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Boyle McCauley News

CIRCULATION 6000 • BMCNEWS.ORG

DECEMBER 2017 & JANUARY 2018

FREE

V O I C E O F T H E C O M M U N I T Y S I N C E 1 9 7 9

Building in McCauley to Improve the Neighbourhood

PHIL O'HARA

What could we build in McCauley that would improve our neighbourhood?

City Council has given three parcels of land in McCauley to the newly-formed Community Development Corporation (CDC). The three sites are part of the seven City-owned sites worth about \$10 million that Council transferred to the CDC in September.

On December 12 at 6:30 p.m., McCauley residents will have a chance to talk about what could be built on these sites to improve our neighbourhood. A family-friendly seasonal celebration will follow the community conversation about the CDC sites.

The McCauley Community League is organizing the event in the lunchroom in the Intercultural Centre (former McCauley School), 9538 107 Avenue.

A CDC is a non-profit company that creates and expands economic opportunities that improve social conditions for people living in poverty. It combats poverty through commercial or mixed use development, community revitalization, and attracting more customers, businesses, and wealth to depressed areas.

Long-time McCauley residents Bob McKeeon, Anna Bubel, and Martin Garber-Conrad have literally been fighting for the creation of a CDC for decades. There are over 5,000 CDCs in the U.S. and dozens in Canada. The December 12 meeting will be the first step in a long process of residents exploring with the CDC how its resources can be leveraged to help renew McCauley.

Also in September, Boyle Street Community Services released a four page summary of its ambitious "Community Centre at Boyle Street" plan. The plan is to co-locate inner city social services and new supportive housing for 100 people in a repurposed Remand Centre. The \$94 million price tag for the Centre includes the addition of 75,000 square feet in new construction.

>continued on page seven

Garry Spotowski Volunteer Appreciation Award Established



Boyle McCauley News Editor Paula Kirman (left) and Volunteer Coordinator Colleen Chapman (far right) with Rosalie Gelderman (centre left) and Kate Quinn. Supplied

Kate Quinn and Rosalie Gelderman receive inaugural award.

COLLEEN CHAPMAN • BMC News Staff
Kate Quinn and Rosalie Gelderman are beloved volunteers in the McCauley community. Both women have worked tirelessly over the past years (nearly 40!) to be positive forces and help improve living conditions for themselves and others. Kate and Rosalie have both been continuous volunteers for Boyle McCauley News by sitting on the board, putting the paper together, typesetting, proofreading, writing articles, and delivering the papers. Rosalie is also the paper's bookkeeper.

Both women have also dedicated

years of service on the McCauley Community League Board. Indeed, that is where they first met. Along with working to ensure the continuity of the newspaper for our neighbourhood, they also studied the issue of sex trade workers in McCauley and lobbied City Hall. Their work led to the development of the John School which taught "johns" that their exploitation of women was not a victimless crime, and the Centre to End All Sexual Exploitation, for which Kate continues to serve as Executive Director.

The Garry Spotowski Award was initiated this year after Garry's sudden

and premature death this past summer. He was a much-loved member of the McCauley community, and a former editor of this paper. There are many people to thank for the success of Boyle McCauley News, but Rosalie and Kate are excellent choices for the inaugural award.

Award recipients receive a gift card from a local business and we are developing a section of our website to recognize the winners.

It is truly impossible to list in this space the accomplishments of both of these people. Thank you Rosalie and Kate, for your dedication to our home.

Inside THIS MONTH:

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TISSUED TEARS, RIVERS OF SORROW

“The MMIWG Inquiry is releasing rivers of personal sorrow and community anger across Canada. These rivers-in-flood are calls to action for all Canadians, the three orders of government, law enforcement, the criminal justice system, social services, and others.”

■ PAGE 7

NEW MANAGER OF COMMUNITY DEVELOPMENT AT E4C

“The energy and connectedness of this vibrant neighbourhood have been tangible to me, and have positively affected my family's life.”

■ PAGE 7

Holding On To The Holidays



PAULA E. KIRMAN • BMC News Staff

McCauley Musings

The winter holidays come around every year in their seasonal sequence. For some people, they are full of fun, food, and family. For others, this isn't exactly the most wonderful time of the year.

For better or for worse, the holidays hold memories for us all. For me, it's about lighting the menorah, eating homemade potato pancakes, and enjoying the Christmas lights of Candy Cane Lane, even though I don't celebrate that holiday.

At the same time, not all of my holiday memories are positive. I spent much of last winter visiting ill family and friends in the hos-

pital. When I was in university, a friend passed away over the holidays. Although I did not find out until classes resumed, for many years I could not enjoy New Year's Eve.

At the same time, I could probably say the same thing about my memories from any time of the year. There are good things that I remember and not so good things that I wish I could forget. What separates the holidays is that there always seems to be this unspoken expectation that we're all supposed to act jolly and bright, no matter what. That's a lot of pressure.

So, I made a decision to view the holidays as really not that much different than other other time of the year. The holidays are special, but so is the blooming of the first flowers in the spring or the fun of the summer festivals. Every time and situation has its pluses and minuses. The trick is to choose to hold on to happiness.

PAULA E. KIRMAN • BMC News Staff

Editor's Notes

It's the December/January issue, which means it is our annual "Holidays" edition. Some of our articles focus on how our contributors celebrate the winter holidays, or spend the winter in general. We also have lots of community news and event coverage, thanks to our intrepid reporters and photographers.

When you read the next issue of *Boyle McCauley News*, it will be 2018, just one year away from our 40th anniversary in 2019. We are in the beginning stages of plan-

ning a gala event to mark this milestone, as well as help raise funds to keep the paper financially viable. More details on that, as soon as they are available!

Speaking of fundraising, we're also brainstorming new and creative ways of raising money, in addition to our advertising and casino. We welcome your ideas. Please send them to editor@bmcnews.org. That is also the email address to contact me to find out about volunteer opportunities with the paper, like writing, photographing, and delivering.

Have a happy and safe holiday season!

Our Next Issue. . .

Our February 2018 theme is "Sights and Sounds." What do you like to look at in the area (local public art and murals? Community gardens?)? What sounds move you? Music from local festivals? Nearby venues? Deadline: January 12, 2018. Send submissions to: editor@bmcnews.org. Articles should be 500 words or less and accompanied by photographs when possible.

Letters to the Editor

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to editor@bmcnews.org. Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters is the same as other content: the 12th of the month.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in *Boyle McCauley News* are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

Boyle Street and McCauley Crime and Safety Numbers

Report "john" activity & license plate numbers • (780) 421-2656

Report Problem Properties & Derelict Houses • (780) 496-6031

Report Gang Activity • (780) 414-4567

EPS General Crime/Complaints • (780) 423-4567

EPS website • edmontonpolice.ca
- click on Crime Prevention

Crisis Diversion Team • Call 211 and press 3

Crime Stoppers • 1-800-222-8477
1-800-222-TIPS

Upcoming Rink Events

DAN GLUGOSH

Around the Rink

The McCauley community rink opened on November 9 thanks to the early cold weather. I don't remember opening this early in the past 15 years I have been involved. This was a first and we were very excited to open so early. The first day open we were packed with people enjoying the outdoor rink, and it continues to be busy with kids, families, and adults laughing and having fun. I know from talking with my friends that most of them have been discouraged with the cold weather, but when I go down to the rink there is a bunch of kids and adults who can't wait to get a pair of skates on and hit the ice. I can't think of anything better for a community than people of all ages having fun together.

The rink is open seven days a week, and everyone is invited to use it. We are always fully staffed with two rink attendants at all times. There is also a rink manager. Staff is there to help you find a pair skates to use and a helmet if needed. They are also there to deal with any incidents, but there are times when things happen that they may not see or cannot prevent. That said, if there are any incidents staff will deal with those involved in a professional manner and the incident will be dealt with appropriately. Staff have the authority to tell anyone to leave the property, and, if the incident is severe, that person or people could be barred from the premises. The rink is there for everyone to use, and it is place that is to be safe and fun. We also ask that you treat the staff with the same respect and kindness that you'd expect from them.

A couple of big events are coming up. The first is the ninth annual McCauley Cup hockey game of the Downtown Division beat cops against the kids. Kids who want to participate in the game don't have to live in McCauley. The game will be held on December 28 at 1 p.m. There will be food, gift bags and medals for all the kids, and I hear there could be a special guest from the Edmonton Oilers. If you don't play in the game we encourage you to still come out and cheer on the participants of the game, support the community, and the Edmonton Police Service. There will also be Food Bank boxes for anyone who would like to bring a non-perishable food item.

The second event is the third annual New Year's Eve Skating Party. This will be from 6-10 p.m. There will be hot dogs, hot chocolate, and a bonfire. Come out and watch the early fireworks that the City of Edmonton sets off. It is an excellent spot to see them.

