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# Boyle McCauley News

CIRCULATION 6000 • BMCNEWS.ORG

SEPTEMBER 2018

FREE

V O I C E O F T H E C O M M U N I T Y S I N C E 1 9 7 9

## The Hat at Five Corners

*Construction finally going ahead at Jasper Avenue site.*

ANITA JENKINS

Boyle Street residents can now look forward to having a new 24-storey rental apartment building on the northeast corner of 95 Street and Jasper Avenue. In this case, the words “look forward” are not standard ad copy. For years the community has been staring at, and sighing about, a giant hole in the ground at that location.

In 2013, the City paid for decontamination of the site. Then, BCM Developments did some initial work towards a planned condo building. But in the fall of 2015, the initiative failed and BCM abandoned the project.

The Cidex Group, which has head offices in Calgary, took over the property this spring and quickly started building. To be called The Hat at Five Corners, the Cidex tower will have 199 units ranging in size from small studios to three-bedroom suites.

The larger suites are designed to attract families, says Cidex business development manager Sarah Itani. “We are seeking diversity, not just one demographic,” she says.

There will be retail space on the main floor. Itani thinks the area can support a food store and a coffee shop, pop-up retail events organized by local entrepreneurs, and spaces for community groups and artists.



Progress is visible at what was formerly a hole in the ground at 95 Street and Jasper Avenue. Leif Gregersen

Itani says her company sees the area as an “up and coming neighbourhood.”

One asset she mentions is the Valley Line LRT, which has a Phase 1 completion date of 2020, the same year the Hat building is scheduled to open. Cidex, which is Alberta-based, “has had its eye on Edmonton for a while,” Itani says, be-

cause of its active economy.

On July 13, the company held a small celebration of “hitting the ground floor,” inviting the neighbours to come over and have a closer look. The hole had vanished under a sheet of concrete, and the first few storeys were about to appear.

Community members and city

officials are no doubt glad to see the verticals going up, the cranes moving and one more floor being poured each week (allowing for “cure time” before moving on to the next level). All’s well that ends well.

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

### Inside THIS MONTH:

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#### A CONNECTED COMMUNITY IS A SAFER COMMUNITY

“ These meetings have become a community-owned mechanism that is increasingly broad, inclusive, representative, and responsive.

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#### BSCL UPDATE

“ The Heart of Boyle Street Series documents and shares the stories and voices of those who live and work in the Boyle Street area.

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#### MCCAULEY SAFETY COUNCIL PROJECTS

“ If you want to make a positive change in our community, report your concerns. Resources cannot be allocated to a situation that goes unreported.

■ PAGE 14

# Celebrating Good News



PAULA E. KIRMAN • BMC News Staff

## McCauley Musings

When a group of concerned residents created **Boyle McCauley News** almost 40 years ago, part of the mission of the newspaper was to highlight the positive aspects of living in the area. The reason was to try to counter the image of McCauley and Boyle Street presented in the mainstream media as a place of violence and crime. This remains one of the missions of the paper to this day: to present community news and events often missed by other media. Community problems are also dealt with in these pages, but usually from a solution-oriented approach rather than sensationalism.

With the history of the community and the mainstream media in mind, it was absolutely thrilling to read Elise Stolte's feature in the *Edmonton Journal* on July 30 about business people in the area who are dealing with the issue of homelessness in unique and creative ways. People who are not acting on behalf of any organization or agency, but who are making an important difference.

A link to the story was posted on our social media as soon as possible, and it received a high number of likes and shared in proportion to the rest of our posts in the same time period.

The fact that many compassionate and caring people live and work in McCauley and Boyle Street is certainly not news to those who spend a lot of time here. Getting the "good news stories" about the inner city to the rest of Edmonton is the challenge. Thankfully, the rest of the city is starting to take notice.

# Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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PAULA E. KIRMAN • BMC News Staff

## Editor's Notes

Welcome back! We had a busy summer here at **Boyle McCauley News**. We published several exclusive stories at our website, which you can read at [bmcnews.org](http://bmcnews.org). They are archived with the July/August issue. At our website, you can also subscribe to our free e-newsletter, which features highlights from each issue as well as web content.

We also kept our social media active with story highlights, photos, and community news and events that fell through the cracks of

our print publishing schedule. Find us on Facebook and Twitter (@bmcnews) as well as Instagram (@bmcviews).

This is our first issue where we have no specific theme, but are focusing on current community news and views. I welcome your feedback at [editor@bmcnews.org](mailto:editor@bmcnews.org).

You may notice that this issue is missing "Something Funny." Isabelle Foord, who has been writing the humour column for over a decade, is directing her time to other projects. I want to thank her for her contributions to the paper and wish her the best!

## Our Next Issue. . .

Our next issue is October. Articles and photos concerning community news, events, and opinions are welcome. We also encourage submissions of poetry, and cartoons (in JPG or PDF format). Deadline: September 12. Send submissions to: [editor@bmcnews.org](mailto:editor@bmcnews.org). Articles should be 400 words or less and accompanied by photographs (JPG, in high resolution) when possible.

## Letters to the Editor

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to [editor@bmcnews.org](mailto:editor@bmcnews.org). Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters is the same as other content: the 12th of the month.

# Boyle Street and McCauley Crime and Safety Numbers

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# Edmonton CDC: People First Community Development

*Update on transfer of land at the former Paskins site/Little Italy Community Garden.*

**MARK HOLMGREN**

Edmonton Community Development Company (ECDC) may be one of the newer kids on the block, but has actually been an aspiration of community folks for dozens of years. It finally got legs at the Mayor's Taskforce to End Poverty, now called End Poverty Edmonton (EPE). While there are many CDCs in the United States, only a handful exist in Canada. CDCs share a common mandate to address social and economic challenges through the development of affordable housing, local businesses (including social and micro enterprises), and job training and fostering the creation of living wage jobs for low income workers. As well, intentions also include helping to build capacity in neighbourhoods to optimize local leadership and to ensure community engagement is authentic and occurs early on with residents and other stakeholders.

Established officially in early 2017 the ECDC began its life with five years of core funding from the City of Edmonton, Edmonton Community Foundation,

the United Way, and Homeward Trust. Later that year, the Stollery Charitable Foundation joined the effort with three years of funding. As well, the City committed to transfer parcels of surplus land to the Edmonton CDC valued at \$10 million and has also provided some pre-development funds to help seed projects.

Our current priorities are to deliver on our mandate in the urban core and in neighbourhoods to the north, working with community stakeholders to enhance, rehabilitate, or create local businesses, develop empty lots, undertake new construction, and increase the availability of housing at the lower end of market, if not below market.

One of the parcels of land coming to the Edmonton CDC is in McCauley: the former Paskins site where the community garden had been operating and which includes the yellow building at the north end of those lots as well as the lay down site to the south of the gardens. We expect to finalize the land transfer contract in the next few months

with the City. However, once a land transfer contract has been finalized, the Edmonton CDC has four years to take possession. Our intention is to take possession of any land transferred to us at such time when we are ready to develop. This helps us to avoid the expense of paying property tax and required maintenance of the land, which means the City remains responsible for the land until such time.

I understand that community members are disappointed that the community gardens did not take place this summer. This was not the ECDC's decision as we do not own the land yet. I have expressed to the City that we have no issues with the land being used as a community garden. In fact, we do not anticipate developing on the land until the fall of 2019 at the earliest, which means that the possibility of using the land for a garden in 2019 does exist.

Currently, we envision beginning community engagement about what to do with the Paskins site sometime next summer. We want

to make sure that what is developed there is aligned with community needs and aspiration and adds value to Revitalization efforts.

Other work under way includes exploring possibilities with the City's efforts in the Quarters related to the relocation of the Graphic Arts Building which would become a part of the ECDC's portfolio. Early discussions are under way about the possibility of the ECDC leading efforts to revitalize the Iron Works building on 96 Street. As well, we have just begun connecting with groups doing social enterprise work, in order to identify possible collaborations that can increase impact, especially with respect to job creation and adding to the local economy.

For more information, give me a call at (780) 299-0780 or write me at [mholmgren@edmontoncdc.org](mailto:mholmgren@edmontoncdc.org). We are currently developing a new website at [www.edmontoncdc.org](http://www.edmontoncdc.org).

*Mark is the Executive Director of the ECDC.*

## Intercultural Centre Brings Together Diverse Communities

**PHIL O'HARA**

It was heartbreaking for the neighbourhood in 2010 when McCauley School was closed soon after Sacred Heart School closed. But in 2014, the former school found new life as the Edmonton Intercultural Centre (EIC) and McCauley residents discovered a new asset in their community.

The McCauley neighbourhood doesn't have one central meeting place, but the EIC is quickly emerging as the go-to place to meet and make connections for area residents.

For example, the McCauley Community League has held several community meetings in the gym, the Our McCauley initiative holds its monthly intercultural connec-

tion events in the lunchroom, and area residents regularly play basketball in the gym.

Residents and neighbourhood organizations take advantage of the diverse spaces at the Centre - gym, lunchroom, former library, classrooms, and reasonable rates for short-term bookings for recreational activities, community meetings and private functions. Many McCauley parents have enrolled their children in the excellent childcare located in the building.

