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Boyle McCauley News

CIRCULATION 6000 • BMCNEWS.ORG

OCTOBER 2018

FREE

VOICE OF THE COMMUNITY SINCE 1979

“HATE IS NOT WELCOME HERE!”

Protesters demand ultra right-wing group leave the area.

PAULA E. KIRMAN • BMC News Staff

On September 3, a group of around 70 protesters gathered in front of The Mustard Seed on 96 Street to protest the anticipated presence of the Soldiers of Odin (SOO), a far-right extremist group that has been labelled as neo-Nazi.

The Soldiers of Odin publicized on social media that they were going to be handing out food to those in need in at The Mustard Seed, despite the agency being closed that day and the Edmonton and District Labour Council’s annual Labour Day BBQ taking place four blocks away in Giovanni Caboto Park.

“We chose to stand up to this group because we know what it stands for - they’re an explicitly anti-immigrant and anti-Muslim vigilante organization, founded by a neo-Nazi in Finland to harass migrants,” says Jim Storrie, an area resident.

“McCauley is a very diverse neighbourhood,” he continues. “We have a lot of neighbours who are immigrants, neighbours who are Black, Indigenous, or visible minorities, neighbours who are struggling with homelessness, and neighbours who are Muslim. We’re very concerned that if a group like this gets a foothold in the area they will harass and intimidate people in our community - or worse.”

News of the Soldiers of Odin’s plans spread quickly online, and the protest was swiftly organized. Protesters gathered well in advance of the noon time advertised by the Soldiers of Odin in



Jim Storrie was one of the area residents who protested the Soldiers of Odin on September 3. Paula E. Kirman

hopes that the group would not show at all. As well, a large number of EPS officers were on the scene, including several from the Hate Crimes Unit.

To avoid the protesters, the Soldiers of Odin set up in a vacant lot

about one block south of The Mustard Seed. The protesters marched over there and continued chanting, holding signs, and challenging the group on its beliefs.

Members of the Soldiers of Odin in-

sisted they were just there to hand out food. However, given the organization’s history, Storrie believes they had more sinister goals in mind.

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MCL UPDATE

“ From a resident and community perspective, like most I have been concerned about what felt like an increase in public intravenous drug use in and around our community this summer.

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HAVE YOUR SAY ON MCCAULEY SAFETY

“ There is a wealth of knowledge and experience in our community; and together we can develop initiatives to add to the work that EPS and the City do to promote safety in McCauley.

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BSCL UPDATE

“ The BSCL will still have our office and programming in the Boyle Street Plaza, and we will work closely with the City and the YMCA to make sure that as we begin new programs, they are offered seamlessly to community members.

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Taking a Stand Against Hatred



PAULA E. KIRMAN • BMC News Staff

McCauley Musings

Being at the protest on September 3 against the presence of the Soldiers of Odin in McCauley (see our front page story for more information), reminded me of the often thin line between journalism and activism. Yes, I was there covering the story for *Boyle McCauley News*, but I was also there as a concerned member of the public.

Wearing a journalist's hat doesn't prevent me from having my own opinions. In fact, it makes me feel I have an obligation to take a stand. Such is the beauty of editorials and opinion pieces, like this one.

Hatred, racism, and fascism have

no place in McCauley or Boyle Street, or anywhere else in Edmonton for that matter. Groups that espouse beliefs that are racist, anti-immigrant, and Islamophobic should never be welcomed anywhere, even when they try to infiltrate communities under the guise of doing good deeds. A quick look at the anti-Islam messages posted on the Soldiers of Odin's Facebook page tells the real story of what this group is all about.

McCauley and Boyle Street are culturally diverse neighbourhoods. One of the best things about the area is how welcoming it is towards people from all over the world. It is reflected in our businesses, restaurants, and events. It is important that everyone here is safe, without having to worry about encountering members of a vigilante group that does not espouse these same values of diversity.

PAULA E. KIRMAN • BMC News Staff

Editor's Notes

It's October, which means it is officially autumn. By now, the leaves have already changed colour and are in the process of falling to the ground (if they haven't already).

The season isn't the only thing changing. We're in the process of making a few tweaks to our website to make it more useful than ever. If you haven't visited us recently at bmcnews.org, please do! And while you're there, sign up for our monthly e-newsletter, bringing you information about

our latest headlines and web features.

We recently surpassed 300 followers on our Instagram account, which often has exclusive photos from neighbourhood events. Follow us @bmcviews, and remember that we're also on Facebook and Twitter (@bmcnews in both places).

If you enjoy taking photos or writing, and would like to share your work in print or online, please contact me at editor@bmcnews.org.

Have a great month!

Our Next Issue. . .

Our next issue is November. Articles and photos concerning community news, events, and opinions are welcome. We also encourage submissions of poetry, and cartoons (in JPG or PDF format). Deadline: October 12. Send submissions to: editor@bmcnews.org. Articles should be 400 words or less and accompanied by photographs (JPG, in high resolution) when possible.

Letters to the Editor

Do you want to respond to something that you read in these pages or that is going on in the community? Share your thoughts with a Letter to the Editor. Send your letters to editor@bmcnews.org. Letters should be no longer than 300 words, and may be edited for length or clarity. Publication is not guaranteed. The deadline for letters is the same as other content: the 12th of the month.

Boyle McCauley News

Boyle McCauley News is a non-profit newspaper published ten times yearly by the Boyle Street McCauley Community Newspaper Society. The Society is made up of the people who live and work in the Boyle Street and McCauley neighbourhoods.

Opinions expressed in the newspaper are not necessarily those of the Board of Directors. Any submissions may be subject to editing for length and suitability.

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Our goal is to report issues fairly and provide a variety of perspectives on issues affecting this community. The opinions expressed in *Boyle McCauley News* are those of the people named as the authors of the articles, and do not necessarily reflect those of the Board, staff, or Editorial Committee of the paper.

Boyle Street and McCauley Crime and Safety Numbers

Report "john" activity & license plate numbers • (780) 421-2656

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Report Gang Activity • (780) 414-4567

EPS General Crime/Complaints • (780) 423-4567

EPS website • edmontonpolice.ca
- click on Crime Prevention

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Crime Stoppers • 1-800-222-8477
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MCCAULEY COMMUNITY LEAGUE UPDATE

Keeping Kids Busy in the Summer

Plus: an update concerning Supervised Consumption Sites.

GREG LANE

So, it looks like the fall is upon us rather quickly and with that I wanted to give you a quick recap of some of the programming we hosted this summer.

Keeping kids busy was part of the agenda this summer with our sports programs run by Grace Kuipers. We hosted a basketball program Monday nights at the rink and a non-competitive soccer program at Giovanni Caboto Park on Wednesdays during July and August. Across the two weekly nights we saw about 50 kids registered. A big thanks to the parent volunteers and coaches who came out to make these programs a big success.

Board newcomer Lily Mounma also ran a gardening program out of a vacant lot that her family owns and kids took part in growing swiss chard, herbs, beets, radishes, carrots, zucchini, cucumbers, and lettuce. It was a hands-on experience for all

and the kids learned lots about tending a garden in an urban setting and collaborating to ensure the crops were a success.

On a different note, I sit on the Community Liaison Committee for Supervised Consumption Sites. This committee is made up of representatives from Alberta Health Services, The City of Edmonton, George Spady Centre, Boyle McCauley Health Centre, Boyle Street Community Services, the Institute of Health Economics, Edmonton Police Services, Street Works, REACH, and community leagues including Boyle Street, Central McDougall, and McCauley. The committee meets once a quarter for the next two years with the intent of reviewing the status of the safe consumption sites.

Presently, two of the three sites have been open since March of this year. They have seen a total of approximately 15,000 visits to the locations at Boyle Street Community Services and George Spady. The Boyle McCau-

ley Health Centre site is slated to be open mid-October pending a successful inspection by Health Canada. The 15,000 visits represent about 492 unique individuals who have used the centres. There have been a number of referrals to subsequent services for users who have expressed a desire to address their addiction issues. Of note, there were over 102 overdoses that were successfully reversed using Naloxone at Boyle Street alone. As some may know, the Royal Alexandra Hospital also provides supervised consumption services for inpatient care, not walk-in. On October 16, Boyle Street Community Services will be hosting a guided tour of the facility. This is a good chance to meet the staff at the centre and ask questions and clear up any misconceptions one may have about the services. To register for the tour please, contact Boyle Street Community Services (780-424-4106).

From a resident and community perspective, like most I have been concerned about what felt like an

increase in public intravenous drug use in and around our community this summer. This appears to be a trend that use in on the increase. This may be in part to an increased supply rather than an increase in users. In the meantime, the best thing we can do is report incidents to the City's 311 line. The more reports and information gathered the better focus on problems related to the issue.

In response to an item I raised in May about better communication, the City has produced an infographic that describes how to safely dispose of needles found on private property. I have asked for additional cards that we can distribute to our community members and help inform residents what to do. If you have questions or items you would like me to bring to the committee please feel free to email me at the League: mccauleycommunityleague2014@gmail.com.

Greg is the President of the McCauley Community League.

Changing Together

A Centre for Immigrant Women, Opens Sewing Peace Project in October.

International House Alberta, University of Alberta, in partnership with Changing Together, has received a grant from the Davis Peace Foundation to create a sewing studio for immigrant and refugee women in Edmonton.

The studio will hold sewing classes for the purpose of providing support for women especially from war-torn countries, to provide them with a safe place to meet and make friends, to socialize, and to improve their mental and emotional well-being while learning new skills that will ultimately help them earn an income.

The project - "Sewing Peace: A Fabric of Support for Women Displaced by War" - hopes to connect the participants to support networks and services that will provide them with meaningful life experiences, to prepare them for future employment in the industry, and to train them in starting their own business and oth-

er revenue-generating projects in the future.

Changing Together has been providing services to immigrant women and their families since 1984, including English language proficiency, computer literacy, bi-cultural parenting and prevention of family violence classes, non-therapeutic counseling, healing circle, and pre-employment training, among others.