The last one is the Learn to Skate program that is run by the City of Edmonton. I know a lot of people really like this program and it is open to everyone of all ages. The program starts on January 17, 2018 and will be every Wednesday from 4-7 p.m. for six consecutive weeks.

If you have never been to the rink and want to come by for a skate, please stop by and say hello to the staff. Hot chocolate is always on and don't worry if you don't have skates or a helmet. Thanks to Sports Central, we have a great selection for you to use and it's all free. Please like us on Facebook for all updates on events and if we close due to weather (-25 celcius we close): www.facebook.com/mccauleycommunityleague.

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Rink Hours for 2017/2018

Located at 96 Street and 107A Avenue. Helmets & skates are available to use free of charge, thanks to Sports Central. Staff supervision provided by the KIDS organization (with thanks).

Weekday Hours: Monday - Friday 4 p.m. - 8:30 p.m.
Monday/Tuesday/Wednesday/Thursday/Friday: 4 - 7:00 p.m. Family & Public skate. 7:00 - 8:30 p.m. Open Ice Shiny hockey (all ages).

Weekend Hours: Saturday & Sunday: 2 p.m. - 8 p.m.
Saturday/Sunday: 2 - 6 p.m. Family & Public skate.
6 - 8 p.m. Open Ice shiny hockey (all ages).

Special Programming: Learn to skate! Free drop-in for all ages! Run by the City of Edmonton. Starts on January 17, 2018. Every Wednesday 4-6 p.m. for six consecutive weeks.

Special Events: McCauley Cup (hockey game with EPS): Thursday December 28. Starts at 1 p.m. Everyone is invited.
Third Annual MCL New Year's Eve Family Skating Party: December 31, 6 p.m. - 10 p.m. Hot dogs, marshmallows, and hot chocolate.
Family Day Skating Party: Monday, February 19, 12 p.m. - 5 p.m. Hot dogs, sleigh rides, and lots of fun!

Note: The rink will be closed on Dec. 24, 25, & January 1. The rink will close if the temperature drops below -25 with a wind-chill or for snowstorms. (Check the MCL's Facebook page for closures.)

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Class 2: Indigenous Ways of Knowing & Being
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ECALA



“The Rack” a Success

Clothing swap at Studio 96 was a fashion frenzy.

NAOMI PAHL

Abundant Community McCauley

I went to my first clothes swap when I was 12. Everyone from the community brought their bags of clothes to the league hall and dumped them out on the appropriate labeled table. I remember there weren't a lot of clothes my size, but the event was buzzing with excitement while all the ladies shopped in each others "closets."

Over the years, I have attended and hosted numerous swaps on a smaller scale and have always enjoyed the camaraderie that comes along with enjoying a free fashion party with friends. When I was introduced to Diana, the Event Coordinator for Studio 96, it was with the idea that we would co-host a free women's clothing swap out of the Studio. Diana, a long time fashion lover, had the idea of putting together a city wide swap with a "boutique feel" and calling it The Rack. I was on board immediately.

We put our heads together and decided that our overarching vision was to use this free clothing event to connect and empower women. We also want-

ed to focus on offering Edmonton a viable alternative to the fast fashion industry, which has a terrible record for human rights violations and environmental destruction.

Over the course of a month and a half, we collected clothes from around 150 women from all over the city. Every week for five weeks, in the basement of Studio 96, we assembled a team of volunteers and assessed and sorted the clothes. This idea really caught fire on Facebook and before we knew it we had close to 2000 people interested in learning more about the event and 300 people registered to attend.

The three days before the event, Diana and I, along with a team of incredibly devoted volunteers, worked day and night to prepare Studio 96 for the impending fashion frenzy.

The doors opened at 10 a.m. on November 4 and the rush was on! The cost of brunch and the cover charge were generously provided by the McCauley Revitalization initiative. We had over 30 volunteers, 16 artisan and vendor tables, and in total we had over 350 swappers come through the doors!



The Rack event was very busy. Naomi Pahl

From the beginning of the day to end, we felt that everyone left thrilled with their fashion finds! The incredible response to this swap is a clear indication that Edmonton needs an ongoing commitment to connect-

ing women in this way, and we are delighted to offer another swap this coming spring!

To stay up to date on all the details for the spring swap, please like and follow "The Rack at Studio 96" on Facebook!

McCauley Community Mapping

A Conversation with Pedro Rodriguez.

TARO HASHIMOTO

We have been organizing a series of community mapping workshops in McCauley Community over the past year. This community mapping is going to be the source of concept and design for a progressive mural project based in the community. The most current one will be held December 16 at the Intercultural Centre (Library).

Muralist and Community mapping facilitator, Pedro Rodriguez, explains why this process is such a good foundation for a truly representative mural.

"Basically, community mapping and social cartography is something I have been involved for a long time. My life experience gave me more reason to use it, and be more aware how it places our needs and places. The maps which most of us are familiar with are political maps. These maps don't reflect all of the people in the area, and all the demographics. It doesn't necessarily show how we perceive or interact with our space."

"Accessibility is an example of one of these types demographics. Another one is of Indigenous community members being displaced from their communities and of who they truly are. Other

mapping can reflect available services, education, employment, food sources, housing, how we place things within these spaces, and how accessible are these things. These factors are also determinants of how we migrate and how or where live," Pedro explains.

He continues by asking: "Do we have access to public information? Do we know the plans for the land and spaces? Are we included in the decisions? Being a part of rural/urban displacement through my own life experiences, I have developed a strong passion for what community mapping can tell us."

"I am always fascinated to explore spaces. I have travelled for many years to many places. I am taken by what people say, and by the stories of the history of those places. To me, community mapping is a way to empower. At the end you are way more aware of the place and what is possible to do with it."

To explore and find out more, be sure to sign up and join the process on Saturday, December 16 (1 p.m. to 5 p.m.) @ Intercultural Centre (McCauley School Building).

Taro is the Community Development Officer with E4C.

Dandelion Caravans

A McCauley micro-business.



Jeremy and Rita Townsend in front of one of their caravans. Bernard Soberg

BERNARD SOBERG

This caravan trailer pictured was created by Jeremy and Rita Townsend. They have been residents of McCauley for over 18 years. The Townsends are a family of seven.

Their company name is Dandelion Caravans. This particular caravan trailer measures 5 x 8 foot, and rests on a new conventional trailer base. It weighs in at approximately 1000 lbs. Its asking price

is \$8,000 or best offer. Caravan trailers can be built to spec. The price will depend on what you want in your caravan trailer.

You can view more pictures of the Townsend's caravan trailers and family at Instagram: dandelioncaravans. You can contact Jeremy & Rita through Instagram (@dandelioncaravans) or danielioncaravans@gmail.com.

Bernard lives in McCauley.

ICRWP Receives Award

Also: Street Prints Artist Collective Takes Part in SNAP Workshop.

REBECCA KAISER & MIKE SIEK

Inner City Recreation & Wellness Program

At the end of October, the Inner City Recreation and Wellness Program team was proud to be awarded the Providing Health Education Award at the annual Alberta Recreation and Parks Association Conference. This award was given by the Communities ChooseWell Program which aims to help provide accessible and inclusive healthy living opportunities in our province.

Women's Wellness, an ICRWP venture, aims to remove barriers and create opportunities for females in our inner city community to engage in physical activity and healthy living. Several new women-focused activities are in the works for the new year, including but not limited to: a women's self-defense course and an all-levels yoga class. The seeds of these programs were planted with the help and support of initiatives like Communities ChooseWell.

Last month, Street Prints Artist Collective had the opportunity to take part in a pair of workshops at the Society of Northern Alberta Print-Artists (SNAP). These workshops were designed to share the skills and methods for relief printing using linoleum blocks to generate an inverse block which can be used to recreate the artwork for multi-



Sherien (front) is very happy with her first ever relief print, and the instructor (rear) shares her joy. Mike Siek

ple printings. Throughout the holiday season, our Street Prints artists will be creating and selling art cards at local events using these techniques. Look for our displays and art cards popping up in local venues and businesses throughout the winter.

The ICRWP takes on some winter based recreation opportunities with the season change. Trips to Elk Island National Park and Sunday Skating at the Downtown Community Arena are among the frosty adventures the program takes participants

on during the winter months. To find out more about what we are up to, visit us on Facebook at facebook.com/recandwellness.

Mike Siek and Rebecca Kaiser are Program Coordinators with ICRWP.

Fr. Jim Holland Named to Alberta Order of Excellence



Fr. Jim Holland received the Alberta Order of Excellence from Lieutenant Governor Lois Mitchell on October 19, the highest honour in the province. Photo courtesy the Alberta Order of Excellence



COME OUT AND SUPPORT OUR COMMUNITY!