Just as important, the presence of the Centre in our neighbourhood is a catalyst for increasing efforts to bring the diverse residents in McCauley together in celebration and friendship. Our neighbourhood's involvement

in the Centre is also helping in the evolution of the Centre's intercultural operating model.

The former school building is still owned by the Public School Board, but it's managed by the City which in turn entrusted the day-to-day running to a non-profit board. The City provides ongoing supports and an annual \$150,000 grant to help cover the costs of operating the building, which was built in 1911.

Currently there are nine member tenants and many user groups who book space on weeknights and weekends. The tenants are non-profit organizations, including the Centre for Race and Culture, Creating Hope, the Multicultural Health

Brokers, and the Edmonton Multicultural Coalition.

On any given day, organizations and community members from about 20 diverse ethnocultural communities use the building. In 2017, over 73,000 people used common space rentals at the Centre, which generated about \$60,000 in revenue.

Consider attending the EIC Annual Meeting on September 11 at 5:30 p.m. at the Centre. Better yet, think about adding another community voice by becoming a board member. Please RSVP to Rose at [edmontonintercultural-centre@gmail.com](mailto:edmontonintercultural-centre@gmail.com).

*Phil is a McCauley resident and President of the Edmonton Intercultural Centre.*



**Boyle McCauley News**  
FROM THE ARCHIVES: APRIL 2015

# Janis Irwin Launches Campaign for NDP Nomination



The audience listens as Janis Irwin announces the launch of her campaign for the Edmonton-Highlands-Norwood NDP nomination. Ted Smith

**PAULA E. KIRMAN • BMC News Staff**

Janis Irwin has become the first person to announce as a candidate for the Edmonton-Highlands-Norwood NDP nomination. Brian Mason, long-time MLA for the constituency, recently announced he will not seek re-election.

Over 200 people attended the announcement on August 1.

A resident of the constituency and a community volunteer (including being a contributor to *Boyle McCauley News*), Irwin ran for the federal seat of Edmonton Griesbach in the 2015 election. Conservative Kerry Diotte won the seat.

"The NDP has a long history of strong representatives in the Edmonton-Highlands-Norwood area. MLAs like Ray Martin, Pam Barrett, and Brian Mason have modelled what it means to be an effective elected official, one that's principled, passionate, and hard-working. I believe that I can build on their good work," says Irwin.

Irwin's professional background includes being a teacher and vice principal. "My background in education reminds me of the young people of this province and how important it is that we re-elect a government that will continue to invest in education, ensuring that students are safe and supported. I think about those students I taught who struggled with their identity, and what it could mean for them under a different government where

they don't feel safe being who they truly are. I know first hand just how important these supports are and I know that the decisions a government makes on issues like these get to the heart of what we want our society to look like and how we treat each other, and how we model for future generations that we are truly a caring, inclusive province."

Several women elected officials have faced public abuse and harassment in recent years. Still, Irwin encourages women not to let this deter them from seeking public office. "Women bring a unique and important lens to politics. When women aren't represented in politics, their issues aren't effectively raised," she says. "I think that there continue to be a number of challenges women in politics face. One of the best ways that we can try to counter this is to continue to encourage women to run for office. We know that statistics show that women often need to be asked multiple times to run. I always encourage women who are thinking about being involved in politics to give it a shot. But, they need to know that they will be supported. And we can support women in so many ways—from helping them raise money to knocking on doors, every action makes a difference."

More information about Irwin and her campaign can be found at [janisirwin.ca](http://janisirwin.ca). A nomination meeting date for the Edmonton-Highlands-Norwood NDP has been scheduled for the evening of October 23, 2018.

# Transplanted Author Creates Her Next Novel in McCauley



Martha Brooks. Gary Garrison

**GARY GARRISON**

This summer, at the age of 74, novelist Martha Brooks is giving birth to a new baby in a home she shares with Jonathan Hooton across the street from Giovanni Caboto Park. She calls it *The Youngest Widow in Town*, a novel born of Martha's grief in losing her first husband to cancer in 2012 and finding new life with Jonathan where they can be "just a couple of crazy kids doing what we do, not wanting to retire."

Martha is a multi-talented artist whose fiction has moved audiences around the world. *True Confessions of a Heartless Girl* won the Governor General's Award in 2002, and her seven other novels, two short story collections, three plays, and memoir have won numerous awards too. "A jazz singer with a sultry soulful style," Martha has performed across Canada, in Reykjavik and Berlin and released three CDs, one of which won the 2001 Prairie Music Award for Outstanding Jazz Album of the Year.

*The Youngest Widow in Town* is set on the Canadian prairies in 1927. World War I is over less than ten years, survivors of the carnage struggle everywhere with unhealed trauma, and the dead live on in the memories of the living. For many, like Prime Minister Mackenzie King, who often conferred with his dead mother, the dead are very much alive as spirits. Marguerite, the narrator, is 19 years old, and her husband has died in a farming accident.

The novel is, Martha says, "an explo-

ration of the lands of the living and the dead and how those two intersect." Creating it "has been to a large degree the product of my transformation and transcendence of going through unstoppable sorrow, having lost my husband, Brian." In her memoir, *Letters to Brian*, she worked through the first year of grief after his death, when "he was moving in my life and helping me re-join the land of the living."

"Life can lunge at us with something utterly terrible we didn't expect and can drop upon us incredible blessings. That miracle of unexpected connections has been my path of understanding for most of my writing life," she says. "What I do with all my novels is present the difficulties of simply loving and how worthwhile it is."

Her creative process, she says, involves putting herself in a sacred space and waiting for things to emerge. When she took a course on family constellations, which is a big part of Jonathan's work in healing trauma, she was thrilled to discover how similar both processes are. She sums up the process simply: "Don't push the river!"

Martha says she loves living in her vintage home in McCauley because of the beautiful mosaic of people and cultures, the different accents, the Africans next door, the Salvadorans on the other side, Little Italy, Chinatown. "But the truth is, if Jonathan weren't here, I'd be back in Manitoba. Jonathan," she says, "is my home."

# BSCL Summer Program Assistants

*Students' talent and commitment benefit the League.*



Bronwyn Neufeld (left) has been a day camp leader and aquatics instructor. Eilysh Zurock has worked as an archivist assistant at a museum. Catherine Miller

## ANITA JENKINS

When you were out and about in Boyle Street this summer, did you meet a young woman with a camera who wanted to talk to you? If so, we hope you cooperated!

The Boyle Street Community League's two summer program assistants, Bronwyn Neufeld and Eilysh Zurock (both students at the University of Alberta), enthusiastically took on a project called the Heart of Boyle Street. Their task was to interview and take photos of people who live and work in the community. The goal was to document and share people's stories and voices, thereby showcasing the eclectic and diverse spirit of the neighbourhood.

Zurock says she and Neufeld were looking to include a variety of different people. "We didn't wish to exploit anyone or [on the other hand] to suggest that Boyle Street is perfect."

In early August, Zurock and Neufeld had done almost 40 interviews and photos. This significant number is indicative of their persistence, since some people decline because of privacy concerns or for other reasons.

The summer program assistants, funded via Canada Summer Jobs, are also laying the groundwork for future community league

projects. "We were hired to develop programs and organize events that will be sustainable after our time with the BSCL," Zurock says. For example, something they call Flash Mob would involve setting up a camera library and camera club. Cameras would be loaned to club members to take photos on a theme relevant to the area.

Neufeld is also working on setting up a running club for the League. We asked her about choosing the BSCL summer job instead of one more closely related to her plans to become an engineer. Her reply: "It's important to try different things and get a broad perspective. I also like this job because it is self-directed."

Zurock has similar comments. She is interested in human geography, that is, the study of the interaction between human beings and their environment. So, even though she is studying business (with a minor in human geography), she wants to equip herself with a broad knowledge base.

Both Neufeld and Zurock have impressive backgrounds in volunteering and community service. The BSCL was fortunate to have their assistance this summer.

*Anita Jenkins is a retired writer and editor who lives in Boyle Street.*

## iHuman Featured at Interstellar Rodeo



A couple of young performers like Jesse Jams took to the main stage at Interstellar Rodeo in late July as part of a community partnership between the festival and the organization, which uses the arts as a way to engage at-risk youth. iHuman also had a community hub area with break dancing demonstrations. For more information and photos, visit our website at [bmcnews.org](http://bmcnews.org) and check out our web-exclusive feature that is archived with the July/August issue. Paula E. Kirman

## REELING DANCING ON SCREEN SEPTEMBER 15-22

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Dance film is a rapidly changing medium that encompasses every dance style and point of inspiration. Join us in Little Italy to view some of the most striking short dance film creations that the world has to offer. Short dance films will be displayed in the streets and store fronts of Boyle McCauley businesses.



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# HOTC Attendees Wanted

## CHARITY SLOBOD

Heart of the City is again trying something new and we want to hear from you! We are hosting two different focus groups this month: one for first time festival goers, and the other for repeat attendees. The date is set for September 16 from 1:00-2:30 p.m. for the first-timers, and 3:00-4:30 p.m. for return participants.

We'll be asking classic questions such as: what brought you down to

the festival? What did you like, or did not enjoy? Where can we improve? Do you have any ideas for the festival's future development? I also hear a rumour that there will be some light refreshments served.