With the grant from Davis Projects for Peace 2018, International House Alberta and Changing Together hope to open the doors to the sewing studio on October 1, 2018 on the third floor of the McCauley School Building, 9538 - 107 Avenue.

For more information about the project and to register, please contact (780) 421-0175 or email info@changingtogether.com.

Article provided by Changing Together.

Win a Trip to Italy!

Raffle Update

COLLEEN CHAPMAN • BMC News Staff

Congratulations to Sal Mazzotta, the winner of our Trip for Two to Las Vegas, drawn at the EDLC Labour Day BBQ (ticket #0018)! He is one of the owners of Tony's Pizza, where we hold most of our Volunteer Appreciation nights.

Sal tells us it is the first time he's ever won anything and he and his wife are delighted. They plan to travel in the new year, taking a winter break in Las Vegas. We are thrilled to be able to contribute to that trip!

Our next raffle will be a trip for two to Italy, air fare donated by Teresa Spinelli! Our sponsors really support our neighbourhoods, so please support them.

We are waiting to receive our license before we print tickets, but if you are interested in purchasing tickets (\$10/each) you can write to Paula at editor@bmcnews.org and put your name on the list. We will sell only 2,500 tickets, so get on the list as soon as you can. We are set to do online purchases, as well as in person. There is no cost to put your name on the list, and you will be notified first of their availability prior to the start of cash sales. Viva Italia!

Protest Against Far-Right Group in McCauley



Rev. Lindsey Jorgensen-Skakum. Paula E. Kirman

>Continued from page one.

"It's pretty clear that they're not here with great intentions. As local folks will know, the day they came out - Labour Day - is when we have the great community barbecue at Giovanni Caboto Park. There was more than enough food to go around that day in McCauley. If they had really wanted to get people fed, they would have left their leather jackets at home and volunteered at the barbecue like normal folks do," he says.

"You can't overlook what this group is just because they're showing up with a box of granola bars every other month. A lot of people don't know what this group is about because it's fairly new, but you have to ask yourself - what if it was ISIS, or the Klan? Would you welcome them to the neighbourhood just because they were bringing some sandwiches?"

Soldiers of Odin was founded in Finland in 2015 as a response to thousands of migrants arriving in the country. While the group has denied claims of being racist or neo-Nazi in interviews and social media, the group's founder has connections to the far-right, neo-Nazi Nordic Resistance Movement and a criminal conviction stemming from a racially motivated assault in 2005.

Affiliates of the group now have a presence in other countries, including Canada. A post on the Soldiers of Odin Edmonton's public Facebook page later in the day on September 3 read, "We are anti Islam." The following day, a post read, "Say no to Islam!! Stay safe for school today children (smiley face)."

Many of the protesters at the La-

bour Day event were area residents, but some came from other parts of the city to add their solidarity, like Rev. Lindsey Jorgensen-Skakum, Pastor at Holy Spirit Lutheran Church. "As a leader within the Lutheran faith community, I feel it is important to stand for justice, love, acceptance, and peace both within and outside of my church community," Jorgensen-Skakum explains. "So, joining my voice with those within the McCauley community as they stood up to the Soldiers of Odin was an easy decision for me. I believe we are stronger as a community when we can openly live our lives without fear of oppression. Diversity is one of our greatest strengths in Edmonton and I will continue to support those taking a stand against all the unsubstantiated fears that cause our world so much violence and hate. I hope that through my presence at the protest the people of McCauley knew there are Christians who stand for love, justice, acceptance, and peace within our great city."

"We didn't just want to tell the Soldiers of Odin that they're not welcome here. We wanted the rest of the city to see that [SOO is] not welcome here, too, because these groups are telling people that they're coming to McCauley to help," says Storrie. "We don't want our community being used as a prop to support a hate group."

The protest remained peaceful and the Soldiers of Odin left swiftly after they finished handing out food.

Representatives of The Mustard Seed have publicly stated that the organization was not affiliated with the event nor did they approve the use of The Mustard Seed's name in the Soldier's of Odin's publicity.

Jane Molstad Retires



Jane Molstad retired from her position as McCauley Revitalization Coordinator with the City of Edmonton in mid-August. We wish her all the best and thank her for her years of service to the community. As of press time, recruitment for the McCauley Revitalization Coordinator position was still in progress. Jane is pictured above receiving a gift at the True Friends of McCauley awards dinner in 2015. Paula E. Kirman

Lynsae Moon: Daughter of the Year



Lynsae Moon of The Nook, a café in Boyle Street, received a Daughter of the Year Award at the annual Daughters Day celebration at City Hall on September 8. She was honoured for her community activism and advocacy, especially for those with mental illness. Paula E. Kirman

Waiting and Remembering



MissingCara.ca billboard. Kathy King

KATE QUINN

They are called “cold cases” by law enforcement, or “historic homicides.” To a parent, this cold case is called “my daughter.” Unsolved murders leave a gaping wound that has scarred over, yet never fully healed. There is always the waiting and the hoping that one day someone will come forward with the truth.

Kathy King is the mother of Cara King, whose body was found in a farmer’s field near Fort Saskatchewan on September 1, 1997. Kathy decided to write her life story via a website that anyone can access rather than self-publish a book. She named the website MissingCara.ca. Not only does she tell her story and offer us glimpses into Cara’s life, she lists the names of many people who were murdered, so that they are never forgotten.

She bid on a one-month digital ad at a silent auction and placed this ad at the SE corner of 97 Street and 111 Avenue for the first two weeks in August, and on the Yellowhead Trail heading east to Fort Saskatchewan for the last two weeks. Her goal was to raise awareness, and maybe, just maybe, to generate tips.

The body of 20 year old Georgette Flint’s was found in Elk Island Park 30 years ago on September 13. Thirty years. Georgette would be 50 had

she lived. I remember reading the stories of both Georgette and Cara in the Edmonton Journal all those years ago.

Georgette’s mother came to several of our neighbourhood meetings in the years when street sexual exploitation affected our daily lives. She helped us see the fuller picture of why girls and women were standing on our corners and the impact on their families. A bridge of understanding was forged as we sought to create a more comprehensive response to these heavy issues.

Kathy and I met at a presentation at MacEwan. She asked if she could speak at the “john school,” now called the Sex Trade Offender Program. She has given countless Saturdays to educate men about the impact of their actions.

Each August 14, CEASE hosts an Annual Memorial to remember all those whose lives were stolen through the sex trade. Some were murdered, some died by suicide, some died from addictions, some died of illness. The first names of each person and the year they died is read. They are loved, missed, and remembered.

Kate is the Executive Director of the Centre to End All Sexual Exploitation (CEASE).

A Delicious Social Enterprise



The Boyle Street Eats food truck was at the Fringe Festival in August. It is a social enterprise that is part of Boyle Street Ventures Inc., based at Boyle Street Community Services. Employees are hired from the community experiencing poverty and homelessness, receive food and safety training, and are paid a living wage. Also, the food is delicious. Paula E. Kirman

Community Garden Fence Posts Relocated



Fence posts from the former Little Italy Community Garden are now situated around the new community garden for children, located on a lot on 92 Street near 107 Avenue. Paula E. Kirman

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Dogs, Fences, and People: Safety in McCauley

JOANNE MCNEAL

McCauley is a neighbourhood where neighbours look out for each other. We love our dogs and they are good company - and they keep us walking. The City has rules for dog owners on its website, such as "dogs must be leashed when outside their own yards." This sounds simple, but occasionally a dog will get out of its yard, which could cause harm to the dog and others. How high does a fence need to be to contain a dog safely? Several recent incidents in McCauley provide food for thought.

After buying my house in McCauley in 2006, I built a five-foot high wood back fence so my two old gentle dogs would be safe. One day my husky got out the gate and joyfully ran and ran. I ran after her, but she was fast! She ran across 95 Street towards 112 Avenue, and then I heard cars screeching to avoid her. I thought she'd been hit, so I ran home to get the car. But when I got there, she was waiting by our gate like this was a big game! I was glad she was okay, but I worried about the cars that screeched to avoid her - were they and the drivers okay? She could have caused a huge accident, and I would have been liable for injuries and car repairs. Lesson learned.

Another morning, as I walked my dogs on leash, four big dogs jumped a three-foot high wood fence, and attacked my dogs and myself. We tried to defend ourselves, but were overpowered. After very long minutes of dogs snarling and biting, the other dog owners finally came and pulled their dogs away. We had cuts and were bleeding. A neighbour rushed over to see if we were okay, and she called the police, who warned the owners of the four dogs. When an attack occurs, dog owners

can be fined and the dogs may be put down. More information is on the City of Edmonton Website under Residential & Neighbourhoods - Pets & Wildlife.

Recently, a neighbour and his family were loading their car, as we approached on our walk. Suddenly, a small dog jumped out their car window and ran towards us, growling and snarling. I was shocked that he attacked two larger dogs, who could easily have killed him. The owners quickly ran over and scooped up the little dog, apologized, and put him back in the car.

I once had a shepherd that jumped/climbed a 10-foot high chain-link fence when I left him with a local vet. My new front fence is three feet high, with pointed pickets, but my dogs easily jumped over it one day to follow the postal lady with treats. Who knew? Now, they cannot enjoy the front yard. But as I walk around McCauley twice a day, I see many big dogs that are kept behind fences of two to four feet, which they could easily jump over. Please consider the height of your fences, related to the size of your dog.

All these incidents show dog behaviour can be erratic. No matter how domesticated or well-trained they are, they have wild instincts and want to run. Even though a dog may not seem interested in jumping the fence, we never know what will trigger their excitement to jump and run. After all, dogs are descended from wild animals and have many of the same instincts to fight for food, to defend themselves, and to run free. So, please consider the height of your fence before leaving a dog unattended, for the safety of everyone.

Curried Pumpkin Seeds

YOVELLA M.

