - access on 104 Avenue between 95 Street and 96 Street  
For information and registration call 780-426-9265

### CHILD AND YOUTH PROGRAMS

YMCA Boyle Street Plaza offers Sportball every Saturday! Visit [bit.ly/sportballymca](http://bit.ly/sportballymca) for more information and to register.

### DROP-IN GYM

YMCA Boyle Street Plaza  
9538-103A Avenue  
Drop-In Fee: \$6

### Badminton (ages 16+):

Sundays: 1:30-4:30 p.m.  
Fridays: 8:15-11:15 p.m.  
Saturdays: 1-4 p.m.

### Pickleball (ages 16+):

Sundays: 11 a.m.-1 p.m.  
Wednesdays: 1-3 p.m.  
Fridays: 5-8 p.m.

### Basketball (ages 16+):

Wednesdays 4-6 p.m.  
For information call: 780-426-9265

### YOUTH TRANSITIONS PROGRAM REC NIGHT

Ages 13-19  
YMCA Boyle Street Plaza  
9538-103A Avenue  
Thursdays 3:30-6 p.m.  
For information call: 780-426-9265

## COMMUNITY EVENTS AND ACTIVITIES

### FREE GUITAR LESSONS

Tuesdays at 8 p.m. with Steven Johnson. Location: Boys and Girls Club (9425 109A Avenue). Bring your own guitar. Sponsored by the McCauley Community League.

### DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND!! (780) 566-2871 NINJATEC DETAILING - Make sure you check out my Facebook page!

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## BOYLE STREET AND MCCAULEY RESIDENTS GET FREE CLASSIFIED ADS!

Email five lines or less to [editor@bmcnews.org](mailto:editor@bmcnews.org)



### WECAN

#### Food Co-operative

Purchase inexpensive meat and produce for pickup once per month at McCauley Apartments (9541-108A Ave.). Visit [wecanfood.com](http://wecanfood.com) or call the e4c McCauley Office at 780-903-9661 if you are not able to use the website to order for any reason.

Please visit our Facebook page @e4cwellness for information on FREE sessions and groups, open to all.

Contact Kathryn or Mike at the e4c McCauley office at 780-424-2870,

or email:  
[krambow@e4calberta.org](mailto:krambow@e4calberta.org)  
or  
[msiek@e4calberta.org](mailto:msiek@e4calberta.org)



## Edmonton Homeless Memorial Commemorates Record Numbers



The 2024 Edmonton Homeless Memorial on June 6th commemorated 421 people who died in 2023 as a direct or indirect result of being unhoused. This number is a significant increase from past years, the previous highest being 222 deaths in 2021. The service included songs, speeches, laying flowers at the Homelessness Memorial, and releasing butterflies. The event was organized by the Edmonton Coalition on Housing and Homelessness (ECOHH). *Paula E. Kirman*

## Edmonton Dragon Festival Parades Through Chinatown



The Edmonton Chinatown Dragon Festival Parade makes its way down 97th Street on June 8th. The parade was the first event for the Edmonton Chinatown Dragon Festival, organized by the Chinatown Transformation Collaborative Society. *Leif Gregersen*

## UPDATE FROM CITY COUNCIL Summer Updates and Connections

**ANNE STEVENSON**

I can't believe we are more than halfway through 2024! I hope you're all enjoying summer in our city. There is so much to do and so many places to enjoy. As you make your way through Edmonton during this hot weather, don't forget that there are 27 water bottle filling stations throughout the city, with several in your area. Please make use of them when out and about to stay cool.

### Residential Parking Programs

Earlier this year, the Urban Planning Committee supported changes to the Residential Parking Permit program. As this started to roll out, my office heard from many of you with concerns about the changes. I learned a lot about the nuances in each community when it comes to parking and that the current proposals weren't doing enough to match them. As a result, I made a motion to put a pause on this work and asked staff to come back with suggested amendments to the program to better meet local needs.

I'm sorry for the stress the initial announcement caused and I'm grateful to everyone who took the time to write in with their thoughts. For now, the current parking program will stay as is. I'm confident that the refined program will be much better, thanks to your input!

### Good News on Transit

Transit safety has been top of mind for many over the past few years. I've been seeing improvements lately and the numbers we saw at a recent Council meeting confirmed we're headed in the right direction. There's been an 18% drop in crime severity on transit and perception of safety is up from 58% to 64%. There is much more work to do but I'm glad that our collective efforts are having a positive impact. If you see ways to improve transit further or concerns you want to share, please don't hesitate to let me know.

### Connecting With Neighbours

I'm always excited to come out and meet residents in O-day'min. If you have a group of neighbours, or a condo board or residents' association, and would like to meet, please let me know! I would love to come out and meet you. Reach out to my contact below and we can find a time to connect.

### Thank You

Thank you for reading and being an engaged member of these communities. Please continue to reach out to my office anytime. As well, whether by phone or online, 311 is also available to assist.

**Email:** [anne.stevenson@edmonton.ca](mailto:anne.stevenson@edmonton.ca)  
**Phone:** 780-496-8333



# Inner City Kids Safe Halloween Party Turns 30

A celebration is planned for October 31st at the McCauley Rink.

## KATHRYN RAMBOW

For 30 years, Shelley Hollingsworth has hosted and coordinated the Inner City Kids Safe Halloween Party in McCauley. First held at The Mustard Seed in 1994, the celebration has happened at different locations in collaboration with various community organizations including Bissell Centre, Sacred Heart School, the Boys and Girls Club, e4c, and most recently with the McCauley Community League at the McCauley Rink.

Shelley has been the beating heart of the event from the beginning and has never missed a year. Even though Shelley recently moved out of the neighbourhood, she remains a committed and consistent volunteer and contributor to McCauley life.

The Inner City Kids Safe Halloween party is designed as an alternative to door-to-door trick-or-treating for kids in the neighbourhood. There are many activity stations and games, a free meal and treats, free costumes, and lots of other fun.

Shelley is planning a big anniversary

celebration for this year, which will be happening at the McCauley Rink from 5 to 7 p.m. She relies on donations and volunteers for the celebration. She eagerly welcomes new volunteers or donors. Shelley is asking for donations of Halloween candy, toys to be given as costume prizes, and food such as hot dogs, water bottles, bags of chips, and hot chocolate mix. Volunteers are needed to help run the games and distribute food and candy.

Many local families will remember attending the Halloween party. Now parents who used to attend as children bring their kids! In fact, Shelley is also looking for pictures that anyone might have of the previous Halloween parties.

If you are interested in helping out as a volunteer or donor, you can contact this newspaper to be put in touch with Shelley. Contact information is on page three.

Congratulations Shelley on 30 years of fun, community, generosity, and for putting the kids of McCauley first!

*Kathryn Rambow is the Manager of Community Development at e4c.*



Shelley Hollingsworth at the Inner City Kids Safe Halloween Party. in 2022 Paula E. Kirman



**Janis Irwin, MLA**  
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