



5 An (Un)Quiet Night



6 Dining Out



8/9 McCauley Photovoice Project



13 Impulse + Loop

Boyle McCauley News

CIRCULATION 6000 • BMCNEWS.ORG NOVEMBER 2017

FREE

VOICE OF THE COMMUNITY SINCE 1979

Chinatown South Still Thrives

"Chinatown has a few different hearts."



The Edmonton Chinese Seniors Lodge and Edmonton Chinese Benevolent Association (inset) are two landmark buildings in Chinatown South. Leif Gregersen

ANITA JENKINS

This summer, members of the Edmonton Chinese Young Leaders Council (ECYLC) organized and led four tours of Edmonton's Chinatown. Kathryn Gwun-Yeen Lennon, one of the leaders, says the two-hour tours were very popular, attracting about 40 people each time. So the group is planning to offer them again next year. Claudia Wong-Rusnak, Chinatown project manager for the city, is a keen supporter of the ECYLC's activities. "Young people are the key to Chinatown's future," she says.

One of the ads for the ECYLC tours states, "Did you know that Edmonton's Chinatown is the largest in area of any North American Chinatown? Did you know that Chinatown has a few different hearts?"

Residents of Boyle Street will be interested in the reference to "a few different hearts." Many people today identify Chinatown as the retail district around 97 Street, north of 105 Avenue. But Chi-

natown South still thrives - although sometimes struggling - between 95 and 97 Streets, from Jasper Avenue to 102A Avenue.

The first Chinese immigrants to Edmonton at the turn of the 20th century set up their businesses in and around the area where Canada Place now stands. The construction of Canada Place in the early 1980s was disruptive, but efforts to create a replacement home nearby have had some success.

In addition to the seniors' facilities and several restaurants, Chinatown South is home to the Edmonton Chinatown Multicultural Centre, the Chinese Benevolent Association of Edmonton, and more.

Wai-Ling Lennon, a volunteer in the Chinese library at the Multicultural Centre, says the centre's services include social gatherings for games of mah jong, ping pong and other activities, Chinese dance and opera, and Chinese language classes. There is even a Chinese comput-

er club, with computers providing software in Chinese languages.

A highlight of Chinatown South's annual attractions is a Canada Day event featuring cultural performances and a night market. This wonderful gathering is just one of many activities organized by the Chinese Benevolent Association of Edmonton.

Wong-Rusnak notes that the city's Chinatown Strategy report focuses primarily on Chinatown North. However, the report does include this statement: "Successful implementation of this Strategy that focuses efforts on building a strong destination core of activity in Chinatown North will enhance opportunities to bolster Chinatown South and the Chinese Garden in Louise McKinney Park. These places are and will continue to be integral assets to the Chinese community and the Edmonton region ..."

Anita Jenkins is a retired writer and editor who moved to Boyle Street four years ago and loves her new community.

Inside THIS MONTH:

ANOTHER SKATING SEASON

“What better way to get out and enjoy the winter months in Edmonton than strapping on a pair of skates and going for a skate. If you have never been to the community rink, come by and say hi to the staff, have a warm cup of hot chocolate, and enjoy the downtown city view - it is spectacular. ■ PAGE 3

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Light in the Darkness



PAULA E. KIRMAN • BMC News Staff

McCauley Musings

Finding the proverbial “light at the end of the tunnel” can be difficult when we are surrounded by darkness. “Darkness” in this context can be defined not only in the literal sense of shorter days and colder temperatures, but also the sadness and evil that often surrounds us.

It’s been a rough few months for me and many people I know, especially those who have lost loved ones. Our community (and this paper) recently lost a beloved member, Garry Spotowski, so suddenly and unexpectedly.

I write this in the wake of a violent event on September 30 which

affected much of the area, forcing people to stay in their homes while a suspect was pursued by police. Just the next day, the news resonated with a mass shooting in Las Vegas with victims that included people from Alberta.

At the vigil held on October 1 at City Hall following the Edmonton incident, one of the speakers quoted Martin Luther King Jr.: “Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”

Love is light. Love brings people together. Hate divides. I, like others, began to witness some very hateful sentiments expressed on social media after the suspect in Edmonton was caught. I also saw posts expressing unity, hope, and love.

When we hold on to love, our departed friends and family are still with us. We work towards solving the issues that underly hatred and violence. And, we become a part of the light that brightens the darkness.

PAULA E. KIRMAN • BMC News Staff

Editor’s Notes

Welcome to November’s issue! Our theme this month is “Light,” and you will hear from a variety of our contributors about ways in which they stay positive while heading into the darkest time of the year.

One way I stay positive is working with the many wonderful volunteers we have at **Boyle McCauley News**. We are always looking for writers, photographers, and carriers. If you are interested, contact me at editor@bmcnews.org.

Our 40th anniversary is getting closer, and we are still planning how to celebrate this milestone. Please let me know what your favourite stories have been, and which community events we have covered that been most meaningful to you.

If you would like to help support the paper, and have a business in the area (or beyond), please consider advertising with us. You would reach more than 6000 people in the area, while helping us cover our operational costs. For more information, contact Vikki at ads@bmcnews.org.

Have an enjoyable month!

Our Next Issue. . .

December 2017/January 2018 is our annual “Holidays” issue. How do you celebrate the winter holidays? What are some of your favourite memories of this time of year? Tell us about your cultural traditions. Deadline: November 12. Send submissions to: editor@bmcnews.org. Articles should be 500 words or less and accompanied by photographs when possible.

Letters to the Editor

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to editor@bmcnews.org. Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters is the same as other content: the 12th of the month.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

Advertisements from political parties and politicians are paid for. **Boyle McCauley News** does not support or endorse any political party or viewpoint.

Circulation 6000 • Since 1979 • www.bmcnews.org

Vol. 38 N^o. 9 • NOVEMBER 2017

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in **Boyle McCauley News** are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

Boyle Street and McCauley Crime and Safety Numbers

Report “john” activity & license plate numbers • (780) 421-2656

Report Problem Properties & Derelict Houses • (780) 496-6031

Report Gang Activity • (780) 414-4567

EPS General Crime/Complaints • (780) 423-4567

EPS website • edmontonpolice.ca
- click on Crime Prevention

Crisis Diversion Team • Call 211 and press 3

Crime Stoppers • 1-800-222-8477
1-800-222-TIPS

Another Skating Season

DAN GLUGOSH

Around the Rink

Winter is back and we are gearing up for another fun-filled skating season at the McCauley Community Rink. What better way to get out and enjoy the winter months in Edmonton than strapping on a pair of skates and going for a skate. If you have never been to the community rink, come by and say hi to the staff, have a warm cup of hot chocolate, and enjoy the downtown city view - it is spectacular. Here are some updates of where we are for this year's season.

The McCauley Community League will once again be working in partnership with the KIDS organization for the winter season. The proposal that has been worked out between the two groups is basically the same as it has been for many years. The working agreement can be found on the MCL website at www.mccauleycl.com. A big thank-you to both groups, the McCauley Community League and KIDS, who worked together on this very successful partnership. We look forward to having another wonderful winter working together.

Once again, the rink will focus on being open seven days a week when the weather permits. Skating hours can be found in this issue of the paper and on the McCauley Community League's website and Facebook (@mccauleycommunityleague).

Here is some of the special programming that we are working on for the 2017/18 skating season. The McCauley Cup (EPS cops versus community kids) will be held in December. The third annual New Year's Eve skating party will be on Saturday, December 31. The Family Day skating party will be on Monday, February 19.

If you have any ideas for winter skating programs, or questions, please feel free to contact the rink committee at the following email: mccauleycommunityleague2014@gmail.com. Are you a school, non-profit, business, or community member who is interested in using the rink for something special? Please send us an email and we will get back to you.

Thanks to everyone who makes this one of the most fun, safe, and well-used rink in the city. Without all your help, the above wouldn't be possible.