With your help we can continue growing with this vibrant community!

If you'd like to get involved, please contact Charity for more information at [heartcitymusic@gmail.com](mailto:heartcitymusic@gmail.com).

# Raven

The cool air flows all over me  
But just days before it was as though  
The sun had gotten a perch high in the sky  
I love the heat so much  
To walk while the sun beats down for miles  
I get all the time I need to think life through  
I get my chance to sort out present, future, past  
I hear the ravens calling  
On and on the caw-cawing  
I wish I were as free as those birds  
Not to worry of competing or of love  
Just the thrill of flying free

Sometimes I wonder  
What if that crow was the reaper  
Disguised in a much more soothing form  
His love cawing  
A bell, a knell  
To summon one to heaven or to hell  
Where each thing I ever did  
Was replayed before my eyes  
My evil deeds unpunished  
For all to see and judge  
Please my raven, do not take me yet  
I still truly need to find a way  
To be forgiven  
Before your black form comes  
To take my soul away.

- By Leif Gregersen

Leif is a writer in McCauley. Most of his books are available at the Edmonton Public Library, in both paperback and eBook.

# Corn on the Cob

## YOVELLA M.

With the return of fall, it means we will be saying goodbye to backyard barbecues and patio meals. Thankfully, we have plenty of vegetable dishes and stews to look forward to cooking. Common September fruit and vegetable harvests for Alberta include, but are not limited to: apples, zucchini, tomatoes, onions, corn, squash, turnips, carrots, and potatoes.

This summer I co-hosted a BBQ, and when I attempted to add sugar to the boiling water there were strange looks all around. No one had ever heard of adding sugar when boiling corn on the cob. I'm

glad I didn't mention the old traditional recipe which calls for adding milk, cream, and butter to the boiling water.

I've learned that there are many ways to cook corn on the cob, and people will often insist that their favourite way to cook this delicious vegetable is the only way that it should be cooked and eaten. For this month's recipe, I'll share one of the cooking methods that I love but doesn't seem to be well known in Edmonton.

*Yovella is a former resident of McCauley who still works and volunteers in the area.*

## CORN ON THE COB

### Ingredients:

- 6-8 Corn ears. Husk and silk removed.
- Milk. Anything less than 2-3% milk is not recommended for use due to being less flavourful and the likelihood that it will curdle.
- ¼ Cup whipping cream.
- ¼ Cup butter. Margarine is not recommended and will alter the taste.
- 1/3 Cup Sugar.
- Pepper.

*Do not add salt to the water. It will make the corn hard.*

### Instructions:

- Fill a large pot halfway with water.
- Add milk, cream, sugar, butter.
- Bring pot to a boil. Add corn cobs.
- Reduce temperature, simmer, allowing the corn to cook 7-8 minutes until tender.
- Once cooked remove corn from liquid, place corn on a serving plate and cover with aluminum foil until ready to eat.

*Leaving the corn in liquid will alter the taste and can also lead to overcooking the corn.*

## Food and Fun at Summer Carnival



The 23rd annual Operation Friendship Seniors Society carnival took place in early July. Janis Irwin



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# What Happened to the LIVINGbridge?

*Community garden closed by property owners, citing issues with maintenance.*

**PAULA E. KIRMAN • BMC News Staff**

The LIVINGbridge did not bloom this summer.

Located at the old rail bridge 105 Avenue above 97 Street, the LIVINGbridge's lease came to an end in June. A group of volunteers dug up the plants, which were transplanted to other community gardens in the area.

"We were getting notices from Bylaw Enforcement to clean it up," says Mike Saunders, Vice-President, Development for Qualico Commercial. "It was supposed to be maintained, and from our sources such as the property manager, it wasn't being done."

Community member Rylan Kafara has serious concerns about the way such notices were handled. "Instead of Bylaw Enforcement fining Qualico for homeless community members utilizing the space, the City should have supported the company's efforts in grassroots community development," he says.

Kafara also emphasizes that the "critique I have of the City is the system, and certainly not with the people working hard within it on community development projects."

People like Jane Molstad, McCauley Revitalization Coordinator. "It is sad to see any garden close out and those who worked on it were given referrals to other locations where they can pick up on a gar-



Planting taking place on the LIVINGbridge several summers ago. File Photo

den bed and continue the joy of gardening in the area," she says.

"Revitalization helped the agencies by recycling all the living items after three years of planting on the living bridge," she says. "The shrubs and berry bushes were removed and given to other living gardens in McCauley. The orchard, the LRT garden and the Friendship Garden all benefitted from the shrubs being recycled as they seemed to need TLC.

Saunders says that Qualico is currently looking at alternatives, such as the bridge being paved over, but explains that such plans have not been confirmed. In a statement from Station Lands Ltd., a joint venture managed by Qualico, the company says:

*"We have been working with a variety of stakeholders including various City of Edmonton departments and are in the process of updating our master plan for the area. These plans will include residential and commercial development and the activation of the 97th Street bridge. As an important transportation corridor for pedestrian and bicycle traffic, we are planning on incorporating the bridge in our master plan as a way to connect downtown to the north east of Edmonton."*

Kafara would consider paving the bridge to be gentrification. "Paving over a bridge that connected Edmonton residents from all walks

of life, grew plants, was a space for inclusive events, and a spot for people to stop moving for a second and take a break, is not a way to improve a community. It is, however, part of the process of displacing existing Edmonton residents who no longer belong in a gentrifying downtown. When it was unsuccessful in terms of limiting the visibility of homelessness, the LIVINGbridge was dismantled," he says.

"Whatever form the bridge now takes, I'm concerned it will no longer be as welcoming a space for people experiencing homelessness, and just another part of a sanitized downtown where our most precarious residents have to stay on the move and are no longer welcome."

However, Saunders insists that Qualico is willing to work with the community and to meet with representatives to discuss maintaining the landscaping on the bridge. "We are open to making it work as a community amenity, but everyone has to chip in and uphold their end of the bargain," he says.

"We're here to work with the community in a collaborative fashion. That's always been the way we operate."

*A version of this article was published over the summer at our website: [bmcnews.org](http://bmcnews.org). Want to stay in the loop when it comes to web features? Go to our website and sign up for our free e-newsletter to be delivered directly to your inbox.*

## A Connected Community is a Safer Community

*McCauley Safety Community Meeting on September 25, 7-9 p.m., Edmonton Intercultural Centre.*

**MARK DAVIS**

On August 22, a diverse group of stakeholders with a common interest in community safety met at the Edmonton Intercultural Centre for a McCauley Community Safety Meeting.

The group reassessed a list of priority concerns originally identified in February, including Safe Consumption Services, problem properties, empty storefronts, vacant lots, human trafficking, and litter. The meeting's convener, REACH Edmonton, believes that the best solutions come from within the community. With a vision of monthly meetings and a greater focus on en-

gaging stakeholders for ideas, the group will meet on September 25 to discuss the priority concerns and brainstorm community-driven solutions. Come and add your voice to the conversation.

These meetings have become a community-owned mechanism that is increasingly broad, inclusive, representative, and responsive. They bring together residents, businesses, service agencies, community groups, EPS, REACH, City and Provincial representatives, and invited resources. They are a means for engagement, sharing, learning, empowerment and, most importantly, connection.

There is a tangible feeling of connectedness in McCauley. We are blessed with a number of individuals and groups that have a collective impact on the vibrancy and well-being of our community. Take whatever time you can to get to know them. Stop by Zocalo to pick up your free Community League membership. Attend a meeting of the Community League Board or the Safety Council - they're open to all. Take your kids to free Cartooning Lessons or Gardening Camp facilitated by McCauley Families. Participate in The Rack Clothing Exchange, a Garden Crawl, or any of the inclusive and accessible events supported by McCauley Revitalization. Get to know Chinatown through a Walk-

ing Tour or Dining Week, or Little Italy through one of Viva Italia District's innovative events. Enjoy one of Our McCauley's monthly Intercultural Gatherings. Get in touch with Abundant Communities about hosting a Block Party...

Because a connected community is a safer community.

