

## Lieutenant Governor Visits McCauley

*Les Amies Dance Club's 90th Anniversary also featured local book launch*



Lieutenant Governor, His Honour, Col. (Ret'd) The Honourable Donald S. Ethell came to McCauley to celebrate the 90th anniversary of the Les Amies Dance Club. Ruth West

### GARY GARRISON

It's not often that the Lieutenant Governor of Alberta visits our neighbourhood. His Honour, Col. (Ret'd) The Honourable Donald S. Ethell and Her Honour Linda Ethell came to the Santa Maria Goretti Centre on May 11 as Honorary Patrons of the Les Amies Dance Club to celebrate the club's 90th anniversary.

Les Amies is reported to be the oldest social dance club in Canada. Maude and Percy Page founded Les Amies in 1922 and were active in the club for over 50 years, including Percy Page's term as Lieutenant Governor (1959-66).

234 people attended the 90th Anniversary Rose Ball, toasted Her Majesty Queen Elizabeth II in honour of her Diamond Jubilee, dined, danced, and witnessed demonstration dances by the DoDel Kid's Club, the University of Alberta Dance Club, and two groups under the directorship of Lee Hewitt and Blair Peregryn of Grant MacEwan University.



Gary Garrison and Sara Coumantarakis sign copies of *Dancing through the Decades*, the history of Les Amies Dance Club they co-authored. Ruth West

They also witnessed the launch of *Dancing through the Decades: The History of Les Amies Dance Club, 1922-2012*. This book tells the story of Les Amies living through Prohibition, the Depression, World War II, and all the cultural, technological, and social changes that have shaped Edmonton and Alberta for most of the last century. The club's membership list was, for most of its 90 years, a veritable who's who of Edmonton. The book includes many anecdotes, like the story of

Douglas Howell, whose mother insisted on teaching him to waltz before he was shipped off to Europe at the age of 18 to fight in World War II.

The book embodies a second connection to our neighbourhood: it was co-authored by McCauley residents Gary Garrison and Sara Coumantarakis, who read several excerpts and signed copies of the book for everybody who purchased them.

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"It takes very special people to work with kids. You must have patience, be understanding and caring, and have the passion to make a difference in a child's life. Sparky has all of these skills and more.

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# Generational Momentum



PAULA E. KIRMAN • BMC News Staff

## McCauley Musings

One of the desired results from current Revitalization strategies is to attract young families to move into the area. Presumably, young couples and families with small children are more likely to own their home, thus reducing the number of absentee landlords. As well, more young people can lead to more energy in the neighbourhood, with programs, activities, and initiatives that are positive and lead to a chain effect. If other families see McCauley as a great place to raise a family, they may come here as well.

Someone told me a tongue in cheek comment recently: nowadays, in the area you can see more people pushing strollers than shopping carts. This really is not a joke. I have witnessed the “baby

boom” myself, seeing new young families walking around the area or playing at the park.

At the same time, our mature adults and seniors should not feel left out. They are the parents, grandparents, friends, and mentors who are guiding the next generation.

Both McCauley and Boyle Street are inclusive and diverse neighbourhoods, encompassing a range of cultures, economic statuses, and ages. It is a mixed area, and that is one of the many things that make this part of the city unique.

Generational momentum is something that everyone in the area should find exciting. Who knows? Maybe in the next 10 to 20 years we will see the young people who are currently growing up in the Boyle Street and McCauley neighbourhoods raising their own families here.

In the meantime, let's celebrate all of the different generations in the area.

PAULA E. KIRMAN • BMC News Staff

## Editor's Notes

Welcome to June's issue! This month, we take a look at the youth in our area. We get to hear some voices of young people, explore the local after school care program, and get to know an important person who works with youth at the rink.

We rely on volunteers to provide much of our content, and the end result of the paper is often dependent on what is submitted. As a result, sometimes we can have fewer theme-oriented submissions

than we originally planned for. However, we are always looking for new writers and photographers who can help broaden our content. If you would like to join our list of contributors, please contact me at [editor@bmcnews.org](mailto:editor@bmcnews.org) or call the office at (780) 425-3475.

In other news, we recently had our casino and would like to thank all of the volunteers who helped us out, many at the last minute!

Enjoy the June issue and remember: this is your community newspaper, and we value every bit of feedback.

## Our Next Issue . . .

July/August is our annual “Summer” issue. What are you going to be doing? Do you have a fond summer memory you wish to share? How about some summer activities in the area you want others to know about? Articles should be around 500 words and accompanied with photos if possible. Send your work to: [editor@bmcnews.org](mailto:editor@bmcnews.org).

## Letters to the Editor

Do you have a gripe? A compliment? A question? Share your thoughts with a Letter to the Editor. In two hundred words or less, tell us what made you smile or frown, or what you would do to change something if you could. Send your letters to [editor@bmcnews.org](mailto:editor@bmcnews.org). Letters may be edited for length or clarity and publication is not guaranteed.

# Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhood.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community.

The opinions expressed in *Boyle McCauley News*

are those of the people named as the authors of the

articles, and do not necessarily reflect those of the

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# Boyle McCauley Crime and Safety Numbers

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Report Gang Activity • (780) 414-4567

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- click on Crime Prevention

- click on Prostitution Resource Centre

REACH Edmonton website • [www.reachedmonton.ca](http://www.reachedmonton.ca)

Report A Drug House • (780) 426-8229

[reportadrughouse@police.edmonton.ab.ca](mailto:reportadrughouse@police.edmonton.ab.ca)



# Generations of Volunteers

PAULA E. KIRMAN  
COLLEEN CHAPMAN • BMC News Staff

## Our Volunteers

A life dedicated to building community starts during the formative years of childhood. We learn our values by example from our parents and grandparents. Many families in our area have set examples for the young people in their lives through their volunteerism at *Boyle McCauley News*. In some cases, the children have become volunteers themselves at the paper, while others are leading lives with community-minded values in other areas.

In the early days of the paper, the McKeon-Amerongen family helped out in many respects. Bob, featured in our last issue, is still actively involved as a carrier.

Kate Quinn and John Kolkman have also been involved with the paper for a very long time. Both are often contributors, and deliver each issue of the paper. Their two sons, while no

longer living in McCauley, also used to help out with deliveries. As well, when Brendan and David became old enough they volunteered for the casinos that support the paper.

Laura and Ron Berezan both wrote for the paper. They and their children helped make McCauley a better place. Youngest daughter Mairin even used to write movie reviews for us. The entire clan moved to B.C. last year and they are very much missed.

The John-West family has lived in McCauley, Boyle Street, and now Norwood, but still deliver the paper for us. In the beginning, Liz and Geoff would take their infant children along with them. As their three girls got older, they would take a more active role in delivering the paper. We still love seeing them all at our volunteer appreciation events!

Larry and Betti Brockman and their boys are long-term volunteers as block carriers, serving on the board, and with our casinos.

Some of our newer volunteers are also continuing a longstanding tradition of role-modeling volunteerism for their children. Dan Glugosh and Grace Kuipers help keep us updated on the sports going on in the area (activities at the rink and soccer, respectively). Their two young boys are very involved in community sports and have also contributed their artwork to the paper.

Volunteerism definitely runs in the Nixon-Hermansen family – they have three generations of volunteers living within blocks of each other in McCauley. Tim Nixon has been on our board for a number of years (and was Chair for a couple of them) and is a block carrier who sometimes delivers the paper with one or more of his grandchildren in tow. His daughter Kylee is on our Editorial Committee, sometimes writes for us, and is also a block carrier. When she delivers the paper, she may be accompanied by any combination of her three young children and husband Nick, who has also been an occasional

contributor and Ed Com member. Nick is also Vice President of the McCauley Community League.

Shauna Forsyth, a dedicated volunteer for our casinos, has recently been involved with the Friends of Church Street, and has helped organize the Sacred Heart Community Sober Dances. Her granddaughter Kiana even sings at the dances! Shauna served as the chair of Amity House and for the dance club. We could also count on her daughter Melany's help whenever needed, prior to her moving to Calgary.

We know these families personally because of their involvement with *BMC News*. However, there are so many other families in our neighbourhood whose members volunteer in other areas. Thank you to everyone who volunteers! Our community benefits immensely from your contributions. And to all of you who volunteer all over the city, province, or country, bless you! Where would we be without volunteers?

# Community Soccer Update

GRACE KUIPERS

Soccer is well under way in McCauley. Teams started playing the first week in May, and will continue until the end of June. This year we have seven teams: The U12s are coached by Dan Glugosh, Marshall Hopkins, and Tim Leddy; the U10s, with coaches Carly Szanik and Grace Kuipers; The U8 Boys, coached by various parents; the U8 Mixed team, coached by Greg Hendricks; the U6 teams, one team coached by Matt McKell, the other coached by Dan Taylor; and, last but not least, our Little Tykes team, coached by Mike Eaton. Thanks to all our coaches, for their commitment and all their hard work.