Rink Hours for 2017/18

Opens in November - more information on the McCauley Community League Facebook page and website (www.mccauleycl.com). Helmets & skates are available to use free of charge, thanks to Sports Central.

Staff supervision provided by the KIDS organization (with thanks).

Weekday Hours: Monday - Friday 4 p.m. - 8:30 p.m.

Monday/Tuesday/Wednesday/Thursday/Friday: 4 - 7:00 p.m. Family & Public skate. 7:00 - 8:30 p.m. Open Ice Shinny hockey (all ages).

Weekend Hours: Saturday & Sunday: 2 p.m. - 8 p.m.

Saturday/Sunday: 2 - 6 p.m. Family & Public skate.

6 - 8 p.m. Open Ice shinny hockey (all ages).

Special Programming: Learn to skate! Free drop-in for all ages! Run by the City of Edmonton. Starts in January for six weeks. Dates/Times TBA.

Special events: McCauley Cup (hockey game with EPS):

December. Date/Time TBA.

Third Annual MCL New Year's Eve Family Skating Party:

December 31, 6 p.m. - 9 p.m.

Family Day Skating Party: Monday, February 19, 12 p.m. - 5 p.m.

Note: The rink will be closed on Dec. 24, 25, & January 1. The rink will close if the temperature drops below -25 with a wind-chill or for snowstorms. (Check the MCL's Facebook page for closures.)

Pet Food Bank, Music, and More

REBECCA KAISER, MIKE SIEK
& RYLAN KAFARA

Inner City Recreation & Wellness Program

STREET PRINTS MAKES NEW TRACKS IN THE SNOW

The Street Prints Artist Collective wrapped up the final 124 Street Grand Market event last month, and now moves into their fall/winter planning stage. As we begin year two of activities, we are partnering for some exciting workshops with the Society of Northern Alberta Print Artists (SNAP) and we also invite you to meet us at the upcoming REACH McCauley Information Sharing event, November 5 from 1:30 to 4:30 p.m. at the Santa Maria Goretti Community Centre (11050-90 Street) and the Just One World Global Market Sale November 25 & 26 at St. Basil's Cultural Centre (10819-71 Avenue). To keep up to date with all our activities, follow us on Facebook under the name @streetprintscollective.

PET FOOD BANK GETS ADDED SUPPORT NETWORK

Last month the Inner City Pet Food Bank suffered a shortfall of supplies and was forced to shut down for one day to seek fresh supplies and donations. However, this unfortunate event became the catalyst for an amazing response from a number of animal agencies in the city as they came to our aid in a fantastic way! Several agencies are now working together to create a network of rescues and organizations to contribute regularly and consistently to the Pet Food Bank!

The following agencies are already on board and helping and we have seen regular supplies and donations as a direct result of a few very dedicated and caring individuals. Huge thanks go out to Anjie for spearheading this initiative and to our new friends at the Greater Edmonton Animal Rescue Society (GEARS), Hope Lives Here Animal Rescue Society (HLH), Companion Animal Welfare Society (CAWS), Zoe's Animal Rescue Society, A Pet's Pantry Society, Barrhead Animal Rescue Society (BARS), Safe Team, Alberta Helping Animals Society, Education Not Euthanization, and Second Chance Animal Rescue Society (SCARS).

With the help of all of these agencies, we are also in the planning stages to create a fundraising event scheduled for 12-4 p.m., Sunday November 19. If you would like to know more, such

as a location (which we are still working on), or just want to keep up to date with the Inner City Pet Food Bank, you can follow us on Facebook under the name @ICRWPpetfoodbank.

NEW LIVE MUSIC WITH HELP FROM MACEWAN UNIVERSITY STUDENT GROUP

Throughout the summer months, ICRWP continued to support and help organize some great free live music events for the Boyle Street and McCauley community. Last month, however, we began a new and exciting partnership with the MacEwan University Live Music Club, who reached out to us and initiated a pilot project that brings young musicians, bands, volunteers, and some great food into the Boyle Street Community Services drop in to create cool live music events! October marked the first such event, and we hosted an energetic and powerful four-piece band named Randy Handsome, who played to a pretty packed house, with dancing and a spaghetti dinner, complete with garlic toast! We hope that this marks the beginning of a great future of partnership and continued live music throughout the inner city with the help of MacEwan students and faculty! A great time was had by all!



Justin Herbert. Rylan Kafara

HOCKEY SPORTSMANSHIP AWARD

Finally, Justin Herbert received the Sportsmanship Award this month at our floor hockey program because of his efforts to remain calm during games. His fellow participants went out of their way to point out huge improvements in his attitude both toward himself and his fellow players. Justin's presence has a positive effect on everyone and the overall mood of the game. He is a core participant of the floor hockey program and it doesn't feel the same without him!

Rylan is the Program Lead, Inner City Recreation and Wellness Program. Mike Siek and Rebecca Kaiser are Program Coordinators with ICRWP.

Fall Fiesta Fun

Giving thanks to those who made it happen.

GRACE KUIPERS

September 16 was Community League Day across the City of Edmonton, and the McCauley Community League held its annual Fall Fiesta in Giovanni Caboto Park as our celebration of community in McCauley. We were fortunate to have a beautiful fall day, and had a wonderful turnout of all ages from the neighbourhood. Some of the highlights, other than lots of hotdogs on the barbecue, were doughnuts from the Italian Bakery, bannock from Teepee Treats, cookies from Shan Shan Bakery, along with some homemade jam and relish from Naomi and her gardening group.

Once again, we brought out the drills and hammers and folks, both young and old, hammered, glued and painted a variety of abstract wood creations in our craft corner. We also set up a music circle around a fire, and had our own Gary Garrison lead us in some songs around the fire. Thanks to Dan & Dave's Bouncy Adventures, and their lovely Wizard Bouncer/Slide, that kept many young kids busy. We also had the famous Lady Dolphin (a.k.a. Heather) who's whimsical face painting, in my opinion, is the best in the city. We were also fortunate to have some local art displays, by Street Prints and the McCauley Photo Voice Project, which were both interesting and creative additions to our day.

Special thanks to the many volun-

teers that make this event so successful and that made it fun to organize. Thanks Kelvin, Scott, Ken, Ashley, and Clint from the George Spady Centre, as well as James, Kyle, Dave, Forest, Greg, and Cameron from Hope Mission - you guys ROCK! Thanks McCauley Apartments: Shelley Hollingsworth for doing a great job of the fire all day; Darren P. Jr., our first aid attendant, and David LF. Thanks to Winnie Chow-Horn and her group of talented photographers from the McCauley Photo Voice project, and also to Mike Siek and his artistic group from Street Works for their contributions. Thanks to the many board members and neighbours who helped out in many ways: Mike, Heather, Yana, and Jonas; Calvin and Aya; Ileana and James; Naomi, Andrew and family; Gary and Sara; Cole, Josh, Harley, Dan, Phil, Rosalie, Darren, and Adam S. What a great group!

Also, thanks to the City of Edmonton for the use of Giovanni Caboto Park, cleaning it up for us on Friday, and supplying the extra tables and garbage cans for our event. Thanks to Jeremiah and the Mustard Seed for lending us your tents. And, thanks to the Edmonton Federation of Community Leagues for supplying us with a BBQ kit of plates and napkins.

If you are interested in volunteering for events and recreation in our neighbourhood, please contact the McCauley Community League at mccauleycommunityleague2014@gmail.com.



The Street Prints Collective table. Paula E. Kirman



Heather face painting. Grace Kuipers

Harvest Market and Movie in the Park



On September 30, Giovanni Caboto Park was transformed into a Harvest Market during the day, with a variety of goods and crafts for sale, as well as entertainment. In the evening, the park became an outdoor movie theatre, with the film *Life is Beautiful* shown on a large screen. The events were organized by the Viva Italia group. Leif Gregersen

An (Un)Quiet Night

The experience of a McCauley community member on the events of September 30.