Attend the Community Conversation & Family-Friendly Seasonal Celebration
TUESDAY, DECEMBER 12 6:30 – 8 P.M. IN THE LUNCHROOM
Edmonton Intercultural Centre (former McCauley School) 9738 - 107 Avenue

LET'S TALK ABOUT WHAT CAN BE BUILT ON 3 SITES
IN McCAULEY TO IMPROVE OUR NEIGHBOURHOOD

Come out and learn more about the new Community Development Corporation. The City has given 3 pieces of land in McCauley to the CDC to work with the community on projects to improve our neighbourhood. Share your ideas with your neighbours.

Then stick around for a family-friendly seasonal celebration. Licensed child care is available during the meeting.



If you can't attend or want more information please contact McCauley Community League via email at mccauleycommunityleague2012@gmail.com.

Edmonton

Global Leader Visits the Inner City

CECILY MILLS

In 2017, Henry Chicas was recognized as one of the Top 30 Under 30 by the Alberta Council For Global Cooperation (ACGC). For six years now, Alberta NGOs have been invited to nominate young change-makers. This year, a candidate nominated by Sombrilla, a local NGO, was selected and invited to attend the ACGC annual meeting in Calgary (October 23-24) and to give a number of presentations in Edmonton. I was selected to interpret for Henry. I always welcome such requests since I spent over seven years in Guatemala and Nicaragua and have accompanied delegations to El Salvador many times - including two with Edmonton's Salvadoran community. Twice, I was an international election observer. The program and translation into Spanish was done by Delmy Garcia.

Henry was the recipient of a scholarship offered by Sombrilla, an organization that partners with communities in Latin America to empower them to assert their democratic, economic, cultural, and social rights. It's easy to see why scholarships are essential! There is only one public university in El Salvador. All the other universities are private and their prices are way beyond what a scholarship could provide. There are around 40,000 applications each year to this public university but only room for 8000 entrants. You need excellent high school marks and as well excellent marks in the entrance exams. No wonder El Salvador's only public university is considered the best university in the country! The necessity for scholarships is also beyond dispute. Henry calculated that the cost of transport, room, food, and other essentials is about \$220-280 US/month whereas the income of families in Perquín, the rural communi-



Henry Chicas with Delmy Garcia-Hoyt. Sarah Cashmore

ty where he lives, is \$220-280 US per month. All four scholarship recipients of the first graduation are now actively engaged in their community and their skills are invaluable in all the projects undertaken by the community.

On October 26, we had a presentation with Amnesty International at the Carrot Café, followed by a meeting with the Latino community at Alberta Avenue on October 28 (I didn't need to interpret but I welcomed the opportunity to meet my Latino friends). We were welcomed at the Sombrilla AGM at the Tiramisu Cafe on October 29. Then came the serious work - a Spanish class and a Social Studies class at Scona High School, an evening meeting with the UoC Faculty of Social Work, and the International Team at Norquest Community College.

My most moving meeting was at Boyle Street Community Services with a group of practicum students! Why? Because I had finally begun to grasp Henry's kind of leadership and why it works. It's a kind of leadership instilled in him from his childhood. It's based on what they call CEBES - Comunidades Eclesiales de Base El Salvador - what we call Christian Base Communities. Each person is important - even children. It's important to discuss, make decisions, and work together. In each presentation, Henry insisted on the need to instill values. This means inclusion, participation, helping each other, and being present to the other. He usually cited the fact that several people might be sharing the same table for hours but none of them were communicating or present to those

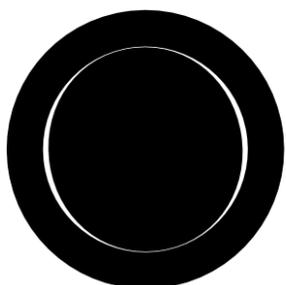
around the table. Look around you the next time you are on a bus or even at the next family meeting!

Henry's presentation focused on inculcating values. Henry participated with the youngest age in CEBES activities and he replicates this in his community today with groups of young children dancing and doing skits where the entire community assists - the youth doing music together, participating in hikes such as the annual one on the anniversary of the massacre of El Mozote. The same with adults, women, seniors. These events are called *convivencias* - living together.

As well, he has created a credit union so that small sums of money for projects are borrowed. Agricultural projects with women provide some extra income. All this is part of creating peace. It's working together, participating, being heard, and valued. It's creating values.

One last comment: during the time of Stephen Harper's government, the government's grants to small organizations such as Sombrilla were cancelled by the stroke of a pen! They have not be restored. The government is now giving huge sums of money for huge projects with little participation of the beneficiaries. Such grants are out of reach of Canadian NGOs run by volunteers. Let the Prime Minister know that you would like these funds to be restored.

Cecily Mills lives in Boyle Street. She is a teacher who retired to do full-time volunteer work in Nicaragua and Guatemala over a seven-year period. Since 2000, she has served as translator for a dozen or more delegations to Central America. For the last 17 years she has volunteered at Change for Children.



DINING
OUT

Namaste India
10023 107 Avenue
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A Welcoming New Restaurant in Chinatown

CHARITY SLOBOD

A new warm place has sprung up in Chinatown. The ambiance, staff, and most of all the food, will heat you to the core! Namaste India (10023 107 Ave) had its grand opening night on November 10 with a red ribbon cutting ceremony. Its doors are now open and its full experience will delight the senses.

If you love East Indian food such as naan bread, channa masala, fish and vegetable pakoras, and

the classic favourite - butter chicken - then you are in luck. You can also get your daily dose of healthy salads, fruits, and vegetables (your parents will be pleased)! You are encouraged to enjoy choice upon choice with the amazingly stocked buffet as the staff practices their restaurant's name, Namaste, which signifies a respectful traditional greeting. You truly feel welcomed and invited to return many times over. Warm food, people, and places have that wonderful type of appeal!



The buffet at Namaste India. Charity Slobod

New Manager of Community Development at E4C



Kathryn Rambow. Supplied

KATHRYN RAMBOW

I'm Kathryn, the new Manager of Community Development with E4C. On November 1, I stepped into David Prodan's shoes, and took over his old position. Now he is my boss!

I have lived on the edge of McCauley for 11 years. My husband, two kids, and I are just half a block north of Norwood School. That's not technically in McCauley, but near enough that we spend a lot of time in the neighbourhood. Our favourite park has always been Giovanni Caboto, not only for its great playground, splash pad, and friendly statue of Mr. Spinelli, but also because of its close proximity to lattes and gelato. McCauley is the first place our kids played soccer, and where my husband graduated from enthusiastic dad to soccer coach. My older son developed his passion for swimming with the "McCauley Minnows" at Commonwealth Pool. And I mustn't forget Boyle Street - my husband and I met and married while working at Bissell Centre, so I always consider 96 Street a romantic walk down memory lane!

The energy and connectedness of this vibrant neighbourhood have

been tangible to me, and have positively affected my family's life. My vision of community is one of strength and connection, a multi-layered intersection of relationships and shared experiences. Community is at its best when people are able to meet each other where they are at, to relish and celebrate common interests, and reach out across differences to wrestle with challenges as they arise. This is something I have witnessed in Boyle Street and McCauley, and it is my privilege to have the opportunity to contribute to the life of this community in my new role.

I am located in McCauley Apartments, and I welcome you to stop in and meet me in person. The coffee is always on, and there is usually more than one friendly face stopping in at any given time. In my short time in my new McCauley Apartments office, I have discovered a lively group of people who really care for each other and their neighbourhood. The welcome I have already experienced has been wonderful, and I am impressed with the personal investment so many of our tenants have in this community, including participation at Sacred Heart Church, delivering flyers, participating in the community league and other local organizations, helping with the McCauley Clean Up, and preparing the ice for the rink. Daily I am made aware of yet another way one of our tenants shares what they have with the people in their neighbourhood. I have a lot to do to keep up with their example, but I am willing to try.

I look forward to meeting many of you as I become more familiar with the community. Thank you for the welcome so far- here's to the start of a beautiful relationship!

Tissued Tears, Rivers of Sorrow

Attending the MMIWG National Inquiry.

KATE QUINN

A paper bag for tissued tears. A sprig of cedar. A small red "tobacco prayer tie." These were offered to all who came to tell the stories of their loved ones to the National Inquiry into Missing and Murdered Indigenous Women and Girls' visit to Edmonton November 6 - 9, 2017. People were also welcome to tell their stories of survival of violence and exploitation. Commissioners, lawyers, and statement-takers listened to 75 stories over the three day period.

I was privileged to be part of support teams for two women whose stories were told in private. I also sat in on a public testimony session.