October is well associated with ghosts, witches, haunted houses, and, of course, candy. Even if you tried to avoid it, candy is all over the place during the Halloween season, and if you're anything like me, you find all sorts of ways to get rid of any left over trick-or-treat sweets after November 1.

If you'd like an alternative to sugary sweets, pumpkin seeds make a great alternative. Pumpkin seeds are high in antioxidants, iron, zinc,

and magnesium. Despite pumpkin seeds being high in fat, the majority of it consists of Omega-6 fatty acid, also known as "healthy fats" when eaten in moderation. Another notable dietary benefit found in whole pumpkin seeds is the high amount of fibre.

Making roasted pumpkin seeds at home is messy, but easy.

Yovella is a former resident of McCauley who still works and volunteers in the area.

CURRIED PUMPKIN SEEDS

Ingredients:

- 1 cup pumpkin seeds
- 2 teaspoons olive oil
- 1 teaspoon soy sauce
- 1 teaspoon curry powder
- ½ teaspoon cumin
- Kosher salt and cracked black pepper according to taste

Instructions:

- Clear out the inside of the pumpkin (the seeds and the stringy parts) and place them in a bowl.
- In a colander with small holes or in a mesh net strainer, rinse the seeds under cold water.
- Discard the stringy parts, and then place the seeds in a bowl of warm water, give it a slow swirl, and once settled, the seeds should float to the top while the remaining

stringy parts sink to the bottom.

- Place paper towels on a baking sheet.
- Allow the seeds to dry, single layer on the baking sheet (around 1 - 3 hours). The seeds must be completely dry before moving onto the next step. If you prefer a faster method, you can pat the seeds dry with a paper towel.
- In a bowl mix olive oil, soy sauce, curry powder, and cumin. Then, add the pumpkin seeds, salt, and pepper and mix again.
- Spread the seeds on a baking sheet. Roast at 375 degrees for 10 minutes, turn the seeds, and roast for another 10-15 minutes. You will know the seeds are ready once they are crispy in texture, check regularly to avoid burning.

EDLC Labour Day BBQ



Volunteers hand out food at the Edmonton and District Labour Council's annual Labour Day BBQ on September 3 in Giovanni Caboto Park. Paula E. Kirman



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PPCLI Royal Canadian Army Cadets

CATHERINE MARDON

The 2551 PPCLI Royal Canadian Army Cadets have a long tradition of turning ordinary teenagers into leaders and productive citizens. As the oldest youth program in Canada, the Cadets provide a wonderful opportunity for those young people who crave a challenge. The aim of Cadets is to develop good citizens and leaders, to promote physical fitness, and to get young people interested in the activities of the Canadian Forces. Army Cadets learn about first aid, orienteering, and any of a variety of outdoor activities. For those up for an extra challenge, Army Cadets can compete in marksmanship and biathlon. There is also an opportunity to learn musical skills by joining the band.

The PPCLI Cadets honor the proud tradition of the Princess Patricia Canadian Light Infantry, commonly referred to as the Patricia's. The 2551 wear the red shoulder insignia of the PPCLI, and for cadets who have proved themselves worthy, the maroon beret of the Parachutist. The Program is sponsored by the Federal Government and all Cadet activities are free, including uniforms and excursions. Anyone between the ages of 12-18 are welcome.

The Cadets provide fun activities on a weekly basis, and at the same time allows a teenager to build self-confidence, learn team-building, improve their personal physical fitness and learn valuable leadership skills that will advance them in Cadets, and for the rest of their lives. It is a wonderful place to make friends, expand your horizons, and to get a head start on life.

Some of our past excursions have been hiking, rappelling, mountain biking, and white-water rafting. Cadets have excursions across Canada and even go on exchange trips to visit cadet units in foreign countries. Cadets up for a challenge can also take additional training during holidays or during summer break. This past summer, one of our cadets attended parachute training, and was awarded his Canadian Forces Basic Parachutist Wings.

The PPCLI Cadets meet on Monday nights from 6:30-9:00 p.m. during the school year, at the Jefferson Armoury (11630 109 Street, right behind the NAIT LRT stop). For more information, you can call (780) 973-4011 ext. 5680.

Catherine describes herself as a retired attorney with a disability, and a supply officer with the PPCLI cadet unit.



A cadet parachutes from an airplane. Supplied 2551 PPCLI Royal Canadian Army Cadets

Have Your Say on McCauley Safety

McCauley Safety Community Meeting on Tuesday, October 30, 7-9 p.m., Edmonton Intercultural Centre.

MARK DAVIS

McCauley Community Safety Meetings have gained momentum and credibility over the past year. An increasingly broad and representative group of stakeholders with a common interest in community safety is now meeting monthly. These meetings bring together residents, businesses, service agencies, community groups, EPS, REACH Edmonton, City and Provincial representatives, and invited resources. They are a means for engagement, connection, sharing, learning, and empowerment.

Approximately 110 distinct individuals or groups have attended the past three Community Safety Meetings. Nearly 200 individuals now receive emailed invitations, with others being reached through social media, press, posters, handbills, and word of mouth. The creation of a meeting-specific website - safermccauley.ca - will serve to further spread the word.

Residents now comprise roughly 50 percent of the meeting group, with representatives of service agencies making up the second-largest contingent. By bringing together residents and agencies, Community Safety Meetings hold potential for the realization of a more harmonious McCauley. In the words of the City of Edmonton regarding Recover: Edmonton's Urban Wellness Plan, "Neighbourhood residents are concerned about disorder, criminal activity, and personal safety. Social agencies feel that they and the people they serve are unwanted in the community, further marginalizing them." Regular communication between residents and agencies is key to decreasing the tension that can exist between them.

Community Safety Meetings have connected attendees to one another - and to information and resources that they have been seeking. In May, for example, attendees participated in a Q&A

with professionals from Safe Consumption Services. And, in August, EPS Sergeant Paul Looker presented on the topics of Crime Prevention Through Environmental Design (CPTED) and Crime Free Multi-Housing (CFMH). But, meeting attendees want more than increased connectedness. They want to be consulted and to have a say in creating a more vibrant community.

The meeting's convener, REACH Edmonton, believes that the best solutions come from within the community. Community Safety Meetings are now incorporating more interactive elements, with community knowledge and direct input playing a vital role, as we look for opportunities to create community-driven solutions to safety concerns. Recently, the meeting group engaged in exercises to define what a safer community means to them and to prioritize their safety concerns. On October 30, the group will participate in identifying com-

munity assets. The data collected will be synthesized, reported to the meeting collective, made public via safermccauley.ca, and ultimately, play a central role in searching for community-driven solutions.

There is a wealth of knowledge and experience in our community; and together we can develop manageable, sustainable initiatives to add to the work that EPS and the City do to promote safety in McCauley. We hope that you will consider attending and having your say.

If you would like to be added to the meeting email list, please contact REACH Edmonton McCauley Community Convener, Mark Davis at mark.davis@reachedmonton.ca.

A connected community is a safer community.

Mark is the REACH McCauley Community Convener.

iHuman: A Welcoming Place for Young People

ANITA JENKINS

A Boyle Street agency called iHuman, 9635 - 102A Avenue, is doing wonderful things for marginalized and vulnerable youth aged 12 to 24. Young people feel welcome at this drop-in centre. They are invited to explore a wide range of artistic pursuits while also learning more about the resources available to them - for example, linkages to housing workers, support with addictions, and mental and physical health care.

This non-profit organization founded in 1997 has three focal points: creativity, caring, and authenticity ("Be who you are."). Their work is supported by a variety of sources such as the Edmonton Community Foundation.

The centre serves approximately 500 Edmonton youth, and currently around 85 percent of the participants are Indigenous.

Christopher Weiss, community engagement manager, says, "I love this job." He says iHuman has a "strong reputation" and that many of their youth find them via word of mouth.

This reporter was recently treated to a tour of the art studios, which are equipped with items such as computers for digital music, sewing machines, and art supplies. Weiss says, "There is a reason why there are no chairs in the hallways. The studios are for engagement."

The tour included a large devastated section of the building. Last winter, the extreme weather caused broken pipes and a major flood that destroyed a significant portion of the lower floor. "Disasters are expensive," Weiss says, noting that for this and other reasons donations to the iHuman Youth Society are much needed.

When youth require social support, the centre refers them to other agencies. But it will offer lockers, showers, and laundry facilities when renovations are completed. In keeping with Weiss' observation that "all youth deserve care," there are housing workers, counsellors, and nurses on site.

The centre includes a "Family Room" because many of the female participants are single parents who bring their babies and small children with them. The parents' space is not a daycare, Weiss points out, but it offers support in the form of a kitchen and childcare items as well as parenting classes and connections to Indigenous culture. "The Family Room is always in need of diapers, formula, and grocery gift cards," Weiss says.

To help with the flood recovery and/or parenting program, contact Christopher Weiss: christopher@ihuman.org, (780) 977-6757.

Anita Jenkins is a retired writer and editor who lives in Boyle Street.

THE ARTISTIC FOCUS AT IHUMAN

The idea for iHuman first came up over 20 years ago when two artists working on public art pieces in central Edmonton connected with several inner city youths who were showing an interest in their work. The artists invited the young people to help them, and as they say, "the rest is history." It seemed clear to the organizers that artistic and creative activities could provide marginalized youth with excellent opportunities for positive personal development.

At iHuman today, the programs on offer include sculpting, painting, drawing, print-making, performance art, music, drama and fashion. A number of the activities go beyond the walls of the building and involve connections with the broader community. For example, many of the wall murals in the neighbourhood have been done by young people from iHuman -- through the Edmonton Arts Council in consultation with the City of Edmonton.

As well, young people from iHuman are regularly involved with NextFest, an annual performance festival featuring young artists. This year, iHuman also presented a play at the Fringe.

A partnership with Interstellar Rodeo, a music festival in its seventh year in Edmonton, developed in the summer of 2018. Festival producer Shauna de Cartier decided the event should be more diverse and inclusive, and therefore have a significant Indigenous component. iHuman's Jesse Jams and the Flams and Jayden performed on their stage. iHuman also had a crafts tent on the site and an area featuring breakdancing demos.