KATE QUINN

On September 30, we were settling down for our "date night," searching Netflix for something to watch. There was also an Eskimo-Winnipeg Blue Bombers game, with a late start of 7:30 p.m. Most of the people had made it to the game already, with a few stragglers walking past our house. Two sonic booms startled us and rattled our windows as jets flew overhead for a military tribute at the beginning of the football game.

We decided to peel the last of our apples to freeze while watching our film. Dark figures ran past our house and all of a sudden there were flashing lights, lots of police cars, an ambulance racing down 92 Street past our house, then, racing back up 92 Street minutes later. We knew it as serious when we saw officers running past our house with what looked like sub-machine guns. Police cars blocked off our intersection, which has easy access to the back entrance to the Stadium.

What to do? Keep peeling apples, and watch the Netflix film and the drama

outside our house unfold.

It didn't stop: a Global TV van and pylons blocked our intersection, police lights flashed in our alley, people began to leave the game. Those parked outside our house could not leave and were stuck for a while. Then, to add to the drama, fireworks! At first we were afraid it was gunfire.

What to do? Go watch the fireworks from our kitchen window, intermingling with the police flashing lights in our alley.

Then, my husband checked for breaking news and we got the early picture: officer stabbed, his vehicle rammed, suspect fled up 92 Street, right by our house. There was no word of a possible terrorist attack in that first news update.

Finally, although our intersection was still blocked off, the police cars had left, so, we turned in around midnight. We did not know about the continuing drama and terror inflicted upon young Edmontonians out for a night of fun at venues along Jasper



Hundreds of people attended the October 1 peace vigil organized by the Alberta Muslim Public Affairs Council, including numerous people from the McCauley and Boyle Street neighbourhoods. Paula E. Kirman

Avenue until the next morning.

What to do? We walked down to City Hall on that cold, blustery Sunday night to be part of the community vigil on October 1 organized by the Alberta Muslim Public Affairs Council,

to sign our names to the solidarity posters, to be encouraged by all of the speakers.

The messages were strong and clear: We are one community, in all our diversity.

Teresa Spinelli Receives Alumni Award



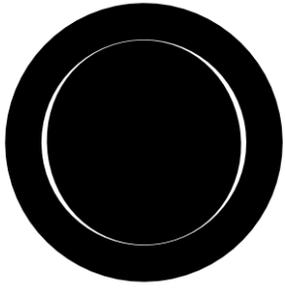
Italian Centre owner and McCauley resident Teresa Spinelli received an Alumni Honour Award from the University of Alberta on September 25. She is pictured receiving the award from University of Alberta President and Vice Chancellor David H. Turpin. Akemi Matsubuchi Photography

Viphalay Celebrates 10 Years in McCauley



Lily Mounma of Viphalay cuts a cake during the restaurant's celebration of its tenth anniversary of its McCauley location at the end of September. The restaurant is located at 10724 95 Street. Janis Irwin

The Nook Finds a Niche in Boyle Street



DINING
OUT

The Nook Café
(780) 761-6665

10153 97 Street (Treaty 6)

JOELLE REINIGER

"Eat. Drink. Be Cozy." That's the official tagline for Boyle Street's newest coffee and lunch destination, The Nook Café. Its unwritten declaration is: "Everyone belongs."

Everything about this restaurant spells inclusion, beginning with the children's play area. Furnished with a chalkboard, mini library, and toddler-sized kitchen, this little nook within The Nook sends a bold message that Edmonton's Downtown East is not just a place to park for work - it's a neighbourhood.

For co-owners Marnie Suitor and Lynsae Moon, no-holds-barred inclusion is a core value, which manifests itself in every aspect of their business model, down to the details. Take the washrooms, for instance.

Both are gender neutral and labelled "whatever" with the cheeky postscript, "as long as you wash your hands." They are also, of course, baby-friendly and wheelchair accessible. Also noteworthy is The Nook's acknowledgement of Treaty 6 territory in the street address found on its website.

Then there is the menu. You'd never know it but the majority of the café offerings are vegan or can be made as such. Gluten allergy? Dairy intolerance? Need something egg, nut, and caffeine free? Not a problem. Moon, the daughter in this mother-daughter operation, has personal experience parenting children with restricted diets and can relate to anyone who struggles with dining out for that reason. Because absolutely everything The Nook sells is made in house, its menu can be adapted to create choices for everyone.

During a visit to the café with my blessedly omnivorous three-year-old, I ordered a salad, pastry, and decaf chai latte for us to share. Because The Nook's grilled cheese sandwiches are so popular, its splendid salads can be overlooked, Moon told me. I took the bait and chose the Sundog salad with roasted chickpeas. This crispy medley of local ingredients from Sundog Organic Farm paired perfectly with a creamy red wine vinaigrette, which was served in a cute, shot glass-sized pitcher.



Salad and chai latte. Joelle Reiniger

On the sweeter side of the spectrum, the rooibos chai latte was a lovely compliment to the apple cream cheese sheet pie. Adorned with delicate, pastry-crust flowers, this dessert came in a shareable portion size. Moon topped it with fresh cream that she had sweetened and whipped that morning. Sublime.

All together, these three items rang up an after-tax bill of \$14.51 - not a big deal for the typical downtown customer, but out of reach for many members of the neighbourhood The Nook calls home. Moon and Suitor know this. They also know that to ignore income disparity in their business model would fly in the face of their rationale for launching a café at this site - a site where two very different

neighbourhoods intersect and where comfort and community can help break down demographic barriers.

With this in mind, The Nook has adopted a "suspended coffee" program. For three dollars, customers can drop a button in a jar beside the cash register, which covers the cost of a coffee or tea and baked good. These tokens are then available for cash-strapped, would-be customers to redeem. Again, it comes down to inclusion. "Food is an essential and vital part of everyone's existence," Moon says. "This space should be accessible to everybody, regardless of diet and income."

Joelle lives in Boyle Street.

New REACH Edmonton McCauley Community Coordinator

MARK DAVIS

My name is Mark Davis and I'm pleased to introduce myself as REACH Edmonton's McCauley Community Coordinator.

REACH is Edmonton's Council for Safe Communities - a community-based organization that facilitates inclusive dialogue to address safety concerns. Its vision is "a city in which every citizen contributes to a community where everyone is safe and feels safe." REACH may not "fix" communities, but it can help create the conditions to make positive things happen.

I bring to this position 18 years as an advocate for persons with in-

tellectual disabilities, seven years as the co-owner of a still-successful small business, and a degree in Native Studies and Anthropology. I've lived in McCauley for nearly 14 years, and this is where my wife and I have chosen to raise a family. I hope my background will assist me in playing a neutral role in building community connections to help make McCauley a safer place to live.

In my time in McCauley, I've attended all manner of meetings and had countless conversations about the betterment of our community. Through connecting with community members, it has become clear that many are stressed by the safety issues they are facing, some are puzzled by

the roles various groups play in promoting safety, and some are fatigued by meetings and reporting mechanisms that may not yield the results they are looking for. I have felt these things myself. At the same time, the desire to promote community connectedness remains very strong. A connected community is a safer community. The number of individuals and organizations working to improve the community is impressive and inspiring. We all share a mutual interest in making McCauley a safer place. Ultimately, we are all pulling in the same direction. By engaging with as many stakeholders as possible and by pulling together, a safer community is a goal that we can achieve.

The position of Community Coordinator is a new one. I am learning the job on the job. It is humbling to realize that there is so much I still need to learn about my own community. I have something to learn from all members of the community. My role will be guided in partnership with residents, community groups and the City, and will evolve in response to McCauley's ever-changing needs. I will endeavour to build relationships, support community interaction and resource sharing, and encourage community engagement. I will assist in connecting individuals and groups to the resources they need.

For more information on REACH, visit www.reachedmonton.ca.

Free Memberships: Boyle Street Community

Good news! Membership in the Boyle Street Community League is free to Boyle Street residents for the current year, ending August 31, 2018.