One mother spoke of the "unnamed offenders who walk among us." They know who they are, but do they know the eternal anguish their actions left behind? So few of the perpetrators have been found and brought to court. This mother hopes to know who killed her daughter 20 years ago and hopes that person is convicted while she is still alive.

The brother of a woman who has been missing for five years was asked for his recommendations. He replied, "What can we do for the girls today so they don't become victims?" The women who are missing or murdered can teach us about what is needed, such as more safe places. Her aunt said a toolkit of resourc-

es could be developed for northern communities. Her grandmother said, "it will be tough until we hear from her. Come back home, we miss you so much."

The paper bags of tears, cedar, and tobacco prayer ties were burned in the sacred fire at the concluding ceremony. These ashes will be carried to each community visited by the Commissioners. Those who gave testimony and their supporters were offered a gift of reciprocity, an important cultural practice. Seeds were given to Métis and First Nations and non-Indigenous supporters like me. I received blue aster seeds which will I will plant in the Memorial Garden behind E4C.

The MMIWG Inquiry is releasing rivers of personal sorrow and community anger across Canada. These rivers-in-flood are calls to action for all Canadians, the three orders of government, law enforcement, the criminal justice system, social services, and others. Institutional hearings will begin in 2018. It is not only individuals who killed the women; it is systems and our colonial legacy that contributed to their deaths.

I encourage readers to read the Interim report on the website: www.mmiwg-ffada.ca.

Kate Quinn is the Executive Director of the Centre to End All Sexual Exploitation (CEASE).

Heart of the City AGM Invitation

CHARITY SLOBOD

The Heart of the City Festival is looking for new board members! Are you ready to bring your insight, creativity, and passion to help plan an amazing music and arts festival for June 2 and 3, 2018 in Giovanni Caboto Park (9425 109A Avenue)? It's been 15 years since this festival began "pumping" in this "pulsating" neighbourhood (we're using lots of "heart" active words). Together, let's make our anniversary beat bright!

Our history, impact, and future are at the core of this year's festival. Come experience its past and present by sharing your ideas,

thoughts, and feedback to make this a landmark event!

Join us at the Parkdale Community Hall (11335 85 Street) for our inclusive Annual General Meeting on January 14, from 2:00-4:00 p.m. to find out how to bring your thoughts forward! With good communities comes good food - there will be pizza, refreshments, and friendly faces!

Contact Charity Slobod at heartcitymusic@gmail.com for more info!

Charity is a board member with Heart of the City.

Building in McCauley to Improve the Neighbourhood

< continued from page one

Recently, the League had separate meetings with the management of Boyle Street and two provincial cabinet ministers about the proposal. Meanwhile, League board members are part of an advisory committee for the four medically supervised injection sites and a City-led initiative to coordi-

nate the delivery of social services and housing in the inner city.

Early in 2018, the League will organize a meeting to share information about these initiatives and hear from McCauley residents.

Phil is President of the McCauley Community League.



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Edmonton Chinatown Multi-Cultural Centre

A welcoming place for diverse visitors.

ANITA JENKINS

The Edmonton Chinatown Multi-Cultural Centre (ECMCC) is one of the many welcoming places in Boyle Street where people can gather to socialize and pursue common interests. This hive of recreational, cultural, and educational activity at 9540 - 102 Avenue serves people of all ages from all over Edmonton. The majority of the participants belong to the Chinese community, but those who use the library and/or take Chinese language classes have diverse ethnic origins. The centre is also a big drawing card for the seniors who live in the nearby Chinese Elders' Mansion.

The list of programs at the centre is long. In addition to the weekend Chinese language school for young people and adults, the centre offers many other learning opportunities such as lectures and seminars, ESL classes for seniors, and computer training using Chinese characters. The artistically inclined can register for arts and crafts, calligraphy, Chinese instrument lessons, social dance, illusion rhythmic gymnastics, and more. Of course, the sports activities such as ping pong (table tennis), Tai Chi, and other martial arts are very popular. The first thing you see when entering the building is a large display case filled with tournament trophies.

ECMCC Chair Raymond Ng says the centre is always asking its many committed volunteers for help. Currently, the focus is on the Lunar New Year Extravaganza to be held at the Mayfield Toyota Ice Palace at West Edmonton Mall on February 3-4, 2018. This annual event featuring entertainment and sales and marketing booths offers much for both Chinese and non-Chinese Edmontonians.

Another current activity, Raymond says, is fundraising to renovate the building. Built in 1985 through the efforts of the Edmonton Chinese Benevolent Association, the centre needs attention. The highest priorities are the roof and electrical systems, but various other structural components could also use some upgrading. It goes without saying that such projects require a great deal of money.

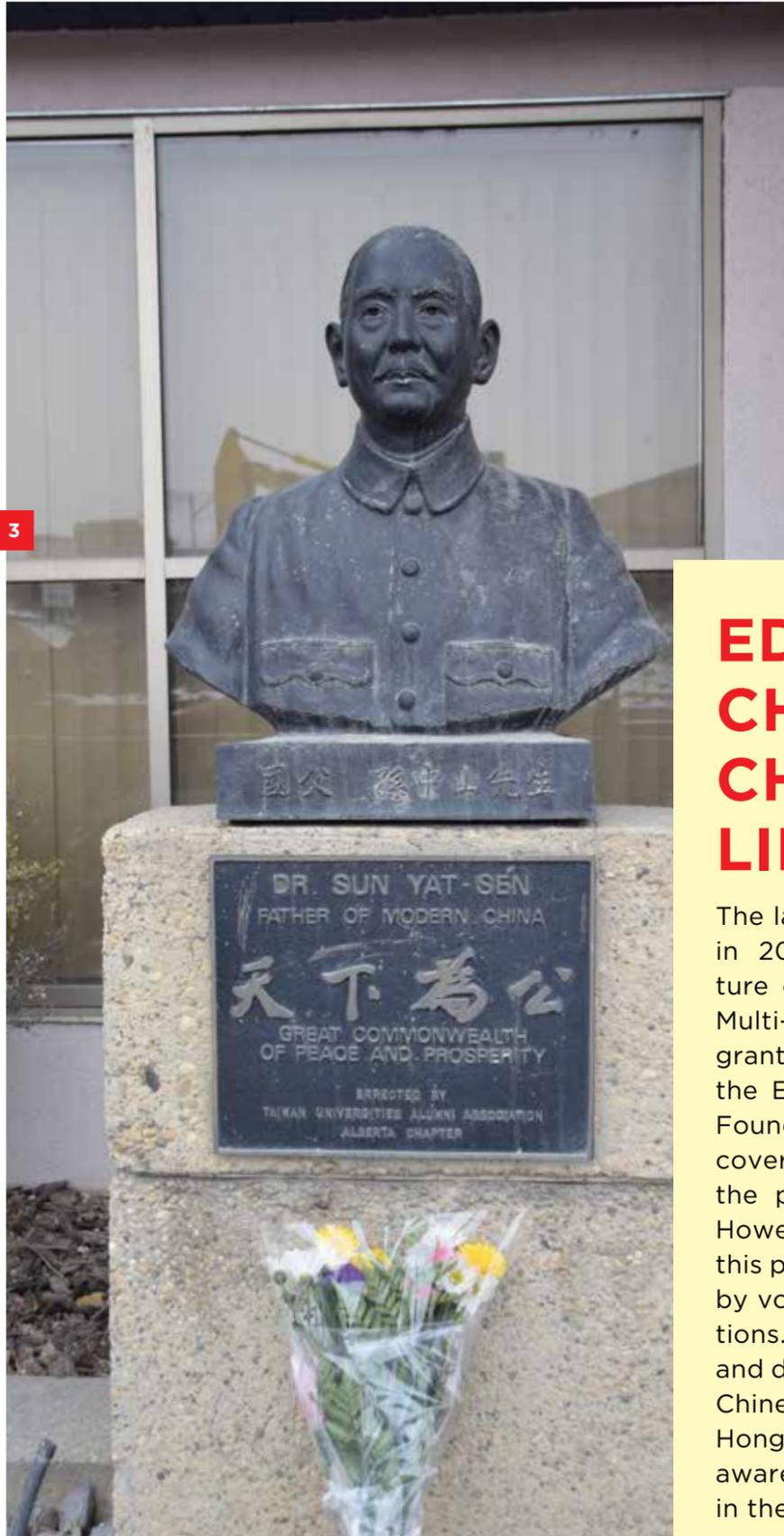
The centre is always well represented each year at the Heritage Day Festival at Hawrelak Park and at K-Days at Northlands.

The ECMCC website states that the Centre's objectives are to preserve, promote, and share all aspects of Chinese culture and heritage with Canadians, and to encourage the enthusiastic participation of Edmontonians and community members. Clearly, this thriving facility is achieving its goals.

Anita Jenkins is a retired writer and editor who moved to Boyle Street four years ago and loves her new community.