**McCauley Community Safety Meeting:** Tuesday, September 25; 7-9 p.m., Edmonton Intercultural Centre

**REACH McCauley Community Convener:** [mark.davis@reachedmonton.ca](mailto:mark.davis@reachedmonton.ca)

*Mark is the REACH McCauley Community Convener.*



# Leaf a Leg

*Presenting some of the winners*

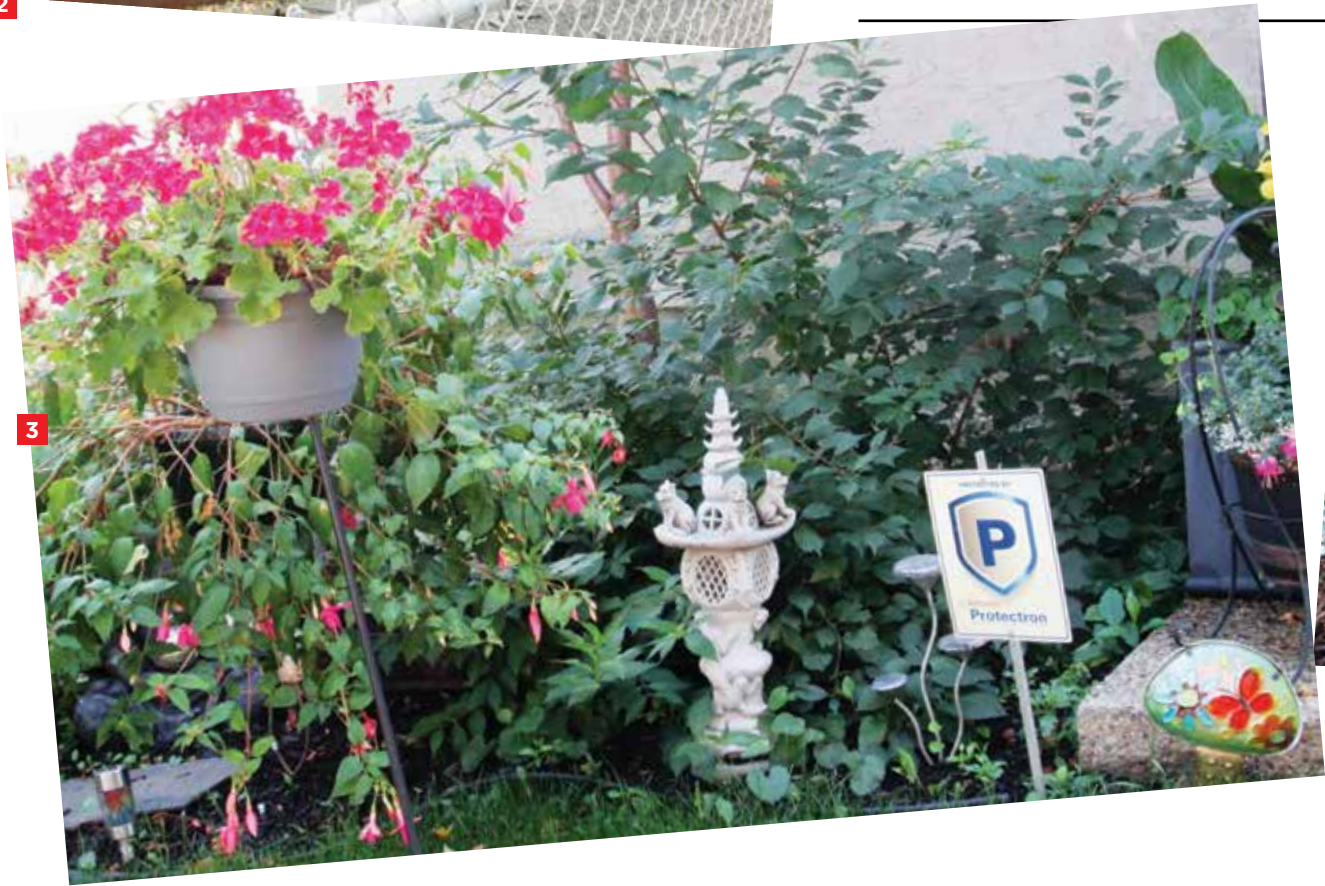
## JOANNE MCNEAL

You may have seen the pretty yellow and green signs around McCauley on various yards. Leaf a Legacy began five years ago, to encourage residents to take pride in their yards and to make changes that enhance the beauty of our whole neighbourhood. We began with the goal of finding 100 beautiful yards in McCauley. We formed a small team of six to eight neighbour gardeners, who each took an area of McCauley, walked around it, and chose the best yards that demonstrated 100 beautiful gardens.

Signs were put on various yards each year, rewarding 100 resident gardeners for their work. That goal has remained the same for the past five years, but each year the decision has become more difficult. The committee keeps asking itself, “How do we decide which are the best?” or, “How do we interpret beauty?” That

is what makes the decision difficult. We know people have different ideas about what is beautiful. Some residents prefer a profusion of colourful flowers, while others have focussed on innovative landscaping, or a traditional Italian vegetable garden, or some innovative way to solve the challenges of wind and weather, sun, and shade, or the direction their house faces. Some residents have created special floral displays on side or back alleys, but these cannot always be seen by the passing public. Most of the winners have put a lot of continuous work into their front yards, which are visible from the street.

Some have asked what the criteria is for being chosen as one of the 100 great yards. We recognize that there are many interpretations of beauty, and we wanted to include them all. We realize that we have to remain flexible to allow



**1** This garden combines flowers and vegetables with fruit trees, shrubs, and a kiwi hedge on 110 Avenue. Joanne McNeal

**2** Ambrose Place, providing housing for Indigenous people, was a winner in Area 2. Residents have put a lot of energy into their colourful front flower beds. Joanne McNeal

**3** This winner in Area 10 is quite a new house in McCauley on 108A Avenue, whose owners created and take good care of a lovely front yard with a variety of flowers and colourful shrubs. Joanne McNeal

**4** This newish house on 108 Avenue has a manicured front yard with various colourful flowers and shrubs, plus trees. Winner, Area 4. Joanne McNeal

**5** A creative front yard on 92 Street. Joanne McNeal

**6** A garden on 110 Avenue. The resident plants this flower bed like this every year. Joanne McNeal

**7** A boulevard tree gets a hug from flowers on 109A Avenue. Joanne McNeal

**8** A winner in Area 7. Rosalie Gelderman

**9** A flower box with pole beans planted in the back, on the alleyway north extension of 94 Street. Joanne McNeal

**10** From Area 6: This row of houses along 108A Avenue is full of innovation with flowers, shrubs, and vegetables combined into creative front beds with curving sidewalks. Joanne McNeal

# acy 2018

rs of this gardening challenge.

for a variety of tastes. So, we came up with a kind of checklist for nominators to think about as they walked through their areas. These may include:

- Flowers
- Trees or shrubs
- Veggies
- Creative landscaping
- Special features
- Fences
- Environmental solutions to light, water, soil, or birds/bees

Basically, we looked for whatever ingenuity was used to develop and care for a beautiful space. In addition, a yard had to show that it was cared for: watered, weeded, mowed, pruned, etc.

Each year since 2014, our neighbourhood was divided into specific areas, which also included businesses, churches, agencies, and

government buildings such as schools. We originally had 12 areas, but now have ten, to try to ensure an equal spread of households, businesses, and other buildings. We tried to acknowledge all the work that people had put into making their yards or gardens more beautiful. Every year, each nominator had to choose a winner in their area. The system is not perfect, or “written in stone,” but the goal is being achieved: more residents are taking good care of their yards and gardens.

So, look around your area and see who else needs to be nominated as one of the 100 best yards in McCauley. Also, ask yourself what you can do to improve the beauty of McCauley’s gardens. One suggestion was to ask the winners to write a brief story of their gardens, with photos. If you are a winner this year, and would like to do this, please send them to me, as I am year’s coordinator. My email is: joannemcneal1106@gmail.com.



10



9



8



6



7

We have so many photos of beautiful Leaf a Legacy winners, that we could not fit them all here! Follow us on Instagram at [@bmcviews](#) - we'll be posting them throughout the month!

# Living a Happier Life: Sharing Compliments

MANON AUBRY

## BoyleBits: A View from Boyle Street

The most popular course at Yale's law school is called "Psychology and the Good Life." It's about living a happier life. So, I would like to conduct a social experiment and post a series of essays about living a happier life.

Creating a community where people are happy is the first step to living in a good place. If Boyle Street might not be rich monetarily, then we can work towards being wealthy in good mental health. The place to start is by uplifting those around us. Many people are busy trying to bolster their own egos that they do it at the expense of others. First and foremost: step out of your own will to feel good and focus on the feelings of others. It's understood that when people are insecure or in pain that they tend to focus on themselves and on puffing up their own image, quite often to the detriment of others. This doesn't serve to make anyone happier. Being content with your own image doesn't make for a happier life if it's achieved at the expense of other people.

I suggest that we all look for a

positive trait in other people that we can compliment them on. Just give another person a heartfelt compliment every day. Whether directed towards a friend or a stranger, this habit forces us to look for good traits in others. It puts our focus on other people and forces us to seek out the good in them. You never know what what influence your compliment can have on a person. It might lift someone out of a dark state of mind. A well-placed compliment might cause a person to be more positive in their relationships with people in their lives and have a snowball effect.

To bolster someone else's self-esteem is a gift that has unknown benefits. You might never know the ripple effect your kind words had, but you can be sure that you did a good deed at no cost to yourself. So, let's start this social experiment by saying one kind thing to another person every day and know that, if nothing else, you have uplifted your own heart.

*Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.*

# Elections Are Coming

IAN YOUNG

## Ability and Community

*"Without You the Election Won't Be the Same" - Elections Alberta 2018*

Well, 2019 marks election time in Alberta. We are heading to the polls likely in May for Alberta's 30th provincial election, then again in October for Canada's 43rd federal election.

For now, let's concentrate on the Alberta election. Campaign signs and rallies will be very visible in the new year. It is our right to vote! It is our voice!

June 7, 1917 was the first time most women were able to vote in Alberta, and 1929 was the year the British Privy Council declared women could hold

public office. In 1960, First Nations people were given the right to vote with no restrictions, so we have made progress - but let's keep going forward. You have the right to ask questions of the people running in your ward.