To get your free membership card, visit the Boyle Street Plaza (9538 - 103A Avenue), during the following hours:

Monday through Thursday, 5:00 p.m. To 10:30 p.m.
Sunday, 9:00 a.m. to 10:00 p.m.
Friday and Saturday, call first: (780) 426-9265

You will need to show proof of your address (ID or bill or letter addressed to you). Boyle Street stretches between 97 and 84 Streets, south of the LRT tracks to the edge of the riverbank.

Why join?

- Get reduced rates at City of Edmonton recreational facilities and programs. For example, free swim-

ming at the Commonwealth Rec Centre on Saturday.

- Get reduced rates on rental of spaces in the Boyle Street Plaza.
- Know what is happening in the neighbourhood. (We send email announcements to members who sign up for this service.)
- Meet your neighbours at Boyle Street programs and events. Maybe even get more involved by signing up as a volunteer.
- Have your voice heard. Members can vote at the annual general meeting and are invited to provide input to the community league board.

The community league's goals:

- To make Boyle Street a better place to live.
- To keep the City of Edmonton informed about issues that affect us.
- To provide programs and events that serve you best.

Information provided by the Boyle Street Community League.

Heart of the City

Festival celebrates a milestone in 2018.

CHARITY SLOBOD

Heart of the City Music and Arts Festival is revving up for a huge milestone in 2018: it's our 15th year of showcasing arts in all its "art" chitecture!

Otherwise, there is not much else to currently report on the Heart of the City Festival, except that we're looking for new board members! Bring your insight, creativity, and an inclination to help plan an amazing music

and arts festival for June! Have ideas about this year's landmark theme? Are you curious about the volunteer board member inclusion? Come be a part of Heart of the City! Join us at Parkdale Community Hall (11335 85 Street) on November 30, from 7:30-8:30 p.m., to find out how to bring your thoughts forward! Contact Charity at heartcitymusic@gmail.com for more info!

Charity is a board member with Heart of the City.

Shadows and Light

Celebrating the life of a community member.

KATE QUINN

A woman I have known for years passed recently, dying of cancer in her mid-40s. She was an incredibly strong person with a great sense of humour. She would often call or drop into the CEASE office at the end of the day to chat. While our team worried about her because she was often a victim of violence and illness, and she was in and out of safe and unsafe places to sleep, she kept a positive outlook and just kept going.

When she was given the diagnosis, she set herself some goals and surpassed the length of time the doctors had given her. One of her goals was to have her own apartment. Another was to get a cat. She achieved both goals. It was a privilege for our CEASE team to be able to assist her with her housing goal through a new program with Homeward Trust called "supported referrals."

What a beautiful home she created for herself and her kitty! She shopped at the FIND store, choosing furniture. She shopped at the Dollar Store for decals to create art on her wall, along with pictures. She created a safe little nook on her balcony where she could enjoy a cigarette, or lay on her couch in her living room

and look at the trees beyond the balcony.

I felt profoundly sad that she could only enjoy her new home less than a month before the cancer forced her to the hospital where she spent her last three weeks.

At the same time, I felt profoundly glad that she had those weeks in her home. She asked if we could help her with a house blessing, and two nuns involved with CEASE gladly created a blessing ceremony. She worked so hard to make sure her home was sparkling when we arrived and had prepared a nice little lunch for us.

Several years ago, in one of her long stretches of homelessness, she slept in two little parks near the CEASE office. It seemed fitting to gather for a community farewell with her family at the Alberta Avenue Community Garden near those little parks where she had slept. In the waning autumn light, with enough warmth from the sun, we told stories, laughed a little, cried a little, and shared a simple meal embraced by the harvest cycle of a garden.

Kate Quinn is the Executive Director of the Centre to End All Sexual Exploitation (CEASE).

Light Shared

JOANNE MCNEAL

Light: essential, meaningful illumination, the opposite of dark. Day.

Sunlight streams through clouds, and morning becomes warm joy.

Light through stained glass shows stunning life possibilities. Amaze.

Light reflects gently through watercolour paint on soft, thick paper.

In day's light we walk, work, play, create, and share our visions.

Twilight, firelight, night, candlelight, sleep - dreams, rest, together.

Without light, we cannot see tomorrow. When cold, walk close.

Northern lights in night sky, dance away our dreams. Hold on.

Sometimes light can blind, fire can burn, or it can heal. Don't go.

Our eyes see light and dark. Our minds create day and night. Stay.

Our hearts create joy, sunny days and warmth, with light shared.



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McCauley Photovoice Project

Exploring the neighbourhood through photography.

NAOMI PAHL

Abundant Community McCauley

Photovoice is a social tool that is used globally to let communities explore the physical space in which they live, through photography. Community members' photos are curated around a theme and are used to document the reality, the joy, and the challenges that they face. Each photo is a starting point for participants to talk about what they were thinking when they took the picture. Dialogue starts and from there, common narratives arise. This data is used to help in policy making decisions that directly affect the community.

Since becoming the Neighbourhood Connector for McCauley, I have spoken with many residents asking their views of our community. A consistent theme I hear, is that we feel we don't have a voice in the things that happen in or to our community, and we don't have a voice in how we are perceived by the broader community. For anyone who feels that way, Photovoice is an excellent way to articulate and celebrate what brings us joy, but also an opportunity to discuss what causes discomfort and what can be done to bring about positive change.

On May 6, the partners responsible for initiating this project invited the community to celebrate "Our McCauley" at the Edmonton Intercultural Center (old McCauley school). Many residents came out to enjoy games, story circles, and guided tours, as well as eat delicious cultural food, make friends, and also importantly, learn about Photovoice and how we as residents could use this tool to connect with and advocate for our neighbourhood and the community groups within it.

Throughout the summer, a group of residents, including myself and my nine-year-old daughter, met at the Edmonton Intercultural Centre. After eating delicious food and discussing our theme for the session, we explored the neighbourhood armed with digital cameras and curious eyes.

During the first session, we were encouraged to photograph whatever stood out and resonated with us. The

session after, we captured images that brought us joy and in the session after that, we snapped pictures that brought us discomfort.

After discussing our images, we curated the collection down to a series of photos (with photographers' captions) that most resonated with our group. The gallery was displayed at an outdoor exhibition at McCauley's Fall Fiesta on September 16. We asked viewers to interact with each picture and put a coloured sticker on it, corresponding to how it made them feel - either it brought them joy, discomfort, or to designate if it was an issue that needed positive change.

The photos we are displaying in this article were the most interacted with, and the ones that we wanted to share with you today. How do they make you feel? Do any of the images resonate with you? We want to hear your thoughts!

Photovoice is an ongoing project and we want as much community input as possible. If you have ever been discouraged because you didn't know how to contribute to the community conversation, this is the opportunity you have been waiting for! We are holding "pop-up" Photovoice sessions that anyone can participate in! You don't need photography experience - just a willingness to share your perspective. Email abundantcommunitymccauley@gmail.com for more details.

We are also holding an ongoing Photovoice challenge for readers of **Boyle McCauley News**. Send in your HIGH RESOLUTION photos sharing your story, along with a caption as to what you were thinking when you took the photo. Keep in mind that if there are visible faces in your photos you must have the subjects' written consent to have their images shared. We will be selecting a photo to be featured in the upcoming issue of **Boyle McCauley News**, and the residents whose photo is selected will receive a \$20 gift certificate to a local business!

To share your thoughts on these photos or to submit your own photos, please email abundantcommunitymccauley@gmail.com.