A special thanks goes out to the Boys and Girls Club, and more specifically, April, for driving some of our U12's to their Away games. Last fall, we met with Big Brothers and Big Sisters director Liz O'Neill, as they joined up with the Boys and Girls Club, and we talked about how we could get more kids to play soccer or organized sports on a whole. It isn't so much the money, we pointed out, or the equipment, but the greater challenge is getting the kids to their games. They said they would help, and they did! April drives at least five or six kids once

a week to some pretty far out fields.

Thanks to McCauley Community league, who pays for many kids to play who wouldn't otherwise have a chance to play. The Community League heavily funds soccer, and supplies all the equipment and uniforms, including socks and shin guards, for all the teams. We could not have such low soccer fees, as well as our fee waiving program, if the Community League didn't cover these costs. Thanks so much.

Thanks to the City and Karen Kennedy, our Community Recreation Coordinator, for making sure our fields got lined on-time, and for helping us get Sacred Heart Field "on the map." They also lined this field, and on May 10, the first game in years was played at Sacred Heart Field. It was a very windy night everywhere else. However, this little field is nicely sheltered by buildings, so it was only slightly windy there - perfect for our little U8s.

Finally, thanks to all the parents and families: the drivers, the snack bringers, the score keepers, the referee liaisons, the sometimes referees, the net crew, the cheerers, and all those extra little things that make a big difference!

## Bocce in the Park



Community members play a game of bocce in Sacred Heart Field in mid-May. Paula E. Kirman

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# Prevent Another Litter Subsidy (PALS) Program

*Program assists low income families and individuals to spay or neuter their pets*

The PALS (Prevent Another Litter Subsidy) Program is designed to assist qualifying individuals with the cost of spaying or neutering animals in their immediate care.

Low income families (or individuals) can apply for the PALS Program to have their cat or dog spayed or neutered for a fee of \$50. The fee covers the costs of medical record keeping, trans-

portation (if required), humane education, and scheduling. To qualify, applicants will need to provide proof of household income or social assistance and complete an application. All pets participating in the program are required to have their full vaccinations with records provided to the clinic staff. If needed, a subsidy vaccination will be administered at the time of surgery.

Approval for assistance is based on flexible criteria and a variety of factors. Applicants must meet at least one of the following eligibility requirements to qualify:

- Assured Income for Severely Handicapped (AISH) Recipients.
- Receiving Social Assistance.
- Individuals/Families whose combined income is below Federal Low Income Cut Off

(LICO) before tax.

- Other "special circumstances" as reviewed/approved by PAL Committee.

For more information, or to get an application contact the Edmonton Humane Society at 13620-163 Street.

Phone: (780) 491-3850

Email: [pals@edmontonhumanesociety.com](mailto:pals@edmontonhumanesociety.com)

# The Importance of Encouraging Youth



CLARA GLADUE

## Drum Beats

Recently, my brother came over to visit my grandson Zion. He had a dandy idea of setting up two litre pop bottles as bowling pins. With a couple of balls, my brother made a homemade bowling alley in the backyard.

I remember when I was a child living in McCauley, my younger sister and I used to enjoy playing at the park. I take my grandson to the park from time to time - but getting him to leave the park is another story!

Youth have so much to enjoy in the community. The Boys and Girls Club has activities to enjoy and sometimes events that can get kids to participate. I used to do some event coordination with music and I had my younger kids volunteer. It

was a fun learning experience for them.

Family time with children or youth in general is time well spent. I sometimes watch my daughter cook different recipes in the kitchen and I find she is getting to be a wonderful little baker. My grandson loves to dance. Sometimes when we have a fellowship and the dancing begins, watch out - he won't let you sit down. My niece is a dancer and has travelled worldwide. She started when

she was a young child in school. Now she is a professional dancer and choreographer. I am proud of her talents. She is also a resident of McCauley.

Encouraging youth helps them realize their dreams and make good choices. Taking time for one another is beneficial as we learn from one another and walk together in love.

*Clara lives in McCauley.*

# A Lesson from Looking Up

JOANNE MCNEAL

On an afternoon in early May, I was out in the yard cleaning up and moving things so the tulips could come out of the ground and plants could grow.

Suddenly, I heard a strange kind of cooing sound that got louder and louder. I looked around to see what was making the sound and didn't notice anything until I looked up - way up. There were thousands of Canada Geese flying North in many series of little V formations! What an amazing sight, and what an amazing journey they make twice a year every year.

I stood there transfixed watching them as they flew over, and they would circle back out of their

formations and then form again into series of Vs and go on. I was in awe at the way they seemed to be encouraging each other as they flew, helping each other, and taking turns as leaders. There were several waves of thousands of geese, all in formations, flying steadily north.

We could all learn a lot from these wonderful birds, about how to work together, how to help each other. It was incredible to witness their strength, their perseverance, and their dedication to their goal. I was humbled and incredulous about how they know where to go, even what direction. If I had been inside or at work, I would have missed this wonderful sight. I'm glad I didn't.

Enjoy the beauty of spring.

## A Family Portrait



A self-portrait of the Taylor family, taken in Caboto Park. Parents Dan and Teddi moved to McCauley in 2006 when their oldest child Zoe was 17 months old. Since then, they have had two more children, Simon and Isaac. "It feels like raising our kids in a small town in the middle of a big city, which is kind of awesome," says mom Teddi of raising their young family in McCauley. Photo by Teddi Taylor





# Responding to Calls



CST. SAMUEL SANSON • EPS CLC

## Cop's Corner

As a Community Liaison Constable in an area that includes the neighbourhoods of Boyle Street and McCauley, I have had the opportunity to speak with numerous residents and business owners. I am impressed with the amount of people who are so enthusiastic about bringing positive changes to the community. I discovered that there are business owners performing renovations to give the area a clean and elegant look. I spoke with residents who happily collect garbage, maintain their yard, and care for their houses. The selfless and often overlooked efforts of these people help to create a welcome atmosphere for visitors and customers.

In law enforcement we often speak about the "broken window" theory. The idea is that a clean neighbourhood is less welcoming for people looking to create disorder and crime. If a neighbourhood is not cared for (such as broken windows), it reflects that the residents do not care for their property. This in turn attracts the type of people who cause disorder, as they feel that they won't be disturbed by the residents while they conduct their illegal activities. I would like to thank all those great people who take the time to care for their property. You are part of the reason that crime and disorder are down in Boyle Street and McCauley.

I have had some questions regarding the long response time when a call is made to police. Some people have stated that they have stopped calling altogether, as they felt that there was no point.

As a Community Liaison Constable (CLC), I start most of my days by reviewing the calls to

which my colleagues in patrol have responded. Based on those calls, I attempt to find a common link and develop a strategy to reduce or eliminate trends of crime and disorder. Instead of responding to a call where someone had become a victim, I attempt to prevent the crime from occurring. In order to address emerging issues, I depend on timely and accurate information from the community.

Police evaluators prioritize the calls that they receive. A call where someone is in imminent danger receives a much higher priority than a call where people are engaged in disorder type of activities. The prioritization of calls is necessary to provide safety and to prevent the loss of life. Unfortunately, it also means longer wait times for calls where people are engaged in disorder activity but where nobody is in immediate danger.

In addition, when police arrive on the scene and deal with the situation, it can often

take a few hours to sort everything out. It is not uncommon to deal with outstanding warrants, issue tickets, or transport people to a shelter or hospital. This means that it is often very late at night or even the early morning before we are able to contact the caller and inform them that the situation has been dealt with. Some patrol officers may be reluctant to contact a caller, as they do not wish to disturb them unnecessarily. If you wish to have a call back, please request it upon dispatch. You can also obtain the event number in order to follow up with your call at your convenience. Please continue to call the complaint line, as we care about what is happening in your community and we want to address the concern as soon as we possibly can.

If you would like to contact me regarding an ongoing issue, my email address is samuel.sanson@edmontonpolice.ca. Please be as descriptive as possible regarding the issue.

# Nurturing Our Minds and Our Children

ROBBIN LU

## Pacific Notes

*Time Magazine* recently came out with an article about a mother breastfeeding her almost four year old son. This article has received attention from all parts of the world and many people are offended by this practice. However, there is a small minority of women who nurture their children this way. Why is society quick to be judgemental about other peoples' practices? When was the last time we as individuals looked in the mirror and questioned our own practices?

Whether you agree or disagree

with the style of parenting from this article, ask yourself what makes your own practice better and suitable for all types of families? We all come from diverse experiences and knowledge and we practice what we know which in turn makes us all unique individuals. We can only say it's wrong because it does not follow traditional Western practices, and we can say it's right because we all want to nurture our children.