On the day that *Boyle McCauley News* visited, two young men, both 21, were composing a song in the digital music studio. One was from Clareview and the other from Mill Woods. They obviously found it worth their while to make the trek to Boyle Street to pursue this project under the guidance of Enoch Attey, iHuman's music coordinator.



CLOCKWISE FROM TOP LEFT: Christopher Weiss (left) and Enoch Attey in the music studio. Paula E. Kirman Part of the Family Room. Paula E. Kirman Fashion design studio. Paula E. Kirman



Viva Italia Viva Edmonton

Viva Italia Viva Edmonton took place on August 26, and was bigger than ever. Giovanni Caboto Park and part of 95 Street were transformed with the sights, smells, and sounds of Italy. The event was organized by the Italian Youth Association of Edmonton. The Italian Centre Shop was the title sponsor. McCauley Revitalization/City of Edmonton supported the event as well. Here is a look at just some of what happened. For more photos, follow our Instagram account (@bmcviews).



From left: 1) Accordion player Umberto entertained on 95 Street. 2) Zocalo florist Vanessa Blackie (left) and Chef Carl David. 3) Wrestling matches in the park were a huge audience draw. 4) This year featured an expanded exhibit of Italian cars and motorcycles. Photos by Paula E. Kirman

Revitalized Orchard at Intercultural Centre

NATHAN BINNEMA & MIKE JOHNSON

Since its inception six years ago, the Operation Fruit Rescue Edmonton (OFRE) Orchard located at the Intercultural Centre/McCauley School (9538 107 Avenue) has grown each year, and now some of the trees are beginning to produce an abundance of fruit. This year was especially productive at the orchard.

It started on March 10, 2018. OFRE and EPG hosted a Design Charette to rework the mandala. Out of that meeting, came the start of a revised master plan that would rebuild the mandala, and integrate more permaculture design features. The new design focused on building the nutrient base of the soil to help feed the trees and host a new set of bio regional companion planting. The paths were to be dug out and placed over cardboard as a sheet mulch to combat the quack grass and provide nutrients to the plants creating a renewed look and feel for the orchard that will be completed next year.

In the heat of July, OFRE and EPG worked together to plant 22 shrubs that were relocated from the living bridge providing a much-needed mid-story to the orchard.

Over two weeks in August the cider shack was painted by Mika Haykowsky with a mural to bring

much needed colour to the cider shack, and on August 26 OFRE and The Edmonton Permaculture Guild (EPG) banded together to start the installation of the revised master plan in an epic full day event that was part educational workshops, part permaculture, and part potluck.

Mike Johnson and OFRE hosted a cider pressing demonstration and workshop which ran all day. Over 2000 lbs of apples were pressed and made into cider. Kaz Haykowsky and Marcin Makarewicz with Spruce Permaculture hosted a soil-building workshop, which was followed by sheet mulching of three sections. Carleton Gruger with Gruger Family Fungi hosted a Mushrooms 101 workshop in the late afternoon, which was followed by the planting of King Oyster, Pink Oyster, and Blue Oyster mushrooms in two of the beds. The mushrooms are edible, and contribute to the ecology through soil building and through their symbiotic relationship with the trees. EPG and OFRE jointly hosted the potluck.

Bi-weekly in the fall, OFRE hosts free cider pressings for people who want to learn how to make cider with the abundance of their fruit, and more events are planned with EPG and OFRE where you learn about permaculture, food processing, and proper tree care and maintenance.



Photos by Mike Johnson

The Happiness Project

MANON AUBRY

BoyleBits: A View from Boyle Street

I'm having a few more thoughts about what I like to call the "happiness project."

I am assuming that having a community made up of individuals who are happier is healthy for the whole neighbourhood. I think part of the secret to happiness is to be kinder to others. I'm inviting you to join me in my self-makeover. We can improve one person at a time and I can only start with myself. So, I vow to be kinder.

I am ashamed that when I got a phone call from a solicitor from Telus calling me for the tenth time in a row to try to sell me Internet TV. I was rather rude to the person who made the call. I'm fully aware that she is a person trying to earn a living and not really representative of Telus as a whole. It's also rather ironic that I recently cut off contact with a girlfriend because I deemed her to be too rude on a regular basis. Yet I was just as rude to the person who called from Telus. I guess it's true that we dislike most in others the parts that we cannot accept in ourselves.

I attempt to be mindful of the influences that I let in my life. And yet sometimes the negative thoughts that swirl around my brain are of my own making. Sometimes

lack of sleep or food will lead me to a foul mood. That's when I need to remind myself to censor the unkind and judgmental thoughts that have occasionally crept into the cracks of my brain. Instead I'm going to, like Leonard Cohen said, "let the light come in." I pledge to ask myself, "is this kind?" before I open my mouth to speak to someone. I am going to practice always going to the light.

I will try to understand where someone is coming from. I will strive to give people the benefit of the doubt and expect the best from them. In my teens I decided that life is a self-fulfilling prophecy and that we create the world that we expect, so I will steer myself towards consistently having a kinder, gentler way. I will be the person my dog thinks I am. I will try to leave people feeling better for having had an exchange with me. I haven't always done that, but it's never too late to start. I see so many people who are unhappy for no particular reason. I wonder what makes some brains turn towards rainy ways and others towards sunny ways. I'm hoping that we can all learn to see the glass half full.

Will you join me in the "happiness project?"

Manon is a resident of Boyle Street and an active volunteer in the community. This column contains her own opinions, and is not affiliated with the Boyle Street Community League.

Food for the Soul

IAN YOUNG

Ability and Community

"I'm so glad I live in a world where there are Octobers." Lucy Maud Montgomery, Canadian Author

It seems like yesterday we had long summer days, but as autumn approaches we are adorned with falling leaves, shorter days, and lifestyle changes. Autumn is Mother Nature's last kiss before winter!

Our human bodies also change with the seasons. Food is seasonal and I call autumn, "The season of root vegetables." I was happy to see a news report that Edmonton and surrounding areas had gardeners and

farmers donating fresh vegetables from abundant crops to Edmonton's Food Bank (11508 120 Street, 780-425-2133). Diet is very important to health and well-being.

I recently took a course through the Edmonton Primary Care Network Northgate Centre (1038, 9499 - 137 Avenue, 780-473-7131) on Eating Healthy. It was a very educational experience on how to eat the proper way for health, led by certified dietitians, I found it informative and helpful.

So, we are entering the seasons of foods that soothe the soul! Remember when preparing for our winter that diet equals health and well-being!

Have a "soup-er" season!

At Home at City Hall: Confederation of Treaty Six Flag



Confederation of Treaty 6 Flag at City Hall Plaza. Sharon Pasula

SHARON PASULA

Recently while filing some papers, I came across a story I did for the *Boyle McCauley News* October 2017 edition about Treaty 6 Recognition Day. I think it was Creator who brought this to my attention. Thank you.

I reported then the Mayor saying the City needed to put up "big flag poles" in order to permanently have the flag flying. I followed up this week and there it is flying between the City of Edmonton flag and the Métis Nation flag. I was unable to attend the recognition event last month so would have noticed it then. I feel like Creator wants me to put the record straight. The Mayor said he would do it, and he did - a person of integrity who understands we are all treaty people.

A saying I came across speaks to this, if we all understood we are treaty people:

"Whenever the white man treats the Indian as they treat each other then we shall have no more wars. We shall be all alike - brothers of one father and mother, with one sky above us and one country around us and one government for all. Then the Great Spirit Chief who rules above will smile upon this land and send rain to wash out the bloody spots made by brothers' hands upon the face of the earth. For this time the Indian race is waiting and praying. I hope no more groans of wounded men and women will ever go to the ear of the Great Spirit Chief above, and that all people may be one people." Chief Joseph (Hin-mah-too-yah-lat-kekt) Nez Perce Tribe, 1840-1904. Lincoln Hall Speech, Washington DC, January 14, 1879.

Sharon Pasula is an Indigenous spiritual and cultural resource person who lives in Boyle Street.

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Society's Values Are A-Changing

KERI BRECKENRIDGE

Keri's Corner

I never thought I'd live to see the day when any court in Canada would rule against expansion of the oil industry. Does this hurt our economy? Yes. I just don't feel that we should sacrifice our air, water, well-being, or a good night's sleep just to keep the economy happy. The economy isn't a person. It doesn't have feelings. It's meant to be a gauge of societal health, but it is not the sole indicator. We here in oil-rich Alberta have treated the economy like a nev-

er-pleased father figure. We give up our soul by bits and still don't warrant whole-hearted approval.

Mental health concerns in Alberta have risen to dramatic rates in the last two decades. Oilfield and oilfield-related industries have displayed poor working conditions and decreasing job security causing stress upon stress for its workers. Long working hours, changing shift schedules, and decreased family involvement have put a strain on our health care leaving the population in the poverty of poor health. We may indeed

be able to afford those SUVs but we can't remember why we agreed to such a high price.

This lack of health has reflected in our societal attitudes towards each other. I was shocked when a friend related a story of a woman she knew who worked in an oilfield office. This woman was having some interpersonal conflicts with a coworker. Her supervisor essentially told her to fit in or "f" off. In our world with its "get 'er done" mentality, we don't spend a lot of time, caring, or sympathy on each other or ourselves. Our lives are sadder for it.

Is this the economy we're outraged

at losing? This pursuit of the Alberta dream, where every laid-off oilfield worker introduces themselves with the dollar amount of their former income, has turned us into people with a very mixed up value system. Since when don't we want green grass for our kids to run on? Clean water does taste good. Kindness is understood by everyone. Our lives are short and we should spend as much of our time here being joyful and healthy. Joy and good health may not be understood in economic science, but it is certainly understood by human beings.

Keri lives and contemplates current events in Boyle Street.

What Are You Reading?