Here are some examples of photos showing Joy and Discomfort



Naomi Pahl



Laura Morin



DISCOMFORT AND CHANGE

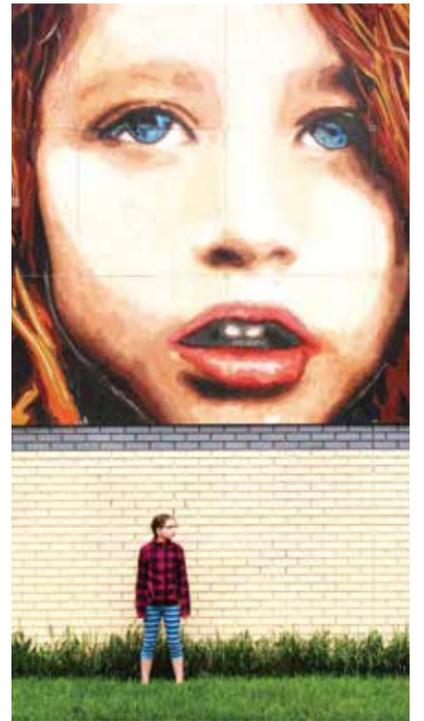
and Change. Community members are encouraged to interpret the photos and draw their own conclusions from them.



Aurora Pahl



Lise Robinson



Naomi Pahl



Luke Gallivan-Smith



Aidan McDermott



Naomi Pahl



Isis Tse

over Kamau

Shining Light in Dark Corners

Sometimes speaking out can spread light where it is needed.

MANON AUBRY

BoyleBits: A View from Boyle Street

One eBay seller closed off her feedback on me with "light and love." I imagined her to be a neo-hippy, but I like the sentiment.

Light is so important. I have a suggestion - let's shine light in some dark corners. By that, I mean that when someone does something dark, let us expose the wrongdoing. I know that this would mean some distasteful conversations, but it might be a way to stop and deter the wrongdoers.

I still feel guilty that when I was sexually harassed by someone in a position of power, I simply walked away instead of making sure that the other people involved with this person could protect their more vulnerable victims. I mentioned the harassment to a couple of people, but I felt that I was being unladylike talking about such unsavoury behaviour. Same with when I became aware of dishonest behaviour by others.

I guess what I'm advocating is to be a whistleblower. This has the potential to protect future victims. If malfaisance (wrongdoing, if you're not up on your French) was no longer a secret, the less scrupulous among us might think twice before doing something dishonest or unsavoury. The women who report

harassment or assault much later on, only to be asked why the deeds weren't reported earlier, know that they needed to have their courage buoyed by the corroborating claims of other women. Yet in the interval between the deed and the reporting, others were victimized.

I would like to see a movement where each and every one of us behaves in such a way that our actions could be done in full light. If we aren't ready to live in full light and openness, then perhaps we need to rethink our actions. This doesn't mean that we have the right to judge others simply because they have a different lifestyle, but it does mean that if someone does me wrong I will expose their actions to the light. There's no shame in saying you've been cheated or assaulted - the shame belongs to the perpetrator not the victim.

Sorry folks - I realize that this is not a "light" subject. It is rather heavy but is a step towards the cultural change that will lead to justice for many people who have suffered in silence. As soon as the wrongdoers start to feel the fear of being exposed, we can live in a society that deters those who would take advantage of others. Love and light to you all.

Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.

Maggie: The Light of My Life



Maggie. Ian Young



IAN YOUNG

Ability and Community

of my life!

I never felt lonely or isolated with Maggie. She was my routine, my reason for coming home happy, and so many reasons to love.

On September 17, Maggie passed peacefully in our home. Knowing she passed in a home full of love and security makes me feel better.

Yes, I grieve. Grieving is an unusual emotion, I've gone through everything from sadness, to depression, to joy in the recollection of the beautiful memories I shared with my little lady.

The light did not go out. It just beams in a different place in my heart.

Thank you Maggie for the beautiful years we shared! I will always remember our bond.

*"The sun is gone, but I have a light."
Kurt Cobain (American Musician 1967-1994)*

In the darkest of times, we can still see light!

Recently I lost my best friend and faithful companion - my dog Maggie.

Maggie came to me as a rescue but I wonder who rescued who? She provided me with unconditional love for over 10 years. She was truly the light

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An Ode to the Disappearing

KERI BRECKENRIDGE

Keri's Corner

George Harrison pointed up to the sky and exclaimed, "Here comes The Sun"! I look up every time I hear that. About a year ago my life changed and that began the beginning of an odyssey. Change comes as it always does - for its ransom (to quote the song "Beautiful Thing" by The Tragically Hip). Change can make us feel insecure, unworthy, and anxious. I felt all of those things on a regularly occurring basis. A year later, having watched the seasons swivel, I see the Sun.

I lost my job. At the time, although it brought about a dose of anxiety, I was relieved. Then my husband lost his job. Again, I was nervous and relieved. I slowly realized that I had asked for a change in my life. The guise it came in was surprising

but not entirely unexpected. As the summer came into bloom, so did everything around me and in me. It was a troubled path with strained heredity relations and the loss of a beloved fuzzy companion. The bright side of the road made itself apparent and was available from which to draw comfort and strength. I did that on a regularly occurring basis.

I've made a consistent effort over these several months to release murky energies that no longer serve my purpose. I was reminded to care for myself - well, I did eat lunch today. Further, I understood the dark excuse of busy to deprive myself, because to be in a state of busy is business. I listened to music that spoke of light and sunshine. I had a very shiny summer. I assimilated enough light, physically and metaphysically, to carry me through these

forthcoming dusky months. It's coming time for rest and integration.

I will confess that I humourously indulge in winter denial with observations. The wasps are still hanging around in gangs so summer can't be over, despite my experience that these uninvited vacationers always stay beyond their welcome.

I can see spring's growing light at the end of winter's respite. I have full and happy lungs that can carry my laughter down the dark, snowy alleys. Where there isn't light, I will carry and share my own. I have the strength now amidst the changing colours that fall to ride another spin around the sun.

Keri lives in Boyle Street, where she has seen the light on more than one occasion.



ISABELLE FOORD

Something Funny

If I ever took up cross-country skiing, I would pick a small country.

I was told I needed to see an oculist, but I don't believe in fortune tellers.

Isabelle is a writer who was a long-time resident of McCauley.

I Love Light

REINHARDT HEINRICHS

Today is sunny and Sunday. It did not start out that way. There was both rain and snow overnight which saw things start out with a cloudy morning. Keri and I think on average the sun can show up after four p.m. on cloudy days. That is, unless we have a blanket of clouds over a number of days, or, sometimes, nearly a month.

Light is an essential thing. According to the Bible, God chose to comment on light to begin creation. Whatever the project - construction, zoology or writing - you need

the lights on. Sunlight is the most necessary, universal energy. Light is as unique as air. It is as unique as being able to see things like colours and nuances in colours because without light there is no colour. We are at the mid-point of October, as I write this. The colours of autumn drift into the landscape before the snow shows up and changes what we see in the light and the kind of light that is around us as we go through our day.

I am writing this part at 9:30 p.m. when things are dark. Actually there are lights all around, all the time, because it's the city. Going

into the country and into the mountains there's less light from civilization. The skies are clearer and the night skies are lit up by stars, perhaps whole fields of stars in infinite depths with the moon reflecting the sun, the source feeding existence.

There is a particular benefit to living where we do in terms of the lights of nature: the Aurora Borealis, waves of solar energy rolling through the sky like a living thing. I have immediate memories of the Northern Lights from the golf course on the edge of Elkhorn, MB. The lights so energetic they seemed to hum overhead on a canoe trip on the North Saskatch-

ewan River in northern Saskatchewan. They sometimes appear on winter occasions when waiting for very early Edmonton transit when green lights still dance in the sky before I go to work.

My eyesight is holding up well. My eyeglass prescription is pretty much the same since I was seventeen. I can enjoy things like colours and the nuances of how the light is involved. Enjoy the light while you can.

Reinhardt lives in Boyle Street with his wife, Keri Breckenridge.