The right to vote is a great advantage. There are still countries in the world that citizens are restricted from voting! And yes, EVERY VOTE COUNTS!

If you want to register to vote, you can contact Elections Alberta online at ELECTIONS.AB.CA by phone at 1-877-422-8683 (Mon.-Fri. 8:15 a.m.-8 p.m., Sat.-Sun. 10 a.m.-4 p.m.). Also, enumerators will be visiting September 8 to 30. It takes mere minutes to register!

Elections Alberta is able to ask any questions you may have, so let's get out and vote to have a say in what is best for you and future generations!

# More Than Just a Place to Live



A building on 103 Avenue and 95 Street is demolished. Sharon Pasula

SHARON PASULA

Seeing this building on 103 Avenue and 95 Street come down brings mixed emotions for me. I've walked by here many times and watched the building deteriorate to the point where I was going to call the City of Edmonton and make a complaint. A week or so later, I noticed the demolition sign and thought, "Good - it has become a hazard." However, one of my relatives used to rent the house many, many years ago. I remember playing tag as a young child in the basement with cousins, running around the furnace and water pipes. Fun times for kids while the adults visited upstairs. But my relatives moved away, we moved away, I moved away.

Decades later some things remain, but even they eventually must go. At the same time, people return. To what do we return? A community struggling to be vibrant, safe, a place to call home, not just a place to live. A place mixed with people trying to build community while others are more concerned about economic gain for themselves, not caring about those who actually live here. It's

often frustrating for me personally as I felt it was Creator's will for me to move into this area. But change takes time - just like the house that was demolished didn't become decrepit overnight. It once was a home, full of life and bustle. Someone let it die. It could have been housing families all these years that it sat vacant, if it would have been cared for and nurtured.

So, I encourage myself. I let Creator encourage me, and - hallelujah - there are a couple of neighbours in the building that I call home (out of 64 units), who are community-minded who encourage me. There are others in the neighbourhood also seeking peace and community. These awesome people are creating a synergy and won't let the vision die - the vision for community. As one building will open literally new space, I pray that Creator will open new space in the hearts of the people not only in this community but in this city, to build community and be community, to make Edmonton home, more than just a place to live.

*Sharon Pasula is an Indigenous spiritual and cultural resource person who lives in Boyle Street.*

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# Climate Change - Soul Change

KERI BRECKENRIDGE

## Keri's Corner

David Suzuki recently stated that climate change is a moral issue. He's right, but I would also add that climate change is also a spiritual issue. I tend to believe that our exterior environments are reflective of our internal environments. When one is in turmoil it tends to manifest itself in the other. So when we experience things like stifling forest fires and extreme heat that it means we, as a society, are suffering somehow spiritually. Neither climate change nor spirituality are popular topics

in the oil-splashed landscape of Alberta. I don't really care, though.

My parents moved us from the salty shores of the east coast to small-town prairies. They believed, like so many others, in the Alberta Advantage and they raised four kids to believe in it. The economic power this province yields, they somehow thought we would be the better for it. Maybe we are in some way. I believe that we as Albertans have sacrificed some important values in the name of the God: Economics.

Economists define environmental damage due to burning fossil fuels as externalities, something outside of the main consideration (which, if you don't know, is profit). It is possible to think of oneself as apart from the environment. That is, until, you're living under a smoked-filled dome. There is no room in this city for climate change deniers. We no longer have enough fresh air to tolerate your hot air.

I grew up in Alberta and I will always love this place of my youth, but we need a serious paradigm shift here. Our values are simply mixed up. The oil corporations

don't own our souls. We don't owe them our clean air and ground water, but we're giving those away and we think that's a good thing because we get a profitable - but unstable - economy in return.

My soul is worth more than that. So is everyone's. My soul deserves a clean, happy place to rest and enjoy the sky and grass. Climate change is a matter of the soul.

*Keri lives and takes care of her soul in Boyle Street.*

# On Writing and Print Media

REINHARDT HEINRICH

Writing for this paper had been surprisingly pleasant. It has been a surprise that I've been able to write something short. There have been times when a good chunk of things don't show up in my column because it wouldn't fit. That's even before Keri or Paula see it.

Writing something short on a schedule and being published is a big deal to me. I know my tangents are pretty much all of what I can say under the topic umbrella Paula gives us. I have written a lot about gardens

and the outdoors and summertime. I talked about 60s music and Stanley Kubrick. If we spent enough time in some social setting, perhaps plants and coffee at Zocalo, we could have those subjects come up in conversation.

Presently, I'm at home drinking coffee that I made myself with Keri, who shares the top portion of this page. Keri and I would talk when I met up with her at the LRT station after work (a place we now refer to as a Hellmouth). We would talk on the way home and she would have something to say that sounded like

a newspaper column to me. Finding the *Boyle McCauley News* was a natural fit. A few years after Keri started writing for the paper, I started contributing as well.

The thing about writing something short is that I used to write letters. I may have mentioned that I was a pen pal. I wrote to people I met at summer camp or church functions. There is nothing quite like a real letter with recognizable handwriting that suites the author.

This makes me suspicious of social media. Handwriting and text are in

no way comparable to me. I do note that you may be reading this from a printed paper, which is another archaic concept.

The point I'm making is that I'm very happy to be doing this and talking to whomever finds me entertaining or informative. This is a very cheerful thing to be doing whether or not you take up reading George Orwell while listening to Eric Clapton on my recommendation or not. Thank you for your time and attention.

*Reinhardt lives in Boyle Street with his wife, Keri Breckenridge.*

# Diabetes: A Wake-Up Call

LEIF GREGERSEN

This past summer, I got the wake-up call. The last thing I ever expected happened: I was diagnosed with type 2 diabetes. I admit to being overweight, and leaning on the junk food a little too much lately, but I thought since I was active and tried to minimize my sugar I was safe. Sadly, I was wrong.

The doctor who gave me the news explained normal blood levels to me and made it clear that mine were too high. The important thing she wanted me to do was to go on the medication she prescribed (Metformin) and start to change my lifestyle.

I went back for another test, a more comprehensive one, and saw another doctor. A lot of people had given

me the indication that type 2 diabetes was easy to reverse, but the doctor I had seen before told me that even if I do reverse it, there is a good chance it will come back to me later in life. Even with the insulin or pills, you still need to carefully manage your diet, your exercise, and monitor your blood sugar levels. You become at risk of so many ailments from minor ones like fast dips in your blood sugar level leaving you without energy, to amputation of limbs and blindness.

Fortunately, there is a lot of help and support out there for those with diabetes. I am just starting to get my diet to a point where my blood sugar levels stay around the optimal 7.0 mark on the testing device I was given. The first thing to go was sugar for my coffee and tea. Next, on my sister's suggestion, I

cut most bread out of my diet, though I do occasionally have a whole wheat bun with things such as tuna (with a little low-fat mayonnaise mixed in), or a vegetable burger.

Another thing I have ended up doing can be hard to take. When I go to the grocery store, even to the organics aisle, I read the label on everything I think about buying. You have to read labels with extreme care. A lot of food producers can trick you by properly listing the amount of fat or calories in an item you want to buy, but then when you read all of the label you find that the amounts quoted apply only to a 1/4 serving of what the container holds. Let the buyer beware!

We are very lucky to live in a society

where medications like Metformin and insulin are readily available, and there are many more resources like the class on managing diabetes I took through Alberta Health Services.

In a way, I have been enjoying my new diet and the exercise I do to go along with it. I often walk from McCauley to Westmount and swim a few laps then walk back. It does my mood a world of good to get outside in the fresh air and sunshine, and I have already lost just over 20 pounds. Diabetes may not be able to be completely beaten, but it can be managed and there is hope for people who have the illness.

*Leif is a writer in McCauley. Most of his books are available at the Edmonton Public Library, in both paperback and eBook.*





BOYLE STREET COMMUNITY LEAGUE

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130PM-330PM BADMINTON DROP-IN\*

### MONDAYS

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6:30-7:30PM KIDS MARTIAL ARTS AND FITNESS  
7:30-8:30PM ADULT MARTIAL ARTS AND FITNESS  
BOTH MARTIAL ARTS FREE TO COMMUNITY LEAGUE MEMBERS

### WEDNESDAYS

6:30-7:30PM KIDS MARTIAL ARTS AND FITNESS  
7:30-8:30PM ADULT MARTIAL ARTS AND FITNESS  
BOTH MARTIAL ARTS FREE TO COMMUNITY LEAGUE MEMBERS

## FOR UPDATES ON WHAT'S HAPPENING AT THE BSCL:

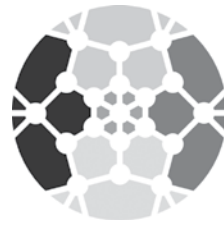
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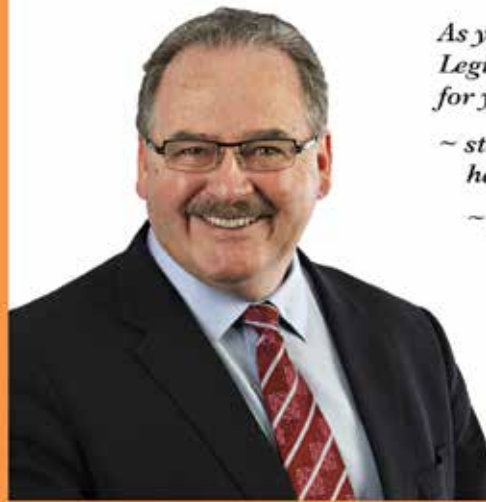
The Board and staff of the Edmonton intercultural Centre invite you to join them for the Annual General Meeting of the organization. Discover the unique exploration and model of intercultural activities and programs.