There's a movie called *Babies* that documents the upbringing of babies in different parts of the world. It demonstrates the nature of babies and moments that may only occur once, but is captured to connect with par-

ents who have experienced the same joys of raising children. I feel this is the first step to introducing an intercultural aspect of parenting into our Western society because our community has become much more diverse and enriched with various practices. Intercultural education bridges and creates a pathway for understanding and compassion for diversity and unites us.

I think of intercultural education like making bread. We all use the same basic ingredients. Sometimes bakers will add flavouring, spices, or some bakers may just keep it plain. Either way the ingredients have to be combined by kneading and

then molded into a pan, baked, and shared for all to enjoy. Some days it may be light and fluffy, some days it may not rise and be rock hard. Most importantly, no matter how it was made, the end result is always bread.

We all have the basics – now, it's a matter of sharing our uniqueness, and learning to accept and respect our differences. We all have similar ambitions and goals to live a prosperous life. There is enough negativity and ridicule in the world. How can we, as individuals, contribute towards creating an understanding and compassionate community, society, and world?

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# Craniosacral Therapy



JANICE ZUBIN

## Be Well

Craniosacral therapy (CST) is a light-touch approach developed by an osteopathic physician, Dr. John E. Upledger. CST can create dramatic improvements and is effective for all ages, from newborns to elders.

CST balances the craniosacral system in the body, which includes the bones, nerves, fluids, and connective tissue of the cranium and spinal area. By releasing tensions deep in the body to relieve pain and dysfunction, whole health and performance are improved.

CST releases tension allowing the entire body to relax and self-correct. The movement of

cerebrospinal fluid through the spinal cord is optimized and misaligned bones are restored to their proper position.

Every day you endure stresses and strains and your body absorbs them. However, your body can only handle so much tension before the tissues begin to tighten and potentially affect the brain and the spinal cord.

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- Central nervous system disorders.
- Post-traumatic stress disorders.
- Many other conditions.

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areas and improve the form and function of the central nervous system. A CST session can last up to an hour or more. It can be used alone or integrated with other therapies to create powerful lasting effects. Many people have been benefitted from CST.

One of my clients, Debbie, lives on Church Street. She was experiencing numbness in her back. While at first she was skeptical of CST, her numbness is now gone. She told me that she actually finds it the most relaxing treatment she has ever had!

Sometimes, to achieve wellness, you have to try something new, like Debbie did. Perhaps you have never heard of CST before, but believe me, it can change your life.

*Janice Zubin, RMT, is a certified health consultant located in Little Italy. Appointments can be made at (780) 686-6883.*

## Helping the Little Ones Out



A volunteer tunes up a child's bicycle during the McCauley Kids Bike Tune Up on May 12 at St. Peter's Lutheran Church. Paula E. Kirman



Boyle McCauley News



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# Greetings From the N.E.T.

TRICIA BOONSTRA • McCauley N.E.T.

As the new McCauley Neighbourhood Empowerment Team we want to introduce ourselves and let you know what we are up to. We started work in McCauley in March and have been spending a lot of time meeting people and discovering the many assets of this community. We are really excited to work with you to reduce and prevent crime in the area. We have developed a plan for the next few months based on crime statistics and feedback from the community.

Specifically, we will be working to prevent break and enters to homes through an initiative called Notification of Community Crime or N.O.C.C. Once a

week, from May until the end of August, volunteers from Centre High will be helping us canvass areas with recent break and enters, equipping people with prevention tool kits. This will directly impact residents of McCauley and help lessen the usual summer spike of break and enters. More details about this specific initiative, which has been very successful in other Edmonton communities, can be found on the Transforming Edmonton website at [www.transformingedmonton.ca](http://www.transformingedmonton.ca).

Another ongoing project, Responsible Selling...Healthy Communities, is designed to help curb the inappropriate selling or stealing of non-beverage alcohol products (NBA) and inhalants. Youth aged 8 to 16 are the

most common users of NBA and inhalants, although inner city addiction experts indicate that the problem is under reported. Studies show that accessibility and cost are the biggest factors that increase NBA abuse in a community. This means N.E.T. will be approaching retailers and presenting alternative strategies for selling these products, as well as encouraging the entire community of McCauley to help monitor the activity. Further details and suggestions about what you can do to help can be found on the Transforming Edmonton website at [www.transformingedmonton.ca](http://www.transformingedmonton.ca).

If you have any questions about the above initiatives, if you have a great idea of your own, or if you just want to give us some

feedback, feel free to contact me at (780) 668-9467 or [tricia.boonstra@edmonton.ca](mailto:tricia.boonstra@edmonton.ca). Or even better, join us at Santo's Restaurant the last Tuesday of every month from 3 p.m. to 5 p.m. for McCauley Community Crime Conversations.

For real-time updates on Twitter, follow @Tricia\_NET and @Cst\_Lee.

For more information about Neighbourhood Empowerment Teams, visit [www.netedmonton.ca](http://www.netedmonton.ca).

Your McCauley N.E.T. is:  
Tricia Boonstra, Community Capacity Builder  
Trisha Shackleton, Youth Capacity Builder  
Constable Chapman Lee, Edmonton Police Service

# Heart of the City: See You at the Park!

DAVID PRODAN

Nine years on, our little down-to-earth festival, nestled in Edmonton's inner city, has grown to become a fantastic example of positive and successful community development. Rooted in values of supporting the local scene, encouraging artistic development, and wholehearted inclusivity, Heart of the City maintains a unique place among the many music and arts festivals that drive our fair city. Every one of the musical acts, visual artists, business and agency sponsors, vendors, workshop facilitators, and dedicated volunteers who are part of this festival has a strong connection to the neighbourhoods of downtown Edmonton. It is because of this incredibly supportive base of locals that we are able to attract more than a thousand audience members per day to a funky, free grassroots festival.

This year we are excited to continue the tradition of organizing a community driven, family focused weekend featuring some of Edmonton's finest. Both days of the festival will feature exciting activities for kids thanks to Danielle Locicero, the 2012 HOTC logo designer, and E4C Art Start. There will be a variety of emerging artists selling their paintings, postcards, jewellery, glassware, chapbooks, fashions, and more! To keep the crowds participating, there will also be a number of creative workshops, from found art and zines to prayer flags and street poetry.

Our musical line-up brings

together some sure-fire festival favourites from past years as well as a crop of exciting new talents! If I had enough room to describe all 44 acts on our stage this year I surely would, but I'll have to highlight just a few of our most anticipated performers.

Painting With Ella returns with oh so lovely harmonies to promote their delightful debut album *One Lost Kite*. Mary Rankin, aka Nettie Spaghetti, will no doubt be clowning her way into our hearts and minds with her crafty kids songs and hula hooper. Rockin' western troubadour Andrew Scott is always a fun and animated zamzinger. Kemo Treats' campy rap is probably the funniest you'll ever hear. Very Dangerous Animals will bring out your inner indie post-rocker, and the Big Sky Gliders will charm you with their bluegrass folk fusion. And the list goes on, with so many great acts in a diverse array of genres that make for a very vibrant festival!

Of course, Heart of the City would not be possible without the wealth of business, agency, and volunteer contributions that sustain us. Our key sponsors include the Edmonton Arts Council, who provided us with a nifty Festival Seed Grant; the Edmonton Folk Music Festival, who supplies us with professional tents and stages at a nominal cost; the McCauley Community League and *Boyle McCauley News*, both of whom provided significant sponsorships; and the City of Edmonton, which every year assists

**2012 June 2&3**

**HEART OF THE CITY FESTIVAL**  
a music and arts celebration

sat 11am-9pm  
sun 11am-7pm

**Giovanni Caboto Park**  
10878 95 Street

**Featuring Performances by:**

ANDREW SCOTT, ANGIE KLIEN, BIG SKY GLIDERS, CAPOEIRA ACADEMY, COLIN CLOSE, CRITTERGROM, DEBBIE SPENCE, DYLAN DANIELS, ERA'SMO COCO, FAY FEY, GAVIN BELIK, G.B.M., GÖRGÖN HÖRDE, INNER CITY FIDDLERS, JESSICA DENISE, KEMO TREATS, LADY ELOQUENCE, LAUREL MACLURE, LOCUTION REVOLUTION, MANDY FAYE, MARLAENA MOORE, MARY RANKIN, MICAH, MUST BE TUESDAY, NEW YOUTH EDMONTON, PAINTING WITH ELLA, PAULA EVE KIRMAN, PRETTY BOY FLOYD, RACHAEL ROBERTS, REBECA LAPPA, SARAH ISABEL, SERIOUS M.F., SEVEN SUNS, SMOKED FOLK, SPIRIT WOMAN SINGERS, STEVEN JOHNSON, SURVIVING SUSAN, THE SKIPS, THERESA LIGHTFOOT, TRENT HALIWELL, URBAN COYOTES, VERY DANGEROUS ANIMALS, WHISPER/HOLLER

Sponsors: Boyle McCauley News, CJSR, McCauley Community League, Popular Bakery, Inn Roads Housing Coop, Podwinski, Zocalo, BM, CEASE, iHuman, Boys & Girls Clubs of Canada, Edmonton Folk Music Festival, Gateway, The Works, E4C, and others.

with park logistics. With over 30 official cash and in kind sponsors for Heart of the City, we are able to smoothly run the festival for a cost under \$10,000.