1 The Edmonton Chinatown Multi-Cultural Centre and Edmonton Chinatown Chinese Library. **2** Edmonton Chinatown Chinese Library's Manager Lai Chu Li Kong poses with some reading materials. **3** A bust of Dr. Sun Yat-Sen in front of the Edmonton Chinatown Multi-Cultural Centre. He was a founding father and the first president of the Republic of China. **4** There is a grandfather clock and art on the walls inside the Edmonton Chinatown Chinese Library.



**PHOTOS
BY
LEIF
GREGERSEN**

EDMONTON CHINATOWN CHINESE LIBRARY

The large Chinese Library, opened in 2009, is a very special feature of the Edmonton Chinatown Multi-Cultural Centre. Through grants and extensive fundraising, the Edmonton Chinatown Library Foundation runs the library and covers the librarian's salary and the purchase of some materials. However, much of what happens in this place is the result of hard work by volunteers and generous donations. Many of the books, videos, and digital resources are gifts from Chinese-speaking regions such as Hong Kong and Taiwan, to create awareness of the Chinese culture in the community.

Manager Lai Chu Kong, a retired university science researcher, spends many volunteer hours ensuring that the library will grow and continue to operate effectively. Lai Chu is a big believer in the motto posted prominently in the library: "Reading enriches the mind, culture enriches the soul."

Lai Chu is excited about an oral history project the library is conducting with the support of an Edmonton Heritage Council grant. Volunteers are recording the stories of elderly, longtime members of the Edmonton Chinese community, which is now more than 100 years old.



Winter Solstice

A time of reflection.

MANON AUBRY

BoyleBits: A View from Boyle Street

Winter Solstice is a time of magic, but also marks the first day of winter. Some would curse the shortest day of the year. With seven hours and 27 minutes of daylight, we have now hit bottom.

However, the best is yet to come as the days now get longer incrementally towards the longest at June Solstice when the day will be 17 hours and two minutes long. The fact that this is the upswing has encouraged people to endow this time with stories of miracles. Christmas, Hanukkah, Kwanzaa, and Yule, to name the obvious ones, are all centred around the Winter Solstice. The Feast of Juul in Scandinavia, Saturnalia in Ancient Rome, Godi in Poland, Chao-mos in Pakistan, are all marked by a shared theme of gift-giving, forgiveness, and renewal. This is the time when you shake off the burden of past misdeeds, both those done to you and the misdeeds you did to others.

Winter solstice is a time of reflection when, in the old days, people did not have light after sunset and so were forced to entertain thoughts that they might be too busy to ponder during summer days when the workday was long. It was a tradition to spend some of those dark hours thinking about the state of our souls, reviewing the past year, and planning and hoping for the coming year. These reflections helped us think of what we could do better and made a

path for us to set resolutions.

The fact that so many societies have celebrated the Solstice in similar ways tells us that the time could, perhaps, have magical properties. But isn't the order of solar system better than magic? Maybe we can be given a celestial push towards achieving happiness. As Albert Einstein wrote on a napkin, because he didn't have change for a tip to a waiter, "A calm and modest life brings more happiness than the pursuit of success combined with constant restlessness."

So, at the times when we feel gloomy about some perceived bad luck, can we try to imagine how to turn it into a triumph? Can we use these long, dark, and cold days to ponder and dream of better times and imagine what those days will look like? I always think that a person can never get anywhere if they cannot first dream of it. In the past on the darkest days, as I cried about dire situations I was facing, I also used that energy to make promises to myself about what I was going to have that would make me happy. It was like programming my brain and I suddenly wanted to work as much as I needed to to achieve my dream. I maintained a clear picture in my mind and eventually my dream became real through my own efforts.

What are you going to dream about this Solstice? What resolutions will you make?

Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.

Merry, Happy Holidays



IAN YOUNG

Ability and Community

"Merry Everything and A Happy Airways"- Meg Says, U.K. online columnist

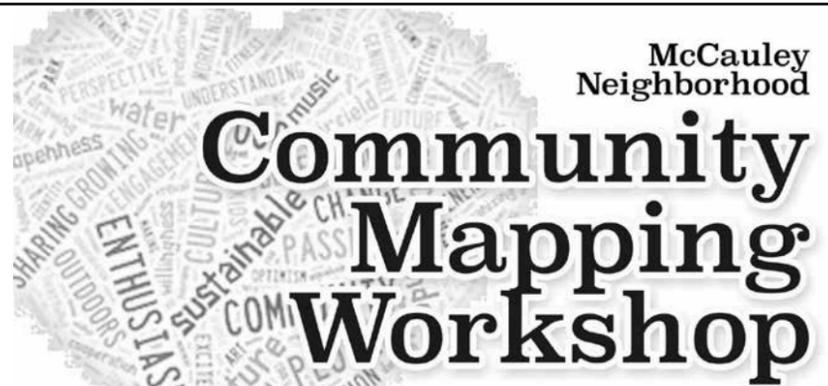
As the holiday season is approaching, we should respect our diverse community and its traditions. Different cultures celebrate and recognize different dates. It is fascinating to observe traditions that differ from yours!

Our community is culturally rich. I often say it's like travelling around the world, without having a passport!

You can see, learn, and appreciate so much. And, of course, there comes the tradition of giving in a holiday season. You don't have to be wealthy to give: a greeting, a smile is free, but it is giving of yourself which is a gift to the ones receiving it.

If you have any items you no longer need or that no longer fit, a donation to one of the agencies is a great way of giving! It is a win-win situation! Many agencies are offering pick-ups. Contact Boyle Street Community Services at (780) 424-4106.

However you choose to spend your season, I am wishing you peace and love!



McCauley Neighborhood

Community Mapping Workshop

Saturday, December 16th

Facilitation with Muralist Pedro Rodriguez

You are McCauley!!!
Writers, Artists, Photographers, Musicians, Leaders, Helpers, Builders, Volunteers, Young, Old, Unique, Shy, Funny, Insightful, Interesting, Accomplished, Loving, Neighbors! Be a part of the landscape!



e4c is proud to present an interactive community mapping initiative which will engage a diversity of folks in McCauley, in sharing their places & perspectives of McCauley. These workshops will ask participants to contribute towards a collaborative mural, to enhance the landscape of the neighborhood. We invite you to be a part of the journey!

Intercultural Centre (McCauley School Building) 9538 107 Ave

Library (Lower level)

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A Content Christmas

KERI BRECKENRIDGE

Keri's Corner

The holidays are again almost upon us. We're deep into Old Man Winter's belly with snow and wind chasing us to warm hearths. The chill of the season keeps most of us house bound and is a good time of year for reflection and integration. I sometimes believe that the holidays were placed in this time of year to encourage these activities. The short days and cool temperatures are good reminders to slow down, both physically and mentally, and take a moment to be conscious of our lives.

Admittedly, the Christmas season can be hectic. There are parties to attend,

baking to do, and cards to send. Who has time to ponder the deeper meaning of the season? I believe previous holiday articles have revealed my derision for the demanding pace of the season. That still holds true. However, it does not mean I hold disdain for all holiday activities. I just like the slow ones that require little physical effort and more sugar-imbibing. If I go slowly enough, I can more consciously hold the joy of visiting with friends, exchanging gifts, and eating sweets.

I just want to move slowly through the season. Summer flew by in the wink of an eye and it seems that I barely remember it. I want to remember this winter and these holidays. I want to re-

member how they smelled and looked and felt. I want to remember the laughter and happiness I shared this season.

It seems that there is always a reason to rush around and do something, because things have to get done or we'll come undone. We, as a society, seem to have integrated the belief of being busy into our lifestyles, dismissing the benefits of being still and relaxed. The essence of the holidays is to relax and be gentle with ourselves and others. Be kind to yourselves this season and take the time to truly enjoy it. It'll be gone before you know it.

Keri lives in Boyle Street at a comfortable pace.



ISABELLE FOORD

Something Funny

When it comes to social media, here's a good rule: don't drink and post.

The Stone Age didn't end because of a shortage of stones. It ended because something better came along. Perhaps the same could be true of the Fossil Fuel Age.

Isabelle is a writer who was a long-time resident of McCauley.

A Season of Magic and Loss

REINHARDT HEINRICHS

Writing for the holidays and coming up to the end of 2017 brings up the memories of the year and its changes. Keri and I lost a very affectionate and spoiled white cat who was very much the "baby" for the seventeen year lifespan he spent with us. We have cat-owning friends whose cats are included in the holiday gift exchange. These friends brought a cheerful boy into the world late January. His smiling face has been a ray of light for the year. The holidays will include celebrating his mother's birthday as he grows up in his cat-loving family.