The meeting will be held **September 11, 2018 @ 5:30 PM** in the lunchroom space adjacent to the gymnasium. Light refreshments will be provided.

Please RSVP to [edmontoninterculturalcentre@gmail.com](mailto:edmontoninterculturalcentre@gmail.com).  
We welcome all those who have interest in the centre.

## Brian Mason, MLA

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# Family-Friendly Sports in McCauley

GRACE KUIPERS

Some of you may have noticed activity in Giovanni Caboto Park and at the McCauley Rink during the summer. This year, the McCauley Community League organized a Family-Friendly Sports program for July and August.

On Mondays, it was basketball at the Rink and Wednesdays were for soccer in the park. We registered over 50 kids between the ages of 3 and 10 at a low fee of \$20, which included a McCauley t-shirt, socks, and shin guards. We also hired trainers - Soleil Heaney, Cayley Mendoza and Pearce McKinney - to teach and train. Big thanks goes to parent volunteers who were a huge help to our trainers: Ryan Keyes, Mike Johnson, Nicole Geoffrey, Mario Morales, and Mitchel Payne, as well as a few youth volunteers.

It is definitely a program we want to continue for next year. We received great feedback from parents and it was well-attended for a summer program.



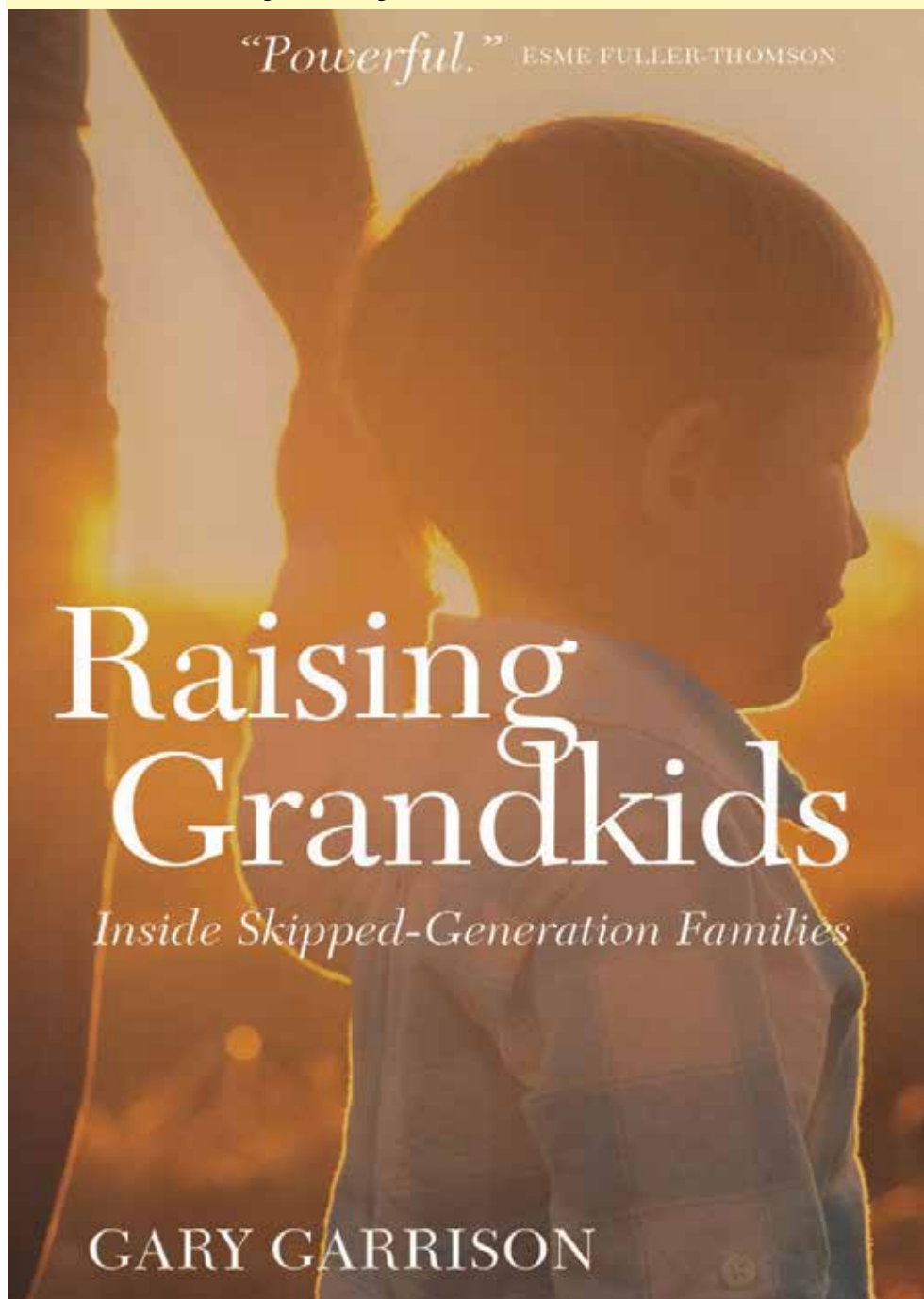
Children playing basketball at the McCauley Rink and (inset) soccer in Caboto Park. Grace Kuipers

## Hallelujah Garage Sale Prevails Despite The Rain



The Hallelujah Garage Sale took place on July 7, despite several torrential downpours. Pictured is Georgia, a young fiddler who entertained attendees. For more photos, visit [bmcnews.org](http://bmcnews.org) for the web-exclusive feature archived with our July/August issue. Grace Kuipers

## New Book By Gary Garrison



McCauley's Gary Garrison's new book, about grandparents raising their grandchildren, was published by the University of Regina Press on August 4. For more information, check out our web-exclusive feature at [bmcnews.org](http://bmcnews.org), archived with the July/August issue. Supplied

## BOYLE STREET COMMUNITY LEAGUE UPDATE

# Photo Series Documents Boyle Street

*Heart of Boyle Street Series shares stories about people and places.*

The BSCL launched a special project this summer which highlights our community's people and stories.

The Heart of Boyle Street Series is a photography project first suggested by our winter business interns Sarah, Joshua, Emma, and Jonathan. Their team worked with us via the Community Service Learning (CSL) program at the U of A, in their 400-level marketing class which looks at marketing for non-profits.

Then, this summer we were extremely fortunate to find Bronwyn and Eilysh, our awesome Community Program Assistants, through the Canada Summer Jobs program, and through their creativity and energy, the first phase of the project came to vibrant life. (See page 5 for a profile of the two of them.)

The Heart of Boyle Street Series documents and shares the stories and voices of those who live and work in the Boyle Street area. Reflective of its buildings, people, organizations, and events, it showcases the eclectic and diverse spirit of the neighbourhood. The project consists of short interviews along with a photograph that are then showcased on our Facebook page, Instagram, and website (addresses at end of this article).

Eilysh and Bronwyn spent much of the summer walking around Boyle Street photographing its loveliness and asking residents and programme participants to share stories about their life and times in the neighbourhood. Many thanks to them for bringing the project to life and setting up all the media sites!

At the end of the summer, a culmi-

nating event was held in conjunction with the Edmonton Art Gallery photo exhibit that featured Boyle Street as one of its neighbourhoods. In the fall, we plan to continue the project with photography "Flash Mobs" (pun definitely intended) where disposable film cameras and donated digital cameras will be loaned to community participants so we can capture our own Boyle Street stories and images.

Volunteers will also use our new BSCL camera to continue the work Bronwyn and Eilysh began, so if you are interested in photography, and/or if you would like to share a story or have some knowledge about the area, let us know via a Facebook message or a voice mail to our phone (780-422-5857) and we will try to match photographers to stories!

Other news: we continue to work with the City and the YMCA to discuss the use of the building over the next three years, but rest assured that BSCL programming will continue in our lovely Community Centre space in Boyle Street Plaza. There will be some personnel changes, and we thank our Facility Coordinator Mimi for all her work over the past nine months. Fall programmes are being announced on our website, so stay tuned to our website and Facebook!