For full line-up and schedules, a complete list of sponsors, and more information about the festival see our website: [www.heartcityfest.com](http://www.heartcityfest.com). See you June 2 and 3 at Giovanni Caboto Park!



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## Businesses as Neighbours?

How does McCauley invite and sustain businesses that are good for the community? The answer is to treat them as you do your neighbours. Business people are very keen to introduce themselves and take an active role in the community. McCauley has many business owners who are role models in this category. One of the strategies within Revitalization is to promote and sustain good business people in the area. People choose to live in an area based on price, safety, and long term health opportunities. Businesses often choose an area to establish their business for similar reasons. Investment in a business means the owner/operator believes in the current/potential of the given area for the future economic development of their business. Most businesses choose an area for the possible growth and for the potential of the area in becoming a destination for customers.

People choose to live in an area based on price and the "sense of community" and business people are often thinking the same way when it comes to investment in an area. Common factors include living or having a business in a community where there is a clean environment, great neighbors, safe accessible routes, options for physical activity, and the neighbourhood presents as a good place for people of all ages, all cultures. There may be work to do in a few categories but it sure sounds like McCauley...what do you think?

How does a community draw more businesses into the area? It starts with a few simple steps that you can do.

Talk about the benefits of the neighbourhood to new or potential businesses. Point out the cultural diversity and the fabulous, vibrant businesses in the community and how they became established over time. Share the opportunity to get together informally with other local businesses and come together for a Know your Neighbour night.

## Let's Clean Up

The key groups working with you to keep McCauley GREEN in 2012:

**PICK IT UP - (Call 780) 496-6887** - A service provided to those who live in McCauley in order to have large items picked up from back alleys or streets. All you have to do is call and leave the type of item for pick up and the location. A truck will come once a truckload has been identified. This service operates from May 1 to Sept. 30 and has continued for the past three years.

**CLEAN AND GREEN - Call Caitlin at (780) 426-5600** - A service provided through Revitalization in partnership with Mustard Seed Church to have workers cleaning streets and weeds on the streets and in vacant lots. In 2012 the program also has a new program to address window cleaning with businesses.

**CAPITAL CITY CLEAN UP - Call (780) 944-5470** - The program deals with removal of graffiti, litter issues, needles and other problems of garbage in the area.

**BRZ CLEAN UP - Call Ratan Lawrence at (780) 423-2625** - The program is specific to local businesses in the Business Revitalization Zone area and provides clean up of the streets and areas.

**BYLAW - Phone 311** - McCauley now has a dedicated officer within the Community Standards section. This means your services will be improving as Brent Craig will be working to ensure your community businesses and homeowners are held accountable.

**BIG BIN - Phone (780) 944-5470** - McCauley has two big bin opportunities that take place in the area. If you missed the first one in May, the second BIG BIN is taking place on SEPTEMBER 15 and 16 at Commonwealth Stadium between 9 - 5 p.m.

### COMMUNITY SPOTTERS

I would like to thank the following people who take the time to call in when they spot items that need to be taken out of the area: Bob McKeon, Rosalie Gelderman, Bola Fedayi, Jenny Malanchuk, Ray Bailey, Dan Tierney, and Cecilia Bloxom. This is just a sampling of the people who make your community look better every year. GOOD EFFORT!

## EYES ON THE STREET

This year, in 2012, the Revitalization is working in partnership with N.E.T. and local businesses. The purpose is to have businesses working towards the same goals as the neighbourhood residents. EYES ON THE STREET is the brand to help define a proactive approach to working well in the community. It means each and every person will make an effort to illustrate to the rest of Edmonton the area is well protected and the people who live and work in McCauley are trying to make a difference. It also means that local business people will take action when they observe anything that may be inappropriate activity. EYES ON THE STREET refers to being active by:

- Keeping your business clean and green.
- Welcoming people into your shop with a smile.
- Contacting the right person, if you have a problem with garbage or any concern.
- Linking with your neighbours to get to know who they are.
- Working in partnership and demonstrating a positive attitude.

If you would like to see business owners who contribute to making McCauley an inviting place, visit the following business locations:

**Zocalo** - A great gift and greenhouse for tourists and locals and the best espresso milkshakes Edmonton has to offer. You will also be gifted to great customer service by the owners, Miranda and Ken.

**Santo's** - New ownership and a new manager. Wally is already starting to gain friends in the community due to his positive attitude and excellent customer service.

**Kim Fat Grocery** - Family run business in Chinatown where Phong is one of the hardest working sons, but finds time to participate in the Chinese Street Market. He keeps on smiling.

**Italian Centre Shop Grocery** - This central stop is the gem of McCauley. Teresa continues to give to the community while she celebrates all the best of the neighbourhood. She continues to work diligently to improve the areas that need it while being a role model to all.

# McCAULEY COMMUNITY CLEAN UP

June 16<sup>th</sup> 10am-5pm - E4C McCauley Apartments

9541-108A Ave.



Unwanted items in your house or backyard? We'll come by and get rid of your old couches, chairs, mattresses, tables, tree branches, and any other items you don't want anymore. You can even leave them at E4C's McCauley Apartments!

### Whatever works for you!

(NOTE: We can NOT accept hazardous wastes or large appliances)

To either arrange a pick-up or to volunteer,  
please call (780)424-2870

The community is welcome to come enjoy a meal at Sacred Heart Church, hosted by the Edmonton Host Lion Club. Sponsored by E4C, the City of Edmonton, and the McCauley Community League



McCauley Apartments is a program of E4C



# Words of the Young

Mother Teresa students say what makes the area special to them



The Grade Two class at Mother Teresa School. Gary Garrison

## GARY GARRISON

The Boyle Street/McCauley area has three school buildings that have closed in recent years because school boards decided we didn't have enough children to keep them going. One functioning school we do still have, though, is Mother Teresa School. It is a miniature United Nations where children and families who came to Boyle Street and McCauley from all over the world come to learn.

In early May, Stacey Chornoluk asked her Grade Two students to draw a picture and say a few words about what is special to them about their community.

Here are some samples of what they said.

### A special thing in my community is:

- Making new friends. We like to meet new Armenian friends. **Elen**
- The Chinese lion dance. It is fun to watch. **Joyce**
- Teams at recess. My friends like Nahom. He is special

because he is on my team. We have fun. **Hieu**

- My family and my language. Not a lot of people know it. It looks like this: *chao*. It means hi or hello. **Brendon**
- Christmas because Santa brings presents. My Christmas tree is special because there are lights on it. **Nahom**
- My family in China because I get to see my grandpa and grandma. They keep me busy all the time. It is fun to trick Grandma. **Maggie**
- ICCP [Inner City Children's Program] and the centres we get on Tues. Wed. and Thu. and we get to learn things. **Walee**

• My community has a great library and a new rec centre. **Josh**

• My family. It is special to me because I don't give my loose tooth to the Tooth Fairy and I get to go to Chinese school in summertime. **Jimminghao**

• I love my family and bugs. **Shyla**

• Chinese New Year and Chi-



Writing and pictures from the students. Gary Garrison

nese characters. Mommy, Daddy, me, sister, brother speak Chinese and we wear Chinese decorative dress and shirts, also pants! **Annie**

• We are a family and we love to be together anytime and any place and we are always together no matter what. **Isabella**

• Science school, learning science and magic. They help

make me smart. I can learn solar system. I learn about insects. But some of them are poison. **Raiyan**

• Our clothes because every people can know me. I am Korean when I wear my clothes on the special holiday. **Delalay**

• Soccer. I play with my brothers. I like taking care of my brothers. **Jonathan**



# A Family for the Future



IAN YOUNG

## Ability and Community

Youth are the voices of the future. I just have to look out my front door to feel confident of that. Our cooperative (Artspace) is made up of a diverse community. The children of our president Dr. Charles (Chuck) Keim and his wife Rachel (a nurse), exemplify compassion, understanding, and bring role models.

The siblings Hannah, Aden, Levi, and Elli (ranging in ages from 8 to 14) are very diverse in their interests and ambitions. Hannah attends a French immersion school and has her sights set on the Arts or teaching. She actively participates in volunteer activities at the YMCA as a camp counselor, has completed babysitting certification courses, and has received the bronze medallion and cross



The Keim kids. Rachel Keim

in swimming/lifesaving exercises. Before living in our community, she was actually a Boy Scout as the community she resided in did not have the Girl Guides program! She also was vocal and advocated for her rights and those of other youths when her school was in fear of closure.