Memories and the bright lights bring us through a seasonal corner. The twenty-first is the year's shortest day, and by Christmas Day and New Years' Day increments of daylight have begun. This will take us to springtime - bright and green and fresh to our senses. This year had a wonderfully green spring and summer which was loved by a darling white cat who would be heartbroken every winter when the snow and cold would be all over everything just to annoy him.

The Tragically Hip harken back to Christmas Past. Their 1989 album *Up*

To Here was released in late fall and became an immediate hit. I gave a copy to a high school friend that Christmas. At that time I listened to R.E.M. and the Doors, two bands with whom The Hip would be compared. (Another friend would get a hand-copied volume of Jim Morrison's poetry that Christmas.) *Day for Night*, perhaps their darkest album was released late 1994. This coincided with the breakup my first marriage. Happily, by the spring of 1996 when "Ahead by a Century" became a hit, I met Keri.

The Hip's frontman Gord Downie, who

passed away in October, gave us turns of phrase we will take through our lives. Guys of my dad's age would discuss Hank Williams with a similar reverence. Gord and my cat have been mainstays of the life Keri and I have had up to the present day in the Boyle Street neighbourhood in Edmonton. The New Year will have changes and new things and people will come into our lives. We will recall these events over holidays and hope for the best from the upcoming future.

Reinhardt lives in Boyle Street with his wife, Keri Breckenridge.

Extended Family Gatherings

JOANNE MCNEAL

As we get older, our extended families grow ever larger. When I was a child, our parents celebrated the holidays together, at our grandparents' house. There were 25 of us at two tables for holiday dinners. We cousins all have similar childhood memories of those dinners, and of the electric train that only the men could touch. Now, almost two generations later, we are scattered over several countries and rarely see each other. The holidays - or weddings or funerals - are often a time when extended family reconnect.

Recently, one cousin died and many of us gathered in early November to celebrate his life and grieve his passing. There were hundreds of people at the memorial service. Some, like me, had come thousands of miles to be there. Some of us hardly recognized each other, and it took time to catch up. People came up to me

and said, "Are you a cousin? Oh, you're Joanne! Lovely to see you again."

We had a cousin's dinner after the service, and everyone took photos. It was truly wonderful to reconnect with many of these cousins and their progeny, and get a bit caught up with their lives. As I looked at my photos, I was struck by how much we looked similar to each other. Of course, we all had the same grandparents, who had four children. Each of the siblings had three children, who make up the cousin's group of 12 to which I belong. We grew up in the same major city and shared holidays together, but as we went to college or married, we moved away. I am convinced it is important to keep these family connections for the next generations, and the internet can be a great help. Enjoy the holidays as you gather your extended family together again.

Joanne lives in McCauley.



Five of the original 12 cousins, with two daughters (left back) of a cousin who died previously. In the back are Kim and Kevin Spink. In front (from left) are Sue Spink, Joanne, and Kathy Robbins. Sue Spink



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6PM-8PM BASKETBALL DROP-IN*

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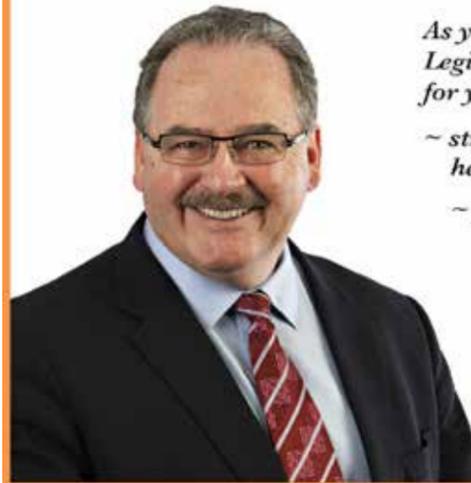
Boyle McCauley News Readers' Survey

We want to get to know what our readers think of their community newspaper. **Respond to our survey and be entered to win a \$100 gift card from The Italian Centre!** All surveys received until December 15, 2017 will be entered to win. You must include your name and contact information to be entered. One survey per person.

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New Community Garden a Team Effort



Stadium Affordable Storage Centre at 8618 106A Avenue led the creation of a new, thriving community garden this past summer. The owners did a door-to-door flyer to all the surrounding apartments and within three days had a dozen names of volunteers. Maintenance person Fred Saint built the raised beds at the office in the dock area. The volunteer team helped get the beds filled with soil and planted. Next season, the company is looking to double the current size, and to add a fence, signage, and a walk system between the plots. Pictured here are the raised beds and a group photo of the volunteers. Fab Colli

A Community Introduction

SHARON PASULA

Hello wonderful people of the Earth. It occurred to me that it would be a good idea to formally introduce myself because I have been a regular contributor to this fine community paper, Boyle McCauley News. I love community papers. I have always read them regardless of where I have lived. I guess that is because I am community-minded. No doubt that is from my Indigenous side, as I am also an introvert, preferring quiet and solace over crowds of noisy people.

An Indigenous way to introduce yourself is to begin by saying where you come from. Historically, that would give a huge amount of information. My roots on my mother's side are from Lac Ste. Anne. Anyone who knows anything about the Lac Ste. Anne area would know it was a former Métis settlement, a small town and close to the pilgrimage grounds. They could guess that I am Nehiyaw/Métis (Cree/Métis). This is correct. My mother was a Michif speaker but did not pass on the language to the children, hoping

to help them avoid discrimination.

They could also guess that my Indigenous blood memory would dictate some of my choices. This also is correct. So, I write articles often with an Indigenous focus because I feel it is important to have a voice from the original peoples. I was raised urban and am learning intuitively and by the spirit, what it is to be one of the people of the land. This is a healing journey for me. Creator has me living in Boyle Street where I also do some of my work, both advocacy (you may have seen me at City Hall at a public hearing about the proposed Tower of Babel overlooking the River Valley) and contractual (I facilitate healing and sharing circles, blanket exercise, etc.).

I encourage you to write at least occasionally for this awesome local newspaper. It does get read and is another way to have your voice "heard."

Sharon lives in Boyle Street. She is Cree/Métis and the Indigenous Cultural and Educational Helper with the Diocese of Edmonton (Anglican Church).



Sharon at the McCauley Community Gathering and Resource Fair on November 5. A face painting artist was on hand and drew this feather from a photo on the Internet. Sharon Pasula

BOYLE STREET COMMUNITY LEAGUE UPDATE

A Quick Holiday Update

ALF WHITE

BSCL Update

Boyle Street Plaza has been very busy, as it has been all year, and I will have more to report in the February issue. In the meantime, if you are a resident of Boyle Street, don't forget to get your free community league membership! On behalf of the Boyle Street Board and Staff, I want to wish all readers a memorable and joyous holiday season, and a prosperous 2018. Blessings to all of you!

Alf is the President of the Boyle Street Community League.

Christmas Traditions

Family, fun, and music make this time of the year special.

ALF WHITE

As the Christmas season approaches, I look ahead with mixed feelings. Our dad passed away shortly before Christmas of 2004, so it has been a time of quiet reflection for my family. We get together for a post-Christmas celebration.

One of the traditions is we toast our dad. Another one is some-

times we all go out and make snow angels. Yes, some boys never grow up, so some years we have had snowball fights. Sometimes we go to Candy Cane Lane. I always marvel at the displays and we bring donations for the Food Bank.

I sang in the Singing Christmas Tree for about 14 years. I enjoy singing. If you have time, you can

join me at Jasper Avenue Inn and Suites (formerly the Hub Hotel) at 9692 Jasper Avenue on Sunday, Wednesday, and Friday nights, starting at 6 p.m. to hear me howl at karaoke. There are actually some singers who have awesome voices.

Finally, I wish you all a very merry Christmas, or whatever holiday you celebrate.

No Holiday Turkey, Please

YOVELLA M.

During the holidays, there is much talk about turkeys: how to cook a turkey, how to eat a turkey, what to eat with it, and what to do with the leftovers. I have nothing against people eating turkey, but if it fell out of favour as a culinary favourite, I wouldn't miss this bland bird.

It comes as a surprise to some people that I no longer care for turkey and that it has never played a significant part in my family holiday meals. The first question I am asked is, "Then what do you eat for Christmas dinner?" Personally, I tend to eat only a small amount of turkey (to please the cook and the hosts) and fill the rest of my plate with side dishes and salad. Side dishes are often what I look forward to the most. Yams, roasted vegetables, a variety of potato dishes, collard greens, butternut squash, and salads with nuts, European cheeses, apples and pears, and any other fare

that is not a usual part of our evening meals. With great side dishes, turkey remains the main dish, but is no longer the focus.

If one chooses not to cook a turkey for Christmas meals, there are still other meat and poultry options that can make a holiday feast delicious. There are various kinds of beef and pork roasts, lamb, venison (deer), and moose meat.