Mint Health + Drug Grand Opening

COLLEEN CHAPMAN

October 1 marked the Grand Opening of Mint Health + Drug on the south end of Historic Church Street, 106A Avenue and 96 Street. Cole Mondor is the newest pharmacist in our community and he is out to make Mint Health + Drug an integral part of McCauley, and specifically Church Street. Cole hopes to be able to spearhead a Farmer's Market on Sundays during the summer, and has created a space in the pharmacy for an ice cream soda bar! Imagine the fun of visiting the Farmer's Market and stopping in for an ice cream soda!

The Grand Opening, held on the coldest, windiest day of the season so far,

went very well. Cole and the staff (and co-owners of the Mint organization, Peter and Ron) welcomed everyone with cake (from the Italian Centre), Pinocchio Ice Cream, pop, hot dogs, popcorn, and Dan and Dave's Bouncy Castle. The face painter was spectacular.

Cole has been busy developing relationships in the community, wanting to ensure the vitality, walkability, and welcoming presence on the street.

Mint Health + Drug will offer items typical of a pharmacy, as well as providing a meeting place in our community.

The store will be open for business in the very near future.



The grand opening of Mint Health + Drug featured lots of activities. Leif Gregersen



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- 6:30-7:30PM** KIDS MARTIAL ARTS AND FITNESS
- 7:30-8:30PM** ADULT MARTIAL ARTS AND FITNESS
- BOTH MARTIAL ARTS FREE TO BOYLE STREET RESIDENTS**

TUESDAYS

- 1-3PM** SOCCER/BASKETBALL DROP-IN*
- 7-9PM** MUSICAL MAMAS (LAST TUESDAY OF THE MONTH)
- 7-10PM** HIP-HOP (FREE)
- 6PM-8PM** BASKETBALL DROP-IN*

WEDNESDAYS

- 4:30-5:30PM** FLOOR HOCKEY DROP-IN*
- 6:30-7:30PM** KIDS MARTIAL ARTS AND FITNESS
- 7:30-8:30PM** ADULT MARTIAL ARTS AND FITNESS
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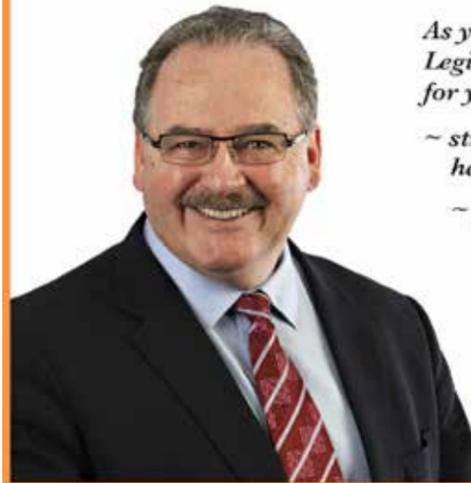
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Nuit Blanche 2017: Impulse + Loop

ANITA JENKINS

This year's Nuit Blanche, held September 23-30, took the form of an interactive art playground of light, energy, and music called Impulse + Loop. Set up on 96 Street at the future site of Kinistinâw Park (between 102A Avenue and 103 Avenue), Impulse + Loop consisted of six booths that people could sit in and row (Loop) and 15 large seesaws that glowed and emitted a sound (Impulse).

The playground, which appeals to both children and adults, made its debut at Montreal's Luminotherapie festival in 2015.

Nuit Blanche began in Paris in 2002 and since then has spread to cities across the world. Edmonton's first Nuit Blanche, held in 2015, was an all-night contemporary art event held in and around Churchill Square. It featured more than 30 artworks that attracted over 50,000 attendees. Because of reduced funding, this year's Edmonton Nuit Blanche was a much smaller version presented in conjunction with Edmonton's first Design Week.

PHOTOS BY TIM SCHNEIDER



Remembering the Children Memorial Unveiling

SHARON PASULA

Remembering the Children Society (RTCS) hosted a Memorial Unveiling on September 28 to acknowledging the previously unmarked graves of four Indigenous students who died at the Red Deer Industrial School. It operated from 1893-1919 under the Methodist Church (now the United Church of Canada) and federal government auspices.

During the Spanish influenza epidemic of 1918, the staff and students of the Red Deer Industrial School were so sick that the city undertaker needed to be called to attend to the burial of four children in the Red Deer City Cemetery rather than the residential school cemetery. The Red Deer Industrial School had one of the highest mortality rates of any school in Canada. The names of the children buried at the Red Deer Cemetery are: David Lightning, Georgina House, Sarah Soosay, and Jane Baptiste. They are believed to be from Samson Cree Nation and perhaps from Paul Nation. Family members of only one of the children have been found - that of David Lightning - and his nephew, Richard Lightning, is the



Attendees of the memorial. The grave marker that was unveiled is in the centre. Sharon Pasula

current President of the Society.

The event began with a pipe ceremony which was attended by many Elders and dignitaries including, Chief Wilton Littlechild, former commissioner of the Truth and Reconciliation Commission (TRC).

A formal program was held at

the Roland Michener Recreation Centre where the keynote speaker, Stephen Kakfwi, former premier of the Northwest Territories informed the people why the ceremony needed to take place. His brief presentation can be viewed on YouTube. Mr. Kakfwi is also a singer, former residential school student, and husband to Dr. Marie Wil-

son, former TRC commissioner.

Check out the RTCS Facebook page to see the full program and many more photos.

Sharon lives in Boyle Street. She is Cree/Métis and the Indigenous Cultural and Educational Helper with the Diocese of Edmonton (Anglican Church).

BOYLE STREET COMMUNITY LEAGUE UPDATE

What's Happening in Boyle Street

ALF WHITE

BSCL Update

What's happening in Boyle Street? First, the E.P.I.N.S.S. House project is going on well. Next, Nuit Blanche was a huge success. Over 500 people of all ages attended Impulse + Loop each night. With the loops and the teeter-totters lighting up every night, it was a great community attraction.

We have a new staff person on board. Please welcome Hodan Said. She is learning fast about the goings on in the Boyle Street Plaza.

Don't forget that community league memberships are free for Boyle Street residents, so come by and pick them up!

Alf is the President of the Boyle Street Community League.

A Reflection on Light

We can spread light throughout our lives and community by sharing love and creating a unique place to live.

ALF WHITE

The dictionary has many definitions of light, so I will pick the first one I read. Light, a noun, means simply "to shine."

I will reflect on some personal family lights in my life, starting with my dad. He left us Dec. 14, 2004. He was a huge light in the life of my brothers and I. He didn't just tell us he loved our mother and us, he showed it.

We miss him, but his light still shines in our lives. I sometimes hear his voice or see his light showing me some meaningful words, or just a reflection of his face in my mind and I see his smile.

I hope I can be a light to my son, and to be a part of the light that the Boyle Street Community League board and staff have shone here in Boyle Street - to show others what a great com-

munity this is, to show others the little treasures, the amazing buildings, the artistry that youth and adults have left on some of the buildings in the community. That would be their light to us, and the light the local residents and business people have shown by their giving and sharing.

All of these "lights" make Boyle Street the unique community it has become over the years. What is your reflection of light?

It's Almost Winter and I Couldn't Be Happier

LEIF GREGERSEN

When I think back to my happiest winter memories, they aren't all strictly winter ones, but many of them are. In fact, some of my happiest times ever were in the winter. When I was 18, I was having a lot of serious problems at home, at work, and at school. I was arguing with my dad all the time and I was in a pressure cooker of political crap working the night shift at Superstore, all while trying to finish up around 15 credits of my high school diploma. At that age I was conscious that people judged you based on who you associated with and would snub you if you didn't fit into their groups. But I had a friend who was a very caring and interesting person and I didn't care if others judged him on his appearance. We became good friends and he managed to get the skiing bug into me.

All he really did was one day hand me a newspaper clipping for Rabbit Hill saying that for \$15 you could get a free lesson, an evening's rental, and lift tickets. We

went, and I was pretty awkward at first, but soon I was flying down the slopes and loving every minute of it. I also liked spending time with my friend riding the lifts up the hill and talking about life, school, our families, which girls we liked the most, and general teenage rants.