Aden has his sights on the business world for his future

and wishes to manage a professional sports team. Levi is an avid swimmer and is visible outdoors walking the family's beloved dog Kali and has even assisted me with my parcels when I am overloaded!

That brings me to the fearless Elli. I have no doubt I will see her on an Olympic Podium as she excels at diving at age 8!

She has no qualms about diving off the 10 metre board!

All of the kids take piano lessons from a resident of our community who has a disability. They hold family and community values very dearly, reserving as much time as they can to family activities whether it is a family swim day, dog walk, or cultural event.

Hannah expresses to me that better ways of life, fairness, and equal opportunities for all are very important to her and her siblings.

These youth always jump to help. Hannah is actually my designated dog walker when I travel. When I questioned Hannah on her opinion of the diversity of this community, she simply grinned and replied, "I think it's cool!"

Well done Chuck and Rachel! From the community and the community of the future: THANKS!

# The Body Complains: Difficulties of Aging



SHERRY MCKIBBEN

## Catch 66

Recent events have had me reflecting about our aging bodies. I witnessed a conversation with some of my younger friends who were discussing how old they were when they first noticed their bodies were not as responsive. They were describing when they noticed the first signs of change to their bodies. The signposts of change seemed to be a longer time to recover from a workout or a late party night. Or, perhaps there was a decreased ability to have a big party night. The capacity to do hard physical work diminished and had greater repercussions. For some, that first awareness came when they were 45, for others it was a bit later. In my late 40s I first noticed stiffness if I sat for a long time. I couldn't just stand and go but had to start slow and shake out the stiffness. At the same time, I developed high blood pressure and considerable discomfort in my hips from a previous fall.

Then, on a recent trip I made

to the west coast, all my conversations with my friends and family members were about the aging body. I have written a lot about the brain but have spent very little time discussing the body. All are agreed the body begins to fail us as we age. It becomes less flexible. We have to work harder to maintain the same level of fitness. Things start to go wrong. Body parts work less well. In my last column I quoted Tim Choy as saying his health was now his main concern - so too with my friends on the west coast. One was worried about her memory and had actually visited a neurologist to determine if Alzheimer's or dementia was creeping in on her. Her diagnosis was normal but still she is concerned about her increasing forgetfulness.

Next was my 80 year old Aunt. She said after turning 80 everything seemed to go wrong with her body. Her hair started falling out, like her mother's. Her ankles were swollen from edema and she needed additional medication to address this. As well, having avoided diabetes medications for some time through diet and weight loss, she now needed some oral medications to stabilize her blood sugar. She noted that her friends were having

health difficulties which limited their capacity to participate with her socially. That is, not just her health but the health of her friends was impacting her social life.

And finally, one of my long time friends revealed she has a severe heart condition coupled with acute arthritis. Consequently in the course of our visit we spend a considerable amount of time waiting for her prescriptions to be filled. Personality wise, she was definitely in the "summing up" phase of her life recognizing that her health conditions were serious and could limit the length of time she had to live.

A survey of health statistics reveals that approximately 80% of people over 65 experience some sort of chronic ongoing health condition. Arthritis in its various forms is the most frequent difficulty. So the issue with aging is not if your body has some complaints but rather how you will

manage those complaints both emotionally and physically. For example, one study I looked at indicated previously disabled seniors were more likely to describe their health as good (than those not previously disabled). It would seem these individuals have more practice at staying and being positive despite their disability.

So the question about aging is not: does our body age. We know it does. The question is: what do we do about it? What is our attitude towards this change? Or to say it another way, what enables us to retain a mentally positive and physically active life as we age? These are big questions which I will explore in upcoming columns. I will look at both resources available in

our community such as seniors' programs at the new Commonwealth Rec Centre and issues affecting our resilience or our capacity to cope with these changes.

## A SURVEY OF HEALTH STATISTICS

*reveals that approximately 80% of people over 65 experience some sort of chronic ongoing health condition. Arthritis in its various forms is the most frequent difficulty.*



# As Young As You Are

KERI BRECKENRIDGE

## Keri's Corner

Today, the young demographic is the group most marketed to, most sought after, and most valued in terms of opinion. What is this value that we place on youth? The younger people of today more easily adapt to our changing technological environment. They also have a high discretionary income. They are the ones thought to replace our baby boomers in the job market. However, I believe the general consensus is that it's somehow better to be young than old.

I've been young and I don't see an overwhelming advantage to it.

Yes, my body had fewer aches and my face had fewer lines but, comparatively, I was sort of an idiot. There were so many things that I didn't understand: how to manage a household, how to get my butt up in the morning on a regular basis for work, how to be responsible for my life. Some may call youth carefree, and that isn't a bad thing, but it can't go on forever. One really can't appreciate

the struggle of life without the responsibilities. Without exertion there can be no depth of enjoyment for the triumphs and joys. The true revelation of life is facing adversity, dealing with day to day challenges, and still holding the ability to celebrate *la vie en rose*.

While a youthful body is valued, a youthful mind is valuable. The propensity to view the world anew and with a fresh perspective is where joy hides. If one can grasp that frame of mind and hold it, they will remain youthful despite the ravages of age and time. Therein lies the value of youth.

Perhaps these are just the ramblings of a middle-aged woman trying to assert her worth in a world of Botox and cosmetic surgery. This may be so. In a society that doesn't see far past appearances, it is difficult to grow older and maintain a sense of self worth. A woman in her middle thirties isn't as desirable in the first glance as her twenty year old counterpart.

However, twenty year olds eventually grow into their thirties, as we will move on into our forties

and fifties. Time races past us all and while our bodies cannot be saved, our souls and our minds are always ripe for enrichment. We can and should nurture our bodies but not to the exclusion of our spirits. Once the youth has left our faces, what we have left is a reflection of who we truly are behind all our appearances. Who we are, as people at every age, is what determines the kind of life that we have and will yet lead.

If nothing else, youth is a promise yet unfulfilled of endless possibilities and opportunities. Life unshaped and ready to journey down the road. The shame of youth is that it doesn't come with the wisdom of age. Or the practicality. Or the sense of humour. These tools would come in handy to a young person trying to make decisions about his or her life. Young people are destined to make mistakes. Age gives you the ability to deal with those mistakes. So, while I sit on this end of the road, looking back at where I came from, I'm glad I'm not there anymore.

*Keri lives and is getting older in Boyle Street.*



ISABELLE FOORD

## Something Funny

Last year, we had no summer. This year, we had no winter. Be prepared for perpetual autumn.

Two of Canada's most precious commodities are oil and water. It's too bad they don't mix.

*Isabelle is a writer who was a long-time resident of McCauley.*

Boyle McCauley News

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## A Big Fashion Statement



Ken Bregenser sports a large and colourful brooch on the Mother's Day weekend. Other staff at Zocalo wore it as a hat. Paula E. Kirman



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# A McCauley-ite in New York

JOANNE MCNEAL

On May 8, the Edmonton Symphony played a concert at Carnegie Hall in New York City. Carnegie Hall is the epitome of concert halls. The acoustics are wonderful and you can see and hear from every seat in the house. It is a heritage building with red velvet seats and lots of gold inside, with several balconies that loop around the back part of the hall and continue along the side walls almost to the stage. Actually, our Winspear Theatre here in Edmonton is quite a bit like Carnegie Hall in structure. For many musicians, playing in Carnegie Hall is the thrill of a lifetime--it means they have "arrived."

For me, living in McCauley, there was a personal connection. I play in a local string orchestra, TEMPO, which was founded and is conducted by Richard Caldwell, who has played first violin in the Edmonton Symphony for more

than thirty years. His wife, Gillian, also plays cello in the ESO, and I know several other members of the Symphony quite well. All of them were quite excited to be travelling there to show the world their talents and achievements as musicians. I have played violin myself since the age of 5, but I had never even been to Carnegie Hall, let alone heard a concert there, or dared to dream of playing there.

So, when the opportunity to go to New York to hear this concert became a reality, I thought, "Why not? When else am I going to get the chance to be part of such a historic event?" My daughter works for an airline, and as her parent I could fly there really inexpensively. She got us a complimentary suite overlooking Times Square, so all I had to pay for was food, cab fare, and concert tickets. My heart shouted "Go for it!" even though it meant two days of flying for one day in New York.

My daughter and I did some sightseeing in New York during the day of May 8, as there are many famous places to see. We got to the Statue of Liberty, Rockefeller Centre, Central Park, and the 9/11 memorial. We walked all over Manhattan and took the subway. But the concert itself was the biggest thrill of all. To see local people I know from Edmonton walk out on stage in this world famous concert hall and play beautifully and with profound skill, technique, and emotion, was exciting beyond words.