**Website:** [www.boylestreetcl.com](http://www.boylestreetcl.com)

**Facebook:** [www.facebook.com/BoyleStreetCommunityLeague](http://www.facebook.com/BoyleStreetCommunityLeague)

**Instagram:** [www.instagram.com/heartofboylestreetseries](http://www.instagram.com/heartofboylestreetseries)

- Your BSCL Board

## Indigenous and Chinese Communities Connect at Our McCauley Event



On July 15, over 120 people from local Chinese and Indigenous communities came together to share histories, stories, and culture, explored through ceremony, historical presentations, cultural activities, and intercultural sharing circles. Participants from the sharing circles reflected that this was a moving event, they learned a lot, and want to do more of these gatherings. Chinese elders participated in the smudging ceremony and mini round dance, eager to learn more about Indigenous rights and culture. There were people of mixed Chinese and Indigenous backgrounds, couples, and friends. Pictured (top) are performers from the Chinese community. Below: Indigenous spiritual and cultural resource person Sharon Pasula and an elder from the Chinese community taking part in the smudging ceremony. More about the event is archived with July/August issue at [bmcnews.org](http://bmcnews.org). The following Our McCauley event was on August 17. Look for a feature about it on the website with the current issue. Story: Sheryle Carlson Photos: Suzanne Gross

## Valuable McCauley Safety Council Projects

ELISA ZENARI

"What does the Safety Council actually do?" This is one of the questions most frequently asked of Safety Council volunteers. In short, your Safety Council, in partnership with McCauley Revitalization and other stakeholders, identifies concerns and consults with the City of Edmonton on how safety-related resources may be allocated in our community.

Many of the safety projects happening in McCauley were initiated in response to concerns expressed by residents like you. Some seem to happen like clockwork - so much so that many residents may not even notice! But, without them we would be noticeably worse off. Two examples are "Pick It Up" and the Mustard Seed Syringe Pick Up. Both exclusive to McCauley, they supplement work done by the City to address litter, back alley and vacant lot issues, and discarded needles.

That truck you have seen driving through your alley removing refuse and large items is the "Pick It Up" project. Funded through McCauley Revitalization, it has been collecting items such as mattresses, furniture, televisions, bikes, tents, and abandoned camps since 2011. Community spotters work with a Municipal Enforcement Officer who reports issues to McCauley's Revitalization Coordinator for action. Most pickups take place between April and September, with a few over the winter. How valuable is this project? In 2011, five loads left the community for the Edmonton landfill. In 2014, that number grew to 19. Last

year, 31 loads were removed at total cost of \$4,850.

Another collaboration with McCauley Revitalization, the Mustard Seed Syringe Pick Up is one of the only services addressing discarded needles on both public and private property. Visiting identified hot spots and responding to requests from community members between May and October, this service collected 4,521 stray needles in 2017 alone.

The numbers might suggest that things are worsening, but it could also be that we're getting better at reporting issues as we see them. If you want to make a positive change in our community, report your concerns. Resources cannot be allocated to a situation that goes unreported. What would our community look like if you kept quiet? And how would it look without these services?

Safety Council meetings are open to all. Come and see what it's all about.

**McCauley Safety Council:** [elisa.zenari@gmail.com](mailto:elisa.zenari@gmail.com)

**Mustard Seed Syringe Pick Up:** [JeremiahBasuric@theseed.ca](mailto:JeremiahBasuric@theseed.ca)  
[CassandraStGermain@theseed.ca](mailto:CassandraStGermain@theseed.ca)  
[Cheryl.Deshaies@edmonton.ca](mailto:Cheryl.Deshaies@edmonton.ca)

**"Pick It Up":** [Cheryl.Deshaies@edmonton.ca](mailto:Cheryl.Deshaies@edmonton.ca)

**Elisa is the Chair of the McCauley Safety Council.**

# Community Classifieds

NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL FIVE LINES OR LESS TO [EDITOR@BMCNEWS.ORG](mailto:EDITOR@BMCNEWS.ORG)

NOTE: WE FIT AS MANY ADS HERE AS WE CAN. FOR MORE CLASSIFIEDS, VISIT OUR WEBSITE AT [BMCNEWS.ORG](http://BMCNEWS.ORG).

## CHURCH AND AGENCY SERVICES

**BISSELL CENTRE**  
(780) 423-2285  
Drop-in Centre: Monday – Friday 7 a.m. – 4:30 p.m. /Saturdays: 12 p.m. – 4 p.m.  
Child Care Centre: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred)  
Women's Lunch: Tuesdays and Thursday at noon  
Health for Two: Tuesdays at 12 p.m.  
Parenting Classes: Mondays at 11 a.m.  
Free Tax Workshops: Wednesdays 12:30 p.m. – 4 p.m.  
Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:15, first come first serve)

**BOYLE MCCAULEY HEALTH CENTRE**  
10628 – 96 Street  
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.  
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.  
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

**BOYLE STREET COMMUNITY SERVICES**  
10116 – 105 Avenue  
(780) 424-4106  
Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day – 8.30 – 4.30 . Lunch: Monday-Friday at 11.30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m; housing, family, youth, mental health and outreach programs available.

**INNER CITY PASTORAL MINISTRY**  
10527-96 St. NW  
(780) 424-7652  
Pastor Rick Chapman  
Pastoral Assistant: Michelle Nieviadomy  
Sunday Service: 11 a.m. - noon  
Sunday Lunch: Noon - 1 p.m.

**THE ROCK OUTREACH**  
11004 – 96 Street NW  
Phone (780) 426-1122  
Breakfasts: Tuesday to Thursday 7-9 a.m.

Kids Club: Third Monday of the Month  
**THE SALVATION ARMY ADDICTIONS & RESIDENTIAL CENTRE**  
9611 -102 Avenue  
(780) 429-4274  
Men's Transitional Housing, Transformations Addiction Recovery Program, Community Support Services, Chapel Service, Volunteer Opportunities.

**WOMEN'S HEALTH CLINIC**  
Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

**THE MUSTARD SEED**  
10635 – 96 Street  
(780) 426-5600  
Evening Meals: Mon.-Fri. 7:00-8:00 p.m.  
Sat. 5:00-6:00 p.m.  
Food Depot: Tues. and Thurs. afternoons 1:00-3:00 p.m., Wed. evenings 8:00-9:00 p.m.

Drop-In Coffee: Monday - Friday afternoons 3:00-6:00 p.m.  
Evening Drop-In: Saturday 6-10 p.m.  
Personal Assistance Centre (PAC, clothing ministry) 10568-114 Street, side door  
Mon: 1:00 - 3:30 p.m.  
Wed.: 5:00 - 7:30 p.m.  
Thurs: 1:00 - 3:30 p.m.  
For more information call The Mustard Seed, at (780) 426-5600 or visit: [www.theseed.ca](http://www.theseed.ca)

**HOPE MISSION** 9908 106 Avenue (780) 422-2018  
**HOPE MISSION MEALS:**  
Monday - Friday  
Breakfast 7:30 - 8:15 a.m.  
Lunch 12:00 - 12:45 p.m.  
Supper 5:00 - 5:45 p.m.  
Weekends & Holidays  
Brunch 10:45 am - 11:30 a.m.  
Supper 4:15 - 5:00 p.m.

**HOPE MISSION SHELTER:**  
Men, Women, Youth  
Doors open 8:30 p.m. - 12:00 p.m.  
**HOPE MISSION COMMUNITY CHURCH:**  
Sunday  
2:00 p.m. Hope Mission Centre - 9908 106 Avenue  
7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

**HOPE MISSION HEALTH CLINIC:**  
Family Doctor Tuesday and Thursday  
Walk in: 8:00 a.m. - 4:00 p.m.  
Family Doctor (Male Patients) Monday - Friday  
Walk in: 2:00 p.m. - 10:00 p.m.  
Psychiatrist Monday - Friday  
Appointment only - call (780) 244-2018 Ext. 278

**NICOTINE ANONYMOUS**  
RICK (780) 474-5593  
GWYNN (780) 443-3020  
Support for smokers who are trying to quit.  
Call Nicotine Anonymous.

**SACRED HEART CHURCH OF THE FIRST PEOPLES**  
(780) 422-3052 for further info on anything listed here. Eu-charist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

**THE LEARNING CENTRE LITERACY ASSOCIATION** is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall.  
Contact: Denis Lapierre, Coordinator  
780-429-0675 or  
email: [dl.learningcentre@shaw.ca](mailto:dl.learningcentre@shaw.ca)

**NETWORKS ACTIVITY CENTRE**  
780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

**NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.**  
Kids from age 6 to 17 are invited join after school programs that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri., & from 2:30 to 6:30 p.m. on Thurs. Programs include arts & culture, physical activity, health & nutrition, academic support, life skills, and leadership. Drop in at 9425 109A Ave. or call (780) 822-2549 for details. Offered free of charge.

**P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS**  
Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

**BUILDING BRIDGES**  
Building Bridges All Nations First Nations Fusion Church Services  
Sundays, 3 to 6 p.m. at St. Faith's Anglican Church, 11725-93 Street.

## COMMUNITY EVENTS AND ACTIVITIES

**NEIGHBOURHOOD PAINTING**  
Randy, 25 years experience, \$12/hour.Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/ Breakfast Club. To contact me, please leave a message at (780) 426-1122.

**WIRELESS NETWORKING**  
Are you tired of your street using your wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevan at (780) 983-5343.