During the holidays I always develop a craving for homemade soups, and hearty stews. These also make great festive dish. This year I look forward to adding one of my favourite soups to the holiday table, *zupaogorkowa*, also known as Polish Pickle Soup. The recipe on the right is one variation of this soup courtesy of Barbara Rolek of thespruce.com.

Yovella is a former resident of McCauley who still works and volunteers in the area.

POLISH PICKLE SOUP

- | | |
|---|--|
| 2 tablespoons butter | into 1/2-inch cubes |
| 1 medium onion, halved and sliced | 2 tablespoons all-purpose flour |
| 4 cups chicken or vegetable broth | 1 cup sour cream |
| 4 large garlic dill pickles, about 3 cups chopped | Salt and black pepper |
| 2/3 cup liquid from pickle jar or water | Sugar to taste, if desired |
| 4 large potatoes, peeled and cut | Chopped fresh dill for garnish, if desired |

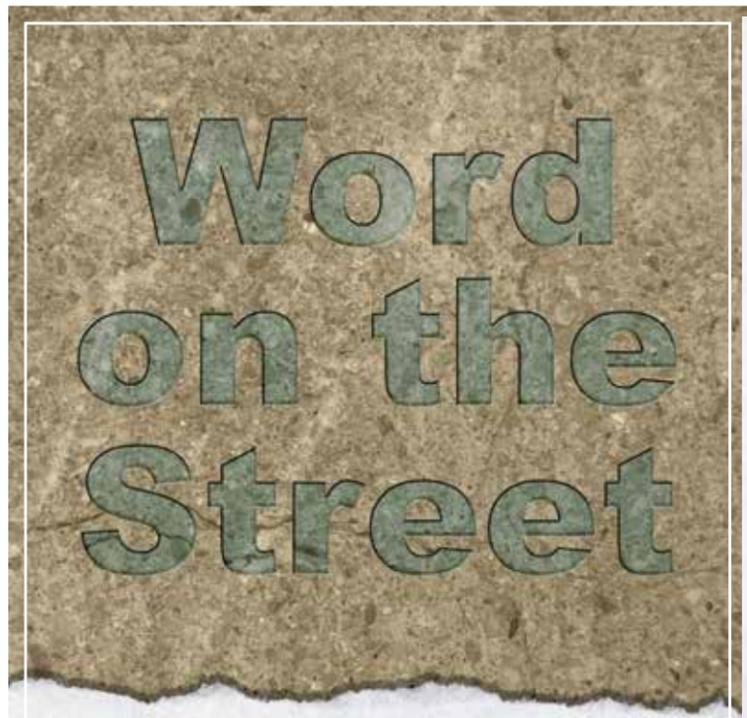
Melt butter in a large pot. Sauté onion until translucent, about 3 minutes.

Add broth, pickles, pickle liquid and potatoes. Bring to a boil, reduce heat and simmer until potatoes are tender, about 20 minutes.

Blend flour with sour cream. Temper sour cream mixture with a little hot soup.

Pour tempered sour cream into hot soup, whisking constantly until it comes to a boil. Reduce heat to low and simmer 3 minutes or until slightly thickened.

Adjust seasoning, adding sugar if desired. At this point, the soup can be left chunky or puréed to the velvety consistency of vichyssoise.



CALL FOR SUBMISSIONS

local artists are collecting poetry for a community art project. **community members** will select poems to be sandblasted into **McCauley** sidewalks. **winning entries** will receive a \$100 honorarium. **more** info: 780-424-2870

SUBMISSION GUIDELINES

- all poems must be original and written by the submitting writer
- all themes are acceptable provided they meet community standards
- poems can contain up to 5 lines
- do not include titles
- there is no limit to how many entries you may submit
- submissions must include contact information - name, phone number, and email
- anonymous entries are not accepted
- submissions will not be returned
- jury selections are final

Submission deadline is March 11, 2018.

Email to: wordonthestreet150@gmail.com

Mail to:
Word the Street c/o e4c Wellness
B08, 9541 108A Avenue
Edmonton, AB T5H 4G8



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REACH 6000+ READERS MONTHLY IN YOUR COMMUNITY

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NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL FIVE LINES OR LESS TO EDITOR@BMCNEWS.ORG

CHURCH AND AGENCY SERVICES

BISSELL CENTRE

(780) 423-2285
Drop-in Centre: Monday – Friday 7 a.m. – 4:30 p.m. /Saturdays: 12 p.m. – 4 p.m.
Child Care Centre: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred)
Women's Lunch: Tuesdays and Thursday at noon
Health for Two: Tuesdays at 12 p.m.
Parenting Classes: Mondays at 11 a.m.
Free Tax Workshops: Wednesdays 12:30 p.m. – 4 p.m.
Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:15, first come first serve)

BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue
(780) 424-4106
Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day – 8.30 – 4.30 . Lunch: Monday-Friday at 11.30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

INNER CITY PASTORAL MINISTRY

10527-96 St. NW
(780) 424-7652
Pastor Rick Chapman
Pastoral Assistant: Michelle Nieviadomy
Sunday Service: 11 a.m. - noon
Sunday Lunch: Noon - 1 p.m.

ST. PETER'S LUTHERAN CHURCH

9606 – 110 Avenue
(780) 426-1122
The Rock Community Breakfast
Tuesday to Thursday 7 – 9 a.m.
Kid's Club. Monday 6 – 7:30 p.m.

SALVATION ARMY

9611 – 102 Avenue
(780) 429-4274
Men's Residence, Anchorage Addiction & Rehabilitation Chapel.

WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

THE MUSTARD SEED

10635 – 96 Street
(780) 426-5600
Evening Meals: Mon.-Fri. 7:00-8:00 p.m.
Sat. 5:00-6:00 p.m.
Food Depot: Tues. and Thurs. afternoons 1:00-3:00 p.m., Wed. evenings 8:00-9:00 p.m.

Drop-In Coffee: Monday - Friday afternoons 3:00-6:00 p.m.

Evening Drop-In: Saturday 6-10 p.m.

Personal Assistance Centre (PAC, clothing ministry) 10568-114 Street, side door

Mon: 1:00 - 3:30 p.m.

Wed.: 5:00 - 7:30 p.m.

Thurs: 1:00 - 3:30 p.m.

For more information call The Mustard Seed, at (780) 426-5600 or visit: www.theseed.ca

HOPE MISSION

9908 106 Avenue (780) 422-2018

HOPE MISSION MEALS:

Monday - Friday
Breakfast Served 7:15 a.m. - 8:00 a.m.
Lunch served 12:00 p.m. - 12:45 p.m.
Supper served 5:00 p.m. - 5:45 p.m.
Weekend
Brunch 10:45 a.m. - 11:30 a.m.
Supper 4:15 p.m. - 5:00 p.m.

HOPE MISSION SHELTER:

Men, Women, Youth
Doors open 8:30 p.m. - 12:00 p.m.

HOPE MISSION COMMUNITY CHURCH:

Sunday
2:00 p.m. Hope Mission Centre - 9908 106 Avenue
7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

HOPE MISSION HEALTH CLINIC:

Family Doctor Tuesday and Thursday
Walk in: 8:00 a.m. - 4:00 p.m.
Family Doctor (Male Patients) Monday - Friday
Walk in: 2:00 p.m. - 10:00 p.m.
Psychiatrist Monday - Friday
Appointment only - call (780) 244-2018 Ext. 278

NICOTINE ANONYMOUS

RICK (780) 474-5593
GWYNN (780) 443-3020
Support for smokers who are trying to quit.
Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed here.
Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall.
Contact: Denis Lapierre, Coordinator
780-429-0675 or
email:dl.learningcentre@shaw.ca

NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

COMMUNITY EVENTS AND ACTIVITIES

NEIGHBOURHOOD PAINTING

Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/ Breakfast Club. To contact me, please leave a message at (780) 426-1122.

WIRELESS NETWORKING

Are you tired of your street using your wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevin at (780) 983-5343.

HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

BOOMER TO ZOOMER YOGA

Small groups or one-on-one. Learn yoga at your own pace; at your own time. \$10/hr for small group lessons. Call for more information. Sally @ (587) 336-8306.

COMMONWEALTH COMMUNITY

REC CENTRE ACCESS

All Amenities, Sundays 1-3 p.m.
FREE for MCL and BSCL members.

FREE KIDS COMPETITIVE SWIM PROGRAM

For kids ages 6 to 14 at Commonwealth Pool. Must be able to swim 25m unassisted. Must live within the McCauley boundary.
Mondays, Wednesdays, and Fridays from 4 p.m. to 5 p.m. Contact Corrine @ (780) 421-1189 or corrinecoffey@shaw.ca.