The first half of the concert was by Alberta composers and soloists. The orchestra created many moods and played in various styles, and everything was performed superbly. More than a thousand Edmontonians were in the audience, cheering them on. We were all so proud, and didn't want it to end. I was humbled and pleased to be part of it.

So what else does this have to do with McCauley? New York also has a large multi-ethnic population, lots of old buildings, and narrow streets, but on a larger scale. However, there is also more noise - crowds of people, taxis, and trucks, whose drivers yell at each other as they try to navigate the narrow streets to deliver goods and services. Construction is everywhere as they try to maintain the old buildings and build new ones. Yet the variety of places to see and wonderful foods from around the world reminded me of home. Still, I found I was quite pleased to get back to the relative quiet of McCauley.

*The local string orchestra, TEMPO, rehearses weekly on Tuesday evenings at the Glenrose Hospital Auditorium. The concerts are free and everyone is welcome. The next concert is Sunday, June 3 at 3 p.m. in the Glenrose Hospital Auditorium.*

Dining  
Out

PAULA E. KIRMAN

## Ho Restaurant

Vietnamese  
9656 107A Avenue  
(780) 426-1223

For the longest time, this address housed the one noodle house in Chinatown I had yet to try. The reason? The outside of the building looked so run down, that I feared what was going on in the kitchen. At the advice of my pho-loving friends, who told me the food was no better or worse than anywhere else, I decided to give it a try. However, by this time the restaurant had been sold and was closed.

Ho Vietnamese Noodle House is the new restaurant that has opened in the space. The facade of the building has been completely redone. Inside, the small seating area is clean and bright. Best of all, the new owners are friendly, service is wonderful, and if you sit facing the front window you get a wonderful view. You can see everything going on along that part of 107A Avenue down 97 Street, as well as the downtown skyline in the distance.



A steaming bowl of pho at Ho Restaurant. Paula E. Kirman

The menu is quite large, and includes everything from pho soup and vermicelli noodle bowls to stir fried and sizzling dishes. There is also a good selection of appetizers and beverages. I went with a regular sized bowl of Pho Tai, which is medium rare sliced beef in beef broth with noodles.

For a regular bowl, it was huge, and had more noodles than average. The beef was sliced thin and was tender, although it was already cooked through when it reached our table (usually it still has some pink and continues cooking in the bowl). My dining

companion had a bowl of beef noodle soup without any meat added, and she was also impressed with the portion size.

And how did the soup taste? Both of us could smell the aromatics in the broth as soon as the bowls were placed before us, which was a very good sign. Broth really makes or breaks pho. It should have several layers of flavour, without being overly salty or sweet. This broth was light coloured, not too greasy, and had a wonderful combination of seasonings. It was delicious.

We both agreed we would return just to enjoy the soup again. However, I am also looking forward to trying some of the other menu items, which are reasonably priced. Bowls of soup will run you about \$8-\$10 while other main dishes range from \$9-\$16. Located right along 107A Avenue, the restaurant is very accessible by walking. There is also a small parking area in the back.

Don't judge a book by its cover - or in this case, a restaurant by its former appearance. Ho Vietnamese Noodle House is poised to add more flavour to Chinatown.



## McCauley Community League Update

# Updates and More

**ROB STACK • President**

Happy Summer everyone! The door to door campaign associated with the League Block to Block program has begun. There's been lots of positive responses and interest as we slowly work our way through the neighbourhood building organizational capacity and neighbourhood empowerment. If we haven't hit your block yet don't fret – it's going to take some time. If you want to get started or involved quicker, feel free to email us or come to one of the events or meetings to get involved. On August 11 we'll be having the Chinatown Meet and Greet for the Block to Block program. It'll be a fabulous opportunity for residents and business owners to get together.

As for upcoming events, there are lots to choose from! We'll be having Two Family Potluck Picnics in the Park on July 7 and August 25. It'll be a great opportunity to bring out the family, meet some neighbours, and share some great food. If you want to join in, find out more, or get involved in the organization of these fun family events please call or email the League or check out our Facebook page for more information. In August we are also planning a big door to door League membership campaign. On the weekend of the 25 and 26, the League executive, and as many volunteers as we can muster, will attempt a two day recruitment blitz.

If you haven't used your League membership to get your free access every Saturday from 5-7 p.m. at the Commonwealth Recreation Centre you are missing out. Steam room, spectacular kid friendly pool, huge hot tub, field house, full gym, plus the occasional giant football player working out – all a short walk from your home! And, don't forget, your League membership also gets you a discount on all City of Edmonton facility passes. Starting in mid-June, your McCauley Community League membership should also get children free access to outdoor pools throughout the city (on a rotating basis) throughout the summer. Check our website for more information.

The McCauley Community League soccer program is also up and running at full tilt. Lots of kids, lots of volunteers, lots of fun all around. Even some

super cuteness if you get to see the really little ones chasing the ball around. The U12s and maybe the U10 teams will be gearing up for the ENZA Summer Sizzler Tournament in June. The City of Edmonton and the McCauley Community League will also be partnering to bring the Green Shack program back to Caboto Park for another summer of supervised fun starting July 3.

In the last month, members of the League executive had an exciting meeting with Community Relations people from MacEwan University. This was to open a dialogue about their planned expansion of and consolidation to their downtown campus. Currently, their 40,000 plus students and 3500 plus staff are in four campuses throughout the city and they plan to consolidate and expand this at one downtown campus. The first major phase of this is the construction of a new Centre for the Arts and Communications west of the Robbins Health Centre (109 Street) to be completed for the 2015 education year.

Another meeting of importance was with representatives of the Alberta Labour Council to discuss the relocation of their annual Labour Day event in Caboto Park. This has been a very large and growing event that they have hosted in the park for a long time but has continually generated many complaints and concerns from residents during my seven years of League involvement. The general consensus from the League and many residents is that the event is simply too big and impactful for the location, with yearly damage to the park occurring. We suggested a few alternate locations, expressed our concerns, and are hoping that greater efforts will be made to mitigate impacts this year and that the event will be relocated in following years.

On a less than positive note the City's Sustainable Development department has approved another Development Permit for Ambrose Place as an apartment. The League filed an SDAB appeal concerning what we feel are misinterpretations of the Zoning Bylaw surrounding this. This appeal will have been heard on May 30. We will post updates on our website (mccauley.info), Facebook, and in the next issue of the paper.

## Boyle Street Community League Update

# Welcome to the Plaza

**EVA MARIE CLARKE • Animateur**

Our community centre has a name! Boyle Renaissance Plaza was chosen by members of the partnership that will be running it in a tangible way: Boyle Street Community League, the City of Edmonton, and the YMCA. As previously noted in this space, this exciting building is part of Boyle Renaissance, Phase I. The site will also house the Melcor YMCA Welcome Village, an affordable housing development.

The name, Boyle Renaissance Plaza, reflects the ongoing development - the rebirth - of our community. Our plaza, once fully landscaped, is intended to be a venue for numerous community events ranging from arts and culture to sports and leisure that reflect and celebrate our diversity.

Thanks to the City of Edmonton's One Percent for Art program, our Plaza will be further enhanced with a public art piece. Created by Edmonton Artist Jordan Tomnuk, the piece is a community table. Organic, practical, and beautiful, the community table is intended to provide a comfortable gathering place for all. In describing the piece, Jordan writes, "I hope this piece inspires more human interaction and face to face communication."

What else is happening on Boyle Street? We are jazzed about the *Dirt City Dream City* transitory art exhibit to take place throughout the community in July. On May 5, the community gathered

at an open house event at the ARTery. It was an amazing opportunity to touch base with this vibrant group of emerging visual and literary artists to hear about their ideas and the art they will create in response to this area.

One of the artists, Tiffany Shaw-Collinge, has conceptualized a community garden, planned for the site of the former Mount Royal Hotel (just by the Double Greeting Wonton House). She will not only approach several community organizations to bring her vision to reality, but will also have plots available for community members. Thanks to support from Mary Anne Debrinski, Director of Urban Renewal at the City of Edmonton, this public art project will provide a green oasis in Boyle. For more information on this Community Garden project, please contact Timothy Anderson at tja.bscl@gmail.com or call the BSCL line at (780) 422-5857.

We're pleased to announce that once again, the Community League will present the City of Edmonton Summer Green Shack Program. Kids of all ages can come down to the Mother Teresa playground during July and August to participate in games, crafts, cultural activities, and make new friends. The program is available free of charge, and last summer was documented as one of the busiest in Edmonton!

Rent this space! We are now booking for September 1. If you require space for a condo board meeting, party, wedding, workshop, project... anything... please give us a call at (780) 422-5857.