**HANDS ON LTD. CONTRACTED SERVICES**  
Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

**COMMONWEALTH COMMUNITY REC CENTRE ACCESS**  
All Amenities, Sundays 1-3 p.m.  
FREE for MCL and BSCL members.

**FREE KIDS COMPETITIVE SWIM PROGRAM**  
For kids ages 6 to 14 at Commonwealth Pool. Must be able to swim 25m unassisted. Must live within the McCauley boundary.  
Mondays, Wednesdays, and Fridays from 4 p.m. to 5 p.m. Contact Corrine @ (780) 421-1189 or [corrinecoffey@shaw.ca](mailto:corrinecoffey@shaw.ca).

**PIU YUM RECREATION CLUB**  
Dancing, Exercise, and Singing Everyone is welcome, free admission. Every Monday from 1:00 to 5:30 p.m. Boyle Street Plaza 9538 – 103A Avenue.

**FREE COUNSELLING**  
Free counselling intended for personal growth from a professional counsellor with a Christian perspective. Experience freedom from or learn to cope with: Depressive and Anxious Thoughts, Loneliness, Low Self-Esteem, Low Self-Confidence, Fear of the Future, Trauma, Loss and Grief, Addictions, Personality Issues, Relationship Issues, or Fear of Harm. Regardless of your Christian Denomination, Religion, or lack of Religion, if you have reached 18 years of age, you are very welcome for individual or group counselling. Strictly no money or donation involved. The main objective of this Christian outreach service is to reach out to those who are hurting and, if they choose, to help them transform their lives through Christ and the Church community. Please feel free to email for an appointment: Rev. Dr. Davis P. Tharayil, PhD [churchoftheresurrection.accc@gmail.com](mailto:churchoftheresurrection.accc@gmail.com)

**MAJESTIC INK**  
Willing to do snow shoveling. Call with 24 hours' notice. Seniors and residential area. Negotiable flat rate. Call Mo: 780-616-3941.

**DIRTY CARS NO MORE**  
Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way....BY HAND!! (780) 566-2871 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

**MATH TUTORING**  
Offering math tutoring from junior high to undergraduate levels. Rate: \$30/hour, Phone Nathan Binnema: (587) 337-4189, email: [ernienathan@protonmail.com](mailto:ernienathan@protonmail.com). Willing to make house calls for residents of Boyle Street and McCauley. Contact for availability.

**CHILD CAREGIVER WANTED IN MCCAULEY**  
Salary \$13.60 to \$14.00/hour, 40 hour week. As soon as possible.  
Kindergarten age (4 - 5 years), 2 years. Employer's home. Optional accommodation available at no charge on a live-in basis. Note: This is NOT a condition of employment. Apply: [marizel73@hotmail.com](mailto:marizel73@hotmail.com) or (780) 474-7076 4 p.m.-9 p.m. Weekdays.

**Requirements:**  
Maintain a safe and healthy environment in the home. Bathe, dress, and feed infants and children. Discipline children according to the methods requested by the parents. Organize activities such as games and outings for children. Prepare and serve nutritious meals. Supervise and care for children.

**DOG HOUSE FOR SALE**  
Beautiful wood insulated dog house for small to medium size dog. House part 20" by 32" with an 8" by 14.5" door opening with covered front porch. My architect grandfather designed it, and I built it. In 3 pieces for moving/cleaning. Never used. Call Joanne @ (780) 641-5415.



### FREE MONDAY EVENING GUITAR LESSONS

**Instructor: Steven Johnson**  
Drop in guitar lessons for all ages and skill levels.  
*(Children under 12 must be accompanied by an adult.)*  
Everyone welcome. Guitars available to use.  
Every Monday evening - 8:15 p.m. – 9:30 p.m.  
Location: McCauley Boys & Girls Club, (9425 109A Avenue).  
To sign up for guitar lessons or for more info call (780) 424-2870 or (780) 271-5995  
Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church.

### WECAN FOOD BASKET Make Your Monthly Grocery Supply More Complete for Less!

Monthly Food Basket \$15/meat order, \$10/produce order – Annual Membership is \$5.  
Upcoming deadline for payment is: Sept. 7, 2018. Payment can be at McCauley Boys & Girls Club, during business hours, Monday – Friday 9 a.m.-4 p.m.  
Next depot date is Sept. 20, 10 a.m. – 2 p.m. at McCauley Boys & Girls Club (9425 109A Avenue).  
For more info please contact (780) 424-2870 or (780)-413-4525.  
Website info: [www.wecanfood.com](http://www.wecanfood.com)

### STREET PRINTS ARTIST COLLECTIVE Creating opportunities for independent artists to market and sell.

A small but growing group of artists and community development folks, volunteering together to market and sell the works and prints of artists who consign their works for a minimal fee.  
For more info please contact (780) 424-2870 or 780-271-5995  
Facebook page: @streetprintscollective  
E-mail: [streetprintscollective@gmail.com](mailto:streetprintscollective@gmail.com) / [thashimoto@e4calberta.org](mailto:thashimoto@e4calberta.org)

### DROP IN SOCCER RECREATIONAL PLAY Weekly Recreational Soccer Fun! (Hosted by ICRW/e4c)

Come alone or with friends to join in drop-in recreational soccer! Everyone is welcome and we play to have fun and to everyone's ability. Developed through community partnership with E4C and Inner City Recreation Program.  
OUTDOOR Throughout Summer months (June-Oct)  
INDOOR Throughout Winter months (October -April)  
Time/Date: Tuesdays 1 p.m. to 3 p.m.  
Location: Boyle Street Community YMCA Gym 10350 95 St, Edmonton AB, T5H 0H8  
For more info please contact (780) 424-2870 or (587) 337-9860

### WELLNESS WEDNESDAYS Weekly activities which help support aspects of wellness

Hosted at McCauley Apartments, with easy-going and fun community members. Guest presenters and facilitators/instructors, outings and social engagement are all featured.  
Time/Date: Wednesdays 1 p.m. to 3 p.m.  
Location: McCauley Apartments (9541 108A Ave, Unit B)  
For more info please contact e4c McCauley Office Staff (780) 424-2870

**More information about E4C programs can be found in the Classifieds section of our website at [bmcnews.org](http://bmcnews.org).**



**McCauley Community League** Present

**Viva ITALIA EDMONTON**

# Fall Fiesta

**September 15 from 2 to 6 pm**  
**Giovanni Caboto Park**

*Grape Stomping Competition!*  
Celebrate the fall grape harvest Italian Style

Lots of Kids' Stuff  
Artisan Market  
Fall Harvest Market  
Food Truck  
Live Music & More




## Rolling Down the River



The Edmonton Riverboat sails down the North Saskatchewan River on a summer afternoon. Leif Gregersen

## MCCAULEY COMMUNITY LEAGUE UPDATE

# Movies and Membership

*Also, a conversation on affordable housing.*



Community members getting ready to enjoy a movie at dusk in Caboto Park on August 10. Todd Homan

### GREG LANE

It's been a beautiful summer and your Community League Board decided not to meet in July while most folks were away, but we did manage to pull off at least one event. "Movie Night in the Park" took place on Friday, August 10 at Giovanni Caboto Park. The idea was floated by one of our new board members, Jordynn Vis, who took the lead and really went above and beyond to get it all arranged.

The event featured the movie *My Big Fat Greek Wedding*, which is a great romantic comedy centering around the story of bringing people of different backgrounds together. The night was a free alternative to other events in the City that come with a price tag, and could be enjoyed by the entire family. We set up the League's Bouncy Castle which was a huge hit with the little ones, had an airbrush tattoo artist, and Dan the Balloon Man also brought some fun for the kids. The folks from Norwood Dental Clinic came and handed out floss, toothbrushes, and glow bracelets. Celebrations Mini Donuts were there to sell those tasty little fried mini donuts. Finally, there was the Air Couch vendor who came up from Calgary. The League handed out a bunch of tickets for giveaways and the biggest hit was the "Best Seat in the House" prizes which saw winners seated front and centre on one of two full size couches we brought in for the evening. While it is hard to get an accurate count, we estimated close to 180 people were in attendance and responses from community members were overwhelmingly positive. As always, if you have ideas for events and activities you'd like to see the League undertake, please let us know.

New also this year is also surrounding our memberships, which are due for renewal in August. They will be provided at no cost to anyone wanting one. You can pick them up at Zocalo or from the League. Email us at [mccauleycommunityleague2014@gmail.com](mailto:mccauleycommunityleague2014@gmail.com) to find out how. We are hoping to increase our numbers and engage more of the community. And keep an eye out for poster about the Fall Fiesta on September 15 at Giovanni Caboto Park.

Among other items of interest, the League was invited to join a conversation on affordable housing along with Queen Mary Park and Central McDougall. The intent was to gauge intent and determine whether we should create a coordinated voice in response to the City's discussion regarding affordable housing in the City. As many know, McCauley represents a very different landscape when it comes to affordable and/or social housing. This was primary among topics and involved determining what is to be considered under the term. Currently, the numbers used by the City do not reflect all of the different housing models in use and the argument is that without a more inclusive definition, the percentage reflects inaccurately the reality. The City has this item on its Executive Committee agenda at the time of this writing and hopefully there will be more to share next publication.

Your League is here to represent your concerns and help to build a safer, vibrant, and inclusive community that all can enjoy. Please help by sharing your feedback and ideas. Or, better yet, come out and get involved.

**Greg is the President of the McCauley Community League.**