The idea of having so much fun just about turned me from an academic student into a jock. I suddenly realized how much I missed my younger days of playing football and soccer, basketball, and even badminton and volleyball. I ended up getting into the shape of my life. When high school was done with later that year due to an illness, I made a decision that I wanted to join the army. I didn't decide this for the adventure or action or travel or one of the many reasons people sign up. I simply didn't want the newly rediscovered athletic side of me to go away, and a friend who was in the military had shown me how fit you have to be to keep up while serving.

I often wish that things had gone dif-

ferently. There were some very difficult times. I was turned down for the military due to a bad medical report, but I kept up with the running I was doing in hopes that the medical condition would change. My army friend had told me that to get into a special unit I was interested in, one of the things you had to do was run a six-minute mile. I never ended up doing this, but one time by going full steam ahead I managed to run a quarter mile in 1.5 minutes.

I moved out to Vancouver that November. It was about two months later, near the end of that year that I decided I was going to put myself to the ultimate test. I was going to run 26 miles - a full marathon. I started out downtown on Main and Terminal Streets, then ran all the way to Stanley Park, then around the park and added another ten miles by taking the long way home. It took a heck of a lot out of me, but I had done it, I had accomplished something that I never thought I could do, especially since I was a smoker at the time. From then on I really felt like

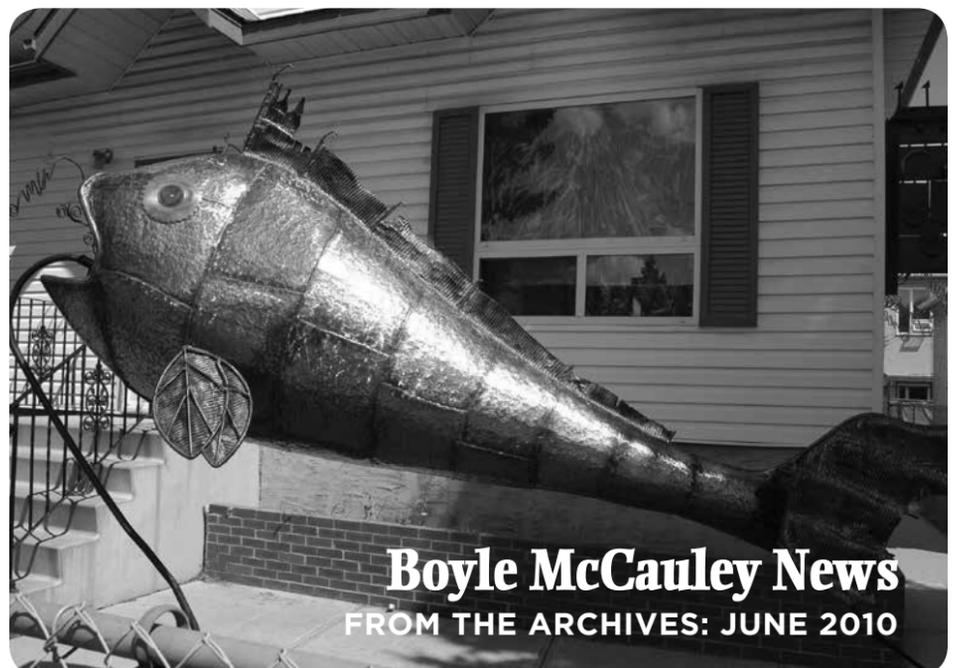
I had nothing to prove. I scaled back playing sports and time went on.

Now, I still love to kick the soccer ball around when I can, or have a game of 21 on the basketball court. Eventually, my knees got the better of me though. Now I see my best competitions as events like "The Edmonton Story Slam" which I won twice last year. Some part of me still craves the feeling of pushing limits, being outside and traversing long distances, but I no longer run. I have started walking sometimes five or 10 miles a day. I never thought it possible, but often I walk downtown and back from McCauley to run errands, or even out to Superstore on Kingsway. Aside from those forms of exercise, I have found that the best one is to head over to Commonwealth Stadium to use the pool, sit in the hot tub and steam room, and for a brief moment pretend I'm back in Hawaii or that it isn't really winter outside. Winter can be great, but fantasy can sometimes be better.

Leif lives in McCauley.

CHECK OUT THE MONTHLY SUDOKU PUZZLE ON PAGE 15 AND CHECK YOUR ANSWERS HERE:

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Boyle McCauley News FROM THE ARCHIVES: JUNE 2010

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SOLUTION ON PAGE 14

GENERATED BY THE OPENSKY SUDOKU GENERATOR

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(780) 423-2285
 Drop-in Centre: Monday – Friday 7 a.m. – 4:30 p.m. /Saturdays: 12 p.m. – 4 p.m.
 Child Care Centre: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred)
 Women's Lunch: Tuesdays and Thursday at noon
 Health for Two: Tuesdays at 12 p.m.
 Parenting Classes: Mondays at 11 a.m.
 Free Tax Workshops: Wednesdays 12:30 p.m. – 4 p.m.
 Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:15, first come first serve)

BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street
 Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.
 Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.
 Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue
 (780) 424-4106
 Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m.
 Adult Drop-In open all day – 8.30 – 4.30 . Lunch: Monday-Friday at 11.30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

INNER CITY PASTORAL MINISTRY

10527-96 St. NW
 (780) 424-7652
 Pastor Rick Chapman
 Pastoral Assistant: Michelle Niewiadomy
 Sunday Service: 11 a.m. - noon
 Sunday Lunch: Noon - 1 p.m.

ST. PETER'S LUTHERAN CHURCH

9606 – 110 Avenue
 (780) 426-1122
 The Rock Community Breakfast
 Tuesday to Thursday 7 – 9 a.m.
 Kid's Club. Monday 6 – 7:30 p.m.

SALVATION ARMY

9611 – 102 Avenue
 (780) 429-4274
 Men's Residence, Anchorage Addiction & Rehabilitation Chapel.

WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

THE MUSTARD SEED

10635 – 96 Street
 (780) 426-5600
 Evening Meals: Mon.-Fri. 7:00-8:00 p.m.
 Sat. 5:00-6:00 p.m.
 Food Depot: Tues. and Thurs. afternoons 1:00-3:00 p.m., Wed. evenings 8:00-9:00 p.m.
 Drop-In Coffee: Monday - Friday afternoons 3:00-6:00 p.m.
 Evening Drop-In: Saturday 6-10 p.m.
 Personal Assistance Centre (PAC, clothing ministry) 10568-114 Street, side door

Mon: 1:00 - 3:30 p.m.
 Wed.: 5:00 - 7:30 p.m.
 Thurs: 1:00 - 3:30 p.m.
 For more information call The Mustard Seed, at (780) 426-5600 or visit: www.theseed.ca

HOPE MISSION

9908 106 Avenue (780) 422-2018

HOPE MISSION MEALS:

Monday - Friday
 Breakfast Served 7:15 a.m. - 8:00 a.m.
 Lunch served 12:00 p.m. - 12:45 p.m.
 Supper served 5:00 p.m. - 5:45 p.m.
 Weekend
 Brunch 10:45 a.m. - 11:30 a.m.
 Supper 4:15 p.m. - 5:00 p.m.

HOPE MISSION SHELTER:

Men, Women, Youth
 Doors open 8:30 p.m. - 12:00 p.m.

HOPE MISSION COMMUNITY CHURCH:

Sunday
 2:00 p.m. Hope Mission Centre - 9908 106 Avenue
 7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

HOPE MISSION HEALTH CLINIC:

Family Doctor Tuesday and Thursday
 Walk in: 8:00 a.m. - 4:00 p.m.
 Family Doctor (Male Patients) Monday - Friday
 Walk in: 2:00 p.m. - 10:00 p.m.
 Psychiatrist Monday - Friday
 Appointment only - call (780) 244-2018 Ext. 278

NICOTINE ANONYMOUS

RICK (780) 474-5593
 GWYNN (780) 443-3020
 Support for smokers who are trying to quit.
 Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed here. Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall.
 Contact: Denis Lapierre, Coordinator
 780-429-0675 or
 email:dl.learningcentre@shaw.ca

NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Services Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

COMMUNITY EVENTS AND ACTIVITIES

NEIGHBOURHOOD PAINTING

Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/Breakfast Club. To contact me, please leave a message at (780) 426-1122.