Join your Neighbours on Facebook at:  
 "McCauley Community League"  
 or come to a Board Meeting  
 7-9pm, June 21st, Basement of Zocalo's.  
 We would love to meet you!

**McCauley Community League**

info@mccauley.info

780-428-5332





# After School Care: "Good Stuff"

SARA COUMANTARAKIS

As a grandma involved with little children, I'm revisiting places I knew 25 years ago: the playground, soccer pitch, school, and daycare. It seems to me that these places are a lot more fun than they used to be.

Take the McCauley Community After School Care Association daycare at 93 Street and 108 Avenue. It's bright, colourful sign heralds a space filled with giggles and glee. The first thing I noticed was that staff seems to be eternally cheerful. Grumpy Grandma or Laughing Leanne and Bubbly Barb? When the children started going to after school care, they kept begging, "Can't we stay longer?" or, "Why did you come so early?" We were disrupting dodge ball, or a hula

hoop competition, or an intricate craft, or time at the outdoor park. When I asked, "What do you like best?" they respond with the names of new friends - Isaiah, Seth, Abel, Molly - and the prizes they get when they do "good stuff."

It's the staff that makes the place. When I ask Leanne what she likes best about the job, she points a finger here and there. "The kids," she says. She actually tried to resign recently. It's hard to make ends meet on a daycare worker's salary and the split shift makes it hard to add other work. But she missed the kids too much. She couldn't do it. For now, it's her calling.

When the children are off school for a PD day, they often go on a field trip. Josh was sold

on the place when, on the second day he was there, they took a bus to Let's Play, a place that this grandma had never heard of. They have baked cookies and visited Chinatown. They love the snacks that they won't eat at home - oatmeal! Recently, Fashion Week was celebrated, complete with mannequin heads that needed new hairdos. I don't know who put a head in the fridge but it was a bit of a shock to open the fridge door to get lunch and encounter a ravishing blond head and staring blue eyes.

The pièce de résistance was a Beach Party in the dead of winter. These intrepid women filled up numerous children's wading pools with warm water and invited everyone to bring swimsuits and towels. Who needs

Palm Beach? But even when it appears that fun is the only thing on anyone's mind, staff is vigilant. They make a complete sweep of Sacred Heart Park, picking up glass and whatever else they may find, before the children are let loose. They always have an empty lap or a warm hug when someone is having a bad day. They crack a joke or use diversionary tactics when an altercation over a toy arises.

I recognized the genius of the staff when I walked in after a tiring day to find them involved in playing "Graveyard." This involves the children lying dead silent all over the floor. The winner is the kid who stays quiet the longest. When that competitive streak kicks in, even a chatterbox closes her mouth! I think I may try it at home.

# Sparky: A Life of Hockey and Service

DAN GLUGOSH

Being an Edmonton Oilers fan I was very familiar with the name Lyle Kulchisky, better known as "Sparky." He had been in many pictures, and on TV working as the equipment manager for the Oilers. He is known around the NHL as one of the best in his trade.

It takes very special people to work with kids. You must have patience, be understanding and caring, and have the passion to make a difference in a child's life. Sparky has all of these skills and more. Our community and the kids who come to the rink are very fortunate to have him. One of my favorite quotes comes from Sparky. One day one of the kids was saying that the skates they borrowed weren't very good and he said, "I use to think that too, until I met a child who didn't have any skates."

Sparky is a home boy, born and raised in Northeast Edmonton. He attended Montrose School, then went on to Highlands and finished high school at Eastglen. During high school he would hang out at the rink after school where he would meet players like Glen Sather. One day the trainer for the WHA Oilers, Ron Walters, asked if he wanted to help out. So, he started as a part time dressing room attendant with the WHA Edmonton Oilers which grew in to a full time position for three years. He then joined the Edmonton Oil Kings of the Western Canadian Junior Hockey League. He served as the Oil Kings' equipment manager for one year before returning to



Sparky and his dog Snoose. Dan Glugosh

the Oilers, now with the NHL, in 1979-80.

During Sparky's 34 years of working in hockey he met many great people and athletes. His favourite memories are being part of the five Stanley Cups while working for the Edmonton Oilers. He says that, "seeing my name on the Stanley Cup five times is an honour." Sparky still keeps in touch with the likes of Paul Coffey, Wayne Gretzky, and the many other friends he made while working in hockey. Every February he goes to Las Vegas to work at Wayne Gretzky's fantasy camp which is attended by former NHL stars such as Dennis Savard, Brian Leetch, Eddie Mio, and many more.

One of the questions I was looking forward to asking Lyle was how he got his nickname "Sparky." He says back when the Oilers were in the WHA there were a defenseman named Ron

Buznick who came up with the nickname. One day in the locker room, Buznick came across a picture of a great lefty who was playing in major league baseball named "Sparky" Lyle. Of course, with his name being Lyle it was the start of his nickname.

Sparky's interest in helping with the McCauley community inner city rink project started with a call from his long time friend of 40 years, Al Hamilton. Al asked Sparky to come take a look at an inner city rink project he was working on and asked Sparky if he would be interested in managing it. In late January of 2012, Sparky agreed to help out. During the skating season Sparky got to see first hand how popular and important the skating rink was for the kids. He enjoyed the time he got to spend with the kids and formed a special bond. He also says that he can't say enough about the kids who come to the rink. They have a lot of re-

spect for the place and have fun, something that Sparky enjoys watching.

The Family Day event was one of his favourites. It was amazing to see three hundred people come through the gate and how the community came together to share the facility. Being outside and meeting community members while handing out hotdogs and hot chocolate was not only a great feeling for him, but he could see it was for everyone who was there.

Having Norwood School come out to the rink and seeing some kids on the ice for the very first time was very rewarding as well. One of the many good things he sees is the kids getting the opportunity to skate, play hockey with no pressure, and just be kids. In the future he would like to see more schools involved with the rink.

I asked Sparky why he does this. He told me he believes in the vision of Ted Green, Al Hamilton, and Father Jim Holland of having a permanent building, a place in the community for the kids to call theirs year round, and a place the community could share.

When Sparky isn't at the rink you will find him spending time at the farm looking after his horses. Both he and his partner Marianne enjoy pleasure rides and getting away. During the NHL hockey season Sparky can still be found at Rexall, visiting with the visitor trainers and his longtime friends. He is still a huge Edmonton Oilers and Oil Kings fan and enjoys cheering both teams on.



# Community Classifieds

NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL 5 LINES OR LESS TO EDITOR@BMCNEWS.ORG



## FREE GUITAR LESSONS

With Steven Johnson. Everyone welcome.  
Monday June 4, 11, 18, 25  
Location: McCauley Boys & Girls Club (9425 109A Ave.) Time: 8 p.m. – 9:30 p.m.  
Cost: FREE  
Please contact David at 780-424-2870.

## WECAN FOOD COOP

\$15/meat order, \$10/produce order. Annual Membership is \$5. Upcoming deadline for payment is Friday, June 8. Call David @ (780) 424-2870 for more info. Next depot date is Thursday, June 18 at the McCauley Boys & Girls Club (9425 109A Ave.)

## SEEKING VOLUNTEERS

This year's **McCauley Community Clean Up** is taking place on **Saturday, June 16** at McCauley Apartments. We are looking for volunteers to help with driving trucks, litter pickup along sidewalks and alleys, lifting and dumping old furniture, as well as organizing pickups in the neighbourhood. If you'd like to help out please call David at (780) 424-2870.

## CALL FOR SUBMISSIONS

In summer of 2012, a group of local writers are publishing the *McCauley Writers Atlas*, a series of chapbooks featuring poetry, street writing, found art, zinery, photovoice, and other creative musings on our McCauley community. We are seeking one-page or postcard submissions from residents, writers, and artists. All contributors will be given copies of the *McCauley Writers Atlas*. Please mail submissions to:

McCauley Writers Atlas  
C/O E4C McCauley Apartments  
B08 9541 108A Avenue  
Edmonton, AB  
T5H 4G8  
Or, you can also email submissions to:  
mccauleywritersatlas@gmail.com

This creative community mapping project is part of a larger creative writing program. Local writers of all ages and styles can attend weekly **Creative Writing classes**.  
Tuesday June 5, 12, 19, 26  
Time: 7:00 p.m. – 9:00 p.m.  
Location: Boardroom at McCauley Boys & Girls Club (9425 109A Avenue). Cost: FREE  
Please contact David at (780) 424-2870

## CHURCH AND AGENCY SERVICES

### BISSELL CENTRE

(780) 423-2285  
Adult Cooking Classes: First 3 Wednesdays of the month January – June 11:30 a.m. – 2 p.m.  
Movie Night: First 3 Wednesdays of the month 5 – 7 p.m.  
Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:30, first come first serve)  
Victorian Order of Nurses: Thursdays 11:30 a.m. to 3 p.m.  
Early Childhood Intervention: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred) Drop-In: Monday – Friday 7 a.m. – 3 p.m.  
Women's Lunch: Tuesdays and Thursday at noon  
Parenting Classes: Mondays at 11 a.m.

### BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street  
Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.  
Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.  
Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

### BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue  
(780) 424-4106  
Monday – Friday 8:30 a.m.-4:30 p.m. Youth Drop-In, Wed. 4-7 p.m. Adult Drop-In, Thurs. 4-8 p.m. Lunch: Monday-Friday at noon. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.

### INNER CITY PASTORAL MINISTRY

10527-96 St. NW  
(780) 424-7652  
Pastor Rick Chapman  
Pastoral Associates: Sr. Marion Garneau, Linda Winski  
Sunday Service: 11 a.m. - noon  
Sunday Lunch: Noon - 1 p.m.

### ST. PETER'S LUTHERAN CHURCH

9606 – 110 Avenue  
(780) 426-1122  
The Rock Community Breakfast  
Tuesday to Thursday 7 – 9 a.m.  
Kid's Club. Monday 6 – 7:30 p.m.

### SALVATION ARMY

9611 – 102 Avenue  
(780) 429-4274  
Men's Residence, Anchorage Addiction & Rehabilitation Chapel.

### WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

### THE MUSTARD SEED

10635 – 96 Street  
(780) 426-5600  
Evening Meals (Mon. – Fri. 7-8 p.m., Sat 5-6 p.m.)  
Food Depot (Tues. and Thurs. afternoons 1-3 p.m., Wed. evenings 8-9 p.m.)  
Drop In Coffee: Mon, Tues, Thurs, and Fri afternoons 3:30-6:00 p.m.  
Evening Drop In (Mon-Fri: 8-10 p.m., Sat: 8-11 p.m.)  
Community Support Centre (PAC) (10568-114 Street) Mon.: 9 a.m.-5 p.m. Tues. & Wed.: 5 p.m.-8 p.m. Thurs.: 3 p.m.-6 p.m.  
For more information call The Mustard Seed, at (780) 426-5600 or visit: [www.theseed.ca](http://www.theseed.ca)

### NICOTINE ANONYMOUS

RICK (780) 474-5593  
GWYNN (780) 443-3020  
Support for smokers who are trying to quit. Call Nicotine Anonymous.

### SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed here. Eucharist is held each Sunday at 10 a.m., 11:30 a.m. and 7 p.m. Bimonthly programs available to prepare parents for their child's Baptism, First Communion and Confirmations. Traditional Native Wakes, in First Nations, Métis, and Inuit traditions. AA meets in the Parish Hall. Eating Disorder Group meets each week. White Stone Project and Edmonton Inner City Children's Project Society run their programs in conjunction with Parish programs. Gospel music festivals, dances, youth dances, pancake breakfasts and Feasts are held in the hall throughout the year.

### THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading, writing and/or math skills. Volunteers participate in group learning, tutor one-to-one, or assist drop-in learners. Skills and Experience: High school level reading, writing and/or math skills. Openness to tutor and learn with adults with various life experiences, including living with homelessness. Two locations: Boyle Street Community Services and Abbottsfield Mall.  
Contact: Denis Lapierre, Coordinator  
780-429-0675 or  
email: [dl.learningcentre@shaw.ca](mailto:dl.learningcentre@shaw.ca)

### VOLUNTEER DRIVERS

SATS is recruiting volunteer drivers to take low to middle income walking elders, age 75 and older, to important appointments. Call (780) 732-1221 or email [info@satsfedmonton.org](mailto:info@satsfedmonton.org) for more information.

### NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Networks Activity Centre provides adults with brain injury a program that promotes an active lifestyle through opportunities for social interaction, physical activity, and community involvement. Volunteering with Networks Activity Centre is a wonderful way to enrich your life and touch the lives of those we serve. If you are interested in joining our volunteer team please call 780-474-3363 ext. 302.

### PARENT TALK, A PROGRAM OF BOYS' AND GIRLS' CLUBS OF EDMONTON

Weekly peer support group offers you the support, tools, and information to more effectively parent your children. Drop in, no cost; light meal and child-care provided. Transportation assistance available. McCauley Youth Centre, 9425 – 109A Avenue, Tuesday evenings 6-8 p.m.. Call (780) 481-1292 for more information.

### P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS VOLUNTEERS

Work with adult students in the ESL - English as a Second Language program. Training, materials, and supplies provided. Call (780) 424-5514 for more information.

## COMMUNITY EVENTS AND ACTIVITIES

### NEIGHBOURHOOD PAINTING

Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/Breakfast Club. To contact me, please leave a message at (780) 426-1122.

### WIRELESS NETWORKING

Are you tired of your street using you wireless Internet connection? I can set up your Wireless

Router and increase your network security. Call Kevan at (780) 983-5343.

### HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

### MCCAULEY TRANSITION CENTRE AFTER SCHOOL

Tuesday  
3:00 p.m. - 5:00 p.m.  
Grade 7-12  
Recreation, Arts, Photography (AHC)  
Wednesday  
3:00 p.m. - 5:00 p.m.  
K-Grade 6  
Floor hockey, Ice hockey (E4C)  
Gr. 7-12  
Leadership Program  
Thursday  
3:00 p.m. - 5:00 p.m.  
Grade 7-12  
Academic support (MCHB)  
Friday  
3:00 p.m. - 5:45 p.m.  
Grade 7-12  
Recreation Games and Academic Support (EISA and TFC)  
**EVENINGS**  
Wednesday  
5:00 p.m. - small supper for families prior to evening activities.  
5:30 p.m. – 7:30 p.m.  
Adult ESL classes  
Artstart for 6-17 year olds  
Thursdays  
5:00 p.m. - small supper for families prior to evening activities.  
5:30 p.m. – 7:30 p.m.  
Adult ESL classes  
Academic Support and Youth Drop In  
Childcare is available. Please call (780) 424-4121 for more information.



**PETER GOLDRING**  
Member of Parliament  
Edmonton East

## A NECESSARY CHANGE

The Federal government has proposed changes to Old Age Security (OAS) which include raising the age of eligibility from 65 to 67 starting in 2023. The change is needed to preserve the OAS system due to Canada's changing demographics.

We have two important programs that provide financial support to older Canadians: CPP and OAS. CPP is funded through premiums that working Canadians pay, and is on a secure and sustainable path with no need for change. OAS is funded primarily through taxes on working people and is unsustainable on its current course. When OAS was first introduced in 1927 it began at age 70. That was reduced to age 65 over a four year period, 1965-69.

In 1975 there were seven working taxpayers for every senior. Today there are only four working-age Canadians for each senior. By 2030, the number of seniors will nearly double, leaving only two working-age Canadians for each senior. Canadians are also living longer, healthier lives than when the OAS program was established. Due to these changing demographics, the annual cost of OAS is projected to increase from \$36 billion in 2010 to \$108 billion in 2030.

If the Government does nothing, OAS will become too expensive and unsustainable. Many other developed countries, such as Germany, have made similar changes to ensure future viability of their OAS programs. If the Government did nothing to protect OAS it would put the financial security of our seniors at risk. This decision is balanced and responsible action to ensure OAS remains sustainable for future generations of Canadians.

Personally, I am disappointed that the opposition would rather play on the emotions of seniors for political gain rather than take prudent action to ensure the future viability of OAS.

I think this change will benefit us as a nation.

What do you think?

**780-495-3261 [www.petergoldring.ca](http://www.petergoldring.ca)**



## Homeless Memorial Celebration



The annual Edmonton Homeless Memorial Celebration took place on May 11. For the first time, the event was held outside at the Homeless Memorial Sculpture on 100 Street and 103A Avenue. Community members pinned ribbons to a wreath. The different colours represent different races, the message being that homelessness does not discriminate. 42 men and women died in 2011 as a direct result of not having adequate shelter. Paula E. Kirman

### BRIAN MASON, MLA

Office: 6519 - 112 Ave Phone: 780-414-0682



Dear friends,  
Thank you for your support! I'm excited to be your MLA once again, and I look forward to working with you on the issues that I know matter to our community, especially schools, accessible health care facilities, and affordable electricity. Please get in touch and let me know how these issues affect you.

#### Connect with Brian Online

Facebook.com/BrianMasonLeader  
Twitter.com/BMasonNDP  
Edmonton.HighlandsNorwood@assembly.ab.ca  
[www.BrianMason.ca](http://www.BrianMason.ca)

### Councillor Jane Batty WARD 6



*"I look forward to continuing to work with you this year. Please don't hesitate to contact me with any questions or concerns."*

E: [jane.batty@edmonton.ca](mailto:jane.batty@edmonton.ca) P: (780) 496-8140



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