REINHARDT HEINRICHS

Reading would naturally be the next topic since last month's article was on writing. I will ask people I'm familiar with what they are reading. Meeting people with literary interests in a world of social media is rarer than it would have been in earlier computer technology.

Both my son and Keri's nephew get the question, and their consistent answer is that they spend their time with video games and rarely read. Video games mean nothing to me but other people get full of emotional attachments. Otherwise, my son reads Tibetan Yogi Lobsang Rampa and our nephew reads Neil Gaiman's *Sandman* graphic novel series. They have been at these projects a long time given the video game habit. The nephew has successfully read Stephen King and my son picked up Aldous Huxley. I

have given all the books to them so they know I'll question them later. I have even given John Steinbeck to our editor, Paula.

There have been surprising answers to the question from other readers. I asked a co-worker what had been the best book he had read so far this year. He always has a book with him so I know that I can get a real answer from him. Stephen King's new novel *The Outsider* was named and I did not know of it before spotting him reading it. He went on to say that King is not given respect because of his popularity. I've heard that opinion before and can agree.

I was also given a sizable list of science-fiction and related genre writers when William Somerset Maugham pops up. W. Somerset Maugham is an English writer I have intended to read for some

time. I read classic D.H. Lawrence last year and really enjoyed him and his views of England. Maugham was the English master of tortured romance for the first third of the twentieth century. His works successfully translated to the screen in silent era for Joan Crawford (*Sadie Thompson*), golden era of Hollywood for Bette Davis (*Of Human Bondage*) and more recently for Naomi Watts (*The Painter Veil*).

On the job, a certain elevator used to transport workers and materials has a marker pad that will have a line stating "National Day of..." at the top. This can usually be food-related like National Pineapple Day. This last week is noted that was National Read a Book Day. Since I had actually finished reading a book the night before I asked the guy I was riding the elevator with what book he had last read. He responded that it was too long ago to recall. I had fin-

ished reading Margaret MacMillan's *Paris 1919* about the work of developing the Treaty of Versailles. The book was seemingly written in reaction to the Balkan Wars in the 1990s and has observations of problems leading to war in the Middle East.

Recently, I have been reading Gore Vidal's *Narratives of Empire*, in which I appreciate how Vidal finds that the pursuit of Empire is hazardous to the country of the United States of America. Not a popular view when he was alive. D.H. Lawrence lamented on war, industry and coal-mining's damage to English youth especially in *Lady Chatterley's Lover*, his last and most famous novel. What would he think of tar sands and oil pipelines through the mountains?

Tell me, what are you reading?

Reinhardt lives in Boyle Street with his wife, Keri Breckenridge.

Community Garden at Affordable Storage

ANITA JENKINS

The community garden in front of Affordable Storage, 8618 - 106A Avenue, came about in a somewhat different way. It is situated on private property, whereas typically these gardens are on municipal land and established (and possibly funded) in consultation with city staff.

Last summer (2017) the company's head office in Penticton, BC asked the Stadium site to try out a pilot project, says site manager Fab Colli. "It got started a little too late last year," he says, "but it really got going this year. We delivered flyers in the area and got a good response. People are growing tomatoes, cucumbers, pretty well everything."

The site consists of 11 plots, mostly 4' x 4', cultivated by about a dozen people. A volunteer team leader coordinates the project.

From the City of Edmonton website:

A Community Garden is a group of people coming together to nurture, develop, and sustain a growing space in their community. There are over 80 community garden sites now operating in Edmonton promoting local, organically grown food; healthy and active lifestyles; and safer, more vibrant and connected communities.

Community gardens provide many benefits to Edmontonians including:

- Recreation for all ages
- Beautification of neighbourhoods
- Healthy food production
- Community building
- Places to share gardening knowledge and experience



The community garden at Affordable Storage. Paula E. Kirman



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GOT AN IDEA FOR PROGRAMMING YOU'D LIKE TO SEE IN THE COMMUNITY?

The McCauley Community League Board meets the first Tuesday of every month from 7-9pm in the Boardroom at the Boys and Girls Club, 95th street entrance. Everyone is welcome to attend the regular meetings and we're happy to hear from you always.

Sadly, the weather blocked our Fall Fiesta attempts "Due to the Weather". We are planning a Halloween Event in the Friendship Garden in Giovanni Caboto Park, so watch the League Facebook Page or our website for more details.



THE BOYLE STREET COMMUNITY LEAGUE

WE ARE SORRY FOR ANY INCONVENIENCE THE CITY'S DECISION TO TRANSFER OPERATION OF BOYLE STREET PLAZA HAS CAUSED TO FOLKS WHO HAVE USED OUR VENUE FAITHFULLY OVER THE PAST 5 YEARS, IN PARTICULAR OUR MEMBERS AND RESIDENTS. OUR VOLUNTEERS HAVE WORKED HARD TO GET OUR LEAGUE A FAIR DEAL AND APPRECIATE YOUR SUPPORT DURING THIS TUMULTUOUS TIME.

OCTOBER 2018 PROGRAMMING THAT WE'RE ABLE TO CONFIRM AT PRESS TIME:

MONDAYS
1 - 5:30 P.M.
PIU YUM RECREATION CLUB

TUESDAYS & FRIDAYS
1:30 - 3:30 P.M.
INNER CITY RECREATION

SUNDAY
BEGIN SEPTEMBER 29TH
ART CLASSES WITH SVETLANA
PLEASE CHECK OUR SOCIAL MEDIA FOR UPDATES AND REGISTRATION INFORMATION

DROP-IN BADMINTON
TBA, PLEASE CHECK OUR SOCIAL MEDIA FOR UPDATES

TUESDAYS
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THURSDAYS
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Changing Seasons and Changing Programs

**REBECCA KAISER
RYLAN KAFARA
& MIKE SIEK**

**Inner City Recreation
& Wellness Program**

While the change of seasons brings an end to several summer programs, community members can begin to look forward to trips to Plaza Bowling Co., youth snowboarding, more Women's Wellness programming, Thursday night soccer practices, and skating at the Downtown Community Rink! We would like to extend our gratitude to a few of our partners who helped make our time embracing the sun this summer a possibility! A huge thank you to Lady Flower Gardens, Edmonton Lutheran Mixed Slo-Pitch League, Edmonton Sport and Social Club, E4C, all the festivals and other partners that made this summer's programming possible.

Last month, the Street Prints Artist Collective worked together with the Society of Northern Alberta Print-Artists (SNAP) to create a woodblock for the BLOCKOUT event, in partnership with Alberta Culture Days and Edmonton's free all-night art festival, Nuit Blanche. The event featured a Night Market and exciting print-on-demand activities, including block prints being made by a steamroller! The winner of this month's sportsmanship award is Chris Allen. Chris started playing in the position of goalie and had a rough go as he began to cultivate his skill set. However, his attitude remained positive and cool as he continued to progress into a seasoned and gracious player in this



Chris Allen. Rebecca Kaiser

high-pressure position. Last month also played home to our annual Sims Sportsmanship Memorial Hockey Tournament on September 21 at the McCauley Rink and our drop-in hockey players registered two teams in the annual YESS Armoury Hockey Tournament on the 29th of September.

Making Strides is entering its seventh year of providing free equine therapy for residents of Boyle Street and McCauley. A partnership between Equinox Therapeutic Services, Whitemud Equine Learning Centre Association, and the ICRWP, Making Strides is a weekly, one-hour equine therapy session at Whitemud Stables. If you or someone you know is interested in joining the program, please email Rylan at rkafara@boylestreet.org for more information.

Rylan Kafara is the Program Lead, Inner City Recreation and Wellness Program. Mike Siek and Rebecca Kaiser are Program Coordinators with ICRWP.

September Snow



The results of the surprise snowfall on September 12 covers flowers in this hanging pot in McCauley. Joanne McNeal




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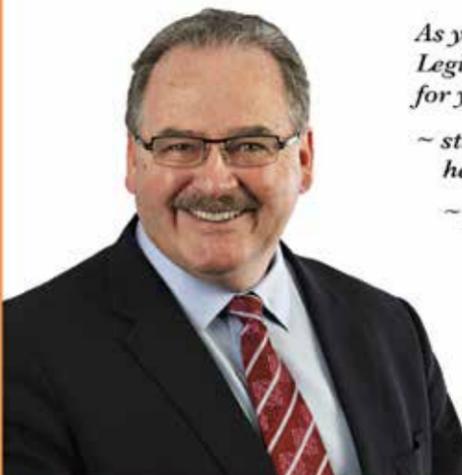
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BOYLE STREET COMMUNITY LEAGUE UPDATE

More News on BSCL Programming at the Plaza

Over the last few months you have read about the changes in management of the Boyle Community Centre. An agreement is being signed any moment now with the City, and the YMCA will administer some of the community centre space. This agreement will last three years.

What does this mean for our BSCL programming? It's mainly an administrative change, and should make little difference to community members signed up in existing programs or interested in planning new ones. The BSCL will still have our office and programming in the Boyle Street Plaza, and we will work closely with the City and the YMCA to make sure that as we begin new programs, they are offered seamlessly to community members.

Programs through the League have been "grandparented" in as part of our space allocation agreement. Programs and rentals for the Evergreen Rooms (beside the BSCL office) will continue to book their space through the Community League, while anyone wishing to rent the gym, atrium, and Willow Room will book their space at the front desk through the

YMCA's booking systems. As far as we know, the following programs are a go for fall (call or drop in to the main desk to confirm):

- Badminton, Gym, Saturdays 1:30 to 3:30 p.m.
- Art Class with Svetlana, Evergreen Room, Sundays, 10:30 to 1:30 p.m.
- Hip Hop with Michael Wolfe, Willow Room, Thursdays 6:30 to 9:00 p.m.
- Inner City Rec Society, Gym, Tuesdays and Fridays 1:30 to 3:30 p.m.
- Piu Yum Social Club, Willow Room, Mondays 12:30 to 5:30 p.m.
- Native drumming circle with Lawrence Crier, Willow Room (TBC), Tuesdays from 6:30 to 8:30 p.m.
- Flashmobs! (Heart of Boyle Street photography project), ongoing - watch our Facebook or sign up for our e-mail newsletter to hear about when spontaneous photo shoots ("flashmobs" - pun intended!) will take place. If you have photos of Boyle Street people and places to add, get in touch!