MUSICAL MAMAS SINGER SONGWRITER SUPPORT GROUP FOR WOMEN

A wonderful gathering of female singer/songwriters and industry professionals who meet monthly to inspire, support, develop, and expand musically. Held at the Boyle Street Plaza on the last Tuesday of each month 7-9 p.m. All Ages - Free
For more information: (780) 807-5883.

PIU YUNG RECREATION CLUB

Dancing, Exercise, and Singing Everyone is welcome, free admission.
Every Monday from 1:00 to 5:30 p.m.
Boyle Street Plaza 9538 – 103A Avenue.

FREE COUNSELLING

Free counselling intended for personal growth from a professional counsellor with a Christian perspective. Experience freedom from or learn to cope with: Depressive and Anxious Thoughts, Loneliness, Low Self-Esteem, Low Self-Confidence, Fear of the Future, Trauma, Loss and Grief, Addictions, Personality Issues, Relationship Issues, or Fear of Harm. Regardless of your Christian Denomination, Religion, or lack of Religion, if you have reached 18 years of age, you are very welcome for individual or group counselling. Strictly no money or donation involved. The main objective of this Christian outreach service is to reach out to those who are hurting and, if they choose, to help them transform their lives through Christ and the Church community. Please feel free to email for an appointment: Rev. Dr. Davis P. Tharayil, PhD churchoftheresurrection.accc@gmail.com

MAJESTIC INK

Willing to do snow shoveling. Call with 24 hours' notice. Seniors and residential area. Negotiable flat rate. Call Mo: 780-616-3941.

DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND! (780) 566 2178 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

IN-HOME NANNY NEEDED

In-home nanny needed for 4 & 1 year old in private home. Optional accommodation available no charge & not a condition of employment. Requirements: English, First Aid, non-smoking, 1-2 yrs experience in childcare, drug test, criminal & medical exam check. Maintain a safe and healthy environment in the home, prepare formulas and children for rest periods, change diapers, bathe, dress, and feed children among other child care duties. Please email marizel73@hotmail.com or call (780) 474-7076.

MATH TUTORING

Offering math tutoring from junior high to undergraduate levels. Rate: \$30/hour, Phone Nathan Binema: (587) 337-4189, email: emienathan@protonmail.com. Willing to make house calls for residents of Boyle Street and McCauley.



FREE Monday evening GUITAR LESSONS

Drop-in guitar lessons for all ages and skill levels. (Children under 12 must be accompanied by an adult.) Everyone welcome. Guitars available to use. Every Monday 8:15 p.m. – 9:45 p.m. Location: McCauley Boys & Girls Club, (9425 109A Avenue). To sign up for guitar lessons or for more info call (780) 424-2870. Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church.

WECAN FOOD BASKET

Make Your Monthly Grocery Supply More Complete!
Monthly Food Basket \$15/meat order, \$10/produce order – Annual Membership is \$5.
Upcoming deadlines for payment are Dec. 1, 2017 and Jan. 5, 2018. Payment can be at McCauley Boys & Girls Club, during business hours, Monday – Friday 9 a.m.-4 p.m. Next depot dates are Thursday, Dec. 14, 2017 and Jan. 18, 2018, 10 a.m. – 2 p.m. at McCauley Boys & Girls Club (9425 109A Avenue). For more info please contact (780) 424-2870. Website info: www.wecanfood.com

STREET PRINTS ARTIST COLLECTIVE Creating opportunities for independent artists to market and sell.

A small but growing group of artists and community development folks, volunteering together to market and sell the works and prints of artists who consign their works for a minimal fee. Meetings happen weekly as per the availability of members. Day/Time: Wednesdays 3 to 5 p.m.
Location(s): McCauley Apartments (9541 108A Ave.) or Bissell Centre (10527 96 Street).
For more info please contact (780) 424-2870 or (780) 271-5995
Facebook page: [streetprintscollective](https://www.facebook.com/streetprintscollective)
E-mail: streetprintscollective@gmail.com/thasimoto@e4calberta.org

DROP-IN SOCCER RECREATIONAL PLAY FREE PROGRAM Weekly Recreational Soccer Fun! (Hosted by ICRW/e4c)

Come alone or with friends to join in drop-in recreational soccer! Everyone is welcome and we play to have fun and to everyone's ability. Developed through community partnership with E4C and Inner City Recreation Program. INDOOR Throughout winter months (Nov-April) Tuesdays (1-3 p.m.) Location: Boyle Street Community YMCA Gym 10350 95 St. For more info please contact (780) 271-5995 or (587) 337-9860

MCCAULEY COMMUNITY MAPPING WORKSHOP FACILITATION WITH PEDRO RODRIGUEZ

INTERCULTURAL CENTRE (9538 107 Ave - McCauley School Building), 1-5 p.m. Saturday, December 16
e4c is proud to present an interactive community mapping initiative which will engage people from diverse backgrounds in McCauley. These workshops will ask participants to contribute their perspectives and realities towards a collaborative mural, to enhance the landscape of the neighbourhood. We invite you to be a part of the journey!
Info: thasimoto@e4calberta.org / (780) 424-2870 / (780) 271-5995.

WORD ON THE STREET CALL FOR SUBMISSIONS

McCauley Poetry Contest
Local artists are collecting poetry for a community art project. Community members will select poems to be posted into McCauley neighbourhood sidewalks.
Winning entries will receive \$100 honorarium. Submission deadline is March 11 2018.
Email: wordonthestreet150@gmail.com
For more info, call: (780) 424-2870

NEW! SCHOOL OF INDIGENOUS TEACHINGS

e4c in accordance with ECALA presents
School for Indigenous Teachings
(jinyaw kiskinowahamátowin)
Weekly – Mondays 10 Weeks

Based in Edmonton's inner city, a variety of Indigenous knowledge keepers and instructors will join and lead teachings based on cultural themes and language comprehension.

OPENING CEREMONY (PIPE) AND REGISTRATION CIRCLE MONDAY, JANUARY 8

Early Class: Language & Cultural Studies (3:00 to 5:00 p.m.)
Bannock Break: (5:00 to 5:30 p.m.)
Late Class: Indigenous Ways of Knowing and Being (5:30 to 7:30 p.m.)

Winter Semester (Semester 1 of 2)

Weekly - Monday afternoon/evenings [January 8 (Opening Ceremony), 15, 22, 29, February 5, 12, (no classes Feb 19), 26, March 5, 12, 19 (Certificate Ceremony)]
All classes located @ Alex Taylor School Building (9321 Jasper Avenue)
For more information: (780) 424-2870 / (780) 271-5995 - Email: thasimoto@e4calberta.org

COMMUNITY POETRY WORKSHOPS (December/January)

In conjunction with WORD ON THE STREET CALL for POETRY SUBMISSIONS. E4C is reaching out to community to create as many opportunities for individuals to engage with the initiative participate and express their perspectives about being a part of McCauley Neighbourhood.

Workshop #1 INTERCULTURAL CENTRE - POETRY HARVEST GATHERING

1-3 p.m. Tuesday, December 2 @ Intercultural Library (9538 107 Avenue)
In partnership with the Multicultural Health Brokers Coop and e4c, poets are invited to come together and explore and express their realities, hopes, dreams, and vision for the community in a fun and friendly intercultural atmosphere.

Workshop #2 MCCAULEY POETRY! Workshop - Facilitation by Poet/Writer Leif Gregersen

1-3 p.m. Tuesday, December 19 @ Sprucewood Library (11555 95 Street)
This is a terrific opportunity to find your writing voice and contribute to the Word on the Street poetry call.

Workshop #3 MCCAULEY POETRY! Workshop Facilitation by Poet/Writer Leif Gregersen

1:30-3:30 p.m. Tuesday, January 9 @ Prosper Place (#215, 10106 111 Avenue)
Another opportunity to find your writing voice and contribute to the Word on the Street poetry call.
For more info please contact: (780) 424-2870 or (780) 426-7861

McCauley Community Gathering and Resource Fair

The McCauley Community Gathering and Resource Fair took place on November 5 at the Santa Maria Goretti Centre. Organized by REACH Edmonton, the free event brought together around 40 community organizations and businesses, with approximately 170 people attending from the neighbourhood and beyond. The event also featured face-painting and entertainment. **PHOTOS BY PAULA E. KIRMAN**



Clockwise from top: Ward 6 City Councillor Scott McKeen (left), Kelly Holland (Community Engagement Manager, REACH Edmonton), and Mark Davis (McCauley Community Coordinator, REACH Edmonton). Lots of mingling and networking between the information tables and community members. Children's performers The AwesomeHots. Mike Siek (left) and Taro Hashimoto at the shared space for the Street Prints Artists Collective Table and E4C.

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NEW HOURS
 WEEKDAYS 8 A.M. UNTIL MIDNIGHT
 WEEKENDS AND HOLIDAYS 10 A.M. - 6 P.M.

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