WIRELESS NETWORKING

Are you tired of your street using your wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevan at (780) 983-5343.

HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

BOOMER TO ZOOMER YOGA

Small groups or one-on-one. Learn yoga at your own pace; at your own time. \$10/hr for small group lessons. Call for more information. Sally @ (587) 336-8306.

COMMONWEALTH COMMUNITY REC CENTRE ACCESS

All Amenities, Sundays 1-3 p.m.
 FREE for MCL and BSCL members.

FREE KIDS COMPETITIVE SWIM PROGRAM

For kids ages 6 to 14 at Commonwealth Pool. Must be able to swim 25m unassisted. Must live within the McCauley boundary. Mondays, Wednesdays, and Fridays from 4 p.m. to 5 p.m.
 Contact Corrine @ (780) 421-1189 or
 corrinecoffey@shaw.ca

MUSICAL MAMAS SINGER SONGWRITER SUPPORT GROUP FOR WOMEN

A wonderful gathering of female singer/songwriters and industry professionals who meet monthly to inspire, support, develop, and expand musically. Held at the Boyle Street Plaza on the last Tuesday of each month 7-9 p.m. All Ages - Free
 For more information: (780) 807-5883.

PIU YUM RECREATION CLUB

Dancing, Exercise, and Singing Everyone is welcome, free admission. Every Monday from 1:00 to 5:30 p.m.
 Boyle Street Plaza 9538 – 103A Avenue.

WINTER IN LITTLE ITALY

November 12, 11 a.m. to 5 p.m.
 Too chilled to walk the paths of Little Italy? Then hop aboard a horse drawn carriage and tour Shops, Restaurants, and Heritage Buildings. Pick up your passport, collect your stamps, and enter to win a Made-in-McCauley Gift Basket!

FREE COUNSELLING

Free counselling intended for personal growth from a professional counsellor with a Christian perspective. Experience freedom from or learn to cope with: Depressive and Anxious Thoughts, Loneliness, Low Self-Esteem, Low Self-Confidence, Fear of the Future, Trauma, Loss and Grief, Addictions, Personality Issues, Relationship Issues, or Fear of Harm. Regardless of your Christian Denomination, Religion, or lack of Religion, if you have reached 18 years of age, you are very welcome for individual or group counselling. Strictly no money or donation involved. The main objective of this Christian outreach service is to reach out to those who are hurting and, if they choose, to help them transform their lives through Christ and the Church community. Please feel free to email for an appointment: Rev. Dr. Davis P. Tharayil, PhD
 churchofthesurrection.accc@gmail.com

MAJESTIC INK

Willing to do snow shoveling. Call with 24 hours' notice. Seniors and residential area. Negotiable flat rate. Call Mo: 780-616-3941.

DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND! (780) 566 2178 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

IN-HOME NANNY NEEDED

In-home nanny needed for 4 & 1 year old in private home. Optional accommodation available no charge & not a condition of employment. Requirements: English, First Aid, non-smoking, 1-2 yrs experience in childcare, drug test, criminal & medical exam check. Maintain a safe and healthy environment in the home, prepare formulas and children for rest periods, change diapers, bathe, dress, and feed children among other child care duties. Please email marizel73@hotmail.com or call (780) 474-7076.

MATH TUTORING

Offering math tutoring from junior high to undergraduate levels. Rate: \$30/hour, Phone Nathan Binema: (587) 337-4189, email: ernienathan@protonmail.com. Willing to make house calls for residents of Boyle Street and McCauley. Contact for availability.



FREE MONDAY EVENING GUITAR LESSONS

Drop-in guitar lessons for all ages and skill levels. (Children under 12 must be accompanied by an adult.) Everyone welcome. Guitars available to use. Every Monday 8:15 p.m. – 9:45 p.m. Location: McCauley Boys & Girls Club, (9425 109A Avenue). To sign up for guitar lessons or for more info call (780) 424-2870. Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church.

WECAN FOOD BASKET Make Your Monthly Grocery Supply More Complete!

Monthly Food Basket \$15/meat order, \$10/produce order – Annual Membership is \$5.
 Upcoming deadline for payment is Nov. 3. Payment can be at McCauley Boys & Girls Club, during business hours, Monday – Friday 9 a.m.-4 p.m. Next depot date is Thursday, Nov. 16, 10 a.m. – 2 p.m. at McCauley Boys & Girls Club (9425 109A Avenue). For more info please contact (780) 424-2870.
 Website info: www.wecanfood.com

STREET PRINTS ARTIST COLLECTIVE

Creating opportunities for independent artists to market and sell. VOLUNTEERS NEEDED
 Artists and community developers volunteer together to bring to market and sell the works and prints of artists from the inner city.
 For more info please contact (780) 288-1778 or (780) 271-5995.
 Facebook page: @streetprintscollective
 E-mail: streetprintscollective@gmail.com

DROP-IN SOCCER RECREATIONAL PLAY FREE PROGRAM

Weekly Recreational Soccer Fun! (Hosted by ICRW/e4c)
 Come alone or with friends to join in drop-in recreational soccer! Everyone is welcome and we play to have fun and to everyone's ability. Developed through community partnership with E4C and Inner City Recreation Program. INDOOR Throughout winter months (Nov-April) Tuesdays (1-3 p.m.)
 Location: Boyle Street Community YMCA Gym 10350 95 St. For more info please contact (780) 271-5995 or (587) 337-9860

SHARING CIRCLE WITH SHARON PASULA

Monday, November 13 – Parkdale/Cromdale Hall (11335 85 St.)
 Share in the experience of traditional Indigenous teaching and cultural understanding in a safe and pleasant sharing circle. Session begins with Song and smudge.
 Time: 1:00 p.m. to 3:00 p.m. (soup & bannock from 12 p.m.)
 This program is open to people with an interest in learning more about Indigenous culture and process, and the reconciliation of relationship with Treaty people.
 For more info please contact: (780) 424-2870 or (780) 271-5995

Koermann Block Art Workshop

About 50 community members took part in a public art workshop on September 16. Facilitated by artist AJA Loudon (pictured in the bottom photo), participants created a mural on the Koermann Block building at 10220 96 Street. The event was organized as part of the Artists Quarters, a project “envisioned as an inclusive, healthy, affordable, accessible, and sustainable artists urban village lo-

cated in the historic center of Edmonton known as Boyle Street Community, or The Quarters Downtown. The building consists of multipurpose studio and performance spaces in the publicly accessible atrium, topped off with a cooperative residential tower.”

“Anchor organizations in this purpose-built art space include veteran Edmonton arts organizations, such

as Rapid Fire Theatre, Alberta Craft Council, and Arts Habitat. Deconstruction of the Koermann Block will occur once construction funding is secured for Artists Quarters. Before demolition and rehabilitation of the historic brick facades, Arts Habitat and our project team will lead the creation of transitory artworks utilizing the panelled windows and doorways of the building, as well

as south-facing exterior brick wall. Artworks will be reclaimed or photographed for potential reuse in the commons of the finished development.”

PHOTOS BY CHELSEY BOOS AND JOELLE REINIGER

INFORMATION PROVIDED BY ARTISTS QUARTERS



BOYLE MCCAULEY PHARMACY AND HOME HEALTH CARE

10817 95 STREET EDMONTON, AB T5H 2E2 • (780) 705-6333

NEW HOURS WEEKDAYS 8 A.M. UNTIL MIDNIGHT
WEEKENDS AND HOLIDAYS 10 A.M. - 6 P.M.

FLU VACCINATIONS AVAILABLE