The YMCA will also be offering programming in the spaces they now administer, and will co-operate with the

BSCL to ensure that programs don't compete with ours. Board members, the Edmonton Federation of Community Leagues, the YMCA, and City representatives have worked on this process to try to reach an outcome that is in the best interests of our whole community. We thank our board volunteers for their participation in this strenuous process - great work, Jordan especially, and all those who took extra meetings all summer.

The biggest change for us administratively is in staffing. We'll keep you posted on who's who at the zoo as we continue planning for fall, winter and the upcoming three years!

The bottom line is business as usual - which means that if you have a need for a program or an idea for the League, get in touch with us at (780) 426-9264 or our cell (780) 422-5857, and leave us a message. If you join the League (still free this year!) you will be placed on the list for our e-mail newsletter, and anyone from any community can sign up by sending us a request at info@boylestreetcl.com. Last but not least, check in on our Facebook page or send us a program idea via e-mail. Volunteers are welcome!

The BSCL Board continues to work on development issues and civics as well. We have provided or will be providing input into various City planning processes and are always interested in volunteers who want to have a say in shaping our neighbourhood. Look for our occasional public meetings or consultations that we host with others such as City planners or people planning projects in Boyle Street community. Call us if you have a development or planning concern on which you'd like to work with us.

By the way, the next AGM is sooner than any of us think, so if you are interested in serving on the board, send us your name and address and we will start our board development process (note that new board members and staff may be asked to submit references or a Vulnerable Persons Records Check). Board meetings this winter will be the first Tuesday of every month at 6 p.m.

Keep warm, and enjoy Boyle Street this fall!

- Your BSCL Board

Weeding the Seeds of Hatred

TARO HASHIMOTO

Pain, pride, frustration, and disparity combine into a deadly concoction more often, and at a deeper level, than we would ever think possible. It's easy to place blame for our issues on others. Intolerance, racism, prejudice, xenophobia, and discrimination become the outputs for many folks who don't even realize that they are doing anything wrong. It's right on our street, breeding in our communities - and our homes.

The problem is that the seeds of hatred are germinated by people who shrug off any thoughts of what it is they are promoting. People, who occupy our homes and working environments are influenced by us, and equally, we are influenced by them. Our children also are aware, and, unbeknownst to adults, adopt many of the attitudes of the people we associate with, as well as us.

Whenever we ignore hateful comments and attitudes, and think that it's just an innocent (perhaps ignorant) comment which won't cause much harm, we are feeding a culture of intolerance and blame. Those attitudes are the long engrained roots of oppressive, racist, and colonialist doctrine. This has much bigger repercussions. Recently, those repercussions have

bubbled up in the form of the reemergence of hate groups, which threaten the safety of our children and families.

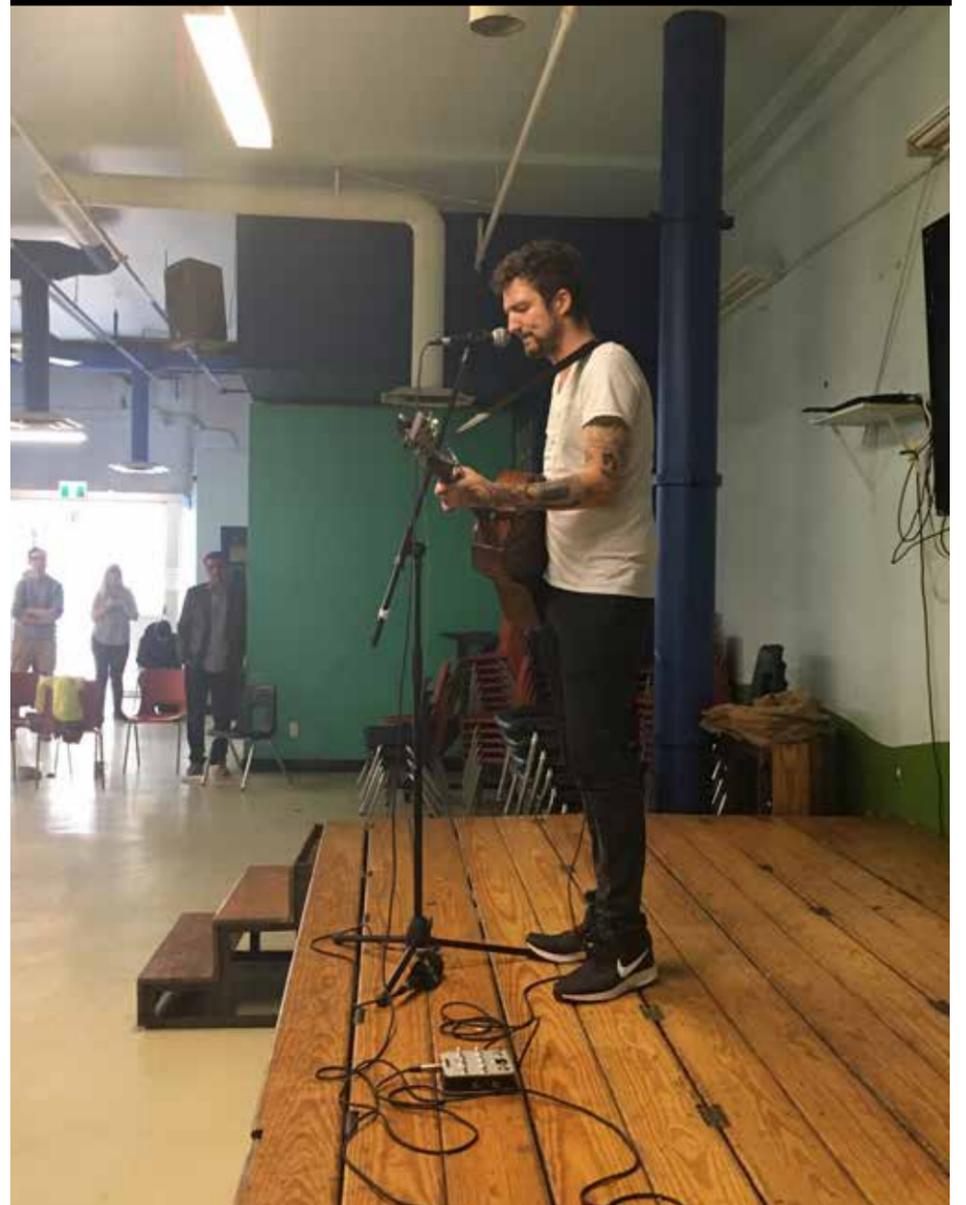
Much like our gardens in our yards, we plant positive and beautiful thoughts, and weed away the unwanted. It begins with small comments and remarks. Racism, hatred, discrimination, and similar prejudice are like the micro-sized seeds of the weeds, which seem to infest our yards every year. It's not so much the people - it's the ideas and attitudes. If we let them go to seed and float around, other yards, homes, and communities will have to deal with them. We have an obligation to recognize and eliminate these invasive and destructive seeds.

Developing empathy means truly walking in another's shoes, while hearing their whole story and perspective. Realizing people's truths is only the beginning. There is a desperate need for a paradigm shift in our society. How are we really protecting society from being affected negatively by the products of untended soils?

It may take a lifetime, but if that's what it takes, then so be it! What better cause than the one which is noble?

Taro is the e4c Community Development Officer.

Frank Turner: Spreading Kindness



British singer/songwriter Frank Turner played a pop-up concert at Boyle Street Community Services on September 11 to encourage kindness. Turner performed that evening at the Winspear Centre to support his album *Be More Kind*. Elliott Tanti

Community Classifieds

NEIGHBOURHOOD RESIDENTS GET FREE CLASSIFIED ADS! EMAIL FIVE LINES OR LESS TO EDITOR@BMCNEWS.ORG

NOTE: WE FIT AS MANY ADS HERE AS WE CAN. FOR MORE CLASSIFIEDS, VISIT OUR WEBSITE AT BMCNEWS.ORG.

CHURCH AND AGENCY SERVICES

BISSELL CENTRE

(780) 423-2285

Drop-in Centre: Monday – Friday 7 a.m. – 4:30 p.m. /Saturdays: 12 p.m. – 4 p.m.
Child Care Centre: Monday – Friday 9 a.m. – 4:15 p.m. (reservations preferred)

Women's Lunch: Tuesdays and Thursday at noon

Health for Two: Tuesdays at 12 p.m.

Parenting Classes: Mondays at 11 a.m.

Free Tax Workshops: Wednesdays 12:30 p.m. – 4 p.m.

Haircuts: Tuesdays 1 to 3 p.m. (sign up at 12:15, first come first serve)

BOYLE MCCAULEY HEALTH CENTRE

10628 – 96 Street

Monday - Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:30 p.m. Saturday 9:00 a.m. to 12:30 p.m. Women's Health Promotion Evening: Thursdays (except the last Thursday of the month) from 5:00 p.m. to 7:00 p.m. preceded by yoga class at 3:30 p.m. for one hour.

Foot Clinic - Wednesday from 1:30 p.m. to 3:00 p.m.

Dental - Monday - Friday 9:00 a.m. to 4:30 p.m. Streetworks during clinic hours.

BOYLE STREET COMMUNITY SERVICES

10116 – 105 Avenue

(780) 424-4106

Monday – Friday 8:30 a.m.-4:30 p.m. Youth night: Wed. 4-7 p.m. Adult Drop-In open all day – 8:30 – 4:30 . Lunch: Monday-Friday at 11:30. Free repairs for eyeglasses every Monday, 9 a.m.-1 p.m.; housing, family, youth, mental health and outreach programs available.

INNER CITY PASTORAL MINISTRY

10527-96 St. NW

(780) 424-7652

Pastor Rick Chapman

Pastoral Assistant: Michelle Nieviadomy

Sunday Service: 11 a.m. - noon

Sunday Lunch: Noon - 1 p.m.

THE ROCK OUTREACH

11004 – 96 Street NW

Phone (780) 426-1122

Breakfasts: Tuesday to Thursday 7-9 a.m.

Kids Club: Third Monday of the Month

THE SALVATION ARMY

ADDICTIONS & RESIDENTIAL CENTRE

9611-102 Avenue

(780) 429-4274

Men's Transitional Housing, Transformations Addiction Recovery Program, Community Support Services, Chapel Service, Volunteer Opportunities.

WOMEN'S HEALTH CLINIC

Located in the Women's Emergency Accommodation Centre is open Monday - Wednesday from 9:00 a.m. to 11:30 a.m. Closed on Thursday and Friday from 8:30 a.m. to 11:30 a.m.

THE MUSTARD SEED

10635 – 96 Street

(780) 426-5600

Evening Meals: Mon.-Fri. 7:00-8:00 p.m.

Sat. 5:00-6:00 p.m.

Food Depot: Tues. and Thurs. afternoons 1:00-3:00 p.m.,

Wed. evenings 8:00-9:00 p.m.

Drop-In Coffee: Monday - Friday afternoons

3:00-6:00 p.m.

Evening Drop-In: Saturday 6-10 p.m.

Personal Assistance Centre (PAC, clothing ministry) 10568-

114 Street, side door

Mon: 1:00 - 3:30 p.m.

Wed.: 5:00 - 7:30 p.m.

Thurs: 1:00 - 3:30 p.m.

For more information call The Mustard Seed, at (780) 426-5600 or visit: www.theseed.ca

HOPE MISSION 9908 106 Avenue (780) 422-2018

HOPE MISSION MEALS:

Monday - Friday

Breakfast 7:30 - 8:15 a.m.

Lunch 12:00 - 12:45 p.m.

Supper 5:00 - 5:45 p.m.

Weekends & Holidays

Brunch 10:45 am - 11:30 a.m.

Supper 4:15 - 5:00 p.m.

HOPE MISSION SHELTER:

Men, Women, Youth

Doors open 8:30 p.m. - 12:00 p.m.

HOPE MISSION COMMUNITY CHURCH:

Sunday

2:00 p.m. Hope Mission Centre - 9908 106 Avenue

7:00 p.m. Herb Jamieson Centre - 10014 105A Avenue

HOPE MISSION HEALTH CLINIC:

Family Doctor Tuesday and Thursday

Walk in: 8:00 a.m. - 4:00 p.m.

Family Doctor (Male Patients) Monday - Friday

Walk in: 2:00 p.m. - 10:00 p.m.

Psychiatrist Monday - Friday

Appointment only - call (780) 244-2018 Ext. 278

NICOTINE ANONYMOUS

RICK (780) 474-5593

GWYNN (780) 443-3020

Support for smokers who are trying to quit.

Call Nicotine Anonymous.

SACRED HEART CHURCH OF THE FIRST PEOPLES

(780) 422-3052 for further info on anything listed here. Eu-

charist is held each Sunday at 10 a.m., 11:30 a.m. and 7

p.m. Bimonthly programs available to prepare parents for

their child's Baptism, First Communion and Confirmations.

Traditional Native Wakes, in First Nations, Métis, and Inuit

traditions. AA meets in the Parish Hall. Eating Disorder Group

meets each week. White Stone Project and Edmonton Inner

City Children's Project Society run their programs in conjunc-

tion with Parish programs. Gospel music festivals, dances,

youth dances, pancake breakfasts and Feasts are held in the

hall throughout the year.

THE LEARNING CENTRE LITERACY ASSOCIATION

is seeking volunteer tutors to help adults develop reading,

writing and/or math skills. Volunteers participate in group

learning, tutor one-to-one, or assist drop-in learners. Skills

and Experience: High school level reading, writing and/or

math skills. Openness to tutor and learn with adults with

various life experiences, including living with homelessness.

Two locations: Boyle Street Community Services and

Abbottsfeld Mall.

Contact: Denis Lapierre, Coordinator

780-429-0675 or

email: dl.learningcentre@shaw.ca

NETWORKS ACTIVITY CENTRE

780-474-3363, EXT. 302. Volunteer! JOIN OUR TEAM! Net-

works Activity Centre provides adults with brain injury a

program that promotes an active lifestyle through opportu-

nities for social interaction, physical activity, and community

involvement. Volunteering with Networks Activity Centre is a

wonderful way to enrich your life and touch the lives of those

we serve. If you are interested in joining our volunteer team

please call 780-474-3363 ext. 302.

NEW MEMBERS WELCOME TO JOIN MCCAULEY CLUB.

Kids from age 6 to 17 are invited join after school programs

that run from 3:30 to 6:30 p.m. Mon., Tues., Wed., & Fri.,

& from 2:30 to 6:30 p.m. on Thurs. Programs include arts

& culture, physical activity, health & nutrition, academic sup-

port, life skills, and leadership. Drop in at 9425 109A Ave.

or call (780) 822-2549 for details. Offered free of charge.

P.A.L.S. PROJECT ADULT LITERACY SOCIETY NEEDS

VOLUNTEERS

Work with adult students in the ESL - English as a Second

Language program. Training, materials, and supplies provid-

ed. Call (780) 424-5514 for more information.

BUILDING BRIDGES

Building Bridges All Nations First Nations Fusion Church Ser-

VICES Sundays, 3 to 6 p.m. at St. Faith's Anglican Church,

11725-93 Street.

COMMUNITY EVENTS AND ACTIVITIES

NEIGHBOURHOOD PAINTING

Randy, 25 years experience, \$12/hour. Offering Indoor (year round) and/or Outdoor (seasonal). Some of the work I have completed is taking care of all the painting needs at The Rock/ Breakfast Club. To contact me, please leave a message at (780) 426-1122.

WIRELESS NETWORKING

Are you tired of your street using your wireless Internet connection? I can set up your Wireless Router and increase your network security. Call Kevan at (780) 983-5343.

HANDS ON LTD. CONTRACTED SERVICES

Offers: Residential and office cleaning. Move ins and move outs and yard maintenance. Call Linda at (780) 619-4776.

COMMONWEALTH COMMUNITY REC CENTRE ACCESS

All Amenities, Sundays 1-3 p.m.

FREE for MCL and BSCL members.

FREE KIDS COMPETITIVE SWIM PROGRAM

For kids ages 6 to 14 at Commonwealth Pool. Must be able to swim 25m unassisted. Must live within the McCauley boundary.

Mondays, Wednesdays, and Fridays from 4 p.m. to 5 p.m. Contact Corrine @ (780) 421-1189 or corrinecoffey@shaw.ca.

PIU YUM RECREATION CLUB

Dancing, Exercise, and Singing Everyone is welcome, free admission. Every Monday from 1:00 to 5:30 p.m. Boyle Street Plaza 9538 – 103A Avenue.

FREE COUNSELLING

Free counselling intended for personal growth from a professional counsellor with a Christian perspective. Experience freedom from or learn to cope with: Depressive and Anxious Thoughts, Loneliness, Low Self-Esteem, Low Self-Confidence, Fear of the Future, Trauma, Loss and Grief, Addictions, Personality Issues, Relationship Issues, or Fear of Harm. Regardless of your Christian Denomination, Religion, or lack of Religion, if you have reached 18 years of age, you are very welcome for individual or group counselling. Strictly no money or donation involved. The main objective of this Christian outreach service is to reach out to those who are hurting and, if they choose, to help them transform their lives through Christ and the Church community. Please feel free to email for an appointment: Rev. Dr. Davis P. Tharayil, PhD churchoftheresurrection.accc@gmail.com

MAJESTIC INK

Willing to do snow shoveling. Call with 24 hours' notice. Seniors and residential area. Negotiable flat rate. Call Mo: 780-616-3941.

DIRTY CARS NO MORE

Dirty car or filthy work truck? NINJATEC DETAILING is my small business and I can detail your vehicles either at home in the Boyle Street/McCauley area or out of my garage in the west end. Prices are about half of what you'd pay at those "other" shops, and I'm a lot more picky and thorough than they are because I do it the old fashioned hotrod way...BY HAND!! (780) 566-2871 anytime...NINJATEC DETAILING - Make sure you check out my Facebook page!

MATH TUTORING

Offering math tutoring from junior high to undergraduate levels. Rate: \$30/hour, Phone Nathan Binnema: (587) 337-4189, email: ernienathan@protonmail.com. Willing to make house calls for residents of Boyle Street and McCauley. Contact for availability.

CHILD CAREGIVER WANTED IN MCCAULEY

Salary \$13.60 to \$14.00/hour, 40 hour week. As soon as possible.

Kindergarten age (4 - 5 years), 2 years. Employer's home. Optional accommodation available at no charge on a live-in basis. Note: This is NOT a condition of employment. Apply: marizel73@hotmail.com or (780) 474-7076 4 p.m.-9 p.m. Weekdays.

Requirements:

Maintain a safe and healthy environment in the home. Bathe, dress, and feed infants and children. Discipline children according to the methods requested by the parents. Organize activities such as games and outings for children. Prepare and serve nutritious meals. Supervise and care for children.

DOG HOUSE FOR SALE

Beautiful wood insulated dog house for small to medium size dog. House part 20" by 32" with an 8" by 14.5" door opening with covered front porch. My architect grandfather designed it, and I built it. In 3 pieces for moving/cleaning. Never used. Call Joanne @ (780) 641-5415.

ART LESSONS

Create beautiful paintings in ink. No experience necessary. In the heart of McCauley. For more info, email wildtherthanthewindcreations@gmail.com.



FREE MONDAY EVENING GUITAR LESSONS

Instructor: Steven Johnson

Drop in guitar lessons for all ages and skill levels.

(Children under 12 must be accompanied by an adult.)

Everyone welcome. Guitars available to use. Every Monday evening - 8:15 p.m. – 9:30 p.m.

Location: McCauley Boys & Girls Club, (9425 109A Avenue).

To sign up for guitar lessons or for more info call (780) 424-2870 or (780) 271-5995 Sponsored by the McCauley Community League, E4C and Ansgar Danish Lutheran Church.

WECAN FOOD BASKET

Make Your Monthly Grocery Supply More Complete for Less!

Monthly Food Basket \$15/meat order, \$10/produce order – Annual Membership is \$5.

Upcoming deadline for payment is: Oct. 5, 2018. Payment can be at McCauley Boys & Girls Club, during business hours, Monday – Friday 9 a.m.-4 p.m.

Next depot date is Oct. 18, 10 a.m. – 2 p.m. at McCauley Boys & Girls Club (9425 109A Avenue).

For more info please contact (780) 424-2870 or (780)-413-4525.

Website info: www.wecanfood.com

STREET PRINTS ARTIST COLLECTIVE

Creating opportunities for independent artists to market and sell.

Artists volunteering together to market and sell the works and prints of themselves and other artists collectively.

For more info please contact (780) 424-2870 or (780) 271-5995

Facebook page: [@streetprintscollective](https://www.facebook.com/streetprintscollective)

E-mail: streetprintscollective@gmail.com / thashimoto@e4calberta.org

DROP IN SOCCER RECREATIONAL PLAY Weekly Recreational Soccer Fun! (Hosted by ICRW/e4c)

Come alone or with friends to join in drop-in recreational soccer! Everyone is welcome and we play to have fun and to everyone's ability. Developed through community partnership with E4C and Inner City Recreation Program.

OUTDOOR Throughout Summer months (June-Oct)

INDOOR Throughout Winter months (October-April)

Time/Date: Tuesdays 1 p.m. to 3 p.m.

Location: Boyle Street Community YMCA Gym 10350 95 St, Edmonton AB, T5H 0H8

For more info please contact (780) 424-2870 or (587) 337-9860

WELLNESS WEDNESDAYS

Weekly activities which help support aspects of wellness

Hosted at McCauley Apartments, with easy-going and fun community members. Guest presenters and facilitators/instructors, outings and social engagement are all featured.

Time/Date: Wednesdays 1 p.m. to 3 p.m.

Location: McCauley Apartments (9541

108A Ave, Unit B)

For more info please contact e4c McCauley

Office Staff (780) 424-2870

More information about E4C programs can be found in the Classifieds section of our website at bmcnews.org.

Empowering Immigrant and Refugee Girls in Edmonton

TSION DEMEKE ABATE

Each Saturday morning, the Girls' Club meets at the Edmonton Intercultural Centre on 9538 - 107 Avenue. This program is a special initiative for immigrant and refugee girls in Edmonton and is run by the Multicultural Family Resource Society (MFRS) and funded by the Canadian Women's Association.

This space is created for young girls between 9-13 so they could explore their daily lived experiences around identity and belongingness in a safe and culturally-responsive environment. Our activities are based on the girls' interests and insert discussion topics in creative ways. Fall 2018 starts year three of our program and provides fun-filled activities that support us to celebrate confidence. In the past couple of years, we focused on two themes: identity/belongingness and leadership. We went through a lengthy process of building identity maps to express how we see ourselves in the world. The concept of leadership took us towards the road of learning and unlearning our precon-



The Girls' Club at the Ice Castles in January of 2018. TSION Demeke Abate

ceived ideas and later towards discovering our hidden potentials.

The program also provides opportunities and experiences to form friendships in a creative and fun way. We have naturally developed a sense of community with peers and mentors. We encourage creativity and problem-solving skills as we, together, navigate obstacles and

share stories of wisdom on how to tackle an issue that has arisen in our surroundings.

We have started our fall 2018 program by sharing our new-found empowering experiences of feeling confident in the face of emotional vulnerability. By cultivating respectful and supportive environment and by emphasizing common

purposes and ideals, we continue to encourage each other to reflect on personal, cultural, and societal experiences.

Our Saturday mornings are fun and playful. It is an exciting journey of exploring, inspiring, expressing, and empowering immigrant and refugee girls to celebrate confidence! To refer/join the MFRS Girls' Group, please contact TSION at girlsclub@mfrsedmonton.org or by calling (780) 993-1771.

Tsion Demeke Abate has 12 years of experience working on meaningful community engagement internationally and within Canada. She holds a Master's degree from the University of Alberta, and has a demonstrated history of working in research, policy analysis, and program management. TSION is also the recipient of the 2015 Recognizing Immigrant Success in Edmonton (RISE) Award for Community Leadership: Immigrant category. She is the Program Coordinator of the MFRS Girls' Club.

Child-Friendly Edmonton Hosts Jane's Walk in The Quarters

JOELLE REINIGER

Urban enthusiasts of all ages braved wind and sub-summer temperatures to gather in Boyle Street and walk a mile in its children's shoes. The Quarters: Your Community, Your Home, Your Choice took place August 30, drawing 18 participants who came to learn about, or share their own experiences of, family life in the area.

The group visited four key sites noting assets, opportunities, and challenges encountered by those working to make this urban renewal district a safe, welcoming, and fun environment for children. Stops on the walk included the Five Corners intersection at Jasper Avenue and 95 Street, where participants discussed perceptions of child friendliness in the area; the Armature to identify signs of progress, as well as pitfalls, in becoming a more child-friendly urban hub; the Boyle Street Community Plaza, for a discussion of community strengths, such as walkability, and trends that have drawn families to the area; and an off-the-beaten-path stretch of 103 Avenue that has been successful in

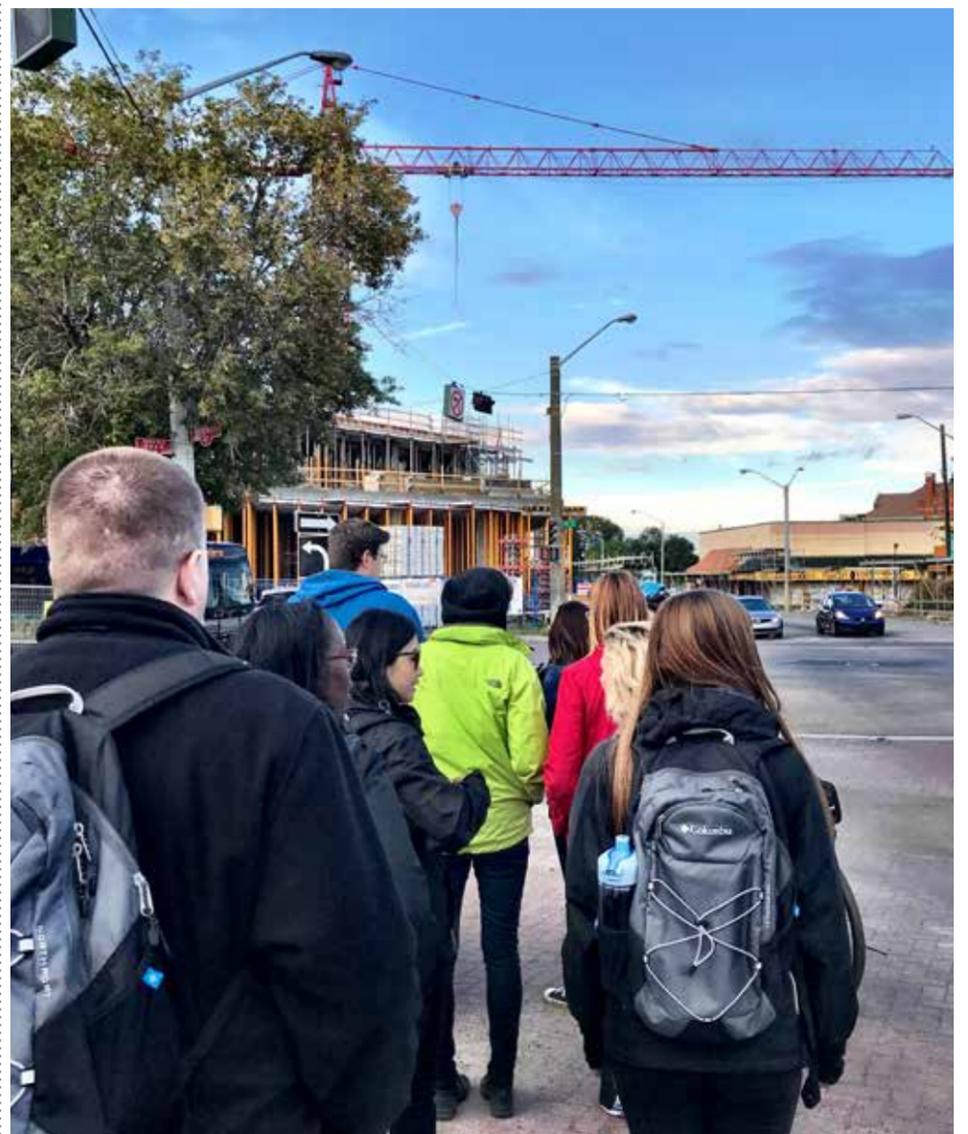
attracting families with young children.

"Jane's Walks, such as the one held in The Quarters, help in learning about the places and spaces that are assets for children and the families in the community," says Beckie Boutilier, Coordinator of Child Friendly Edmonton, which organized the walk. "It's one thing to walk through a community and another to experience it through the eyes of a resident," she adds.

Named after urban planning pioneer, Jane Jacobs, a Jane's Walk is a citizen-led walking tour meant to examine a neighbourhood up close and learn from that experience.

Child Friendly Edmonton is an Edmonton City Council Initiative geared toward engaging children in civic participation and making our city a better place for them to live and play. For more information on this initiative and its upcoming events, visit edmonton.ca/childfriendly.

Joelle lives in Boyle Street and led the Jane's Walk.



Participants taking part in the Jane's Walk in The Quarters. City of Edmonton